



ASIKHULUME LETS TALK NEWS LETTER

January - March 2016

INSIDE STORIES



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UKZN and SUNY Teams Visit to the Hospital's Eye Clinic

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Maternity Celebrates Zero Maternal Deaths for the year 2015/16

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Pregnancy Awareness Week

PREGNANCY AWARENESS WEEK

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ANNUAL QUALITY DAY EVENT

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MR. DSG MAPHUMULO WITH MEC FOR HEALTH ON THE NIMART PROGRAM

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Pregnancy Awareness Week



The Department of Health uses pregnancy awareness week to strengthen pregnancy education and stress important issues that promote a healthy pregnancy. Pregnant women should start attending ANC as soon as they suspect that they are pregnant or when they have missed their periods and certainly within the first trimester of pregnancy. On the 11th of February the GJ Crookes Hospital Ante Natal Clinic Nurses together with student Nurses embarked on a journey to educate patients about pregnancy, STIs, exercise during pregnancy, antenatal classes etc. They went to various departments where in each department they gave talks about this awareness. They also encouraged male involvement in pregnancy so that they accompany their partners to the clinics to increase their knowledge about pregnancy. A special thanks was expressed to Bio-Oil for their donation of gifts for the event to be a success.

6 points to a healthy pregnancy:

- Ø Getting started
- Ø Antenatal classes
- Ø Nutrition
- Ø Exercises
- Ø Avoid unhealthy substances
- Ø Role of your partner and family



Matron Muthwa

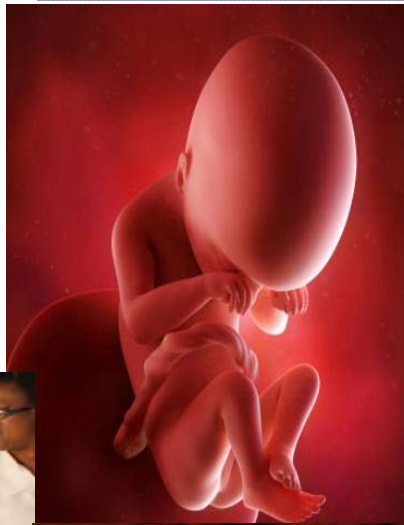




Grand prize winner with Sr. Z.S Cele



Matron Muthwa, Sr. Gumede and student nurse at the PEW



Sr. Z.S Cele presenting



NURSES MARCHING AT THE HOSPITAL



Sr. Z.S Cele present-



Sr. Gumede presenting



G.J. Crookes hospital NIMART Ambassador Mr. DGS Maphumulo



Mr. DGS Maphumulo & MEC for Health
Dr. SM Dhlomo @ UMzinyathi district



DGS Maphumulo @ I Lembe
district

GJ Crookes Hospital's Sibusiso Maphumulo speaks with courage as a person who has lived with HIV for the past 17 years. In the year 1999 while he was in matric started taking ARV Treatment with a CD4 count of 35, viral load of approx. 88 million and after a number of days on treatment he developed IRIS (Immune Reconstitution Inflammatory Syndrome). During his sick days he heard DR. S. Dhlomo and Mr. Thanda Ndlovu on radio preaching about healthy lifestyle and its benefit, he wished to be well to start training and run marathons but life was tough for him. Today he is glad to inform the public that he has lived up to his dream of running professionally from the inspiration of Dr. S. Dhlomo.

Factors that kept him motivated and courageous:

The work he did with Ukhozi FM "Siyanqoba beat it"

The book which he features in "Through the voice of South African men speak about HIV"

Motivations he provides in events

Motivations by Dr. S. Dhlomo on Ukhozi FM

Mr. Maphumulo is not only doing it for himself, he is also raising the flag for GJ Crookes Hospital and Ugu District.



Since his testimony on World Aids Day in Port Shepstone (01-12-15) in the presence of Deputy President Mr. Cyril Ramaphosa also chairperson of South African Aids Council, UNAIDS CEO, Mr. Mitchel Sidibe, National Health Minister Dr. Aaron Motsoaledi and other cabinet ministers. He had a personal call from Dr. Dhlomo inviting him to accompany him on NIMART documentation session around the province to share his story with the unique panelists of NIMART trained nurses who also share their challenges and successes through this programme. He has travelled to (UThungulu, UThukela, UMzinyathi, UMgungundlovu, EThekweni, Ugu and Harry Gwala)



UMgungundlovu district



Mr. DGS Maphumulo & MEC for Health Dr. SM Dhlomo



ILembe district

FRIENDLY GAMES 20-02-2016

On the 20th of February the EAP of GJ Crookes Hospital Mr. TL Ncanana and the Hospital Sports Committee, organized friendly games for GJ Crookes Hospital, Port Shepstone Hospital, Inkosi Albert Luthuli Hospital and Prince Mshiyeni Memorial Hospital. This is to ensure that the DOH employees are participating in healthy lifestyle initiative and enjoy themselves. The games started very well and they ended with the scores displayed on the right

SOCCER			
Port Shepstone Hospital	4	GJ Crookes Hospital	1
Port Shepstone Hospital	2	Inkosi Albert Luthuli Hospital	0
GJ Crookes Hospital	6	Prince Mshiyeni Memorial Hospital	1
Inkosi Albert Luthuli Hospital	2	Prince Mshiyeni Memorial Hospital	0

NETBALL			
Port Shepstone Hospital	18	GJ Crookes Hospital	6
GJ Crookes Hospital	7	Inkosi Albert Luthuli Hospital	3
Port Shepstone Hospital	12	Inkosi Albert Luthuli Hospital	5



GJCH Soccer



PSH Soccer



IALH Netball



GJCH Netball



PSH Netball



IALH Soccer



PSH vs GJCH



Fans Enjoying the games



Team building



PSH vs GJCH



IALH vs PMMH



Half time



IALH vs GJCH



IALH showing their support to the boys

Quality Day Event



Program Director Ms. L Ndela



Hon Cllr. Mayor WT Dube



Mrs. Sp Nyawo CEO

On the 29th of January 2016 GJ Crookes Hospital held an Annual Quality Day and Service Excellence Awards Ceremony. The program was officially opened by the Hon Cllr W.T Dube of Vulamehlo Municipality followed by Mrs. SP Nyawo who gave the purpose of celebrating quality as a hospital. "The purpose of World Quality Day is to promote awareness of quality amongst staff and to encourage individuals' and departmental growth and prosperity. In the health sector where success depends on quality, innovation and sustainability, Quality Day is our chance to reinforce these as the foundations of our hospital and focus on the importance of quality".

Our Guest Speaker Ms. Sally Govender touched deeply on compliance which results in good quality and why such standard should be maintained. The following departments were participants in the QIP: - Pharmacy, Medical and Surgical Wards, Dietetics, Paediatrics and Waste Management with Dietetics coming out 1st for the best QIP presentation. Departments with Most Compliments were also given certificates of appreciation and Maternity had the highest number of compliments for 2015/16. long service awards were also given to long serving staff. The event was a success because of all the sponsors that came through and staff that always supported fundraising activities.

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Department:
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PROVINCE OF KWAZULU-NATAL

**GJ CROOKES HOSPITAL QUALITY DAY
PROGRAM 24 FEB 2016**

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The 1st prize winner (Dietician) N. Chithwayo



Proud Matron Muthwa Holding Awards for her departments



CEO Mrs. S.P Nyawo



Ms. S. Govender



Pharmacy QIP



Mr. Gumbi 'Singing'



**Sr. M Govender
Paediatrics QIP**



Sizwe 'Singing'



**Mr. TM Mbanjwa PRO and Sr.
Gumede J Ward O/M**



HR Manager



Guests and the audience



CAPITEC Bank Staff



2nd position Waste Management



Long service awards

Small Events



GJ Crookes District Hospital Maternity ward receives Zero Maternal Deaths Certificate for the 2015/2016 financial year



Raffle winner-M. Sithole



AUTISM Awareness Day by Pharmacy



Casualty



Pharmacy



Nursery

Infection prevention control certificates



Ward G2



CSSD



J Ward

TB Awareness day

On the 30th of March 2016 HAST UNIT raised awareness on TB Education. The TB Education was conducted for patients who were at the hospital in the Out Patient Department and Sr S.S Bohlela who was educating patients on TB talked about symptoms of TB and different types of TB like, TB Meningitis, bone TB, pleural effusion, etc. She also informed the publics that TB treatment is different depending on the type of TB the patient has and the medication is also different like TB Meningitis that takes one year other treatments take 6 months e.g. Lung TB. The patients were encouraged to go test for TB as soon as they see signs because it treatable. Sr. N.G Madiba and Lay counsellor Makhathini performed a short play on prevention of spreading while coughing. Patients were asked questions about the presentation, testing their listening skills and those who were fortunate won prizes.



Presentations



Play Presentation



GF Dladla & winner



Mr. N Mjilo with the grand prize winner



N. Ntobela & winner



Matron Mkhwanazi, (OM) N.L Mkhize, (NM) T.P Mkhize, N.G Zama Lay counsellor & Sr. F.P Sithole



TB Awareness march @ OPD

Customer Care the Batho Pele way Clinic visits by the PRO



The PRO presenting

Customer Care is a very important subject for all staff to be familiarized with to ensure that services are rendered in a right manner for clients to see the value in what is done by a public health institution. This is why on the 31st of March, 1st and 4th of April the Public Relations Officer Mr. T.M Mbanjwa arranged clinic visits to do the Batho Pele Principles and customer care presentations for staff from clinics; this was to remind the Department of Health employees on patient rights and their responsibilities as the DOH employees and on what they pledged to do



Dlangezwa Clinic



Dududu Clinic



Nkwali Clinic



Umzinto Clinic



Philani Clinic



Mfume Clinic

UKZN and SUNY Teams Visit to the Hospital Eye Clinic

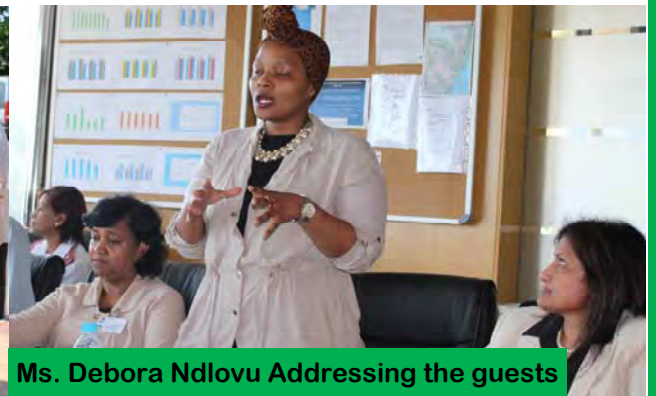


Hospital Management, UKZN and SUNY Team

On the 21st of January 2016. UKZN Department Dr Moodley HOD of Optometry & UKZN team including the President of State University of New York (SUNY) Dr. David Heath and SUNY team visited GJ Crookes Hospital. The reason for their visit was to explore our health facility as UKZN Optometry students do their clinical training at our facility. UKZN wishes to consider GJ Crookes Hospital as an external training site for SUNY students, as SUNY has an academic partnership with the UKZN Department of Optometry. Our guests were very impressed with our institution and facilities and also optimistic about the partnership they have together.



Arrival of UKZN and SUNY teams



Ms. Debora Ndlovu Addressing the guests



Ms. Ndlovu having Hospital Walkabouts with the Guests



Ms. N. Mntambo's farewell party

On the 30th of March X-ray department bid farewell to their manager Ms. N. Mntambo, amongst the speakers we had the CEO S.P Nyawo who said "it's a sad moment to say goodbye to Nonku who joined the department in 2002 with Mr. Mdende and when Mr. Mdende left, Nonku took on the department courageously, she been a pillar of strength". Thank you Nonku you will be missed. Dr. Raganandan said he will personally miss Ms. Mntambo, he said he never bothered to go to the X-ray department because he knew that Ms. Mntambo had everything under control. Dr. Madikizela from dental dept. who felt honored to be part of the event and who had been at the dept. before Ms. Mntambo said "what I realized was that this lady was quite talkative and always wanted things to be done by the book". Sohini who was the MC said a few words on behalf of the X-ray "you've portrayed excellent management trades, you gave us no reason to disobey you or run away from the Dept, you looked at us in the same lite." Asheen from X-ray dept. said the vote of thanks, he thanked everyone for making the event a successful one by contributing. **Good Bye Mciiimbiii the Choir will never be the same**



GOODBYE! Sis Nonku



GJ Crookes staff and M.s Mntambo



GJ Crookes staff and M.s Mntambo



Ms. N. Mntambo & Y. Pillay



Mrs. S.P Nyawo (CEO) & Ms. P.T. Mkhize (DNM)

Ms. N. Mntambo's farewell party



Nursing Manager, HR Manager, CEO & X-Ray manager

"when I first came to GJCH I just came as a chief radiographer, Mr. Mdende had been begging me for more than two years to come and work at GJCH I didn't know what he saw in me , my first day at GJCH I think it was the 2nd week of Ops plan and Mr. Mdende called me and said I must go there alone and I didn't know what was going on but he said to me I must just listen to what they are saying then come back and tell him. Thank you to my team, thank you to everyone and Mrs. Nyawo thank you so much" said Ms. Mntambo on her thank you note.



X-Ray staff bid farewell to their manager



Dr. Ragunandan
(Medical Manager)



Dr. Madikizela (Dental dept. manager)



Ms. N. Mntambo & Mrs. S.P Nyawo



A. Manira
(X-Ray staff)

ACKNOWLEDGEMENTS



**S.C Thusi Inserv Trainee
PHOTOGRAPHER WRITER**



**TM Mbanjwa PRO
Editor**

We wish to thank all our readers for taking their time reading our stories. Should you have anything newsworthy about GJC and for the benefit of our clients please write to us (Maxwell.mbanjwa@kznhealth.gov.za) for complaints and compliments please contact the PRO.

See details below



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