



health

Department:
Health
PROVINCE OF KWAZULU-NATAL



ISSUE 30

**YEAR
2014**

VOLUME 11

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GJ CROOKES HOSPITAL QUARTELY NEWSLETTER
January to March 2014

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**Fighting Disease,
Fighting Poverty,
Giving Hope
Silwa Nezifo, Silwa
Nobubha,
Sinika Ithemba**



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GJ Crookes Hospital



TB AND HIV AIDS AWARENESS WEEK

The Department of Health held TB and HIV/AIDS awareness event on the 20th of March at Mistake Farm community Hall and at Malangeni community Hall on the 27th of March.



Health Department holds awareness campaign

THE DEPARTMENT of Health held a TB and HIV/AIDS awareness event on March 20 at Mistake Farm community Hall, and at Malangeni community Hall on the March 27. The purpose of the event was to encourage people to get tested and to educate them about TB and HIV. The following supporting departments were also present: Forensics, SAPS, SASSA, Dietetics (GJ Crookes), UKZN and Dept. of Agriculture. During the event the community was told that TB is caused by bacteria that most often affect the lungs in a human body. It was said that Tuberculosis is curable and preventable, but if untreated, it may cause death. TB is spread from person to person through air when a person with lung TB is coughing or sneezing without covering the mouth. People with HIV are most likely to get TB. Soubo, a representative from the Dept. of Agriculture promised to assist the community with seeds so they can start their own vegetable gardens which will produce fresh and healthy food for those living with HIV/AIDS and TB. Mr. TK Shali, from Social Development (Vumeleni) Durbashi, who is a Ward 10 chairperson stated that they have HIV/AIDS organizations that provide food parcels to those who live with infected people. Mr. S Mziema from forensics said their job is to find the cause of death once the person is taken to mortuary. People are advised to contact the police immediately if there is a missing person because it may happen that the person is involved in an accident. If a person is dead it is important for the body to be checked in order to find the cause of the death. Mrs TB Gumede also presented and mentioned some of the ways to prevent HIV and pregnancy as she said preventing is better than curing. She mentioned that at GJ Crookes there is now a new type of family planning method which is called an implant that is inserted under a women's arm and is renewable after 3 years. Both events were a success and people were left more informed than before.

The purpose of the events was to encourage people to get tested and to educate them about TB and HIV. The following supporting departments were also present: Forensics, SAPS, SASSA, Dietetics (GJ Crookes), UKZN and Dept. of Agriculture. During the event the community was told that TB is caused by bacteria that most often affect the lungs in a human body. It

was said that Tuberculosis is curable and preventable, but if untreated, it may cause death. TB is spread from person to person through air when a person with lung TB is coughing or sneezing without covering the mouth. People with HIV are most likely to get TB.



Mistake farm Residents, lining for TB and HIV Testing

TB Clinic Article for TB Awareness Published by the Rising Sun local newspaper.



SOME OF THE TB SYMPTOMS THAT WERE MENTIONED

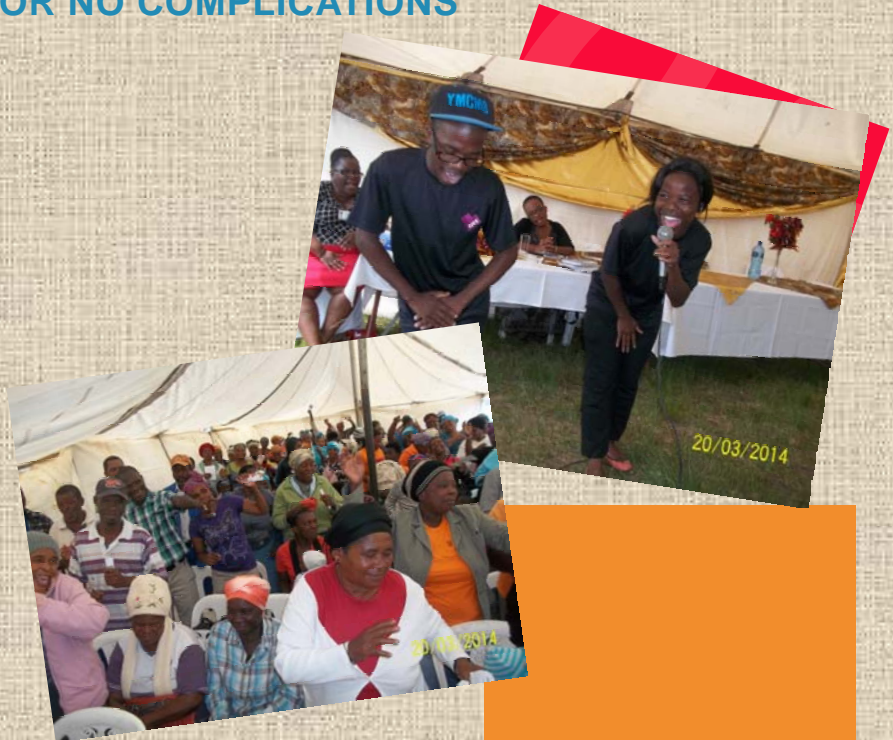
- ◆ Cough with chest pains (more than 2 weeks)
- ◆ Tiredness and
- ◆ Loss of appetite and weight
- ◆ Night sweats

TB CAN BE CURED WITH LITTLE OR NO COMPLICATIONS

A representative from the Dept. of Agriculture promised to assist the community with seeds so they can start their own vegetable gardens which will produce fresh and healthy food for those living with HIV/AIDS and TB.

Mr T.K Shozi from social development (Vulamehlo, Dududu) who is a ward 10 chairperson (Sukumasakhe) stated that they have HIV/AIDS organizations that provide food parcels to those who live with HIV and AIDS.

Mrs. TR Gumede also presented and mentioned some of the ways to prevent HIV and pregnancy as she said preventing is better than curing. She mentioned that at GJ Crookes and clinics there is now a new type of family planning method which is called an implanon that is inserted under a women's arm and is renewable after 3 years.



GJ CROOKES HOSPITAL, HOSPITAL BOARD AND PHC ANNUAL OPERATIONAL PLAN

The operational is a short term one year plan to guide the hospital to monitor the performance of the institution against the set targets



An Annual Operational Plan is a platform where employees explain how they will be putting systems in place to ensure that targets are met. This is where one needs to take into account Human Resources, time management and other stake holders and ensuring the use of available resources effectively. **Word of wisdom** “we never have enough resources and are not always 100% in conducting our duties, but with utilizing the little resources we have, we can perform our activities more effectively”

Masea Awards

On Friday the 21st of February 2013 MEC of Health Doctor Sibongiseni Dlomo, held a ceremony to bid all the achievers in the department. The ceremony was held at the ICC where all the hospitals and health districts were invited to attend. Two GJ Crookes Hospital staff members and the pharmacy department were crowned with gold awards

It is with great pleasure that GJ Crookes Hospital announces the following achievers.



Sr. VD Sikhosana was awarded a Gold award, Certificate and trophy as well as exclusive cash for special recognition for service excellence and individual performance in nursing or winning the Merilyn Lahanna Memorial Trust Caring Award in the KZN Province



Miss Re Weldon, received a gold award for long service for 45 years of loyalty commitment and dedication certificate as well as an exclusive cash amount



GJ Crookes Pharmacy's Chronic Medicine Project was awarded a gold award for outstanding achievement, for innovation and best practice.

GJ Crookes Said Goodbye to some of its own



A good colleague said “If I had to play a final prank on you before bidding you farewell, I would tie your legs to your cubicle when you aren’t looking so that you can never leave us” GJ Crookes has once again said goodbye to some of its best and hard working staff. The Hospital Management and staff bid farewell on the exit of the following staff:



Mr Goodman Gumbi is also headed for his Exit after 30 years of service on the 30th of April 2014, he said that he is happy that he served in the same institution as his wife Mrs Gumede who has been with GJ Crookes for 23years now

Pharmacy bid farewell to some of its staff

Name	End Date	New Category	To
Ms Shabnam Ally	January 2014	Pharmacy Manager	Johannesburg
Mr. Wellington Mncedisi Mthembu	February 2014	Pharmacy Manager	Nkonjeni Hospital.
Mr. Mpilo Nkukhu	March 2014	Pharmacy Manager	Maphumulo Hospital.



A teary Moment struck when the period for our Lovely **Sthabile Cwele’s** intern period ended on the 30th of March. On this day everyone said the same thing about her, that she is known as a hard worker who gave her best in holding the Public Relations Department when there was no PRO in the institution. She has been very helpful in handling and handing over the duties to newly appointed PRO. We will all remember her with her wonderful smile and her humble personality towards everyone she came across. The best is yet to come ma’Cwele, may God bless you.



Some soft news for GJ Pharmacy Staff

Mrs. Keshnie Pillay Pharmacy Assistant is on maternity leave and she has been blessed with a baby girl,

Mrs. Rehana Karim Govender a grade 1 pharmacist is also on maternity leave and she has been blessed with a baby boy and

Mrs. Marita Dube Luthuli a grade 1 pharmacist is also on maternity leave and she has been blessed with a baby boy.

Congratulations once more on your bundles of joy

Its not joyful news if H ward is not included

Our Pediatric Ward (H) has once again received a visit from a youth organization called Youth@Com. Sunday, the 6th April 2014, turned out to be an awesome day for all the children and nursing staff at the children's ward. Team members from the youth group, youth@com, visited the ward, singing songs, praying for the kids and handing them with snack hampers, not to mention a fruit hamper for all staff members. Youth@com, consisting of about 30 young people, is an established youth club that falls under the leadership of Christian Outreach Ministries, Apostle Mervin Mundie & Pastor Roseanne Mundie, based in Umzinto. The leader of youth@com, Rajen Moodley, is committed to community involvement and has plans for more projects on 2014."



Generous Donors giving to our GJ Crisis Centre



Above: On the 1st of April 2014 Jes Foord, a non-profit organization from Hillcrest paid Siyanakekela Crisis Centre a visit and donated handbags containing toiletries 30 handbags for senior citizens and 30 for children. They took this initiative to comfort rape survivors as each handbag contains toiletries such as a face cloth, soap and deodorant as a support after what they've been through. "Just a simple gift with toiletries can give them strength, said (Trish Buchanan)"



Above: Sister Skhosana with some snacks donated by Living Rivers Family Church which is situated at Kelso to our Siyanakekela Crisis Centre to give rape survivors something to nibble. The Living Waters bought snacks and also sandwiches. They also provide services such as body massages and pedicures to help relieve stress on quarterly basis



Above: Early this year Zama Trust Fund from Amandawe visited GJ Crookes hospital, they donated clothes for new-born babies, pampers and all. The organization is prepared to be in partnership with the hospital.



Above is Mrs. VD Sikhosana helping to put on shoes on a child donated by the Rotary Club of Scottburgh donated pairs of shoes for the Pediatric Ward for those children coming from challenged backgrounds.

Complements to GJ Crookes Wards for the Last Quarter



It takes a bit of Patience and Commitment to bring about a smile into everyone we serve on a day to day basis which brightens their imagination of us and therefore they come back and say thank you. Below is a list of compliments received by various wards at GJ Crookes Hospital for the wonderful service and treatment that was experienced by our clients. We thank everyone who touched each patients heart that they came back to acknowledge your hard work. Keep up the good work and keep flying the GJC Flag High Up. Lets look at the last Quarters complements.: -

"I would like to complement the hospital as a whole for taking care of us. It is hygienic and also would like to thank Dr. Mqadi, she took care of me when I was here. I would also like to thank G1, Dr. Mbangeleni and Sr. Mkhize (O/M) for good caring, I have never been disappointed in the ward", said Thokozile Gumede, a GJ Cookes patient.

I would like to thank the assistance that I have received from Gateway Clinic. Sr. Madiba, Sr. Khathi, Sr. Nyawo and two males which is Witbooi and another one whom I don't know his name. Sr. Ndlovu and Sr. Bongzi did a good work by welcoming me, they also gave good advice. A complement from Ms. IP Duma.

Well treated in the ward and satisfied with food. Continue doing the same to other patients, said J Ward patient Ms. T Mngadi.

Thank you for your hard work that you have done to my beloved mom, you have done a good job. Well done J Ward! All Sisters were good and also a big thank you to Dr. Ngcobo, keep up the good work..

I wish to thank accordingly the staff of the hospital, for their kindness and assistance towards my wellbeing. My short stay in the male medical ward was comfortable. May the almighty bless the staff at GJ Crookes Hospital Abundantly.

I would Like to thank Dr. Naicker at OPD for his excellent service treatment. He was vey effecient and helpful said Solemaan Nassir.

Manager of the Hospital, I would like to take this opportunity and say thank you for the treatment I received when I was here. I told myself that I would nor accept to be admitted because because I always hear people telling me negative stories about nurses. They used to say nurses are negative, they hit patients, they are shouting etc. So I was afraid to come to the hospital. I came on the 4th of March 2014 with the paremedics and they left me at OPD where I received an amazing treatment from the nursing staff. I would like to complement Sr. Maphumulo and Nurse PR Ndlovu, and other Doctors whom I didn't see their name badges, thank you. Not forgetting Sanele (Peter) he drove me from casualty to A Ward. The way he drove me you could swear that he's the one who's feeling the pain, thank you. When I came in A ward they welcomed me with good hands, all nurses and cleaners were good to me. Said Phumsile Gudazi

I would like to thank the staff of labour ward with their assistance to my wife, theu are caring and loving. They all have good hearts, not lazy and helpful. Please continue to do a great job even to others. Thank you, said Bongani Gwala

My name is Petrus David Dutoit I was a patient here in G2. I have been here for a total of 12 days and should say that I am happy with the way they run the hospital. I am pleased to say my stay was one of the best and don't have any complaints.

Nurses and doctors are more helpful and are always happy to help, this is one of the best hospitals so far, I have been to and would like to come back here if I ever need any treatment of any kind. Thank you so so so so so so so so somuch.

I would like to thank the staff of J ward and doctors for excellent service keep up the good work. Loisa Janse Van Rensburg.

Thanks to all the doctors and nurses at the J Ward Female Medical Ward for their care and also God for guidance, the treatment and counselling I received is highly appreciated.. Said Patience Madlala.



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The new core block coming close to its completion

The New GJ Core Block is coming close to its completion, on the 6th of February the Hospital Board and Management made walkabouts into the new building to see the progress that's been made by engineers and architects along with their staff. The Members were pleased with the progress and transformation they witnessed at the time when they were doing inspection walkabouts into the new core block



Below is the summary of the progress status presented by the task team of the New Core Block with percentages of completions on each level of the building



PROGRESS STATUS PROGRESS STATUS

Phase 3&4	Phase 3&4	Phase 3&4
82%	82%	82%
Structure	Structure	Structure
100%	100%	100%
Tilt-Up Panels	Tilt-Up Panels	Tilt-Up Panels
97%	97%	97%
Roof incl. sheeting	Roof incl. sheeting	
97%	97%	97%
Finishes- Level 1	Finishes- Level 1	
87%	87%	87%
Finishes- Level 2	Finishes- Level 2	
88%	88%	88%
Finishes- Level 3	Finishes- Level 3	
89%	89%	89%
Finishes- Level 4	Finishes- Level 4	
76%	76%	76%
Finishes- All Levels	Finishes- All Levels	
80%	80%	80%
Overall Phase 2,3,4	Overall Phase 2,3,4	83%
83%	83%	