



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

GREY'S HOSPITAL

GREYPE-VINE NEWSLETTER

DECEMBER 2017

GREY'S HOSPITAL



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NOTE FROM THE EDITORIAL TEAM:

As we draw close to the end of 2017, the Greyvine editors would like to take this opportunity to wish you a blessed festive season and prosperous new year. Please drive safely and stay safe.

LETTER FROM THE CEO:



DR KB BILENGE

GREY'S HOSPITAL CEO

Dear Colleagues,

We have come through yet another year which was filled with both challenges and victories, but we have come through it all as a family. Your efforts and dedication as healthcare providers has made Grey's pull through. Your professionalism, dedication and commitment are an inspiration to me, and I want to take this opportunity to thank each and every one of you for your selfless efforts in providing the public with the much needed healthcare services.

A new year is a fresh start for the realizations of dreams and may the beginning of this year fill you with new strength, bravery and faith necessary to achieve our mission and vision. Happy new year 2018 to you and your family.

On behalf of Executive management and myself, I would like to offer our best wishes and happiness to you and your families. Happy holidays to you all.

QUALITY DAY AND LONG SERVICE AWARDS

Quality day and Long Service awards was held on Thursday the 07 December 2017 at the recreational hall. The event was organized by Ms S Arends (Quality Assurance Manager). The programme included speech's by two guest speakers, namely Julie Lingah and Mr N Rajkumar. The event included expressions of gratitude whereby Grey's hospital Executive members handed a rose to each of the attendees as a symbol of gratitude for their unwavering commitment to providing the highest possible care. A moment of remembrance was observed for the staff that had fallen asleep in death. Gifts and awards were handed to deserving wards and individuals. Recognition was given to employees who have completed 20, 30 and 40 years service in the public sector.



CONGRATULATIONS AND WELL DONE!



QUALITY DAY AND LONG SERVICE AWARDS PICTURES CONTINUES:



**MR NGCOBO
40 YEARS
SERVICE**



WHAT A GREAT ACHIEVEMENT!

The greype-vine marveled at the 41 years of service that was achieved by Mr MT Ngcobo from Food services, and decided to conduct an interview with him.

⇒ **Greype-vine** : Which year did you commence your service at Grey's hospital?

♦ **Mr Ngcobo** : In 1976

⇒ **Greype-vine** : In which department?

♦ **Mr Ngcobo** : Food Service department

⇒ **Greype-vine** : What made you stay in the public sector for so long?

♦ **Mr Ngcobo** : The treatment I received at the hospital was good. They promoted me to be chef.'

⇒ **Greype-vine** : How would you describe your stay at Grey's Hospital?

♦ **Mr Ngcobo** : Grey's hospital treated me in a good way, even back in the days when times were very hard as a black person

⇒ **Greype-vine** : What advice would you give other employees to encourage them to be happy in their work area?

♦ **Mr Ngcobo** : No matter what, you must be patient in what you are doing. Do not worry about the tough times that you come across, nothing is easy in the world. It is only a matter of having faith and knowing your goals in life

⇒ **Greype-vine** : Thank you Mr Ncogobo, you are an inspiration to us all.



Mr MT Ngcobo -Food Services

OVERSIGHT VISIT BY KZN HEALTH PORTFOLIO COMMITTEE

On 23 June 2017, a delegation from KZN Health Portfolio committee were warmly welcomed by Grey's hospital Executive Management and members of the Hospital Board at the Entrance of Grey's Hospital and thereafter proceeded to Oncology Department. The committee visited the hospital to assess the status of Oncology services at Grey's hospital. The delegates were introduced to Oncology Head of Department Dr EL-Koha and his team. A walk through the department was undertaken with an explanation of the functioning and structure. We were honored to have them visit our hospital.



Above Picture: Hospital CEO Dr KB Bilenge, Hospital Board welcoming KZN Health Portfolio Committee.



Bottom Left Picture: Portfolio Committee members meet the Oncology team.

GREY'S HOSPITAL INFECTION PREVENTION AND CONTROL TEAM SCOOPS A PRESTIGIOUS AWARD

Grey's Hospital Infection Prevention and Control Team won 1st Price in the KZN Province for the most participants during the Hand Hygiene Relay Competition which was held on the 5th May 2017. Grey's hospital managed to secure a total of 1028 participants during the relay.

The award was handed to Mrs J Green and her team by Dr M Gumede (Deputy Director General) and Mr BM Shezi (Acting Chief Director Health Services) on the 25th October 2017 in Durban at Inkosi Chief Albert Hospital. It was also noted that Grey's hospital were close behind to the record held for the highest number of participants in the Guinness world book of records.

The IPC team would like to extend their gratitude to all participants and would like to enter Grey's hospital in to the Guinness world book of records next year.



Mrs J Green and Sr Z Reddy accept the achievement award from Dr M. Gumede and Mr BM Shezi and Mrs K Khumalo.

“GREENING GREY’S”

Ms S Arends (Quality Assurance Manager) was invited to deliver a presentation on the “Greening Grey’s” project at the GGHH National Gathering Workshop hosted by groundwork in Gauteng on the 4th-5th September 2017. This gathering took place before the Public Health Association of South Africa’s (PHASA) 13th annual conference with the theme **“A Global Charter for the Public's Health”**. What a wonderful opportunity it was for Ms Arends to reflect the facilities various waste management and energy saving initiatives. A poster was also displayed at the workshop on the progress Grey’s has made over time to reduce our carbon footprint as a health facility. Members were particularly interested in the “Greening Grey’s” Pledge and even asked to benchmark the pledge. Grey’s hospital has a number of recycling initiatives within the hospital which have made remarkable progress.



Group picture of various representatives from health facilities throughout South Africa that are members of the Global Green and Health Hospitals

Poster display

ADOPT-A-DAY-FEEDING PROGRAMME

Special recognition must be bestowed on the humanitarian acts of the people behind the Adopt-A-Day Feeding program at Grey's hospital. These individuals and religious groups surrounding Grey's hospital have forged a partnership with Grey's hospital that has been sustained for the last 5 years. These individuals realized the plight of hundreds of out-patients who arrive at Grey's hospital from surrounding areas. These patients at times arrive at Grey's as early as 04h00 and at times do not have food.

A meal is provided for each outpatient that visits Grey's because of the unwavering commitment of the following organizations and individuals; All Saints church, North Baptist church, Seven Day Adventist church, Ward Council and individuals working at Grey's hospital who have respectfully requested not to be named in this article.

The "Adopt- a -Day " feeding programme was first initiated in 2013, with the sole purpose of providing a meal to the out-patients on every day of the week. Due to their commitment, there is a dedicated feeding schedule from January to December each year. Patients are given sandwiches, juices, fruit, pies, soup and bread, blankets on the winter months and various other donations to meet their basic needs. Approximately 300 patients are fed everyday.

Members of the community have identified other needs in the hospital as they participate in the feeding programme and have become our partners in various clinics and departments to meet various basic needs of our patients e.g. food parcels, assistive devices, prams, toys, etc.

Grey's hospital would like to sincerely thank each member of the community for their endless efforts in alleviating hunger, improving health and a commitment to ensuring that our patients have a good visit to Grey's hospital.



MENTAL ILLNESS & DISABILITY MONTH

“STRENGTHS AND SOLUTIONS – PREVENTION AND PROMOTION”

The programme for Mental Illness & Disability Awareness Month was again organized by Social Work and Clinical Psychology Departments during the month of July 2017. The goal of the programme was to focus on the prevention of mental illness and disability by promoting strengths and solutions. The team delivered presentations to the Pain Clinic patients on 7 July 2017 which was attended by 19 attendees patients. UKZN Social Work students Ms Yaksha Jabeer and Ms Kwanelisiwe Khoza co-presented and coordinated a feedback evaluation of the event. The feedback was very positive. We thank Dr Cairns, Sr Thomas, MOPD and the Pain Clinic team and patients for their support and participation. An educational display was erected in the Outpatients Department for the duration of one month in July. The display was thought stimulating and motivated readers to learn more on the subject as it involved posters, the ‘vision box’ and the ‘tree of mental health’. A pamphlet titled ‘Strengths and Mental Health’ was formulated by the team and made available for patient’s use in Afrikaans, isiZulu and English.



From Left: Mrs Freda Harmse (Social Worker), Ms Yaksha Jabeer (UKZN) Ms Kwanelisiwe Khoza (UKZN) and Mr David Blackbeard (Clinical Psychologist)

The team continued with the programme, and on the 24 July 2017, the Christian Social Services in Pietermaritzburg was visited and group work sessions were facilitated. Mrs Harmse presented the ‘vision box’ which displayed an innovative project for income generation. This project demonstrated solutions development and resourcefulness. Mr David Blackbeard facilitated discussions about strengths and solutions, encouraging participants to move from being problem-focused to solutions-focused, and utilizing strengths and abilities. We are grateful to CMD Social Worker Mrs LiAnne Oberholzer and all attendees for their active participation.



Left: Mrs Harmse and Mr Blackbeard presented the “vision box”.



Right: Group work sessions

On 03 August 2017 the team visited the Sizabantwana Project and delivered capacity-training. The Sizabantwana Project was started in 1997 with the aim to develop the capacity of educators to deal with psycho-social issues in their school communities. Mrs Freda Harmse presented on networking and establishing relationships with external resources. Mr David Blackbeard facilitated a presentation on strengths and solutions for school learners, and included practical tools and techniques for educators to promote solutions and strengths focus in their work with learners.

“The voyage of discovery is not in seeking new landscapes but in having new eyes”



The team with Educators at the Sizabantwana Project.

WORLD HEPATITIS DAY-ELIMINATE HEPATITIS

Hepatitis day was observed on the 28 July 2017. Sr Skinner (Operational Manager of Renal unit) provided helpful educational information regarding hepatitis.

Hepatitis is an inflammation of the liver, which leads to liver failure, and in time threatens the liver's ability to function. It may be caused by drugs, alcohol use or certain medical conditions, (autoimmune), but in most cases it is caused by viral Hepatitis. There are many different types of Hepatitis, namely A, B, C, D, E, F (which is not yet confirmed) and G, but the most common forms are A, B & C.

HEPATITIS "A" – is a highly contagious liver infection caused by the Hepatitis A virus. It is curable. There is a vaccine available. It is always an acute infection and once you have had it you will have life-long immunity.

HEPATITIS "B" – is a serious liver infection caused by the Hepatitis B virus that is easily preventable by having a series of vaccinations. It can be acute (this is referred to as sero-conversion – when you have the virus for a short period of time and then your body is able to fight the infection, so that you no longer have the infection and you test negative a couple of months after the positive test). Most cases continue (chronic), which means you will have it for life. It is spread through blood and body fluids (and mother to baby) from an infected person. It is a strong virus and can live (out of the body) on surfaces for up to three days.

HEPATITIS "C" – An infection caused by a virus that attacks the liver and leads to inflammation. **THERE IS NO VACCINE FOR HEPATITIS "C"**. Is very similar to Hepatitis B and is spread through blood and bodily fluids and mother to baby too. It can also be acute or chronic.

It is important to remember that a person does not necessarily have any symptoms and can have the disease for decades before realizing that you have the virus, and then in a lot of cases it is too late for effective treatment, even if it is available. In most cases those that have no symptoms are the ones that develop the disease chronically.

Which sector of people are most at risk? Health Care Workers, Crèche Workers, people living with those that are infected, Emergency service personnel – ambulance workers, firemen, police etc. Drug users, people living in poor hygienic situations where water and sanitation are poor or non-existent., Sanitation Workers – Water works and plumbers included

Worldwide it is estimated that 240 million people have Hepatitis B.

Approximately 15 million people worldwide are chronically co-infected with Hepatitis B and Hepatitis D which cannot be managed easily. Hepatitis D can only exist if a patient already has B and can be prevented if given a Hepatitis B vaccine.

Hepatitis C is on the rise in USA and Europe, with the most common type being Genotype 1. Genotype 1 is common in Africa too. Hepatitis E has 20 million infections worldwide, causing 70 000 deaths annually.



Sr J. Skinner

WORLD BREASTFEEDING AWARENESS WEEK

To celebrate World breastfeeding awareness week in August 2017, the Dietetics department embarked on an outreach programme to promote breastfeeding at the Pietermaritzburg Midlands Liberty Mall on 02 August 2017. The team distributed pamphlets on the benefits of breastfeeding and on how to become a milk donor.



From Left: Reshmee Lachman, Lindsey Everson, Lauren McMaster, Eloise Walters and Ashleigh Jackson.

OLDER PERSONS AWARENESS WEEK

Older Persons Awareness week was celebrated from 05 –06 October 2017. Social Work Team done a talk at Outpatient Department on 05 October 2017 regarding the protection of Older Persons and prevention against elderly abuse. An outreach visit was done at the Old Age Home on 06 October 2017 where interaction with the older persons was successful and welcomed. Pamphlets and magazines were given to the residents and they received personal talks on self-care.



OUR EFFORTS IN REMEMBRANCE OF INTERNATIONAL MANDELA DAY

On 25 August 2017, Grey's Hospital was very pleased to hand over a total of 809 individual packs of sanitary pads to Emzamweni High, Copesville High and Willow schools as part of the sanitary pad drive, an initiative to keep young girls at school during their menstruation period.

Ms C Stilwell (Occupational Health and Safety Manager) is to be commended on her efforts for leading this drive at the facility. We would like to extend our gratitude to all Grey's staff for their generosity and willingness to contribute to this initiative. It put smiles on numerous faces and it is inspiring to know that we have contributed positively to the life of others.



Above pictures and Bottom left Picture: Ms C Stilwell, Mrs J Green and Mr Z Mntungwa of Grey's hospital, School Principals and educators with learners.

WOMEN'S DAY

A Celebration of Women's Day & the Launch of the Women's Forum of Grey's Hospital was held on 11 August 2017 at the recreational hall. The theme was **"Be bold for change"**. Interesting presentations were provided to assist women in making informed decisions about health and wellness, relationships and surviving violence. Nomusa Mayeni from the Diversity Management Dept., which oversees the Women's & Men's forums within KZN Department of Health, played a key role in the launch of this forum. Exhibition stands displayed information on health, fitness, biopsychosocial wellbeing and beauty. Everyone thoroughly enjoyed participating in the aerobics and line dances.



Above left: Mrs N. Mayeni initiated the launch of the forum and provided a thought-provoking presentation on the role of women in society and taking responsibility in empowering ourselves.



Above right: Lekha Chirkoot motivated women in her presentation on Women Moving forward.



Above Left: An enlightening talk on Mental Health & Women by Nomusa Mkhize Clinical Psychologist



Above Right: Advocate Dawn Coleman-Malinga doing an informative presentation on Gender-based Violence.



Staff members enjoyed spectacular dances from Kiara Chirkoot (left) & Ben's Dance Studio (right).



16 Days of Activism of No Violence against Women and Children

The commemoration of the 16 Days of Activism of No Violence against Women & Children was held on 17 November 2017. This event was jointly coordinated by the Women's & Men's Forum. This is an international campaign that raises awareness on the negative impact of violence against women and children, encouraging all people to take action against gender-based violence. It runs from 25 November to 10 December every year. For decades, women and children have most frequently been victims of abuse. However, violence against men is becoming a concern in our society. We all need to stand together to create safe and healthy communities. Male and female staff members were treated to remarkably empowering presentations from vibrant presenters. Display stands with information on social issues and health lifestyles were available.



Above: Chairperson of the Men's Forum, Sphelele Ngcongco thanked Mr. Zungu (on left) and SAPS Warrant Officer Mokuoane (right) for their amazing presentations on The Voices of Men and a Self-defense demo



Above: Lekha Chirkoot, Chairperson of the Women's Forum, expressed appreciation to Bongi Mhlongo and Sister Usha Jeevan for their inspiring presentations on Re-peacefully and Meditation & Finding



Congratulations to Elida Naidoo from Radiology who won the pamper pack of health and beauty products.

ORGAN TRANSPLANT AND RENAL OUTREACH CAMPAIGN

Organ transplant and Renal Team outreach campaigns were done at the Community Health Care Centers, Churches, Universities/Technicon's/ and Schools during the month of August 2017. It is because of these campaigns that has resulted in 4 patients being successfully transplanted, there has being a remarkable increase in the amount of people signing up as organ donors than ever before and currently there are 10 Grey's renal patients who have compatible donors and whose workup is almost completed for transplantation.

It is because of donors like the Magree family that have enabled another person to see another day. My heartfelt gratitude is extended to this family.



Left: Miss Z.M Koloane (Transplant Coordinator), with Organ donor foundation Volunteers at EThekweni Hospital. Right: Ms Koloane next to her educational display in the OPD.



Mr and Mrs Magree with Ms Koloane

HEALTH AND WELLNESS DAY AND HERITAGE

The Grey's Hospital Health and Wellness day was held on Friday 22 September 2017 at the recreational hall. The day started out at 09h00 and ended at 13h00, with a short program from 12h00 – 13h00 with various entertainment. The dominant focus of the event was on creating health awareness on life style diseases affecting staff. We educated staff on the different life style diseases, how to prevent them by reducing stress, eating correctly and exercising regularly. We created awareness on the importance of checking blood pressure regularly and checking sugar and cholesterol levels. Informational tables, displays and activity sites were set up by various departments and companies – similar to a flea market style. Our staff were able to interact with internal and external stake holders to explore various and alternate ways to reduce stress and encourage wellness. This year, our event's theme was **"Spring into Wellness"** and we had a competition called the "Champion of Wellness" for the staff members who took an active role in promoting healthy lifestyle within their work place and who participated in the Grey's Wellness events. We also celebrated Heritage day, where the staff were encouraged to express their culture and diversity of beliefs and tradition by wearing traditional attire. There was numerous lucky draws and prizes that were won. The staff enjoyed entertainment provided by Grey's hospital Choir and a Zumba dance by Virgin Active.

We had approximately 398 attendees, which breaks our usual record of 300 staff, even though the weather was gloomy. We can attribute the success of the event to our various sponsors who gave so generously. The event was organized by Ms C M Stilwell, Occupational Health and Safety team namely; Sr S Mowchan, Sr D Beeby and EN N Chiliza, EAP Mr N Madlala and public relations officer Mr Mntungwa.



PAEDIATRIC PALLIATIVE CARE AWARENESS WEEK

The main aim for the week of the 9– 13 October 2017 was to create awareness about palliative care and to inform parents about the wonders of palliative care and how it will benefit them as a family when dealing with a life-limiting or life-threatening illness. We wanted families to know that there is always something we can do for them when medical or surgical interventions can no longer benefit them. Our patients and families should no longer feel defeated or dejected, they should not feel alone because there is always someone who cares and we can use what little we have to make them feel comfortable and supported. It was indeed an honour to meet both the Umgungundlovu District Mayor Thobekile Maphumulo and the KZN Health MEC – Dr Sibongiseni Dhlomo during that week. They both were passionate about palliative care and commended Grey's for all its initiatives and putting patients' health and families first. The Mayor truly saw the need for Palliative care and wants to start a program including the home based care for those patients who cannot come to hospital.



Top left Photo: KZN Health MEC: Dr S. Dhlomo addressing the audience

Top Right Photo: Ms P. Cebisa and Dr S . Govender addressing the Audience

Bottom left Picture: Honorable Umgungundlovu District Mayor: Mrs T. Maphumulo addressing the Audience

DIWALI CELEBRATION

The Diwali committee held its third consecutive Diwali function in the OPD on the 12th October 2017.

The function was attended by staff and patients who responded positively to the invitation. This year the programme comprised of talks on the universal significance of Diwali and dance items. Baking and sari-tying demonstrations and a quiz completed the programme. The function was graciously sponsored by staff at Grey's Hospital as well as business in Pietermaritzburg. As a result, the Diwali event was able to provide 300 meals to staff and patients. The Diwali committee would like to place on record their sincere appreciation to all who assisted in making the function a success as well as all who attended the event.



WORLD RADIOGRAPHY DAY

November the 8th is celebrated annually by radiographers around the world to commemorate the discovery of x-rays on 8 November 1895 by Dr Wilhelm Roentgen, a German Physicist.

The day was celebrated by Grey's radiographers :- all staff members in Radiology wore teal colored T-shirts with the logo “ **Radiology Team – Its what's inside that counts**”

Staff shared a luncheon together and each received a goodie bag and lucky prize draws were conducted.

Visits were made to the Paediatric Wards and children were presented with little gift bags and balloons.



INFECTION PREVENTION AND CONTROL HAND WASH OUTREACH

To commemorate the Global Handwashing day, Grey's Hospital IPC team lead by Mrs J Green, visited Forest Hill Primary School on the 15th November 2017. With approval from the school Principal, Mrs. Barnes, 154 Grade 7 learners were allowed to spend the day with the team. Our day started out at 08h30 where we introduced ourselves to the learners and informed them of the reason we are visiting their school. We had a structured programme of events that went off smoothly. The learners and the teachers were entertained by lots of activity promoting the importance of handwashing. Activities included, introduction of the Soaper Hero's, crossword puzzle race, hand wash demonstration, skits, songs, dance, questions, power point presentation. There were many prizes to be won which comprised of bubbles, pens, sanitizer pens, soaps, tissues and knapsacks. Each learner was given a laminated pocket size poster on directions when to wash hands. We had a practical session of making "Tippy Taps" which involved making an innovative hands-free water device using a two liter container. The learners were allowed to take their tippy taps that they had made home. The day ended at 12h30. Mrs. Duploy thanked the team for all the information and education which was shared. The team included Sr L Peate, Sr Z Reddy and Ms Fikile.



Top left: Sr Green observing learners demonstrating handwashing



Top Right: The IPC team, Ms Fikile, Sr Peate, Sr Green and Sr Reddy



Bottom Right: Sr Reddy observing a learner with her tippy-tap.

“SMILE AND FEEL GOOD” DAY—PAIN EDUCATION EVENT

On 31 October 2017, a very special event was held for patients in the Oncology Outpatients department and the Renal Unit. The event team was coordinated by Pain Management (Sr Leona Thomas), and consisted of Chronic Pain patients (diversional programme); Allied Health departments, nursing and administrative staff with the support of the units and their staff and other supporting stakeholders. It was a pleasure to welcome Christa du Toit (one of the sponsors) to take part in this special event. A vibrant CANSA stand was displayed with representation from CANSA. The theme of the day was ‘**SMILE AND FEEL GOOD**’. The aim of the day was to deliver a programme of inspiration, care, health education and a positive emotional experience for our patients with the participation of patients from the Chronic Pain Clinic diversional therapy programme. Positive affirmations in isiZulu and English were shared by the Chronic Pain patients. The day started out at the Oncology Department and then moved to the Renal Unit. Allied Health Departments provided brief health education talks on a range of topics which included medication management presented by Mrs N Williams from Pharmacy, ergonomics and energy conservation was presented by Occupational Therapy, Ms CGovender and Ms P Ghela; food gardens by Mrs G Adams and Ms Anchen Martens from Dietetics, strengths and solutions by Mrs F Harmse from Social Work and stress management and mindfulness by Clinical Psychology Ms T Kheswa and Mr D Blackbeard. Sr Ngcobo from Theatre assisted with isiZulu translation. The organizers are very grateful to all our stakeholders for making this day a special day of care and positive emotions.

“I’ve learned that people will forget what you said, but people never forget how you made them feel.”
Maya Angelou



Top left: Patients displaying placards

Top Right: Mr Blackbeard and Sr Thomas addressing the patients

Bottom Left : Physiotherapist addressing the patients

Bottom Right: Nursing staff singing for patients in Ward D2

PAINSA 2017 CONGRESS

Members of the Grey's Hospital Multidisciplinary Pain Team attended the 2017 PainSA Congress at Century City Conference Centre in Cape Town. Sr L Thomas presented a poster on the Diversional Therapy programme which involved the chronic pain patients, including items made by these patients as part of this Quality Improvement programme. Mr D Blackbeard from Clinical Psychology also presented a poster on the topic of men with chronic pain. Presentations were adjudicated and well-received. The Congress was a great opportunity to network and update learning and skills in acute and chronic pain management. The team also attended the PainSA Durban Pain Academy on 10 June 2017 at which Dr Cairns and Dr Velazquez from Anaesthetics presented as invited speakers.



From Left: David Blackbeard (Clinical Psychology), Melisha Rabilal (Physiotherapy), Sr Leona Thomas (Pain Coordinator), Dr Carel Cairns (Anaesthetics), Dr Cary Velazquez (Anaesthetics), Dr Tando Mtubu and other KZN colleagues at the PainSA Congress 2017.

WORLD PREMATURETY DAY

World prematurity day was observed on the 17 November 2017 at the Neonatal Intensive Care seminar room. Dr T Martin addressed an audience of over 24 mothers and raised awareness on issues surrounding preterm babies. She emphasized the special care that is needed to raise these tiny infants. Experiences were told by two mothers that had given birth to premature babies. The patients were provided entertainment by staff and were provided with refreshments and snacks. Sr Umichand (Operating Manager of NICU) states the smallest baby nursed in the NICU which survived weighed only 650grams.

Below Picture story tells more



PAEDIATRIC DIABETES AWARENESS DAY

In keeping with World Diabetes Day, the multidisciplinary team organized a special Child Diabetes Awareness Day on 16 November 2017 at the Paediatric Outpatient Department. The main aim of the programme was to spread and promote awareness of child diabetes and provide an end-of-year focus for our patients and their accompanying parents or caregivers. A banner was displayed in the OPD with relevant health information .



Mr D Blackbeard addressing patients

WORLD AIDS DAY

World Aids Day was coordinated by Sr V Maharaj and was held on the 1st of December 2017 in the Outpatients Department. The theme for 2017 was **“it is my right to know my status, prevention is my responsibility”**. Patients were educated on frequent testing and rapid treatment. Patients were encouraged to take responsibility of their lives and end the negative impact of HIV. A moment of silence was observed for the ones we lost to HIV, a candle was lit in remembrance of each one.



GREY'S CAMPUS SPORTS DAY

On Wednesday 13th September 2017 the Student's LRC organized a sports day. The day was filled with competitive sporting activities and games. Games included sack race, tug-and-pull, netball and many more. With summer on the way, students look forward to an exciting and well-deserved break from the classroom. Fun was held by all.



Above Picture: Sack Race



Middle Left photo : Tag of war



Bottom Left: Netball

GREY'S NURSING CAMPUS CULTURAL DAY

On 29th September the Nursing Campus hosted a Cultural day where the staff and learners were encouraged to wear cultural clothes to work. Some of the staff and learners shared information about their backgrounds and cultures with the participants. The experience was both enjoyable and interesting. A fun day was had by all.

ENJOY THE BELOW PICTURE STORY



Never forget your roots!

NATIONAL STANDING COMMITTEE ON APPROPRIATIONS OVERSIGHT VISIT TO GREY'S HOSPITAL

The standing committee on Appropriations undertook an oversight visit to KwaZulu Natal from 11 to 15 September 2017. The aim of the visit was to assess, amongst others, the progress on rollout of health infrastructure and the National Health Insurance in Umgungundlovu District. Grey's was visited on 14 September 2017.



National Standing Committee with hospital management, KZN Health head office Directors and Head of Health.

WELCOME TO GREY'S HOSPITAL



MS TW ZULU: HUMAN RESOURCE MANAGER



**MS PT MHONGO-PAEDIATRIC ASSISTANT
NURSING MANAGER**

WELCOME DOCTORS

**DR M PEER
DR M THUSI
DR AN MTHETHWA
DR JM VAHED
DR U MAPOSA
DR S KUBHEKA
DR F DAWOOD
DR S GOVENDER
DR K COOPASAMY
DR MTN DUMA
DR T MOODLEY
DR F BABA
DR K SUCHITANUND**

**DR K KISTEN
DR CJ PIETERSE
DR J PADAYACHEE
DR Z MTHEMBU
DR HR PATEL
DR PJ VENTER
DR KB MAHARAJ
DR Z KAJEE
DR WP MAKHAYE
DR N MASHUGA**

FAREWELL



Mr S Hlongwa-HR Manager



Mrs JD Norman



Sr I Shaik



Ms O Brown-Clinical Psychology



Sr MM Manickum



Ms L P Njomi



Sr ST Chule



Mrs LP Mthembu



Mrs P Meintjies



Mrs E Vosloo

FAREWELL CONTINUES

DR NTSELE	M	CLINICIAN
NENE	BN	NURSING
MEINTJIES	P	MAIN REGISTRY
KENABIUMA	C	RADIOLOGY
MAKHATINI	MP	LINEN SERVICES
DR MCKENZIE	S	CLINICIAN
DR PARAG	N	CLINICIAN
CASSELS	CA	CSSD
DLAMINI	FW	NURSING
GOVENDER	V	NURSING
DR ANDUX	JJ	CLINICIAN
MTHEMBU	XP	NURSING
HEMMERO	MJ	NURSING
ZONDI	NP	NURSING
NDLOVU	LSP	TRANSPORT SERVICES
PILLAY	T	PHARMACY
MARION	RM	SECURITY
DR KISTEN	K	CLINICIAN
MAJOLA	HS	NURSING
SIBETWANA	PP	NURSING
DR DLODLO-VANDA	A	CLINICIAN
FASHEUN	OO	NURSING
ZUMA	NP	NURSING
MADLADLA	VG	SYSTEMS
DR BARDAY	MM	CLINICIAN
MAJOKA	VT	PHARMACY
MAKHAYE	BA	SYSTEMS
DR GANGEN	SB	CLINICIAN
DR NEETHLING	BG	CLINICIAN

FAREWELL CONTINUES

DR PARAK	Y	CLINICIAN
DR SIBEKO	SR	CLINICIAN
VOSLOO	E	SWITCHBOARD
DR POTGIETER	D	CLINICIAN
DR DEWAR	CV	CLINICIAN
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