



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

GJ CROOKES HOSPITAL

GJ CROOKES HOSPITAL

NEWS

April – September 2019



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Burns Awareness Week



UKZN Students Giving Burns Talk to OPD Patients

At GJ Crookes Hospital, the physiotherapists are actively involved in burns rehabilitation. Burns are extremely painful, often life-threatening injuries that take a long time to heal and often leave the victim with serious, lifelong scarring. On the 21st of May 2019, UKZN physiotherapy students Vicky Matter and Kiara Rampersadh and the Hospital Physio Department decided that burns awareness and prevention was much needed. They set out to promote a greater awareness surrounding the topic of burns using a few objectives as follows:

1) To create an informative poster including information on causes of burns, preventative measures to avoid burns, types of burns and initial management when one does acquire a burn; 2) To produce a large amount of fliers which can be taken off the poster (These containing brief but impactful information on preventing burns as well as initial management); 3) To present the information numerous times throughout the OPD in GJ Crookes Hospital; 4) To distribute fliers to those who wish to have the information on hand and 5) To leave the informative poster up in the OPD for patients who are waiting/community members who walk past it to read. The physiotherapy students presented the information numerous times throughout the OPD in GJ Crookes Hospital. The audience was very enthusiastic and appreciated the information and education.



Burns Awareness Underway in OPD

Hospital Board Long Service Awards



Board Members being handed Certificates by the then MEC for Health

L-R. Adv Brijraj, Mrs Whitfield, Ms. Mvubu, Dr. SM Dhlomo, Mr Khanyile and Mr. Ally

On the 5th of April 2019 the then MEC for Health Dr. SM Dhlomo invited board members from all the Districts of KZN for an appreciation awards ceremony that was held at Inkosi Albert Luthuli Central Hospital. Our Ex Board Members were also part of the invitees and were honored for their time and service as Board Members of GJ Crookes Hospital. The Board Members were very happy of the recognition by MEC for Health.



KZN Outgoing Board Members with Acting Head: Health and MEC for Health

Department of Social Development and VWSG Stakeholder Awards Ceremony



PRO Mr. TM Mbanjwa Giving a talk at the VWSG Event

Ms. SN Gumbi Acknowledging Stakeholders

On the 25th of June 2019 Mr. TM Mbanjwa the PRO for GJ Crookes Hospital and Mrs. TR Gumede were invited by DSD as one of the stakeholders that have made an impact within the activities by DSD and the Vulamehlo Widowers Support Group (VWSG) (NPO) in collaboration with the Department of Health. Amongst other noted activities done by Sr. Gumede, were community education on health related matters and sexual reproductive health for the youth. The PRO was lauded on his constant availability to Direct the awareness programs done by the department and also provide information to the community about the services of the Hospital, complaints and compliments procedure available for the clients of their services. Mr. Mbanjwa was also requested to give a word of motivation to the youth that was supported and sponsored by the VWSG on one of their community development programs. Sr. Gumede's Certificate had to be accepted by Mr. Mbanjwa in her absentia.



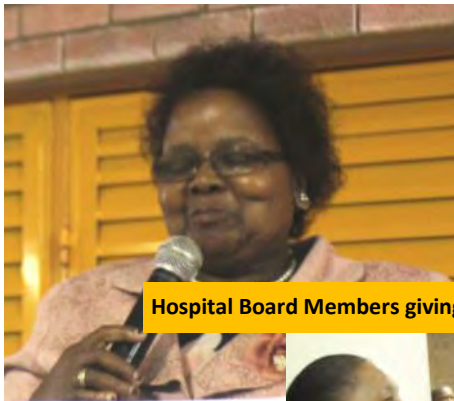
Mr. Mbanjwa Receiving Token of Appreciation for himself and Mrs. TR Gumede

Nurses Day of prayer

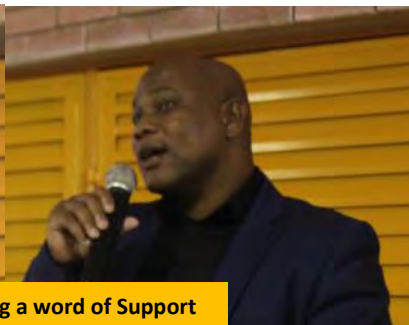


Deputy Manager Nursing with the Nurses at the Nurses Day of Prayer

On the 29th of May 2019 the GJ Crookes Hospital Nursing Component held a Nurses Day of prayer for the Nursing Staff, Directing the program was Sr. Zulu and an opening prayer was done by Matron Sisoka. Mrs Nyawo CEO of GJ Crookes Hospital opened and welcomed all the Nurses present for their day and made a special recognition to the newly appointed Hospital Board Mrs Mthuli and Inkosi MP Ngcobo. Mrs Nyawo reminded the nurses of their importance in the nursing career and how taking care of patients is not just an ordinary task, but next to Godliness. The Board Members Mrs Mthuli and Inkosi Ngcobo also appreciated the work done by nurses and being part of the healing process of patients. Matron Muthwa led the reading of the Nurses Pledge. A word of God was shared by Ps. Nzwanana who reached out to all the nurses to continue practicing good nursing abilities as mentioned by CEO that patient care is next to Godliness. Ms Mkhize shared a vote of thanks and offered tokens of appreciation to both Ps. Juta and Ps Nzwanana for their presence and continued support to the nurses day of prayer.



Hospital Board Members giving a word of Support



Mrs Muthwa leading the reading of the nurses pledge



Mrs. SP Nyawo , Sr. Zulu and Ps. Juta at the Prayer

Wellness day



Aerobics warm up with the staff

On the 24th of May 2019 the GJ Crookes Hospital Wellness Committee held a wellness day event for the staff of GJ Crookes Hospital. Mrs SP Nyawo officially opened the event and welcomed everyone inviting all members present to participate in the event. The day began with aerobics as a warm up session, doing squats and ebb exercises. First on the day's activities was a fun walk, a 100 meters run and then an egg and spoon race where staff members competed for medals and trophies. Knockouts then started between GJ Crookes Hospital and Gamalakhe CHC, where GJ Crookes beat Gamalakhe by 6 - 0 . They were followed by Turton CHC who beat Murchison hospital by 2 to 0. The third and fourth place play off was between Gamalakhe losing to Murchison by 1-3

A final took place between GJ Crookes Hospital and Turton CHC where Turton Won by 2-1 leaving Turton CHC as the Wellness Champions for the GJ Crookes Wellness Games of 2019. In Netball Gamalakhe CHC became No.3, GJ Crookes Hospital was No.2 and Murchison became the champions in Netball for the 2019 Wellness Games. The GJ Crookes Hospital would like to thank all the sponsors who helped for this event to be a success.



GJ Crookes Hospital Netball Team



GJ Crookes Hospital Soccer Team



Turton CHC the Champions of 2019 Wellness Games

Fathers Day Event



Dr. RM Buthelezi Addressing the men



Men of GJ Crookes Hospital Attending Fathers Day event

On the 14th of June the GJ Crookes Hospital Wellness Committee and Mens Forum held a father's day celebration driven by Mr. TM Mbanjwa the PRO who was the Program Director. Mr T Ncanana, the EAP, Opened the event and welcomed all men. Giving the purpose of the day He asked a question to all men, as to what kind of men do we want to be in our society, considering the recent abuses and killings of women and children. On this day health education and talks for men were the order of the day. Dr. Madikizela from Dental Department gave a health talk for men on oral hygiene, Cancer, HIV/Aids and Diabetes. The Guest Speaker Dr. RM Buthelezi from Toyota Durban and a member of the African Congregational Church shared a word of God and went on to give a challenge to men to do a self introspection on the kind of men they are and what the society expects of them. A token of appreciation to Dr. Buthelezi was handed over by Mr. W Msani who thanked the guest speaker for a strong message and motivational words. A vote of thanks was given by Mr. TM Mbanjwa the Programme director to all the sponsors who made the day possible, the men of GJ Crookes and management for allowing men to have time off and listen to positive messages from other men about being a good man.



Mr. Msani and Mr Maphumulo handing a token of Appreciation to the Guest of Honor

Questions and comments session



Men enjoying their meal served by the wellness team

IPC Certificates and Hand Wash Drive for GJ Crookes Hospital



IPC Manager conducting a Hand wash demonstration with staff.

On the 24th of June 2019 G.J Crookes Hospital IPC Sr. Raj Naidoo gave out IPC Certificates for the best compliance to IPC standards and audits. She also made an awareness for hand hygiene, demonstrating with the staff how hands are washed and kept clean. OPD also received recognition for the Hand Wash Drive poster they had created containing information about hand hygiene and saving water



Handing over of IPC Certificates



Health and Safety Mock Drill



A Mock Drill for a Hospital is a rehearsal for evacuating staff and patients out of the hospital building should an adverse event arise. On the 10th of July 2019 GJ Crookes Hospital Health and Safety Officer performed a drill which involved numerous Outpatients Departments. Security was debriefed and placed at strategic points. A siren was activated and an audio message came on air and roller doors started to shut down, the extractor fans also switched on. As doors were closing, staff started to move out with patients at respective exits to the emergency assembly point. Within two minutes the building was evacuated. All the staff and patients were addressed in the assembly area and then requested to return to their respective areas when the building was reopened. Identified problems during the drill were noted for rectification. The drill went well with about 200 plus people participating





Mandisa Addressing the team

On the 4th of July Mandisa Mthembu a Social Worker for Jesfoord Foundation visited the GJ Crookes Hospital for a support group talk with clients of the Crisis Center department the main item was self confidence and esteem post a traumatic incident. She encouraged them not to lose hope , that this doesn't make it the end of the world, but they must pick themselves up and move forward. She also gave comfort packs for clients on the day to take home with.



Support Group at Crisis Center with clients

Mrs. Nyawo's Farewell



On the 17th of July 2019 GJ Crookes Hospital Management Team and staff of GJ Crookes Hospital held a farewell event for their long serving CEO Mrs. SP Nyawo. This day was a bittersweet moment for all staff of GJ Crookes as we bid our final goodbyes to a Leader, an Instrument of Change, a Trendsetter, High Achiever, a Manager, an Accounting Officer, a Lady and a Mother to all who had an opportunity to work with her. These were some of the words that were used to describe Mrs. Nyawo during her tenure at GJ Crookes Hospital.

Mrs Nyawo took over management of GJ CROOKES HOSPITAL in 2002. She was the first woman to occupy a top management position, previously occupied by Medical Superintendents for decades, as a first woman of African origin (Black). Who ever had doubts about her success as a leader was proven otherwise as she excelled throughout.

Although there were challenges she was able to cope with them on a daily basis and be able to provide solutions which she did very well.

She gave 100% support to ensure that nursing departments performed at a highest possible standards which lead to the institution receiving many Provincial awards.

* GJ Crookes hospital was awarded a Baby Friendly Hospital award status, the second hospital to be awarded the status nationally following Cecilia Makiwane Hospital, this was awarded by UNICEF just before Mrs Nyawo started . She played a major role in ensuring that the hospital sustained this status by assisting and supporting nursing departments to remain abreast with the requirements of sustaining it. After several periodical re- assessments by UNICEF and DOH the hospital is still Baby Friendly up to the time of her retirement.

* She ensured that nursing departments were adequately staffed to minimize complaints of poor patient care leading to bad media publicity. She utilized statistics to motivate for creation and filling of additional forty nurses posts and made sure that funds were available to fund them. This made huge improvements in patient care and also enabled management to release more nurses to further their training and opportunities more available for nurses by negotiating with nursing colleges outside our district which helped to address gross shortage of nursing skills such as midwives and clinical nurse specialists in various fields of nursing .

She procured essential medical and nursing equipment to improve staff performance and quality of care, especially neonatal care, when she successfully procured a CPAP a life saving machine for babies born with breathing problems to assist them breathing.

* She upgraded existing nurses home by adding more rooms and by fast tracking the building of the new staff residential accommodation. She also upgraded the previous admin block to this newly built 4 floor state of the art structure that caters for many outpatient services, Accident and Emergency, X Ray and admin block.

* To address the challenges of the shortage of clinical space she negotiated with the Country Club management to provide the hospital with a portion of ground for landing of the helicopter as a result the helipad was moved from the premises to the Country Club field which made a space available for building existing park homes for the Gateway Clinic .

She introduced Batho Pele training in the institution to address the challenges of negative staff attitudes



Nursing Management, Hospital Board, Mayor Ngcobo, and GJ Crookes staff bidding farewell to Mrs. Nyawo

Mandela Day Activities



Umdoni Sub– District, Ugu Health District , Rising Sun and DSD Staff reaching out to families

“By giving a little of your time each day to making a change that’s close to your heart or by giving a little of your time to make a difference to the life of someone else, you can start changing the world around you” **#Make everyday a Mandela Day**. This is what the staff of GJ Crookes Hospital were doing on the 12th of September 2019 where the Ugu District TB Coordinator and staff, with Umdoni Health Sub-District and Department of Social Development went to the residents of Malangeni that are clients of TB Clinic to offer health education for them and their families. The families were also given food parcels.

On the 18th of September 2019 GJ Crookes Hospital staff went out to the patients and the community to do their act of kindness over and above their call of duty everyday which is to care for patients. The FIO Mrs. P Moonsamy and Data Capturer Ms. S Khwela went out to OPD Gateway department to offer sandwiches for patients waiting to be seen. The Children’s ward was graced by a visit from Boxer stores staff who treated them with a big cake and fruits.



Informatics Team at Gateway Clinic



Boxer Stores team with nursing and patients at the pediatrics ward



My dignity My Pride Campaign



Ms. S Gumbi giving an opening Talk at KwaHluz'ingqondo High

On the 22nd of July 2019 the Vulamehlo Widowers Support Group (VWSG) and Department of Social Development held a My Dignity My Pride Campaign at KwaHluz'ingqondo High School where the PRO of GJ Crookes was also invited to give a talk to the learners around sexual health and good behavior. The learners were all given nice hygiene hampers by the VWSG group.



Mr. Mbanjwa giving a talk to the learners





Mr. Mbanjwa facilitating the dialogue with the men of Kwa Cele and neighboring tribes

On the 26th of July 2019 the Department of Social Development in collaboration Umdoni Health Sub-District held a Moral Regeneration Program and an MMC Camp for the men of Kwa Cele Community. The program for the day was led by GJ Crookes Hospital PRO Mr. TM Mbanjwa. On this day there were not so many speeches for the men but just a directional message on the issues that touch the community and what role the men would have to play to shape up their communities and be recognized as good citizens in these times of the depleting reputation of men. The men then deliberated and gave their opinions on the present issues and how they think things can be turned around for the better. A talk on Medical Male Circumcision was also given and its importance for the men's health and their sexual health. The men were then invited to have a traditional meal prepared for them.



Dialogue underway



Men enjoying the feast prepared for them

Mini Farewell for PHC Manager and Medical Manager



Mrs. MAN Malinga Resigned PHC Manager



Dr. M Ragunandan Retired Medical Manager

On the 31st of July 2019 the GJ Crookes Hospital Management Team bid farewell to Mrs MAN Malinga the Umdoni Sub district PHC Manager who had tendered her resignation and Dr. Ragunandan the Medical Manager for GJ Crookes Hospital who was retiring. This day was the last day for both of them in the Department and our subdistrict. It was a bittersweet moment as each member of the team had to share their final goodbyes to both managers. Ms Malinga was congratulated on her new appointment and was praised for the hard work she had shown during her period as PHC Manager. Dr. Ragunandan was also thanked for his many years in service and how he has kept the Medical Component of the hospital in good standing during his time.



Heads of Departments giving their individual farewell messages to the outgoing colleagues

Breastfeeding Awareness Week



Breastfeeding Mothers

In commemorating the woman's month on the 8th of August Philani Clinic held a breastfeeding awareness for the women of Kwa Cele community. The theme for the day was Senza Kwenzeke Ukuncelisa Ibele. We Enabe Breastfeeding. Program director for the day was Mrs. Nombela Community Health Worker for Philani Clinic opened the event and a prayer was done by Mrs. Mkhabela CHW from Philani Clinic.

Induna Cele welcomed all present and Mrs. T.R Gumede Operational Manager –Philani Clinic gave the purpose of the day. Ward Councilor Gwala gave a touching speech on the importance of breastfeeding and expressing of breast milk if one is working. He emphasized the importance and support of male partners in enabling breastfeeding. In-between the speeches the audience was kept entertained with the health education songs by CHWs and clinic staff.

Nutrition Advisor Ms. N. Ngobese gave a speech on the importance of breastfeeding to prevent malnutrition in the first 6 months of life of the baby. Ms. B.H Zama IMCI nurse gave the reasons why breast milk is the best milk for the baby. Ms. N. Chithwayo hospital Dietician shared the importance of donating breast milk, saying that there are babies whose parents cannot produce milk, for different reasons but the babies need breast milk to survive, hence the importance of donating breast milk.

Ms. S. Adonis, our District Dietician spoke about HIV and breastfeeding, emphasizing the fact that one can still successfully breastfeed even if HIV positive provided she follows all the steps given by the clinic to follow. Mrs. T.R Gumede seized the opportunity and demonstrated how to use a female condom.

The day was closed with the vote of thanks by Ms. Sthandiwe Masenoge, Provincial representative from MNCWH, who was very happy about the event, especially the demonstration of the female condom and also the health education songs.



Breastfeeding Talk



PHC Nursing staff for screening

Woman's Day Event



Ms. PT Mkhize giving the purpose of the day

On the 08th of August GJ Crookes Hospital wellness committee held a Woman's day event for the women of GJ Crookes Hospital. The program directors for the day were Ms. Precious Mnguni and the Pharmacist Intern. The purpose of the day was given by Ms. PT Mkhize and a wellness talk was given to all women by (Book Author) she highlighted the importance of women to realize how they can cover all areas around them but forget their needs because of their nature to care. The talk was welcomed with much positivity by women. The showcasing of Best Dressed woman for the day was done and Nurse BC Zulu Was an over-all winner.



Women of GJC for the Best Dressed Woman Competition

Zero Cavity Awareness by Dental Department



Health Talks given by Dental and Nursing staff

On the 16th and the 23rd of August, the Dental department held a Zero Cavity Awareness Campaign for Dududu and Mgangeni communities. The aim behind the awareness was to stress the importance of oral health amongst these communities. Both these areas have the privilege of dental services (Extractions) which are brought to them every Monday and Thursday.

It was however noticed that the oral status of the community members was not in a good state hence a need was felt to conduct an awareness for the communities.

Dental department did not go alone for this campaign but involved other rehab teams such as Physio, Dietetics, Psyche Clinic and Crisis Center so as to educate the community on other health related issues as well as other services offered by the hospital. All clients were screened for oral conditions on these days



Aerobics for the community

Pharmacy Month



Health Education by Pharmacy Supervisor

September is celebration of Pharmacy as a profession and GJ Crookes Hospital Pharmacy takes this opportunity yearly to showcase pharmacy as a practice to the community and assist patients in educating them on disease conditions and their medication. In preparation for pharmacy month, sponsorships were requested from various pharmaceutical companies and local businesses and fund raising activities were conducted throughout the year. Activities for the month included two visits to the community of UMDoni and talks within the hospital weekly on the common diseases encountered in the community. The last week of the month was reserved for a surprise party in the paediatric ward marking the end of this year's Pharmacy Month!!



Pharmacy staff at different areas for Pharmacy Month awareness



Mini Tournament—Friendly Games by GJ Crookes Hospital



GJ Crookes Hospital Soccer Team



Metropolitan Staff

On the 14th of September 2019 GJ Crookes hospital hosted friendly games between themselves, Inkosi Albert Central Hospital and Ceza Hospital at Country club Scottburgh. Event was sponsored by Metropolitan (Port Shepstone)

The games went as follows: -

Game 1

IALCH 3 – Ceza Hospital 2

Game 2

Ceza Hospital 4 – GJ Crookes Hospital 2

Game 3

GJ Crookes Hospital 1 – Inkosi Albert Hospital 2

Netball results

G J Crookes Hospital 27 – Inkosi Albert Hospital 45

Inkosi Albert Hospital was the champion of the day they won in all categories.

The teams were thanked for their participation and involvement. Metropolitan was also thanked for sponsoring the games and supporting the practice of healthy lifestyles.



Inkosi Albert and Ceza Hospital Soccer Teams for Mini Tournament

MEC for Health Visit to GJ Crookes Hospital and Umzinto Clinic



MEC for Health KZN Ms. Nomagugu Simelane Zulu at GJCH OPD

On the 17th of September 2019 the MEC for Health KZN Ms. Nomagugu Simelane Zulu visited Umdoni Municipality for a one on one engagement with the community as part of a monthly programme called **#OwezempiloEreydweniYakho**. Through this program, the Department is using radio to encourage the public to discover, understand and voice their needs and concerns to top management.

The MEC's visit saw her making an appearance at GJ Crookes Hospital where she requested the Acting CEO Dr. B Shange to bridge the gap between the Department and the community that it serves. MEC Simelane - Zulu visited the Outpatients Department, Admitting Department, Eye Clinic, X Ray, Casualty, Thuthuzela Care Center (Crisis Center) and Labor Ward Maternity.

She then proceeded to Umzinto Town Hall accompanied by the Umdoni Deputy Mayor Cllr S Khathi, Cllr Mngadi (Chief Whip Umdoni) Cllr S Cele (Umdoni), The newly appointed Head of Health Dr. S Tshabalala, Dr T Khanyile, Mrs. N Mkhize (District Director) Dr. B Shange (Acting CEO GJC), Mr. Manyokole (CEO Murchison Hospital) and the provincial entourage. At Umzinto the MEC held a one on one engagement with the community which was recorded and transmitted on Gagasi fM the next day. With September being a Cancer awareness month, MEC with Head office dignitaries, highlighted cancer awareness and the need for early testing. Challenges surrounding the provision of health services in Umzinto clinic and the hospital were noted and responded to. The need for Umzinto clinic to be upgraded to a CHC was touched on by the MEC having listened to the comments by the ward councilor and community members. Her last stop was at Umzinto clinic where she engaged with the Clinic Committee and Community Health Workers CHW's on their roles and challenges



MEC with District Director, Acting CEO and Nursing Management doing walkabouts



MEC addressing Umzinto Clinic Committee and CHW's

Dr. Ragunandan's Farewell



Acting CEO Dr. B Shange bidding farewell to Dr. Ragunandan



Dr. Ragunandan the Retired Medical Manager

On the 18th of September 2019 the staff of GJ Crookes Hospital Bid Farewell to their long serving Medical Manager Dr. M Ragunandan. He was described as a father for the institution during his time of service. He was thanked for having ensured coverage of doctors in all areas of the facility and where there was no Medical Officer he would personally cover those areas. It was mentioned that Dr. Ragunandan was very humbled worked with honor and knew all staff from the lowest category of staff to Supervisory and Managerial levels. He showed to be a true gentlemen and a great leader during his time. Dr. Ragunandan was very thankful for the send off, he reflected on his memories and times as a Medical Manager for GJ Crookes Hospital and how he felt about it. He thanked all the staff for the support and cooperation throughout the years which he was a Medical Manager.



Dr. Singaye bidding farewell to Dr. Ragunandan



Mr. Senekal and Dr. Ragunandan



GJC Staff at Dr. Ragunandan's Farewell

Heritage Day Celebration



Acting CEO Dr. B Shange Opening the Event



GJ Crookes Hospital staff at the Heritage Day Event

On the 25th of September 2019 GJ Crookes Hospital Wellness Committee held a Heritage Day Event for the staff of GJ Crookes Hospital. The program was directed by the Hospital PRO Mr. TM Mbanjwa and Nurse NBM Mkhize. The staff gathered on this day wearing different garments representing their tribes and tradition.

The event was opened by a chant done by the Iskon Group. A religious organization that focuses on the science of self realization for individuals regardless of their religious background. They also invited staff for chanting and sing along to the songs they had for the day, the main one being 'Hare Krishna'.

The Purpose of the day was given by Dr. B Shange the Acting CEO who mentioned that Heritage Day is a time to remember each other's traditions and also realize the importance of upholding a good culture of being good servants to our clients and keep that as a tradition for the benefit of our communities.

Showcasing of Best dressed Male and Female in their traditional attire was done and staff presented themselves and Best Dressed female staff member was Nurse NS Gumede for males it was Mr. Msomi. The best displayed traditional meal award for this year was taken by the Hast Department. The staff were thanked for their presence and participation to the event.



Various Activities for Heritage Day Event



ACKNOWLEDGEMENTS



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