

SIKWA-DUKUZA.

Compiled by: Ms S. Mbatha

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WELCOME BY THE HOSPITAL MANAGER

2002 has gone past and many things have been achieved, we can look back, be proud and still be committed to serve.

It has been my first year as a Hospital Manager, worked with different people and most of all my pillars of strength; the management team. It has been a learning curve, met many challenges and will continually work towards the quality care and the well being of my customers.

I would like to welcome all the new staff at the hospital. New services have been introduced and many more are still coming

The hospital has received the budget for the next financial year. The budget amounts to 78, 679,000. A separate budget for maintenance and PHC has also been set with Maintenance receiving 840,000 and PHC receiving 5,371,000. There have been additional funds compared to last year although insufficient to meet all the needs. Additional amount of 17 million is still needed to be able to fully develop the hospital into a Regional hospital. The hospital management is in the process of negotiating for



Hospital Manager

these funds.

The management managed to secure a lease for the 24x2, 5x2 and 3x3 bedroom flats for the staff. The 5x2 and the 3x3 will be occupied by the Community service staff. The 24 bedroom flats will be occupied by the critical staff mainly the nursing with specialist skills.

The Primary Health Care department is about to receive 8 new vehicles in this current financial year. The PHC and the District office will soon move to premises outside the hospital.

With regards to physical facilities, the contractors would commence building the new medical wards in July / August 2003 and will be completed in two years time. They will be similar to the surgical wards. There will be a creation of 8 labour wards- these will be an ex-

tension of the existing labour wards. These temporary wards will take approximately 12 months to be built. After that a nursery will be temporary upgraded.

As the time progresses there will also be the creation of the revenue, security and PRO's office. EMRS will be transferred out of the premises and staff will use the park homes. Plans are also underway to relocate the Supplies division.

On the 1st of April of 2003, the rationalization of PHC patients from the hospital will be finalized. The hospital will also be starting with the setting up of specialist clinics.

Our main focus is to improve the quality of care and minimize negative incidents. The Nursing and the Medical Manager are involved in a project of ensuring safe clinical practices in the wards, to achieve this, the number of beds in the medical wards will be reduced to an exception level. Wards to perform monthly drills.

Looking forward to working with all the staff keeping in line with the vision and the mission.

ADRIANUS MANSVELDER
HOSPITAL MANAGER

If you have an input or a story that you would like to be published in the next article, you are requested to submit your articles to Ms Mbatha at room no 51, OPD or alternatively contact her on extension 2061.

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NURSING MANAGER– MRS R. T.NGCOBO



On the 01st of November 2002, Mrs. R. T. Ngcobo was promoted to Nursing Manager. After only serving six years in the Department of Health and acting as a deputy for the past two years, Mrs. R. T. Ngcobo was born on the 30th of October 1971, she is the youngest person to hold this post in South Africa. She holds a B.A. degree (Nursing science) and a B. A degree in Nursing administration and Education.

She is presently studying for her Masters degree in Nursing. Mrs. R. T. Ngcobo's future plan is to become a Hospital manager(so watch out Dr Mansvelder, you have competition) .Mrs. Ngcobo initially started as a Professional nurse in Stanger hospital .She explained it was her intention to develop nursing personnel in the hospital, so that she is able to cater for staffing needs and shortages." I am planning a staff retention strategy which will ensure the staff we develop will continue to serve the hospital after they are offered training opportunities".

She highlighted that there is still a lot to be done to put systems in place to sustain high quality nursing services. One of the challenges is staff shortages and high turnover of staff. At the present moment, the nursing component is in the process of implementing a system of fixed staff allocations in the wards and to establish a nursing management structure.

DR JONATHAN– MEDICAL MANAGER



Dr Gene Edith Jonathan was born on the 22nd of January 1950 in the friendly city of Cape Town. She studied MBCHB at the University of Cape Town. In 1975 she worked as a Medical Officer in Obstetrics and Gynaecology at the Livingstone hospital.

In 1976 she came to Stanger Hospital, worked as Medical Officer, as the years went pass she was promoted to a Senior Medical Officer. She worked in the Medical, Surgical, Chronic Wards, Medical Outpatients Department, Obstetrics and Paediatrics departments.

In 1984 she went into private practice. In 1999 she worked as a Principal Medical Officer in Stanger hospital covering the Medical wards, Medical Outpatients, TB,HIV and doing Audits.

On the 1st of December 2002 Dr Jonathan was promoted as the Medical Manager and since then her life has been more hectic than usual. She first entered the office in the second week of January 2003 as the Doctors were very short staffed in December. She is married to a General Practitioner in town and has 5 children. She is currently studying towards a Masters in Public Health.

FEEDBACK ON COHSASA

The hospital has been in the accreditation programme for the previous two and a half years. The programme is facilitated by an independent professional body called The Council for Health Service Accreditation of Southern Africa (Cohsasa). The whole process is long, time consuming and success is solely dependent on co-operation, participation and commitment of all employees of the hospital.

The external survey for Stanger hospital was conducted on the 29th, 30th, 31st of July 2002 and the 1st of August 2002. The results were received in December 2002. For a hospital to be awarded full accreditation, all services should score a minimum of 80% and the remain-

ing non-compliant and partially compliant criteria must not pose as a risk to patient and staff safety. This also must not contravene legal requirements that is services must achieve substantial compliance.

All service elements scored more than 80%, the hospital has not been accorded an Accreditation status as yet, but the hospital qualified for a "Focus Survey". A hospital qualifies for a focus survey when it is on the threshold of accreditation. The Cohsasa Board requests the implementation of a focus survey to ensure that outstanding areas of non-compliance are addressed before full accreditation is awarded.

All service elements were issued with reports outlining serious and

critical criteria's that need to be addressed and with which compliance should be sort, before a hospital can be accredited. Employees are still urged to co-operate by working together with service elements leaders to ensure that the hospital is accredited. The focus survey is expected to take place in June 2003.

It is of utmost importance that even if the hospital is accredited, standards should always be maintained and emphasis is put on the following high risk areas; quality improvement programmes, documentation audits, health record audit, health and safety programmes, staff appraisal plan, strategic management plan, negative incidents, patient complaints and cardiopulmonary resuscitation.

Poem by :

Bonga Mpanza- Volunteer at the HIV clinic.

Comrades in these days

It's not the time to argue whether HIV & Aids is the leading cause of death; yet we mourn the death of our comrades.

Every day our comrades die like flies, More destruction on our lives brothers and sisters. Losing our lives while we have dreams to live longer, I realized that I should join the struggle

Against this deadly virus, cause tomorrow it will be me.

South Africa

Let us be actively involved

Pay attention to Aids awareness

Let us avoid having sex without a condom, having sex with different partners,

Let us wake up and change our style

I'm the condom x2

From the Department of Health

I'm the condom

To give protection, I'm here to prevent

HIV/ Aids, protect you against unwanted pregnancy.

I represent Manto Shabalala- Msi-

South Africa,

Let us use VCT,

Let us be free with our status,

Let us do voluntary HIV and Counseling

test. No one is forced to have HIV test

The choice is yours.

The results are confidential

And only told to you.

Let us overload our heart with love

To those who are infected with HIV/

Aids

Let us give them love, hope and happiness.

Let us avoid discriminating against them

Let us avoid to undermine the value of

their lives.

With your support HIV/ AIDS can be

conquered

HIV AIDS is the problem for everyone.

Kwa Dukuza Clinic.

The new clinic was opened on the 15th of January 2003. Twelve PHC nurses were transferred to the clinic.

The staff treated 8000 patients in the past month. PHC cases will be referred to the clinic.

Keeping you informed.....

- Rationalisation of patients: Sorting station is in progress in OPD. Sorting the PHC and the Doctor's case. Sr Khuzwayo and Dr N. V. Pillay are the drivers of the process.
- New services have been introduced in the hospital They are the Psychological, Dietetics, Occupational Therapy. For more information contact Ms Mbatha on ext 2061.
- The Ekuphileni/ HIV clinic is in operation: on Mondays, Wednesdays and Fridays. Open from 09h00 to 16h30. Room 212-Core block.

New Services!!!!!!!

DIETICIAN.



Miss T.C. Madlala was born on the 20th of August 1978 in Pietermaritzburg, but was raised at Mabomvini where her parents moved to.

She studied BSc degree in Dietetics at the University of Natal (PM Burg Campus), she further studied for a Postgraduate diploma in Dietetics in 2001. In 2002, she worked in Bethesda hospital as a Dietician where she was involved in all three aspects of dietetics namely, food service management, clinical and community nutrition.

In February 2002, she moved to Stanger hospital where she is heading the department of Dietetics. This is a new service in the hospital. The services rendered by this department include, providing nutritional support to both in and outpatients, determination of the nutritional requirements of patients and thereafter prescribing and ordering of the appropriate diet, ensuring that the meals for the patients are nutritionally adequate - working with the food service department, educating patients with nutrition disorders about dietary management of their conditions, general nutrition education and promotion of healthy eating to try and reduce the incidence of malnutrition, in-service education of other health workers on nutritional aspects and management of patients condition and play a role in the support group for HIV / AIDS patients i.e. provide nutritional support.

DIETICIAN.



Sadia Razak hails from Verulam on the North Coast. She is currently residing in La Mercy and is married to Afzal Joosab.

Sadia graduated from the University of Natal in Pietermaritzburg with a BSc in Dietetics. She went on further to complete her Post Graduate Diploma in Dietetics. Her scope of work includes: being employed by Dietician Laboratories In Musgrave–Durban where she was actively involved in counseling patients and writing slimming, diabetic pregnant and cardiac programmes. Sadia also gave lectures to Independent Business Owners (IBO's) on nutritional supplements at the Amway experience Centre in Westville. She was in private practice at the Kings Park Sports Medical Centre.

As from February 2003, Sadia has been employed as a Dietician by Stanger hospital. Her aspirations are to actively promote nutrition awareness so that the " Dieticians of today are the Doctors of tomorrow"

PYSCHOLOGIST.



Ms Samantha Ramkisson was born on the 21st of January 1976. She attended the Stanger Manor Primary as well as the Stanger Manor Secondary school. She studied at the University of Stellenbosch for two years and completed the BSc degree and the BSc Honours at the University of Free State. She

also completed the MSc degree in Clinical Psychology at the same institution. She did internship at the Three Military hospital in Bloemfontein.

She then did voluntary sessions at Stanger hospital and in 2002 was appointed as a principal psychologist at the local SAPS. In February 2003, she was appointed as a full time psychologist at the hospital. "My services are for both staff and patients" she highlighted. She deals with issues such as depression, anxiety, stress awareness and prevention, trauma debriefing and HIV counseling. She also does marriage counseling, family therapy and child psychology.

" I would like to provide a comprehensive service in order to promote mental health and to help people feel good about themselves" she stated.

Welcome



The Management would like to welcome all the new staff into the hospital. We hope they have a fruitful stay! You are all welcome, let us work with the Batho Pele principles in mind.

APPOINTMENTS, TRANSFERS AND RETIREMENTS FOR JANUARY 2003

NURSING

- Five Nursing Assistants were appointed.
- Nine staff nurses were appointed. One was transferred from the Catherine Booth Hospital.
- A Senior Staff nurse was transferred from Umphumb hospital
- Two Professional nurses were appointed on a fixed period and one was transferred to Inkosi Albert Luthuli Hospital
- A CPN was transferred from Umphumb hospital
- A senior staff nurse retired.

COMMUNITY SERVICE OFFICERS

- Seven Medical Officers were appointed
- Two Physiotherapists were appointed
- Two Radiographers were appointed
- Two Occupational Therapists were appointed
- A Dentist was appointed

PHARMACY

- A pharmacist was appointed
- Three pharmacy interns were appointed

DENTAL

- A oral hygienist was appointed

APPOINTMENTS, TRANSFERS AND RETIREMENTS FOR FEBRUARY 2003

NURSING

- A nursing assistant was transferred to Inkosi Albert Luthuli.
- A staff nurse was transferred to Clairwood hospital
- Six Staff Nurses were appointed.
- Eleven Professional Nurses were appointed.
- Two Professional Nurses were transferred to Addington

DIETETICS

- Two Dieticians were appointed. One was a transfer from Bethesda hospital

PHARMACY

- One Principal Pharmacist was appointed.

DOCTORS

- Two sessional Doctors were appointed

PSYCHOLOGICAL SERVICES

- A clinical psychologist was appointed.

On a lighter note.....

Strange Therapy Sessions

A couple, both aged 60, went to a sex therapist's office. The doctor asked, "What can I do for you?" The man said, "Will you watch us have sexual intercourse?" The doctor looked puzzled, but agreed. When the couple finished, the doctor said, "There's nothing wrong with the way you have intercourse," and charged them \$50.

This happened several weeks in a row. The couple would make an appointment, have intercourse with no problems, pay the doctor, then leave. Finally the doctor asked, "Just exactly what are you trying to find out?"

The old man said, "We're not trying to find out anything. She's married and we can't go to her house, I'm married and we can't go to my house.

The Holiday Inn charges \$90; the Hilton charges \$108. We do it here for \$50 and I get \$43 back from Medicare."

ABET REPORT.

ABET programme is still up and running in the hospital. Mr. M. Dube is now busy doing level two- Communication in English and Mr. G.L Ndlovu is busy with level 1- Numeracy.

The registration of the centre with the Independent Examinations Board for the 2003 exams was done on the 12th of February 2003.

Both classes will write their exams in June 2003 as planned, therefore we as tutors wish all the learners that will be writing their exams in June 2003 the best of luck

