



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Stanger Regional Hospital

Stanger Hospital

NEWS

STAY INFORMED

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STANGER HOSPITAL ANNUAL SERVICE AWARD (SHASEA)



From left Operational Manager (Sir Mbutho) HOD (Dr Ramjiwan) CEO (Ms. R.T Ngcobo) and Ilembe Deputy Director (Mr. Ndaba) during a recent SHASEA ceremony in Stanger Hospital.



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Stanger Hospital Annual Service Excellence Awards (SHASEA)

On 24 November 2017, Stanger Hospital hosted Stanger Hospital Annual Service Excellence Awards (SHASEA). The awards were awarded to both individuals and departmental participants. The aim of this ceremony was to reward excellence and motivate staff. All staff were encouraged to enter for different categories. The individual categories included **Best Batho Pele Performer**, the criteria for this category was amongst other things an individual that Complies with the BP ethos (wearing name tag, treating citizens with respect and dignity, provides basic information to citizens to help with access to departments and relevant services, etc.); The winners for this category were :

PN L. Naidoo (PUMain)

Mr. T. Nene (Pharmacy)

Mrs. N. Moodley (Physiotherapy)

PN Moloi (Gynae)

Mrs. V. Naicker (Security)

Ms. Xoli Mthetwa (Customer care)

Best Frontline staff the criteria for this category was for an individual that: 1. Embodies the principles of Batho Pele. 2. Organized, knowledge, approachable, understanding, and takes initiative in helping citizens and colleagues. 4. Serves with courtesy, care and respect. 5. Excelling in etiquette and time management. 6. High level of customer relationships management. 7. Efficient and effective public servant. The awardees were :

ENA S. Tikaram (Neonatal Nursery)

Dr Ramdeen (A&E)

Dr. C. Haaroff (Internal Medicine)

Mr. M. Dube (HR)

Mr. Senzo Mdluli (OPD Clerks)

Mrs. S. Sithole (HR)

Dr. Myint (Family Medicine)

Ms. T. Naidoo (Secretary)

There were also special awards for individual participants that are committed and dependable, seven staff members from different professions and levels were awarded.

The departmental categories included best

functioning unit and the awardees for this category were : P U Main, MOPD, Physiotherapy department, Medical Wards (FM & MM).

There was a special award for the **turnaround of a Department** and the criteria for this category was for the department that have encountered grave challenges in the past year. What was noted for these departments was the ability to rise above the persistent challenges and produce positive outcomes. This was a definite team approach and the following departments were congratulated on this notable turnaround. The awardees were Laundry, SCM, HR, Neonatal Nursery, Orthopedics.

For the **best implemented programme** the criteria were the following criteria : 1. Project/ Programme is in line with the strategic objectives of the institution. 2. Programme/project that is implementable with a purpose to change lives of the citizens. 3. Programme / project must be driven in a cost-effective manner. 4. The programme/project is sustainable. The winners for this category were : IMAM (Peads), Lulama Clinic (MOPD), MMC, Diabetic Clinic, as well as Baby Friendly programme.

The departments that has **received external awards** were also acknowledged. Further more staff members that adhered to the uniform dress code as well as the best dressed staff were also acknowledged. The **best public service leaders** of the institution nominated by staff and the departments were also awarded. There were special recognition for the **well ness programme** such as award for Stanger Hospital Netball team for being the Champions of the district, Dr Kabongo for Best Chess, Sr Khuzwayo, Stanger Hospital Choir, Hajaree, Dr Ringanayi.

Quality awards were also given to the departments with Highest NCS score, best QIP, Best QIP Audit. The **Infection Prevention and Control** awards were given to both individuals and the departments. The staff were also given long service awards.

On this day 85 awards were given to staff including both individual and departmental awardees excluding the long service awards.

Stanger Hospital Hosted World Prematurity Day 2017



Stanger Hosted World prematurity day on 17 November 2017. World Prematurity Day on 17 November is one of the most important days in the year to raise awareness of the challenges and burden of preterm birth globally.

The 17 November World Prematurity Day raises awareness of the serious health problem of premature birth. Worldwide, 15 million babies are born preterm and more than a million die as a result. Babies who survive often have lifelong health problems. World Prematurity day highlights the value of *respectful care for preterm babies* . Respectful care encompasses mothers, babies, and families as a unit, as well as treatment and care of the child.

The Theme for this year : ***Let them Thrive.***

Stanger Hospital has launched a knitting project in our Kanagaroo Mother Care Unit (KMC). Our hope is that the project keeps the mom's enthusiastic to remain in KMC during their stay in hospital, to help their babies thrive, and to teach the mom's a new skill which can they take home. We hope to improve the quality of the experience in KMC for these mothers and premmies.

Stanger Hospital Hosted Nursing Leadership & Management Seminar



Ms R.T.Ngcobo (CEO) giving a talk during the Nursing leadership seminar

Stanger Regional Hospital has conducted a successful leadership and management seminar in nursing, on 20 July 2017. The seminar was facilitated by the Stanger Hospital Chief Executive Officer (Ms R.T. Ngcobo) and Stanger Quality Assurance manager at Stanger Hospital (Mrs. H Jokoo). The purpose of the seminar was to encourage and motivate employees to grow in the nursing profession.

The panel was comprised of experienced Nursing manager , Mrs. Msomi who has an extensive experience in nursing leadership. The employees were given an opportunity to ask questions to this legend about her journey, and her management skills in sustaining the good relations with staff. Mrs. Msomi indicated that when she started nursing they were not told about how you can become Operational Manager or Sister in-charge of the Ward. Management in old days ,the 1980's were ignorant and harsh, so she did not let it demoralize her to further her career and study harder. She was motivated by her peers and lecturers at the college and her desire to change the outlook of been Sister in-charge or Operational Manager in the department. How has the revolution of the management today better than the 1980's? Matron Msomi mentioned that, sharing knowledge, experience and skills at work is good, it tightens the department or ward. The management can reduce or managed the negligence in patients by knowing the direction and mandate of the department of health, alignment of staff on what is required to be done and captivate the staff.

The staff should be learn or adapt with time and educate themselves with time so that they always up to date with what is new in the profession. The

Human resources Manager indicated the following Experience regarding supervising the employees: Human resources department and nurses policies differ, managers and nurses do not want to educate themselves about the policies and take matters emotionally when these dispute in department or ward. If the manager can deal with the problem he or she can avoid grievances.

Corrective discipline: the employees must be aware that there will be a further step taken if he or she continues with such a behavior. Manager or supervisor should be able to advice staff member informally if these grievances lodged against that staff and deal with it before it reaches to human resources department.

Operational Managers and Supervisors should be friendly and open towards the employees that build a bond and friendship so that staff member has problem he or she can easily talk to the supervisor in a friendly professional way.

Professional nurses who have been promoted from staff nurse needs training and support from managers and supervisors. New professional nurse must be introduced to the whole department and the employees should be told that the new supervisor should be treated with respect and dignity in every task given should be done and completed.

The staff needs to be educated about managing their sick leave that they will exhaust leave days and when serious incident occurs and they have no sick leave days they will have problem and go to unpaid leave . Denosa highlighted the importance of following the departmental policies.

Stanger Hospital Hosted World Diabetes day 2017



**Patients visiting
Stanger Hospital eye
clinic stall during
diabetes day**

On Friday (10 November 2017) Stanger Hospital Diabetes Clinic hosted World Diabetes awareness at KwaDukuza Town Hall. The purpose of this day was to create awareness to the community of Kwadukuza. Different topics were discussed such as: **Causes of diabetes** such as Heredity,

Excessive weight gain and unhealthy life style. **Symptoms of diabetes** like Excessive thirst, Excessive passing of urine, Excessive hunger and loss of weight, Sores that does not heal.

Other topics that were discussed included **control your diabetes by** taking your medication correctly, Eating the correct diet as well as exercising regularly.

The community was also educated on prevention of diabetes complications such as :

Stroke

Blindness

Heart attack

Kidney failure

Erectile dysfunction

Amputations

Stanger Hospital Pharmacy also presented a topic on administration of insulin injection :

Storage

Sites of administration

Relation of meals

Heart Awareness Day 2017



MOPD STAFF DURING THE RECENT HEART AWARENESS DAY 2017

The 29th September is marked as World Heart day. World Heart day is an international campaign organized by the World Heart Federation with the aim of engaging with individuals, families, communities and government around the world to spread awareness of the causes and the prevention of cardiovascular disease (CVD)

Stanger Hospital commemorated this year's World Heart day by giving educational talks to patients and staff to create awareness about cardiovascular disease. Patients and staff of Stanger Hospital were educated on healthy diet, getting more exercise and giving up smoke.

According to the Editor in Chief of the Journal of Cardiothoracic Surgery, Professor Vioin Zamavar, summarizes his thoughts on World Heart day : " Heart disease is very susceptible to lifestyle , modifications and simple interventions like monitoring and controlling high blood pressure and high cholesterol levels; managing diabetes appropriately, encouraging good nutrition and modest excessive and stopping smoking have been shown to reduce heart disease significantly.

Breastfeeding Week at Stanger Hospital



Paediatric team during Breastfeeding Week

Stanger Hospital commemorated breastfeeding week on 08 August 2017. The theme for this year's awareness is "sustaining breastfeeding together"!

The aim of this day was to create awareness as well as to educate the community on the importance of breastfeeding. Stanger Hospital commemorated this day by engaging the staff and patient in a march around the hospital creating awareness on breastfeeding. There were different educational talks to young mothers, that were delivered by Sister Ximba (Stanger Hospital Breastfeeding Champion) and Ms Tresia Bekker (Stanger Hospital Dietician). The educational talks covered different important topics such as

How to express milk

- Techniques of breastfeeding

- Tips on how to assess that the child is hungry

- Tips on how to monitor if your child is taking the milk.

The mothers were also advised on the importance of breastfeed during the night, as the hormones work well at night. There were educational talks that were given for HIV positive mothers on how to feed the child and the dangers of mix feeding. The day ended up with questions and answers sessions and there were lots of giveaways.

Women's day celebrations 2017



Stanger Hospital celebrated Women's day yesterday 24 August 2017. This event was organised by Stanger Hospital Women's forum. The day started with the 2 km walk from Stanger Hospital . The purpose of this event was to encourage women in the workplace to live a healthy lifestyle.

The day commenced with the warm up session conducted by Stanger Hospital Physiotherapist – Yovaika Naidoo. The staff was also advised on healthy eating by Stanger Hospital Dietician intern -Ms. S. Ndlovu. The event ended with lots of funfilled activities co-ordinated by women's forum secretary Mrs. Vijay Naicker. There were lots of prizes and giveaways. Chairperson of Stanger Hospital women's forum Mrs Rhona Swartbooi encouraged all ladies to unite, work together and share ideas to make a difference. The Stanger Hospital Chief Executive Officer –Ms R.T.Ngcobo motivated the women in Stanger Hospital to strive towards excellence and appreciated the initiative and the effort of the women's forum.

The Stanger Hospital women's forum conveys their sincere gratitude to the Stanger Hospital staff for making the day a success .

Wellness day for teens with chronic diseases 2017



Miss Madonsela doing exercises with the teenagers during the teenage wellness day.

On 14 July 2017, Stanger hospital Social work department hosted wellness day for teenagers with chronic illnesses. The main aim of this event was to initiate a support group of teenagers living with chronic diseases. The support group will contribute to reduce the growing numbers of teenagers defaulting treatment. Speakers from different sectors or fields specializing in medicine and wellness were invited to motivate teenagers about different aspects such as teenage pregnancy, substance/drug abuse, importance of taking medication and peer pressure. During this event Dr G. Lopez, Medical Manager at Stanger Hospital welcomed all speakers, the guests (teenagers) as well as the parents. Dr Lopez highlighted the importance of these events as it helps motivate and encourage teenagers on matters that affect them such as teenage pregnancy, substance/drug abuse and peer pressure. He further thanked the organizing team that planned the event. Dr Mudaly (Stanger Hospital HOD –Psychiatry) presented the risks factors in substance abuse, and how alcohol endangers brain functionality. She further highlighted how different organs of the body fail because of substance abuse as well as the behavior change and how it can affect your family and friends. Among the speaker was Miss. Yovaik from physiotherapy department at Stanger Hospital. Ms Yovaik engaged the teenagers on different excess-

es, the importance of exercise and how it can make the bones strong. She further mentioned that it is important to stretch your body every day, when you wake up and it helps the cells in the body to function properly and spinal cord to be healthy and pain free. Miss. B Madonsela from Love Life demonstrated few exercise tips and how teenagers lose control of their future by involving themselves in peer pressure and absconding from school which can lead to early pregnancy and sexual diseases which comes from unprotected sex and peer pressure. Miss V. Deliwe from Zoe-Life from Durban also elaborated from Miss. B. Madonsela speech on early pregnancy and peer pressure and the importance of going to school. Dietician department which was represented by Miss. S. Ndlovu presented topics on healthy eating and how it can help your body, muscles and mind grow. She further focused on the important of taking medication before you eat well so that medication can work well in your system. In closing Sister CB Msoimi gave a presentation on the dangers of early pregnancy in teenagers and the importance of abstaining from sex. Sister CB Msoimi also indicated that they support this initiative of wellness day for teenagers hence it can contribute in reducing the teenage pregnancy and educating teenagers who live with chronic diseases including HIV and AIDS in our communities.

Sanitary pads drive 2017



Entering womanhood should be a time of joy and natural development. Unfortunately too many young girls face this phase of their lives in shame and pain as they have no idea what is happening to their bodies. According to research, girls who cannot afford sanitary products miss approximately five days of school a month during their monthly cycles, and this amounts to 60 missed school days. The lack of affordable sanitary products for girls and young women places them at a disadvantage in terms of education when they are young and prevents their mobility and productivity as young women. Without sanitary products, girls are excluded from their right to education as stipulated by the Constitution of South Africa.

This was among the startling reasons that Stanger Hospital Staff identified this campaign as a means to give back to the community and make a difference, especially to young girls in rural areas. This can help to keep them at school during their monthly menstruation as education provides an opportunity to overcome the impediments to a successful, fulfilling life. Stanger Hospital managed to collect +-300 the sanitary pads through the donations from staff and with the assistance from Thuthuzela Care Centre. The donations were given to young girls in Bongimfundo primary . The first drop off of the sanitary pads was done on 28 July 2017.

This visit was not just the drop off of sanitary pads , but it was used as an opportunity to educate the young women on importance of personal hygiene during their periods. Sister Qwabe , whose working at Stanger Hospital POPD and also a member of the Stanger Hospital events Planning team provided leaners with educational talk about the importance of personal hygiene.

FAREWELL MRS MSOMI



Stanger Hospital staff bid farewell to its legend , the deputy Nurse Manager Mrs Msomi. Mrs Msomi joined Stanger Hospital in 1980. She was described as a dedicated leader who was committed in improving service delivery for the community of Ilembe District.

Stanger Hospital staff and management organized a special send off, to Mrs to express their appreciation for contribution she made to most of the staff members from the most junior staff to the most Senior staff of the hospital including the community of Ilembe. Mrs Msomi joined Stanger Hospital in 1980 as a professional nurse. Nurse.

The CEO ,Ms R.T.Ngcobo thanked Mrs Msomi for her contribution in the hospital . She indicated that Mrs Msomi has made a huge contribution as a leader, she has supported the senior management team in the best way possible. She has played a motherly role in senior management team as well as all other disciplines in the hospital. Mrs Msomi was also commended for her wisdom, as she has been in the nursing leadership for many years. It was indicated that Mrs Msomi was also a panel in the recent nursing leadership and management seminar held at Stanger Hospital where she was sharing her own journey and expertise in the nursing leadership .

Mr Ndaba from ilembe District was the guest for the day. He highlighted that Mrs Msomi will be solely missed by the District management team for her contribution and wise words as the experienced leader in the health system.

Mrs Msomi in her reply speech thanked staff that had she had worked with for the past +-37 years in Stanger Hospital. She further expressed her gratitude to the organizing team for organizing such a beautiful event. The joy was expressed by her smile when she was expressing her gratitude and also saying she did not know that the staff love her so much hence she was disciplining them “ Bengingazi ukuthi ningithanda kangaka, noma benginithethisa! Awu ngiyabonga bengingakulindele okungaka ! Ngiyabonga! Nomndeni wam uyabonga!”

The event was full of many gifts from different sections and individuals.

Photo Gallery SHASEA 2017



Photo Gallery World Aids day 2017



16 days of activism against Children and women 2017



Photo Gallery CP Day 2017



Photo gallery Sanitary pads drive 2017



Photo gallery Pharmacy Week 2017



Stanger Hospital commemorated Pharmacy week by giving educational talks in waiting areas to create awareness and promote immunization during National Pharmacy Month in September. Under this year's theme, Don't wait – vaccinate!.

Awareness was also created by advertng important childhood immunization schedule on local media.



Photo gallery Heritage day 2017



Photo gallery Farewell !Ms Msomi



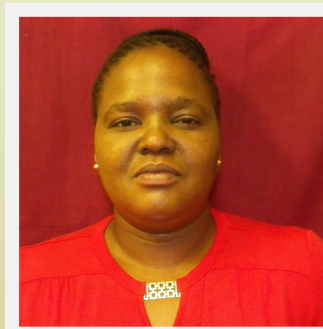
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