

# PHARMACY MONTH

GJ CROOKES HOSPITAL 2023

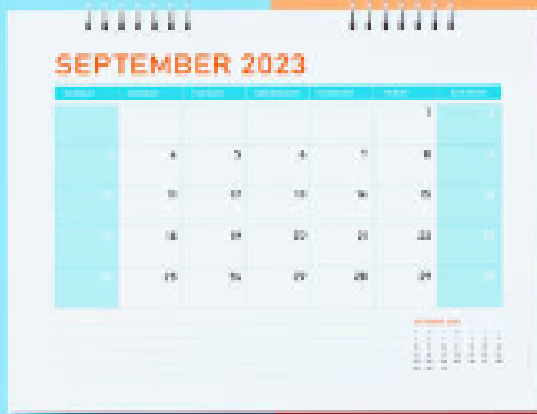
LIMITED EDITION!

## Pharmacy United in Promoting Healthcare for Patients



<b>PROMOTE</b> Health Education	<b>PROMOTE</b> Health Education
<b>PROVIDE</b> Access Primary Health Care	<b>PROVIDE</b> Vaccines
<b>EMPOWER</b> Medication Queries	<b>EMPOWER</b> Antimicrobial Stewardship

#pharmacyunited #knowyourpharmacist #askyourpharmacist #pharmacymonth2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1 OUTREACH: SCOTTBURGH HIGH SCHOOL	2	3
4	5	6 OPD HEALTH EDUCATION TALK: OPD TEAM	7 WARD HEALTH EDUCATION	8 OUTREACH: UMZINTO PRIMARY SCHOOL	9	10
11	12 OUTREACH: ALEX PARK HOMES	13 OPD HEALTH EDUCATION TALK: INPATIENTS TEAM	14 WARD HEALTH EDUCATION	15 IN-HOUSE: TREASURE HUNT	16	17
18	19 OUTREACH: SIHLE HIGH SCHOOL MLANGENI	20 OPD HEALTH EDUCATION TALK: PREPACKS TEAM	21 WARD HEALTH EDUCATION	22 IN-HOUSE: HERITAGE DAY EVENT	23	24
25	26 OPD HEALTH TALKS: CHORNIC	27 OPD HEALTH EDUCATION TALK: STORES TEAM	27 WARD HEALTH EDUCATION	29 OUTREACH: DISTRICT 49 CHILDRENS HOME - UMKHOAAS	30	

# Introduction..

*Pharmacy Month celebrates the valuable contribution made by pharmacists and pharmacy support personnel in all sectors of pharmacy. This includes the promotion of healthcare and rational medicine use for the people of South Africa. This month comprises of pharmacists and pharmacy support personnel working in industry to provide medicines that treat illnesses to those who make sure that patients in hospitals and in the community receive the most benefit from their medicines. GJ Crookes Hospital Pharmacy participates in various initiatives during this period.*

*It was essential to host fundraising activities to raise money for Pharmacy Month. During Pharmacy Month, we planned Outreaches, Inhouse Events, Outpatient Department Talks as well as Clinic/Ward Talks. Activities were planned in a methodical manner as per the Pharmacy Month Calendar above. This Magazine will feature the events that took place at GJ Crookes Hospital Pharmacy.*

*The Pharmacy Month 2023 theme was aimed at educating the public on the role of pharmacists and pharmacy support personnel in delivering primary healthcare services to the community; promoting the uptake of immunisation and educating the public on adverse drug identification and reporting; and promoting antimicrobial stewardship (AMS), including infection prevention and control (IPC).*

*Written by the Pharmacy Team: Interns and Community Service Pharmacists Of 2023*

*(Interns- Mzokona Nene, Thobani Msabala, Nkanyiso Hesper Magushwa and Shannon Roberts.*

*Community Service- Sihle Mbele and Kiara Singh)*

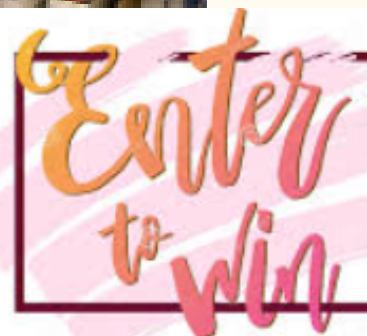




*The first fundraising activity for Pharmacy month was a raffle, The raffle was held within the Pharmacy Department and was extremely successful thanks to the amazing support from all of the Pharmacy staff.*



**RAFFLE**





## QUIZ

As an effort to raise funds for Pharmacy Month, the staff engaged in a fun quiz which they paid R5 to enter. Pharmacy staff were separated into 4 teams: Simba-statin, Top-era-mates, Ateno-lol, and Admire-darone. The teams were invigilated by community service pharmacists and intern pharmacists. They had to answer a timed quiz testing their pharmaceutical and general knowledge. Even though it was tough competition between the teams, team "Top-era-mates" emerged as winners. They collected an awesome reward in the form of a cake for themselves

## TEAMS



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# Sweet Success: GJ Crookes Hospital Pharmacy Celebrates Pharmacy Month with A Delicious Fundraiser

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In the heart of GJ Crookes Hospital Pharmacy's foyer, a wave of excitement and goodwill swept through as we hosted a delightful fundraising event to mark Pharmacy Month. With tables adorned in scrumptious cakes, savory treats, drinks, and hot beverages, the atmosphere was nothing short of festive. What truly made this event extraordinary was the tremendous support from our dedicated pharmacy staff. They not only pitched in with their culinary talents but also brought delicious offerings to the cake sale. This collaborative effort was orchestrated by the Pharmacy Month Planning Committee, consisting of interns and community service pharmacists. We cannot express enough gratitude to our pharmacy staff for their unwavering support in purchasing and contributing items for sale. Thanks to their generosity, the funds raised during the cake sale will be used to fuel the various programs and outreach visits scheduled for Pharmacy Month.



TANTALIZE YOUR TASTEBUDS  
AND INDULGE IN THE

21  
JULY

# Pharmacy BAKE SALE

WE ARE SELLING:  
SAVOURIES  
CUPCAKES  
POPCORN  
& MORE!

LOCATED AT:  
The Foyer

TIME:  
TO BE  
CONFIRMED

ADD YOUR NAME TO THE  
LIST TO SPONSOR ANY OF  
THE ITEMS OR TO DONATE

FOR MORE INFO CONTACT YOUR  
NEAREST INTERN OR COMM SERV



# Blossoming entrepreneurs!



FUNDRAISER FOR  
PHARMACY MONTH

## MINI TUCKSHOP ON WHEELS !!!

OPERATING HOURS:

WED: 09:00-10:00

THURS: 10:00-11:00

FRI: 10:00-11:00

PLEASE CONTACT YOUR NEAREST INTERN/COMM  
SERV FOR PURCHASING OUTSIDE OF OPERATING  
HRS



The Mini-Tuckshop on Wheels proved to be one of the most successful fundraising activities! The staff members of GJ Crookes Hospital Pharmacy contributed selflessly towards this initiative and expressed immense gratitude for purchasing snacks at their door-step. By fostering the spirit of charity, we were all united as a team to not only contribute financially towards Pharmacy Month but also stand united as a team and serve our community with love, kindness, compassion and unwavering support through their healthcare journey...



# OUTREACH: SCOTTBURGH HIGH SCHOOL

On the 1st of September 2023 at the beginning of the pharmacy month, we attended Scottburgh High School which is next to GJ Crookes Hospital. We introduced ourselves and the principal of the school Mr. Pillay welcomed us with open arms. We then provided information to the Grade 10 Science class on the role of pharmacists, pharmacy as a career, antimicrobial stewardship and its importance, different universities that provide pharmacy and what it takes to become a qualified pharmacist in South Africa. The presentation was a huge success as the learners showed that they were listening by answering all of our questions at the end of the presentation.



**From left to right:** Nkanyiso (Pharmacist intern), Sihle (Comm service pharmacist), Shannon (Pharmacist intern) and Slindile (Learner basic pharmacist assistant) at Scottburgh High School.



## OUTREACH - GJ CROOKES HOSPITAL PHARMACY

## ALEX PARK OLD AGED HOME



**A DAY FULL OF HEALTH EDUCATION, DANCE, CAKE, SCONES AND TEA!**



Since many of the patients receive their medication on a chronic basis from GJ Crookes Hospital Pharmacy, our prime focus was addressing medicine adherence.

The elderly were also informed on the rational use of antibiotics as well as how to identify side effects of medication. Education was imparted in a fun and exciting manner. This involved a handwashing dance to reflect the importance of personal hygiene. Sponge cakes and scones were purchased with the funds raised to host a tea party for the elderly.

### SUPPORT FROM SPONSORS!

A raffle was assembled with money raised from the fundraising activities. This was presented to a lucky winner. Diaries were sponsored from Hetero and were gifted to elderly members who shared words of wisdom or answered questions correctly.





# OUTREACH: SIHLE HIGH SCHOOL



On the 21st of September 2023 we went to Sihle High School, in Malangeni to celebrate Pharmacy Month with them. Our current Pharmacist Intern, Mzokhona Nene was an ex-pupil and delivered a highly inspiring and motivating speech to the learners. We spoke with grade 10 learners and many were enthusiastic to pursue pharmacy one day. The following knowledge was imparted to them:

- Requirements to study pharmacy
- Role of pharmacist in the community
- Safety use of antibiotics
- Resistance of antibiotics
- Importance of correctly using medication

After our presentation we had a question and answer session. Donated note pads and bags were given to prize winners. All the learners received ice lollies and an apple from the funds generated for Pharmacy Month.

# BACK To SCHOOL

## OUTREACH: UMZINTO PRIMARY SCHOOL



For it is in the giving that we receive.

*- St. Francis of Assisi*



WE RECEIVED FULL SUPPORT FROM THE AUDIOLOGIST AND THE DIETICIAN FOR THIS VENTURE. THE CHILDREN WERE EDUCATED ON THE ROLE OF PHARMACY AND PHARMACY PERSONNEL, HOW TO PRACTICE GOOD HANDWASHING TECHNIQUES AS WELL AS HOW TO MAKE HOMEMADE ORAL REHYDRATE SOLUTION.

STUDY SNACKS WERE ASSEMBLED WITH THE FUNDS RAISED AND THESE WERE GIVEN TO THE GRADE 7 LEARNERS



## **OUTREACH: ST PATRICK'S PRIMARY SCHOOL**

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On the 21st September 2023 we were invited to St. Patrick's Primary School. We were honoured to represent Pharmacy and educate the learners on their career day. We were welcomed with open arms by the school principal and teachers. The children were educated on what pharmacy is, what protective gear pharmacists wear, where pharmacists are employed and what the scope of practice of a pharmacist is. We also provided information on the importance of adhering to the treatment prescribed by the doctors. The students were attentive and enthusiastic about the information provided to them.



*In celebration of Pharmacy Month, we embarked on an inspiring outreach visit to District 49 Children's Home, accompanied by a dedicated oral hygienist and a caring audiologist. Our mission was twofold: to provide health screenings for the children and to impart valuable knowledge on hygiene, food safety, and the responsible use of antibiotics*

*During our visit, we engaged the young residents in a series of educational and entertaining activities. The colorful games we played not only captured their imaginations but also conveyed important lessons about health and hygiene in a fun and memorable way*

*Beyond the games, we seized the opportunity to educate the children on the risks of sharing medicines and the importance of responsible antibiotic usage. It is our duty to raise awareness about these crucial issues and guide these young minds towards healthier futures.*

*This heartwarming experience at District 49 Children's Home exemplifies the spirit of Pharmacy Month. It underscores the vital role pharmacists play in improving community health. By sharing our knowledge and compassion, we can continue to make a difference in the lives of those in need.*

*As we celebrate Pharmacy Month, let us draw inspiration from our commitment to community well-being and the belief that, together, we can create healthier and happier communities, one outreach at a time.*

## *Empowering Health and hygiene: Pharmacy Month Outreach at district 49 children's Home*



## Raising Awareness at Local Clinics



At Gateway clinic, a neighbouring clinic to GJC hospital. A community-service pharmacist and an intern pharmacist went to provide information in terms of what are pharmaceutical duties in a hospital setting and what are the services we offer as Pharmacy. We talked about the importance of adherence to medication whether it chronic or acute as well as how the incompleteness of antibiotics can lead to resistance. We also educated patients on the importance of hygiene at home. The nursing staff were so welcoming and assisted us greatly by helping to maintain patient attention, assist to give out leaflet and also unpack what we said in a way that patients can comprehend.

## GATEWAY CLINIC

### EYE CLINIC...



On the 14th of September 2023 we presented a talk at the eye clinic situated at GJ Crookes Hospital. The talk involved explaining the different types of diseases that affect the eyes such as glaucoma and VKC. We counselled the patients on the different types of treatment used in eye conditions.



The patients were very happy with the information and shared their own experiences with their current eye conditions. Patients were also counselled on adherence. This was in line with the pharmacy theme of providing health information to the public. We asked questions at the end of the presentation and gave those who answered correctly a free packet of orange, carrot and water. It was a fantastic and very informative talk.

# PSYCH CLINIC

On the 20th of September we gave a talk to the patients at the Psychiatry clinic at the hospital, our talk focused on mental health medication and their side effects to promote patient adherence to their medication. Information pamphlets on mental health were handed out as well as notebooks to utilize as gratitude journals and chocolates. The patients were extremely interactive and eager to learn more about their medication.



# A VISIT TO THE PAEDS WARD!



## The H Ward Adventure begins..

Health education was provided for the mothers and the children. Visual aids such as measuring spoons were utilised to explain the importance of giving the correct dose of medicine to children. Antibiotics were touched upon as well as the risk of resistance should the mothers fail to ensure that children do not complete the course.

Mothers were also enlightened on the storage of medication. The children engaged in a handwashing dance and were delighted to play with balloons and receive special treats such as chips, juice and lollipops. Mothers were tested on their knowledge gained and prize winners received sponsored bags with goodies inside.

# OUTPATIENTS DEPT. TALKS

## CHARITY STARTS AT HOME!

Pharmacy Staff in each department participated in educational talks given at the Outpatients Department. These topics were chosen as they represented the theme for Pharmacy Month 2023. Fruit hampers were assembled and given to prize winners.

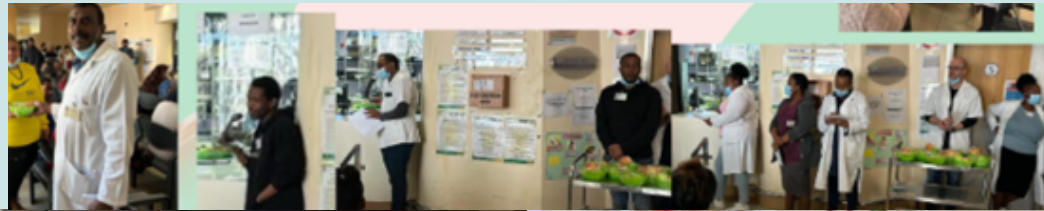


### Pharmacy Month 2023

### Pharmacy United in Promoting Healthcare for Patients

STORES	<b>PROMOTE</b> Health Education <p>Speak to your pharmacist about washing your hands correctly and regularly. Keeping your hands clean can prevent 1 in 5 respiratory infections.</p>	OPD
	<b>PROVIDE</b> Access Primary Health Care <p>Your pharmacist can provide quality, affordable primary healthcare services. Your pharmacist can test your blood sugar and blood pressure levels.</p>	CHRONICS
	<b>EMPOWER</b> Medication Queries <p>Ask your pharmacist if you have any queries about the medicine you are taking. Tell your pharmacist if you experience any side effects with your medicine.</p>	INPATIENTS
PREPACKS	<b>EMPOWER</b> Antimicrobial Stewardship <p>Antibiotics only treat bacterial infections. Antibiotics do not work against viral infections like flu.</p> <p><b>80%</b> Almost 80% of antibiotics used in humans are prescribed in primary care.*</p>	

## TOPIC ALLOCATION PER DEPT.



Money raised from the fundraising was used to purchase fruit hampers for the patients sitting in the Outpatients Department. These were given to lucky prize winners or those who expressed great interest in the topic delivered!





# EMPOWERING ORAL HEALTH : PHARMACISTS PROMOTE RESPONSIBLE ANTIBIOTIC USAGE



*Pharmacy month team member Mr Siphesihle Mbele along with "All health" campaign members including Health care professionals from GJC hospital dentistry development and district*

*In a significant stride toward public health, Siphesihle Mbele, a dedicated pharmacist, recently joined the nationwide "All Health Campaign" to advocate for good oral hygiene. At the event, the pharmacist enlightened the public on responsible antibiotic and pain management therapy, particularly after dental procedures.*

*Attendees had the opportunity to engage, test their knowledge, and those who answered correctly were rewarded with healthy goodies. Furthermore, the pharmacist provided personalized counseling for patients about to undergo dental procedures, ensuring they left well-informed and confident about their take-home medications.*

*The participation exemplifies the vital role pharmacists play in promoting responsible antibiotic usage. Together, we can achieve healthier smiles and well-being.*



## PHARMACY 30 SECONDS GAME

### OHH HOW UNFORGETTABLE!



### 3..2...1.. TIME UP!

LWe are thrilled to share an exciting team-building event that recently took place in our Pharmacy department - the exhilarating 30-Second Quiz! This engaging activity not only tested our knowledge but also fostered collaboration and camaraderie among our talented team. The Pharmacy team came together for an action-packed session of rapid-fire questions and friendly competition. The 30-Second Quiz was designed to challenge our knowledge of pharmaceuticals, medical terminology, and industry trends, all while encouraging teamwork and quick thinking. The first prize winners received 2 large, delicious pizzas and cooldrink to tantalize their tastebuds! The second prize winners received divine Magnum ice creams with a cooldrink and the third prize winners received an all-favourite Woolworths Cake with a cooldrink



# A SPECTACULAR HERITAGE DAY



On the 22nd of September 2023 we celebrated Heritage Day and we competed against other departments in the hospital. The different departments stood as a representation of the different cultures in South Africa. We had the privilege to represent the Venda culture. The Pharmacy team won the competition. We received a beautiful trophy and two certificates; one for participation and one for winning the competition.

This special occasion allowed us to come together and honour the rich cultural diversity within our team, fostering a sense of unity and appreciation for our collective heritage. It provided an opportunity for us to reflect on our roots, share our unique customs, and strengthen the bonds that make us a vibrant and inclusive community. Here's a glimpse into the festivities that unfolded at GJ Crookes Hospital:

1. Cultural Displays: Our talented team members showcased their heritage through captivating displays that featured traditional clothing, artifacts, and photographs. These exhibits provided a visual journey into the diverse backgrounds that make up our Pharmacy family.

2. Culinary Delights: Food has always been a powerful medium for cultural expression. During the celebration, team members brought in traditional dishes from their respective cultures, creating a mouthwatering feast that represented the flavors of our collective heritage. It was a true culinary delight that allowed us to savor the richness of our diverse backgrounds.


3. Storytelling and Sharing: Heritage Day provided a platform for team members to share personal stories, anecdotes, and traditions that have been passed down through generations. These heartfelt exchanges allowed us to gain a deeper understanding of one another's backgrounds and fostered a sense of empathy and respect.

4. Cultural Performances: The celebration was further enhanced by captivating performances that showcased various cultural art forms, such as music, dance, and poetry. These vibrant displays of talent and creativity added an extra layer of joy and entertainment to the event.

By celebrating Heritage Day, we not only embraced our individual cultural identities but also strengthened our sense of unity as a team. It reminded us that our differences are what make us stronger and more resilient in our pursuit of excellence



# THANK YOU!



As Pharmacy Month comes to an end, we would like to take a moment to express our heartfelt gratitude to each one of you for your enthusiastic participation and unwavering dedication throughout this special celebration. Your commitment to excellence and passion for the pharmacy profession have been truly inspiring. Together, we have showcased the vital role that pharmacists and pharmacy personnel play in providing exceptional patient care and ensuring the safe and effective use of medications. Throughout the month, we organized a series of engaging activities and events to honour and recognize the invaluable contributions of our Pharmacy team. From educational sessions, outreaches, clinic visits and fun competitions with team-building exercises, your active involvement made Pharmacy Month a resounding success. Your eagerness to engage in the various activities and events demonstrated your genuine interest in advancing your knowledge and skills. Your active involvement has not only enriched your own professional growth but has also contributed to the overall success of Pharmacy Month. Your unwavering commitment to providing exceptional patient care has been evident throughout Pharmacy Month. Your passion for ensuring the safe and effective use of medications has made a significant impact on the well-being of our patients and the community we serve. The spirit of collaboration and teamwork displayed by each member of our Pharmacy team has been truly remarkable. Your willingness to support and uplift one another has created a positive and inclusive environment that fosters growth and success. We are immensely proud of the accomplishments we have achieved together during Pharmacy Month. Your enthusiasm, expertise, and unwavering commitment have made a lasting impact on our team and the patients we serve. As we move forward, let us carry the spirit of Pharmacy Month with us, continuing to strive for excellence and making a positive difference in the lives of those we serve.

Once again, thank you for your exceptional participation and for embodying the true essence of our Pharmacy team.

PS: A Huge thank you to our sponsors - Hetero, Mylan, Braun and Viatris. This would have not been possible without you!

