



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

ASIKHULUME LETS TALK  
ISSUE 32 VOLUME 13

# G.J. Crookes Hospital Newsletter 1st Quarter: April–June 2015



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Fighting Disease, Fighting Poverty,  
Giving Hope

# World Hand Hygiene Day



Sr. R Naidoo IPC



Sr. R Naidoo and staff, showcasing hand wash instructions

G.J Crookes Hospital highlighted world hand hygiene day on the 05/05/15. Infection Control and various categories of staff gathered together to highlight the importance of hand hygiene to health care workers. The program included a fun quiz on hand washing, hibitane hand rub demonstrations and an informative talk by the IPC team. The hibitane hand rub- "pass the baton" relay was thoroughly enjoyed by all staff who were present and participated on the day

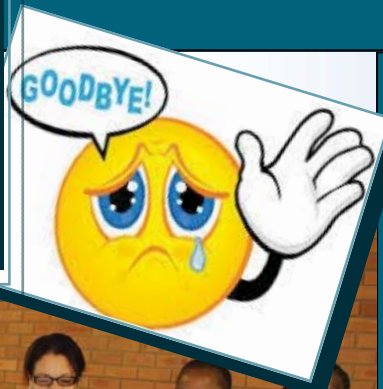


Student Nurse Demonstrating hand wash practice



Hospital Nursing and Cleaning Staff, showcasing hand wash instructions





# Ms. Vicky

They say "you've won if you are able to quit working before your heart does, lucky you are, no more Mondays for you. Congratulations on being tired and retired. Congratulations on extending your weekend by 5 days. These are the words that were extended to Ms. Vicky Langa the ANM for HAST, Theatre, OPD and Casualty who had been in service from the 1st of May 1977 until the 30th of April 2015, which makes up 38 years of service.



Ms. Langa and HAST Unit



The nursing Manager Mrs. Sishi quoted from the Book of Leviticus where it says "people of Israel must rest at the age of 50, if they are employed after that they can come back as consultants and said Ms. Langa was long overdue. She went down memory lane and mentioned that they started their career together as Student Nurses at Edendale Hospital and they've worked together since (until GJ Crookes Hospital). Ms. Langa's happiness was unmeasured on her face when she gave a thank you note to the staff. We wish her a happy retirement.



Pharmacy, Xray, Theatre and Nursing Management



Mrs. SP Nyawo CEO and Ms V. Langa

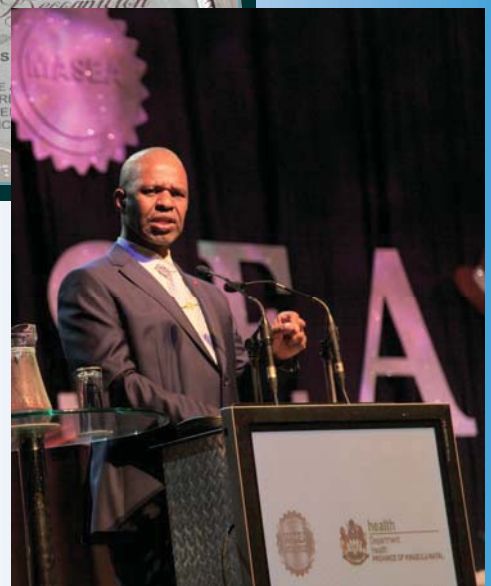


ANM's and CEO Bidding Fairwell to Ms Langa

# G.J Crookes strikes gold –MASEA awards



The GJ Crookes Hospital was invited to attend the MEC's service Excellence Awards held in the Durban ICC Arena. It was with honor and joy when surprisingly the acting D.G Dr. Simelane called up GJC CEO Mrs. SP Nyawo and team to come and receive an award and certificate of appreciation for having participated in events outside the DOH as we were previously Nominated and won a Gold award of the Premiers Service Excellence Award. Receiving this appreciation Award reminds us of the work we have done and that it never went unnoticed, we remain a proud team.



MEC for Health giving his speech



Entertainment by choir

## International Nurses Day



MRS. NA SISHI NURSING MANAGER



MRS SP NYAWO CEO



REV JUTA



DR. MKHWANAZI (GUEST SPEAKER)



LIGHTING OF THE LAMP CEREMONY

### Nurses a force for change, care effective and cost effective.

On the 20th of May 2015, GJC hospital Nursing Management held an International Nurses Day of prayer. To welcome everyone, Mrs. SP Nyawo the CEO of GJC said the 12th of May is a very important day because the world pays tribute to the nurses who give their best everyday to save lives and care for patients. Today we remember Florence Nightingale's vision which completely changed societies approach to nurses, from unskilled Labour to skilled professionals.

She drew attention to the invaluable role played by nurses in the work they do of which the largest part cant be seen by the human eye.

She mentioned that we live in a society whereby many tasks have been taken over by computers and in many ways the technological advancements have made our lives easier but the human soul and human heart can never be replaced by a machine. Human suffering and healing only happens in an environment where a patient is receiving personal care, (human to human).

The guest speaker Dr. Mkhwanazi said she's happy to celebrate this day with GJC. She said nursing possesses a rich history categorized by comparison, dedication and service. Societies culture continues to experience change in the profession of nurses which also holds a number of challenges. These external forces are influences from within the profession, as the role of nursing is further defined. Although often uncomfortable, change is inevitable and needs to be embraced. Its therefore the responsibility of the nurses to shape the future rather than to react to the shift in time. As nurses we are positioned to respond, change our attitudes and recognize the opportunities we must take in our profession . Nurses today and globally are being called to focus on the nursing role in a care effective and cost effective health-care system. Delivering individualized care and centered core, requires a development of partnership between the nurse, patient and family.

# Wellness Day



The day started with Dr. Rangunandan giving a speech on what the day is about and why it is important to look after one's health at this day and age. To kick start the event everybody was required to do some aerobics which entails stretching. The fun walk followed where everybody participated going one lap around the ground. The games commenced with various teams that were invited. Turton CHC played against Dunstan Farrel and won by 6-0, Gamalakhe CHC played against GJ Crookes Hospital and drew by 01 - 01, GJ Crookes vs Dunstan 3-0, Gamalakhe played against Turton and had draws n by 0-0. The last game was between Gamalakhe—3 and Dunstan Farrell—0. Turton came out number 1 and Gamalakhe and GJ Crookes both held the second position. Following the soccer games was the egg and spoon challenge. The girls also started with Netball. GJ Crookes had a dramatic win, defeating Dunstan Farrel by 21-3 shots. Next was Gugulesizwe High School beating GJ Crookes by 18 - 11. Unfortunately Dunstan Farrel could not play the second game, and so by merit GJ Crookes Netball team came out on the top taking the number one position, Gugulesizwe High School came out second and Dunstan Farrell took a 3rd position.



Mr. JL Majola, Dr. M Rangunandan, Mr. T Ncanana



FUN WALK



GJC Hospital Soccer Team



NETBALL GAMES



ENTERTAINMENT



# Caring for the elderly event



Pastor Lesley

On the 5th of June, GJ Crookes held its annual Care for the elderly event. This event was hosted at Scottburgh Town Hall for one sole purpose: To cater for all senior citizens and show them that their work in society never goes unnoticed.

Mr. Sbu Maphumulo the programme director introduced all dignitaries present. Our speakers highlighted the importance of practicing good hygiene, doing a pap smear as a senior citizen and discussed different types of cancer.



Sister Zama giving a talk on Pap Smear

The cancer association had a brief talk encapsulating symptoms of breast cancer, cervical cancer and how to promote healthy lifestyles. Sister Zama gave a talk on pap smears and the importance of reporting sexual abuse affecting all age groups in the family.

The next speaker advised the audience to report any cases of sexual abuse to the police. She went on to say that if a kid in the family claims that an adult has been touching them in the wrong places they should take it seriously and investigate.

Our guest speaker Mrs. P.K Cele, stressed the importance of taking medication



Cutting of the cake



Mrs. Nyawo, Mrs. Ndelu PHC manager . And support group members



Senior citizens receiving breakfast before the event

Captain Francis, from Scottburgh SAPS discussed various forms of scams including pension payout points. All senior citizens received gift packs from Bobby Bear. A big thank you to Mrs. Zandile Ngcobo and Mrs. Vicky Sikhosana and their team and sponsors for organizing this event which was a success.



Opening Prayer



Handing out of gifts to elderlies



Joyful elderlies singing at the end of the event

# Youth day at GJC Hospital



Gateway clinic nurses and doctors

Youth day in South Africa commemorates the Soweto uprising in the country, youth day is celebrated in memory of all the youngsters who lost their lives during the protest especially the death of Hector Peterson a 12 year old student who was killed during the uprising. On the 12th of June the G.J Crookes staff wore their school uniform in celebration of the day.



Kitchen, Cleaning, Labour and Gateway clinic



G.J Crookes staff





# Fathers day celebration



Guest speaker captain Francis



T.V Shezi G.A Transport



MC for the day Mr. T.K Khuzwayo

On the 19th of June, GJ Crookes Hospital hosted an Annual Fathers Day event. The day was officially opened by the Medical Manager Dr. M. Ragunandan by greeting the audience and followed by a brief summary of the event. Mr. TK Khuzwayo, our programme director, opened with a prayer and went on to give a short story of a little boy and his father, outlining that a father should pave a right way for his son to follow. Our Guest Speaker of the day Captain Francis from Scottburgh SAPS advised the fathers to educate their kids on drugs and to refrain from using their parent's firearms. Dr. Hadebe enlightened us on the positivity of testing for various illnesses, he stated its better to know what's killing you than to be oblivious to it. Our PRO, Thabiso Mbanjwa read out the history of Fathers day to the audience, detailing past events that happened in Washington. We were entertained by our fellow colleague, Mr. Cliff Gumbi who performed a solo for the fathers. After all the fun anecdotes, the event was coming to an end, T.V Shezi did the closing prayer and it was time for refreshments.



Fathers of G.J Crookes enjoying their day



Mr. Cliff Gumbi Giving a Solo



The PRO serving the guests



Dr. Ragunandan



Closing prayer



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**GJ CROOKES HOSPITAL UPCOMING EVENTS CALENDER**

NAME OF EVENT	PROPOSED DATE	VENUE	Sub - Committee members
World breastfeeding week	1-7 August 2015	-OPD -Antenatal clinic -GI	Maternity staff Health education talks and mini play
Women's Day	9 August 2015	Staff Development	EAP
International foetal alcohol syndrome day	9 September 2015	OPD -Antenatal clinic -GI	Maternity staff Health talk
International gynecological health day	10 September 2015	OPD -Antenatal clinic -GI	Maternity staff Health talk on cervical and breast cancer screening
Heritage Day	24 September 2015	GJ Crookes	EAP
Breast cancer awareness	WEEKDAYS in October 2015	OPD -Antenatal clinic -GI	Maternity staff Health talk on breast cancer screening) phila ma campaign)
Eye Care Awareness	1 September – 18 October	GJ Crookes OPD	Eye Clinic
Trauma Awareness	To Be Confirmed	GJ Crookes OPD	Safety Officer
Patient Safety	To Be Confirmed	Staff Development Centre	Medical Manager

# New faces of G.J Crookes Hospital



**N. Sisoka-Assistant Nursing Manager**



**PG Ntsenge O.M.**



**Sthembiso Cele-Professional Nurse**



**Nonhlanhla Khomo-CEO's Secretary**



**Siyabonga Ngubane Food Service Supervisor**



**S.H. Shange Dental Assistant**



**Z.Z. Skhakhane E.N**



**Philile Sawoni-dental Assistant Intern**



**Z.S. Gwija PN Comm-Serve**



**W.N. Mathalane Comm Serv P.N**



**X. B. Bhengu E. N**



**M. Mahlangu E.N**

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N . Malunga Comm Serve P.N



P.N Mjwara Comm-Serve P.N



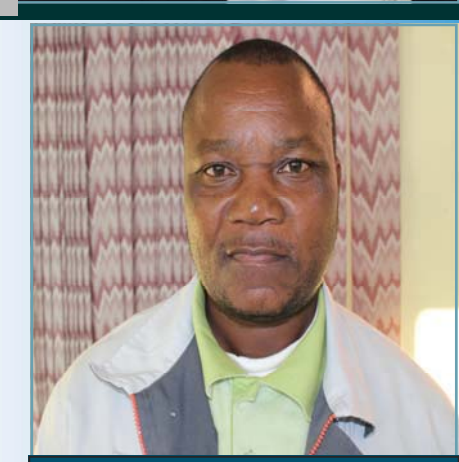
S. Balicharan Comm-Serve P.N



N . L . Hadebe E.N.A



Cliff Gumbi-G.O Stores



M.B Ngidi G.O



Q.Z Mkhize Professional Nurse



TO GJ CROOKES HOSPITAL IN UGU DISTRICT HOPE YOU WILL ENJOY YOUR STAY WITH US. FEEL AT HOME



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**Audiology is The science of hearing**

**An Audiologist is an health care professional that is dedicated to hearing and hearing related disorders.**

**An Audiologist is involved in the: detection, identification, diagnosis, management, rehabilitation of the auditory and vestibular system**

**Audiologists have extensive training and skills to evaluate the hearing of adults, infants and children of all ages.**

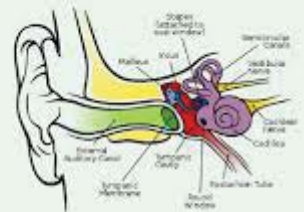
**They work with patients as part of a multidisciplinary team of professionals, to identify, assess and manage hearing, balance and other ear-related disorders.**

**The causes of hearing disorders can range from exposure to loud noise, viral infections, trauma at birth, ageing, certain medications, or genetic disorders.**

**This is achieved by conducting a wide variety of tests to measure hearing ability and identify the presence and severity of any problem.**



**The auditory system is one of the human body's most complex and delicate sensory systems.**



**Check your ears every once in a while,  
its important for your hearing ability  
and health.**

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## DENTAL CLINIC



Patient receiving Dental Care from Oral Hygienists

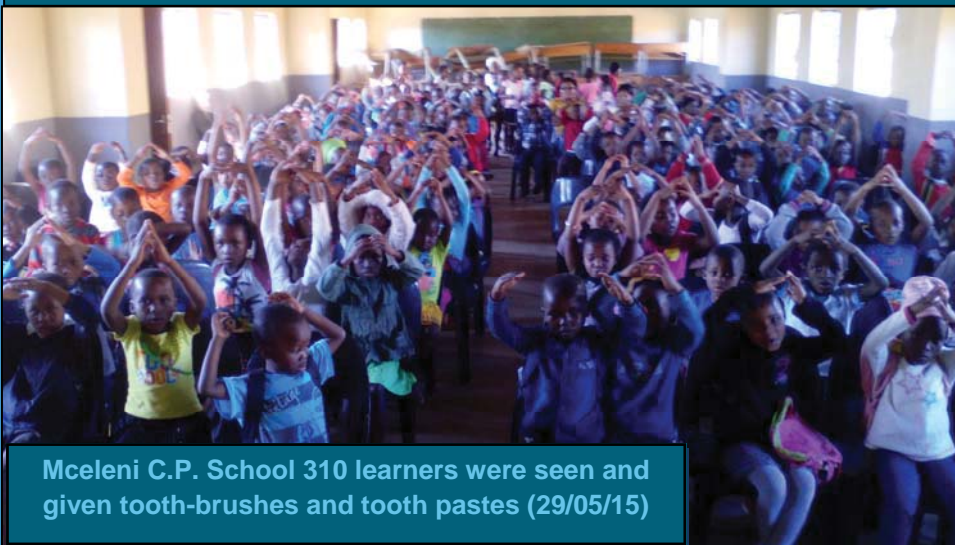


KwaJakobe Primary School 163 learners were seen and given tooth brushes (27/05/15)

Oral hygiene is a cause for concern in our community and schools, which is why we are required to do an outreach as part of our program. There is a programme called Integrated School Health Programme, which includes all key health Professionals, Oral Hygienist included. The school health team with the Oral Hygienist visit a certain school according to district's demarcation and do health education, oral health education, screenings and tooth-brushing programme and other professional deal with their respective duties.

Tooth-brushing programme conjunction of the Colgate company and the Department of Health to reach all the schools especially in the rural areas. They provide them with toothbrushes and tooth-pastes. The children then brush during school hours after they have had lunch so as to improve oral hygiene.

Here are a few schools that were visited by the GJ Crookes Hospital team in the last quarter.



Mceleni C.P. School 310 learners were seen and given tooth-brushes and tooth pastes (29/05/15)



Mdumezulu Primary School - 201 learners were seen and given tooth-brushes and tooth-pastes (03/03/15)



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## PR CORNER



Mr. TM Mbanjwa Public Relations Officer

PR Department is responsible of managing relationship with hospital, clients, stakeholders and the public to create a good image for the hospital.

It in our interests to meet needs and wants of public comply with compliments, complaints for the hospital from our clients and find solution to the complaints.

The PR department is open for suggestion, compliments or complaints about our institution if you have any suggestion, you kindly welcome to make in the different allo-

### WORD OF WISDOM

Any fact facing us is not as important as our attitude towards it, for that determines our success or failure.



Mr. SK Buthelezi PRO In-service Trainee

Greetings, my name is Sabelosethu Buthelezi I have completed a diploma in Public Relations at Oval International College. Enroll in serve training at GJCrookes because in the aim to gain working experience and acquire skills at GJ Hospital. Faith without action is dead, hope for a brighter future but also work harder in reaching.



Ms. SC Thusi. PRO In-service Trainee

Greetings everyone my name is Siyabonga Thusi, I have a diploma in PR which I obtained in May 2015 at Oval international college. At GJ Crookes I am doing my in-service training in the PR department and I will be with the PRO for 18 months just so I could gain experience in the PR field. I am a young sophisticated woman who is success driven. "Lost wealth may be replaced by industry, lost knowledge by study, lost health by temperance or medicine but lost time is gone forever" never waste your time on things that are not productive.

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Compiled by Mr. TM Mbanjwa PRO and PR Inserv Trainees



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