



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

GREY'S HOSPITAL

GREYPE-VINE NEWSLETTER

Our Priority is you!

Newsletter issue December 2022

Women's Day Celebration

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WOMEN'S DAY CELEBRATION: MRS N. MAZIBUKO AND SR R. MASEMBE

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KwaZulu-Natal Department of Health



kznhealth



KZN Department of Health



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**GROWING
KWAZULU-NATAL
TOGETHER**

CELEBRATION OF WOMEN'S DAY

On the 25 of August 2022 the Women's Forum hosted a beautiful and successful Women's Day event at Grey's Hospital Recreation Hall. The theme of the day was "Reset, Rejuvenate and Resilience," in line with the National theme of "Women's Socio-Economic Rights and empowerment: Building Back better for Women's Resilience". The event was well attended by female staff members; all looked beautiful in their traditional or other attire.

Since the launch of the Women's Forum of Grey's Hospital in 2017, the forum has made incredible progress. After a two year break due to the COVID-9 pandemic, forum meetings have resumed. This dynamic forum has a shared vision of supporting, networking, educating and empowering women in the workplace. They are passionate about making a positive difference to the lives of women and society as a whole.

The event began with Mrs. N Gumede as the Programme Director, an opening prayer was led by Mrs. M Ntshingila and the opening address and purpose highlighting the significance of Women's Day was well delivered by Mrs. Mhlongo. Three informative and inspirational presentations were delivered on: Holistic Wellness by Dr R Sathiram, Women's Health by Dr Foolchand and Strengthening Resilience by Ms L Chirkoot. A fun team-building activity, raffle draws and lucky draws were run by Sister Masembe. There were exciting prize giveaways. The event ended with socializing over delicious refreshments.

ENJOY THE BELOW WOMEN'S FORUM PHOTO GALLERY



From Top Left: Mrs N Gumede, Mrs M Ntshingila, Mrs P Mhlongo, and Dr Foolchand,
From Bottom Left: Dr R Sathiram, Ms L Chirkoot, Sr B Koloane and Ms Jali.



Women in attendance included Mrs Mbhele, Mrs Lachman and Ms Pillay at the Women's Day Celebration.

**WOMEN'S SOCIO-ECONOMIC
RIGHTS AND EMPOWERMENT:**

**BUILDING BACK BETTER
FOR WOMEN'S RESILIENCE!**

#WomensMonth2022 #WomensEmpowermentAgenda



NURSES DAY MAY 2022

Grey's Hospital celebrated Nurses Day on the 12 May 2022 in style. The Grey's Hospital Professionalism and Ethics Committee decided to show appreciation to our nurses with a heart warming gift that was unique and forever memorable, Reverent T. Nash from the Roman Catholic Church proclaimed blessings by anointing the hands that nurture with love, tender care and understanding in order to make a difference in the lives of so many.

The day was opened with prayer, and reciting of the Nurses Pledge. The nurses that were present received the blessing and anointing out at the Grey's Hospital Memorial Garden. This gesture was appreciated by all staff and Management and Reverent Nash expressed how honored he was to have been part of this special way of celebrating the International Nurses Day. It was a gesture of love to wards our nurses. They were reminded that they bring hope and restoration in the midst of challenges and uncertainty. They are to take care of themselves so that they may be able to continue taking care of those whose lives have been entrusted to their capable hands. "Nurses need to remember that they are always special".



Top Left Picture: Father T. Nash anointing the hands that nurture with love, and tender care.

Top Right Picture: Mrs Z. Mvelase opened the day with prayer, motivation and reciting of the Nurses Pledge

Bottom Left Picture : Staff members attended the Nurses Day celebration

WORLD KIDNEY DAY

The theme for World Kidney Day 2022 is **“Bridge the Knowledge to better Kidney care”**.

- Grey’s hospital celebrated World Kidney Day at Prestbury Primary School. Topics included the management and treatment of kidney failure. The team engaged all 32 students of Grade 6 and the students were treated to a care package. The care packets contained delicious delights, dietary information, and information on kidney failure and treatment.

What are the symptoms of Kidney Failure/disease:

Changes in urination, fatigue, itching, swelling in your hands, legs or feet, shortness of breath, pain in your back, puffiness around your eyes. If these symptoms persist, consult your doctor.



Top: Prestbury Primary School students with the outreach team.

Middle Left to right Picture: Mr T. Mashaba, Mrs B. Koloane, Sr B. Crisp addressing the students during the World Kidney Day

Middle Pictures from left: Mrs F. Harmse, Sr B. Crisp, T. Mashaya, Mrs S Sahadeo and Mrs B. Koloane

The Durban Pain Academy affiliated to Pain SA held a convention on the 23rd July 2022 at the Capital Pearls in Mhlanga Rock's. Grey's hospital Dr Nikki Allorto gave a dynamic presentation on the understanding of burn injury and Pain Management, Dr Cary Velazquez gave insight on Chronic Paediatric pain population and Sr Leona Thomas shared the Nurse Perspectives on Pain Management. Dr Karina Ranjit from Townhill hospital gave input on Chronic Pain and Mental Health implications. Professor Sean Chetty from Stellenbosch University gave an informative speech on Ethics societal impact on pain. Dr Sham Moodley from the Independent Pharmacy Community Association updated the members on Codeine care. Anaesthetists from Inkhosi Albert Luthuli Dr Pam Gumede and Dr Ndumiso Kheswa kept the members alert with an entertaining PCA debate.



Top Right Picture: Sr Thomas presenting Nurse Perspective on Pain Management

Top Right: Dr Cary Velazquez from Anaesthetics department,

Left to right: Dr Nikki Allorto, Sr L Thomas, Mr David Blackbeard, Ms Delysia Pillay and Mr Tumela Mashabe

Bottom Left picture from left: Mr Tumela Mashaba, Dr Pam Gumede, Sr Leona Thomas and Dr Rangai

GREY'S HOSPITAL EYE CLINIC NEW LOOK

With the harsh realities of social isolation that characterized the past few years of COVID-19 lockdown, many turned to improving their living spaces both at home and at work. Dr Neera Narainswami was one such individual. He realized we spend actually most of our adult lives at work, it only makes sense to ensure that our work space is a clean, green haven of serenity which would boost work productivity. Multiple studies show that plants at work actually help decrease stress levels, cleanse and purify the air and help decrease "sick building syndrome". It was with this in mind that he was inspired to bring some plant life into work space at the Grey's Hospital eye clinic. His dad happily built and supplied the wooden plant shelves and he procured plants that would tolerate the no sunlight environment at the eye clinic. Some of the plants are sourced from his mom's garden. The nursing staff at the eye clinic have assisted in tending to the plants. It has been a joy and a blessing coming to work and seeing these plants flourishing in the absence of sunlight where one would not expect anything to grow. A lesson to be learned perhaps that despite all adversities one can triumph against the odds. The patients and staff continue to be inspired and enjoy the beauty and positive energy these plants have breathed into our Eye Clinic.



Above Picture from Left: Sr S. Ramgobin, Dr N. Narainswami, Nurse Z. Shandu, Nurse S. Zaca and Sr Z. Zele

The KwaZulu-Natal College of Nursing Nurses' Graduation Ceremony was held on the 20th and 21st September 2022 at the

Royal Agricultural Show Grounds, Pietermaritzburg. A total of 691 graduated on the 20.09.2022 and 612 on the 21.09.2022

Grey's Campus had one (1) graduate in the R683 programme and 68 graduates in the R425 programme on the first day. On the 2nd day Grey's Campus had 2 graduates in the R254 programme and 43 in the R880 programme.

TOP ACHIEVERS FROM GREY'S CAMPUS

DIPLOMA IN NURSING (GENERAL, PSYCHIATRIC AND COMMUNITY) AND MIDWIFERY

2021 - Blose Sphumelele Percevierance Zime

2022- Mahlangu Nojabulo Mayibongwe

DIPLOMA IN PSYCHIATRY (R880)

2021 - Andeson Busisiwe Olga

We congratulate them on their outstanding achievement!



Mrs B.E. Shezi: Campus Principal Presenting Top Achiever Award for Diploma in Psychiatry (880) to B.O. Anderson

THE HEALTH AND WELFARE SECTOR EDUCATION AND TRAINING AUTHORITY WORLD SKILLS COMPETITION SOUTH AFRICA 2022

The HWSETA World Skills Competition was held from the 7th February 2022 to the 16th February 2022. The competition took place at the KwaZulu-Natal College of Nursing: Prince Mshiyeni Memorial Campus. Grey's Campus is indeed proud to have had two of our students nurses who participated in the competition; namely; **Nontobeko Millicient Hlongwane and Luyanda Nontuthuko Shange**. They were accompanied and mentored by Mrs. T.O. Zondi-Lecturer (Clinical Facilitator) - Grey's Campus. They were recognized for their participation in the Graduation Ceremony on 20th September 2022



Mrs B.E. Shezi—Campus Principal and Mrs T.O. Zondi- Lecturer (Clinical Facilitator) presenting Certificate of participation to student Nurse N.N. Hlongwane



Mrs B.E. Shezi—Campus Principal and Mrs T.O. Zondi- Lecturer (Clinical Facilitator) presenting Certificate of participation to student Nurse L.N. Shange

Instructors :Mrs Juliana Thomas and Mrs Kubashnie Govender facilitate aerobics sessions every Thursday after noon's from 3-4pm at Grey's hospital Recreational Hall. Grey's Hospital staff members are invited to participate in the sessions. These aerobics sessions form part of promoting healthy life style in the workplace and in our society.

What are the benefits of exercise on physical health?



Reduced risk
cardiovascular disease



Strengthens bones
and muscles



50% lower risk
of type 2 diabetes



Helps to
control weight



Improves
sleep



Improves energy
levels



30% lower risk
of dementia



Prevents
cognitive decline



Grey's Hospital Aerobics sessions

GREY'S HOSPITAL COMRADES MARATHON RUNNERS

Congratulations to all of our colleagues who participated in the 2022 Comrades Marathon. You have achieved what others deem impossible, congratulations. We are so proud of you.



From Left: Mr N Mdlalose, Mr S Muthwa, Ms S Mkhulise, Mr N Mdletshe and Mr N Pule

Why do I run?

I run for health. I run for sanity. I run for my heart, my lungs, my head, my soul. I run for me. I run for my family. I run for life. I run because I can.

But mostly I run so that when you slowly start to pass me in a race, or even just out on the local trail or wherever, I can speed up a little bit and *not let you do it.*

That's why I run.



World Health Day was celebrated on 07 April 2022.

What is Blood Pressure? Your heart pumps blood. Blood pressure is the force of blood against your vessels as it circulates. This force is necessary to make the blood flow, delivering nutrients and oxygen throughout the body.

High blood pressure means there is too much pressure in your blood vessels. This can damage your blood vessels and cause health problems. Anyone can develop high blood pressure, but it becomes more common as you get older.

If your blood pressure is not controlled, you have increased risk of: Strokes, heart attacks, heart failure, dementia, eye problems, erectile dysfunction and kidney disease. Know your numbers:

Blood pressure is measured with two sets of numbers

Systolic (Top one)

Diastolic (Bottom one)

Systolic pressure occurs when your heart contracts, pushing the blood out to the vessels

Diastolic pressure occurs when your heart relaxes and fills up with blood.

“Green Card” 120/80 or a little below that – Low Risk

“Yellow Card” 121-139/ 80-89 - Moderate Risk, start monitoring your bp

“Red Card” anything from and above 140/90 - High Risk, seek a health care professional

Causes of High blood pressure:

Causes you can control

Unhealthy diet, smoking, excessive alcohol, obesity, stress and kidney disease.

Causes you cannot control

Age and family history

How do I prevent High blood pressure?

Be physically active for 30 – 60 minutes a day

Eat a healthy diet

Do not add salt to your diet

Eat a lower salt diet

Aim to reduce to a healthy weight

Manage your stress levels

Limit your alcohol intake

Do not smoke!!!



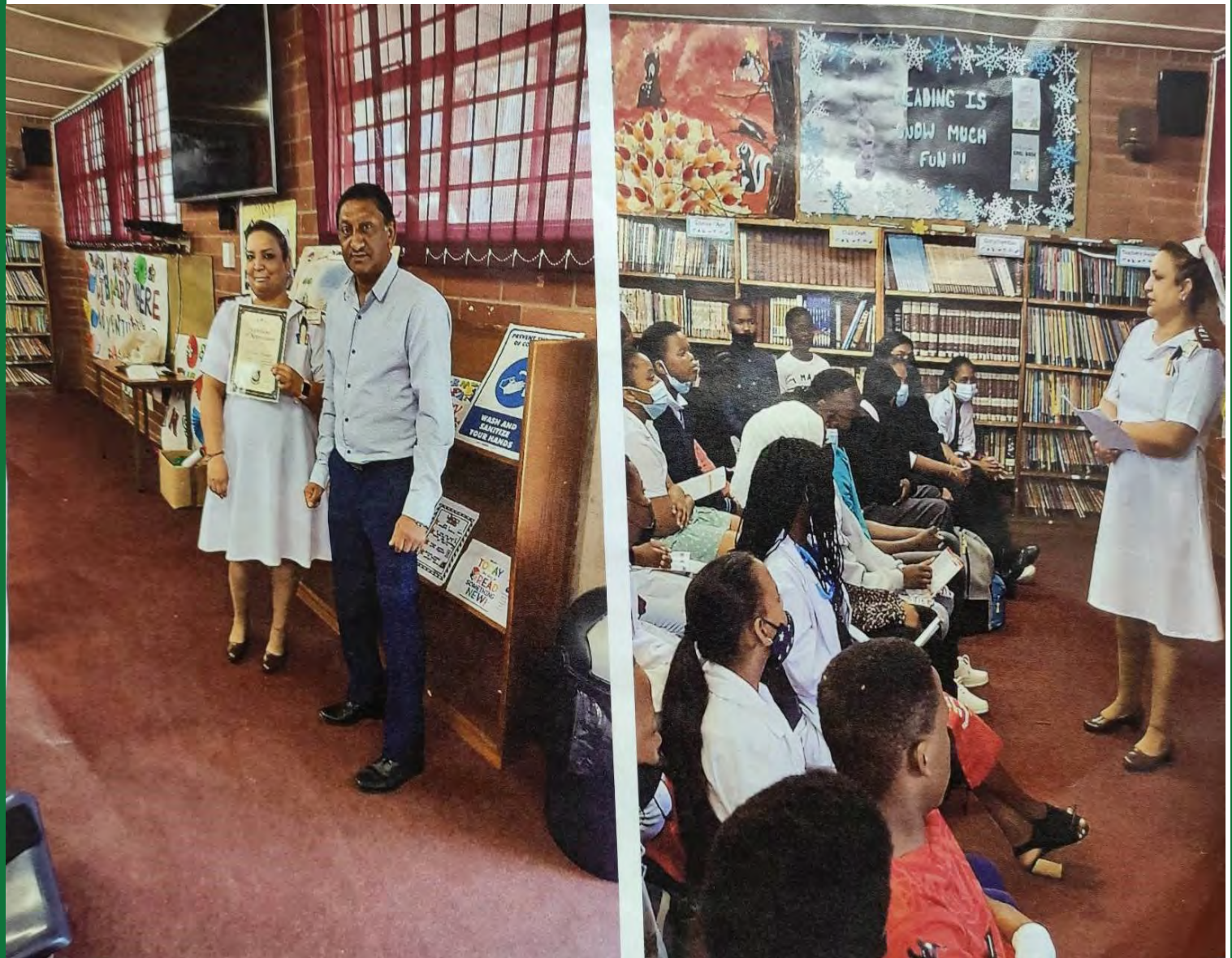
WHY I BECAME A NURSE? BY SR PRAVITHA SEETHAL...

Sr Pravitha Seethal from Grey's Hospital Antenatal Clinic attended the Springhaven Primary school Open Career Day on 07 September 2022. She was given an opportunity to inform the students why she became a nurse. She shared the following with the students;

"If one desires to become a nurse you have to put selfishness aside and prioritize selflessness in healthcare for others, then nursing may be the correct career for them."

She further mentioned the opportunities that one could potentially receive from studying to be a nurse. One that stood out to the children was that the extension of studying allows you to go overseas and complete your nursing degree. Sr Seethal represented not only herself but also her fellow nursing colleagues and Grey's Hospital as an institution in a great light. Her commitment, passion and inspiring speech to the children of Springhaven Primary School earned her an appreciation accolade from the school management.

We commend her for her dedication and commitment to public service.



Mr V.A. Reddy - Acting Deputy Principal presenting the Certificate of Appreciation to Sr Pravitha Seethal for her social contribution to Springhaven School Career Open Day

CASE MANAGEMENT WEEK

Case Management Week Day Conference was held at Grey's Hospital Recreational Hall on the 14 October 2022. **The Theme: "Quality Health Care Service, Through Case Management Interventions"**. The Opening welcome was done by Chief Executive Officer: Dr KB Bilenge, Purpose of the Day was clearly elaborated by the Case Manager: Mrs M Ntshingila.

This Event was attended by delegates from UMgungundlovu, EThekweni, Harry Gwala Districts, moreover, Ms Anne Roos from The National Department of Health addressed the delegates on Case Management Principles, Head Office – Accounts Receivable: Mr S Msomi addressed the delegates on Revenue Enhancement Strategies.

Purpose of Case Management:

- ⇒ To reinforce Case Management principles,
- ⇒ To clarify Core Case Management activities within the multidisciplinary team
- ⇒ To strengthen working relations, with related, departments, i.e. Patient Administration, Revenue, Nursing & Clinicians

What is Case Management?

Case management is a collaborative process of assessment, planning, facilitation, care coordination, evaluation and advocacy for options and services to meet individual's and family's comprehensive health needs through communication and available resources, to promote quality, cost effective outcomes.

The Event was prestigiously well organized by the Case Manager: Mrs M. Ntshingila and Quality Assurance Manager: Mrs A. Quayle who was also the Programme Manager of the day.



Above Pictures from Left: Case Manager: Mrs M. Ntshingila, and attendees



Bottom Left: Mrs A. Quayle addressing the audience

“TRAUMA AND ADJUSTMENT”

The health event programme was organised around the theme “**Trauma and Adjustment**”. A informational pamphlet and poster display was placed in Outpatients Department for the month of July to raise awareness about psychological trauma and adjustment to psychosocial stress. The team conducted pre-visits to Outreach sites to establish needs and clarify expectations during the period of 23 May 2022 to 13 June 2022.

Outreach to Life Line: On 05 July 2022, the team of two staff with three students facilitated an interactive psychoeducational and skills session at LifeLine Pietermaritzburg for 15 staff members. The programme was well-received and each attendee received a care and information pack. A “toolbox” of sensory diversion resources was included for practical demonstration and mindfulness. We thank Mike Hardie (LifeLine GBV Coordinator) and LifeLine Pietermaritzburg for hospitably accommodating the Outreach.

Outreach to Rosewood Retirement Estate: On 12 July 2022, the team of two staff with one student conducted interactive psychoeducational and skills sessions with groups of residents (19) and staff (5) at Rosewood. The groups were lively and interactive and positive feedback was received. Attendees each received a care and information pack. We thank Sr Tracy Tythaleigh, staff and residents for their warm reception of the programme.

Organisers: Mrs F Harmse (Social Work), Mr D. R. Blackbeard (Clinical Psychology)

Work Experience Students: Ms Sithabile Ndlovu (Clinical Psychology); Ms Thembisile Gazu (Social Work) and Mr Thandolwethu Nzimande (Social Work)

PROGRAMME AT PAIN CLINIC AND MOPD

THEME: “TRAUMA AND ADJUSTMENT”

Pain Clinic: On 22 July 2022, the team facilitated a skills and awareness programme with the patients at Medical Outpatients Department. The attendees received pamphlets on psychological adjustment and psychological trauma and recovery. We thank the attendees, the Pain Clinic and MOPD staff for welcoming the programme.

Organisers: Mrs F Harmse (Social Work), Mr D. R. Blackbeard (Clinical Psychology)

Work Experience Students: Ms Sithabile Ndlovu (Clinical Psychology); Ms Thembisile Gazu (Social Work) and Mr Thandolwethu Nzimande (Social Work)



From Left: D.Blackbeard, J.Ngubane ,L.Thomas, T. Mbanjwa, B.McKenzie ,N.Somtsewu, F. Harmse



The Outreach team with the LifeLine attendees



From left: Mrs F.Harmse, Ms T.Gazu, Ms S.Ndlovu, Mr D.Blackbeard, Mr T.Nzimande



Ms S. Ndlovu, Mrs F. Harmse, Mr D. Blackbeard at Rosewood during Mental illness and Psychosocial disability outreach



Group session by F. Harmse at Rosewood



Sr L. Thomas and Ms T. Gazu addressing patients at Outpatient department



CHILD PROTECTION WEEK

An informational display consisting of posters and pamphlets on bullying, children's rights and children trauma was set up in the Outpatient department as part of the Child Protection week. It aimed to create awareness and educate patients and staff members about the importance of protecting our children from harm. On 31 May 2022, coloring booklets, papers and crayons were distributed to our children wards. On 01 May 2022, there was a peaceful walk which was well organized by Employee Assistant Practitioner (EAP), Clinical Psychology, and Social Work. The staff members who participated in the walk aimed to send the message about children's rights and protection. Pamphlets were distributed to patients during the peace walk. There were talks that took place at POPD and Lodger Mother Facility on 02 May 2022 and the focus was on what is trauma?, different types of trauma, the impact of trauma on children, symptoms of children exposed to trauma, bullying and taking care of children with disabilities or special needs.



Left to Right: Ms H. Jili and Ms L. Mathe



Colouring and drawing material handed out to children



ALZHEIMER'S DISEASE AWARENESS DAY

On the 19th of September 2022, a display board was put up at OPD, it consisted of posters and pamphlets on Alzheimer's disease from Clinical Psychology, Social Work, Occupational Therapy and Pharmacy Departments. It aimed to create awareness and educate patients and staff members about Alzheimer's disease.

Patients were educated about Alzheimer's disease. They were also given pamphlets with additional information, the pamphlets were both in English and IsiZulu in order to cater for all our patients.

Presentations on Alzheimer's disease were delivered to the residences and care givers of the Sunnyside Park Home during the outreach at the home's hall. As well as to the PADCA staff members at the PADCA Head offices. Presentations focused on these topics; Anxiety and depressive disorders, Psychosis, Interventions: Psychotherapy, Assessments, Group Therapy & Family Therapy, Areas of interventions: insight, acceptance, grief/loss, adjustment, support, Advocating for patients with Alzheimer's, Being flexible and accommodating "out of the box" thinking and Cognitive decline, what is Alzheimer's disease and what is the role of occupational therapy in the management of Alzheimer's disease?



Above Pictures from Left: PADCA & Grey's Hospital Staff Members and Alzheimer display at OPD

Group session at the Sunnyside park home

Clinical Psychology with Pharmacy department facilitated Outreach and In-reach programmes for National Attention Deficit Hyperactivity disorder (ADHD) Awareness Day in September 2022.

The Outreach Team went to the Alexandra Road Public Library on 01 September 2022 to set up an ADHD educational exhibit for the first two weeks of the month. The goal was to raise community awareness about ADHD services and assistance. Mr D.Blackbeard (Clinical Psychologist) and Psychology Student: Ms S. Ndlovu led an interactive psychoeducation with the library personnel. We appreciate the assistance and interest from Librarian Mrs. G. Manyoni and her team.

In-reach Team on 13 and 20 September 2022 visited Paediatrics and OPD. Clinical psychologist Mr D. Blackbeard, psychology student:- Ms S. Ndlovu, and the pharmacy interns:- A. Baboolall and B. Hlomuka all gave interactive discussions on how to motivate kids and teens with ADHD. Each participant received a packet containing stationery supplies, an activity book, and informational leaflets. The pharmacy interns and clinical psychologists created the packs.



From Left: Mr B. Hlomuka (Pharmacy Intern), Mr D. Blackbeard (Clinical Psychologist), Ms S. Ndlovu (Psychology Student) and Ms A. Baboolall (Pharmacy Intern)

ADHD OUTREACH GALLERY PHOTOS....



Outreach Photo Collage: Clinical Psychologist (D. Blackbeard), Psychology student (S. Ndlovu) and Librarian Mrs G. Manyoni with library staff.



POPD In-reach Photo Collage: B. Hlomuka (Pharmacy Intern), S. Ndlovu (Psychology Student), A. Baboolall (Pharmacy Intern) and D. Blackbeard (Clinical Psychologist)

MEN'S FORUM EVENT

The men's forum had a health event on 30 September 2022 that related to discussing men and mental health. Topics focused on stress and the workplace. There were two separate activities on that day. The earlier event was the men's forum, which was followed by the staff wellness Event. Mr T. Mashaba and M. Smith delivered speeches at the men's forum health event . The event was well attended.

A display was created and set up in the outpatient area to honour men's health month and to conveying information about men's mental health.



Top left picture to right: members of the men's forum and the display screen placed at OPD

Bottom Picture: Mr T. Mashaba delivering his speech during the Men's Forum event

“EDUCATION TO PROTECT TOMORROW”

(International Diabetes Federation WDD slogan for 2022)

On the 10th and 17th November 2022, the Paediatric Diabetes Multidisciplinary Team led a group discussion on how to deal with diabetes' emotional effects and coping mechanisms. Participants also received informational packets and 40 pieces of stationery. From November 1 to November 18, OPD had an informational display with coping strategies for kids and teens and pamphlet's on the mental wellbeing of kids and teens with diabetes. We appreciate the support and advocacy of all participating physicians, nurses, and allied health professionals.

“1 in 9 people will be living with diabetes by 2030” (IDF, 2022)



Left to Right: Ms H. Jili:- Social Worker and Mr D. Blackbeard:- Clinical psychologist facilitating Psychoeducation and skills at POPD



Left to Right: Ms S. Ndlovu and Dr M. Patrick sharing experiential perspective with patients

KIDNEY AWARENESS WEEK

Kidney Awareness Week was celebrated from 05 - 09 September 2022. The purpose of kidney week was to spread knowledge about renal illness and to serve as a forum for discussion. The multidisciplinary team worked together to plan a range of activities for the entire week.

An email with daily activities and significant information was distributed to every department at Grey's Hospital every morning in an effort to raise awareness of renal health. In the OPD, SOPD, dietetics department, and occupational health, we had information board displays. We began the week by checking the renal unit staff members' blood pressure. The patients received snacks (apples or something sweet) and instructional materials following dietary discussions in Ward D2 and the renal clinic. The dietary status of renal patients at Grey's Hospital was also discussed by the dietitians. Organ donation was encouraged as part of the conclusion of kidney week, and low-sodium dishes were shared.

ENJOY THE KIDNEY AWARENESS WEEK PICTURE GALLERY BELOW.....



STAFF HEALTH AND WELLNESS DAY

Grey's Hospital hosted the Staff Health and Wellness Day on 30 September 2022 at Grey's Hospital Recreational Hall. External and Internal stakeholders were invited to have stalls in the hall. The Theme: **“Happy employees are healthy employees.”**



EXTERNAL DISASTER DRILL

Grey's Hospital conducted an external disaster drill on the 25 November 2022. The first legislative requirement is contained within the **Disaster Management Act No. 57 of 2002**.

Section 38 (1) states as follows –

Preparations of disaster management plans:

38 (1) each provincial organ of state indicated in the national or provincial disaster management framework must, within the applicable provincial disaster management framework –

- a). prepare a disaster management plan setting out –*
 - the way in which the concept and principles of disaster management are to be applied in its functional area;*
 - its role and responsibilities in terms of the national or provincial disaster management framework;*
 - its role and responsibilities regarding emergency response and post-disaster recovery and rehabilitation;*
 - its capacity to fulfil its role and responsibilities;*

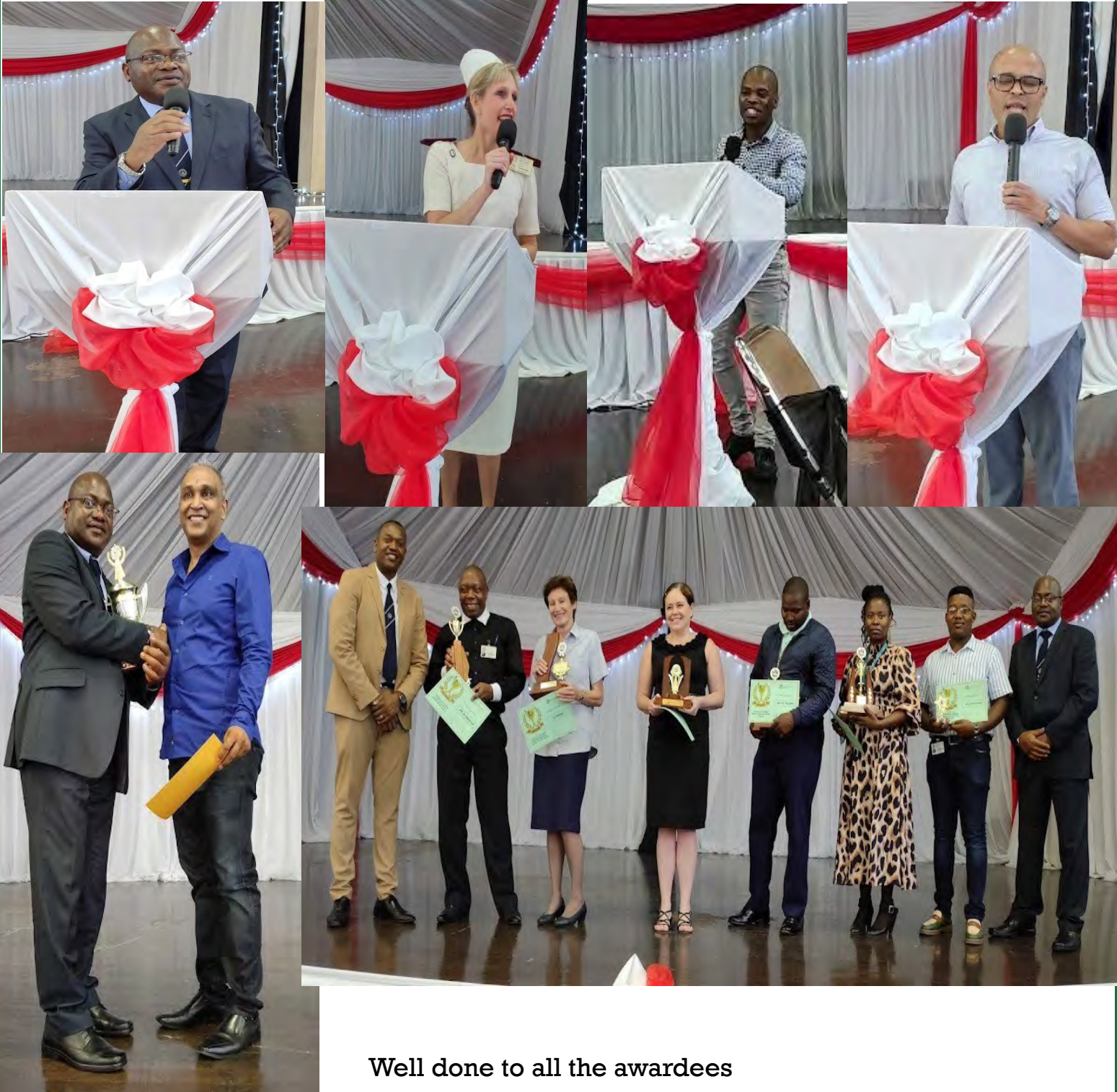


EXTERNAL DISASTER DRILL GALLERY....



QUALITY DAY AND LONG SERVICE AWARDS CEREMONY 2022

Grey's hospital hosted their annual Quality day on the 9 December 2022. The theme of the day "Kindness Matters" was well received. Mrs AJ Quayle (Quality Assurance Manager) is to be commended on a truly magnificent event that was well organized and presented. The 2022 EXCO award was presented to Mr V Deonundhan (Pharmacy Manager). Well done to all the awardees as well as the long serving staff members that were recognized for their long service. Our sincere gratitude is extended to the programme director Mrs TB Mathonsi, Mr G Stoffels, the guest speaker Mr N Maharaj, Mrs N Ntshingila, Dr I Manga, and a special vote of thank you is extended to the Choir that performed and entertained the house so amazingly. Recognizing and acknowledging an organizations work force was truly reflected and appreciated on this day.



Well done to all the awardees

QUALITY DAY PHOTO GALLERY....



QUALITY DAY GALLERY....



QUALITY DAY PHOTO GALLERY....





EXCO with the two staff members who have been on service for 40 years



The above staff members have been on service for 30 years

QUALITY DAY....



NEW STAFF APPOINTMENTS



Dr NMT Gumede
Senior Manager: Medical Services



Mr F.S. Matibela
Manager: Nursing Services



Mr P. Mkhize
DD: Facilities Management



Mrs Bilenge
Assistant Nurse Manager



Mrs AJ Quayle
Quality Manager



Ms NB Mkhize
Operational Manager



Dr N Mathe
HCU- Ophthalmology



Mr SN Dlamini
Facility Information Officer



MS P. Brown
Data Management

NEW STAFF APPOINTMENTS



Mr JS Ndlovu
Laundry Manager



Ms Dlamini
AD: Systems



Mrs S. Magwaza
Switchboard Supervisor



Mr BL Buthelezi
AD: Finance



Ms B Malwanda
AD: Supply Chain Management

NEW STAFF APPOINTMENTS

April 2022

NAME	DESIGNATION	APPOINTMENT DATE	COMPONENT
MKWANAZI SS	MEDICAL OFFICER	1/4/2022	ONCOLOGY
MADIKIZELA T	MEDICAL SPECIALIST	1/4/2022	PAEDS

May 2022

NDLOVU NT	ENA	1/5/2022	NURSING
SHOBA BS	HCD:INTERNAL MEDICINE	16/5/2022	INTERNAL MEDICINE
MANTANE MK	MEDICAL OFFICER	1/5/2022	ORTHOPAEDICS

June 2022

MADLALA TA	PROF. NURSE (GEN)	1/6/2022	NURSING
ZIQUBU NP	PROF. NURSE (GEN)	1/6/2022	NURSING
MDLULI AM	DIAGNOSTIC RADIOGRAPHER	1/6/2022	RADIOGRAPHY
MKHIZE HP	PROF. NURSE (GEN)	1/6/2022	NURSING
MKHIZE P	DD: FACILITIES MANAGEMENT	1/6/2022	FACILITIES MANAGEMENT

July 2022

LUTHULI NC	PROF NURSE(GEN)	1/7/2022	NURSING
NGWANE NS	PROF NURSE(GEN)	1/7/2022	NURSING
GUMEDE NMT	SNR. MAN: MEDICAL SERVICES	1/7/2022	MEDICAL MANAGEMENT
MOODLEY S	MEDICAL SPECIALIST	1/7/2022	NEUROLOGY
NZAMA NC	FINANCE CLERK	1/7/2022	FINANCE
NGOBESE A	MEDICAL SPECIALIST	1/7/2022	SURGERY
MWASE TM	PROF NURSE(GEN)	1/7/2022	NURSING

August 2022

NKABINDE NP	ENA	1/8/2022	NURSING
MAJOZI ZN	MEDICAL OFFICER	1/8/2022	ANAESTHETICS
MPAMA S	MEDICAL OFFICER	1/8/2022	PAEDS
MAYKU N	HUMAN RESOURCE OFFICER	1/8/2022	HRM
JHAZBHAY I	MEDICAL OFFICER	1/8/2022	NEUROLOGY

NEW STAFF APPOINTMENTS

September 2022

MSIMANGO MPD	MEDICAL OFFICER	1/9/2022	ANAESTHETICS
MSHENGU A	MEDICAL OFFICER	1/9/2022	ANAESTHETICS
TIYA S	MEDICAL OFFICER	1/9/2022	ANAESTHETICS
ISRAEL P	HCU:O&G	1/9/2022	O&G
MAHOMED HABIB M	MEDICAL OFFICER	1/9/2022	NEUROLOGY
SHANGE ON	PROF NURSE(SPEC)	1/9/2022	NURSING
MAJOLA HS	PROF NURSE(SPEC)	12/9/2022	CRITICAL CARE
BHENGU NP	MEDICAL OFFICER	5/9/2022	ORTHOPEADICS
MADZIBA BP	HOD: NURSING COLLEGE	12/9/2022	COLLEGE

October 2022

NAIDU S	MEDICAL OFFICER	1/10/2022	GENERAL SURGERY
MAGAZI V	CLINICAL TECH	1/10/2022	ICU
DHLAMINI TK	PROF NURSE(SPEC)	1/10/2022	CRITICAL CARE
KHUZWAYO S	SUPP CHAIN CLERK (SUPER)	1/10/2022	SCM
MKHIZE NB	OPER. MAN(SPECIALITY)	1/10/2022	NURSING
MADONDO M	HR PRACTITIONER	1/10/2022	LABOUR RELATIONS
BUTHELEZI BL	A.D.:FINANCE	1/10/2022	FINANCE
MOHAPI LL	RADIOGRAPHER	17/10/2022	RADIOGRAPHY
MAGWENYANA NM	PROF NURSE(SPEC)	1/10/2022	NURSING
MBILI NL	PROF NURSE(SPEC)	15/10/2022	PERM

November 2022

NGIDI A	LECTURER	1/11/2022	NURSING COLLEGE
GOVENDER A	RADIOGRAPHER	1/11/2022	RADIOGRAPHY
NXUMALO TE	PROF NURSE(SPEC)	1/11/2022	NURSING
BHENGU NB	PROF NURSE(SPEC)	1/11/2022	NURSING
MAZIBUKO SW	MEDICAL OFFICER	1/11/2022	O&G
MGILANE O	MEDICAL OFFICER	1/11/2022	O&G
CABANGANA ZN	MEDICAL OFFICER	7/11/2022	INTERNAL MEDICINE
PHETLA M	MEDICAL OFFICER	1/11/2022	INTERNAL MEDICINE
MABASO NP	PERSONAL ASSISTANT	8/11/2022	ANAESTHETICS

December 2022

MBANJWA PG	LECTURER	1/12/2022	NURSING COLLEGE
TSHOBA B	MEDICAL OFFICER	1/12/2022	INTERNAL MEDICINE
MALWANDA B	ASSISTANT DIRECTOR: SCM	1/12/2022	SCM

FAREWELL

April 2022

COOKE GM	LECTURER GRADE 2	30/4/2022	RETIREMENT
VAN AMSTERDAM S	PROF NURSE(SPEC)	15/4/2022	RESIGNATION
JULUIS SR	PROF NURSE(SPEC)	30/4/2022	RESIGNATION
RUGBEER Y	MEDICAL OFFICER	30/4/2022	RESIGNATION

May 2022

NAIK M	DRIVER	31/5/2022	RETIREMENT
NTOMBELA MM	PROF NURSE(SPEC)	31/5/2022	RESIGNATION
GASA RP	STAFF NURSE GR2	31/5/2022	RETIREMENT
ZWANE S	PROF NURSE(GEN)	31/5/2022	RESIGNATION
MOSES K	PERSONAL ASSISTANT	31/5/2022	RESIGNATION
STORK KM	PROF NURSE(GEN)	31/5/2022	RESIGNATION
NZIMANDE RS	NURSING ASSISTANT	31/5/2022	RESIGNATION
NKANDI ZNL	PROF NURSE(GEN)	31/5/2022	CRS TRF OUT
DLAMINI ZB	PROF NURSE(GEN)	31/5/2022	CRS TRF OUT
MULLER L	MEDICAL OFFICER	31/5/2022	RESIGNATION
THUSI N	PROF NURSE(GEN)	31/5/2022	CRS TRF OUT
LAWAL AO	MEDICAL OFFICER	31/5/2022	RESIGNATION

June 2022

MVEMVE B	OPERATIONAL MAN	30/6/2022	RETIREMENT
MEMELA LD	A.D.: FACILITIES MAN	30/6/2022	RESIGNATION
ZWANE NS	MEDICAL OFFICER	30/6/2022	TRF OUT
ZINGONI KF	MEDICAL OFFICER	30/6/2022	TRF OUT
CHIYA PLN	PROF NURSE(GEN)	30/6/2022	TRF OUT
MDUNGE PL	PROF NURSE(GEN)	30/6/2022	CRS TRF OUT
KING KM	PROF NURSE(SPEC)	30/6/2022	RESIGNATION
KAFIL S	ULTRASOUND RADIOGR	30/6/2022	TRF OUT
MARAIS CS	PROF NURSE(SPEC)	30/6/2022	RESIGNATION
KRUSE C	HCU:OPHTHALMOLOGY	30/6/2022	TRF OUT
THEMBE NP	PROF NURSE(GEN)	30/6/2022	CRS TRF OUT

FAREWELL

July 2022

NGUBANE VA	CLEANER	31/7/2022	RESIGNATION
MOGANE GM	MEDICAL OFFICER	12/7/2022	RESIGNATION
NZIMANDE XFA	PROF NURSE(SPEC)	14/7/2022	RESIGNATION
MADIKIZELA T	MEDICAL SPECIALIST	31/7/2022	TRF OUT
NAIDOO T	MEDICAL OFFICER	27/7/2022	RESIGNATION
FYNN TA	PROF NURSE(GEN)	6/7/2022	RESIGNATION
SEPENG DMZ	MEDICAL OFFICER	31/7/2022	RESIGNATION
BUTHELEZI SP	PROF NURSE(SPEC)	31/7/2022	RESIGNATION
SURENDRAN-NAIR S	MEDICAL OFFICER	31/7/2022	TRF OUT

August 2022

NIVARRO RICARDO JL	MEDICAL OFFICER	31/8/2022	RESIGNATION
BEEBY D	PROF NURSE(GEN)	31/8/2022	RESIGNATION
NAIDOO SN	MEDICAL SPECIALIST	31/8/2022	RESIGNATION
KUNENE TC	PROF NURSE(GEN)	31/8/2022	RESIGNATION
SOKHELA NP	PROF NURSE(GEN)	31/8/2022	CONTRACT EXP
NGUBO NC	ANM: SPEC	31/8/2022	TRF OUT
HLOPHE PP	STAFF NURSE	31/8/2022	CONTRACT EXP
MTM NGIDI	STAFF NURSE	31/8/2022	CONTRACT EXP
DUMA Z	ENA	31/8/2022	CONTRACT EXP
NENE ES	STAFF NURSE	31/8/2022	CONTRACT EXP
SHANGE AP	STAFF NURSE	31/8/2022	CONTRACT EXP
MLONDO S	PROF NURSE(SPEC)	31/8/2022	CRS TRF OUT
SITHOLE BE	PROF NURSE(GEN)	31/8/2022	TRF OUT
ZACA MC	PROF NURSE(GEN)	31/8/2022	CONTRACT EXP
NDLOVU HJ	NURSING ASSISTANT	31/8/2022	CONTRACT EXP
THAVER K	MEDICAL OFFICER	31/8/2022	TRF OUT

September 2022

NDLELA SJ	PROF NURSE(GEN)	30/9/2022	RESIGNATION
SKOSANA S	RADIOGRAPHER	30/9/2022	RESIGNATION
ZULU NC	PROF NURSE(GEN)	30/9/2022	RESIGNATION
MANGALDAVE D	PHARMACIST GR2	30/9/2022	RESIGNATION
GWETU TP	MEDICAL OFFICER	30/9/2022	RESIGNATION
ZONDI SA	ARTISAN	30/9/2022	RESIGNATION
LAKSHUMAN P	PROF NURSE(GEN)	30/9/2022	TRF OUT

FAREWELL

September 2022

KHUMALO YH	STAFF NURSE	30/9/2022	RESIGNATION
REDDY K	MEDICAL OFFICER	30/9/2022	RESIGNATION
MLAMBO NE	MEDICAL SPECIALIST	30/9/2022	RESIGNATION
LOUBSER A	DIETITIAN	30/9/2022	RESIGNATION
MSOMI S	PROF NURSE(GEN)	30/9/2022	TRF OUT
SHOBA BS	HEAD CLIN DEPT	30/9/2022	RESIGNATION
JANSEN VAN VUUREN J	MEDICAL OFFICER	30/9/2022	RESIGNED

October 2022

NDLOVU FN	GENERAL ORDERLY	31/10/2022	RESIGNATION
MAKHATHINI NA	PROF NURSE(GEN)	31/10/2022	RETIREMENT
MANONG MK	MEDICAL OFFICER	31/10/2022	RESIGNATION
LOGGENBURG NB	PROF NURSE (SPEC)	31/10/2022	RESIGNATION
PANDAY Y	PROF NURSE(SPEC)	31/10/2022	RESIGNATION
HLONGWANE FP	PROF NURSE(GEN)	31/10/2022	RESIGNATION
MOODLEY S	MEDICAL OFFICER	31/10/2022	RESIGNATION
VILANE AT	ADMIN CLERK(GEN)	31/10/2022	RESIGNATION
MZOLO G	PROF NURSE(SPEC)	31/10/2022	CRS TRF OUT
BUTHELEZI PZ	MEDICAL OFFICER	31/10/2022	TRF OUT
MANCHEV VN	MEDICAL SPECIALIST	31/10/2022	TRF OUT
NGELEKA MP	MEDICAL OFFICER	31/10/2022	TRF OUT

IN LOVING MEMORY OF OUR OWN



MRS H. NGCOBO



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Mr EM MKHIZE



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