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**Sezela women's circle**



**Illovo sugar group with ANM and O/M**

### **GJ Crookes Hospital receives blankets from Illovo Sezela and Sezela Women's Circle**

On the 14<sup>th</sup> and the 17<sup>th</sup> of July 2015 the Maternity Ward in GJ Crookes Hospital was visited by members from the Sezela Women's Circle and Illovo Sugar Group . The two groups came on these different dates to donate 16 blankets for new born babies by the Sezela Women's Circle and 15 blankets by Illovo Sugar Group .

The GJ Crookes Hospital Management Team and the Maternity Ward would like to extend sincere appreciation to the good deed by these two organizations and for the wonderful support displayed towards our new mothers at the hospital.

The donation of these new born blankets was highly appreciated by Hospital management and especially the new mothers that needed them the most. The kindness our hospital received from these organizations is the one that we would like keep forever.



**New Mothers receiving blankets**

**"Happi-  
ness is a  
way of  
travel not  
a destina-  
tion"**



**New Mothers receiving blankets**



**Silwa Nezifo, Silwa Nobubha, Sinika Ithemba**



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### Blood Donation Day at GJ Crookes Hospital

Blood donation is one of the most significant contributions that a person can make towards the society, it is not harmful for an adult person to donate blood. The body of the donor can regenerate the blood within a few days, it poses no threat to the metabolism of the body, which is why on the 7th July and 2nd of October GJ Crookes staff saved lives by donating with their blood. Here we see a proud moment with our OPD Clerk Mr. Dhaja as this was his 42nd donation to SANBS ever since he started, GJ Crookes is determined to change lives of the people in need



**Give the gift of life  
Donate blood**

**BLOOD  
DOESN'T GROW  
ON TREES**



Silwa Nezifo, Silwa Nobubha, Sinika Ithemba



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- B est way of feeding a baby
- R eadily available
- E nvironmentally friendly
- A ntibodies
- S afe
- T emperature perfect
- F inancial saving
- E asily digestible
- E arlier passage of Meconium
- D eaths reduced
- I mmunity
- N utrient rich
- G rowth



### Breastfeeding Awareness Week

World breastfeeding week is celebrated every year from 1-7 August in more than 170 countries to encourage breastfeeding which improves the health of babies around the world. It commemorates the innocent declaration signed in 1990 by government policy-makers WHO, UNICEF and other organizations to protect, promote and support breastfeeding.

GJ Crookes had various activities in light of this awareness. This was in a form of an in-house march by nurses and students across the hospital spreading awareness and singing breastfeeding songs. An outreach awareness to Amahlongwa Clothing in Amahlongwa and Mym's Textiles in Umzinto was held as per the 2015 theme on working woman and breastfeeding, revisiting the 1993 WBW campaign on the Mother Friendly Workplace Initiatives.

Umzinto clinic also held a breastfeeding awareness event for the mothers that came to the clinic, they had talks on the importance of breastfeeding to mothers who breastfeed, the importance of breasts and how to clean their breasts. They also had drama students from UKZN to perform a short scene on breastfeeding, they had also invited the people from UKZN that look after mothers who are HIV positive to talk to mothers. Recently Umzinto clinic was chosen as the milk bank home for mothers to donate with their milk and it will be taken to labs for testing so that it will be given to babies that can't be breastfed by their mothers.



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Yes you are beautiful but learn to work hard for you cannot eat your beauty



### Women's day Celebration at GJ Crookes Hospital

South Africa commemorates women's month in August as a tribute to the more than 20 000 women who marched to the union buildings on August 9 1956 in protest against the extension of pass laws to women. The government of South Africa declared August women's month and 9 August is celebrated annually as women's day. The theme for this year "2015" is women united in moving S.A forward.

On the 7<sup>th</sup> of August GJ Crookes held a women's day celebration which was filled with lots of health education and entertainment, amongst the speakers we had Mrs. V.D Skhosana who talked about types of abuses, that some of them just happen and women are not aware that it's abuse. She also said that you can't function well if you are a victim of abuse.

Sr. Z. Cele gave women a health education on Pap Smear, STI's and in closing she said that all women are invited to come to the health risk clinic found inside the hospital every Wednesday to do a Pap Smear which is free of charge.

Sr. Mbutho gave a talk on signs and types of TB (skin TB, breast TB, anal cancer, breast cancer), we also had sponsors such as Capitec Bank, Sanlam and old mutual, Mrs. Cebile Mzileni from Capitec Bank did financial education and being credit wise she also mentioned that a financially stressed employee doesn't perform well at work "know what you are getting and know what you are paying", Lungile Makhoba from Sanlam thanked old clients of Sanlam that are retiring at GJ Crookes this year and gave them gifts.

Miss Buhle Madonsela H.R Manager at GJ Crookes introduced our guest speaker which was Mrs. Tobo from the District Office who talked about the history of women's day and the theme for 2015 women's month, also said that she is very proud of GJ Crookes because they are a shining example for Ugu district, she also mentioned that Umzinto clinic and Dududu clinic raised the flag of GJ Crookes for their outreach services.

A vote of thanks on behalf of the women for GJC were given by Mrs. J.G Duma from the Revenue Department



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Living rivers church members, Mrs VD Sikhosana and the Principal of the crèche



*"success is never permanent and failure is never final"*



Official Opening of the crèche

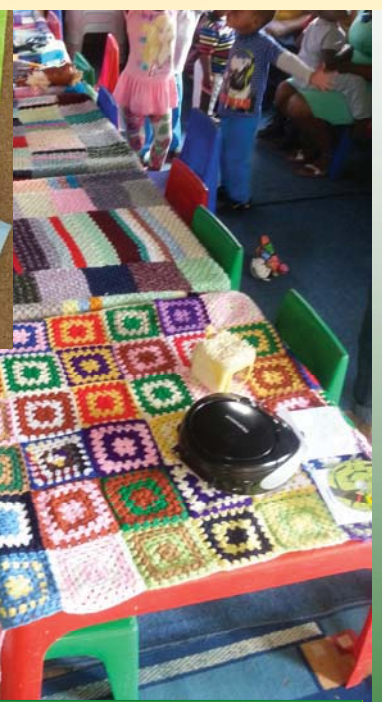
### Wendy House Handover for Bhudubhudu Crèche

On the 21<sup>st</sup> of august 2015 Living rivers church handed over new wendy house to the community of Kwa-Lembe for the local children

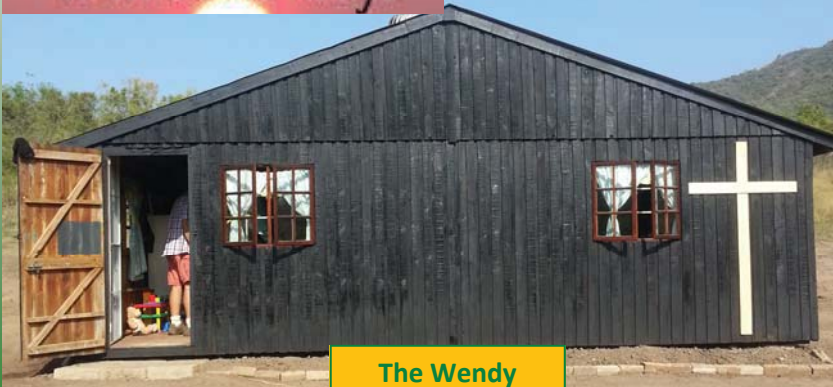
The initiative was motivated by Living Rivers Church previous first visit where they saw the condition of the then facility and therefore decided to help donate a wendy house for the children

The Chief of Kwa-Lembe, Crèche facilitator and the community and children were present . Guests coming from Vulamehlo Municipality ; Social Worker Nompilo Zakusa and Zama Lushaba and GJ Crookes Hospital Crisis Centre Mrs. V.D Sikhosana were also present. Mrs. Sikhosana thanked the community for being involved in the new development and supporting it, she emphasized to the parents to bring the children to the crèche because they can learn and value many things at young age .

If you knew what I know about the power of giving, you would not let a single meal pass without sharing it in some way.



The inside of the Wendy house



The Wendy

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### Ugu District Wellness Day

On the 30th of August 2015 Ugu Health District held a Wellness Day in the Country Club of Scottburgh. The day started with a Aerobics as a warmer for everyone followed by the official opening of the tournament which was done by Mrs. N Mkhize the Newly Appointed District Manager in Ugu. All five Hospitals of Ugu and two CHC's were represented including the District Office and EMS. GJ Crookes Hospital played 1-0 against Dunstan Farrell, also played 1-0 against District Office and then 0-0 against Port Shepstone Hospital unfortunately we were out in the semi finals, however the GJC Boys had done their best in the tournament. The Netball Team did us proud as they took 2nd place in the tournament. The tournament ended well with everyone excited about the games.



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### Public Service Week, Info Sessions Launch

From the 14th to the 18th of September 2015 GJ Crookes Hospital Outpatients Departments held an information session for patients. This initiative was motivated by the Public Service Week and Mandela Day Activities for the hospital. During this week these were the departments that showcased their services to the community. Admitting, Pharmacy, Observation Room, Dental Department, Eye Clinic and Audiology.

Amongst other important things that were shared with the community by Admitting, was the importance of looking after their OP (Blue Card) after the patient has created a file to have access to their file when they come to the hospital.

**The Pharmacy Department** emphasized that the hospital now has 6 outreach services to help bring services closer to the community.

**The Outpatients Department** informed patients to utilize clinic in their area of residence for time and travel convenience.

**The Dental Department** mentioned the importance of looking after teeth and gave a health talk on oral hygiene. They also mentioned that they have Outreaches to clinics where they visit clinics

Other departments also shared a health talk about their activities and **most departments had quizzes for patients and gave prizes** to those who answered correctly. This initiative was appreciated by the community.





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**Deputy Nursing Manager's Farewell Party and Heritage Day Celebration**

On the 23<sup>rd</sup> of September 2015 in celebration of Heritage Day, **G.J Crookes Hospital staff bid farewell to their Nursing Manager Mrs. N.A Sishi who was retiring after 37 years of service.** Mrs. Sishi finally took her hat off and decided to hand over her reigns to the next coming successor. The surprise farewell party was a success with retired colleagues, board members, staff of GJ Crookes, friends and relatives of Mrs. Sishi and a lot of entertainment by Emzini arts Group, GJ Crookes Choir, Baxolele Majikijela the poet, speeches and handing over of gifts.

Rest well, play well and enjoy your new life Mrs. Sishi because you have truly earned it and when you stand before God at the end of your life we hope that you will not have a single bit of talent left and you will say to him "Lord I used everything you gave me".

Mrs. Sishi leaves a legacy of hard work and getting things done, the next incumbent for the post will have big shoes to fill, ***arrivederci in Italian*** Mrs. Sishi which translated means "till we meet again"



**GJC Staff**



**GJC Choir**



**Mrs. Sishi & family members**



*You are leaving this office  
But your legacy  
Will remain here forever...  
Farewell*

WishesMessages.com

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## FAREWELL PARTY AND HERITAGE DAY LOOKS



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### Linen room Mrs Madlala's Farewell party

On the 28<sup>th</sup> of August 2015 the Linen Room Staff held a farewell party for Mrs. M.D Madlala. Friends and Family were present to bid farewell to a very dedicated employee of GJ Crookes Hospital. Ms. Ngubane her colleague thanked everyone for celebrating this day with them, she expressed how Mrs. Madlala was a pillar of strength in the department and how everything was possible with her at the laundry department, when she never said no to any task. Laundry Supervisor also shared a farewell message and said "Mrs. M.D Madlala was very dedicated worker and even worked during lunch time and when I told to stop working she said No". Sister Gumede OM from J ward was grateful to of the services of Mrs. Madlala as well and said "whenever I requested for linen it was always clean and tidy we will miss you". It is wonderful to bid farewell to someone who is still physical fit and still can work, . Presents were given, kind regards and wishes to her retirement were passed by all. Mrs. Madlala was grateful and thanked everyone for being there.

to have something  
that makes saying goodbye  
so hard.



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### Human Resources Officer Thabi Dube's Fair Well

Mr. Iyer shared his sentiments regarding the staff leaving the HR department and now Thabile is leaving. He then wished her all the best in her future endeavors

Mr. Mbanjwa said Thabi's presence was a blessing and her pretty smile, the first call that he received when he was in Damelin, her wonderful spirit and her accommodative personality every time when he needed assistance.

Mr. Nyawo gave thanks to Thabi, ever since she came to GJ Crookes, she assisted him with everything that he needed help with

BM Madonsela said she must always remember to respect her bosses. "On all the events that are going to happen we are going to invite you, we will keep you posted and we will call you to check up on you but if circumstances force us to call you please pick your phone up and I don't know why employees are leaving because it should be the interns leaving for a permanent job not you guys"

Thabi said she'd like to thank everyone from the 1<sup>st</sup> day she came to the hospital, even though others have left. "I had a good stay and worker relations with you". She thanked Mr. Iyer for teaching her a lot of things.



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St' Odillo Primary School Garden hand over

## Pharmacy week at GJ Crookes Hospital

As the 1st week of September is known as pharmacy week, the GJ Crookes pharmacy team got together and combined presentations for patients at the Out Patient Department, doctors, nurses and wards, revolving around chronic diseases that pertain to the community. This included talks on Asthma, Diabetes, Hypertension, Orthopedics and General health. Outreach was also scheduled for the week, which involved visiting an old age home, a high school as well as the commencement of their Sustainability project at a primary school. Pharmacy week began with much enthusiasm and energy, whilst groups went out to participate in outreach, talks commenced at the hospital and patients were informed on the topic of the day and were given presentations. They also received great involvement from the patients during quizzes, where they were awarded with prizes and gifts. Patients also received fruits, pamphlets and hand-outs on a balanced diet on a daily basis during the presentations. Our outreach programs also focused on talks and presentations as well as quizzes and prizes but mainly on health education, awareness and pharmacy as a course in university. Outreach was an opportunity to give back to the community and celebrate healthy living.



Presentation on Healthy Eating



H WARD Visit



Presentation on diabetes



Umzinto Secondary School

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**PHARMACY WEEK GALLERY**



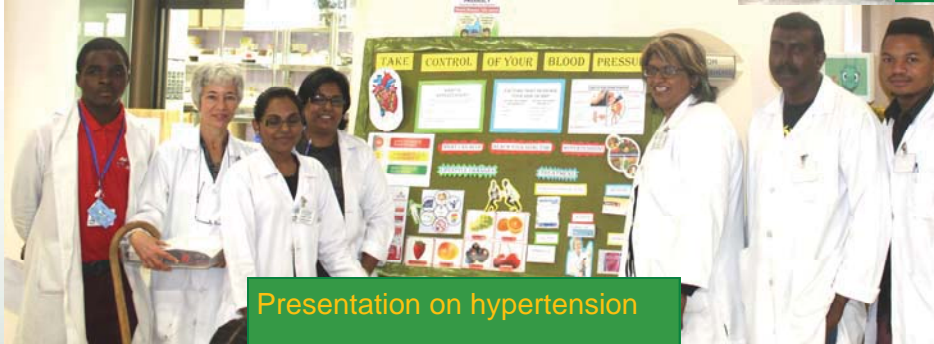
**Umzinto Secondary School**



**Presentation on diabetes**



**Esperanza old age home**



**Presentation on hypertension**



**St Odilo primary school**



**Presentation on orthopedics**



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**Sr. BH Zama**



**Mr. P Mgozi**



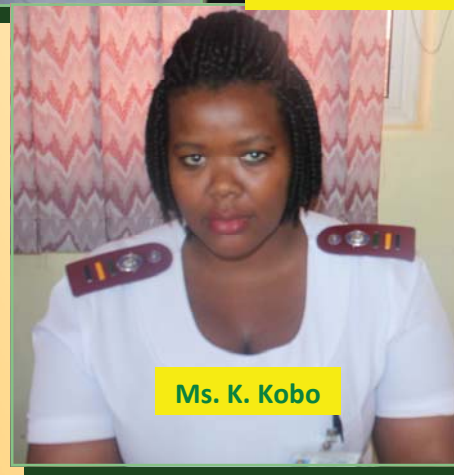
**Sr. ZS Dlangamandla**



**Mr. NB Gumbi**



**N.G Mbuyisa**



**Ms. K. Kobo**



**Mrs. TT Ngema**



**Mr. S.R Mlaba G/O**



**P.Z Khabela EPWP**



**Z.P Maphumulo EPWP**



**P.Z Msawoni EPWP**



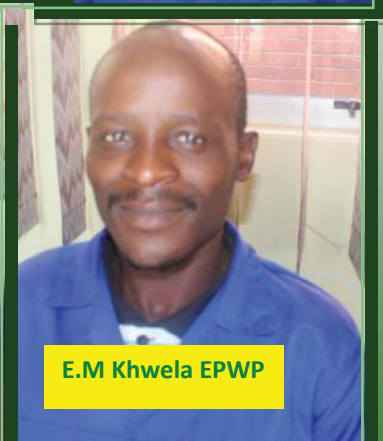
**N.P Zwane EPWP**



**A.Q Khuzwayo EPWP**



**S. Myende EPWP**



**E.M Khwela EPWP**

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## THE PR CORNER

### “Food for thought”

A customer defines good service as how he/she perceives that organization has delighted them, by exceeding to meet their needs. The people who know best what customer services are, are customers, because they are the ones who know what they want. And because of that, it should be the customers we should be listening to.

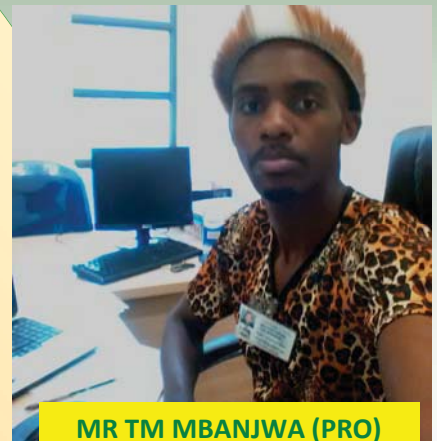
This is what the Public Relations Department believes in which should go for everyone else in the institution, where we'll work together to understand better our customer needs.

Should you have any comments about this newsletter, or the services of the hospital (Complaints/Compliments) please contact the PR Department. On Ext **7215** or **7214**

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**Batho Pele**

A better life  
for all South Africans  
by putting people first

Together beating the drum for Service Delivery

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