

# SIKWA DUKUZA

December 2004

## WORLD AIDS DAY CELEBRATIONS

As part of the International World Aids Day commemoration – 1st of December 2004, Stanger hospital hosted an event to create awareness about the disease and the progress about the ARV rollout in the hospital.

The guests and the community members were welcomed by the Hospital Manager, Dr A.J. Mansvelder where he emphasized that human beings must care, respect and support each other. "People need to talk to their children regarding behaviours" he said. He pledged his support to the community and promised to make a difference in people lives, as he is now Proudly South African.

As the project leader of the ARV team, Dr Linda Mtshali gave feedback on the performance of her team where she indicated that the programme commenced in July 2004 with 33 patients and is currently increased to 219. She highlighted that in Ilembe district, Stanger Hospital was the only ac-



credited hospital in May 2004 to rollout ARV's, Umphumulo, Untunjambili and Montebello hospitals



have recently been accredited and patients will be receiving treatment closer to their homes." The programme starts with the testing – if positive- CD4 counts is taken. Only patients with a CD4 count of less than 200 will be given treatment provided that they have attended

If you have an input or a story that you would like to be published in the next article, you are requested to submit your articles to Ms Mbatha at room no 51, OPD or alternatively contact her on extension 6061.

.....have treated all the underlying sicknesses" she said. She encouraged the people to bring their family members to support them when attending the drug literacy programme.

In line with 16 days of activism of no violence against women and children, Inspector Harris empowered women on their rights and steps that they should follow when they have been abused. "Wathinta abafazi, wathinta imbokodo, wathinta imbokodo, wathinta amaphoyisa, amaphoyisa avula iminyango yejele" he concluded.

A patient spoke openly

about her HIV /Aids status and encouraged people to go for testing and the importance of the adherence to the programme. The day ended off with a candle lighting ceremony.



"Reach for the moon and even if you do not get there, at least you will be among the stars" – unknown

## CARNIVAL OF LIFE

*The Supporters is a collective name for three support group for senior citizens, facilitated by two psychologists, Danielle Matthew and Samantha Ramkisson as well as community service occupational therapist, Leigh Searle. This group was formed on the 9th October 2003 by Danielle Matthew and split into three groups namely Lotus, Truro and Get Together. The support groups have been well attended by the senior citizens. This year a Carnival of Life Celebration was hosted encouraging senior citizens to rediscover the power of their minds, their life stories and their individuality.*

*The groups had a various of activities that were planned for the day ranging from role playing, music and dance. The winners of the trophy were Lotus, a group coordinated by L. Searle.*



*"Where there is love the heart is light*

*Where there is love the day is bright*

*Where there is love there is a song  
To help when things go wrong  
Where there is love there is a smile  
To help make everything seem so worthwhile*

*Love changes darkness into light"*

*Leigh, Samantha, Danielle*



If 2004 was one of "those" years which you began with optimism,

And ended a little disappointed,  
Feeling all alone in the world,  
And have a couple of extra wrinkles,  
And added a few extra kilos.

If during the year you forgot more than one important commitment,  
Not to mention differences of opinion with the boss,  
And more than one goal remained out of reach.

If 2004 wasn't as great as it could have been,

2005 will be here soon!

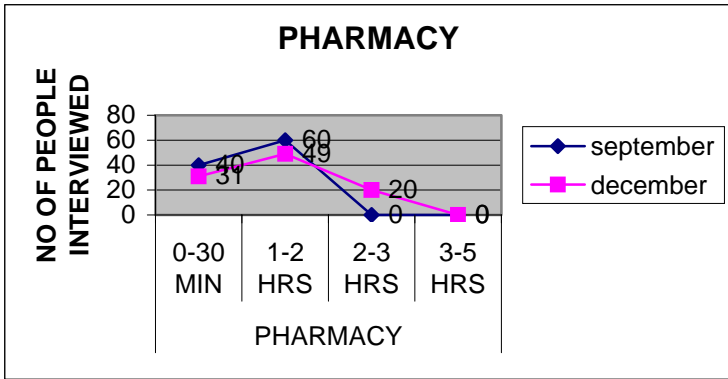
So celebrate it the best possible way. . .  
With hugs and kisses  
And lots of humour.

Here's hoping you'll leap into 2005 with prosperity, health and happiness.

**HAVE A MERRY CHRISTMAS AND A FANTASTIC YEAR IN 2005!**

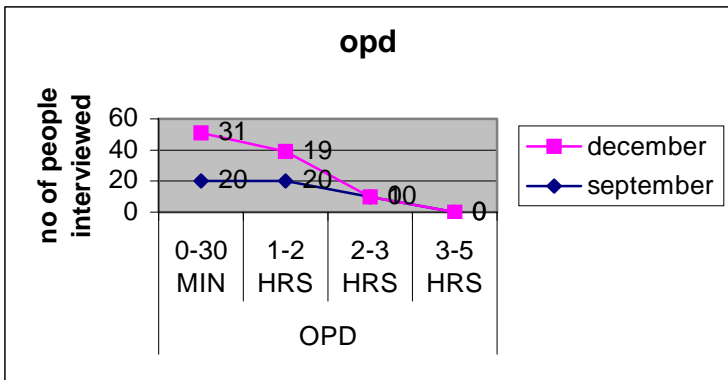
## Waiting Time Survey

A waiting time survey was conducted in September and November 2004. These surveys are done quarterly as per mandate from the Quality Assurance Unit. The main objective is to reduce the waiting time in the hospitals and therefore it has to be monitored.



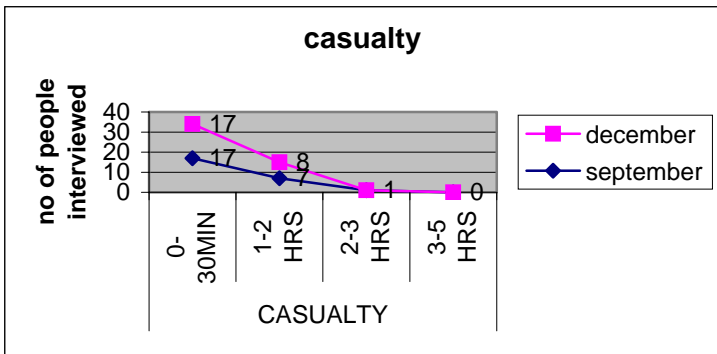
**PHARMACY**  
100 patients were interviewed in Pharmacy per survey.

	0-30 min	1-2 hrs	2-3 hrs	3-5 hrs
sept	40	60	0	0
dec	31	49	20	0



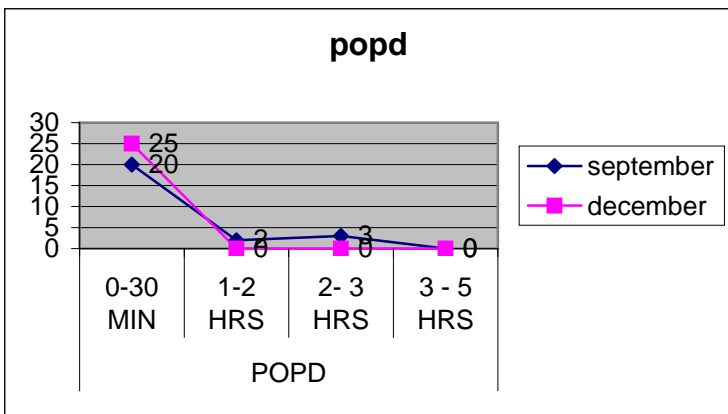
**OPD**  
50 patients were interviewed in OPD

	0-30 min	1- 2 hrs	2 - 3 hrs	3-5 hrs
sept	20	20	10	0
dec	31	19	0	0



**CASUALTY**  
25 patients were interviewed in Casualty

	0-30 min	1- 2 hrs	2 - 3 hrs	3-5 hrs
sept	17	7	1	0
dec	17	8	0	0



**POPD**  
25 patients were interviewed in POPD

	0-30 min	1- 2 hrs	2 - 3 hrs	3-5 hrs
sept	20	2	3	0
dec	25		0	0

## TOY STORY 2004

It's Christmas, a time for giving and sharing. On the 09<sup>th</sup> of December, Toy Story visited the kids in Paediatrics ward at Stanger hospital to pamper them with toys and to bring hope to the sick children.

The kids were excited as gifts were handed to them. Toy Story representatives Ms T. Njapha and Mr L. David delivered the toys to each and every child that was admitted in the PU Main. The kids enjoyed the interaction with the representatives from the Toy Story 2004.



## KIDS CHRISTMAS PARTY



On the 21<sup>st</sup> of December, a Christmas Party was held by Occupational Therapists (OT's) for children with learning disabilities. The idea originated after the OTS were sharing their own personal favourite experiences of parties during their childhoods.

Donations grew after receiving R400 from the Stanger Hospital Board to stationary, clothing and food hampers from a local business Mr.Haresh Ouderajh.It was encouraging to note that our local community and organisations heartfully support the endeavours of Stanger Hospital.

From our invitation list of 40 deserving children, 25 children arrived .The theme of the party in our minds was abundance. Abundance of excitement from the children, abundance of enthusiasm from the therapists and abundance of fun and games. Little things like décor and music that made the party special were also sponsored which we acknowledge on our vote of thanks.

Eager parents took the time off their busy schedules to bring their children to this party indicating they acknowledge our efforts to provide a holistic treatment approach. As OTS have a sound knowledge of activity analysis, activities were carefully selected to get the children in the mood.

We had activities such as drama and music, movement and music; pass the parcel, Marie face making, etc

At the end of the day gleeful children took home gifts, ice-cream food and fruit and most importantly a happy memory that would stick in their minds.

The lesson learnt by the OTS at the end of the day, is that although we work within a constrained environment and limited resources, the openness of the heart and therapeutic bonds formed between health practitioner and a patient is what matters.

And finally the time has come to say goodbye to our community service OTS. As we bid farewell to them I would to thank them for their contribution toward the development and enhancement of the OT department. They brought with them a passion for OT and this passion allowed them to perform clinically and personally at great heights.

The OT department would like to wish all staff at Stanger Hospital a joyous festive season and good wishes for the New Year.

ARTICLE BY : SANDHIA NAIR

EXPENDITURE AND REVENUE GENERATED ( APRIL 2004 TO NOVEMBER 2004)

	EXPENDITURE	BUDGET	AVAILABLE BUDGET	PERCENTAGE
PERSONNEL	R49 596 307.52	71,182,000.00	21,585,692.48	69%
STORES	16 314 933.05	24,619,311.00	8,182,674.15	66%
T& F PAYMENTS	147,104.42	207,000.00	59,895.58	71%
EQUIPMENT	1,819,083.61	1,776,000.00	43,083.61	102%

Revenue collected is R 136 302 2 .90

**OCTOBER 2004**

**APPOINTMENTS, TRANSFERS, RESIGNATIONS, PROMOTIONS AND RETIREMENTS.**

APPOINTMENTS

- A Radiographer
- A Professional Nurse
- A Chief Professional Nurse
- A driver
- A Sessional Medical Officer
- 

TRANSFERS

- A Ward Clerk
- Two Chief Professional Nurses
- A Principal Medical Officer
- A Dietician
- A Chief Admin Clerk
- 

RESIGNATIONS

- Two Professional Nurses

PROMOTIONS

- Two Senior Professional Nurses
- Two Chief Professional Nurses

RETIREMENTS

- A Professional Nurses

**NOVEMBER 2004**

**APPOINTMENTS, TRANSFERS, RESIGNATIONS, PROMOTIONS AND RETIREMENTS.**

APPOINTMENTS

- A Chief Finance Officer
- A Professional Nurse

DEATHS

- A Clinical Orderly
- A Senior Operator
- A Food Service Aid

RESIGNATIONS

- A Professional Nurse

RETIREMENTS

- A Senior Messenger

**DECEMBER 2004**

TRANSFERS

- A Medical Officer

RETIREMENTS

- A Chief Professional Nurse
- A Tradesman Aid
- A Senior Messenger