



Asikhulumé - Let's talk

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MESSAGE FOR THE YEAR

If you are quick to take offence, then you'll be under the control of those who you find offensive.

If you are easily angered, then your actions will be dictated by those who anger you.

If you yearn for easy answers and quick solutions, you'll fall prey to people who offer you what you want to hear.

When you have the courage to think for yourself, the strength to accept what is, The commitment and discipline to make a difference, then you are free.

You are truly free to live with purpose, joy and fulfillment.

Let your life be defined not by reactions to what others do, say, or think but rather your own unique vision.

Raise your eyes above the pettiness and follow the path of the greatness that is within you.

***“LIFE CAN GIVE YOU A HUNDRED REASONS TO CRY,
BUT YOU CAN GIVE LIFE A THOUSAND REASONS TO SMILE “***

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ANOTHER GROUP COMMUNITY SERVICES FOR 2011

DISCIPLINE	SURNAME	FIRST NAMES	GENDER
MEDICAL OFFICER	Dlamini	N.F	Male
	Maharaj	A	Female
	Mbhele	H.B	Male
OCCUPATIONAL THERAPIST	Gouws	M	Female
CLINICAL PSYCHOLOGIST	De Kock	J.H	Male
PHYSIOTHERAPIST	Govender	T	Female
	Mahabeer	R	Female
SPEECH THERAPIST	Daya	P	Female
RADIOGRAPHER	Thusini	T.P	Female
PHARMACY INTERN	Nokutshaya	P	Male
NURSING	Mpisana	K	Female
	Cele	B	Female
	Ismail	S	Female
	Maphanga	Z	Female
	Shinga	B.S	Female
	Gumede	T.P	Female
	Makuala	N.P	Female

CONGRATULATIONS TO EACH AND EVERY ONE OF YOU, WE HOPE YOUR STAY AT G.J CROOKES HOSPITAL WILL BE A FRUITFUL ONE.

DRESS PINK FOR CANCER DAY

On 4th January 2011 G.J Crookes Hospital Employee Assistant Programme hosted a campaign to dress pink for cancer day. This is the campaign that has been done to raise the awareness of staff and communities about the realities of cancer in our society, to also give support to victims of cancer. The staff of G.J Crookes hospital also signed a World Cancer Declaration which is the call to action to substantially reduce the global Cancer burden by 2020. It has been developed by international cancer control advocates to bring the cancer crisis to the attention of policy makers country wide. The World Cancer declaration that was signed is important because:

- World Cancer kills more people than Aids, Malaria and TB combined. The dearth toll is set increase dramatically in the coming decades.
- Up to 40% preventable cancers in the world occur in low and middle income countries of which South Africa forms part.
- 1 in 4 South Africans are affected by cancer.
- Many cancers can be cured if detected early and treated appropriately.
- Many can be prevented — this includes not using any tobacco products, eating whole grain foods, drinking lots of safe, fresh and clean water, getting plenty of exercise and watching your weight. Furthermore, research shows that eating five portions of fruits and vegetables daily, reduces your risk of cancer and many other lifestyle—related diseases.



Miss Sanele Ngidi signing a declaration form.



G.J Crookes staff who dress pink for cancer day.

G.J CROOKES NEW CATERING MANAGER

On the 2nd of November 2010, the G.J Crookes Hospital welcomed Ms Nokulunga Mngunyana as the new catering manager. The beautiful, young and outgoing lady from Amahlongwa an area in the southern part of KZN Province.

The Acting Public Relations Officer Ms Sanele Ngidi conducted an interview with Ms Mngunyana. Here is her biography, an opportunity to the readers to get to know her.

Since we now know a bit about you, I'm curious to know your age?

As we know that a lady won't reveal her age, I'm in the mid thirties.

So are you taken (single /married)?

Single but not available



Ms Nokulunga Mngunyana our new Catering manager

Tell us a bit about your family ?

I have two brothers who are both married. currently living with my mother, who I'm grateful of .

Do you have kids of your own?

Yes I have two ,a daughter of 18 and a son of 10.

Where and when did you matriculate?

At Ingwe Mabala Comprehensive High School.

Where did you do your further studies?

DUT- Known as Steve Biko Campus.

What qualification did you acquire?

National Diploma in Catering Management .

Take us through your career path

From 2003 to 2005 I worked for Private company (Compass Service Management) based in Church of Scotland Hospital as an Catering Manager. In 2006 I was employed as ward clerk at Church of Scotland Hospital ,Then in 2008 got a promotion as a Food Service Manager. Now here am I in G.J Crookes Hospital as Catering Manager.



Ms N Mngunyana (in the middle) with GJ Crookes

You seem to be a person who doesn't settle in one position why?

One needs to be exposed to different people and environments often to gain more knowledge and skills for an improved performance every time.

In other words you like traveling, Have you ever traveled outside the KZN Province or SA for leisure?

Yes, I've been to Johannesburg and stayed in Sandton for a while which was really a whole lot of fun as well as Cape town stayed at the Cirand Hotel, over looking table mountain which was another great experience.

Why did you leave your last employment? Not that I'm complaining...

Well I wanted to work closer to home , as well as to try a different place all together.

How long do you plan on working for G.J Crookes Hospital?

I intend on being here for a very long time.

Thank you for your time Ms Mngunyana and I hope you will enjoy the company of G.J Crookes staff members, The opportunities and challenges the Hospital will bring to your way .

PREGNANCY AWARENESS WEEK

G J Crookes Hospital hosted awareness week campaign from February 7 to 11 February 2011. The theme of the week was ;a healthy mother, a healthy pregnancy, a healthy baby, makes a healthy family and a healthy nation. Health education was provided to border mothers, all female patients, out patients and all patients in Gateway clinic.

The following topics were covered in the health education:

- Signs and symptoms of pregnancy
- Points to consider if you suspect you are pregnant
- Antenatal care
- Post natal care
- Dangers of home delivery
- Pregnancy and HIV
- Adoption
- Contraception
- Termination of pregnancy



ESSAY WRITING AWARDS

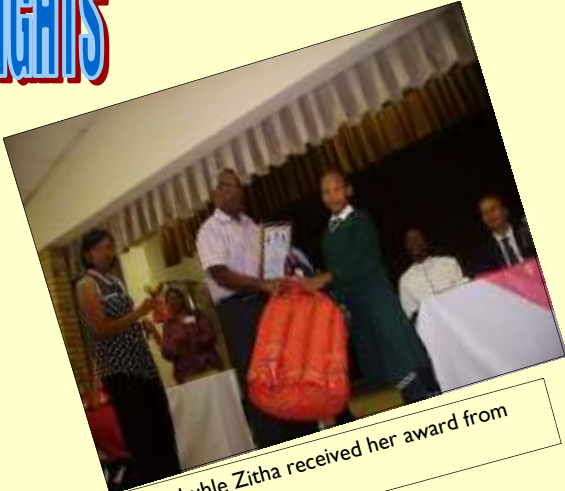
On the 17 February 2011 the KZN Department of Health Portshepstone District was Hosting an Essay Writing Awards Project at Umzinto Town Hall. The purpose of this project was to improve writing and reading skills to the learners. The schools that were participated in this project were from Ugu District, Ilembe District and Ethekewini District.

The coordinator of this project was Mrs. Mavis Munsami from Portshepstone District. Ms Naomi Gates was there to provide health education to students about Paraffin safety, as the Topic of the Essay was about Paraffin Safety. The learner from Ugu District at Masiya Secondary Nothando Shezi was a winner in grade 9 Essay writing. The learner from Ethekewini District Zamokuhle Zitha was a winner in grade 8 Essay writing.

HIGHLIGHTS



Nothando Shezi receiving an award and gifts from Naomi Gates (Paraffin Safety)



Zamokuhle Zitha received her award from



Umthwalume Brass Band entertaining the crowd.



Learners who won the awards and their teachers

IMICIMBI YASE WODINI LEZINGANE

E G.J Crookes esibhedlela ewodini lezingane sekunomkhuba osujwayelekile wokujabulisa izingane ezilaliswe kuleliwodi ngokuzenzela imicimbi yezinsuku zazo zokuzalwa. Lokhu kwenzelwa ukuthi izingane zihlale zijabulile zingabinalomuzwa wokuthi zisesibhedlela. Kulomcimbi kuba khona ikhekhe lalowomntwana ozalwayo, nezidlo ezimnandi kanye nezipho ezivela kubasebenzi baleliwodi. Ngomhlaka 19 ku Mashi 2011 uThandolwethu Nzimande ubenzelwe iphathi ehlanganisa iminyaka emibili. Kuyona inyanga kaMashi ngomhlaka 21 iwodi yezingane ebizwa nge H iphinde yenzela uLondeka Ndimande iphathi obehlanganisa iminyaka eyishumi nambili.



Thandolwethu Nzimande obehlanganisa imnyaka emibili



uMrs Govender (umphathi wewodi lezingane enika umntwana isipho sakhe.



uLondeka Ndimande uphethe ikhekhe lakhe le- phathi kanye nabasebenzi bewodi nabantwana basewodini



ULondeka Ndimande emkela isipho kuDokotela wasewodini.(u Dr F Mqadi)

GOODBYE MR NGCOBO



Mr Ngcobo and his Wife Mrs Ngcobo received gifts from the staff

G.J Crookes Hospital had to say goodbye to yet another one of their dedicated staff members. The Supply Chain Department had organized a surprise party for the gentleman. Mr Ngcobo had been with the institution for 21 years.

Mr Ngcobo retired because he is old enough for taking pension but still strong but decided to spend many more years at home. The Supply Chain emotional party was held on the 25th of February 2011 at the Staff Development Centre. Mrs. Sibongile Nyawo, CEO wishes all the best for Mr Ngcobo as he is going to pension, to continue being a hard and respectful gentleman and speak the word of God.

Mr Ngcobo gave an emotional goodbye speech at the end of the party, expressing how much he's going to miss this hospital and his colleagues. The day ended with refreshments.



Mr Ngcobo received a gift from Abigail Chetty

G.J CROOKES HOSPITAL

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Designed By:
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Acting PRO