



health

Department:
Health
PROVINCE OF KWAZULU-NATAL



GJ CROOKES DISTRICT HOSPITAL

NEWS

APRIL –JUNE 2017

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HIV & AIDS TB AWARENESS CAMPAIGN



Mr S Gamede handing out T-shirt and caps



Sizophumela High School Singing

The Umzinto Clinic together with GJ Crookes Hospital held an HIV & AIDS and TB AWARENESS Event at Dumisa Hall on Friday, 5 May 2017. The awareness event started off on a high note with students from Sizophumela High School singing and gracing the audience with their talents.

Event Coordinator Mr S Gamede began the event with a few poetic lines related to HIV & AIDS and presented the purpose of the day. He said that the event was held to commemorate those that have passed on from the disease and those that are living with the illness and to give awareness to people that are not infected.

Primary Health Care (PHC) Manager Ms L Ndelu who was amongst the guest speakers and gave an explanation on TB Day. Ms Ndelu kept the crowd on their feet by asking questions about TB and HIV & AIDS and handing out treats and giveaways to people who answered correctly.

On the guest list was Nompilo Penelope Swanepol of Cedars Rehabilitation Center, who was once a patient at the center. She gave a motivational story of how the center helped her.

Mrs Swanepol said that she wanted to share her story with

the community members in case there was someone who was battling with drug addictions. She stated that in most cases drug addictions also play a role in how people get infected with HIV & AIDS and TB because people share needles, become negligent and reckless by having multiple sexual partners etc when they are under the influence. Dr Mazula delivered the key note address where she gave the crowd a full presentation of TB, HIV & AIDS. She touched on the importance of screening and getting tested and how people can prevent them from getting these illnesses. Another important presentation was from a member of IPM who addressed the crowd on a new development called a ring, which they are working on which **will help women prevent themselves from getting STD'S** and also unwanted pregnancies. This ring is still being tested, and so far they have been getting a positive response on their pilot experiment.

HIV & AIDS TB AWARENESS CAMPAIGN



Question and Answer Session



Mr TM Mbanjwa & Mr S Gamede



Researcher from IPM



Mrs NP Swanepol



Dr Mazula



Mr S Maphumulo



CCG,s Handing out medication



Mrs Sikhosana



GJ CROOKES STAFF , SPONSORS & ELDERLY SHOWING THEY GIFTS

CARING FOR ELDERLY

The Social Work Department and Siyanakekela Crisis Centre are joining forces together to embark on a project to look back at our senior citizens and their social needs. This project aims at putting a smile on our elderly and let them see that there are people who love and care for them. We are aiming to have +/- 60 senior citizens. We target those who are rape survivors and those who live with orphans due to HIV and AIDS. Senior citizens carry a lot of social ills like orphans, neglected children and sometimes all the vulnerable groups. They also face the challenge of living alone, neglected, sexually assaulted and spend days without food.

On the 2nd of June 2017 GJ Crookes Hospital Management team and Social workers hosted Caring for the Elderly event at Mahlongwa Community Hall. This is an annual event held in celebrating the senior citizen within the community. The senior citizen were advised and educated on how to take care of them. There were told about the importance of exercise convenient for their age. They were told about eating healthy all the time and avoid eating food items that

contains starch, cholesterol as they can be harmful to the body including soft drinks. Educational talk about cancer was given by Mrs. Skhosana, they were told about hygiene always keep their homes clean, their bodies, food, and hands to avoid diseases like TB, Cholera and food poisoning.

They were encouraged to read frequently as its will help them to think smart and not have shortage of memory. The cutting of the cake was done by senior citizens who were born in June. The handing out of gifts to senior citizen was done by the Gemin's. The GJ Crookes Management Mrs. Sisoka thanked all sponsors who donated with meals and gifts to senior citizens, and thanked all the GJ Crookes staff who attended and contributed in making the event successful.

WELLNESS DAY



BODY ZONE DOING WARM UP SESSION



Mr S Maphumulo , L Majola & T Ncanana Prepare handing of Awards



GJC Staff Showing they Awards

GJ Crookes Hospital held a Wellness Day event for the staff and visitors from Gamalakhe CHC and Dustan Farrel Hospital on Friday, 26 May 2017.

Mr. Linda Majola acting HR Manager welcomed everyone to the event inviting all members present to participate in the event. Body Zone Scottburgh started the day off with a warm up session doing squats, ebb exercises and lots of other activities that are known to burn out fat with staff members. The activities were accepted by many and people were happy to participate in the warm up.

Guest Speaker Medical Manager Dr Ragunandan said that GJ Crookes Hospital usually hosts the Wellness Day event for staff to remind them the importance of healthy living. They are reminded on how to keep fit and also prevent health issues caused by not being fit. Staff members are urged to always do something that will have them exercise because this will help them to be efficient even when they are at work, said Dr Ragunandan.

First on the day's activities was a fun walk, then an egg and spoon race where staff members competed for medals and trophies. Thereafter a soccer match between GJ Crookes Hospital and Dustan Farrel Hospital which the hosting team lost to the visitors by 1-0. A game between GJ Crookes and Gamalakhe CHC ended with GJ Crookes winning by 3-1. The last game was between Gamalakhe CHC and Dustsan Farrel and again Dustan Feral beat Gamalakhe. A netball tournament was also taking place, with Dustan Farrel taking the winnings and beat both Gamalakhe and GJ Crookes Hospital.

The GJ Crookes Hospital Management thanked all participants and sponsors who helped make this event to be a success. These sponsors included Body Zone Scottburgh, Old Mutual, Hampson, Avbob and Sanlam.

WELLNESS DAY (PHOTO GALLERY)



GJ CROOKES SOCCER TEAM



DUSTAN Farrel SOCCER TEAM



Dr Ragunandan (Medical manager) opening the Event.



Mr L Majola (Labour Relation) welcoming Guest.



GJ CROOKES NETBAL TEAM



Dustan Farrel Hospital celebrating their win over Gamalakhe CHC & GJ Crookes hospital





Sr. Mkhize doing a Hand Wash Demonstration



INFECTION CONTROL AT H - WARD

Health care workers' compliance with infection control practices and principles is vital in preventing the spread of disease.

The infection control audit is an opportunity to implement changes and to introduce remedial measures in collaboration with various departments and services.

An audit was done for H ward and ended with a hand wash demonstration which the staff did very well.



GJC staff demonstrating Hand Wash and obtaining a certificate

NURSES DAY CELEBRATION

On 17 May 2017 GJ Crookes hospital held a nurses day event, mam Gumede was the programme Director.

Dr Raganandan welcomed everyone by saying nursing is a very demanding job as nurses are the ones who have the knowledge to assist people better. *Save one life is a hero but save thousand lives is a nurse* and he wished all the nurses well and that if everyday can be a nurse's day.

Ms. Mkhize gave the purpose of the day saying "we are here to celebrate the nurse's day prayer which is always celebrated on the 12th of May. We need to sustain resilience in everything we do".

"Today we honor adherence to the command and acknowledge an extra miles that nurses are taking in order to meet the needs of patients. Nurses become the jack of all trades and we appreciate it every day but unfortunately it cannot be told every day how much they are the brain cells of the health care system, the heart, eyes and ears; without them as a vital of the healthcare system it would fall apart".

It was said that Nursing is an exclusive job and continues to strive for excellence because competency is not enough. Nursing is the only profession that is in the heart of God and that nurses must continue to embrace it with saying *Nursing my profession my pride*.

The guest speaker was introduced as one the young PHD holder in Nursing in RSA and a season scholar born & bread in KZN(DBN). In his career path he has always been marked as the youngest, he was then called to give his item.

Dr Miya said that Nursing is the heart of the Health Department, because without the heart everything collapses. In other words nurses are meant to lead; we are tired of the politics interference in the Nursing profession.

Sister Pillay gave the meaning of lamp. She said that all professions have symbols that can distinguish them, the lamp was first introduced as a symbol of nurses during the time of Florence nightingale , the lamp or candle mentioned, Florence used its flame to give hope to the sick and wounded.

Mrs. Mkhwanazi Read the Nurses pledge which was also recited by every nurse in the event. Nurses and guests were then thanked for their presence and participation to this memorial event.

Mrs Muthwa handing out gifts to guests



Mrs Mkhize (D,Nursing manager) handing out presents



GJ CROOKES HOSPITAL CHOIR



Guests

NURSES DAY (PHOTO GALLERY)



Mrs T Gumede was the program Director



Mr. TM Mbanjwa (PRO) opening with prayer



**(Deputy Nursing Manager)
Ms PT Mkhize**



Dr Miya (GUEST SPEAKER)



Reading of the Nurses Pledge



GJ CROOKES MENS CHOIR

CHILD PROTECTION AT BONGUMBHELE PRIMARY SCHOOL



Sr. VD Sikhosana giving a health talk and awareness on social ills

From the 27th of May to the 2nd of June 2017 it was Child Protection week. GJ Crookes Hospital Chrisis Center Nurse and Hospital PRO were invited to the OSS Site Visit which was Bongumbhele Primary School in Malangeni. On this day children were given talks on all walks of society and how they should carry themselves. It was emphasized to them that they must not be silent and fall prey to social ills, but to report it to their teachers in order to get help or help another. They were also reminded that education is their key to success.



Bongumbhele Primary School Learners and Teachers

QUILT SURVIVORS DONATION BY SCOTTBURGH HIGH



Mrs.VD Skhosana (professional Nurse) , Sarah Scottfield & Scottburg high school learners

. Quilt Survivors raise funds at Scottburgh High

On Monday, 29 May 2017, received a donation from Scottburgh High School students to support all rape survivors who are seen at GJ Crookes Hospital at The Crises Center. The school managed to donate R2868.32 to the program. The quilt survivors support to buy pair of school shoes for those still in school and they throw a party for the survivors at the end of the year. Crises Center would like to thank Mrs. Whitefield who initiated the quilt program for raising these funds and Sarah Scottfield who organized the raffle at Scottburgh High School.

Caption: Organizer of School raffle, Sarah Scottfield together with Professional Nurse Mrs. VD Skhosana of GJ Crookes Hospital Crisis Center and Scottburgh High School learners as they hand over their donation for Quilt Survivors.

Father's Day Celebration and Launch of GJ Crookes Hospital Men's Forum Event



Dr. S Tshabalala. CEO PMMH –Key Note Address

On the 14th June 2017 GJ Crookes Hospital celebrated Father's Day on high note as they launched their Men's Forum which was attended by the male staff only, they listened to the talks that were strictly dedicated to them.

The program director of the day was the Hospital PRO. Mr TM Mbanjwa also a member of the men's Forum committee.

The ceremony was opened by a prayer led by Mr. TV Shezi from the Transport Department.

The opening and welcoming was done by Medical Manager Dr Rangunandan who welcomed the initiative of hosting both the events concurrently so that all men be engaged into listening and sharing what others cannot share as men. He also encouraged the male staff to take charge of their lives and make use of all medical care facilities to avoid unnecessary illnesses and fatigue at work and that they must be healthy to enjoy being at work and at home.

Mr. Iyer– Acting HR Manager outlined the purpose of the day and offered full support of the Forum. He said we must take advantages of such platforms to engage in fruitful dialogues and educate one another and be proactive so we can all be wise when making decisions and balance our activities either at home or at work.

Dr Thunzi gave a very informative session based on Men's Health. He spoke highly of self-neglect by men from not seeking medical attention early enough even though they may feel sick. He said that the men should stop the tendency on depending on their women in order to seek medical attention and then claim results as if they were consulting on their behalf. He also mentioned that most men are at risk of contracting HIV and STI's and that they must test regularly for HIV/TB and Cancer as these are more prone to males.

The Men's Forum chairperson Mr. S. Maphumulo highlighted what it means to be a man and what does not make a male to be a male. Mr. Zungu from the provincial Office took the audience through a slide presentation sensitizing men about being a Man, a Father rather than being a male figure. He emphasized that it is always important for a father to be there for his family and children and that one can be a father by providing all material things to his family and his children, but if there is no love of his children and his family he can easily be an absent father because what matters is that fatherly love.

The keynote address was presented by Dr SC Tshabalala and CEO of prince Mshiyeni Hospital. Dr Tshabalala is highly active on the drive to creating awareness on Men and Health Issues affecting men in the Province and the whole of South Africa.

It must be mentioned without any exaggeration that the audience was present throughout the presentations but the keynote became an eye opener to all of them and so interesting that some requested for contact details of the two speakers.

The launch finally came at the end of the presentations and the committee was presented to the Audience: Chairperson-Mr. DGS Maphumulo, Deputy Chairperson-Mr. L Majola, general secretary MR S Ncwane, Deputy Secretary -Mr. TL Ncanana, Treasurer –Mr. M Majoka and Ex-officio Communications-Mr. TM Mbanjwa.

The chairperson thanked the men of GJ Crookes for the respect they portrayed throughout the event and that for the committee to function they must support the initiatives that needs to be addressed.

The event was graced by the presence of Hospital Board members Rev CMK Dlamini. Advocate Reshwant Brijraj, UGu district Health-Mr. Khulekani Msomi, Mr. Petrus Lilly Shinga from Amandawe Community Youth and Care center.

At the end of the event men enjoyed a scrumptious meal prepared by the HR Department ladies and the Entertainment by GJ Crookes Men's Choir.

FATHERS DAY & MENS FORUM LAUNCH



Dr M. Rangunandan opening the Event



GJ Crookes Hospital Mens Forum Committee



Men of GJC listening attentively to speakers



Mr.L. Majola (LRO) & Dr SC Tshabalala (CEO. PMMH)



LUNCH WAS SERVED



Mr L Majola presenting a gift to the hospital board member Rev. CMK Dlamini



Dr Thunzi giving out educational speech.



Mr L Majola & T M Mbanjwa announcing the Raffle winner



Entertainment by (GJ Crookes Men's Choir)

BATHO PELE & CUSTOMER CARE TRAINING BY PRO.

According to the KZN Provincial Service Training Academy's Customer Care Learner Guide, poor service continues to exist as few employees have been trained to pay attention to the human side of their jobs. Most training concentrates on the acquisition of technical skills needed to perform the job in question. As a result employees have not been trained to handle the people part of their jobs.

It is due to this, that Mr. TM Mbanjwa, the Hospital PRO, continues his journey of the Customer Care and Batho Pele Workshops in clinics and around the hospital. This is done to remind employees that delivering high quality service also means doing well the things that are important to the customer. Doing things that are not important has no impact, thus working hard is not the same as delivering quality service, but one has to acquaint themselves to be pro customer care.

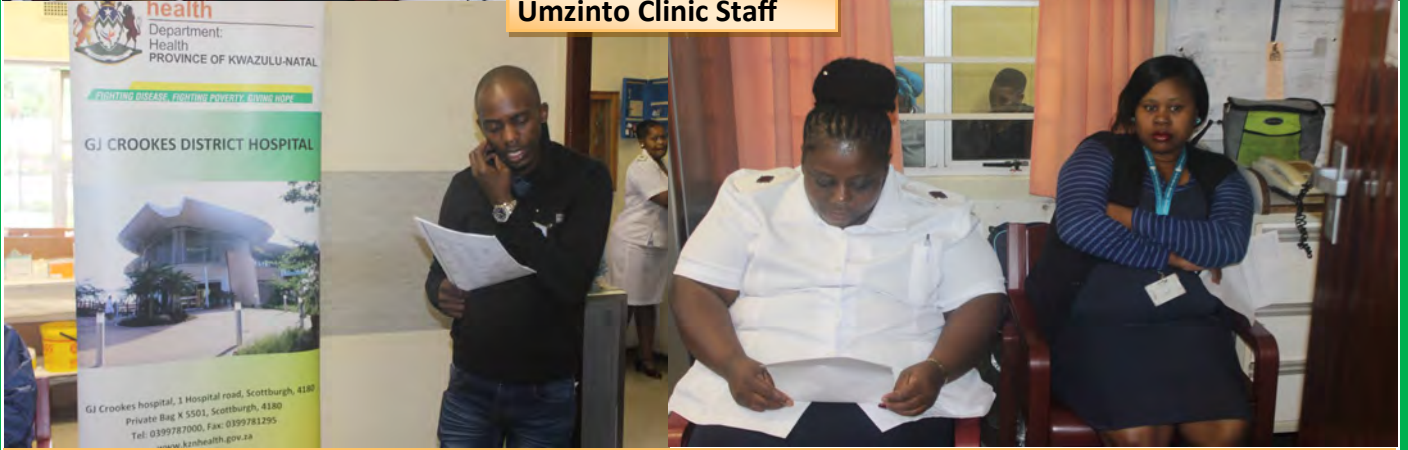
B2 LABOUR WARD



BATHO PELE & CUSTOMER CARE TRAINING



Umzinto Clinic Staff



PRO CLINIC VISITS ON CUSTOMER CARE UMZINTO & PENNINGTON.



Pennington Clinic Staff



BATHO PELE & CUSTOMER CARE TRAINING



ARV Clinic, ANC, TB Clinic and B1(Meternity)



BATHO PELE & CUSTOMER CARE TRAINING



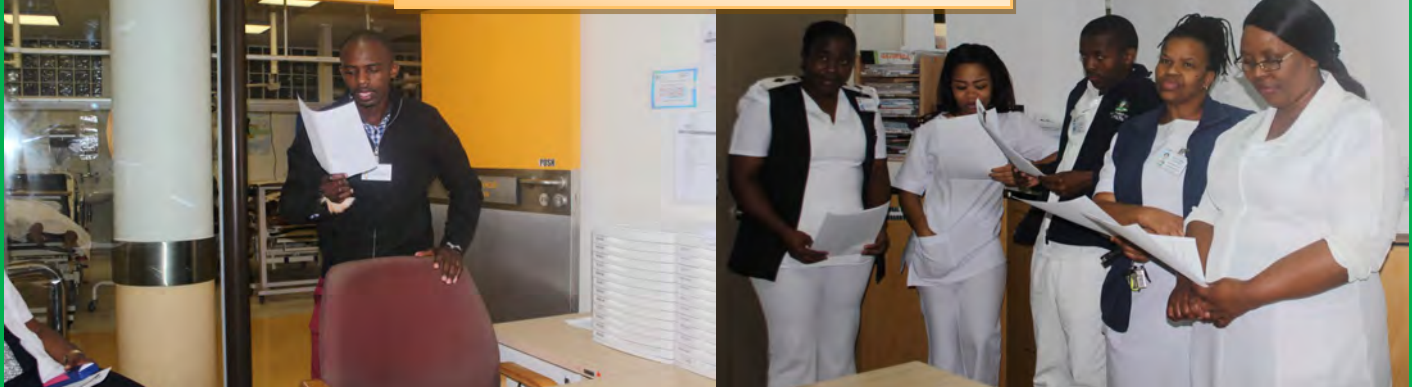
C WARD (MALE SURGICAL) STAFF



PRESENTATION TO C WARD (MALE SURGICAL) AND CASUALTY



CASUALTY DEPARTMENT STAFF



BATHO PELE & CUSTOMER CARE TRAINING



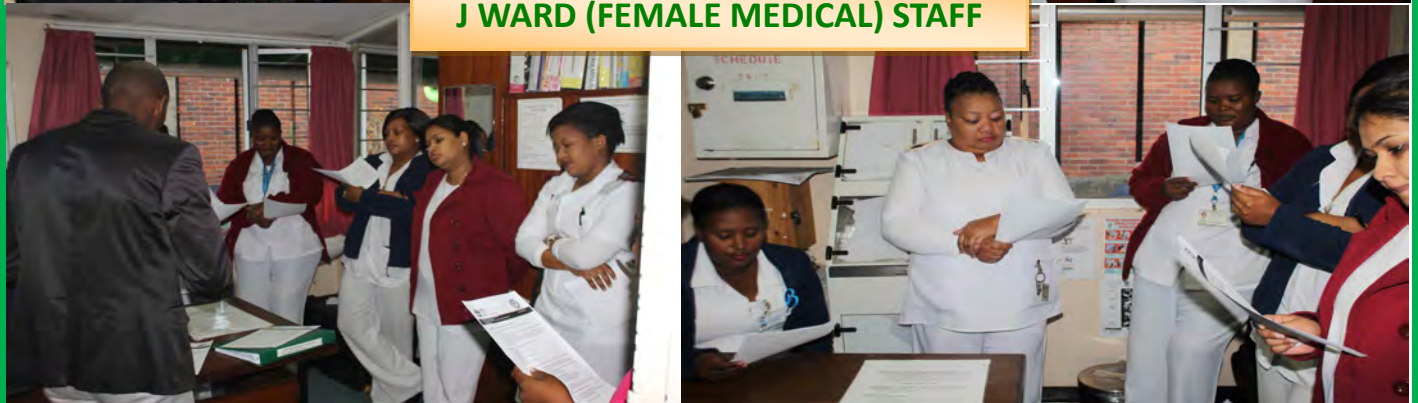
OUTPATIENTS STAFF



PRESENTATION TO OPD AND J WARD (FEMALE MEDICAL)



J WARD (FEMALE MEDICAL) STAFF





Mrs. Hellen and No.1 finalist for males marathon



Mr S Maphumulo , Mr TM Mbanjwa of GJ Crookes and Mrs. Hellen DSR



No.1 finalist for males marathon

On the 20th of May 2017, Ugu Health District in collaboration with Ugu Sport and Recreation held a Move for Your Health Run which started at Pennington and ended at Malangeni Sports Ground where an event was held for all the runners and community members who were present. Our own Sbu Maphumulo also took part. This was a run driven by efforts to instill healthy living lifestyles. The community was happy to receive free loaves of bread sponsored by BB Bakeries and lots of freebies from various sponsors, starting with Hampsons Motors, Mazda, Sanlam, Old Mutual and Icebolethu Group.

MOVE FOR YOUR HEALTH DAY IN MALANGENI



New faces of GJC



Sr. L. A Book



Ms. Stusile Zwane



Mr. Bongani Ndlovu



Sir. S Ndlovu



Sr. NR Blöse



Nurse D Chamane



Sir S Malishe



Sr. Nokusho Dlamini

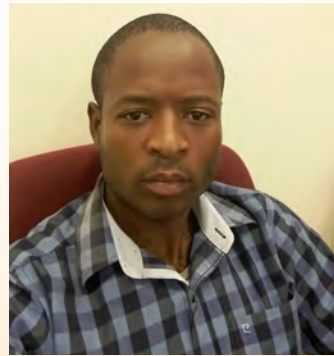


Ms. Nosipho Mkhize

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We appreciate the time taken by our readers to go through this newsletter. Should you have any news-worthy item relating to our hospital or health matters please contact the PR Department on the details below. For any suggestions, complaints or compliments regarding our services or hospital, please write them down on the suggestion forms and put into the suggestion boxes located in all departments and wards of the hospital. Enjoy this season and remember, it is our aim to provide our clients with the best quality health care services all the time.



health

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PROVINCE OF KWAZULU-NATAL

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FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE