



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Stanger Hospital

NEWS

STAY INFORMED

Sep 2016 edition

STANGER HOSPITAL PHYSIO WALK

The Stanger Hospital Physiotherapy Department hosted a fitness walk on Friday the 9th of September 2016. The aim of the day was to promote the physiotherapy back week and a healthy lifestyle for all staff.

Eighty four enthusiastic staff members registered to participate in the much anticipated race. Lunch, water and gifts were sponsored by Nandos, Aquelle and the Physiotherapy staff. All participants received medals (sponsored by Padyachee Brothers) and goodie bags sponsored by the South African Society of Physiotherapy, Natures best and Stanger Sweet Wholesalers.



Physio staff during a recent Physio walk



Men' day celebration story continues
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Physio Walk continues!!



Men's forum Launch @ Stanger Hospital



Top left Mr Mlungisi Ndlovu (Guest speaker)

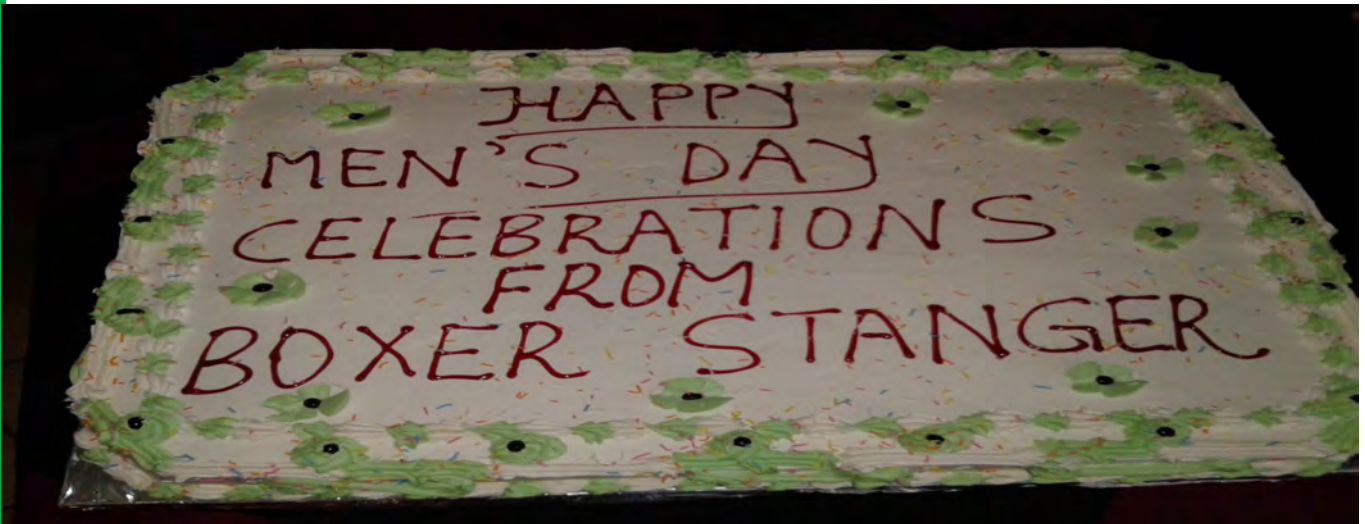
Left : Stanger Hospital men

Top right Pastor Ngema (Motivational speaker)

On the 29th of July 2016, Stanger Hospital hosted Men's day celebration . The event was to honor and recognize/commemorates all male staff members of Stanger hospital and the contribution they put in the organization of Women's day celebrations event over the past years. During this event the men's forum was launched. It was aforementioned that the Men's forum will be helpful to every male staff member of the hospital as the social, economic and political issues that affect men will be addressed and discussed. The men's forum was formed to improve the health, relationships and wellbeing of men in the institution. Men's forum committee took the initiative to go this far because they saw the pressure/ baggage that the male staff members come with from their homes to work, that result in them not delivering good and friendly services to the community. The event was graced by the presence of Pastor Ngema who was a motivational speaker . In his presentation he said "being strong is actually having the fortitude to seek help for the sake of our own lives and people who love and depend on us", he also encouraged all men to stand up and be responsible for their families and play a positive role in the community. The motivational speaker continued saying men shouldn't look down upon themselves; they should strive to be the best in their homes, work place and in the communities. The guest speaker was KZN Department of Health men's forum chairperson Mlungisi Ndlovu who spoke about the importance of having one partner which he said is a sign of respecting one's own family. He encouraged men from engaging in cross-generational relationships, saying that this destroys families and further exacerbates the spread of HIV and AIDS. During the event there were lots of prizes that were won for different quizzes. There was also a modelling competition for Mr Stanger Hospital and this prize was won by Njabulo Ngidi.

This event was sponsored by the following Stanger stores: Spur, Checkers Hyper, Spar, Honchos, Doctor Sahadev Dentist, Ozzy's, Ideal Butchery, Manjras, Padayachee Brothers, City flowers; Mamas chicken and Boxer.

Pictures on Men's day celebration and Men's forum launch



67 minutes Mandela day activities



Stanger Hospital management team with some Stanger Hospital staff who donated towards 67 minutes of Mandela day project

Stanger Hospital partnered with a non-profit organization (MOP) institute in a project to aid the Masibathande Care Centre. Masibathande Care Centre is a non-profit organization that was established by Ms Mzungane in 2011 which cares for children with disabilities such as Cerebral palsy and Down Syndrome. Some of these children at the Centre were abandoned by their teenage mothers who could not care for them. The aim of the project was to paint the interior of the four bedroom house, repair some areas of the facility as well as to donate food and clothes. Stanger Hospital staff in partnership with MOP managed to donate cash (R14 000.00), food and clothes worth a value of R8000.00

The second project, Stanger Hospital events team identified Inqolobane centre which is located in Kwadukuza. This centre is looking after the children with Cerebral palsy. The children age ranges from birth to 18 years of age. The centre has a capacity to keep up to 30 children. Currently they have 25 children. The children that they cater for are placed by the social workers or their parents.

The Centre was founded by Mr Thusi and Mr Thunzi from ILembe district. The hospital staff donated curtains, duvets, face clothes and money towards this cause.

STAFF DONATION- MANDELA DAY



FIRE DRILL



On the 18/08/2016, Stanger Hospital conducted a fire evacuation. The aim of the drill was: to monitor the good practices of the evacuation procedure, to identify the gaps and put corrective measures in place and to monitor how well staff members respond to such activity.

There were 12 Representatives/ Fire Marshalls elected randomly from different departments to oversee to different zones/ assembly points around the Hospital. Construction site was not excluded as they occupied one of the zones. Pre-planning meeting with all the Reps /Fire Marshalls was conducted on the 16/08/2016.

EMS was contacted beforehand. Mr L Dorasamy came on the day before the set-time to assist with all the arrangements. The Hospital consists of 05 assembly points referred to as zones in this report.

All senior management that was present on the day waited in Mr. J Naidoo' office as it was utilized as the control office.

The set time was 10h30-11H00. At 10h30 all reps/fire marshalls were readily waiting in their allocated zones. Maintenance staff members were tasked to light the fire at 10h30 but due to their duties they were ready at 10h40.

The open fire was recognized at 10h49; the

message was conveyed to the Safety Officer. At 10h51 switchboard operator alerted the fire department. Staff, patients and visitors were requested to evacuate immediately to their respective assembly points, the message was conveyed through the paging system and the loud hailer and the fire alarm went on immediately.

Fire department was at the Hospitals main gate within 07 minutes from the reported time. They were directed to the scene by the security department. The fire was extinguished in minutes and the area was barricaded as the "fire scene" until further notice.

After the whole exercise there was a briefing meeting with all the management, reps/fire marshalls and the officials from fire department and EMS.

Safety Officer would like to appreciate the opportunity given by the senior management for allowing this type of exercise to be conducted at the hospital. A big thank you to everyone for their participation and cooperation in this exercise, EMS for your support and guidance. To all the reps/fire marshalls congratulations are in order for a job well done. Looking forward to the next exercise

Story compiled by
Nomusa Ndlovu (Safety Officer)

Methodist Church donates comfort packs



On 25 August 2016, beautiful and God fearing women from Methodist church gave away comfort packs to Thuthuzela Centre at Stanger Regional Hospital. Inside the comfort packs there were toothpaste, toothbrush, body lotion, sanitary pads, Vaseline, bath soap, the list is endless.

Thuthuzela Centre is a place where all children and adults who were sexually assaulted are attended and comforted at. The lady who spoke on behalf of Methodist church encouraged and motivated staff to continue with their great job. She emphasized that the community needs them and they trust the staff with their lives.

She further said " We understand that we all have issues that we deal with in our homes but on top of that you are able to serve the community."



WOMEN'S DAY CELEBRATION!!



On 2nd September 2016, stanger Hospital events committee organized a bring and share hi-tea in celebration of Women's day. The color of the day for this event was 50 shades of pink. The programme started at 11h00-15h00. The guest speaker was Pastor Shelly from local church, who empowered women to be strong and financially dependent. She also highlighted the importance of knowing and fearing God in everything that we do.

There were lots of handouts and give-aways in between the programme. The programme was directed by Mrs. Vijay Naicker. During the programme it was highlighted that the Hospital needs to have a Women's forum where women will have a platform to empower, support one another and be there for one another. Dr Moodley also advised women on how to take care of themselves. She gave a presentation on skin care. The theme of the day was WATHINTA BAFAZI WATHINTI MBOKODO !

The team would like to thank Boxer Stores for sponsoring the event with a specially baked cake for Stanger Women Staff, Stanger Nandos for sandwiches, Honchos for chicken wings and Spar for cakes.

MORE PICTURES OF WOMEN'S DAY CELEBRATION!!



FUN WAS HELD!!!



FAREWELL DOCTOR MABASO!!!

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Doctor Mabaso joined Stanger Hospital as a Medical Services Manager two years ago. She has been dedicated and committed in improving service delivery for the community of Ileembe District.

Stanger Hospital Management team and staff organized a farewell function for Doctor Mabaso to express their appreciation, for her contribution in improving clinical governance and quality of medical services in our Hospital.

Farewell!!



HERITAGE DAY!!!



Stanger Hospital celebrated Heritage day on the 23rd of September on a slightly different but exciting note this year. Each department in the hospital hosted its own heritage day celebration. The departments took the initiative and prepared all traditional food you can think about and most of the staff members were sparkling in their beautiful and amazing traditional wear.

There were traditional foods displayed in different departments namely, ujeqe, usu, biriyani, roti, samp and beans, bhatata (sweet potato) and a whole lot more tasty traditional treats. "Our indigenous music and food is what defines our heritage the most."

Every department enjoyed themselves a lot and some of the wards got a surprise visit from the hospital Public Relations Officer and she also explored the beauty of the different cultures and traditions. It is always good to know where you come from, and celebrate it. To remember where you come from is part of where you are going.

Regardless of our race, skin colour, religions and beliefs but we are all South Africans.

Ziqhenye ngamasiko ne mvelaphi yakho!!!!



SPORT BUZZ

In promotion of staff wellness and to encourage team building, Stanger Hospital Sports committee hosted a sports day for all staff members on the 19th of August 2016. This day was filled with lots of activities which included aerobics, netball, soccer, athletics and other indigenous games. The teams were divided among the departments of the hospital and all participants walked away with medals and trophies. This event was closed by a soccer match between the in-service and interns played against HR team and the both teams played very well but there is always one winner and the champions were HR team. HALALA!!!



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