



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

GJGM Regional Hospital

**GENERAL JUSTICE GIZENGA MPANZA
REGIONAL HOSPITAL**

NEWS

STAY INFORMED

May 2019

HOSPITAL RENAMING



The MEC Dr S Dhlomo cutting the ribbon with Mpanza Family during the official Hospital renaming ceremony.



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Message from Chief Executive Office



Dr N. Vabaza CEO at GJGM Hospital

It is an honor and a privilege to have our Hospital named after one of our Heroes' , General Justice Gizenga Mpanza, who gave up his youth to fight against an unjust system of apartheid in order for all of us to enjoy the freedom that we have today.

The question that we need to ask ourselves as the staff of this Hospital are : “Does the service that we give to patients make them feel that they really are in a free and democratic South Africa?”

If not , how can we use this Hospital renaming as an opportunity to re-invent ourselves and deliver a service that all our patients will be proud of.

Do we have the resilience that General Justice Gizenga Mpanza had when he continued to fight , despite all challenges that he came across and never gave up. Do we have what it takes to stand together and find solutions to difficult and complex problems that health care faces at the moment, like shortage of resources. May we also stand together as a team and never give up just like him. As new name is like a re-birth, can we all agree to make this Hospital the best managed, best performing public Hospital; in South Africa where the standard of care given to patients exceed expectations and a hospital where employees are well looked after and are given an opportunity to grow and realize their full potential.

Stanger Hospital official renaming



Dr. S.M. Dhlomo, MEC for health and the Mpanza family unveiling the plug during the recent Hospital renaming ceremony

On the 25th April 2019 Stanger Hospital was officially renamed after struggle icon, General Justice Gizenga Mpanza. The MEC for Health Dr S.M Dlomo together with Gizenga Mpanza's family, KwaDukuza Mayor (Ricardo Mthembu), iLembe District Mayor (Sduduzo Gumede) and the CEO of the Hospital (Dr N. Vabaza) officially unveiled the new hospital name.

Gizenga Mpanza who was a legend in the struggle, lived in Groutville, Malende and joined the African National Congress in 1952 during the Defiance Campaign. He served 15 years in Robben Island and became councillor of the iLembe District Municipality where he passed on at the age of 65 in 2002.

The MEC saw it a fitting tribute to name such a significant institute for health after Gizenga to honour his legacy in the struggle for freedom and self - determination in South Africa.

“He was the first leader to open an official ANC office in the KwaDukuza” indicated Dr Dhlomo.

“General Justice Gizenga Mpanza was a selfless leader, who stood for free and better health systems, education, social justice, equality and just land restitution” said Mayor Ricardo Mthembu.

After the official unveiling, the renaming ceremony took place at the Groutville community sports ground. Members of the community and government officials were present at the ceremony.

“The hospital renaming was initiated by the former board of the hospital 5 years ago, which was led by Mr. T Khuluse” outlined Mr. B. Xulu, current board member. Mr. Xulu emphasized the joy embraced the board to reach this historic day of renaming the people's hospital after their struggle icon.

Nurses day of Prayer 2019



Left : Kznhealth Director Nursing—Mrs. Sosibo
Right Mr. Dlamini (MC)

International Nurses Day (IND) is celebrated every year all around the world on 12th of May to commemorate the birth anniversary of the Florence Nightingale and to mark the nurses contributions towards people's health.

General Justice Gizenga Mpanza Hospital held Nurses Day event on the 29th of May 2019 at the Nurses Home Lounge, the event was honored by the presence of Kzn Health Director –Nursing Mrs. Sosibo, Hospital board member Mr B Xulu as well as Ndwedwe CHC Nurse Manager –Matron Nyembe. The main purpose of this day was to acknowledge the nurses dedication and commitment that they have shown in rendering high –quality care to patients. The theme for the International Nurses Day 2019 was – “Nurses – A Voice to Lead – Health for All.

Mrs. Sosibo, who was the main guest speaker for the day emphasized about the importance of working together as a team as they are the backbone of the health care systems. She further encouraged nurses to work with other multi-disciplinary teams in the facility.

Among the guests was the hospital board member Mr Xulu who also emphasized the importance of practicing the Batho Pele principles, he further encouraged nurses to embrace the new hospital name General Justice Gizenga Mpanza regional Hospital previously known as Stanger Hospital by sustaining quality health service and positive attitude towards the community.

A sketch was performed by nurses showing their daily routines and some of the challenges they face in providing the health services. Lighting of the candle together with the nurses pledge was done.

Tokens of appreciation were given to all nurses who attended the function, sponsored by different companies.

GJGM Hospital welcomes the New Manager Medical Services



Dr T. Mabesa Manager Medical Services

Hospital Management is very proud to announce the promotion and appointment of Dr Tume-lo Mabesa as Manager Medical Services. Dr Mabesa has been a long serving medical professional in this institution and despite his young age has demonstrated qualities as a leader and manager. He will work with the Senior Manager Medical Services to ensure best possible and safe service delivery to patients and communities in Ilembe District. On behalf of all staff we wish Dr Mabesa success and growth in his new role.

Dr Uba is specialist Urologists with many years of experience in the field and he has joined the institution from the 1st of May 2019.

We wish them a fruitful and happy stay at General Justice Gizenga Mpanza Regional Hospital.

Lupus Awareness day 2019



Audience listening to presentation on Lupus disease

World Lupus day is on 10th May of every year. General Justice Gizenga Mpanza Regional Hospital observed this day on 21/05/2019. The main aim of this event was to raise public awareness to this silent, unpredictable, and potentially deadly autoimmune disease. All patients around Ilembe Health District including those affected by this condition were invited. The hospital partnered with Lenmed (Ethekewini Hospital and Heart Centre) in coordinating this event.

There were speakers from different disciplines within the facility and externally who did educational talks to create awareness, empower and educate the community about Lupus disease. Among the speakers there were the Dermatologist, Dietician, Occupational therapist and the Psychologist. The guest speaker was Dr Neeta Patel (Rheumatologist) at Lenmed Ethekewini Hospital and Heart Centre. Doctor Patel in her speech indicated that it is statistically proven that Lupus disease mostly affects women. She also mentioned some symptoms associated with this condition such as blistering rash, hair loss, mouth ulcers and rash and advised patients to visit the health facility should they see some of these symptoms. One of the patients at General Justice Gizenga Mpanza Regional Hospital who is leaving with Lupus disease shared her journey and experiences of living with this disease. Educational booklets were handed out to the community, with detailed information about this condition.

Hand wash Campaign 2019



Female Surgical Staff showcasing the hand wash techniques

On 10/05/2019 General Justice Gizenga Mpanza Regional Hospital commemorated World Hand Wash day. The main aim of this day was to create awareness about importance of hand wash hygiene in the clinical and non- clinical areas.

The theme for this years was “ clean your hands-it is in your hands”. On this day staff were urged to continue with IPC practices especially hand washing to ensure the decrease of the spread of infections. Health education talks were done and pamphlets were also given to the staff and the patients.

Internally poster competition and departmental presentations were done. IPC Manager from Ilembe Health District(Ms Rambally) and Institutional IPC manager (Mrs S. Moonsamy) initiated the programme and was supported by the QA Manager (Mrs H. Jokoo) and the CEO (Dr N. Vabaza). There lots of giveaways and prizes for the participants.

World Kidney day 2019



Dr Naidoo giving a talk during the recent Kidney awareness

The GJGM Regional Hospital commemorated World kidney awareness day on the 14th March 2019 under the theme "Kidney Health for everyone everywhere". The patients around Ilembe Health District including those suffering with kidney disease were invited to this event.

Every year, around the globe the 14th March is recognized as World Kidney day.

The focus of this event was on educating staff and the public on kidney diseases and mostly raising awareness. Diabetes was highlighted as one of the main causes of chronic kidney diseases.

During the awareness speakers advised the patients about chronic kidney disease, its treatment, diagnosis and were informed of its negative impact on the quality of life. The doctors emphasized on how the chronic kidney disease can cause kidney failure if it is

not treated. It was also indicated that it is important to be diagnosed early as treatment can slow down the disease and prevent or delay kidney failure. This disease often develops slowly and with few symptoms, many patients with the condition don't realize they are sick until the disease is advanced and requires dialysis. The chronic kidney disease can be tested only with blood and urine tests.

According to research, 850 Million people worldwide are now estimated to have kidney diseases from various causes. Chronic Kidney diseases are now the 6th fastest growing cause of death. In South Africa Chronic Kidney Disease is at least 3-4 times more frequent than other developed countries.

A healthy lifestyle was emphasized as an important measure to prevent kidney disease.

Farewell Party of Mrs Madlala and Maphumulo



Pastor Shezi giving the word of God during the recent retirement party

General Justice Gizenga Mpanza Regional Hospital (GJGM) recently held a retirement party at the Nurses Home Lounge on Wednesday the 24th of April 2019 for Mrs Madlala and Maphumulo. Staff Nurses from different departments were gathered together to ensure the event was a success.

The aim of the day was to bid farewell to the two who have worked for over 10 years in the hospital and have always committed themselves in their workplace from day one.

Staff nurses from the Female Surgical Ward and the ARV clinic and other different departments including the Hospital CEO Dr Vabaza attended the event. Miss parties were also accompanied by their family relatives and loved ones. Exquisite refreshments were served by the Female Surgical Staff.

Heartwarming speeches came out in numbers

as staff nurses from different departments bid farewell to one of their own. Although everyone was in a great mood, the occasion was also tinged with little sadness they have been great inspirations to many individuals.

The supervisor from the HAST unit shared and addressed her speech as she had mixed feelings with Mrs Maphumulo's retirement. "It is sad that you have come to an end of your long career, but we are happy that you will now have more time to devote to your self, family, friends and loved ones. However your departure means that the Hospital is not only losing a valued colleague but also an expertise and experienced individual".

The management and the entire staff of the Hospital wished the retirees all the best for their next phase of their lives and for everything that lies ahead.

Photo Gallery Hospital Renaming



Top : Hospital Choir singing with the MEC and local leadership

Right : From left, Medical Manager (Dr. G. Lopez) ,Dr. Y. Graca with UKZN students



Left : The MEC formally introducing the CEO of the Hospital



Right : Hospital Board member representative, Mr. B. Xulu delivering his speech



Left: Kwadukuza Mayor, Ricardo Mthembu delivering his speech during Hospital re-naming .



Right: The MEC for health, Dr. S. M. Dhlomo

Photo gallery Farewells : Sister Maphumulo and Sister Madlala



Health Awareness Day Photo Gallery



Left :Nurse doing vitals during World Kidney day

Right :Dr Ramjiwan addressing the audience during World Kidney day



Left: Dr C. Haroff consultant Internal Medicine

Right Patient giving testimony



Left : IPC poster made by Female Surgical Unit

Right: Competition winners of the Clean hands campaign.

ACKNOWLEDGEMENTS



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