



Ezase-Gizengga

NEWS

Your quarterly dose of curated content

JUL-SEP2024



Nurses' day
Full story on page 4

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FROM THE CEO'S DESK

Greetings to all my colleagues and to all readers. I am pleased to share with you our achievements and activities we have embarked on this quarter to meet our departmental objectives and our community's needs.

In this quarter, we have successfully held various health promotion events to raise awareness and educate our health care users on various diseases such as cancer awareness, mental health issues, promotion of breastfeeding, pharmacy week and palliative care. These activities were not intended for health care users only but for us as health care workers as well to keep ourselves healthy and as part of the employee health and wellness programme. During the month of September, GJGM hospital health care workers joined the country in the celebration of our cultural diversity through wearing traditional attires and showcasing various traditional dishes. By so doing we were embracing, showing respect and understanding each other's cultures.

As an institution, we are appreciating the Department of Health Infrastructure unit by replacing the ceiling in the Core Block Theatre which was damaged by the leaking roof. This meant that the institution had to utilize the new Maternity operating theatres to continue with the surgeries. The institution had to monitor surgery waiting lists closely to avoid long waiting time and complaints from our clients. The Orthopaedic discipline had to operate on certain days on weekends to reduce waiting times for clients with orthopaedic health problems. We are pleased to report that the project of replacing the leaking Core Block roof is nearing the end and problems with the leaking roof will be the thing of the past.

We have managed to reduce the long waiting times and complaints from clients waiting for their OP cards in Admitting Office since the department's workforce increased through the addition of interns. These interns were employed to strengthen the implementation of E-health programme. The institution is working tirelessly with SANBS



and HTS management to ensure that these services are provided on site to strengthen provision of full regional package of service.

As health care workers, we know and we have seen that our communities are plagued by the social ills and gender based violence issues. So the institution has successfully launched both Men's and Women's forums to address and equip our health care workers on women and men's issues.

In conclusion, all GJGM staff have worked tirelessly and continued to find innovative ideas to provide quality patient care in spite of budgetary constraints. As GJGM management we are humbled to be part of the heroes and heroines, who put the health of their clients first and we are saying thank you for everything.

Thank you

Editor's corner

Greetings to you dear readers. I am excited to introduce you to this 2nd quarter's edition of Ezase-Gizenga News.

To all the workers of GJGMRH, I would like to convey my deepest gratitude for the extraordinary care and support you provide to healthcare users every day. Your unwavering commitment to quality healthcare does not go unnoticed and makes a profound difference in the lives of healthcare users. The compassion, professionalism and expertise that each of you brings to your role are truly inspiring. Thank you for your hard work, resilience and the countless hours you devote to ensuring that every healthcare user receives the best possible care, irrespective of infuriating challenges you face on daily basis, such as resource-constraints.

In 2nd quarter we conducted Patient Experience of Care (PEC) survey, unfortunately the results demonstrated that our healthcare users are not satisfied with care provided to them. I would like to ask each of us to implement all the plans that are in the service delivery improvement plan (SDIP) in the PEC report that will be shared with all relevant stakeholders. By implementing these plans, we will be able to improve PEC. Always stick to the basics. Basic care is the quality care.



Mr. BR CELE (Quality Assurance)

"A cat that dreams of becoming a lion must lose its appetite for rats". African proverb

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KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



67MINS MANDELA DAY

SENIOR MANAGEMENT IN ACTION

The senior management of General Justice Gizenga Mpanza Regional Hospital spent the 67 minutes painting the wall of the front gate in honor of Nelson Mandela's day on 18 July 2024.

The team was led by Acting Chief Executive Officer Mrs EM Shabane, followed by Dr Lesenyeho (manager: medical services), Mr Latha (DD: HR), Mrs H Jokoo (M&E Manager) and Mr Goba (DD:Facilities).

"As we let our own light shine, we unconsciously give other people permission to do the same."

— Nelson Mandela



L-R 1. Dr Lesenyeho 2. Mrs Shabane 3. Mr Goba
4. Mrs Jokoo 5. Mr Latha



NURSES' DAY CELEBRATION

“Nurses are the heart of healthcare”

It was a pleasant day at General Justice Gizenga Mpanza Regional Hospital when nurses came together for their special day celebration. This wonderful event took place on 28 August 2024. It was celebrated under the theme: *Our Nurses. Our Future. The economic power of care.*

This event was blessed with the presence of Mrs RT Dube (Chief Director: Hospital Management services) and Dr Ms Roshilla Sahadeo (iLembe Deputy District Director: Planning, Monitoring and Evaluation). They all conveyed motivational and inspirational words to the nurses. Other staff categories supported this event.

As one of the speakers of a day, Sr NB Mbatha highlighted the following points to promote mental health in the working environment.

- ⇒ Nursing managers should have an open door policy.
- ⇒ Nursing managers to refrain from having “favourites” in the working environment as it can negatively affect other staff members.
- ⇒ All nursing staff members encouraged to rest from time to time and prioritize their mental health.
- ⇒ All nurses encouraged to use available services such as psychiatry, psychology, social worker, occupational; health services and EAP.
- ⇒ All nurses encouraged to participate in team building activities with colleagues outside of the working environment.



Sr Mbatha



1. Matron Arjun (ANM-HAST)
2. Matron Shabane (DNM)
3. OM Ndora (night supervisor)



Hospital choir entertaining the audience during nurses' day



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KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

BREASTFEEDING WEEK

“Lets make breastfeeding and work, work”

August is National Breastfeeding month. Breast milk is the best food for babies in the first year of life to help them grow healthy and strong.

The purpose of breastfeeding awareness is to improve the health of babies and promoting, protecting and supporting the rights of women to breastfeed anywhere and anytime.

GJGMRH successfully celebrated the breastfeeding



Breastfeeding crew



Mr. Mthembu (dietitian)



Matron Mntambo (Paediatrics)



Sr Kimba: The Champion of breastfeeding at GJGMRH



WOMAN'S MONTH CELEBRAED

You strike the women, you strike the rock!

GJGMRH's Ladies celebrated a woman's month in a style.



PHARMACY MONTH 2024

“This was a team effort” Pharmacy

We conducted a fundraising for 3 consecutive Fridays starting from the 30th of August 2024 to 13 September 2024. We held sales outside the pharmacy which included cakes and savouries as a means to raise funds for the hampers we would distribute during our pharmacy week. This was a team effort led by the pharmacist interns with guidance from the Pharmacy Manager. We managed to raise up to roughly +/- R13 000.



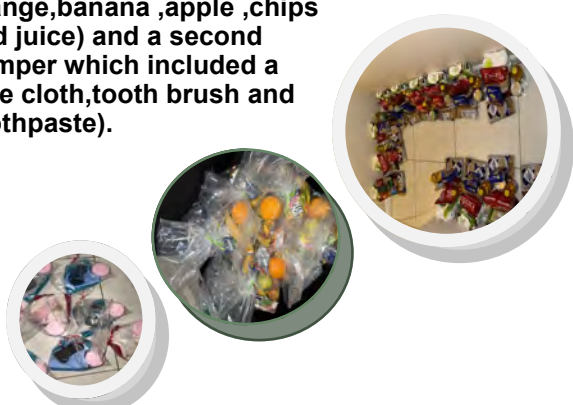
On the 25th and 26th of September it was our official programme for pharmacy week which ran between 11-1o clock. We held health talks relating to the pharmacy month theme “Let’s talk Vaccines” to the patients at the pharmacy waiting area as well as the following wards (Nursery, PUMain and Post Natal ward).

We had a food hamper (included 2kg rice ,2 kg mealie meal,1 can of beans, soya mince, 750 ml cooking oil and pasta)-we were able to make 40 hampers which distributed to the patients at the pharmacy waiting area.

We made 20 hampers which we gave to Nursery (it included a beanie, face cloth, aqueous cream and a pair of socks)

We made 40 hampers which we distributed to the Post-natal Ward which included sanitary pads, face cloth, baby wipes ,Vaseline and a bar of soap)

We made 40 hampers which we gave to PUMain which included two hampers(a party pack that included an orange,banana ,apple ,chips and juice) and a second hamper which included a face cloth,tooth brush and toothpaste).



“Helping hands are better than Praying Lips.” Mother Teresa
Ms Biyela (Pharmacy Manager) handing a hamper to the mother



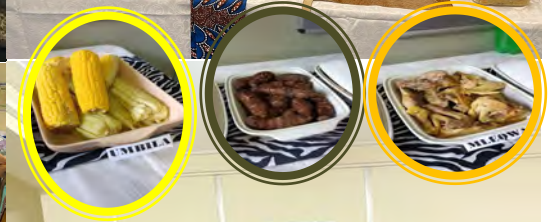
A dedicated Pharmacy Team under the Leadership of Ms Biyela

HERITAGE DAY CELEBRATION

"Our rich and varied cultural heritage has a profound power to help build our nation." - Nelson Mandela

Bekuhilika izihlathi

kubasebenzi base-GJGMRH ngosuku lokugubha amagugu mhla ziyishumi nesishiyagalolunye kunyaka wezinkulungwane ezingamashumi amabili nane. Abasebenzi Mebevunule beconsa ngezahlukehukene kukuhle kudlele kuvunguza nomoya wobumbano. Amatafula abechichima izinhlobonhlobo zokudla ongabala, wena madumbe, bhatata, izindlubi, imifini, isitambu, ojeqe, amadombolo, usu, bhriyana, umleqo njalonjalo.



Isibaya samadoda launch

“Okwahlula amadoda kuyabikwa”

Kube injabulo nentokozi ngesikathi kusungulwa ikomiti lamadoda esibhedlela sase-GJGMR mhla zingamashumi amathathu nanye kuNtulikazi kunyaka wezinkulungwane ezingamashumi amabili nane.

Le ngqophamlando yomhlangano iqale ngokuthi abasebenzi base – occupational health clinic bahlole amadoda izifo ezifana noshukela njalonzalo.

Kube khona ukucobelelana ngolwazi obekuqhamuka kwizikhulumi ezahlukahlukene, esingabala kuzo u- Dr Lesenyeho (from management) ovule umhlangano wamukela nezihambeli zonke, u-Mr BS Gumede (professional nurse from urology) osiphe umthandazo omnandi, u-Mr Dlamini (Artisan-electrical) osicobebele ngenhloso yosuku, u-Dr Bodoza (from urology) osicobebele ngolwazi lomdlavuza we-prostate, u-Dkt Mthunzi (from Ilembe District) osicobebele ngolwazi lokhwantalala emadodeni, bese kuba u-Mr S Mthembu (dietician) osicobebele ngolwazi lokudla okunomsoco.

uMnumzane Latha ongumphathi wakwandabazabantu ube esesingatha uhlelo lokukhetha ubuholi bamadoda. Abakhethiwe:

1. Mr Dlamini –chairperson
2. Mr BR Cele –deputy chair
3. Mr S Mthembu– secretary

Emva komhlangano amadoda abe esefinya ngendololwane njengoba kade ezihlelele ngamalivili enyama eyosiwe.



Ibandla lamadoda lithamele umhlangano



U-Dr Lesenyeho kanye nezicukuthwane ngosuku lomhlangano wamadoda.

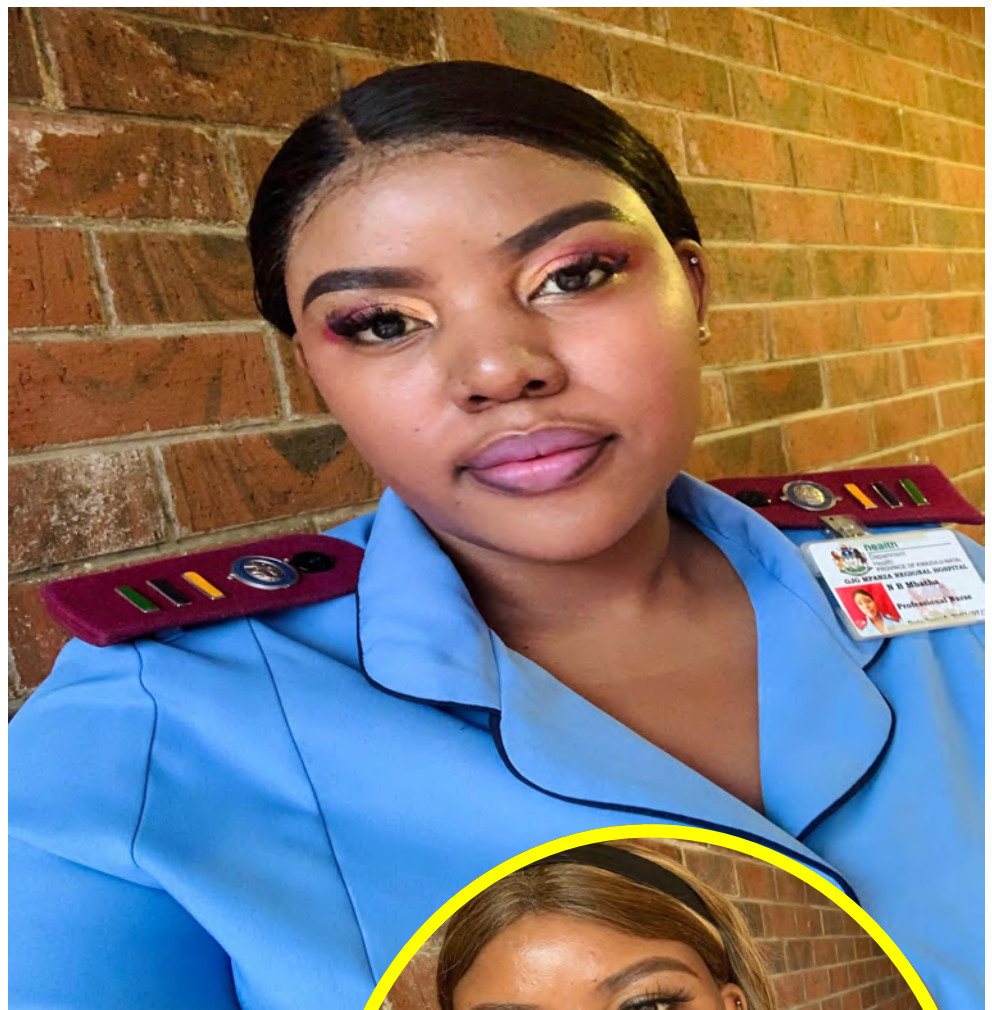


GJGMH THE WALL OF FAME

Getting to know your colleague

Ms. Ntokomalo Buhle Mbatha was born and bred in a Township called uMlazi located in the southern part of Durban. She spent early childhood between Durban and various part of Zululand. Later she moved with her family to a suburban area called New Germany which is the western side of Durban.

At the age of 18 she moved to Cape Town to pursue Nursing Science Degree at the University of Western Cape. Nursing was her childhood dream. Upon completion of her Nursing degree she was placed at General Justice Gizenga Mpanza Regional Hospital for community service program in 2020. From 2021 to 2023 she worked as Covid-19 contract nurse in STT and Post Natal Ward at GJGMRH. From 2023 she was permanently appointed as Professional nurse (General) working at Mental Health Care Unit. As mental health care nurse, her chief role is to ensure effectively implementation of Mental Health Care Act [No. 17 of 2002]. She is passionate about mental health. Her wish is to do specialty in mental health in order to upgrade her



nursing skills in mental health.

She recently obtained Postgraduate diploma in Public Health from University of Pretoria.



PHOTO GALLERY: HERITAGE



PHOTO GALLERY:HERITAGE



HR TEAM AND FRIENDS



M & E TEAM AND FRIENDS



Izibiliboco



Sr GBV from diabetic clinic during heritage day serving herself with delicious traditional food.



STAFF APPOINTMENTS: Quarter 2

Congratulations & Welcome to GJGM Hospital

<p>Phakathi M Medical Officer MEDICAL COMPONENT</p>	<p>Khoza T.L P-N Specialty NURSING COMPONENT</p>	<p>Ncanana T.L Enrolled Nurse NURSING COMPONENT</p>
<p>Kuzwayo L.P Enrolled Nurse NURSING COMPONENT</p>	<p>Nkwanyana Y.X Enrolled Nurse NURSING COMPONENT</p>	<p>Hlatshwayo N.D P-N Specialty NURSING COMPONENT</p>
<p>Sikhakhane S.C P-N Specialty NURSING COMPONENT</p>	<p>Sikakane N.N Medical Officer MEDICAL COMPONENT</p>	



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