



ASIKHULUME LET'S TALK

GJ CROOKES HOSPITAL 3RD QUARTER NEWSLETTER OCT-DEC 2015



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health
 Department:
Health
PROVINCE OF KWAZULU-NATAL

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE



World Sight Day 02 October 2015

The Eye Clinic Team and Management of GJ Crookes held an Eye Sight Awareness Day for the Ugu North community on the 2nd of October 2015 at Scottburgh Town Hall. At the event there were eye screenings and check ups done for other diseases as well. Dr. Rangunandan the Medical Manager, opened the event and welcomed everyone, with an emphasis on eye sight and health around it. A talk on eye health was given by the Eye Clinic representatives and a special guest Mr. F. Nxumalo emphasized that people must manage the food they eat, try to have routine visits at the hospital or clinics to check their eye sight before it is too late. He mentioned that some patients have diabetes and do not control it which results in a negative impact on their eye health. He said the focus is for the health system to provide preventative measures rather than treating the problem because it might be too late. He mentioned that there needs to be more effort around health education so that people know more about their health and how to improve it, in that way we will have more cooperation from patients and can eliminate unnecessary blindness. Ideally the target group was patients over 40 years of age because they were given free glasses depending on a patient's eye condition. Many patients were excited to be part of this program and admitted that they learned a lot from it. Ms Ndlovu then presented gifts to Management and guests and gave a vote of thanks to all stakeholders and participants.



Dr. Rangunandan
 Medical manager



Ms. Debra Ndlovu
 Optometrist



Ms. N Chithwayo
 Dietician



Eye Screening in progress



Hospital Management



Local Entertainment



Mr. France Nxumalo BHVI

Fighting Disease, Fighting Poverty, Giving Hope



Oral Hygiene Day

On the 5th of October 2015, the Dental Clinic staff held an Oral Hygiene day at Umzinto Fixed Clinic and had Oral Hygiene Health talks for that week in the Hospital and various areas surrounding Scottburgh. The motivation behind this day was to advise the community to pay extra attention to their dental routine, particularly as two of the world's most common health problems affect the mouth – cavities (dental caries) and gum disease.

Gum disease ranks second only to the common cold in terms of prevalence, with an estimated 90% of South Africans experiencing the problem at some point.

It really is in ones best interest to practice good oral hygiene. Not only does it ensure a beautiful smile, but it is good for your health – gum disease has been linked to coronary heart disease, adverse pregnancy outcomes and diabetes. . The community of Umzinto responded positively to this Health talk and was invited to a quiz where people were given a prize if they answer correctly.





Diabetic Awareness Day



World Diabetic awareness day

Programme Director : Sibusiso Maphumulo

, Optometrist : Deborah Ndlovu

Chronic care (Special clinic) Sr Naidoo

Sr Naidoo : Diabetes does not discriminate all walks of life, young and old. Rich or poor. There is no cure, but with proper management, it can be controlled. Just need change of lifestyle with eating habits and engaging in good exercise regime. I was diagnosed at age of 10 with classic symptoms of diabetes,

Optometrist (Deborah Ndlovu) eye clinic is open for patients to check their eyes, because possibility vision loss and blindness that when you suffer from diabetic eye disease. But if you come to the clinic for eye testing you will know and prevent it from happening.

Dietician: Mr. N Bam

Mr. N Bam dietician spoke the important of maintaining your diet, eating healthy foods will control your sugar level but if eating un healthy food will increase the risk of getting diabetic because if prevent eating un healthy than curing diabetic so be careful

Nomthandazo Mkhize (Testimonial)

Who has been diabetic for 25 years, he was diagnosed with diabetic when she was 5 years old, she has been visiting hospital and had eye surgery several times, renal Failure dialysis at Inkosi Albert Luthuli and heart surgery she had leave being chef due to her condition explained that being diabetic does mean it the end of the world, you can still live just maintain a proper balanced diet strictly on water or Apple juice.



Mrs. V Webb's Farewell



The Hospital Management and staff of GJ Crookes bid farewell to the Assistant Nursing Manager in Monitoring and Evaluation Mrs V Webb on the 28th of October 2015.

Mrs Sishi the Ex Nursing Manager for GJ Crookes Hospital gave an over view of Mrs Webb's History.

- She said Mrs Webb Completed as a student nurse at Grace Hospital in 1972.
- she joined GJ Crookes Hospital in July 1977 as a Professional Nurse, in November 1978 sent to Addington Hospital where she underwent Midwifery training.
- In 1987 she was promoted to a Senior Professional Nurse. On the 1st of November 2006 she was promoted to assistant manager in Quality Assurance and was transferred to Ugu Health District.
- In 2010 she was transferred back to GJ Crookes Hospital as an Assistant Nursing Manager in Monitoring and Evaluation and she is retiring after 38 years of service.
- It was mentioned that she was a passionate employee and nurse. She had a background of caring where she was mentored as a student. She loves patients and would go out of her way to assist patients and was always there on time to start her shift.
- She was known of the good sense of humor she always had when there was a gathering of any sort, be it a meeting or a special event. Your contributions in the Department of Health and GJ Crookes Hospital will always be missed. Farewell and may God richly bless you.





FAREWELL Of Nkosikhona Wiseman Khuzwayo

Program Director: Mr. Percival Zama

Carol Boodram : Wish Nkosi farewell all the best in his new employment , we will miss you, there was no supervisor as Nkosi was. He was very kind and caring supervisor, I have never seen Nkosi angry , always smiling.

Mr Ngubane : Thanked everyone , Nkosi was not only colleague, he was like a son to me. We respect each other and worked well together, what I like most he was always keen to listen when someone is talking with him. Nkosi wish the best in your new employment and continue being the person that you are I hope you will find people whom you will be comfortable with



Nkosikhona Wiseman Khuzwayo



Ms. Slindile Nguse Finance manager



Finance, SCM and HR staff



Mr. Percival Zama



FAREWELL Of Mabheki Shadrack Kweyama



On the

Employment History PR In-service:
 01.04.2012 to 30.11.2012
 Pharmacy Clerk: 03.12.2012 to
 31.05.2015
 HR Officer: 01.06.2015 to 30.11.2015

Conduct We had short time
 with him, only for 6 months but:

He was responsible, dedicated, fast
 learner
 He was always on time and finishes
 his work timeously
 He respected his colleagues, superiors
 and clients
 He always practised Batho Pele Princi-
 ple when performing his work and
 dealing with clients

Promotion Communication Officer
 @ Justice

Comments during farewell Congratulations
 on your new promotion. We know that
 you will tackle this new venture with
 the same passion and dedication you
 have displayed as part of our cohesive
 team and you will quickly establish
 yourself as a valued employee in your
 new role. It is really hard to say
 goodbye, but never the less **All our
 good wishes are with you**

SILWA NEZIFO, SILWA NOBUBHA, SINIKA ITHEMBA

Crisis Center Christmas Party



Programme Director : Mr. Sbu Maphumulo

Captain Giyani: Police officer at Port Shepstone unit, I think most of the people here have been victims of rape here , rape does not only affect you , but also you family , friends it affect you spouse and partners , informed the community that not to withdraw the case because that give the offender to continue in doing wrong because he/she will see that was not charged with sexual assault and rape some else to.

Amanzimtoti Trauma unit Nokwanda Dlamini : Encouraged parents that they must support their Children in reporting rape case and not to be afraid To speak out, in some cases the assaulter can be Someone who is a relative and the child will be Scared to report them, so parents must supportThe children and help them in getting counselling.



FIGHTING DISEASE, FIGHTING POVERTY,

CRISIS CENTER CHRISTMAS PARTY GALLERY



SILWA NEZIFO, SILWA NOBUBHA, SINIKA ITHEMBA

Christmas Party for CP Children

On the 27th Of November 2015 a Christmas party for CP Children was held, it annual party which we celebrate with disability children who have been coming to the clinic during the year in different months.

Mrs. V.D Sikhosana : Complimented and showed gratitude towards the parents of CP children not being afraid or hiding the children from the community. And it was important to bring the children to hospital at the Physiotherapy department to be seen by therapist and also emphasized to parents to take children to school there is scholar amoris and drop them at school.



Sister Christmas



Mrs. V.D Sikhosana



sister Christmas gives gifts to children



Program director :
Nontsiskelo bele



Sister Christmas giving a gift to the child



Happy mothers and children



World Aids Day Celebration

In 2015 Ugu District was chosen as the area to commemorate the World Aids Day Celebration. GJ Crookes hospital represented in most areas where the events were taking place. The community was excited to be the recipients of this great awareness on this day.



Mobile Clinic Staff ready to do screenings for WAD



Candle light moment at Kwa Cele Community Hall



Handing Over of the Local Gym at Kwa Cele Hall for the Community on World Aids Day



Deputy Mayor, Local Councilor, and Provincial Representatives handing over the local gym



GJ Crookes Hospital CEO enjoying the new gym equipment given to Kwa Cele Community



Broadreach donates a new condom dispenser for the Kwa Cele Community Hall



New Deputy Nursing Manager for GJ Crookes Hospital

GJ Crookes Hospital Welcomes the New Deputy Nursing Manager for GJ Crookes Hospital Ms. PT Mkhize, She has **22 years of service as a Nurse**. She **trained at McCord Hospital** and started Work at **King Edward Hospital** as a Professional Nurse from 1999-2004, she worked at **Osindisweni Hospital** from 2005-2008 as Chief Professional Nurse. She worked at **Inkandla hospital** as an Assistant Nursing Manager for Night Duty Services From 2008-2011, she worked at **Charles Johnson Memorial Hospital** as an Assistant Nursing Manager for all adult wards from 2011-2012. She worked at **Madadeni Hospital** from 2013-2014 as an Assistant Nursing Manager in Planning Monitoring and Evaluation division. She worked at **Greys Hospital** as an Assistant Nursing Manager Night Duty Services from May 2014-2015. From the 1ST October to date she **started at GJ Crookes Hospital as a Deputy Nursing Manager and is here to stay**.

She stated that she feels humbled and honoured to join the successful team. She mentioned that she has a high concern for excellence and likes to see things done correctly the first time. She is patient but persistent and always maintain consistency in all her actions.

Her vision about Nursing and GJ Crookes Hospital is to reclaim the image, dignity, respect and nobility for the Nursing Profession, ensuring maintenance of ethics and professional practice (back to basics). She also wants to sustain the existing achievements for the institution and participate in taking GJ Crookes Hospital to the next level.

When asked about her approach to life and challenges, she said: She likes challenges because they fuel her to be stronger person because life without challenges is meaningless and boring. She is inspired by client satisfaction in all aspects of care and her goal is to see patient care from a patient perspective/point of view and to see complaints and compliments utilized in closing of gaps.



**Ms. PT Mkhize Deputy Nursing manager
GJ Crookes Hospital**





Christmas parties for the little ones



Toy Story team with Hospital Management



Umzumbe Mayor entering the children's ward with gifts

On the 02nd of December 2015 the Hospital was visited by East Coast Radio's Toy Story Team to give toys to children admitted in H Ward. On the 22 of December 2015 Ugu Municipal Mayor invited GJ Crookes Management other hospitals to Port Shepstone Hospital for handing out of gifts to be given to children in H ward as Impi Bikers could not join the municipality this year due to a commitment.

On the same day Umzumbe Municipal Mayor held an annual Christmas's Cheer for the children and staff in the hospital. Mothers of the children in the High Care Unit and children in H ward were given Christmas's presents, some fun toys, teddy's bath basins and blankets for the new born etc.

23 of December Galleria Mall Management also paid our Children's Ward a Visit, where they were also handing out toys to the kids. The children enjoyed posing with Santa and the mothers were grateful. The Hospital Management would like to thank all stakeholders who brought a smile to the kids admitted in the hospital this festive season.



Galleria Mall Management with H Ward staff, children and their mothers



Hospital Staff with comedian Mondli Mzizi and Actor Xoli Zondi

Maternity Management says thanks to their staff



The GJ Crookes Hospital Maternity team was thanked for the efforts contributed in the maternity department in the year 2015. Dr. Shange said in the maternity ward we've had challenges and we had successes, if we were not maternity team we will not have succeed . If you are in the working age you spent most of your time at work , so if you don't have family that is warm and supporting at work , it becomes hard to enjoy working because you spend little time with your family than at work. It important to have people who are dedicated in doing their jobs, it make things easier and less time consuming. She thanked everyone who contributed in making the event a success and asked the maternity team not to break the bond they have with each other as family because its what makes them succeed .

Mr. K Reddy :I believe that God has purpose for everyone , he has pre planned everything you doing , So whenever you are doing your job serving patients remember that . We are not perfect people God knows that, so every time a nurse helping a patient I think of the wonderful job position he has blessed you with to help the ones in need.

Matron Muthwa - today is the time to look back and celebrate .There is a saying "united we shall stand and divided we shall fall". I would like to think that we are a united team , thank you to Dr Shange she is the one who had an idea to make something beautiful like this. We have a good team of doctor's because a good team of doctors gives the hospital a good reputation. Thank you to all and wish everyone merry Christmas and prosperous new year.

Mr. Mbanjwa said well-done to all the staff that tries their best and never gives up on a patient no matter how difficult they are.



SILWA NEZIFO, SILWA NOBUBHA, SINIKA ITHEMBA



SARS ENGAGEMENT VISITS

Due to a lot of employees not being able to submit their returns on time to SARS, due to their commitment in the workplace, SARS Outreach team embarked on a project to visit work-places. GJ Crookes Hospital was also fortunate to be visited by the SARS team that came to assist employees with their returns.



New Appointments for GJ Crookes Hospital



MR. MB Dlamini Prof Nurse



Ms. B Ndlovu CSO Prof Nurse



Sr. P.K Sibi Prof Nurse



Ms. K Govender CSO Speech Therapist



Sr. LP Mbanjwa CSO Prof Nurse



Sr. PC Sishange CSO Prof Nurse



Dr. N Buthelezi Medical Officer



Dr. S Mdletshe Medical Officer



Dr. NF Maluleka Medical Officer



Sr. SC Chili Prof Nurse



Ms. Khululiwe G Hlongwa ENA



Sr. EA Book CSO Prof Nurse

SILWA NEZIFO, SILWA NOBUBHA, SINIKA ITHEMBA

New Appointments for GJ Crookes Hospital



Ms. J Human CSO Physiotherapy



Ms. C Weston CSO Physiotherapy



Mr. GKKamlet CSO Dentist



Ms. S Indermun CSO



Sr. C Charles CSO Prof Nurse



Ms. N Gurney CSO Occ Therapy



Ms. J Potgieter CSO Dietitian



Sr. TB Gumbi CSO Prof Nurse



Sr. J Pillay CSO Prof Nurse



Ms. A Khan CSO Radiology



Mr. K Pillay Pharm Assistant



Ms. A Jacob Audiologist

New Appointments for GJ Crookes Hospital



Sr. N Ndlovu Prof Nurse



Ms. ZC Ngubo Enrolled Nursing Assistant



Sr. TI Zama Prof Nurse



Sr. P Mditshwa Prof Nurse



Sr. MP Hlatshwayo CSO Prof Nurse



Ms. NZG Maphumulo CSO Prof Nurse



Sr. TJ Tusi Prof nurse



Ms. J Twum Pharmacist Intern



Ms. Y Jauza Pharmacist Intern



Mr. NJ Ntshapa Pharmacist Intern



Ms. SB Ndulelisa Pharmacist Intern



Ms. ZF Zondi Pharmacist Intern

The Public Relations Corner



Winded by grocery shopping or household chores? Regular physical activity can improve your muscle strength and boost your endurance. Exercise and physical activity deliver oxygen and nutrients to your tissues and help your cardiovascular system work more efficiently



Word of wisdom:

There is tremendous happiness in making others happy, despite our own situations. Shared grief is half the sorrow, but happiness when shared, is doubled. If you want to see how rich you are, just count all the things you have that money cant buy. Today is a gift that's why its called the Present.... Lets embrace it and be grateful.

The Public Relations Department is here to Help You

Should you have any complaints compliments or suggestions, please don't hesitate to contact Mr. TM Mbanjwa the PRO on 0399787215 or email @ maxwell.mbanjwa@kznhealth.gov.za

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