



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Stanger Regional Hospital

Stanger Hospital

NEWS

STAY INFORMED

September 2018

WORLD HEART DAY 2018



Stanger Hospital hosted its annual World Heart day



Cuban Students welcomed
Page : 6



67 minutes of Madiba
Page : 9



Customer care day Page :7

Stanger Hospital welcomes the new CEO



Dr N. Vabaza New CEO at Stanger Hospital

Stanger Hospital welcomes New CEO

The Senior Management team at Stanger on behalf of all hospital staff would like to welcome Dr N Vabaza as our new Hospital CEO from the 1st of August 2018.

Stanger Hospital has developed rapidly and steadily over the past few years and has become a fully-fledged Regional Hospital offering all the core specialists services to the community of Ilembe.

At Stanger hospital we are very proud of our achievements but at the same time conscious of our gaps and areas requiring improvement.

Dr Vabaza with experience in the profession and in management will certainly lead the team to greater heights.

The team that we are will work in synergy to support her and to make sure we meet our goals. "Welcome Dr Vabaza, we wish you feel at home in this institution" said Dr Lopez -Stanger Hospital Medical Manager.

About Doctor Vabaza

Dr Noxolo Vabaza has been appointed as the Chief Executive Officer of Stanger Regional Hospital from 1st August 2018. She studied medicine at UKZN but was forced into exile during the struggle, she left to complete her degree in Zimbabwe in 1986.

She later completed an MBA at the UCT graduate school of business and a family medicine fellowship in Australia. She has been working as a doctor for more than 20 years and spent four years working in Australia .Vabaza returned to South African in 2011 and worked at the Phoenix Community Health Centre as a Medical Manager and CEO.

"Ubuntu is our culture. As a healthcare professional you should have good people skills and treat everyone with compassion and respect. I believe that when working with patients, you need to put yourself in their shoes." said Dr Vabaza

World heart day at Stanger Hospital 2018



Stanger Hospital staff during a recent Heart Day

World Heart day takes place every year on 29 September 2018. **World Heart Day** was initiated to inform people around the globe that **heart** disease and stroke are the **world's** leading cause of death.

On 28 September 2018, Stanger Hospital celebrated World heart day to create awareness about heart disease and stroke prevention. On this day the staff and patients were encouraged to make a promise on what they will do differently from now onwards to look after their hearts. Some staff members pledged that they will exercise more, stop smoking, eat healthy and even change how to cook their daily meal.

The Operational Manager (Sister Zuma) in her welcoming note informed the audience about the importance of exercise and eating healthy food. Physiotherapist emphasized on the importance of exercise as well in keeping the heart healthy. Dietician gave more information about the types of healthy foods for healthy heart .

The Theme for this day was ; "for my heart, for your heart, for all our hearts".

Stanger Hospital Physio Walk 2018



Stanger Hospital Physio staff during the recent Physio walk

The Stanger Hospital Physiotherapy department hosted a healthy lifestyle fitness walk for staff members on Friday the 07th of September 2018 to commemorate **World Physiotherapy Day** and **National Back Week**. This Event highlights The World Health Organization's (WHO) slogan "Movement for health" and "Physical activity for life".

During this day there were lots of giveaways and gifts for all the participants.

The Physiotherapy Department would like to extend our heartfelt thanks to our sponsors:

Total Sports, Ostrinex, Padaychee Brothers, Aquelle, Pak Plastics, Stanger Super Spar, Mr. Trevor Srinivasen from Cordilite CC, Singh's Mutton Market, Mr Ravi Velan, the South African Society of Physiotherapy, IMF support team and Gym, Aslam Mahomed from Stanger Hospital Café, Dr Mynt (Stanger Hospital), Stanger Sweet Wholesalers, Taslima Mather, D & H Garden & Cleaning Services and Adhil Khan Family Trust.

The First ECT at Stanger Hospital



First Electroconvulsive therapy (ECT) for the District done at Stanger Hospital on 14 September 2018. Electroconvulsive therapy formerly known as electro-shock therapy and often referred to as shock treatment, is a psychiatric treatment in which seizures are electricity induced in patients to provide relief from mental disorders. An effective treatment modality that will improve quality of care for mental health care users. ECT is also defined as a procedure, done under general anesthesia, in which small electric currents are passed through the brain, intentionally triggering a brief seizure.

This procedure was of great success. The HOD for Psychiatry at Stanger Hospital would like to thank the psychiatry team and the anaesthetic teams of Stanger Hospital for their support and hard work.

Stanger Hospital Honored To Provide Training For Cuban Collaboration Students.



Medical Students during the recent welcome at Stanger Hospital.

Stanger Regional Hospital is honored to be identified as the training Centre for the largest cohort of 96 returning Cuban collaboration students. The orientation and welcoming of the students were done at Stanger Hospital from 30 July 2018 to 3rd August 2018. During the orientation of the students, they were advised on the importance of caring, the spirit of Ubuntu and respecting their careers as very important in their careers. This event was attended by the seniors of the department of health such as Acting DDG District health services (Dr Mooji), DDG Hospital services (Mr Shezi) and Ilembe Health District Director (Ms Ngcobo).

UKZN's College of Health Sciences together with the KwaZulu-Natal Department of Health, began preparing for the large intake of students through its Decentralised Clinical Training programme (DCTP). The DCTP is an initiative to train UKZN students in district hospitals in the province of KwaZulu-Natal. It also allows for the transformation of the curriculum to ensure that it produces 'fit for purpose' health professionals serving the needs of all communities in KZN and not just those in the main metropolitan areas. The programme is centred on a primary health care curriculum in line with the National Health Insurance.

UKZN has secured accommodation for the students either in or close to the teaching hospitals as well as transport. The students will rotate through clinical block teaching of surgical practice, obstetrics and gynecology, internal medicine, child health, primary care and mental health. Upon completion of the necessary assessments, the students will graduate and then serve both their internships and community service training in South Africa to register with the HPCSA as medical doctors.

Ilembe Health District Director (Ms Ngcobo), encouraged the students to be passionate when dealing with patients. The Stanger Hospital Acting CEO (Dr G. Lopez) also encouraged the students to work hard to realize their dream of becoming Doctors and feel at home in Stanger Hospital.

Customer Care Day At Stanger Hospital :The Birth Of Customer Care Project (Happy Heart In Health)



Stanger Hospital Surgical Unit, showcasing their Happy Heart in Health initiative

On the 25th May 2018, Stanger Hospital celebrated customer care day. On this day it was also a launch of the new customer care project, which was initiated with an aim to optimize the patient experience of care. All departments including both clinical and non-clinical are currently doing activities and strategies on how to optimize the patient experience of care.

During the launch of this project, Dr Ramjiwan (HOD –Internal Medicine) gave an intense background presentation on what the project was all about. In her presentation she mentioned that the name of the project was “ **In a heart beat Happy Heart in Health**”. She further indicated that, the reason the institution decided to use these words was because, the heart is the most important organ of the body and everything starts and ends in the heart, so this project is all about that.

“ In this project, we want to see the elements of the human touch, positive and caring attitude, professionalism, politeness, honesty, empathy, respect, treating of patients with respect and dignity. This project will ensure the culture of greeting, smiling as well as acknowledging our patients” said Ramjiwan.

The Acting Chief Executive Officer, Dr G. Lopez in his opening remarks informed the audience about the importance of taking care of our clients, and how this project will have an impact on client experience of care. The guest speaker for the day was the ILembe District Health Director, Ms. Ms

R.T. Ngcobo. She mentioned that, as health care professionals we can have all the qualifications acquired to perform our duties but if we do not have a heart, it really does not fulfill its purpose. She also emphasized on the importance of how we provide the services to our communities, as very important because everyone qualified can do your duties but what matters most is how do you perform such duties.

The HHH project is an initiation by the Stanger Hospital Senior Management team led by the former Chief Executive Officer Ms R.T. Ngcobo. This initiation was started by the task team formed by the extended management team, which included the doctors, nurses, as well as the non-clinical front line staff.

The main aim of the HHH project is for the project to be sustained to achieve the Stanger Hospital vision which is “to be the number one health care provider of choice in KwaZulu –Natal”. Before the rollout of the project, questionnaires were distributed to patients that visited Stanger Hospital in June 2017 and the items on the questioners were only focusing on customer care / positive and caring staff attitude. The results for the assessment was used as the building blocks for the project.

During the launch of this project the customer care pledged was also read, as a commitment to improve a positive patient experience of care.

A 31 Year old mother of an all-boy set of triplets commends staff of Stanger Hospital.



Doctors that delivered the triplets at Stanger Hospital

On 16 May 2018 the Stanger Obstetric, neonatal, and anesthetics teams delivered a healthy and beautiful set of triplets. The mother of the triplets is a 31-year-old from Darnall area in KwaDukuza. The mother, who gave birth to triplets at Stanger Hospital, has commended the hospital staff who took care of her and her babies.

KZN Health MEC Dr Sibongiseni Dhlomo has congratulated the team from Stanger Hospital for a job well done.

“We are very excited. We want to congratulate the family, and the hospital that these triplets were born at 33 weeks, which is not really the time of giving birth. You still need another month to go, but something happened and these babies were born. To be born with a small weight, and early in life like that, at a hospital with the best facilities is another thing that is wonderful. We are confident, in fact certain, that these triplets will do well at Stanger Hospital, because this facility has one of the best neonatal care units.”

Both the mother and the babies are doing well.

67 Minutes dedicated for Madiba 2018



Stanger Hospital Social work department commemorating Mandela day on 18 July 2018. The department visited less privileged families to distribute food parcels and clothing. These families were identified from the case loads of the Social workers. Donations were collected from the Hospital staff members and local businesses. The families that were visited resided at Intshawini, Darnall, Dawnside and Groutville

Top: Stanger Hospital Social workers handing over food parcel during their recent Mandela day

Below : Stanger Hospital HAST unit showcasing the scarfs made in commemoration of Mandela day.



Stanger Hospital HAST Unit commemorated Mandela day by making scarfs for themselves and patients. The Patients that visited the clinic on Mandela day were kept warm by being provided with the scarf made by the doctors and nurses at HAST unit.

67 Minutes of Madiba continues



The Architect and contractor of the new Psych ward under construction at Stanger Hospital gives back to the facility mental care users on Mandela day!

Top : Mental health care users enjoying their meal on Mandela day

Below : Nurses and Doctors caring for mental care users with the Architect and the contractor on Mandela day



Photo gallery



Igagasi FM commemorates Mandela with Stanger Hospital children from Peads ward. Each child was given a blanket, toy and a meal!



Photo gallery



Igagasi FM team and Stanger Hospital staff in the Peads play area on Mandela day



Stanger Hospital HAST Unit with their beautiful scarfs just for Madiba!

Photo gallery



TOP ; from right Dr G Lopez (Stanger Medical Manager) with Ms Thembeke Mkhize (Medical Student)

Below : a group of medical students during the orientation and welcoming of medical students at Stanger Hospital



Stanger Hospital HAST Unit with their beautiful scarfs just for Madiba!

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