



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA

# GREY'S HOSPITAL

## GREYPE-VINE NEWSLETTER

Our Priority is you!

December 2025

### DREAM ROOM, A SANCTUARY FOR CHILDREN OPENED AT GREY'S HOSPITAL



Front Row From Left: Dr K Coopasamy, Ms N. Lazaris, Sister L. Marimuthu, Mrs P. Mhlongo

Back Row: Dr , Mr Z. Mntungwa and Dr P. Ramraj at the opening of the Dream Room at Paediatric Outpatient Department (POPD)

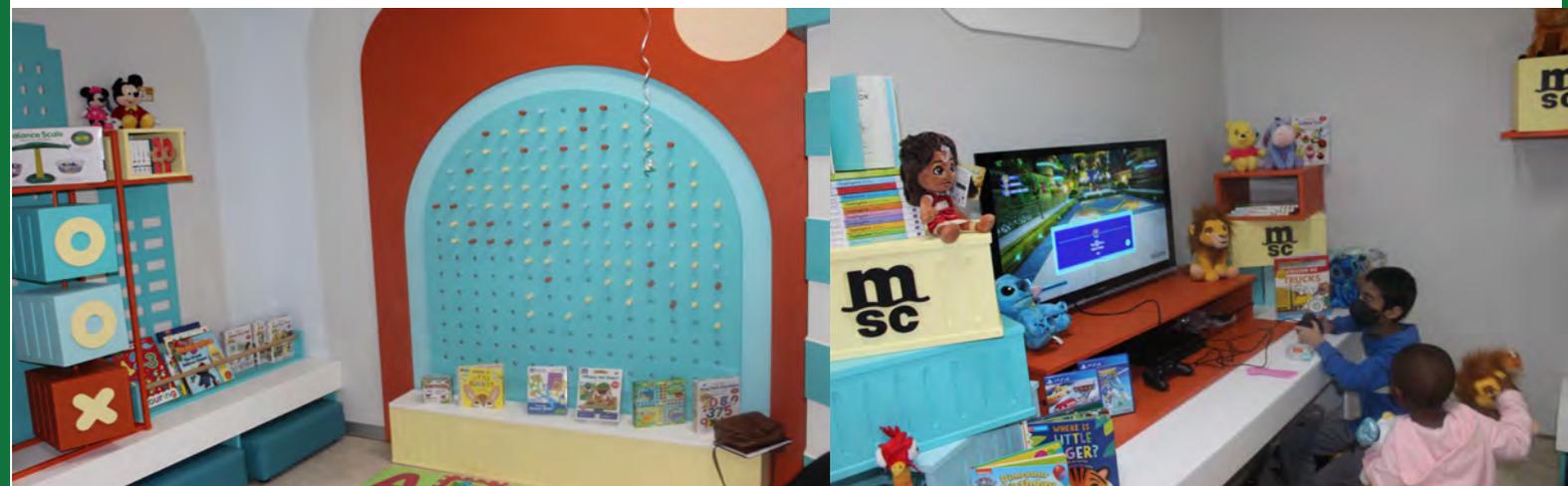
# PAEDIATRIC OUTPATIENT DREAM ROOM WAS LAUNCHED

Grey's Hospital opened its Dream Room which provides a sanctuary for young patients undergoing treatment for life threatening illnesses at Paediatric Outpatient department (OPD) on 11 March 2025. This Room has been thoughtfully designed by the Reach for a Dream, Paediatric Team and MSC foundation to accommodate patients of various ages from a few weeks old to 13 years old. This room is well equipped with books, soft toys, a painting and drawing area, and educational toys. The first initiative was first implemented in 2021 by Grey's Hospital Paediatric Oncology Outpatient Team and the Reach For a Dream Organisation, which launched the programme in 2019. Paediatric Oncologist Dr K. Coopasamy said the launch of the Dream Room is like a dream come true.

The idea of the Dream Room came after Dr K. Coopasamy noticed that young patients spend weeks receiving treatment at Grey's Hospital without a space that enables them to forget their troubles. The space was identified at Paediatric Outpatient department. She said "it is a breath of relief having this Dream Room Opened."

The Dream Room will allow other patients to play and distract themselves from treatment while giving their mothers a break.

Head of Business for Reach for a Dream Ms Natalie Lazaris said this newly opened Dream Room is the 48th built since 2029 and the room would become an oasis for children to escape to, helping shift their association of pain with hospital to one of fun and bonding. We would like to thank the sponsor of the Dream Room the MSC Foundation for aiding in bringing this dream to reality.



# CONGRATULATIONS TO GREY'S HOSPITAL FOR ACHIEVING AND WINNING A WORLD STROKE ORGANISATION (WSO) ANGELS GOLD STROKE AWARD

Ms Maxeen Murugan-Thevar from World Stroke Organisation handed over a World Stroke Organisation Angels Gold Stroke Award for Q1 2025 to Grey's Hospital on 09 July 2025.

Grey's Hospital is the 3rd Government Hospital in South Africa and 1st Hospital in KwaZulu-Natal to win a Global Stroke Award. This accomplishment is just the beginning of Grey's Hospital incredible stroke journey. Grey's Hospital should continue having stroke Multi-Disciplinary Team, communicate regularly regarding gaps, attend trainings and workshops, and utilize stroke WhatsApp group. During the handover, Ms Maxeen thanked Grey's Hospital for implementing the stroke protocol with such grace and efficiency.

This is an incredible milestone that truly deserves the spotlight! This global achievement reflects Grey's Hospital Multi-Disciplinary teams hard work, perseverance and most importantly dedication to stroke excellence. The role of World Stroke Organisation involves improving standards of care, promoting prevention and directly empowering survivors and their care givers. The aim of World stroke organisation is to reduce the individual and global burden of stroke through more effective community prevention, high quality acute care and improve long term support.



# GREY'S HOSPITAL STAFF AND MANAGEMENT WELCOMES NEWLY APPOINTED BOARD

Grey's Hospital staff members and Management welcomed newly elected board members on 25 April 2025. The appointment of the Hospital Board mark an exciting new chapter for the hospital, after a long period of time. We are honored to have the board members join us in our mission to deliver outstanding or excellent health care service to our communities.

The Hospital board will provide oversight to ensure the hospital operates in the best interests of patients, communities, and they will guide the long term goals and policies for hospital by making strategic plans and decisions. They are the guide force behind tertiary health care provision and ensuring hospital fulfill its vision and mission while navigating regulatory requirements and evolving patient needs.

The Hospital Management arranged a walk-about for hospital board where they were taken to the various departments and wards on the same as part of introduction and orientating them about the physical layout of the hospital and how the hospital operates. That was a great day for hospital staff members and management to meet the newly appointed board members.



**ABOVE THE BOARD IS PICTURED WITH THE EXECUTIVE MANAGEMENT OF THE HOSPITAL**



ABOVE IS THE HOSPITAL'S ACTING C.E.O DR NMT GUMEDE WALKING ABOUT THE HOSPITAL SHOWING THE FACILITY TO THE NEW BOARD.

- Hospital Boards are made up of community members who are nominated to contribute towards the effective running of public hospitals by lending their skills.
- Board members serve public hospitals for a period of a three-year term
- The establishment of Hospital Boards provides a unique opportunity for community members to actively participate in enhancing the efficiency of our public hospitals.
- This initiative emphasises the role of community involvement in the management of hospitals, especially when it comes to governance issues, to ensure that healthcare services are responsive to the specific needs of the communities served by our hospitals.

More pictures of the walk about with the newly appointed hospital board.

## HONOURING DR NIKKI ALLORTO

Dr Nikki Allorto has treated some of the most devastating injuries in Pietermaritzburg's public hospitals mainly—severe burns especially in the cases of children. She is the city's primary specialist in burn care and she currently leads Pietermaritzburg Burn Service, performing life-saving skin grafts and facilitating the training of other doctors. Her dedication has been recognized at national level having received honour from parliament. She has been described as compassionate and committed to tackling one of South Africa's over looked public health issues being burn injuries. Burn injury has been described as the forgotten global public health crisis. Dr Nikki Allorto says that while it may be a neglected issue in South Africa, she is making sure her patients feel seen, heard and cared for. She states that burn care has been neglected for many years and she wants to focus on training junior doctors to take an interest in this specialized area. Attached are three key statistical medical factors to support need for more medical attention to be directed to burn injuries in children. The hospital is equally honored to have Dr Nikki Allorto due to her remarkable commitment to the medical field and her patients.



- **CHILDREN UNDER THE AGE OF TWO YEARS AND CHILDREN OF MINORITY POPULATIONS APPEAR TO HAVE A DISPROPORTIONALLY HIGHER RISK FOR BURN INJURIES THAN OTHER POPULATION GROUPS.**
- **IN SUB-SAHARAN AFRICA, BETWEEN 18 000 AND 30 000 CHILD-RELATED BURNS OCCUR ANNUALLY. 1 IN SOUTH AFRICA, BURNS ARE THE THIRD MOST COMMON CAUSE OF MORBIDITY AND MORTALITY AMONG PATIENTS < 18 YEARS.**
- **BURNS ARE A SIGNIFICANT BURDEN OF PEDIATRIC INJURIES, PARTICULARLY IN LOW AND MIDDLE-INCOME COUNTRIES, WERE MORE THAN 90% OF BURN-RELATED PEDIATRIC DEATHS OCCUR**

06

# PAEDIATRIC WARD F1 WAS UPGRADED BY SMILE FOUNDATION

Truworthis Social Involvement Trust partnered with Smile Foundation upgraded Ward F1 and brought to smiles the children of Ward F1. By gifting the hospital with a new television ,bench, new locker and sink. Smile Foundation is a South African non-profit organization which is committed to providing comprehensive healthcare for children and families affected by facial conditions and burns. Smile Foundation is in a partnership with 15 academic hospitals across South Africa including Grey's Hospital , the foundation is committed to assisting hospitals in restoring smiles by providing life changing facial reconstructive surgeries and treatments to children in underserved communities.



**PICTURED HERE ARE THE UPGRADES MADE TO PAEDIATRIC WARD F1**



**THESE ADDITIONS TO THE WARD HAVE MADE THE EXPERIENCE OF PAEDIATRIC PATIENTS AND FAMILIES MORE COMFORTABLE DURING THEIR STAY AT THE HOSPITAL**



**Captured above is a bench captioned “ Truworthis Social Involvement Trust Proud Partner of Smile Foundation Bringing Smiles to Every Child”**

# WORLD HAND HYGIENE DAY 2025

World Hand Hygiene Day was on the 5th of May 2025. The theme for this year was “It might be gloves. It’s always hand hygiene”. The slogan emphasizes that while gloves serve a purpose, proper hand hygiene remains a critical and constant requirement in healthcare to prevent infections and should be performed even when gloves are used. Well done to Infection Prevention Committee on putting together an impactful presentation of why it is important to wash your hands when working within the hospital.



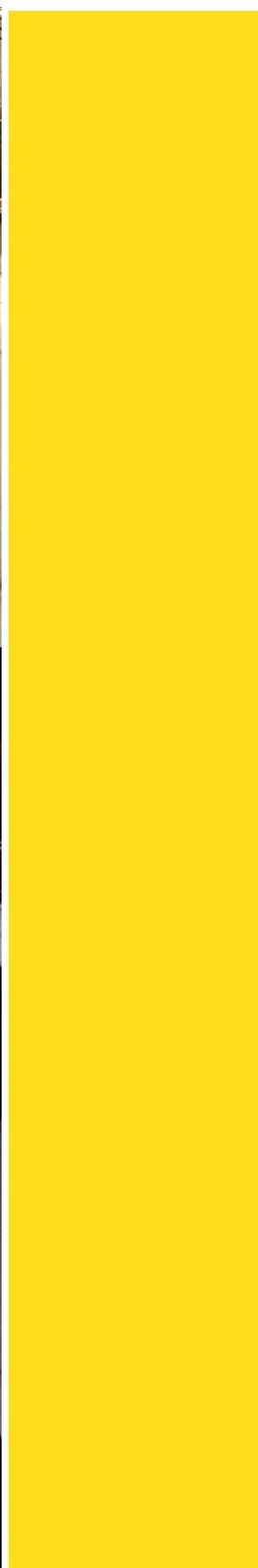
# A continuation of World Hand Hygiene Day 2025



A collaborative picture of the staff is engaging in the activities of Hand Hygiene Day 2025. It is important to have positive staff engagement on Hand Hygiene Day as it results in measures to protect patients and health workers in healthcare.

# WORLD KIDNEY DAY OUTREACH

This year's theme focused on the importance of early detection of kidney dysfunction and it was observed on the 12th of March 2025. The theme was "Are your Kidneys OK?" The aim of the day is to raise awareness about kidney health, the day serves as a reminder and it also urges everyone to be more proactive in preventing kidney disease. Grey's multi-disciplinary team visited Cascades Shopping Centre with the aims of spreading awareness and education around kidney disease encourage our local community to take more proactive steps towards protecting their kidneys by initiating lifestyle changes.



The above pictures taken during the world kidney awareness outreach at Cascade Mall

## UNITING TO COMBAT POVERTY AND INEQUITY

This year's theme for Mandela Day was "Uniting to Combat Poverty and Inequity", our Physiotherapy Department embodied this theme by engaging our out patient to activity contribute to combatting poverty in their homes by supplying them with seedlings that can be planted in their home gardens. Which will subsequently result in fresh produce in their homes and communities. It is indeed still in our hands to combat poverty and inequity.

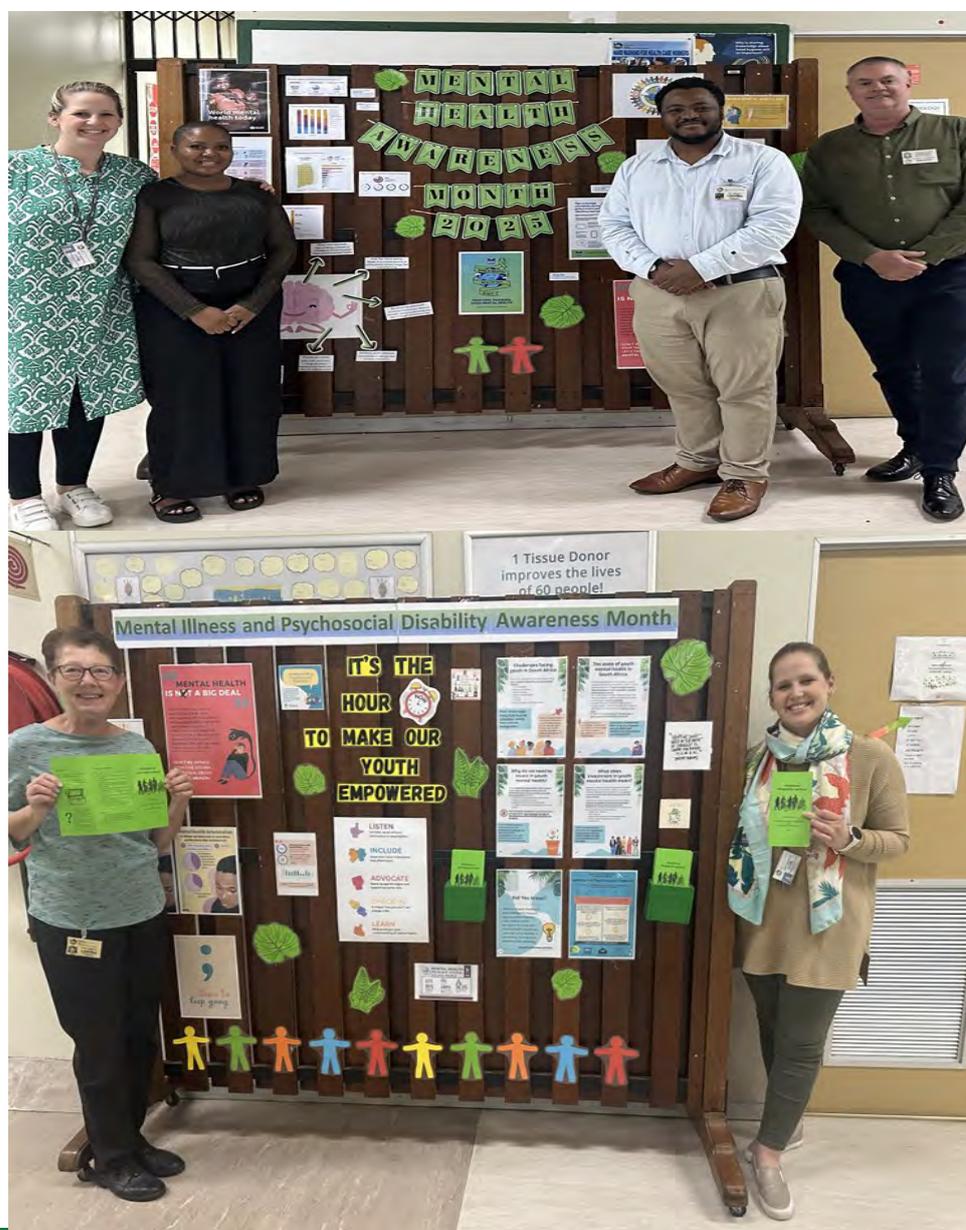


Pictured above is a physiotherapy staff members engaging outpatients .

## IT'S THE HOUR TO MAKE OUR YOUTH EMPOWERED

July is Psycho-Social Disability Awareness Month, a significant period to raising public awareness, challenging stigma, and advancing the full realisation of the rights and inclusion of persons with psychosocial disabilities. Psycho-social disabilities, often linked to mental health conditions such as depression, anxiety, bipolar disorder, and schizophrenia, remain burdened by harmful misconceptions and systemic exclusion. Individuals with psycho-social disabilities frequently face barriers to education, employment, healthcare, and meaningful participation in society. At Grey's Hospital a display was placed at the Out-patient Department to educate our patients and raise awareness about the challenges that face persons with psycho-social disabilities.

There was also a display raising awareness about Mental Health and its importance. Reminding us all that its okay not to be okay. We must not only prioritize productivity in the workplace as mental health is as crucial as physical health. Individuals battle numerous issues from anxiety to depression to burn-out and grief. It is important to create an environment where these matters can be discussed, having a display in the Outpatient Department not only encourages patients to engage the subject matter even staff as well.



Pictured above is a multidisciplinary team inclusive of both Social Work and Clinical Psychology .

# WOMEN'S FORUM 2025

Grey's Women's Forum never misses a step when it comes to celebrating women especially those in the health sector. The international theme for the year 2025 was " For ALL Women and Girls : Rights. Equality. Empowerment." it was appropriately upheld as the event was centred around women uplifting each other within the health work space and creating an environment where every woman has an equal opportunity to grow. Dr Sathiram graced the women of Grey's with an educational talk about the importance of women's health and how women should invest in their health. The event was also dawned with a colour as the women of Grey's were draped in amaphinifa and sarees. It was a festive event paired with dance and food.





Every year in August, South Africa celebrates Women's Month, paying homage to the more than 20 000 women who marched to the Union Buildings on 9 August 1956, to protest against the extension of Pass Laws and the Urban Areas Act.

This year's Women's Month marks the 69th anniversary of the historic march and the 30th anniversary of the first official National Women's Day.

As we commemorate Women's Day and Women's Month, we salute the achievements of women over the years, including their pivotal role in transforming the nation, and contributions to socio-economic development. This celebration is also a clarion call to accelerate the role of women in the economy and empower them as well as tackle the complex barriers, such as poverty, inequality and unemployment, that hinder their development.



# ATTENTION DEFICIT HYPERACTIVITY DISORDER AWARENESS DAY 2025

The theme for 2025, "The Many Faces of ADHD," emphasizes the diverse experiences of those living with ADHD and encourages sharing personal stories and insights to foster understanding and support within communities.

## ATTENTION DEFICIT HYPERACTIVITY DISORDER AWARENESS DAY 2025

"The many faces of ADHD" The Clinical Psychology Department conducted several activities for ADHD Awareness Day (14 September 2025). Poster and Pamphlets Display (01 September to 23 September 2025): Informative posters were done on "Practical support for ADHD" and "Girls and women with ADHD" by L. Mthembu (Admin Intern) and A. Mlaba (Work Experience Student). A new pamphlet "The many faces of ADHD" was developed. Outreach (09 September 2025): The team presented an interactive psychoeducational and awareness programme at Lily of the Valley Children's Village for 25 staff attendees. Clinical Psychologist D.R. Blackbeard presented on ADHD awareness and support, and additionally on compassion satisfaction for caregivers. Ms L. Mthembu and Ms A. Mthembu each presented their vibrant posters. The team were invited to visit one of the residential units with the housemother. POPD Awareness Events (09 and 23 September 2025): Awareness talks were given at POPD for parents and caregivers. Stationery and information packs were distributed to 18 attendees and an additional 42 packs were given individually for paediatric outpatients. We thank the CEO of Lily of the Valley (Mr G. Wright), Lily Centre Manager (Mr T. Mncwabe), Lily Events Coordinator (Mrs N. Msibi) and the staff for welcoming the outreach. We are also grateful to Principal Clinical Psychologist Ms C. Shaw and all other role players for their support. Coordinator (D.R. Blackbeard) and Team (L. Mthembu and A. Mlaba)



Top left, bottom left and top right: The Outreach Team with the staff at Lily of the Valley Children's Village. Middle left: OPD Display with C. Shaw (Principal Clinical Psychologist), D. R. Blackbeard (Clinical Psychologist), L. Mthembu (Clinical Psychology Admin Intern) and A. Mlaba (Clinical Psychology Work Experience Student). Bottom right: Ms Mthembu and Ms Mlaba with the housemother Ms S. Mabaso.



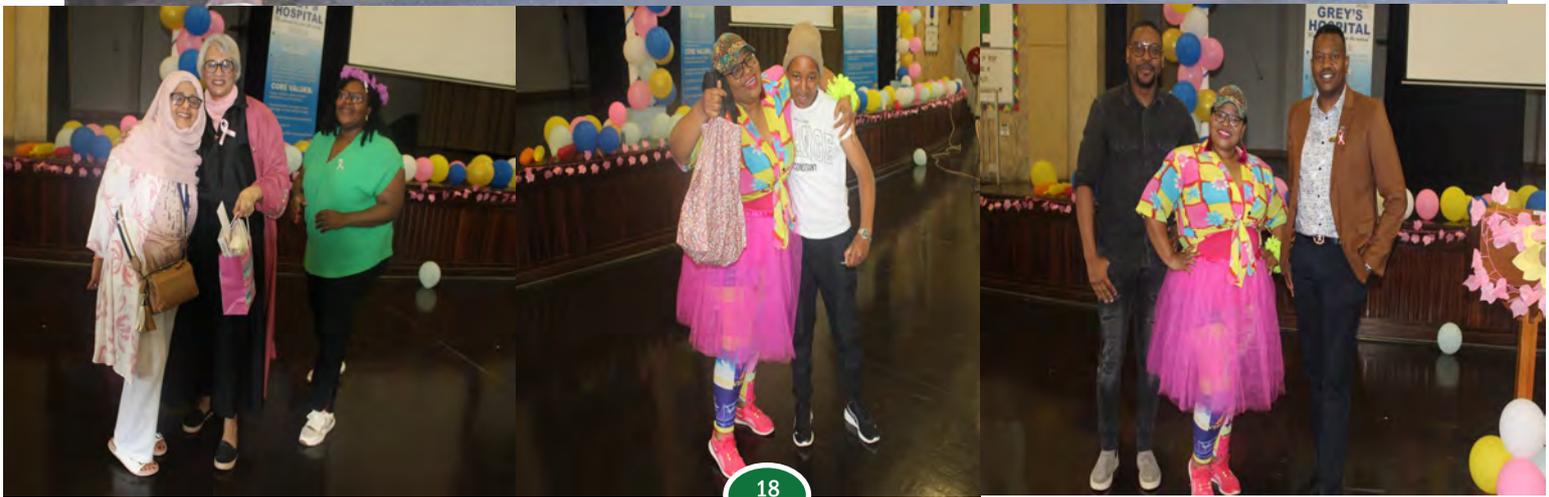
- As a hospital is important that we taken an initiative in educating the communities we serve about disorders such as ADHD. As they are often overlooked education is important as it contributes to there being a better family life for children presenting with the disorder.
- In South Africa, where an estimated 2,5% to 4,3% of people live with Attention Deficit Hyperactivity Disorder (ADHD), this challenge is compounded by a lack of diagnosis and treatment, as well as the unremitting pull of screens
- ADHD in adults is less common, with statistics indicating that 30 to 50 percent of those diagnosed in childhood will continue to exhibit symptoms into adulthood.
- There is no single ADHD test, so an ADHD diagnosis is usually made on the basis of the symptoms meeting several criteria. A multidisciplinary assessment with input from a psychologist as well as a paediatrician, occupational therapist or GP may be necessary

On the 12th of September 2025, the display board/ screen was put up at Out Patient's Department. It consisted of posters and pamphlets on Alzheimer's disease from Clinical Psychology and Social Work. It aimed to create awareness and educate patients and staff members about Alzheimer's disease. Mrs Freda Harmse (Social Worker) did a talk on Alzheimer's disease for the patients, the public and staff attending. She was assisted by Ms. Lungile Mthembu (Psychology Department Administrative Intern). There were about 45 attendees to this talk. Mrs Freda Harmse focused on what Alzheimer's disease is, what treatment and management are available, tips for handling persons with Alzheimer's disease and coping with a confused elderly person at home. The patients and the public were very interested and took active part in the discussion and questions. Each participant, who answered questions correctly after the talk received a Gift Pack which included educational pamphlets, water bottles and sweets. Ms Lungile Mthembu also received a gift to thank her for her translation and assistance with the programme.



# CANCER AWARENESS DAY IN 2025

Grey's Hospital Oncology Department in collaboration with the Social Work component hosted their annual cancer awareness event on the 22 October 2025 with the theme: Shades of cancer. The theme for the event sought to promote awareness for the three most common cancers being treated at Grey's Oncology namely: Breast, Cervical and Prostate cancer. The main reason for selecting these specific cancer types for this awareness event was because these cancers can be screened and therefore it was important that emphasis was stressed to the audience to go for regular screening in order to be diagnosed early and increase their chances for cure. This event was attended by approximately 100 guests – staff, patients of Greys hospital as well as community cancer support representatives. The event was held at the Greys Recreational Hall which was also graced by the support of the PMB businesses and Non-Profit Organizations. The attendees were welcomed by Dr Gumede Acting CEO of Greys Hospital, and Dr Laura Stopforth the Head Clinical Unit Manager for the Oncology Department, who emphasized the need and purpose for hosting such an event in fighting the scourge of cancer. Dr Mkhwanazi, an oncology registrar, gave a brief overview of the importance of screening as well as taking responsibility for a healthy lifestyle. Our first highlight of the event was that of a cancer survivor, share her experience and journey with cancer. The second highlight of the event was the moving and heartwarming narration of a caregiver who is a grandmother to an adolescent cancer survivor who was treated here at Grey's Oncology. The event was considered highly successful, and it is hoped that patients and staff alike will spread the message of awareness of cancer to their family members, friends and other members of the community. Together we can fight cancer and raise each other up in this journey.



## KINDNESS GOES ALONG WAY : A DONATION FROM A CANCER SURVIVOR

A previous breast cancer survivor wanted to do something different to celebrate her birthday. Her decision was to make pamper packages for the mammography patients at Greys hospital to be distributed in breast cancer awareness month. The packages included some pamper products to make the patient feel special and cared for. The packages brought some smiles to the room when distributed.

Pink ribbons were added to the packages for the patients to wear to create more awareness about breast cancer.



Breast cancer is the most common cancer among women in South Africa, with a lifetime risk of 1 in 27, and it accounts for a significant portion of cancer-related deaths.

The risk for breast cancer increases as women grow older, but many women under the age of 40 are diagnosed with breast cancer. All women are at risk, and in particular women with a family history of breast cancer.

While not all breast lumps indicate cancer, they should be investigated, especially if accompanied by other changes in breasts or the under arm area, such as lumps, texture changes, thickening, dimpling, changes in shape or size of nipples or breasts, tenderness, discharge, rash or swelling, or one breast suddenly being slightly larger than the other.

Women from the age of 40 should go for an annual mammogram, for purposes of non-symptomatic breast screening. Women 55 years and older, should have a mammogram every two years – or if they choose, continue with an annual mammogram.



# CHILDHOOD CANCER AWARENESS

Childhood Cancer Awareness Month in September aims to raise awareness about childhood cancer and how it impacts our society. It calls for more extensive research and support to be offered to affected families. At Grey's Hospital we celebrated our patients along with Rainbows and Smiles, the Gold Ribbon represents strength and resilience and hope for affected families and survivors. It is our hope that our young patients at Grey's remain resilient during their treatment process and that they are able to enjoy the Dream Room and activities in the department as a source stress relief.



# PHARMACY MONTH 2025

Think Health, Think Pharmacy - One Profession, Many Roles

September is Pharmacy Month! Pharmacists, Pharmacist Assistants and Learners participate in promoting quality health care to the Public. The 2025 year's theme: "Think Health, Think Pharmacy - One Profession, Many Roles". Grey's Hospital Pharmacist Interns planned activities that included community health outreach, public awareness campaigns, educational outreach and appreciation of Pharmacy professionals. This year we visited Ikusaselihle High where we had the opportunity to educate the Grade 10-12 science students about Pharmacy as a career and the entry requirements to study Pharmacy. We also advised the students on sourcing funding to further their studies. We rewarded the students with prizes and we donated sanitary pads to the school. Each week we prepared games for the staff to participate in. This encouraged team building, tested our knowledge of Pharmacy and had a bit of fun as well. We spent some time with the elderly at Emma Barter Victoria Home reminding them about compliance to treatment, their right to ask questions about their medication, and the importance of not sharing medication. We held a patient awareness talk outside MOPD, to inform patients of what we do at Pharmacy, to remind them that they have the right to ask questions about their treatment and to emphasize on the correct use, storage and discarding of medicines. We visited Joseph Baynes Children's Home and had a wonderful time with the children, playing games and just getting to know them. We had the privilege of donating the food, teddy bears and clothes that we received as donations from Grey's Hospital.



**ABOVE AND BELOW ARE THE PICTURES OF THE ACTIVITIES THROUGHOUT PHARMACY MONTH**



Grey's Hospital Radiology department celebrated World Radiography Day on the 7th of November 2025. The staff members took turns showcasing different sectors that exist under the category of Radiography. World Radiography Day marks the day Wilhelm Conrad Rontgen discovered X-rays in 1895. The little moment that changed how doctors can look inside the body without surgery. If you've ever asked, "How do they see a broken bone or check lungs for infection?" X-rays and other imaging methods are the answer. The importance of the day cannot be over looked because imaging underpins diagnosis, treatment planning and follow-up for a huge range of conditions from fractures to cancer staging, from emergency trauma to routine screening. The event was informative, creative and fun .



**Captured above and below is the multidisciplinary team at the Radiology Department who were grouped in different colours to raise awareness about the different type of treatment they offer.**



# TALENT SHOW 2025

Once a year the Quality Assurance Department ensures that the staff of Grey's Hospital enjoys pockets of leisure and joy. This year's event was a Talent Show that drew flair and style from numerous departments from the hospital. The talent show was a platform for the staff to showcase their unique skills and creativity that they do not show in their everyday duties. The audience was graced with talent from the student nurses to ward nurses even Dr NMT Gumede's wife Dr Gumede took time out of her personal duties to share a wonderful song item, which had the audience singing along. No stone was left unturned in search of participants as our search even reached the Executive Committee who performed a song and dance, this effort cannot go unnoticed as it signifies a sense of unity and collaboration throughout the hospital. The sense of oneness of the staff at Grey's Hospital is remarkable as the talent show had an impressive turn out from audience to participants. Dr Marais left the audience stunned and impressed with his skills in archery, it was a joyous event filled with dance, song, food and modelling. A special thank you must be extended to our guest Mr Mamela had who the whole hall in an uproar in celebration with his musical numbers throughout the show. Thank you all our guests, participants and congratulations to our winners.





TALENT SHOW!

TALENT SHOW!

TALENT SHOW!

TALENT SHOW!

# WORLD DIABETES DAY 2025

## “Diabetes and Well-being”

The Paediatric Diabetes Multidisciplinary Team presented a health event for World Diabetes Day (14 November 2025) following the International Diabetes Federation theme of “Diabetes and well-being”.

The event was attended by 24 patients with their parents/caregivers. The welcome and introduction was given by D.R. Blackbeard (Clinical Psychologist) with Ms L. Mthembu (Admin Intern) for isiZulu. Attendees each received stationery and information packs.

The first speaker was Mrs Hayley Moore, who shared a “Parent’s story”, assisted by Ms N. Zuma from Social Work Department for isiZulu. We are so grateful to Mrs Moore for sharing her relatable lived experiences as a mother. Ms Michelle Ford from Yarn Comforts attended with Mrs Moore and kindly handed 39 hand knitted soft toys for the attendees. We are very grateful to Ms Ford and her knitters for their loving support.

The second speaker was Ms Thembile Zuma from the Department of Agriculture and Rural Development. Ms Zuma shared practical and informative ways to promote health nutrition by growing a vegetable garden. The attendees received seeds and saplings to grow their gardens of well-being.

The third speakers were Ms S. Welsford and Ms Y. Ndlovu from Grey’s Hospital Dietetics Department who raised awareness around dietary health and gave useful practical information and pamphlets for reducing health hazards such as “Rethink your drink”.

Ms Jili (Social Worker) facilitated a quiz with lucky prizes, and provided the vote of thanks and closure for the event. Paediatric diabetes patients each received boxes of vegetables, stationery and recreational items organised by the POPD doctors.



## 16 DAYS OF ACTIVISM FOR NO VIOLENCE AGAINST WOMEN AND CHILDREN

The annual 16 Days of Activism for No Violence against Women and Children Campaign is set to take place on 25 November and 10 December 2025 under the theme: "Letsema: This year's campaign will be marking the 27th anniversary since its adoption. The campaign has over the years raised awareness of the devastating impact that Gender-Based Violence and Femicide (GBVF) has on women and children, and the social fabric of our society. It has also been used to highlight the societal and systemic causes of GBVF, and to mobilise action at local, national, and international levels to eliminate all forms of gendered violence. Men, Women, Boys and Girls working together to end Gender-Based Violence and Femicide (GBVF)". This comes shortly after the government has officially classified gender-based violence and femicide (GBVF) as a national disaster, following intensifying nationwide protests and growing concern over the abuse of women and children on the 21st of December 2025. The campaign coincides with the global initiative supported by individuals, organisations, and governments held every year from November 25th (International Day for the Elimination of Violence against Women) to December 10th (International Human Rights Day). During this period, we are urged to report suspected abuse to the nearest social workers or police station. All members of society regardless of gender or age are therefore called upon to actively participate in ending GBVF. At Grey's Hospital the Social Work Department could not miss the opportunity to remind our patients and staff about the importance of protecting our society from gender based violence. Captured below is the display at the entrance of the Maternity Block which commemorates this important period



# QUALITY DAY AND LONG SERVICE AWARDS CEREMONY 2025

On the 28th of November 2025 Grey's Hospital held its Annual Quality Day and Long Service Awards Ceremony with the theme sticking to the international theme of "Think Differently" with the challenges facing the health sector in KwaZulu Natal it is important to remember our commitment to providing quality healthcare by celebrating healthcare workers and their commitment to patient care and patient satisfaction. The Annual Quality Day and Long Service Awards Ceremony provided a platform for creating lasting memories and fostering a sense of unity and team spirit among the staff. It was a time to reflect on collective achievements and honour the dedication that propels Grey's Hospital towards continued excellence in healthcare. Quality Day celebrates healthcare workers from both the clinical and non clinical employees. This event that aims to advance patient safety, a culture of continuous improvement, and excellence in the provision of healthcare services. Reverend Nkosi was the guest speaker and he delivered powerful words of encouragement, inspiring commitment, a spirit of thankfulness and dedication among the staff. Mrs. T Mathonsi was a program director. Ms N. Cele (AD: Human Resources) presented Long Service Awards to staff members who had served the hospital for many years. Enjoy a glimpse at the our splendid day filled with joy and gratitude. May we continue to strive service the community at large with quality tertiary health care services.



# QUALITY DAY AND LONG SERVICE AWARDS PHOTO GALLERY CONTINUES:

Captured below are individuals who have served in the Department of Health for 30 –40 years



## A SPECIAL THANK YOU :

**“As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them.” — John F. Kennedy**

Greys Hospital is a referral hospital offering tertiary services to the Western half of KwaZulu-Natal – this includes 5 health districts with a total population of 4.5 million. With the assistance of All Saints Church and Sunfresh Bakery the hospital has been able to supply nutritious food in the Outpatient Department, this forms a great deal of relief to our patients that travel overnight and over the course of numerous days in order to access tertiary healthcare services. This act of humility cannot go unnoticed on the 28th of November 2025 during our annual Quality Day Celebration Appreciation Awards were given to All Saints Church and Sunfresh Bakery Representatives. We are humbled and continuous grateful for this act of kindness and look forward to maintaining this fruitful relationship with stakeholders within our community.



Pictured above : A representative from Sun Fresh Bakery, Acting CEO Dr NMT Gumede , Representative from All Saints Church

# STAFF FAREWELL 2025

Endings are always paired with new beginnings, as a hospital once again we are faced with bidding farewell to our colleagues, as their chapter ends at Grey's Hospital. We hope that their new beginnings in retirement are filled with well deserved rest.

It's been a pleasure working with you. Wishing you all the best in your next chapter! We would like to thank you for your commitment and service to the hospital.



Earlier in the year we bid farewell to Matron Gumede who was an asset to the Orthopedics Department.

This year we also bid farewell our beloved Occupational Health Medical Practitioner - Dr BJ Mkhize. He was responsible for the health and wellness of our staff as he facilitated medical services at our staff clinic. We wish him well in his future endeavors and thank him for his committed service throughout the years.



Captured from left to right in the picture is Dr B.J Mkhize and Dr E Marais.



Captured in the above picture is the Occupational Health Staff along with Grey's Hospital Management

# ACKNOWLEDGEMENTS

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**MISS Y KHUMALO**  
**PHOTOGRAPHY**



**KWAZULU-NATAL PROVINCE**

HEALTH  
REPUBLIC OF SOUTH AFRICA

**GROWING KWAZULU-NATAL TOGETHER**

 [www.kznhealth.gov.za](http://www.kznhealth.gov.za)    

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