



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# GJ CROOKES DISTRICT HOSPITAL

# NEWS

3RD QTR October- December 2016

## TABLE OF CONTENTS

<b>DIP3 WORKSHOP</b>	<b>02</b>
<b>CHOOSE TO LOOSE FITNESS CHALLENGE</b>	<b>03</b>
<b>MENTAL HEALTH AWARENESS CAMPAIGN</b>	<b>04</b>
<b>BUHLE'S FAREWELL &amp; FAREWELL OF CLINICAL ASOCIATION</b>	<b>05</b>
<b>SARS ENGAGEMENT VISITS</b>	<b>06</b>
<b>16 DAYS OF ACTIVISM</b>	<b>07</b>
<b>MEC HELPS TO LAUNCH IIROSA CATARACT CAMP</b>	<b>08-09</b>
<b>TOYS OF JOY COME TO GJ CROOKES HOSPITAL</b>	<b>10</b>
<b>WORLD AIDS DAY CELEBRATION</b>	<b>11-12</b>
<b>UMZUMBE MUNICIPALITY CHRISTMAS CHEER FOR GJ CROOKES &amp; PHOTO GALLERY</b>	<b>13-14</b>
<b>CHRISTMAS PARTY FOR CP CHILDREN</b>	<b>15</b>
<b>NEW STAFF ORIENTATION</b>	<b>16</b>
<b>SISTER JACKIE HANDING OUT GIFTS TO OUT PATIENT CHILDREN</b>	<b>17</b>
<b>NEW FACES &amp; PHOTO GALLERY</b>	<b>18-19</b>
<b>Acknowledgements</b>	<b>20</b>



## The DIP3 workshop held at the Blue Marlin Hotel on the 10-11<sup>th</sup> October 2016



GJ Crookes Hospital Senior Management and staff attended the DIP3 Workshop at the Blue Marlin Hotel conducted by Broadreach. The province is placing more emphasis on bottom up planning, including activities and targets, so that the district plan will factor in the Facility and cluster targets and activities. DIP3 is now referred to as "The HAST chapter of the Operational Plan". Activities linked to the Conditional grant will need to feature in the Operational plan where resources are needed, only activities with an identified and allocated budget should feature in the OPS. Activities should be SMART so as to enable managers to hold supervisees accountable and to make reviewing easier, all facilities with total clients remaining on ART (TROA) of over 1500 were required to attend the workshop



Staff from GJC, Ugu North PHC and other institutions attending the workshop.



**The Choose to loose Awards Ceremony.**

A weight loss competition for the staff members which started in May 2016 and until October 2016 at GJ Crookes hospital at the lecture room. Obesity is a challenge amongst staff members at the workplace.

There was a need for motivation to lose weight and live healthy. The programme was all about the routine checkups on every staff member's weight and conduct monthly talks/presentations and create group excises about twice a week, every month.

At the end of the programme there was an awards ceremony for those who lost weight which was most members in the challenge and also refreshments were served after the awards ceremony.



**Awards Ceremony for the Choose to loose Winners**





Bongumbhele School performance



Sr. Liz Book doing aerobics with the crowd



Glen, HR Manager and CEO doing the mental Health walk



CEO Addressing the Mental Health Walk Team

## MENTAL HEALTH AWARENESS CAMPAIGN

**O**n the 21<sup>st</sup> of October 2016 GJ Crookes Hospital and Psychiatric clinic held mental health awareness which started with a March from GJ Crookes Hospital to Scottburgh Town Hall by the Hospital staff and the community. The march was to raise awareness on mental health and to encourage the community to stop discriminating mentally ill people. The theme of the day was “mental dignity, psycho social mental health & first aid”.

Speaker of the day was Mrs. S.P Nyawo GJ Crookes hospital CEO, educated the public about mental illness. She said that “being mentally ill does not mean you must be disrespected or discriminated upon”. The community was advised to take care of mental ill people, relatives were also advised not to neglect them or refuse them. Mrs. S Neaves GJ Crookes hospitals Chief Psychologist conducted a mental health education. She said that “mental health is a variation of the individual emotions, spiritual and physical wellbeing. Mental health factors are biological factor, such as genetics family history, psychological factor which can be result of physical abuse and depression. Issues that mental ill people receive in the community can be discrimination, stigmatization isolation, job loss and exploitation or even abuse. The community members were encouraged to visit the hospital if they experience any symptoms of mental illnesses.

Guest speaker Mrs. Mapitshi Mental coordinator from Ugu Health District Office and Mrs. Mkhwane Independent practitioner talked about challenges affecting the community and advised them to unite and support mental ill patients by being the first contact through assessing & assisting the patient. Dr Thela the psychiatric specialist highlighted the stigma within the community for people suffering from mental illness. Community was thanked for attendance and encouraged to ensure that mental ill patients visit the hospital.

There was a fitness exercise done by Liz Book and Sarafina performance by Bongumbhele Primary School children. Gifts were given to participate on the day.

# H.R Manager's Farewell



The HR Manager of GJ C am leaving GJ Crookes Hospital Ms. Buhle Madonsela said her final goodbyes to GJ Crookes Hospital. Ms. Madonsela received an appointment into a Senior Managerial Post in the Department of Education in the Eastern Cape Bisho District. With Buhle around, it was never a dull moment at GJ Crookes Hospital and she will be greatly missed. This is some of her goodbye words on her last day with us.

"today with a wealth of knowledge I will always treasure. Working here has been a fantastic learning experience and I am thankful for the skills I have acquired.

I have learned how to take **direction, criticism, and compliments**. These are three things I wasn't so great at taking before, and now I feel as though I can apply that in many different situations.

I have also learned to be open-minded, to value other people's opinions and to consider other ideas along with mine, to end up with a great final result.

Being part of a team has taught me skills that I can use in more than just the professional area of my life.

My wish for everyone here is that you all continue to experience success, to be fulfilled in all you do, and to have nothing but pleasant results with each completed project! While that may be an overly optimistic wish, it is sincere.

It's been a pleasure working here and I will truly miss it. I take with me fond memories, valuable skills, and I hope to one day leave an impression on others similar to the one you have left on me.

Best regards

**Buhle Madonsela**



**FAREWELL  
TO OUR  
CLINICAL  
ASSOCIATES**





## SARS ENGAGEMENT VISITS WITH GJ CROOKES STAFF

The South African Revenue Services Officials, came to GJ Crookes Hospital on an Engagement Visit to assist staff members and make it easy for them to file their returns for the 2016-17 financial year. The Hospital staff members, EMS and clinic staff were happy to access these services closer to their place of work and were able to get all the assistance they needed for the day. We extend our appreciation to the SARS Mobile Team and Management for allowing these visits.





### GJ Crookes supports walk against crime

The SAPS held a 16 Days of Activism walk against crimes on Women and Children on Friday 9th of December . The walk commenced from the Scottburgh Police Station at 10am and ended at the Scottburgh mall. The walk was well supported by GJ Crookes Hospital staff led by our CEO Mrs. SP Nyawo, Scottburgh residents and business organizations. The Scottburgh Social Camp Prevention members and the participants handed out crime awareness pamphlets and interacted with the public at the Scottburgh mall.





**MEC of Economic Development,  
Honorable Sihle Zikalala**

### **MEC helps to launch Cataract camp at GJ Crookes**

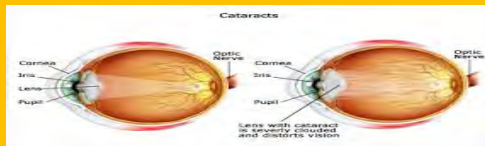
The International Islamic Relief Organization of Southern Africa (IIROSA) together with the MEC of Economic Development, Honorable Sihle Zikalala visited GJ Crookes Hospital to kick-start the cataract camp which provided over 260 patients treated for cataracts within the week

He was accompanied by the local mayor Cllr Thabane Dube, Ugu Health District Director, Mrs Mkhize Deputy Nursing Manager, GJ Crookes CEO, Mrs Nyawo, board members as well as hospital management. The IIROSA is a charity organization emanating from the Muslim World League (MWL) and functions humanitarian and relief assistance through a number of programs including emergency development, health care and engineering.

The clinic provided cataract operations for the middle class and under privileged communities as well and has partnered with Ugu Health District. "We have the full support of the government working with the MEC of Economic Development, Honorable Sihle Zikalala. The cataract camp started on Tuesday and has been going very well and we are happy to see this as you cannot put a price on someone's sight. It's our duty as Muslim Organization to serve the under privileged without seeing color, race and religion. We serve everyone as this is our call.

This is the beginning of a long journey thanks to the support from the MEC especially GJ Crookes Hospital leadership. This is the first eye project in the country which we are doing and we are soon to sign a memorandum of understanding with the Department of Health (MOU). We look forward to a lasting working relationship with GJ Crookes Hospital," said Regional Director SA, Sheikh Walid R EL Saadi.

MEC Zikalala expressed his appreciation to IIROSA for the partnership and commended the organization for their contribution to this country pointing out that such organizations play an instrumental role in helping government to move forward. He also wished all the patients well and a speedy recovery.







## Toys of Joy come to GJ Crookes Hospital

GJ Crookes Hospital was visited by members of the East Coast Radio and Game Stores who came to present toys as their Christmas Cheer to the children who are admitted in the pediatrics ward. Matron Ntombifuthi Muthwa welcomed the team and thanked them on behalf of hospital management for their kindness over the past few years that they've been coming into the hospital.

Up to 34 kids were happy to receive lovely toys on the day, from the High Care to the Nursery wards and the general ward. All children in the ward received a toy on that day. One of the mothers thanked the Toy Story team on behalf of all the mothers for putting a smile on their children's faces with these lovely toys. Michelle Govender the Operational Manager also thanked the team and asked them to continue with their kindness as it brings joy to the children away from their homes and seeking treatment.





**CEO, Nursing Manager, Zonal Matron, staff and patients, for the Candle Lighting Moment**

## World Aids Day Commemoration



World AIDS Day celebrations was held on Thursday, 1 December 2016. The festivities started on a high note as participants walked into OPD singing in a true African spirit, ululating and dancing waving banners and pluck cards.

Dr Mazula Kironde gave a brief explanation of the first three HIV Prevention measures that have been implemented over the past two decades or more. These three prevention measures include Abstinence, Being faithful, Condomise. New HIV infections and high pregnancy rate goes to show that these measures are not applied effectively. For years the level of CD4 has been a barrier to access ARVS. This decision was informed by limitation of financial resources. We are fortunate in SA as there are funds allocated for HIV unlike in other countries, said Dr Kironde.



**Dr. P. Mazula Patient and CEO**

In September 2016 the government has rolled out ARVs to all those who are HIV infected with the new programme known as the Universal Test and Treat (UTT Programme). Those initiated on treatment should stay on treatment in order to remain with undetectable viral loads in their blood. Low viral load has individual as well as general public benefits. Individual benefits would include good immunity and less risk for infections like TB; meningitis and other deceases. And Public low viral load benefits results in low risk of infecting others with resistant HIV.



**DNM Ms. PT Mkhize and Mr. S Maphumulo**

Treatment of prevention is effective, as evidenced by the success of Prevention of Mother To Child Transmission Programme (PMTCT) which resulted in less babies infected by their mothers. Starting treatment (ARVs) is easy, but staying on treatment is a big challenge as it is a lifetime commitment. People on treatment need all the support from friends, family and the community. Stigma is still a big issue which negatively impacts the programme. Having said that, those on treatment should take ownership of their well-being in order to improve quality of their lives. ARV's are not for free, our government has to pay for them, so people shouldn't take the issue for granted.



**PHC Manager, Dr. Mazula and Ongoti staff**

Miss B Majola gave words of encouragement as she is also living with HIV. She said that she has two children who are both HIV negative, proving that PMTCT Programme really works. Thereafter there was the lighting of the candle which was conducted by Matron Mkhize in memory of those who have lost their lives, when ARV's were not accessible. Remembering our fallen hero's along the way.

A token of appreciation to the guest speaker who is living with HIV was presented by Mrs. Nyawo and Dr Mazula Kironde. At the end a vote of Thank you by Mrs. Ndelu and Dr Ragunandan thanked all those who have organized, contributed, participated and attended the event. Refreshments were served.





## **UMZUMBE MUNICIPALITY CHRISTMAS CHEER FOR GJ CROOKES**

The Umzumbe Municipality graced GJ Crookes Hospital with their presence on Tuesday, 20 December 2016 to hand out goodies to in-patients of Maternity and Children's ward for Christmas. The municipality in conjunction with the hospital, held a successful function which started with the introduction of dignitaries who were the Honorable Mayor of Umzumbe Municipality Cllr Sizwe Ngcobo, Deputy Mayor Cllr Londolo Zungu, Cllr Bonga Luthuli and Cllr Mweshe together with GJ Crookes Hospital Nursing Manager Miss PT Mkhize.

Cllr Sizwe Ngcobo started off by thanking the hospital management for allowing them to visit their patients. The Mayor said that Umzumbe community members are sometimes referred to GJ Crookes Hospital from Port Shepstone Hospital to receive help. The Municipality chose this hospital to show their appreciation that their community members are not chased away because of the radius. "We wanted to pay a visit to patients who were admitted because sometimes for other people who come from far, being in hospital can be lonely. Family members sometimes do not have the means to visit patients due to transport or financial issues. We also considered that some of the patients might spend their Christmas in hospital, visiting them and handing gifts would make a difference," said Cllr Sizwe Ngcobo

In maternity ward there were baby hampers which were handed to mothers. These hampers included Baby Baths, Blankets, baby Bottles and more. At the pediatric ward they handed teddy bears, Soccer and Rugby balls, tea sets and lots more. Before the function ended, refreshments were served.



# Umzumbe Municipality Christmas Cheer Photo Gallery



Deputy Nursing Manager walking the Mayor and the Delegation to the wards



## Christmas Party for CP Children

On the 02nd of December 2016 the Rehab Component which consists of the Physio, Occupational Therapy and Speech Therapy departments, held a Christmas party for the Cerebral Palsy children who had been under their care for this year. This event is done annually by this team to comfort the mothers and guardians of these children and to encourage them to look after these children with the best care they can. On this day one of the Rehab ladies was dressed up as Santa to entertain the children and give them presents. The mothers, guardians and children were all happy to be part of this day and be given presents to put a smile on their children's faces.



## New Staff Orientation by PRO

Customer Care is one of the important factors in a service oriented institution. It is therefore imperative that the Public Relations Officer holds this educational talk in every orientation for new staff members. Below the PRO was breaking the ice with new recruits and encouraging participation and cooperation amongst employees.

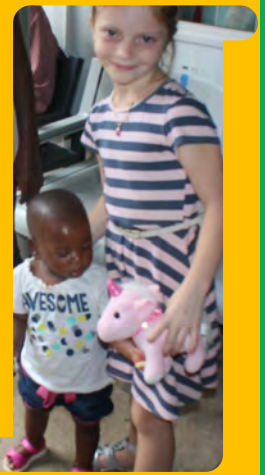


**PRO Mr. TM Mbanjwa**

**New staff on their orientation day**



## Sr. Jackie Sorrow's Daughter Gives Toys to Outpatients



On the 21st of December 2016 our Phlebotomist Sr. Jackie Sorrow with her mother and daughter Kianna Rossow brought a bag of toys to Outpatients as their way to share their Christmas spirit. On this day her Kianna went around OPD, Casualty, X Ray and Gateway Clinic, giving toys to the children who had spent their day in hospital. This brought about smiles to all the children and their mothers on this day and they were very grateful for this kind gesture.



**Kianna sharing her kindness to other kids**



# NEW FACES





# NEW FACE PHOTHO GALLERY



# ACKNOWLEDGEMENTS



**Thabiso M Mbanjwa**  
Public Relations Officer  
EDITOR



**Zamakhabahle N Shelembe**  
PRO Intern



**Zamangwane S Khanyile**  
PRO Intern  
WRITER



**Paulnus Cele**  
PRO Intern  
PHOTOGRAPHER

We appreciate the time taken by our readers to go through this newsletter. Should you have any newsworthy item relating to our hospital or health matters please contact the PR Department on the details below. For any suggestions, complaints or compliments regarding our services or hospital, please write them down on the suggestion forms and put into the suggestion boxes located in all departments and wards of the hospital. Enjoy this season and remember, it is our aim to provide our clients with the best quality health care services all the time.



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

## CONTACT DETAILS

**Physical Address:**

1 Hospital Road, Scottburgh, 4180

Postal Address: Private Bag X5501

Tel: 039 978 7215

Email: [maxwell.mbanjwa@kznhealth.gov.za](mailto:maxwell.mbanjwa@kznhealth.gov.za)

[www.kznhealth.gov.za](http://www.kznhealth.gov.za)

**SWITCHBOARD:**

039 978 7000

**SWITCHBOARD FAX NUMBER:**

039 978 1295

*FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE*