



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

GREY'S HOSPITAL

GREYPE-VINE NEWSLETTER

Our Priority is you!

JULY 2021

NURSES'S DAY TRIBUTE TO ALL NURSES



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 KwaZulu-Natal Department of Health

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**GROWING
KWAZULU-NATAL
TOGETHER**

HAPPY NURSES'S DAY TO ALL YOU ANGELS

“Be strong and courageous, and do the work. Do not be afraid or discouraged, for the Lord God, my God is with you. He will not fail you or forsake you...” (1 Chronicles 28)

Indeed, these words are really comforting to all the angels who risk their lives day in and day out in their ongoing never ending struggle for service delivery to human kind.

When HIV and related illnesses (late 80s) came, you angels remained strong, courageous and did the work.

The year of the nurse (2020) came with COVID-19 and related illnesses, you again angels were thrown in the deep end but you managed to be strong, courageous and did the work.

Affected and infected by the related illnesses ,you remained strong, courageous and did the work.

Stigmatized and threatened bio- psycho-sociologically you persevered strongly, courageously and did the work. You angels are still intrinsically motivated in spite of stressors coming from all directions, staff shortages, carrying on with non-nursing duties, and increased pressure for more productivity in the face of minimal resources due to financial constraints, but you are still strong, courageous and doing your work.

A salute goes to all our fallen heroes who passed on still religiously doing their work trying to be strong and courageous in the midst of the pandemic, may their souls rest in eternal peace.

I thank God who is with us who will never fail or forsake us, the God who makes us strong, courageous and be able to do our job.

By: Mrs Thobile Beatrice Mathonsi (Assistant Manager Nursing (Critical Care))



Nurses 's day was commemorated virtually on the 12th May 2021 at the Main Board Room and Recreational Hall.

HAPPY NURSES'S DAY CONTINUES...



Nurses in the Recreational Hall where they were watching and listening to various speakers virtually on the 12 May 2021



Nurses Garden Horner



COURAGEOUS WARDS



By: Operational Manager: Sr P. Nursoo

“The two most important days in your life are the day you were born and the day you find out why. This profound statement is attributed to the renowned author **Mark Twain**. Allow me to now give meaning to this statement from my perspective. In exercising my divine rights as a woman and a lady, I strategically choose not to reveal my birth date and by implication my age. Suffice to say I’m still in the prime of my life. My focus is rather on the meaning and significance of the day you discover why you were born. But before I do that, let me first greet you my fellow nurses as a nurse in general and a government employed nurse in particular. The unbreakable bonds we share as colleagues, friends and family must be valued, cherished and maintained unconditionally. On the 1st of February in the year 1988, with a mixture of caution, anxiety and unbridled joy and anticipation, I made my way through the shiny sparkling passages of Northdale Hospital donned in a dazzling white uniform with the nursing cap balancing precariously on my head. I paused for a moment to savour the captivating sterility and to imbibe the intoxicating, enticing scent of hospital disinfectant. For me, that day marked the momentous discovery and revelation of my destiny and purpose in life ie.to become a passionate caring dedicated and exemplary member of the noble nursing profession and to render unconditional service to humanity. Incidentally my first day was also romantically memorable and exciting because it was the day I met and was captivated by an enchanting student nurse who was to become my future husband. Holistically then, my personal and professional dreams had begun to take shape. In this month of May 2021, I humbly stand before you, after an eventful journey of 33years and 3 months encompassing training at 4 nursing colleges, brief stints at a private hospital, a private old age home, and working at 3 government hospitals including my current position as an Operational manager at Grey’s Hospital. My broad spectrum of nursing experience equips me to be privileged to address you on the recently celebrated International Nurses Day, and more importantly to comment on the current state of the nursing profession globally and more specifically here in South Africa. My journey has been a melting pot of the good the bad and the ugly, the heartaches and the blessings, The frustrations and the reliefs. Do I have any regrets about the profession I chose? Unequivocally NO! Do I have concerns about this noble profession? Emphatically YES! These concerns range from serious to critically life threatening. Regrettably and sadly the quality of nurses and nursing has declined drastically. The founder of modern nursing Florence Nightingale stressed the importance of a therapeutic environment being crucial to the processes of caring and healing. This meant that nurses, health care workers and patients be provided with adequate human and material resources. Particularly in South African health care settings, such resources are at best, inadequate, and at worst non-existent. It is the nurse who greets the entry of most people into this world and who salutes the exit of most people from this world: ARE THERE WHEN YOU ARE BORN AND THERE WHEN YOU DIE, and through various stages of life it is the nurse who co-ordinates your health needs and concerns. In essence then, the nurse represents the gateway into the healthcare system, and often has to bear the brand of anxiety, frustrations, anger, aggression and even violence displayed by patients and families in stress and distress. The past two years has thrust nurses into the forefront of the global Covid –19 pandemic, armed with little but an astute sense of duty and hope and lacking adequate essential protective wear, training and support. This comes after decades of nurses being deprived of essential resources critical to optimal performance of their duties. Add to this the confusion and chaos surrounding the vaccine access to health care workers. No wonder the International Council of Nurses reports that 80 % of nurses are suffering from mental health issues, burnout and depression, and many nurses have become casualties of the war against Covid-19. Paradoxically it has taken the drastically escalating deaths and infections resulting from the Covid –19 Pandemic, for the critical service and dedication provided by nurses to be finally recognised, acknowledged, praised, lauded, applauded and even glorified. Tragically this does not translate into meaningful tangible relief and miraculously diminishes and fades away until the emergence of another deadly health threat or until the next Nurses Day. In the year 2019, a group of ward managers, sent an ultimatum to nursing and hospital management, threatening disciplinary action for endangering the life of clients and nurses by not providing resources. To date the response has ranged from lukewarm to empty promises by the KZN MEC for health to motivate for more material resources and more nursing posts.

The implication and inference is that major obstacles to remedial interventions in nursing are Senior Nursing and Healthcare officials themselves.

According to the HSRC “Nurses are the backbone of the healthcare system” and comprise almost 65 % of South Africa’s health care workers, yet they are not included in critical decision making bodies entrusted with healthcare planning. The ICN sites this as a travesty and contends that nurses being by far the main deliverers of healthcare should be intrinsically involved in the designing and planning of critical healthcare interventions. Even the labour unions which represents nurses viz DENOSA, NEHAWU, HOSPERSA and PSA, choose not to put aside their differences and to undertake to celebrate International Nurses Day as a joint venture rather than pursue a fragmented approach. Moreover common issues directly impacting on the nurse such as salary negotiations, medical aid subscriptions, nurse patient ratios coupled with filling of vacant posts, inadequate protective equipment, danger allowances and safety concerns should be addressed jointly. Another alternative would be to form one nursing labour union totally independent of government. Such a body would realistically be able to exert more radical and effective pressure aimed at addressing the justified demands of nurses.

Despite the emphasis on the myriad of challenges facing the nursing profession, my intention was not to engage in negative criticism. Rather, my purpose was to bring these issues to the fore so as to elicit viable and lasting solutions, and to re-ignite and enhance the quality and the image of this once noble and trusted profession. In this way qualified and quality applicants would be encouraged and motivated to seek and pursue a career in nursing.

In bringing my address to a close, I urge you to focus on the haunting words of the song “ YOU NEEDED ME” sung by Anne Murray. These lyrics reflect the often ignored but vital symbiotic relationship that exists between the nurse and her patient. It must be accepted that the patient needs the care and concern of the nurse. Yet ironically, it must be ALSO acknowledged that the nurse needs the recognition and appreciation of the patient. Without a patient there will be no nursing profession. Conversely without a nurse, patients will suffer and die. This mutually inter-dependent relationship will potentially result in both optimal patient care and nursing satisfaction.

You Needed Me

Anne Murray

*I cried a tear, you wiped it dry
I was confused, you cleared my mind
I sold my soul, you bought it back for me
And held me up and gave me dignity
Somehow you needed me*

*You gave me strength to stand alone again
To face the world out on my own again
You put me high upon a pedestal
So high that I could almost see eternity
You needed me, you needed me*

*And I can't believe it's you
I can't believe it's true
I needed you and you were there
And I'll never leave, why should I leave?
I'd be a fool 'cause I finally found someone who really cares*

*You held my hand when it was cold
when I was lost you took me home
You gave me hope when I was at the end...*

FINALLY IT IS MY FERVENT PRAYER THAT THE PROFESSION OF NURSING BE IMMERSSED IN THE POWERFUL SPIRIT AND PHILOSOPHY OF UBUNTU AND BE BLESSED BY DIVINE INTERVENTION.

GREY'S HOSPITAL COVID-19 VACCINATION SITE

Grey's Hospital officially launched its COVID-19 vaccination site on 17 May 2021, which was preceded by a very short but intense period of planning, organizing and dry-runs.

The vaccination site originally planned for was going to be a small “park-home”-type structure located outside the Emergency Department. However, with the expected daily vaccinations target communicated to Grey's Management at short notice, a radical and expeditious change in plan was necessary to identify and prepare a new site. The recreation hall located behind the main hospital building was identified, and preparation of this site began on 28 April 2021, with Dr. L. Naidoo (Medical Manager) leading the team consisting of Sr. S. Wood (who was appointed as the Site Manager), Dr. P. Ramraj, Mr. D. Naidoo, Dr. B. Mkhize, Mr. L. Memela, Mr. V. Deonundhan, and members of the clinical teaching department, Infection Control, OHS and others. Within a period of just 3 working days, the site, which was being prepared to accommodate at least 400 patients per day, was about 90% ready. This processing capability was based on a country norm of approximately 12 minutes per patient at the vaccination (injection site), with the resources available at the time of planning. The preparation of the site included:

1. Establishing workstations for the various steps in the vaccination process, including:
 - A. Waiting areas
 - B. 4 Registration and screening stations
 - C. 10 Electronic Vaccination Data System (EVDS) stations
 - D. 10 Vaccination (injection) stations (with privacy screens)
 - E. Post-vaccination observation area with resuscitation facilities
 - F. 2 Post-vaccination registration stations
2. Installation of 10 new and 6 existing computers, 10 bar-code scanners, wireless network with internet connectivity and a printer
3. Arrangement of furniture and equipment, including installation of a fridge for vaccines
4. Developing stationery for the vaccination process, including vaccination carrier cards, etc.
5. Workflow mapping and signage
6. Human resources planning and scheduling
7. Staff facilities, including tea- and rest-rooms.

Whilst the above work was in progress, two vaccination storage freezers (“-20°C” and “-70°C” freezers) were procured. Processes to procure oil heaters, DECT phones and other ancillary equipment were also initiated. The facility was also being prepared to become disabled-friendly.

The first dry run was held on 3rd May 2021, which helped refine the vaccination process and identify deficiencies which were given immediate attention. The District Director visited the site on 5 May 2021 and was pleased with the progress made.

Of course, the site could not be made functional until the COVID vaccines were available. The first batch of Pfizer vaccines were eventually delivered on 15 May 2021. This batch was to be used not only by Grey's Hospital, but also by the Royal Showgrounds, East Boom CHC and Fort Napier Hospital vaccination sites, as Grey's Hospital was the storage and distribution hub for these sites. The second batch of Pfizer vaccines was received on 28 May 2021.

The inaugural vaccination at Grey's Hospital took place on 17 May 2021, with one of its own staff members receiving the first dose. A total of 168 patients were vaccinated on this opening day, but after a slow start, we eventually overcame the learning curve and were vaccinating in excess of 600 patients per day. As at 31 July we have vaccinated a total of 17117 patients. Our Site has also received heaps of verbal and written compliments since its opening.

Management of Grey's Hospital wishes to express its heartfelt gratitude to the staff working at the vaccination site, who have demonstrated true commitment and teamwork in their duties. With our joint efforts, we will eventually win this fight against the spread of COVID-19, so that one day we can all rejoice and recount our experiences of these momentous days to future generations.







Top picture: Vaccination site team
Bottom left: Hospital Management with Vaccination Site Management

Sr SE Wood (Site Manager), Mr RT Mchunu (second in charge) & Miss Shiavanie Kallidin (EVDS Secretary).

National Minister of Health: Dr Zweli Mkhize, the MEC for KwaZulu-Natal Health: Ms Nomagugu Sime-lane and the KwaZulu-Natal Premier: Mr Sihle Zikalala were speakers of the day . It will be remembered that people of South Africa were panicking after the National Minister of Health announced that a first person in the country who resided in KZN Province was diagnosed with COVID-19. Grey's Hospital was the first Hospital in the country to admit and treat the COVID-19 patient. In his speech, Dr Bradley Naidoo who was part of the team who admitted and treated the patient shared his experience after how war-ried he and his colleagues were when they received a call that the patient was on his way for admission to Grey's Hospital. He indicated that it was a scary moments for all categories of staff members who were involved because the pandemic was new , there was uncertainties on how the patient should be treated and everybody was in a learning curve. He emphasized the importance of every category of staff during the pandemic as they all have a role to play.



THE UMSUNDUZI MUNICIPALITY MAYOR GOT HIS COVID-19 VACCINE!

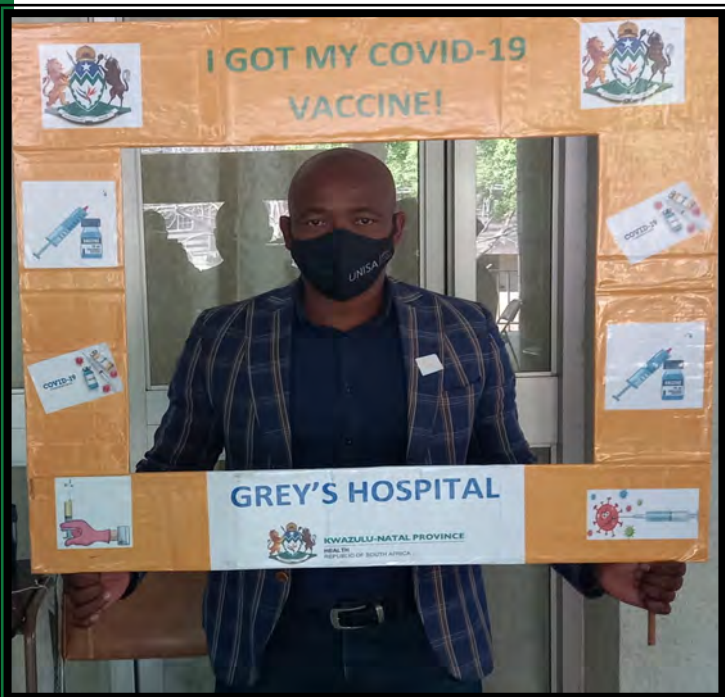
It was a pleasure having uMsunduzi Mayor Cllr Mzimkhulu Thebolla get vaccinated at Grey's Hospital on 30 July 2021. We would like to encourage the public of all age categories that are allowed to register to please come in and get vaccinated and stay safe !!!



Mayor Cllr Mzimkhulu Thobela with Grey's Hospital Vaccination Site Team after he has vaccinated.

NEW LY APPOINTED GREY'S HOSPITAL BOARD GOT VACCINATED AT GREY'S HOSPITAL!

It was a great moment for the newly appointed Grey's Hospital Board after they received their COVID-19 vaccination at Grey's Hospital on the 18 August 2021. The board encouraged everybody to get vaccinated against COVID-19. It is a good thing to do, it is a simple and quick process. Vaccination Team is ready to assist and answer any questions pertaining to the COVID-19 vaccine.



MR MXOLISI MKHIZE
HOSPITAL BOARD VICE CHAIRPERSON



MR ISRAEL SIBISI
HOSPITAL BOARD MEMBER



Grey's Hospital Vaccination Team together with the hospital board members

NATIONAL LEGISLATURE VISITED GREY'S HOSPITAL VACCINATION SITE

On the 20th of August 2021 members of the National Legislature visited Grey's Hospital Vaccination Site as part of their oversight visit to KZN Vaccinations sites. Hospital Management and Vaccination Site Manager Sr Wood took them on a tour of the vaccination site.



Members of the National Legislature been screened for Covid-19 at the Grey's Hospital Vaccination site



Dr Bilenge (CEO), Mrs Mckenzie (Nurse Manager) and Mrs Anderson (Finance Manager) and Sr Wood (Vaccination site Manager) welcome the members of the National Legislature at the vaccination site..

KZN PROVINCIAL LEGISLATURE VISITED GREY'S HOSPITAL VACCINATION SITE

It was a great pleasure for Grey's Hospital Management and Vaccination Site team to have members of KZN Provincial legislature visit Grey's Hospital Vaccination Site on 25 August 2021 as part of legislature to conduct oversight visits to all KwaZulu-Natal Vaccination Sites and to encourage communities and the public to vaccinate against COVID-19. On the day of their visit, they were taken around the vaccination site by the Vaccination Site Manager: Sr S. Wood to show them the physical layout of the Vaccination Site and how the vaccination site team manages the people who are coming to vaccinate. The Provincial Legislature Members were very impressed with the service being provided and they decided to vaccinate for COVID-19 immediately. It was indeed a great moment to see the members of provincial legislature taking the lead and vaccinate against Covid-19. Play Safe! Vaccinate for COVID-19!



Sr S. Wood taking the members of the KZN Provincial Legislature around the Vaccination Site to show them the physical layout of the vaccination site and informing them of how the vaccination site team manages people who are coming to vaccinate against COVID-19.

KZN PROVINCIAL LEGISLATURE VISIT TO GREY'S HOSPITAL VACCINATION SITE CONTINUES!



From Left: Dr MT Zulu, MPL Hon. N. Ntombela, MPL Hon. D. Ndlela, Sr S Wood and MPL Hon. L. Ngubane



The above pictures were taken after the members of the KZN Provincial legislature were vaccinated. From Left: MPL Hon. Nhlakanipho Ntombela, MPL Hon. Dan Ndlela and MPL Hon. Lusiwe Ngubane

Dear Grey's Colleagues, Protect me please.....

Every day we note and report on the Covid-19 cases admitted to Grey's hospital, we have gone through three (3) surges already and we still continue to see new positive cases admitted daily. Grey's hospital has reported to have admitted 810 positive cases since the beginning of the pandemic in March 2020. We are now in the second year of the pandemic but sadly this pandemic does not seem to be coming to an end. Most of us feel frustrated, angry and disillusioned, we wonder when this pandemic will come to an end, is there a light at the end of the tunnel? We see patients in the Covid wards by the numbers, and we feel so helpless. These patients are sick, afraid and are looking to us, the healthcare provider for help. We as the healthcare provider have been placed on a pedestal all of a sudden, the world is watching us, they are providing support where ever they can, encouraging us at every turn. But you, what are you doing to help prevent the spreading of the disease? Have you given up, do you still care?

Please, I beg you, fellow healthcare providers, do not give up. Try and do your part in preventing the spreading of the disease. It is a fundamental human nature to want to socialize with others, we all have the need to draw comfort from each other, we all want to laugh and enjoy our life. We all want to share a meal with our friends, catch up on the latest news etc. But, this is not the time for us to become lay back and let our guard down, we have seen and it has been proven, that if we adhere to the Covid-19 precautions we can prevent the spreading of the disease. The prevention of the spreading of the disease is within our power, it is within our means.

Have you done your part? In which ever corner of the hospital you are in, have you taken precautions? Are you wearing your face mask at all times, are you washing your hands, are you cleaning your environment you are working in, are you minimizing your contact with other people? Are you phoning your friends instead of going to see them, are you looking after one another?

How else are we going to protect each other if we do not do all these simple things?

Have you thought of who will take care of you when you get admitted with Covid into a hospital. Will there be anyone left to take care of you?

This too has an end date, hopefully we will see the end of Covid-19, and we all look forward to that day. In the mean time, I will do my part to protect myself and to protect you by adhering to all Covid-19 precautions, I just hope I can rely on you to do the same for me.



FREQUENTLY ASKED QUESTIONS: C.1.2 COVID-19 LINEAGE

WHAT IS C.1.2?

C.1.2 is a new lineage (or version) of the SARS-CoV-2 virus.

HOW DID IT COME ABOUT?

SARS-CoV-2 like all viruses mutates/changes continually and randomly. When a mutation offers some benefit, for example, enabling the virus to replicate better or evade immune responses in humans, the mutation is passed on as the virus multiplies. This mutated virus is then transmitted to another person. The C.1 lineage was detected during our first wave of infections in South Africa and now in the third wave has accumulated additional mutations and evolved into the C.1.2 lineage

WHAT IS A VOI AND A VOC?

A VOI is a variant of interest and a VOC is a variant of concern. These are classifications for different variants of SARS-CoV-2. A variant of interest is one that has spread significantly within a region or globally and has some mutations that might alter transmissibility, pathogenesis, immune resistance or the epidemiology of the virus. A variant of interest becomes a variant of concern when it has been proven to have changes in transmissibility, pathogenesis, immune resistance or epidemiology. To date, the C.1.2 lineage is neither a VOI nor a VOC.

HOW DID WE FIND IT?

The Network for Genomic Surveillance in South Africa routinely collects samples from people that have tested positive for SARS-CoV-2 throughout the country and sequences the virus within these samples to monitor viral mutations. We then compare these sequences to ones we have seen before, like a game of spot the difference. If we see differences, we take note of where these differences are and whether they are likely to alter the function of the virus or our immune responses to the virus.

WHICH PLACES IN THE WORLD HAS C.1.2 BEEN DETECTED IN AND WHERE WAS IT FIRST DETECTED?

C.1.2 was first detected in South Africa in May 2021 but has been seen sporadically in nine other countries (Botswana, Zimbabwe, the Democratic Republic of the Congo, Mauritius, New Zealand, Portugal, China, Switzerland and England)

IS THERE ANY EVIDENCE TO SUGGEST THAT C.1.2 IS MORE TRANSMISSIBLE?

It is not yet clear whether C.1.2 is more transmissible. The variant shares mutations with other variants and some mutations have been linked to increased transmission. Although the variant was detected in May, the levels remain low and the NICD continues to monitor the variant and its spread.

WHY IS THERE NO GREEK NAME YET?

Variants are assigned a Greek name when it is classified as a variant of concern (VOC) or a variant of interest (VOI). Variants with mutations that are predicted to impact function are classified as a VOI once that variant has spread either significantly in an area or globally. A VOI becomes a VOC when the effect of the mutations on function has been proven to be detrimental. Due to the low frequency of C.1.2 and lack of data to explain the effect of the mutations in this lineage, it does not meet the criteria to be classified as a VOI or VOC.

AS OF 01 SEPTEMBER 2021, HOW MANY GENOMES IN SA HAVE BEEN IDENTIFIED AS THE C.1.2 VARIANT?

There are 114 C.1.2 genomes from South Africa in GISAID (the global reference database for SARS-CoV-2 viruses, www.gisaid.org). However, these only account for ~2.5% of the viruses circulating in South Africa right now, with the majority being Delta

SOME OF THE PRESS RELEASED ON THIS VARIANT DESCRIBE IT AS A “POTENTIAL” VARIANT BUT THE “POTENTIAL” IS LATER DROPPED. IS IT A “POTENTIAL” VARIANT OR A PROPER VARIANT ?

It is a variant, meaning a different “version” of the virus; however, the “potential” refers to its potential to eventually either be classified as a VOC/VOI. It shares mutations with VOCs that have a functional impact as well as additional mutations that we are currently studying. So although it is a variant, it is not yet a VOC/VOI, but it has the potential to become one

IF THERE ARE SO MANY NEW MUTATIONS ON THIS VARIANT, HOW CAN WE BE SO CONFIDENT THAT VACCINES ARE WORKING?

Viruses randomly mutate all the time; mostly these do not have a great effect on function, but sometimes these mutations give the virus an added benefit. Therefore, the identification of many mutations does not necessarily mean a “worse” virus.

One reason we expect that the vaccines will work, despite the mutations in C.1.2, is because we are familiar with several of these mutations. We have extensive data from the other variants, like Beta and Delta, showing the effect of these mutations. Because of this, we can to some extent predict the effect of those mutations, even in the context of C.1.2.

Another reason is that the T cell arm of the immune system in part mediates protection from severe disease, which is separate from the antibodies. T cells are much more tolerant of mutations and there is data from laboratories across the world that although there might be a reduction in the ability of antibodies to bind to these viruses, T cells (which are the cells that protect you from severe disease) maintain their activity against the currently circulating variants

THE C.1.2 LINEAGE PREPRINT SUGGESTS THAT FREQUENCY IS LOW BUT THAT IT IS GAINING TRACTION AT THE SAME RATE AS DELTA DID IN THE EARLY DAYS. SO FROM THIS CAN WE ASSUME IT WILL GROW EXPONENTIALLY?

C.1.2 is present at a low frequency and is gaining traction slightly, which is why we are tracking and watching it carefully. It is to some extent doing what Delta did at the beginning of the second wave. However, at this stage, it is impossible to predict what variants are going to do

WHICH PROVINCES IN SOUTH AFRICA HAVE THE C.1.2 LINEAGE BEEN DOMINANT IN?

We cannot conclusively say that the C.1.2 lineage is dominant in any of the provinces, purely because our sequencing efforts are not equal across all the provinces. The most number of C.1.2 sequences are from Gauteng, but we also have the most number of sequences from Gauteng province.

SCIENTISTS HAVE REFERRED TO THE LINEAGE TO HAVE MUTATIONS SIMILAR TO PREVIOUS VARIANTS - WHY IS THIS SIGNIFICANT? IS THIS A PRECURSOR TO IT BEING CLASSIFIED AS A VARIANT OF CONCERN?

We have defined the impact of mutations in current VOIs or VOCs because they have been in circulation for some time and have infected a significant number of individuals. We have been able to pinpoint the detrimental impact of individual and combined mutations in these VOIs or VOCs. Therefore, when we see emerging lineages with similar mutations, we take notice because we expect a detrimental impact

SCIENTISTS ALSO EMPHASISED THAT C.1.2 HAS BEEN IDENTIFIED AT LOW FREQUENCY - AT WHICH POINT DOES IT BECOME A PROBLEM?

The C.1.2 lineage has to be present in a significant amount of sequences for a sustained period in order for it to be recognised as a VOI by the World Health Organization. If it is classified as a VOI, further studies showing that the lineage alters viral pathogenesis, immune resistance, transmissibility and epidemiology are needed before it can be classified as a VOC

IS THERE ANY NEED AT THIS POINT TO REVIEW LOCKDOWN RESTRICTIONS IN SOUTH AFRICA IN ANTICIPATION OF WHAT WILL COME FROM THIS VARIANT?

There is no need to review lockdown restrictions at this time. All the regulations that are required in terms of managing this current third wave/resurgence are in place, regardless of the variant. Adherence to non-pharmaceutical interventions remain critical and individuals who qualify for vaccination are encouraged to do so

HOW DO YOU DECIDE WHEN TO ANNOUNCE A NEW VARIANT AS YOU ARE DOING WITH THIS ONE, OR NOT - ESPECIALLY GIVEN THE RISK OF IMPACT ON SENTIMENT AND TOURISM AND TRAVEL RESTRICTION?

The Network for Genomic Surveillance in South Africa continuously and rigorously monitors the emergence of new SARS-CoV-2 variants in South Africa and globally. This continual monitoring we hope will enable us as a country to be better prepared to respond if further public health action is warranted. Because C.1.2 has been detected throughout South Africa as well as other countries we intended to inform other scientists and authorities including the WHO and South African NDoH to enable others to be on the lookout as well. However, it is important to note that we will likely continue to identify different variants and the public should really only be concerned when these variants are classified as either a VOI or VOC

WOULD IT BE FAIR TO DESCRIBE THE C.1.2 AS THE MOST MUTATED VARIANT IN THE WORLD?

It certainly has more mutations than the currently described VOI/VOCs we have seen circulating globally. C.1.2 has on average 30 mutations across its entire genome, which is quite mutated when you compare it to other VOC/VOIs, which have on average 18 mutations

WHY DO YOU SAY IT IS MOSTLY IN SA - WHEN IT HAS BEEN FOUND IN SWITZERLAND, CHINA, ENGLAND AND MAURITIUS? IS IT JUST BEING BETTER-DETECTED HERE- OR IS IT COMMON IN SA?

Out of the 127 C.1.2 sequences currently on GISAID, 114 are from South Africa. C.1.2 has generally only been detected in one or two sequences from other countries. We have been sequencing genomes extensively throughout South Africa. Additionally, in comparison to the UK for example, we are doing relatively light genomic surveillance, yet we have detected many more C.1.2 sequences than any other country. Further to this, the genomic data shows that C.1.2 evolved from a precursor lineage (called C.1) that was predominant in South Africa in the first wave

GIVEN C.1.2 IS NOT YET A VOI, WHAT IS IT ABOUT THIS VARIANT THAT HAS RAISED YOUR CONCERN MORE THAN OTHER VARIANTS AND MADE YOU DECIDE TO ANNOUNCE THIS A ONE TO WATCH/A POTENTIAL THREAT?

We have raised awareness of this particular variant because of its mutation profile and its sustained spread throughout South Africa. It has many mutations that are shared with other VOI/VOCs as well as additional mutations within regions that might affect its function

WHAT WOULD IT MEAN FOR SOUTH AFRICA AND THE WORLD IF C.1.2 ACTUALLY TURNS OUT TO BE A “BREAKTHROUGH“? WHAT HAS TO HAPPEN FOR YOU AS A SCIENTIST TO RING THE ALARM BELLS?

Many variants are circulating globally and will continue to circulate unless we can get a high enough coverage of vaccination in South Africa and globally. Our raising the awareness of C.1.2 has been to inform others to be on the lookout for this lineage. However, right now there is no reason to expect that it would be any different to any other VOC/VOI currently circulating.

YOU ARE DOING SUCH IMPORTANT SCIENCE BUT STORIES LIKE THIS KEEP SA BEING SEEN AS AN UNSAFE DESTINATION FOR TOURISTS AND KEEPS SA ON THE UK RED LIST - THIS HAS AN IMPACT ON THE ENTIRE TRAVEL INDUSTRY. HOW DO WE BALANCE IMPORTANT GENOMIC SURVEILLANCE WITH THE FACT THAT THIS EXCELLENT SCIENCE IS LEADING TO IRREPARABLE DAMAGE TO SA'S TRAVEL INDUSTRY?

This is indeed a very difficult balancing act. It is imperative for us to do this type of monitoring so that we would be able to detect new variants that might pose a threat very early on to get ahead of the virus in some ways. It is important to note that new variants are not unique to South Africa. Of the nine VOC/VOIs that are listed by the WHO, only one was first detected in South Africa. This is a global phenomenon and is crucial for everyone to continue to monitor. Since we and others across the globe will continually detect these variants one should only be concerned when they reach the status of VOC. Right now C.1.2 is only a variant under investigation (VUI) which means it is being monitored but does not meet the criteria for either VOI/VOC.

IT HAS BEEN FOUND IN OTHER COUNTRIES TOO BUT DO WE HAVE THE MOST SAMPLES OF IT?

Yes, the majority of the sequences assigned to C.1.2 come from South Africa. We think it originated here having evolved from C.1, which was one of the viruses that predominated our first wave of infections with limited spread globally



FREQUENTLY ASKED QUESTIONS: COVID-19

Supply Chain Management contribution towards COVID-19

Healthcare supply chain management is the regulation of the flow of medical goods and services from the manufacturer to the patient.

Due to the Covid-19 pandemic, the facility has used a myriad of items, and personal protective equipment (PPE) has been one of the much needed items and Supply Chain Management (SCM) personnel has the responsibility of ensuring that the facility is adequately stocked with these items to effectively treat and safe guard the facilities personnel and our patients. The whole country went into overdrive in ensuring adequate PPE provision and Grey's is no exception. The staff at SCM have to be commended on their endurance and drive during this pandemic. It saw them rushing to collect supplies from the central depot, ordering and requesting, negotiating and bargaining. All efforts where made to ensure you and our patients were safely protected against contracting the infection by having the PPE and supplies we needed. SCM personnel, do not think for one moment we have not seen your efforts ,we appreciate you, and we would like to thank each and every one of you for all that you do.



Mrs T. Mazibuko (Assistant Director: SCM) and Mr M. Mckenzie (Warehouse Supervisor) and Stores department team

Waste Management contribution towards COVID-19

At a health facility we generate waste every minute of every day, be it infectious waste, general waste, cytotoxic waste, sharps etc and at the end of the day, this waste needs to leave the facility for safe disposal.

During the Covid- 19 pandemic, the amount of infectious waste skyrocketed. Grey's started generating an average of 200 infectious waste boxes per day. The opening of the vaccination site at Grey's added to the points of collection of waste.

Mrs F Makhaye who is the Waste Management facilitator admirably stepped up to the tasked set before her. She had to ensure the facility had adequate stock of receptacles to meet the demand. She was the focal person involved in ensuring Grey's meet the Healthcare waste regulations in terms of adequate waste disposal at the facility.

There has not been a single complaint on the management of waste at Grey's thus far, and she is commended for the tremendous efforts she has made in ensuring our safety. Thank you Mrs Makhaye, we appreciate you.



Mrs F. Makhaye
Waste Management Facilitator

Clinical Teaching Department contribution towards COVID-19

Covid-19 pandemic brought with it enormous fear and anxiety, especially amongst staff members.

The Clinical Teaching Department was heavily relied upon to equip Grey's personnel to deal with the pandemic at an operational level.

Sr A Guise-Brown states "At the end of 2019, Mrs. McKenzie requested the Clinical Teaching Department (CTD) and the Infection Prevention and Control (IPC) team to develop a method of Donning and Doffing of PPE so we would be prepared in case Grey's hospital had to nurse patients with COVID-19."

Fortunately we had recently practiced donning and doffing of PPE should we ever have to nurse a patient with Viral Haemorrhagic Fever so we had an idea of what was required, also many years ago, in the mid 1980s, Sr Guise-Brown had nursed two patients in the Isolation unit, one with Meningococcal meningitis and the other with Polio, so she had the opportunity to practice the real thing. In the early 1990s, setting up of the Isolation unit should Grey's receive a patient with VHF became the responsibility of the CTD. McKenzie had worked in the Clinical Department before moving to the Matron's Office and she forgets very little, so brains were racked and a plan was devised.

A PowerPoint presentation on Donning and Doffing was formulated by CTD staff, training commenced with a vengeance and was conducted as far afield as Addington Hospital. The teaching was shared with staff from Ingwelezane hospital, Madedeni hospital, Richmond Chest Hospital, Northdale hospital, Edendale hospital and even some of the PMB private Hospitals. We trained nurses, doctors, radiographers, EMRS, General Orderlies and many more categories of staff. Question and answer sessions were held with admin staff, housekeepers and GOs, catering staff and even the garden service staff.

On the 5th March 2020, Grey's received a message that Patient Zero was to be admitted to the Isolation Unit at Grey's hospital. Mrs. McKenzie, Mrs. Sosibo, Sr Guise-Brown, Sr Quayle, Sr Stewart, Mrs. Green, Sr Reddy, Sr Peate and Sr Jordaan stayed at the hospital until close to midnight emptying the Antenatal clinic (ANC) of all its equipment and set up the area to accept the patient. Mrs. Green stayed until the patient arrived and Operational Manager Sr L Jordaan nursed the patient for the night. A volunteer roster was developed and staff from throughout the hospital nursed our COVID-19 patients.

Signs were made for the parking lot and the area was cordoned off with Chevron tape to prevent staff and visitors from parking too close to the Isolation area. CTD and IPC staff continued to hold 3-5 times a week training sessions for staff on Donning and Doffing of PPE as well as coming in to the hospital every evening at 7pm and every morning at 7am to ensure the staff working in the isolation areas understood how to protect themselves as well as the environment. Sometimes they stayed as late as 11pm as the staff needed reassurance and guidance regarding the procedures to be followed. Rounds and routine training was halted in August but assistance was given whenever requested and still continues to be provided.

CTD staff developed eighteen (18) Covid-19 Standard Operating Procedures for staff which includes and not limited to Removal of Laboratory Specimens from a COVID-19 Isolation area, inter-ward / department transfer of patients from or to a COVID-19 area, Removal of x-ray Cassettes from a COVID-19 area. Audit tools were developed to assess compliance and knowledge and thereafter improve staff knowledge on Care of COVID-19 patients. In-service training was organized with Kerry-lee Ireland, the Rep from Fisher and Paykel, to come to Grey's on several occasions to teach the staff how to set up, use and clean the AIRVO 2 machines. Recently, Sister N Naidoo, who joined CTD in March 2021 has given in-service training to nursing staff on the use of CPAP.

In June 2021, Mrs. Sosibo (KZN Nurse Director) requested Grey's hospital CTD staff to develop lectures that could be shared virtually with COVID contract nurses at outlying hospitals in KZN. Topics chosen included Emergency Equipment, Oxygen Administration, Basic patient hygiene, Feeding a patient, Fluid Balance and many more. This was done and greatly appreciated by staff at outlying hospitals.



Clinical Teaching Department continued....

Now that Grey's is a vaccination site, CTD staff have helped to set up the Recreation Hall as a Vaccination venue and using the information available from the Department of Health have trained more than 150 nurses, 30 doctors and rehab staff, many admin staff and GOs to help with the registration of clients and the actual vaccination process. Daily visits to the vaccination site to answer questions, assist with admin and the administration of the vaccine occurs. This is an on-going process and will continue for the foreseeable future

Article submitted by: Sr A. Guise-Brown



Sr A. Guise-Brown and team

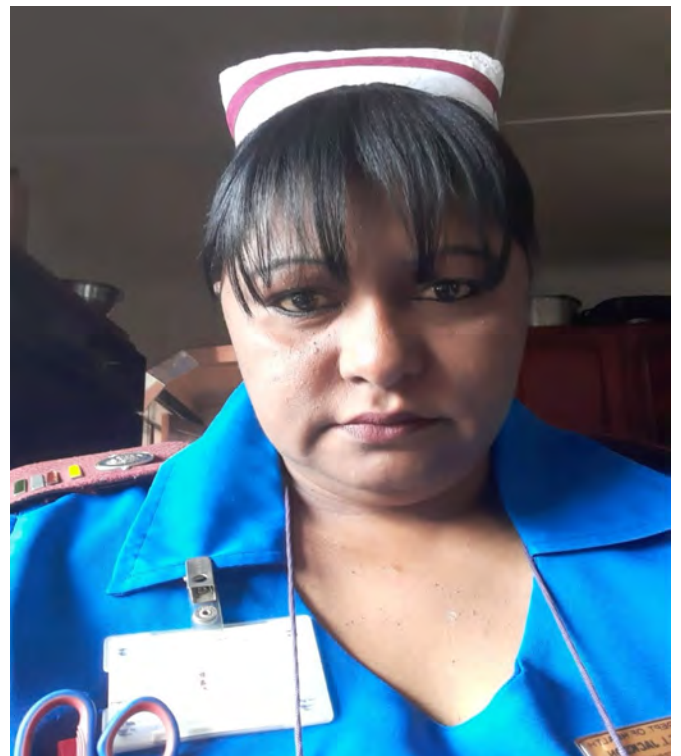
Dear Dr Bilenge (CEO) and Grey's hospital Management,

I would like to sincerely express deep gratitude for all the assistance that was given and shown to us at Emergency Department during the period of unrest. As the Emergency Department, we at times felt overlooked and feel as though we do not receive adequate support and are often left to deal with every single crisis on our own. Please do not misinterpret what I say, or take this wrongly, but, it has helped us to strengthen our coping skills as a department.

During the unrest period, the Emergency department was shaken, we were working with minimal staff members, and despite of this fact, we still have to provide the best possible care to our patients. Over and above the dire situation, we had to also take care of patients that had been abandoned at the facility.

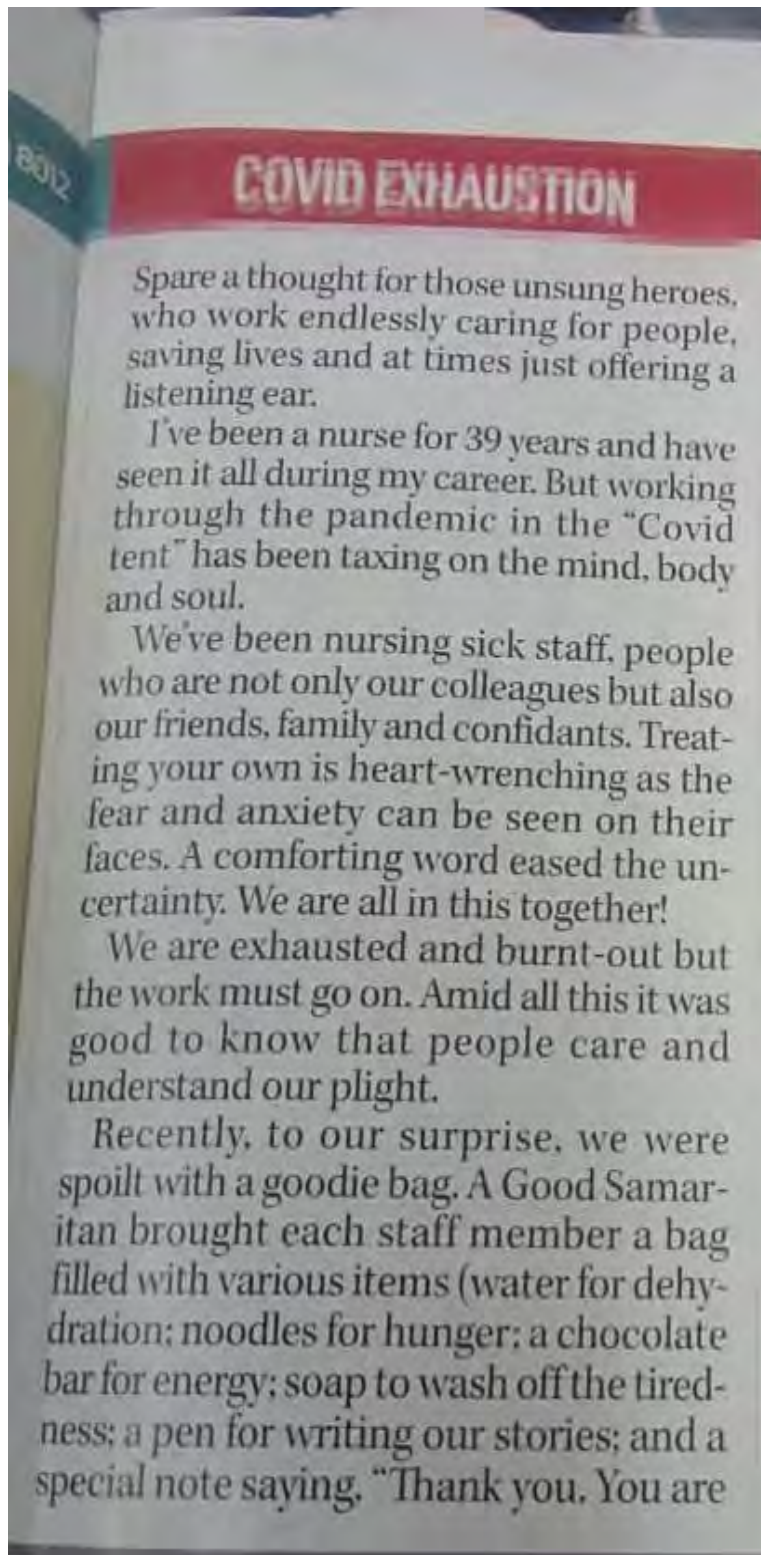
We were very impressed and felt warm at heart to have received the support, care and the feeling of not being alone in this situation. Dr Bilenge, (CEO), Mrs Mckenzie (Nurse Manager) and Mr D Naidoo (ANM), your presence in the department from the very beginning to the end made a horrible situation bearable for my staff. Your presence and willingness to assist us, even to arrange relocation of patients in order to help decrease the workload showed us a spirit of humility that really warmed our hearts.

I would like to say a very big thank you for getting up earlier than usual to be here in the department and offer your assistance. It is not everyday that we have the opportunity to have such great and pleasant managers that do not forget what its like at grass-roots levels. Your assistance and support was greatly appreciated.

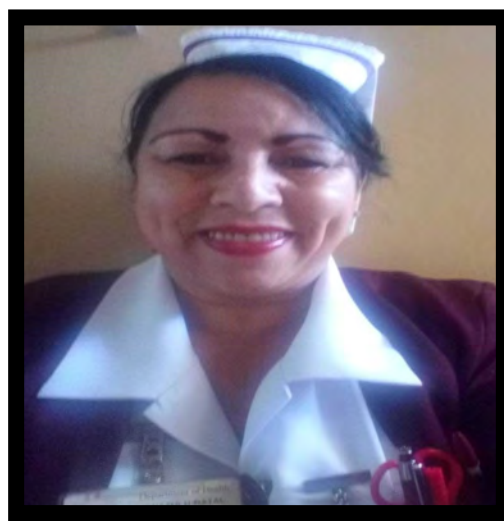


Operational Manager: Emergency Department: Sr S Jackson

Sr Debbie Beeby works in the Occupational Health and Safety department at Grey's hospital, fondly referred to and known as Beebee by her colleagues. She relates having a passion for writing and therefore sent in an article to the YOU magazine and the article was published. She states "we face uncertain times and with so much sadness and heartache around us...it is good to know that people care and understand our plight, efforts and dedication". A short true story was also published by Sr Beeby a few years ago in the PEOPLE magazine which touched many lives. She is passionate about writing and has done so for many years. She stated her motto is "touch one person with your writing and you can save a life"



valuable and appreciated!"). This kind gesture made everyone tear up. So today I want to thank the Good Samaritan that spared a thought for the unsung heroes. Thank you also to the medical staff who go beyond the call of duty and thank you to every South African doing their bit to win this fight. DEBBIE, EMAIL

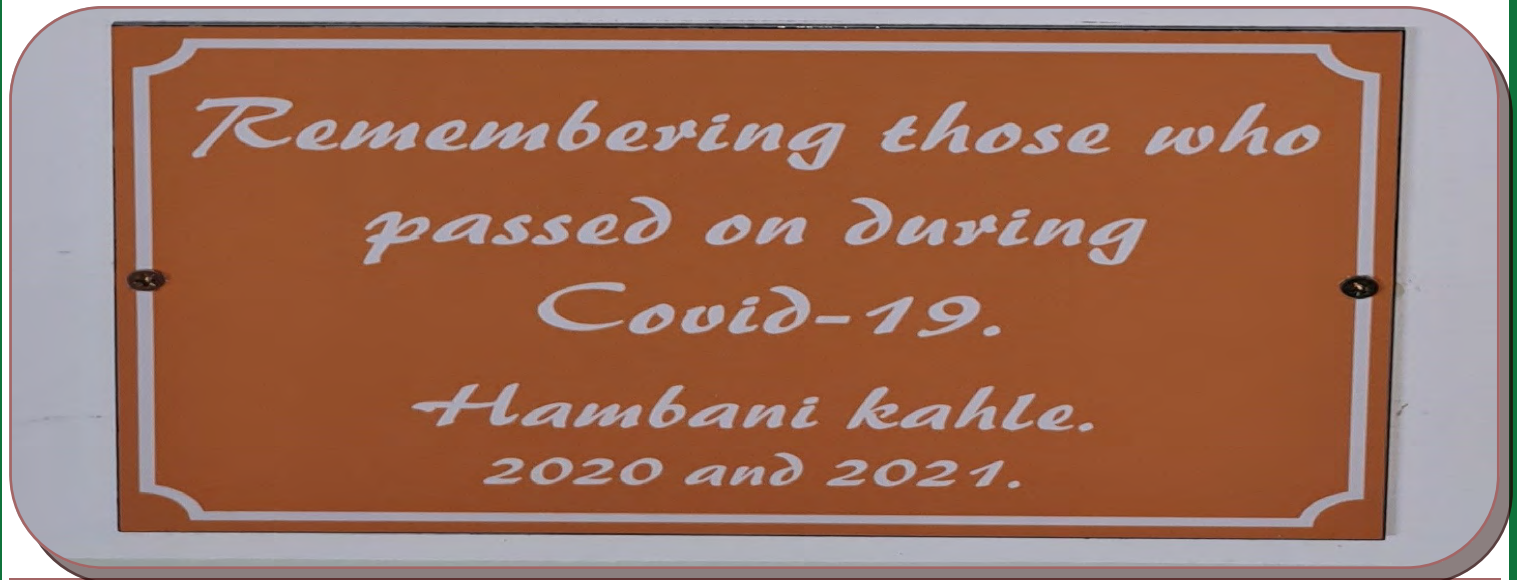


Sr D Beeby
Occupational Health and Safety

COVID-19 SOLIDARITY AND REMEMBRANCE

The Pain Team wanted to express solidarity for our dear colleagues of Grey's Hospital who passed away during 2020 and 2021. Framed pictures and plaques with words dedicated to those who had passed away were placed at the Main Noticeboard (X-Ray), the Montgomery Drive Entrance and the Maternity Entrance with the assistance of Maintenance Department/Workshop. A picture was also placed between Ward H1 and H2. The candles were mounted in glass cabinets to symbolise the light brought by our lost colleagues and their commitment to service. We gratefully acknowledge the generous support of the following departments and their staff: Anaesthetics and the Pain Team; Clinical Psychology; ENT; General Surgery; Maxillofacial; Nephrology; Neurology; Neurosurgery; Obstetrics and Gynaecology; Oncology; Orthopaedics; Paediatric Surgery; Pharmacy; Pulmonology; Radiology and all others who contributed in various ways. Thank you for your kind support! We also record our gratitude to Sr Hayley Farrow and the late Dr Maureen Michaels (Anaesthetics) for generous contributions made.

Article submitted by: Grey's Hospital Pain Team



Mr D. Blackbeard and Sr L Thomas

The COVID-19 pandemic has brought with it a series of uncertainties and unprecedented global challenges, which has resulted in increased stress and risks especially for staff within the hospital environment. With the rise in infections, our staff has faced illness, grief as well as success stories. It is unknown how long the virus will be prevalent; therefore we need to prepare ourselves, to persevere and to adapt to life in this “new normal”. The Social Work Department (Lekha Chirkoot & Freda Harmse, EAP (Njabulo Madlala) in conjunction with Clinical Psychology Department (Delysia Pillay) and Occupational Health Clinic, have come together to provide Psychosocial Support Groups to ease anxiety among various categories of staff, mainly front-line health care professionals. From 8 July to October 2020, the Social Work Dept. & EAP provided the first set of 10 sessions that focused on the Holistic Approach to Coping with COVID-19 to 135 staff members from various departments. Employees were empowered on bio-psychosocial skills to cope the pandemic and lead a healthy lifestyle.

This year, at least 15 group sessions were conducted by Social Work Dept. & EAP to allow staff the opportunity to debrief, share experiences in a safe space and to equip them with Resilience strategies during the pandemic. (Approximately 150 staff attended). We have been assisted by a panel during discussions, comprising of Clinical Psychology Dept. Infectious Diseases doctors (such as Dr Ramkillawan) and Clinical Teaching Department (Sister Quayle & Sister Guise-Brown); who attend the sessions when available. The pandemic affects a person’s physical and mental health. Therefore we need to make time to nurture our holistic well-being, to transform ourselves and to strengthen our psychosocial response to COVID-19. You may contact the following facilitators to arrange a session:

- ⇒ Lekha Chirkoot - Ext. 3136; Email: Lekha.Chirkoot@kznhealth.gov.za
Departments Covered: Nursing, Medical & Allied Health, Human Resources & Nursing campus staff
- ⇒ Njabulo Madlala - Ext. 3472; Email: njabuloprivate@gmail.com

Departments Covered: Systems, Maintenance, Finance staff and Nursing students (English & isiZulu sessions). Max. Number per session: 12-15 staff –of a similar category/group. Duration: 2 hours per session. Participation is voluntary. Sessions are free. Supervisors/managers need to inform staff & email names to the facilitators in advance. No un-booked walk-ins are allowed, as space and social distancing are important. COVID-19 hygiene protocols are strictly followed. Wearing a mask is compulsory. Dates & the venue for future sessions will be announced. Thank you to all staff for rising above the challenges during these stressful times. Keep safe & God bless.



Promoting mental health and psychosocial well-being for Grey's Hospital staff members during the Covid-19 pandemic

Left to right: Ms Lekha Chirkoot (Social Work HOD), Mr Njabulo Madlala (EAP Practitioner), Ms Delysia Pillay (Acting Principal Clinical Psychologist), Mrs Freda Harmse (Social Worker).

PSYCHOLOGICAL RESILIENCE TRAINING

PHARMACY INTERNS PSYCHOLOGICAL RESILIENCE SKILLS GROUPS

MENTAL ILLNESS AND DISABILITY AWARENESS MONTH 2021

“PSYCHOLOGICAL RESILIENCE – BOUNCING FORWARD”

Skills training sessions were facilitated for Grey’s Hospital Pharmacy interns groups on 25 June 2021 and 02 July 2021. The aims were to orientate the interns to the concept of psychological resilience and equip the group with tools and techniques to enhance their psychological resilience. The lively groups also explored the ‘GRIT’ construct (qualities which define long term goal attainment and endurance). A short evaluation of each group was conducted to assess the value of the programme. The objectives were met of resourcing the interns towards their personal and professional psychological resilience. We thank Physiotherapy Department for use of the venues. Facilitators: Mr D. Blackbeard (Clinical Psychologist); Mrs F. Harmse (Social Worker). Admin: Ms A. Mazongolo (Psychology Student – Work experience).



Left to Right: Mr D.Blackbeard (Clinical Psychologist) Pharmacy Interns Mr T.Ngwenda, Ms L.Zondi, Ms N.Zuma, Ms P.Majola, and Ms B. Nhlanhla. and Mrs F. Harmse (Social Worker).



Left to Right: Ms P.Majola, Ms L. Zondi, Ms B.Nhlanhla, Mr T.Ngwenda, Ms N.Zuma (Pharmacy Interns), Mrs F. Harmse (Social Worker) and Ms A.Mazongolo (Psychology Student).

PSYCHOLOGICAL RESILIENCE TRAINING



Left to Right: Ms A.Mazongolo (Psychology Student), Mr D.Blackbeard (Clinical Psychologist), Mr T.Ngwenda and Ms L.Zondi (Pharmacy Interns).



Left to Right: Mr M.Gwala, Mr T.Madonsela (Pharmacy Interns), Ms A.Mazongolo (Psychology Student), Mr G.Ngonyama (Pharmacy Intern) and Mrs F. Harmse (Social Worker).



Left to Right: Mr D.Blackbeard (Clinical Psychology), Mr T.Madonsela, Mr G.Ngonyama, Mr T.Gwala (Pharmacy Interns) and Mrs F.Harmse (Social Worker).

**TEAM VISIT TO MODERN MINDS SUPPORT AND ENCOURAGEMENT CENTRE
IN PREPARATION FOR THE MENTAL ILLNESS AND DISABILITY AWARENESS MONTH 2021
“PSYCHOLOGICAL RESILIENCE – BOUNCING FORWARD”**

A coordinating team conducted a pre-visit to Modern Minds Support and Encouragement Centre, Ashburton, on 19 May 2021. The purpose of the visit to this learning centre was to link and clarify expectations for an Outreach to take place as part of the July 2021 Mental Illness and Disability Awareness Month. The team consisted of Mrs Freda Harmse (Social Work), Mr David Blackbeard (Clinical Psychology) and two Pharmacy Interns, Ms Bulelwa Nhlanhla and Ms Nontokozo Zuma. The team met with the centre management, Mr Graham Nixon, Mrs Dot Nixon and Mr Kirrin Nixon. The team presented the theme of this year’s programme, as well as the visual aids and pamphlets that were in preparation. The team also viewed the facility and interacted with the staff. The Outreach will take place in July 2021 with a programme to enhance psychological resilience for small groups of staff and learners.



The team with Mr and Mrs Nixon of Modern Minds Support and Encouragement Centre: Mrs D. Nixon, Mr D. Blackbeard (Clinical Psychology), Ms B. Nhlanhla (Pharmacy Intern), Mrs F. Harmse (Social Work), Ms N. Zuma (Pharmacy Intern) and Mr G. Nixon.

BURNS AWARENESS AND PREVENTION

The Burns Team printed new posters for the Burns Out Patients' display: "Types of burns", "Hot drinks harm" and "Protect our Children from Electricity". The team gave talks at Surgical Outpatient Clinic and Ward F1 on Burns prevention to patients. Visual Cards, posters and pamphlets were used to demonstrate the content. The patients received pamphlets and colourful posters to take home with them. The talks were well received and the patients were interactive and participative.



Ms S Bhengu delivering a talk to mothers of patients admitted in F1 ward and Sr R Ramagan from SOPD clinic supporting the Burns Awareness Week



Mrs F. Harmse and Ms Bhengu put up a Burns Awareness Display at Outpatient Department and delivering a talk and giving out Posters and Pamphlets to patients at SOPD

PERIOD OF UNREST

Been able to come to work on the 12 July 2021 was nothing short of a miracle. Arriving at work and seeing an almost empty hospital was something we never thought we would see in our life time. The unrest in the city had began, and with it came a disruption of services. Many nurses, doctors, Allied health and support staff could not report to work due to blockage of roads, and lack of public transportation. The hospital was functioning on skeletal staff, and we feared the worst for our patients.

Lucy Gaskin was the only staff member that could make it to work at Patient Admin on that day and she states: "My day began very early on that day of the 12th July as staff began to call to report that they were unable to get to work. When I got to the Admitting Department, I realised then that I was faced with a challenge of working on my own, a challenge which I embraced as I knew that the greater need would be for patients who came in on that day to still receive the services they required. I began to juggle around duties that would normally be spread amongst six to eight people. I did not have time to really dwell on what was really happening out there as I was overwhelmed by the duties which I was performing on my own...with the trips between the Emergency Department and mortuary... I was sure I shed a few centimeters.

On a more serious note though, I was startled when one of the relatives who brought a patient in with a gunshot wound told me that I should not be here because Liberty Mall and Grey's Hospital were the next targets to be set alight, however, even with that fear, I still chose to stay and I was willing to work right through the night should my colleagues have not been able to make it to work. After all was said and done, I would still commit myself because that is what we are called for, to serve with commitment in the Public Service".

Laundry department also had Mr T.R.Ngcobo who was the only staff member on duty followed by numerous other departments working with reduced or no staff members. Nightshift staff could not leave the hospital and had to be accommodated at the Nurses and Doctors quarters. Ambulances could not access the facility, we had abandoned patients that could not be transported home. These out-patients were accommodated in the Lodger facility while the in-patients had to wait the duration of the week long unrest to travel home.

Despite the horror of the situation, Grey's staff rallied together and ensured we continued to provide the services we are here to provide. There were staff members that were pulled from one department to another to assist where the need was great, staff members come in from their leave to assist, staff family members also came in to assist. There were staff members going beyond their call of duty to ensure continued service delivery. The Emergency department initiated plans for a wide range of casualties. Management arranged for staff members to be picked up at safe zones and brought them to the hospital.

Observing such a display of comradeship between Grey's personnel during this time of unrest was awe inspiring. The Grey's patients were feed and cared for on time because Grey's came together as colleagues, and as a team. As the week of unrest continued, personal sacrifices were made by staff members. Others put their own lives at risk to fetch/carry/and bring much needed items, equipment, resources and oxygen that was needed by the patients. Some sacrifices may not be mentioned in this article, but you know who you are and what you did for Grey's patients. Thank you for all that you did.

Mrs Z Hlatshwayo (Food Services Manager) had this to say" I was actually on leave when I saw on social media that on Monday it was going to be " A STAY AWAY". Which meant transport will not be operating, I decided to go to work the next day as I knew that staff will have difficulty getting to work. On that Monday 12 July 2021,I had only 5 staff members on duty instead of 45 staff members. When I got home that evening, my feet were sore and I was so tired, but I actually would like to relay my appreciation to the following staff members, Ms. Andile Mchiza (Podiatrist), Mrs. Zethu Ntshangase and her intern Ms. Amanda Hlabela from Cardiology department, Mrs R. Lachman from Dietetics who organised other Allied workers to come into the Foodservice Department and assist. Thank you very much to Ms. Hannah Pool and her Speech & Therapy Team, who came in every-day of that week, you guys deserve a" WOOO SHAME".



HEALTH AWARENESS

Date	Description of Activities
14 Feb 2021	<p><u>International Childhood Cancer Day (ICCD)</u></p> <p>Informational Leaflets and posters on Childhood Cancer was done at the OPD POPD.CHOC's Blue gold trimmed hearts, pens, key rings and badges were to support this plight.</p>
10-16 Feb 2021	<p><u>National Epilepsy Day/week:</u></p> <p>A display on Epilepsy was done with pamphlets and posters at the Out-patient Department at Grey's Hospital. The focus was on educating patients and the public on epilepsy</p>
6-8 March 2021	<p><u>International Women's Day:</u></p> <p>OPD Display of posters and pamphlets on Women Abuse, Women's Rights & resources available.</p> <p>Educational global email was sent throughout Grey's Hospital on Women's day.</p>
15 March 2021	<p><u>International Social Work Day:</u></p> <p>A display of posters and pamphlets on Social Work services and roles was done at OPD.</p>
09 -12 March 2021 (The 2021 World Kidney Day Internal outreach was planned from 09-11 March 2021 to ensure that all patients and staff coming to the Renal Unit receive education and were able to take part in the programme. All patients received a healthy muffin and apple juice sponsored by staff and Product specialists.)	<p><u>World Kidney Day 11 March 2021</u></p> <p>TOPICS: Preventing Chronic Kidney Disease, Correct diet for patients diagnosed with Kidney disease and Mental Health and Chronic Kidney disease</p> <p>Posters and pamphlets were designed with different messages regarding the relevant topics as mentioned above. The patients and the public, who visited the renal unit and the display was managed by the team, who also provided them with additional information and pamphlets. Talks were done at the Renal Unit by the multi-disciplinary team members' e.g. social worker, clinical psychologist, dietician and Unit Manager.</p> <p>Impact: The interest in the display and the World Kidney Day programme indicated that people wanted to be educated on Renal disease.</p>
10-24 March 2021 (2 sessions)	<p><u>Psychosocial Support & Awareness- Resilience Strategies to cope with COVID-19:</u></p> <p>Attendees: 11 nurses & 11 nurses respectively. The awareness programme had an interactive discussion and support session, followed by a PowerPoint presentation on A holistic approach to Coping with COVID-19. Staff received pamphlets and work booklets.</p>

The Protection of Personal Information Act 4 of 2013

The Protection of Personal Information Act 4 of 2013 (POPIA) came enforceable on the 01 July 2021. The purpose of the Act is to ensure every citizen's constitutional right to privacy is upheld through the protection of their personal information. The basis of the POPI Act is that organisations conduct themselves responsibly, and part of this responsibility is to protect the information inside the organization when it comes to storing and sharing personal information.

What constitutes as personal information under the POPI Act:

- Identity or passport number
- Date of birth and age
- Phone numbers
- Physical address
- Online messaging identities
- Gender, race and ethnic origin
- Criminal record
- Marital relationship and family relations
- Private correspondence
- Financial information
- Physical and mental health information including medical history
- Membership of organisations
- Employment history and salary information

Who does the act apply too?

The act applies to other than a natural person, includes companies or any other legally recognized organization. The act applies to anyone who keeps any type of records relating to personal information of anyone. It regulates the processing of personal information, processing includes collecting, receiving, recording, organising, retrieving, or distributing or making such personal information available.

What does it mean to us as a health care facility?

- Do not allow photos to be taken of patients without their consent
- Posting and sharing of any information of patients on social media such as Facebook, Youtube etc is discouraged
- All patients documents are considered patient property and are not to be removed from the premises without authorization from management
- Refrain from discussing patients in public
- All patient records are to be protected and kept safely

WE WELCOME GREY'S HOSPITAL NEW BOARD MEMBERS



MR ROSHAN MORAR
HOSPITAL BOARD CHAIRPERSON



MR MXOLISI MKHIZE
HOSPITAL BOARD VICE CHAIRPERSON



MS THEMBI KHUMALO
HOSPITAL BOARD TREASURY



MR MLUNGISI MLAMBO
HOSPITAL BOARD SECRETARY



NEW GREY'S HOSPITAL BOARD MEMBERS CONTINUES...



MS SNEHHLANHLA KHATHI
HOSPITAL BOARD MEMBER



MR ISRAEL SIBISI
HOSPITAL BOARD MEMBER



MR SONNYBOY MAJOZI
HOSPITAL BOARD MEMBER



MR BHEKITHEMBA MZIMELA
HOSPITAL BOARD MEMBER



MR BONGA KUNENE
HOSPITAL BOARD MEMBER



MS NOKWAZI MABASO
HOSPITAL BOARD MEMBER



NEW STAFF APPOINTMENTS



DR BANINGI MKHIZE
OCCUPATIONAL HEALTH AND SAFETY



MR MTHOKOZISI SHELEMBE
OPERATIONAL MANAGER



MR SBULELO GLADILE
OPERATIONAL MANAGER



MR LWAZI MEMELA
ASSISTANT DIRECTOR-SYSTEMS



MR SPHAMANDLA MUTHWA
CHIEF ARTISAN



MR BANENHLANHLA KHENISA
DESKTOP SUPPORT TECHNICIAN



NEW STAFF APPOINTMENTS

January 2021

VAN RIJ LJ	PROF NURSE	1/1/2021	THEATRE
NDADANE N	SPECIALIST	1/1/2021	CRITICAL CARE
NGUBANE SP	NURSING ASSISTANT	1/1/2021	NURSING
HIPPOLITE MY	MEDICAL OFFICER	1/1/2021	INTERNAL MED
GOVIND M	MEDICAL OFFICER	1/1/2021	INTERNAL MED
MUSSON LA	MEDICAL OFFICER	1/1/2021	INTERNAL MED
SOMHLAHLA-NTLANTI Z	PROF NURSE	1/1/2021	NURSING
KHASA ZP	PROF NURSE	1/1/2021	NURSING
ZUNGU Z	PROF NURSE	1/1/2021	NURSING
NAICKER S	MEDICAL SPECIALIST	1/1/2021	O&G
SALIE N	MEDICAL OFFICER	1/1/2021	ICU

ANDERSON TJ	SPEECH THERAPIST	1/1/2021	SPEECH THERAPY
DLAMINI N	MEDICAL OFFICER	1/1/2021	SURGERY
DLAMINI N	DIETICIAN	1/1/2021	DIETETICS
OSMAN R	MEDICAL OFFICER	28/1/2021	ICU

February 2021

NDLOVU F	PROF NURSE	1/2/2021	NURSING
DEOSARAN S	HCU	1/2/2021	RHEUMATOLOGY
VAN HUYSTEEN C	PROF NURSE	1/2/2021	ICU
NAIDOO S	PROF NURSE	1/2/2021	ICU
NAIDOO R	PROF NURSE	1/2/2021	ICU
MARAWU S	MEDICAL OFFICER	1/2/2021	SURGERY
LANDE L	MEDICAL OFFICER	1/2/2021	ORTHOPAEDIC
MOGAWE GM	MEDICAL OFFICER	1/2/2021	ORTHOPAEDIC
CASSIMJEE S	SPECIALIST	8/2/2021	ONCOLOGY
REDDY K	MEDICAL OFFICER	15/2/2021	PAEDS
DEELMAN EI	MEDICAL OFFICER	15/2/2021	PAEDS
GAUSE S	MEDICAL OFFICER	15/2/2021	SURGERY

March 2021

GLADILE SN	OM:GENERAL	1/3/2021	NURSING
KHAKI U	PROF NURSE	1/3/2021	ICU
SHEZI DFT	PROF NURSE	1/3/2021	MIDWIFERY
BALOYI TC	MEDICAL OFFICER	1/3/2021	PAEDS

NEW STAFF APPOINTMENTS

April 2021

<u>NAME</u>	<u>DESIGNATION</u>	<u>APPOINTMENT DATE</u>	<u>COMPONENT</u>
CELE BN	PROF NURSE	1/4/2021	ICU
GOLDMAN BGZM	SPECIALIST	1/4/2021	O&G
MUTHWA SR	CHIEF ARTISAN	1/4/2021	MAINTENANCE
GOUNDER CLA	PROF NURSE	1/4/2021	O&G
SHELEMBE AM	OPER MAN	1/4/2021	OPD
YENDE TW	HCU	1/4/2021	ORTHOPAEDICS
GELDENHUYS L	SPECIALIST	1/4/2021	ANAESTHETICS
NOMVALO LP	HOD(PSYCH&SOC)	1/4/2021	COLLEGE
MLAMBO NE	SPECIALIST	1/4/2021	RADIOLOGY

May 2021

NGUBANE SC	ADMIN CLERK(SUPER)	1/5/2021	MEDICAL
MKHIZE A	PROF NURSE	1/5/2021	NURSING
HLENGWA ZM	PROF NURSE	1/5/2021	NURSING
MBHELE TK	MEDICAL OFFICER	1/5/2021	DERMATOLOGY
SONTANGWE LL	MEDICAL OFFICER	1/5/2021	ORTHOPAEDICS
MADONSELA NA	MEDICAL OFFICER	1/5/2021	INTERNAL MEDICINE

June 2021

NKANDI ZNL	PROF NURSE	1/6/2021	NURSING
MKHABELA HS	RADIOGRAPHER: ONCOLOGY	1/6/2021	ONCOLOGY
KHENISA BE	DESKTOP TECHNICIAN	1/6/2021	SYSTEMS

FAREWELL



Mrs A.N. Dlomo

ANM: Medicine Department

Grey's hospital bids Mrs A.N. Dlomo (ANM: Medical Department) farewell. The Greypvine interviewed her and would like to share her story with you.

◆ Why did you decide on a career in nursing?

"As I am the eldest child at home, I started caring for my siblings from the age of 10. My mother had a newborn baby in 1968 and she seemed very ill that she could not look after the baby at night, so I took over. I then slowly developed a caring attitude. After matriculation, I did a pupil nurse course at Christ the King hospital, which at that time a three (3) year course. During the 1st year, one was never told whether they were doing PNA, or Pupil nurse course, only when you passed that 1st year with distinction then you would officially start the 1st year of the pupil nurse two (2) year course. I then worked at Richmond hospital as a EN from 01/03/1983-31/07/1984.

I commenced Diploma in General Nursing at St Mary's hospital from 01/08/1984-31/07/1987 and awaited results till 30/11/1987. I then did Midwifery course at St Mary's hospital from 01/06/1988-31/05/1989. I was employed as a Registered nurse at Murchison hospital for four (4) months and could not cope because it was too far from home.

I was then employed as Registered nurse at Richmond Chest hospital again where I worked from 01/11/1989-30/04/1991, and resigned because it was not challenging enough for me.

I was employed at Northdale hospital from 01/05/1991-28/02/1993 then to Iris Marwick College in 1993 to do Psychiatric Nursing course until 28/02/1994.

I transferred to Greytown hospital where I only worked for four months as I went on Maternity leave. While I was on maternity leave, I applied for a professional nurse post at Grey's hospital where I commenced duty on the 01/10/1994 and worked until I retired on the 30/06/2021, having worked at Grey's hospital for twenty six (26) years and nine months.

◆ Can you share the most treasured moments you experienced at Grey's hospital?

On night duty, that is where I decided to grow professionally by working independently and also by involving myself in the activities in different departments and wards assisting colleagues in order to gain experience and confidence.

◆ Share with us your best achievement in your career and personally?

Personal achievement would be when my late comer (new born boy) arrived on 21/06/1994 and career wise, was when I got the position as Assistant Nurse Manager for the Medical department at Grey's hospital that I liked so much.

◆ Why did you decide to make Grey's hospital your home?

I would say it is mainly because of diversity, challenges in all angles, and been the most proactive institution I had ever come across. Also I found the most dedicated staff members, with good leadership.

◆ What would your advise be to the newly qualified nurses?

I would advise them to be prepared to learn and improve, always be humble, dedicated and have perseverance. Have patience, maintain professionalism at all times, respect everyone regardless of their social standing.

FAREWELL

MAHOMED GS	PROF NURSE	31/1/2021
MADSEN AS	MEDICAL OFFICER	31/1/2021
MOLEFE SB	PROF NURSE	31/1/2021
KAJEE Z	MEDICAL OFFICER	15/1/2021
PILLAY B	MEDICAL OFFICER	31/1/2021
HLELA ZG	ARTISAN	31/1/2021
MKHIZE MM	PROF NURSE	31/1/2021
ONIEILL MP	MEDICAL SPECIALIST	31/1/2021

CHESTERTON SA	PROF NURSE	28/2/2021
MKHIZE PPB	FSA SUPER	28/2/2021
TSHABALALA WS	REGISTRAR	28/2/2021
MAPHUMULO MT	PROF NURSE	28/2/2021
KHOARAI MN	GENERAL WORKER	3/2/2021
DLUDLA SE	RADIOGRAPHER	28/2/2021

GOVENDER M	SUPPLY CHAIN CLERK	31/3/2021
MBHELE MS	SECURITY OFFICER	31/3/2021
SCHNOOR PA	ADMIN CLERK(GEN)	31/3/2021
APRIL CS	REGISTRAR	31/3/2021
CEBISA PP	SOCIAL WORK(SUPER)	31/3/2021

MAHARAJ TG	SASO:THERAPY ASST	30/4/2021
DEONARAIN R	MEDICAL SPECIALIST	30/4/2021
MWENGO RN	PROF NURSE	30/4/2021
NGIDI N	PROF NURSE	30/4/2021
NDLELA DZ	PROF NURSE	30/4/2021
MANNILAL V	PROF NURSE	30/4/2021
NZAMA NN	ENA	30/4/2021

MKHIZE LSN	SECURITY OFFICER	31/5/2021
SHABALALA TP	ENA	31/5/2021
MOTSOENENG RM	RADIOGRAPHER	31/5/2021
MNTUNGWA RM	ENA	31/5/2021
UNWIN E	PROF NURSE	31/5/2021
Bilenge MR	OPER MAN	31/5/2021
Sheriff S	MEDICAL OFFICER	31/5/2021
Xulu MN	PROF NURSE	31/5/2021
MOHANLAL N	PROF NURSE	31/5/2021
NGCOBO ZC	PROF NURSE	31/5/2021



FAREWELL

JEAN-LOUIS CAE	PROF NURSE	30/6/2021
DLOMO AN	ASST NURSING MAN	30/6/2021
PHOSWA BC	FOOD SERV AID	30/6/2021
MNIKI TA	MEDICAL OFFICER	30/6/2021
RAMSAMY SK	STAFF NURSE	30/6/2021
MBAMBO ZC	PROF NURSE	30/6/2021
BASI TE	PROF NURSE	30/6/2021
NYATHI NS	RADIOGRAPHER	30/6/2021
MGAGULE ZN	CLIN.PROG COORD	30/6/2021
NONG N	MEDICAL OFFICER	30/6/2021
MAZIBUKO TN	ENA	30/6/2021
MBHELE ZJJ	MEDICAL OFFICER	30/6/2021
NJOKO TP	PROF NURSE	30/6/2021
MKHIZE ZSU	REGISTRAR	30/6/2021
HLOPHE N	REGISTRAR	30/6/2021
GINA FT	PROF NURSE	30/6/2021
SONS JS	MEDICAL OFFICER	30/6/2021
MOHLOMI M	MEDICAL OFFICER	30/6/2021
PILLAI S	REGISTRAR	30/6/2021
MBHELE TK	MEDICAL OFFICER	30/6/2021
THIRBANY S	MEDICAL OFFICER	30/6/2021
KHANYILE SA	OCCUP THERAPIST	30/6/2021

MKHIZE LSN	SECURITY OFFICER	31/5/2021
SHABALALA TP	ENA	31/5/2021
MOTSOENENG RM	RADIOGRAPHER	31/5/2021
MNTUNGWA RM	ENA	31/5/2021
UNWIN E	PROF NURSE	31/5/2021
Bilenge MR	OPER MAN	31/5/2021
Sheriff S	MEDICAL OFFICER	31/5/2021
Xulu MN	PROF NURSE	31/5/2021
MOHANLAL N	PROF NURSE	31/5/2021
NGCOBO ZC	PROF NURSE	31/5/2021



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IN LOVING MEMORY OF OUR OWN



MR ZA NGCOBO



SR NM NGUBANE



Sr P MOODLEY



ENA B.A. GANDIDZANWA

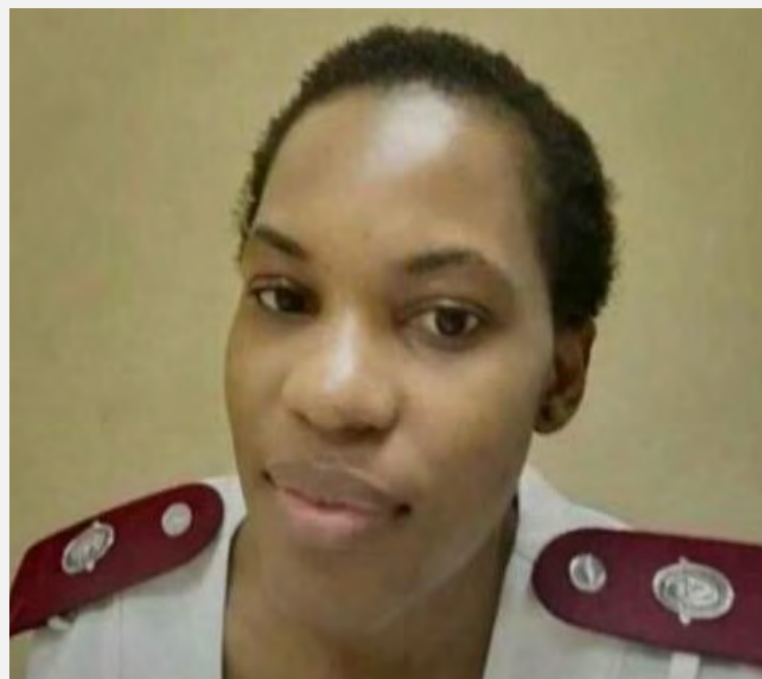
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MR CJ PERUMAL



MR R. MAHARAJ



Sr N. Xaba

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KWAZULU-NATAL PROVINCE

HEALTH
REPUBLIC OF SOUTH AFRICA


GROWING KWAZULU-NATAL TOGETHER


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