



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL



# GJ Crookes Hospital

# NEWS

## STAY INFORMED

July–December 2017

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**DEPARTMENTS SHOWCASING THEIR SERVICES**



**Open day at GJ Crookes Hospital**

On the 19<sup>th</sup> of July 2017 GJ Crookes Hospital held an open day event. This is an event coordinated by the Hospital PRO in collaboration with all the wards and departments where they come and put up stands, educational material and showcase themselves to the patients and the community. It was indeed a successful day as departments came in numbers to exhibit their services and the community was as welcoming of this initiative. People were happy to get an opportunity to be given an understanding of how each department operates within the hospital. The event started off with Matron Muthwa welcoming all guests, departments and the community and thanked the staff for listening to the call of information sharing and cooperating. This event was made possible by donations received from staff members, Mrs. Khoza (District Manager for Avbob in Scottburgh), Mr. Mzamo Mthwane for Malishe Driving School and Tamana Dhaja (the finalist for Miss Uniworld South Africa). This event has been selected to be held annually in order to reach out to the community in terms of sharing knowledge and educating the community of how the hospital operates.



# Provincial Stoma Care Meeting at GJ Crookes Hospital



**STOMA CARE COMMITTEE AND SPONSORS**



GJ Crookes Hospital Hosted the Provincial STOMA care meeting. The meeting was scheduled at the Annual General Meeting (AGM) in February 2017. This is a quarterly general meeting of the Society, which rotates among KZN Provincial Hospitals. Since this Society is composed of Stoma Care Nurses from all around KwaZulu Natal Province, it was important that the majority of the members are **present**. The meeting was officially opened and Matron Sisoka welcomed the group with a prayer and brief remarks, highlighting the profile of the hospital.

***Discussions of important issues were carried on, such as:***

- 1) Stoma patient referral amongst and between hospitals,
- 2) Challenges with Stoma appliances, availability and shortages in hospitals
- 3) Celebration of the World Ostomy Day, which is held once a year in October, and this year it will be held at Addington Hospital on the 12th October 2017
- 4) Educational session was conducted by one of the Stoma Care Nurses on issues that result from learning needs as well as topics which are forwarded from the group. At this meeting in-service education was given for Ostomy patients. This was presented by Sr Shirley Marais from Inkosi Albert Luthuli Central Hospital.
- 5) The hosting company, Smith & Nephew, provided a brief presentation on the Stoma and Wound Care products.
- 6) Social issues such as bereavements, births, weddings, affecting the membership were shared.



## Mandela Day at GJ Crookes Hospital



On the 18<sup>th</sup> of July 2017 GJ Crookes Hospital participated in the 67 minutes for Mandela Day where staff was involved in various activities. The Outpatients department, Casualty, A Ward and ANC served tea and sandwiches with biscuits to patients in their areas, OPD and Physio visited the Ethembeni Ward with treats and gift packs. Human Resource Development and the Social Worker gave treats to the children at H Ward and the Hast team gave fruits to their patients. The medical and surgical wards presented gifts to their patients. All these were from contributions (money given by staff)

The hospital was also visited by Losheni Subbadu with The Hillside Sai Centre (Sathya Sai organisation) who gave sandwiches and Cookies to Casualty, OPD and Maternity Patients and Beanies to the Newborns in Maternity.



# She Conquers Event



Mrs Q Madikiza



Mrs VD Sikhosana



Dr. S Shabalala

On the 31st of August 2017 the Ugu District Department of Education held a She Conquers Event at KwaDumisa Community hall. She Conquers is a three-year national campaign that aims to improve the lives of adolescent girls and young women in South Africa.

Mrs. Madikiza the Coordinator for She Conquers told the girls that at She Conquers we are uniting to work towards providing every adolescent girl and young woman in the country with access to the resources that they need to lead a happy, healthy and successful life.

Mrs VD Sikhosana from GJ Crookes Hospital Crisis Center was invited to share with the women on what services are provided by Crisis Center and how they can be helped. She encouraged women and girls to speak up and break the silence on domestic violence and sexual abuse, encouraging women to utilize the hospital services which are available 24/4 for them.

Dr. S Shabalala was invited to deliver a key note address where he said to the girls: We believe that every girl should have the power to decide their future. This means being educated, healthy, and safe from violence. When girls gain knowledge, they get the chance to become independent. And this gives them more ways to transform their communities and break the cycle of poverty.

Societies succeed when their women and girls succeed. Whoever you are and wherever you come from, let's work together and empower girls to take charge of destiny to become the women they want to be.. After the event all girls were invited to receive she-packs presented by Dr. Tshabalala.



School children,organisers, guests and staff



**Ms. Lindi's Farewell**



**Mr. Iyer and HR Staff on his farewell**

## Ms. Lindi Ndelu and Mr. Iyers Farewell Events

On the 30<sup>th</sup> and 31<sup>st</sup> of August GJ Crookes Hospital and Ugu Health District Bid Farewell to two of its senior staff members holding strategic positions. The 30<sup>th</sup> of August was the last day of Ms. Lindi Ndelu as the PHC Manager for Ugu North who came into the department in 2012 till August 2017, her farewell party was held at the Bell and Anchor restaurant where all Clinic OM's, District Personnel and the Hospital Manager. Everyone spoke highly of Ms. Ndelu's Management of all clinics supported by GJ Crookes Hospital and coordination of PHC Activities in her period of service. Her farewell was graced by a suprise visit from her Super Star son Mr. Ntokozo Dlamini (Uzalo Mastermind) and Ms. Jessica Nkosi (Qondi Isibaya)

GJ Crookes Hospital has yet let go of another instrumental member who has devoted his strength and skill to the department. Mr. Iyer has worked at GJ Crookes Hospital for the past 20 years. He commenced work at RK Khan Hospital in Chatsworth on 16 August 1976 as a Telecom Operator. On 01 January 1977 he was promoted to Admin Clerk in the Admitting Division and in 1982 he joined the Human Resource Division.

After having served RK Khan Hospital for 21 years, he was transferred to GJ Crookes Hospital on the 01 April 1997. On 01 June 2004 he was promoted to Principal Human Resource Officer and 2 years later was promoted to Chief Human Resource Officer. During his career in HR he was on many occasions delegated to act as Human Resource Manager. After having loyally served the Department of Health for 41 long years he proceeds on retirement at the age of 60 on the 31 August 2017. His positive contribution and dedication will be sincerely missed. Mr. Iyer took an opportunity to thank management and staff at GJ Crookes Hospital for the friendships and bonds he has made and for making his working life a wonderful and a pleasant experience.



**Heritage Day Participants and Winners**



**Heritage Day Celebration 2017**

On the 29<sup>th</sup> of September 2017, the GJ Crookes Hospital Wellness Team hosted a Heritage Day Celebration for the staff. This has been an annual event for the hospital where all staff come out to showcase different cultures, activities and food items in the society we live in.

Mrs. TR Gumede and Sr. Liz Book kept the crowd entertained throughout the day as program directors of the event. The event was opened with a Prayer by Mr. TV Shezi and Mrs. SP Nyawo the CEO officially welcomed all the guests and staff members to the event citing from the 2017 theme **“The Year of OR Tambo”** she said that “Living heritage is the foundation of all communities and an essential source of identity and continuity. Aspects of living heritage include: cultural tradition, oral history, performance, ritual, popular memory, skills and techniques, indigenous knowledge system and the holistic approach to nature, society and social relationships.

An edutainment role play by Umzinto Clinic Staff was very much enjoyed by staff members. Staff also participated in various role plays and activities where they were competing to be the best among others for the Best Dressed Category which was awarded to Mr. Sakhile Ngcobo from Pharmacy and Ms. Nonkululeko Majola from Ongoti, who showcased themselves as a “couple”. Stores Department did it again this year taking the 1<sup>st</sup> position on the Activities Category as they were found to have showcased the best and funniest roleplay on the day. The best food presentation preparation and presentation category was awarded to Pharmacy department. The judges for the day Mrs. Lorna Reddy, Mrs VD Sikhosana and Mrs. MAN Malinga congratulated all the winners and participants on the day.

Mr. Majola gave a vote of thanks to all staff for participating and hospital management for allowing this event to take place, he also thanked the wellness committee for all the cooperation and planning of this event

## PHARMACY MONTH GJ CROOKES 2017



### PHARMACY MONTH ACTIVITIES

GJ Crookes Hospital celebrated a Pharmacy Month this year unlike the annual pharmacy week. The pharmacy month theme for 2017 was 'don't wait to vaccinate' so the pharmacist interns designed a poster emphasizing the importance of vaccinating.

Pharmacy staff split into four teams for each week of September. Each team made a poster and presented on specific chronic conditions every week, while integrating the importance of getting vaccinated. The presentations done were on asthma, hypertension, diabetes and bone diseases respectively.

The presentations were kept simple, short and at the level of the patients. The patients were very enthusiastic during the quizzes at the end of presentations and were excited to receive healthy grocery hampers when they answered correctly. Together with the hampers informative pamphlets and healthy food menus were handed out to the patients. All patients that were present on the day of the presentation received fruits and bottled water as well.

Outreach visits were also done each week. The first pharmacy team began by visiting Gugulesizwe High School on the 6<sup>th</sup> of September where a talk on possible pharmacy related careers was given to forty pupils from grade 11 and 12. A talk on sexual health and contraception since teenage pregnancy is on the rise in the UGU district. All pupils received pens, fruits and writing pads. The pupils who answered or demonstrated correctly received a hamper with school utensils and healthy snacks.

In Scottburgh clinic a talk on pharmacy involvement in patient care, general health, importance of knowing your medication and what questions to ask when you visit the pharmacy was given and also returning expired or unused medication to pharmacy and the importance of vaccination..

In Pediatric Outpatient Department the importance of vaccinations, and the importance of following the EPI schedule and they played with the children, did face painting, coloring books and gave out party packs and toys



## New Vehicle and Signage for GJ Crookes Hospital.



GJ Crookes Hospital Management was happy to receive a new vehicle after many efforts to secure one for the hospital. This was made possible by the Acting Systems Manager, Systems Management Officer, the Transport Officer and the CEO, having sent a motivation to the District Director who approved it and it was forwarded to the Provincial Department where the final approval came. This vehicle comes in high times where the hospital needed a vehicle that could accommodate more people for each trip.

The hospital has also been able to secure and have new signboards installed. These have been a long term project that finally got finished by the PRO and members who played an instrumental role to make it possible, which are Ms. Sindi Dlomo Supply Chain Management Officer, Mr. Kevin Appadu and the CEO Mrs. SP Nyawo. These boards will make it easy for our clients and visitors to find their way easily in the hospital.



The GJ Crookes Hospital soccer team claiming victory when they took to the finals and won the Ugu District Tournaments as number one finalists.



Management and staff members would like to take this opportunity to congratulate our soccer team for winning the district wellness tournament. We would like to extend our appreciation of the support shown by management, supervisors and colleagues by allowing us to go play against other hospitals. The final match was against GJ Crookes Hospital vs Murchison Hospital. We secured a win by the brace (2) scored by Bhekani Vilakazi, another brace (2) by Philani Ndlovu, one (1) goal by Bongani Masumpa, one goal by Nkululeko Nyawose and one (1) by Sphelele Mjwara the score was 7-1 in our favour.

Thank you once again for your support.

**“With these games, we aim to promote teamwork (both in the field of play and in our working stations) – combat substance abuse, absenteeism and promote healthy living**



# World Sight Day 2017



On the 12th of October 2017 the Eye Clinic Team and the Optometrist conducted an Eye Awareness Program for Outpatients at GJ Crookes Hospital. This day was aimed at educating patients about the importance of healthy sight and how to keep themselves healthy in order to retain their sight. Amongst the topics presented on that day were Glaucoma, Diabetic Retinopathy, different kinds of visual problems, Cataract refractive errors and leading a healthy lifestyle. There was a question and answer session to test the focus and understanding of the patients, those who made comments and answered correctly were given small tokens of appreciation. Ms. T Madlala the Optometrist then thanked everyone who listened to the presentations and participated in the program.



WORLD SIGHT DAY ACTIVITIES







**Toystory Team**

GJ Crookes hospital was visited by members of the East Coast Radio and Game Stores; Msizi, Gordon, Hopewell, Lee-Ann, Anneline, Mthokozisi, Thobe and Riana who came to present toys to children who are admitted in the Paediatrics ward on Wednesday, 8 November 2017. This year up to 36 kids were over the moon to receive toys on the day, from the High care to the Nursery wards and general ward. The parents and their children gathered to sing a song of appreciation for putting smiles on their faces with the lovely toys. Michelle Govender the Operational Manager welcomed and thanked the team on behalf of the hospital management for their never-ending kindness and always bringing joy to the children who are away from their homes seeking treatment in the past few years that they have been visiting the hospital. The PRO, Mr TM Mbanjwa presented the team with a certificate of appreciation.



**Presentation of appreciation token**



**Dialogue in session**

The Office of the Premier, DOH and DSD held community dialogue events. The Moral Regeneration Movement (MRM) is a networking platform that facilitates and coordinates all processes and initiatives aimed at combating moral degeneration. As a civil society-driven initiative that is supported by the government, the MRM provides the opportunity to redouble our efforts as a full partnership of the people, and pay special attention to the issues of development, social cohesion, and nation building. The MRM also supports traditional and cultural programmes. The three departments held these events separately and had invited the GJ Crookes PRO Mr. TM Mbanjwa to be the Program Director for all of them and also our nursing staff Sr. Zama Cele and Mrs Thathakahle Gumede to also give health talks on sexual reproduction, family planning and HIV and aids. The three communities comprising of Umthwalume, Umzinto and Mandawe were all happy to be involved in these programs and participated well, which gave hope that can change for the better.



**Mr. Mbanjwa and DSD Staff**

## World Aids Day Commemoration



**Aids Day Awareness Walk in OPD**

In the morning 1st of December 2017 the Hast Department with its Operational Manager Mrs TR Gumede headed a rally to the Outpatient area for the World Aids Day Commemoration about 75 patients and staff were present. There were health education and awareness songs that were sung by the staff joined by patients throughout OPD. Health Education was given on Universal Test and Treat (UTT), Medical male Circumcision (MMC) and STIS, Pap Smear, Family Planning, PMTCT, and TB Screening. Patients were very responsive to all the presentations and health education which made this awareness a success.

100 Female and 300 male condoms were distributed. Candle lighting was done in remembrance of all the loved ones who had passed on due to HIV and AIDS.

On the same day at Amahlongwa Community Hall another team went there and did health education on HIV/AIDS, UTT, PEP, STI and TB Screening and follow-ups on pregnant women and PMTCT including Cervical Screening and MMC. This day and all these activities were motivated by the theme which said "its my right to know my status", "HIV prevention is my responsibility" and "Count me in"



**Health Talk in OPD**



**Mr. Maphumulo and Rev Dlamini**

It was on the same day when our Hospital Board Chairperson, Rev. CMK Dlamini and Mr. S Maphumulo was also invited by the MEC for Social Development Hon. Weziwe Thusi to give an educational and motivational talk on HIV and Aids. Mr. Maphumulo presented all the facts to know about living with HIV and encouraged everyone to lead a healthy lifestyle and know their status. Rev Dlamini was invited to give a prayer for the candle light moment to remember all those who are affected or have been lost to HIV and Aids.



**Rev. Dlamini**



**MEC. W. Thusi**



**Mr. S Maphumulo**





On Friday 1<sup>st</sup> December 2017 The Siyanakekela Crisis Centre at GJ Crookes Hospital hosted a Christmas party for children who are victims of sexual abuse and who have received help at GJ Crookes Hospital. The main purpose of this event was to emotionally support the disadvantaged children and their parents/guardians; also to tell them about the continuing help that is available for them.

The department attends to a lot of cases on child abuse and neglect. A total of 188 victims of sexual abuse, which 84 of them were under 12 year

old children were attended to in the year 2017, this excludes numbers for December.

These are alarming figures and an embarrassing reality of what vulnerable people, especially children are facing in our societies. Most cases go unreported for different reasons which might include the victim's fear of the perpetrator, fear of family neglect and doubt or fear of stigma from society as a whole.

It was mentioned that there are rising numbers of child abuse, limited support groups and victims not coming to hospital for follow-ups which hinders the success of the department to cover all these incidences. The NGO Bobbi Bear advised the attendants to report every case immediately to the hospital and the police station because all offenders belongs in prisons and not in the communities.

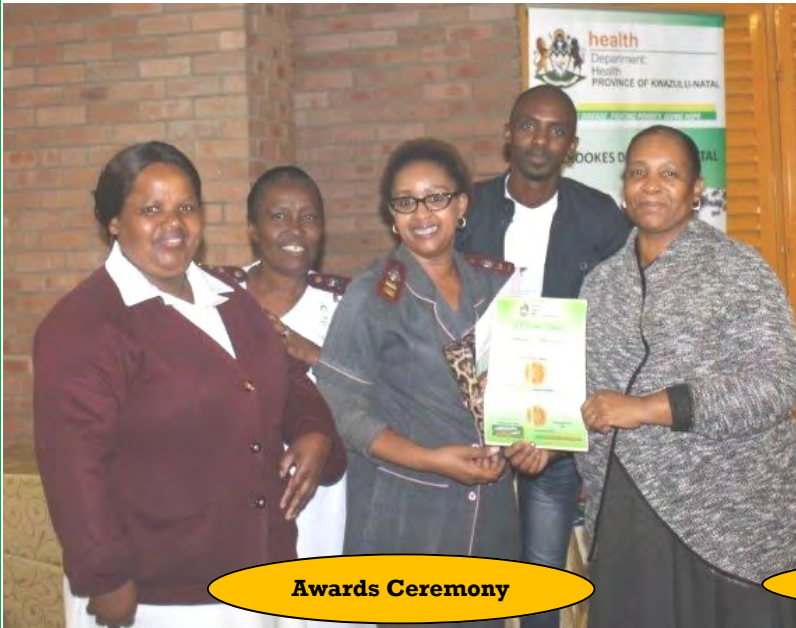
During the event, the children received brand new school shoes as a sign that education is the key to success and there is still hope for a brighter future; toys, gifts, food, refreshments, chairs, etc.

Amongst major sponsors for the event were ATLANTA SPUR, BOBBI BEAR, JES FOORD FOUNDATION, CHURCH OF LIVING RIVERS, LIONS and

"We thank all of our sponsors and donors from the bottom of our hearts; this event would have not been successful if it wasn't for you; you have no idea how happy the children were on the day." Said Sr Vicky Sikhosana, from Siyanakekela Crisis Centre.



**Presentation of gifts at the Christmas Cheer**



**Awards Ceremony**



**Umzumbe Speaker and Deputy Mayor**

On the 6th of December 2017 GJ Crookes Hospital hosted a Quality Day Event and was also visited by the Umzumbe Mayor for the Christmas Cheer. The Quality Day was opened with a prayer and welcoming by Matron Sisoka followed by the Hospital CEO who gave a purpose of the day. She mentioned that quality is performing your duties at your best and also going an extra mile when there's a need to ensure that a client leaves the hospital premises satisfied with our services. The awards were then presented to the staff in the following categories: Long Service by Human Resources, Infection Prevention and Control, Quality on National Core Standards, Informatics and Data Management and best complimented wards for 2017. All the staff were congratulated on their excellence and encouraged to continue doing their best. Mr. Majola the Acting HR Manager then gave a vote of thanks to the Hospital Management, the organizing team, all the staff and the sponsors which were Umzumbe municipality and other kind donors.

Later on this day the Umzumbe Mayor, Deputy Mayor and the Speaker visited the hospital with a number of councillors from Umzumbe for their annual Christmas Cheer. The Speaker of Umzumbe did an Opening and welcome for the event. The deputy Mayor was then called to introduce all the councillors of Umzumbe and to give a purpose of the day which she said that, this has been a tradition of the municipality which has been conducted for a number of years with GJ Crookes Hospital. Acting HR Manager Mr. Majola was also called to introduce the Executive Management of the Hospital to the municipal officials. The Mayor of Umzumbe Cllr SR Ngcobo in his talk mentioned that as Deputy Mayor mentioned, this is a good culture practiced by Umzumbe Municipality as a symbol of appreciation, a sign of Ubuntu and good relations between Umzumbe Municipality and GJ Crookes Hospital. He mentioned that it has been agreed to that this culture shall continue, even if there is a change of leadership. He thanked the Hospital Management for always welcoming them. The Mayor, Councillors and Hospital Management then went to the Paediatrics ward where they gave toys to all the children who were in the ward and also went to the Maternity B1 Maternity ward where the Mayor presented Bath Basins with lots of new-born items in them to the mothers with children admitted in nursery and five mothers who were in maternity. The Mayor and team were thanked for their kindness.



**Ugu Soccer Champions**



**Mayor going to the wards**

# Quality day and Umzumbe Mayor's Cheer Gallery



## Rehab Christmas Cheer for CP Children



**CEO, PRO and Rehab Staff with mothers**

On the 8th of December 2017 the Rehab team which consists of Physiotherapy, Occupational Therapy, Speech Therapy, and Psychologist held a Christmas Cheer for Children with Cerebral Palsy and Down Syndrome. This was a day where children were coming to get special treatment and to thank all the mothers for the good work they do with the children and always looking after them.

The Hospital Manager Mrs. Nyawo thanked everyone for their presence and for taking care of these special kids and gave thanks to the sponsors who made this day possible. Mr. TM Mbanjwa the Hospital PRO shared his story about his twin who is living with a disability and urged all parents ensure special care for their children and to never subject them to any form of abuse, whether its locking them away, leaving them unattended, beating them or shouting at them as they can be very sensitive to what happens to them. He thanked all the mothers for all their efforts and asked them to continue and never stop caring for the kids.

Certificates of Appreciation were given to parents by the Rehab Team. Touching testimonials on progress of patients that had been coming for rehab services were given about how children have been progressing because of all the treatment. There was then a moment for games for parents and children, giving of gifts and serving of refreshments for everyone. Parents and staff were then thanked for coming and participating in this program and spon-



**Rehab Staff**

## Farewell for Mr. S Nzuzza and Ms. Nonhlanhla Nyawose



**Finance Manager**



**Precious and Ms. Nyawose**



**Ms. Mnguni and Mr. Nzuzza**

The finance department was sad to bid farewell to two of its staff members Mr. Sthembiso Nzuzza and Ms. Nonhlanhla Nyawose. Ms. Slindile Nguse the Finance Manager expressed her sadness regarding the departure of the two members. She said that losing one staff member is something, but to have two leaving at the same time is a lot to handle with an already struggling department and difficulty of replacing an employee in these trying times. She thanked both staff members for their contribution to the department and support and wished them well on their future endeavors. Mr. Nzuzza who worked as a Finance Clerk Supervisor, thanked his supervisor Mr. Ngubane, the Finance Manager and the finance team for all the support and cooperation he always received from them when work needed to be done and the team spirit that was always portrayed by the finance team during hard times. Ms. Nonhlanhla who worked for the Supply Chain Department also thanked her Managers and the SCM Team for all the good work experiences they shared. She also encouraged the SCM team to sustain the team spirit they have in or-



**Finance Team**

## Christmas and New Years Babies



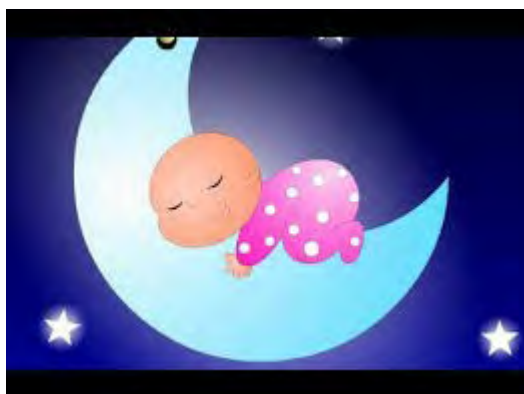
Sr. P. Ntsenge. Labor Ward O/M



Ntombizakubo's New Year's baby

GJ Crookes Hospital Labour Ward is happy to announce that on Christmas Day, four babies were delivered. The three bundles of joy were bay girls and one was a baby boy. The first and only baby boy of 2.9kg's was born to Bongwiwe Danisa from Dududu.

On New Years Day at about 04h45 in the morning Ntombizakubo Gumede from Ohlange gave birth to a healthy baby boy who weighed 4.2 Kg's on the same day, two baby girls and a baby boy were also delivered which again brings the total of deliveries to 4 babies for New years day



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**Public Relations Officer**  
Designer Writer, Photographer



**Ms. Stusile Cele**  
**Public Relations Intern**  
PHOTOGRAPHER



**Matron Sisoka**  
EDITOR

We appreciate the time taken by our readers to go through this newsletter. Should you have any news-worthy item relating to our hospital or health matters please contact the PR Department on the details below. For any suggestions, complaints or compliments regarding our services or hospital, please write them down on the suggestion forms and put into the suggestion boxes located in all departments and wards of the hospital. Enjoy this season and remember, it is our aim to provide our clients with the best quality health care services all the time.



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Department:  
Health  
PROVINCE OF KWAZULU-NATAL

## CONTACT DETAILS

Physical Address: Room 301

1 Hospital Road, Scottburgh, 4180

Postal Address: Private Bag x5501

Tel: 039 978 7215

Email: Max-  
well.mbanjwa@kznhealth.gov.za

**SWITCHBOARD:**  
039-978-7000

**SWITCHBOARD FAX NUMBER:**  
039-978-1295

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