

GENERAL JUSTICE GIZENGA MPANZA REGIONAL HOSPITAL

GJGM HOSPITAL

NEWS

July 2021

KZN INFLUENCERS ROADSHOW WITH GAGASI FM@ GJGM REGIONAL HOS-PITAL



KZN HEALTH MEC (MS NOMAGUGU SIMELANE) WITH MR ALEX MTHIYANE FROM IGA-GASI FM DURING THE RECENT INFLUENCERS ROADSHOW @ GJGM REGIONAL HOSPITAL





















CEO'S NOTE



Dr G. Lopez (GJGM Acting CEO)

Last time we wrote notes for the hospital newsletter we were immersed in the fight against COVID 19 hoping that by now the epidemiological situation would be different.

Reality is that we are still dealing with a scenario in which despite all efforts the pandemic is rampant with our province well into a third wave of infections and our facilities been tested to the maximum by the number of admissions to our COVID 19 wards.

Health care workers more than anyone in society have been exposed to the impact of the pandemic and this is not only in terms of exposure to the infection but to the emotional burden of dealing with all issues related to it.

Over the past six months, GJGM Regional Hospital has once again shined in multiple activities some of which are reflected in this edition of the hospital newsletter.

On the second of March 2021 our hospital was among the first selected group of facilities to be involved with the Sisonke program to vaccinate health care workers with the J&J vaccine.

Selecting a venue, training vaccinators, setting up IT equipment and establishing systems to open a successful vaccination site may scape to many people's attention but it was only possible due to the commitment and dedication of different role players within the hospital.

A Vaccine coordinating team with representation from all components including organized labor made sure that preparations for the opening of the vaccination site and continuous functioning after that were fruitful.

In two different phases under the Sisonke trials more than 3000 Health care workers from GJGM and the rest of Ilembe district were immunized. Numerous compliments and congratulations were received by the vaccination site with especial emphasis on the friendly attitude of our staff and

the efficiency of the vaccination process. During all this period no serious vaccine adverse events were reported.

Our vaccination site has been host to several visits including Office of the Presidency, Provincial Department of Health, Deputy Minister of Finance and most recently the MEC for Health in Kwazulu Natal hosted Gagasi FM in our institution to promote vaccinations. This last event was very successful and all influencers whom received the vaccine here, especially Gagasi's FM DJs and managers were full of praise for our staff and the processes at the site.

In the month of July during the week of unrests around the province the hospital was faced with perhaps one of the biggest tests ever. Despite the limited access to the hospital and the threat posed to staff travelling to the institution, we managed to stand and function. Many clinicians and other staff stayed for many hours on site providing care. A high volume of trauma patients was managed in a period of 72 hours and it was trough pure commitment of those at hand that lives were saved.

Obtaining supplies and food for the patients was virtually a nightmare but like in many similar situations people raised to the occasion and went the extra mile.

We know of staff that made it to the hospital walking from home to come to work, there are many stories that must be told and remembered.

We had doctors facilitating donations of food and supplies through their own efforts and risks.

We acknowledge them and are forever grateful.

As we write this message the hospital is facing the higher number of COVID 19 cases admissions since the second wave.

The field hospital teams are responding with renewed efforts and now with more experience and expertise which benefit our patients and ensure best possible clinical care and clinical outcomes.

Besides the field hospital we have other COVID 19 units in different disciplines and they too contribute to save as many lives as possible.

All the teams are supported by allied health and support services making this fight a common and united effort within the hospital

We salute all our health care workers for the continue sacrifices and efforts.

These are difficult and challenging times but they shall pass and the sacrifices we have made will remain as testament of the quality of our health professionals.

I thank you and salute all staff at GJGM Regional Hospital.

Dr G Lopez Acting CEO







kznhealth



KZN INFLUENCERS ROADSHOW WITH GAGASI FM@ GIGM REGIONAL HOSPITAL



The MEC for Health Ms Nomagugu Simelane with members of KZN Legislature and Igagasi FM during the recent KZN Influencers roadshow with Igagasi FM

On the 29th July 2021, the KZN Health in partnership with Igagasi FM hosted influencers roadshow: COVID19 vaccine support programme. This event was held at General Justice Gizenga Mpanza Regional (GJGM,) Hospital vaccination site under llembe Health District.

The MEC for Health (Ms Nomagugu Simelane) visited GJGM Regional Hospital vaccination site together with members of KZN Legislature, Igagasi Management and staff, Mayors, Unions and Health Officials during the recent KZN influencers roadshow programme in Ilembe District. During the briefing the MEC for Health emphasised that the event like this will encourage the people in KwaZulu Natal to vaccinate hence there are lot 06H00 to 09H00) and (after morning show: 09H00 to of myths or fake news circulating in social media about the COVID 19 vaccines.

She further highlighted that the Department of Health is on the drive to encourage 35 year-olds and above to vaccinate. Igagasi FM broadcasted live in GJGM Regional Hospital vaccination site, in order to help drum up support for the programme.

The GJGM Regional Hospital vaccination site vaccinated IGagasi staff members together with members of KZN legislature and the Hospital Board members on the day so that they can use their influence to encourage people to vaccinate.

The radio station had a live broadcast both the (morning: 12H00).











Nurses day @GIGM Regional Hospital



Nurses at GIGM Regional Hospital paying tribute to the fellow heroes and heroines during the recent nurses day of prayer.

On 12th May 2021, General Justice Gizenga Mpanza Regional Hospital hosted its annual Nurses day of prayer. May 12th is the day set aside to appreciate nurses globally for their collective effort in sustaining health care systems. It is a special day to commemorate the life of Florence Nightingale and her contribution to modern nursing. The theme for Nurses day 2021 is A Voice to Lead –A Vision for Future Healthcare. Despite the challenges pandemic, the theme is a testament to how much health care workers are willing to sacrifice to keep health care systems running.

On this day, Dr Lopez welcomed all staff members who attended the event. In His welcoming speech, he thanked the organizers of the event and all the nurses that worked tirelessly through this difficult time. He further emphasized that, as the Hospital we will never forget that the COVID 19 took away our Colleagues including nurses. "Our lives will never be the same again". He highlighted that, the nurse played an important role and encouraged them to continue with their good work to ensure that they give comfort to the families of the loved ones that are admitted in our facility especially since there are no visitors allowed. He

further stated that, out of 1500 staff members working at GJGM Regional Hospital 1440 staff has already vaccinated. He also stated that, during this pandemic we lost some patients and our colleagues but we managed to save many lives.

Among the speakers of the day, Mr. S.W. Dlamini (Assistant Nurse Manager: Surgery) mentioned that, all of us suffered due to COVID 19, that is a reason we must always remember the fallen heroes and heroines. He motioned that GJGM Regional Hospital lost seven nurses due to their pandemic, people might forget their names but they will never forget the goodness they did.

The event including the lighting of the candles and reading of the nurses pledge. It was also a remembrance for all staff that passed on due to COVID 19 including the nurses.

Matron Shabane (Deputy Nurse Manager) thanked all nurses for their dedication and doing their job with a pride to save lives. She further encouraged all nurses to continue with their positive contribution to the Health fraternity.





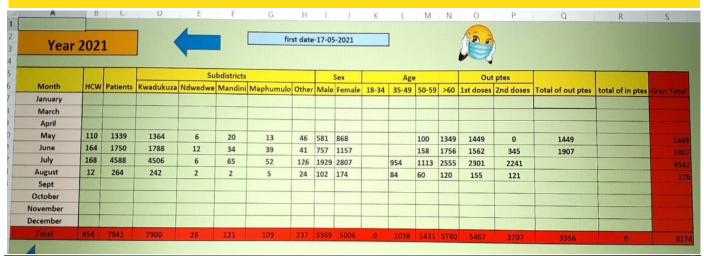
KZN Department of Health

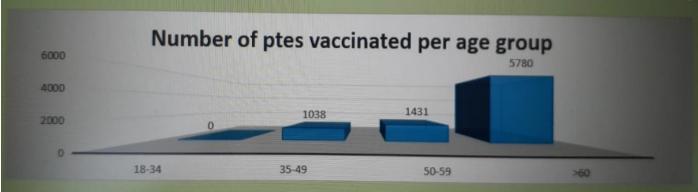


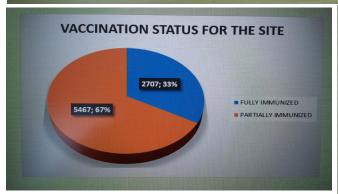
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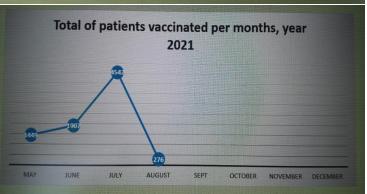


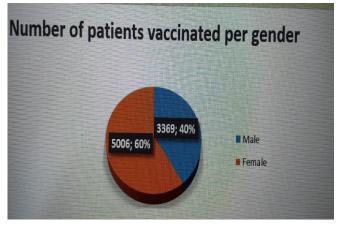
Vaccination Statistics

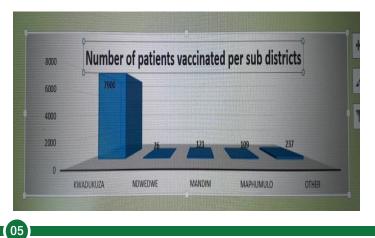




















Opening of the new Building

MEC of Health officially opened the new Neonatal Unit

The brand new Neonatal unit at General Justice Gizenga Mpanza Regional Hospital was opened by the MEC for Health Ms Nomagugu Simelane. The opening took place on 26 February 2021.

On this day , the MEC for health had engaged in a walk about to view the inside of the new building.

Hospital ACEO did a brief presentation about the background of the hospital and on how this new unit will benefit the patients.

The new unit has improved staff morale and attitude towards their work .

This state of art facility has the following key components:

- Reception area.
- Outpatient department (gynecology and obstetrics)
- Labour ward
- Antenatal ward
- Postnatal ward
- Gynecology
- Neonatal unit
- Milk bank and milk express facilities
- Boarding mothers rooms
- Operating theatres
- Kangaroo mother care
- Helipad
- Staff canteen
- Call rooms
- Meetings and lecture rooms
- New mental inpatients health facilities.
- Offices



Cutting of the ribbon with MEC for Health (Ms Nomagugu Simelane)



MEC for Health doing a walk about with staff in New Building









Global hand wash day



PUMAIN staff with IPC Programme Coordinator (Mrs Sarah Moonsamy)

HAND HYGIENE CAMPAIGN 2021 ON THE 12TH May 2021 General Justice Gizenga Mpanza Hospital hosted a Hand Hygiene campaign at the facility to commemorate World Hand Hygiene day.

The Global theme for 2021 is "SECONDS SAVE LIVES - CLEAN YOUR HANDS". Mrs Moonsamy the infection prevention and control manager together with the IPC representatives from various departments was able to initiate a poster competition and ward level awareness with ward displays. The ILembe District IPC Manager Mr Magasela was present at the outset of the day, and was keen participant with Matron Mlambo Thank you to the sponsors for the day, Jenni Poole from KCI and Adaline from Essity.

The event began at 09h00 with Hand hygiene audits that were done by the team including Sr Vadiveloo and Dr R Naidoo from ICU. All wards were audited with random selection of staff displaying their hand wash technique. All those that scored 100% were given gifts.

The panel made their way to various wards and departments to observe the ward presentations and posters that staff were encouraged to enter into the competition. Some wards went out of their way to demonstrate importance of Hand washing through posters, ward set ups and staff participation.

The general cleaners also used this opportunity to ensure that all areas were thoroughly cleaned and presentable for the walk through. Staff were really motivated to continue safe practices especially AT THE POINT OF CARE with the presence of the Monitoring and evaluation Matron during these visits. A clear message was given to all wards that IPC practices is about team effort and the importance of hand washing in the clinical and non-clinical

areas. Once the panel had completed the walk about they sat and deliberated the best ward and individual presentations. It was a unanimous decision: Physiotherapy department; Paediatric main unit; Speech and Hearing Department. These departments went over and beyond to bring out the essence of the campaign through displays and posters and staff participation. Trophies sponsored were by Rene Moonsamy (Director at NDC) Hampers and hand sanitizers were given to staff. Physiotherapy department excelled with brilliance as they incorporated the theme into their presentation.. Posters were done with brilliance; their activities brought a clear message of the need to wash hands in the clinical area. Patients were taught on how to do hand wash and a tipee tap demonstration was done by the team Staff members demonstrated the 5 moments of Hand washing and also the 9 steps involved in hand washing.

Thank you to the IPC representative Ishen and the team a for a job well done. Thank you to Sr Dela and the team for an excellent presentation and participation and enthusiasm that was shown in this project. This team is a representation of excellent team spirit thus ensuring positive outcomes in the unit.

Congratulations to the winning Poster from Speech and Audio department, the essence of the campaign and its message was brilliantly captured in their poster.

A special thank you goes to the Psychiatric ward patients who submitted their posters and had a presentation explaining what their poster represents and importance of hand hygiene.

This is really priceless and overwhelming to acknowledge that our patients do realise the importance of hand hygiene especially during the COVID Pandemic. VERY IMPRESSIVE INDEED.

These activities were completed at 14h30.Feedback from staff received after the event was very welcoming and positive signifying success and those that were reluctant in the day's proceedings promised to do so in the next campaign.

The goals of Hand Hygiene awareness testing and teaching and creating positive enforcement for good hand hygiene were met and these efforts can only be continued with good team work.

The IPC manager wishes to thanks the Management and staff of G.J.G.M. hospital for supporting the venture .Mr Magasela from district office and Dr R Naidoo and Mrs Vadivelu for their continuous support in the IPC programme at the facility.









SIPHILELA THINA SUPPORT GROUP



Siphilela Thina Team

The HAST Team and allied staff had a successful start to the newly formed Adolescent Support Group. The aim of the Introductory Session was to introduce team members and adolescents to each other, as well to foster an open and safe environment. The HAST team, would like to acknowledge the assistance received from hospital management, Dr Aryesh Ramlall, Dr Noella Abarhirwa, Dr Derisha Naidoo and Sister Jokoo.

A brief orientation was done by Dr Kannie and Nurse Seme to explain the purpose of the group to the participants and their parents/guardians. The participants and team members then introduced themselves to each other. ARV Counsellor, Londiwe, then had participants and parents sign consent forms for the support group.

'Why do I need to take my ARV's?': Dr Kannie used visual diagrams to illustrate the relationship between CD4 count, viral loads and adherence. Each participant was given a copy of this diagram. Dr Kannie emphasized the effects of a declining CD4 count and high viral load; because many adolescents default treatment when they feel well.

What does AIDS look like?': Dr Naidoo showed participants, with a slideshow, what AIDS patients look like and the diseases that affect them. It was clear that participants did not know the consequences of developing AIDS. In addition, slides were shown on famous people living with HIV, to demonstrate that HIV does not limit your opportunities for success.

'Disclosure and why it's important': Zama, from the social work department, started her session by playing musical chairs with participants. This helped participants become more comfortable and have a little fun. Zama then gave participants a questionnaire, to identify issues related to their HIV treatment. Lastly, she concluded the session by counselling participants on disclosure and accepting their status.

'Living with HIV': Londiwe, our ARV counsellor, talked to participants about the three essentials of living with HIV: food, exercise and medication. She also emphasized the importance of shifting from a negative to a positive mind-set. Participants were counselled that having HIV is not the end of your life and that anything is possible, if you take your treatment.

'Me and my feelings': Jarryd Colbourne, our psychologist, taught participants about what emotions and feeling are and ways to

cope with negative emotions. He introduced participants to the 'traffic light system', which involves stopping what you're doing, yielding and dealing with your feelings and finally, go and continue with your tasks.

Discussion Session: Light refreshments were served. Participants asked questions which were addressed by team members. Participants gave suggestions on names for the support group and it was decided that 'Siphilela-thina' would be the name. 'Siphilela thina' translates to 'living for us'.

The Siphilela-thina team hosted a successful third meeting on the 11th of June. The theme of this session was Sexual Health and a wide range of topics were covered. Dr Kannie and Nurse Seme welcomed all team members, participants, and guests. We were thrilled to reveal our new banner which was a culmination of the team's effort and input.

Sexual Assault Awareness: The team was delighted to welcome Detective Christina Subraylu, a South African Police Service representative from the Child Protection and Sexual Assault Unit. She gave a highly informative talk about sexual abuse and rape, as well as the steps needed to report such crimes.

The Siphilela-thina team would like to thank Detective Subralyu for her expertise. . Recognising abuse: Jarryd Colbourne, our team's psychologist, gave our participants an excellent talk about recognising abuse, the different types of abuse and coping mechanisms. Jarryd emphasized the importance of victims not placing blame on themselves in abusive situations. Participants were given pamphlets with information about abuse and ways to access support services.

Sexual Education: Dr Banele Mbatha held an informative session with participants regarding safe sexual practices. She spoke about basic sexual education and emphasised the importance of abstinence. She explained barrier contraception with the use of visual aids. The HAST team would like to thank Dr Mbatha for her contribution.

Responsibility in sexual relationships: Dr Kannie emphasized to participants the importance of responsibility and emotional maturity in sexual relationships. She encouraged participants to wait before engaging in intimate relationships and to protect their mental health and happiness.

Question and Answer Session: Participants were given to opportunity to write anonymous questions, concerns, or feelings about all topics covered thus far. These queries were then addressed by the Siphilela-thina panel.

This was an enlightening exercise as we covered topics including sexual harassment, peer pressure, romantic relationships, status disclosure and treatment compliance. Participants disclosed issues that were never discussed in patient consultations or previous meetings. It was an encouraging experience and highlighted how vital this project is to adolescent HIV care.

Closure: Light refreshments were served, and we would like to thank all those who contributed. The Siphilela-thina team would also like to thank all the speakers for tackling such a delicate subject with sensitivity and respect.









HEALTH AND SAFETY DRILL

Fire drill is a method of practicing how a building would be evacuated in the event of fire or other emergencies. The building's existing fire alarm system is activated and the building is evacuated as if the emergency has occurred.

Generally the evacuation is timed to ensure that it is fast enough and that problems with the emergency system or evacuation procedures are identified and remedied.

The Building Fire Safety Regulation 2008 requires that the staff and community are given instructions on the correct procedures to follow in the event of a fire or other emergency situation.

The drill will help staff and community to understand how to evacuate the buildings safely in the event of a fire or other emergencies. This will ensure their safety.

The purpose of the drills in buildings is to ensure that everyone knows how to exit safely and as quickly as possible if a fire, smoke or other emergency occurs. People need to recognize the sound of the fire alarm.

The drill was performed at all the hospital departments and was a success.

Most of the staff were active and cooperated during the drill.

During the drill, safety Officer and Occupational Health Nurse were writing down the observations during the drill.

The observations are presented below as the evaluation report.

Total time taken for the evacuation: Announcement- 08h04 Evacuation started @ 08h04 Evacuation ended @ 08h09 Time taken= 05 minutes, 50 seconds

The participants did well because, they took less than 30 minutes which is a maximum time.



Health and safety drill outside main kitchen



Health and safety drill outside main pharmacy



Health and safety drill outside CSSD











Retirement Mr Naidoo





General Justice Gizenga Mpanza Regional Hospital bid farewell to its long serving Senior Staff member (Mr J.B. Naidoo).

Mr Naidoo was appointed on the 16th February 1990, as an Administration Clerk working in Supplies. He was then promoted to Chief Clerk on 1/4/2006. In 01 August 2007, he was appointed as Assistant Director: Finance.

He retired on 31st May 2021 holding a position of a Deputy Director in Finance which he resumed on 01 December 2012. He will be forever missed by the facility for his leadership skills in Finance division.

Happy retirement J.B!











My experience working at the vaccination site



Mrs Cynthia Vadivalu: Occupational Health Nurse

Mr Ndidi (GJGM Board member) getting his jab @ GJGM Vaccination site.

It is an absolute privilege and honor to be part of the Covid –19 vaccination roll out. The unprecedented nature of this mammoth task, makes it exciting and meaningful. We as health care workers have seen the absolute devastation and horrors the covid 19 virus has left in its n enormous accomplishment for all health care workers. As I reflect on the pandemic I am haunted by the memories of the mothers, fathers, daughters, sons and friends we lost due to the COVID. It leaves a deep opened scar in our beautiful community, a wound which will never heal. However being involved in the vaccination programme brings some comfort, knowing that millions will be spared the horror of dying a "covid death'. There is some light at the end of this tunnel. The first round of vaccinations began in march 2021, with healthcare workers coming through in their numbers, we were thankful that the vaccine would provide more protection to our frontline workers against COVID -19. It was pleasure to serve my colleagues. I salute every one of them, as well as, we continue to push through these challenging times. When it came to the general public, there was an initial hesitancy, however people soon realized that vaccination could save their lives. It was a sight to behold. People from different cultures, ethnicities, languages and geographical locations came to our vaccine site, bringing with them decades of history, experiences and scintillating life stories that set our vaccination site alight. Their stories brought us hope and gave us something to look forward to. It has been more than a year that we have been battling with this disease with no hope of winning. And now we have something substantial to fight with and win. Our community members sat, nervously in their chairs awaiting their vaccine, I would often remind then that they are making history and they will live to tell the story of how we overcome Covid-19. I remember a couple who stopped by at our vaccination site, one afternoon, almost at closing time. The husband was on dialysis and needed to receive the vaccine on the day, he would not be able to come to the vaccination site. The gentleman appeared weak and frail, while his wife stood close to him holding his hand. She was not so concerned about her vaccinate, instead she was not concerned about receiving her vaccine, instead she as so desperate for her husband to receive vaccine, due to his underlying condition.





member) getting his jab site









GIGM FEATURED IN GCIS-KZN



GCIS_KwaZulu-Natal @ @GCI... · 5m :
District Development Model Champion
for Ilembe District, Deputy Minister for
National Treasury, Dr David Masondo
paid a visit to the General Gizenga
Hospital vaccination site & engaged with
staff as well as vaccinees.

#DistrictDevelopmentModel #DDM #Khawuleza























GIGM HOSPITAL WORLD TB AWARNESS

The GJGM Regional hospital Commemorated word TB Day on the 24th March 2021, as part of the annual health calendar.

The purpose of the day was to educate and enlighten patients about TB, and to raise awareness about TB. The HAST team printed banners and informative posters about TB. They visited different outpatient departments in the hospital educating staff about important facts to know about TB.

The team members were each given an opportunity to present and teach patients about importance of adhering to TB Treatment, prevention of TB, common signs and symptoms and different types of TB.

The team also had questions and answer session .Each patient that asked a question or gave a correct response to the questions asked was given a small goodie pack consisting of (chocolate, lollipop, small hand sanitizer) this was to encourage patients to pay attention to the content of the presentation and interact with the team.





Hast team with their educational posters and banners about TB.







Hast team doing the presentation in OPD departments.











PHOTO GALLERY



KZN Health lunch time chat programme live @ GJGM Helipad



KZN Health lunch time chat $\,$ programme live @ GJGM Helipad $\,$



KZN MEC for Health (Ms Nomagugu Simelane) and Igagasi FM personality (Mr Alex Mthivane)



The team visiting GJGM vaccination site



MEC for Health doing a walkabout with Ilembe District Health Team



GJGM vaccination site team with Igagasi FM personality (Mr Felix Hlophe)











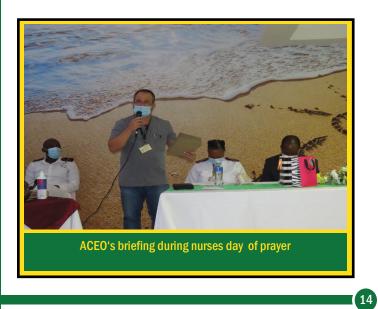
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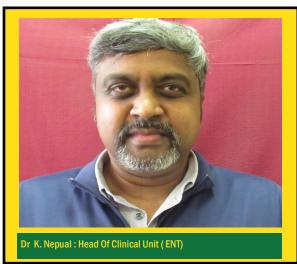


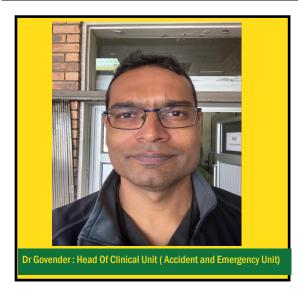




SENIOR STAFF APPOINTMENTS

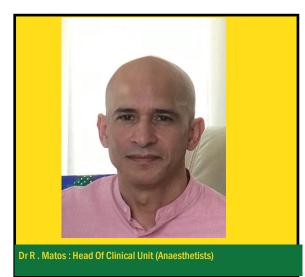






















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ACKNOWLEDGEMENTS

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