



The Greype-Vine
Grey's Hospital Magazine
Pietermaritzburg

August 2006

www.kznhealth.gov.za/greyshospital.htm



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	Sr C Stilwell	Ward D1
	Miss K Deepnarain	3308
	Ms N Gasa	PRO 3684
	Mr. Waheed Hoosen	3286

The members of the Editorial Committee once again have had to say good-bye to one of the team. Mr. V Mkhize left Grey's at the end of May 2006 to join a large firm based in Durban. He started working at Grey's, with the first group of Clinical Orderlies employed at the hospital, and right from the start it was obvious that the staff, in which ever ward he was allocated to work, would be very lucky. He was enthusiastic, keen to learn and no task was ever too menial for him. I know that Ward C2 was very sad to see him go. We wish him well with his new venture.

The proposed recipe book that was to be compiled to help celebrate the hospital's 150th anniversary has not been shelved. Staff in the hospital are still keen to put one together, but, we need recipes. Please send copies of any of your favourite recipes to either Krithika (HRD) Sr C.Stilwell (H1) or Sr J Coghlan (Labour Ward) and they will co-ordinate and edit them. Recipes for all meal types and of all ethnic preference will be welcome. Hopefully we can put the book together in time for Christmas.

We would also like to welcome our two New Matron's who arrived at Grey's at the beginning of July. We wish them a long and enjoyable stay at 'the best hospital in the Midlands'.

Comrades Marathon 2006.

I've been nursing at Grey's Hospital for the past 9 years. It has been the most rewarding experience and I have gained knowledge daily. My birthday is on 16th June and so this year I decided to volunteer to help at The Comrades Marathon Medical Tent. To my surprise the tent was full of Grey's Staff, to mention but a few; Sr Madiba, Sr P Brown, Sr Hutchinson, Sr T Dlamini, Staff Nurse Hemmero and Staff Nurse B Zuma. We are truly reaching out to the nation.

The medical tent was extremely busy, the knowledge and experience received at Grey's truly equipped us during the day. My dream now is to attempt the Comrades next year, because I am 'Proudly South African.'

Staff Nurse T.P. Dladla
S.O.P.D.

Message from Mrs Moira Wiles.

To All the friends I have made over the past 22 years!!

Packing up my office has been very stressful. I would imagine one would feel like this after a divorce! I have spent more time at The Campus during this time, than at my own home.

We have had so many good times, so many laughs and also so much fun! I will cherish these memories.

I would like to thank each and every one of you again for all the support, love and concern shown to me, especially when I desperately needed it. I will never forget you.

Unfortunately, I have some unpleasant memories as well,

which were beginning to overshadow the good ones more and more. It was these that made me realize that it was time to move on, and for that I am grateful.

I wish each of you, all the best for the future. The changes that one is facing in the Health Department are enormous and will require much tolerance and strength if you are to survive. Take care.

To those folk really close to me, thank you for the support and love shown to my family, especially Nicky and Justin, who you know so well, it has meant so much to me.

For somebody who usually has so much to say I am at a loss for words. There is so much I would like to say but just can't find the words!

The only thing left for me to say is 'Good Bye'
Lots of love

Moira Wiles.

Campus News.

The campus welcomed 9 new tutors in July and August and we would like to wish them all a long and productive stay.

Mrs Ruth Magrimo rejoined the Campus on 18th July after a two and a half year stint in Oman, where she worked as a tutor. She completed her General and Midwifery training at Frere Hospital in East London in 1983. She worked as a Registered Nurse in Medical, Surgical, Paediatrics, Infection Control and Clinical Teaching. In 1992 she transferred to Frere Nursing College where she worked as a tutor for 6 years. In 1998 her family relocated to Pietermaritzburg and she became a night owl in H2. During

this time she completed her BA CUR Degree through UNISA. She was then given study leave and was able to do a Diploma in Psychiatric Nursing Science at Townhill Hospital. Thereafter, she returned to Grey's to work in the Clinical Department and a short while later got a Tutor's post at the Campus. She says she is now 'home for good and has been blessed to be accepted as a Tutor at Grey's for the second time.' Working overseas was an eye opener and an unforgettable experience but it is wonderful to be back in South Africa with her family. She is married with a son and two daughters, the youngest of whom is in Grade Nine.

Mrs Sandy Chandramohan: commenced the Four Year Course at Grey's Hospital in 1995, and once qualified worked in Operating Theatre for a short while before joining the department of medicine and working in Ward H1. In 2001 she was promoted to Unit Manager of MAW and in 2006 she moved across to OPD as Unit Manager. She completed her Diploma in Nursing Science Education in 2005 via Northwest University and will be teaching microbiology, community and some anatomy and physiology. She is married with two children (a son and a daughter) and has been extremely happy while working at Grey's.

Mrs V Sewkarran: joined Grey's in 1995 to undertake the bridging Course, which she completed in 1997. Thereafter she worked in Ward E1 as a professional nurse, and in 2001 went to Wentworth Hospital and King Edward Hospital to study Paediatrics. In 2004 she was promoted to Unit Manager of Ward E1. From 2003-2005 she studied her

B.A. Curr Degree in Nursing Administration and Nursing Education. Mrs Sewkarran will be teaching social sciences and general nursing science. She is married with two children.

Miss S Jaenant: trained at Northdale Hospital, commencing the Four Year Course in 1999. She joined Grey's in January 2003 as a Professional Nurse and has worked in various departments including G1, G2, D1 and more recently MAW. In 2005 she studied and completed her Diploma of Nursing Education at North West University, and has now joined the Campus where she will be involved in teaching Ethos and First Aid. She says she is a young and motivated person who is ready to accept the challenges offered at the Campus. She lives at home and admits to still being pampered by her mom and dad and a very loving brother. She would like to offer a word of encouragement to all staff at Grey's; Give of your best at all times, work hard and persevere in anything that you do. If you have faith in God, you will definitely have success as He will make things possible for you.

Mrs N Reddy: trained at Northdale Hospital and has worked at both Northdale and Estcourt Hospitals since completing the Four Year Course. She has a Diploma in Nursing Administration and Nursing Education, from Potchefstroom University and will be teaching F.N.S. Ethos and Paediatrics. She is married with two children.

Mr. A. Naidoo: trained at Northdale Hospital attending college at the Grey's/Northdale Campus from 1999-2002. Thereafter he transferred across to Grey's and since then

has mostly worked in the surgical wards. He completed a Diploma in Nursing Education through Potchefstroom University in 2004 and is currently studying his B. Curr. He is married with a one year old son and lives in 'The City of Choice'. We wish him a long and enjoyable stay at the Campus.

Ms Anna Ntshiza: comes from Underberg (KZN) and has two brothers:- Mandla and Bheki and a daughter. She did her training at The University of Zululand and has worked at St Mary's Hospital in Marianhill, Underberg Community Health Care Centre, in England and St Apollinaris Hospital. She has a B Curr Education and Administration, from The University of Zululand. She will be teaching F.N.S and Community Health.

Mrs Bongzi Angeline Majola: is from Chesterville in Durban, and she has 3 brothers and one sister. She is a divorcee and had one son, who passed away in 2003 when he was 29. He left twin boys and a daughter, who are now 5 and 12 years old. They are her family. She did the Enrolled course in 1977 at St Annes Hospital and the Four Year course at King Edward Campus in 1990. She worked at McCords Hospital from February 1994 and has studied Admin at The University of Natal and a BA Curr with UNISA. She has also studied Primary Health Care and practiced at Adams Clinic for 3 years before returning to McCords Nursing College as a Clinical Instructor in 2004. She was on The Board of Trustees and was a DENOSA Shopsteward.

Mrs Nomakhosazana Lawrencia Cetywayo: comes from the Eastern Province and after leaving school worked at The Wild Coast Sun for two years. She did her training as a General Nurse from 1985-1988 at Holy Cross Hospital and studied Midwifery in 1989 at Rietvlei Hospital. Thereafter, she worked as a Professional Nurse at Greenville Hospital being allocated to various different units. She has also worked as a Clinical Instructor, Preceptor and lastly as a Teaching Sister, while studying Nursing Education and Administration through UNISA. After qualifying in 1996 she was employed at Greenville as a Nurse Educator until she resigned in 1999 to develop her community. She has been a 'Woman in Business' from 1999-2005, until her husband died in September 2005 and she returned to teach at Lilitha College of Nursing at Lusikisiki Campus.

We would like to wish all the new Tutors a happy and lengthy stay with us at The Grey's Campus.

Continuing on our article from The May Greype-Vine, we have some more advice regarding Hijackings.

1. How to reduce the risk of being hikacked.

While there is no guarantee what action will prevent hijacking, practising the following common sense techniques can reduce the risk:

1.1 When Entering Your Vehicle and While Driving:

- Have your key ready, but not visible.
- Inspect the outside and inside of the vehicle before unlocking.
- Know your destination and directions to it, and be alert should you get lost.
- Always drive with your windows and doors closed and locked.
- Make a mental note of any Police Stations in the vicinity while driving.
- When dropping a passenger off, make sure that they are safely in their own vehicles before departing.
- Avoid driving through high crime or unfamiliar areas.
- Avoid driving late at night and in the early hours of the morning when the roads are quiet.
- Drive in the centre lane away from pedestrians where possible.
- If possible, never drive alone.
- NEVER, EVER pick up hitchhikers.
- Never follow routine routes when driving; change on a regular basis.
- Do not leave windows open more than 5cm.

1.2 When Parking Your Vehicle:

- Check rear-view mirror to ensure that you are not being followed.
- When returning home after dark, ensure that there is an outside light on, or have someone meet you at the door.

- When exiting your vehicle, be cautious and aware of surrounding obstructions and shrubbery that may be concealing a hijacker.
- Never sit in your parked car without being conscious of your surroundings. Sleeping in a stationary vehicle is particularly dangerous.

When approaching your driveway, be on the lookout for suspicious vehicles/persons.

2. What is a suspicious vehicle/person?

A suspicious vehicle/person is a vehicle/person that acts in a manner that may seem to be unusual or strange.

EXAMPLES:

2.1.1 Vehicles

You are driving from your home; a new vehicle follows you for thirty minutes staying in the same lane as you, taking the same turn-offs as you.

If this vehicle has an old registration number e.g. HSG 090 T, or the plates are yellow and black the registration number is false, as all new cars should now have new Gauteng numbers plates.

The most important fact to remember while driving a motor vehicle is to be alert at all times. This is why the K53 driving method of driving is beneficial since the method concentrates a lot on the regular use of rear view mirrors.

2.1.2 Persons

A suspicious person can be any person that you feel acts in a strange manner. The problem with suspicious persons is that there are no distinguishing features. Hijackers come in any form or shape. Colour, race, sex or age is not distinguishing features.

The best way to identify a suspicious person is to see all unknown persons as being suspicious.

New Post Establishment: Physiotherapy Department.

Our new post establishment was made known in early 2006.

Rodele Royappen has been appointed to Senior Physiotherapist and Thaneshri Reddy, who transferred in from RK Khan, is also a senior physiotherapist.

Heidi Shanahan and Marion Draper have been appointed to Assistant Manager: Physiotherapy.

Dani Simbeye has been appointed as Manager: Physiotherapy, and his transfer from the Rehabilitation Directorate is eagerly awaited.

Heidi Shanahan.

An elderly couple had dinner at another couple's house. After eating, the wives left the table and went into the kitchen. The two gentlemen were talking, and one said, "Last night we went out to a new restaurant and it was really great. I would recommend it very highly."

The other man said, "What is the name of the restaurant?"

The first man thought and thought and finally said, "What is the name of that flower you give to someone you love? You know... the one that's red and has thorns."

"Do you mean a rose?"

"Yes, that's the one," replied the man. He then turned towards the kitchen and yelled, "Rose, what's the name of that restaurant we went to last night?"

Umgungundlovu District Soccer and Netball

Tournament.

Umgungundlovu District held its annual soccer and netball tournament on 12 August 2006 at Protea Sports Ground in Northdale. Our institution was represented on both soccer and netball codes.

Grey's Hospital's soccer team was grouped in the toughest group of the tournament with 4 other top teams from the district. After winning two games, drawing one and losing one game we ended up as group winners and advanced to the semi finals- where we met our old rivals Edendale Hospital. Our guys played brilliant football and had the better of the Edendale team but Lady Luck was not on our side and we were not able to beat them. This meant we had to go on to penalty shootouts; where we lost 4-3.

The players said they had to give the win to Edendale as our gift to our former Chief Matron, Miss Findlay, because Edendale has not won anything since Miss Findlay arrived there.

Five of our players have been selected to form a squad to represent Umgungundlovu District at Richards Bay on 8th September in a regional Tournament. They are:

Sandile Mkhize -Linen Services

Sthembiso Emmanuel Zondi -Supplies Division

Nhlanhla Mncwabe -Group 7/04

Khethokwakhe Protus Dlamini -Group 7/05

Khayelihle Nzimande -M.O.

We congratulate all of them and hope they do us proud. The coaching staff would like to thank the players for their dedication and hard work during the tournament, and to the 'Netball Sister'; we really appreciate all your singing and support during the games. Thank you very much.

We would also like to thank all the staff members who gave of their time to come and support us on the day.

There have been a couple of ladies who have approached me regarding starting a ladies soccer team. If you would like to play soccer- we need you. Please come forward.

Thami Nadwonde. Ward B2. Ext 3083.

Wound Care Advisors.

Over the past year, several of the Grey's Trained Staff Nurses have attended Aseptic Blocks with the Clinical Department, in order to update and refresh their knowledge regarding Wound Care. These Staff Nurses are now wearing Yellow Name Tags identifying them as Wound Care Advisors. One of their jobs is to supervise the nurses in the wards who are doing wound dressings, ensuring they maintain the correct Aseptic technique. Please do not think that because they have these yellow name-tags, their job is to do all the dressings in their ward. They have been tasked to instruct, supervise and/or correct any of the staff who are doing dressings. They also have some basic knowledge regarding dressing products available in the hospital and may also be called upon for advice. Please give them the support they deserve and utilize their expertise.

Farewell to Senior Sister Bea Ogilvie.

Sadly the hospital said good bye to Senior Sister Bea Ogilvie at the end of July. She has moved on to 'new pastures' and will be sorely missed by the staff, and especially Matron's Office.

Sister Ogilvie did her General Nurse training at Grey's from 1975-1978 and thereafter went to Addington Hospital to study midwifery. She came back to Grey's in 1988 and worked on a part-time basis until 1991 when she became full-time. In 1997 she was promoted to the post of Senior Sister (Unit Manager) Ward D1 and in October 1998 went to work in the Matron's Office. Sister Ogilvie was well known for her straight forward attitude, she said things as she saw them and she never made promises she could not keep. The students especially, but all the staff knew what was expected of them, and although she occasionally stood on a few toes they always appreciated her no-nonsense approach. We wish her well in her new job.

Competition Results.

Last edition's competition was won by Navina Parmanand from Patient Administration. She won a large chocolate cake sponsored by **Chatters Coffee Shop** when she correctly guessed that the people in the photograph were:

Mrs Du Preez

Miss Findlay and

Mrs Dlomo.

DR KIMESH NAIDOO

As workers we spend ± 80% of our time at work, delivering service to mankind and sometimes we do not appreciate or thank people enough while they are still around us, until such time as they leave.

Our paedics consultant, Dr Kimesh Naidoo will be missed by all because of his humble, approachable and very caring attitude to everyone.

It has been a pleasure working with him, as he has contributed a lot to those personnel who were interested and keen to learn.

The nursing staff will miss his support, throughout all the hurdles and challenges that come to our paths on a daily basis in the paediatric wards/unit.

He involved himself in all matters concerning staff. We used to see Kimesh at: staff social outings, memorial services, interviews as a panel member, counseling of bereaved families, he sat with the Paedics Unit Managers for accreditation with COHSASA personnel, ward rounds, socializing with ward clerks and general assistants.

From Dr Kimesh Naidoo I have learnt a lesson or two in humanism. No matter how blessed, educated, honourable or powerful you are, you are no one without other people “umuntu ngumuntu ngabantu”.

Siyabonga kakhulu ku-Kimesh for being your genuine self. May God Bless you and protect you always.

Snr Sr Thobile Mathonsi
PICU

FAREWELL TO DR K L NAIDOO

Dr Naidoo initiated the Paediatric ARV rollout at the Grey's CDC. At first there was much tension and even a little resistance from our part, largely due to ignorance regarding Paediatric ARV's but as we got to know Kimesh, much of this resolved. Kimesh is a wonderful, warm hearted soul who clearly has a passion for children. He is kind and considerate and maintains a professional attitude at all times.

We have worked closely with him and have seen how dedicated a paediatrician he is. Our patients, both kids and their parents, have the utmost respect for him and we know that his absence will be sorely felt at the clinic. He continuously advocates childrens' rights and maintains a holistic frame of care.

He has also made it possible for the nursing staff to be adequately trained on Paediatric ARV's and HIV.

From the staff of Grey's CDC we would like to wish Kimesh all of the best in his endeavours and hope that he continues his good work.

T.L.C.

You tolerate my trivia
Laugh at my lunacy
And Care when I cry.
That's what I call
TLC

Women Empowerment



August is the time we celebrate Women's Day. Women have made great strides in terms of women's rights. We therefore have a lot to celebrate! We tend to juggle various roles at once, from being a mother, wife, sister and daughter to manager or employee, and still have managed to succeed. Despite such advances and having one of the most progressive Constitutions in the world, we still face the challenge of translating these rights into reality for women. Inequalities still exist in some communities. Because of these obstacles, women's rights must be actively promoted & protected.

Positive Actions for all:

- ❖ Be proactive. Plan, set realistic goals. Take responsibility.
- ❖ Don't get caught up in a cycle of blame and negativity. Seek advice and action.
- ❖ Build your self-esteem. Focus on things that you enjoy or feel good at.
- ❖ Write your feelings down, keep a journal.
- ❖ Pay attention to and trust your feelings and gut instincts
- ❖ Learn Life skills, e.g. Stress Management, conflict resolution, etc.
- ❖ Be proud of the way you've been able to be strong and coped in the past.
- ❖ Take responsibility for your health, safety, and nutrition.
- ❖ Learn new skills, or develop a new hobby. Have fun.
- ❖ Education and self-development are essential.
- ❖ Make quality family time and do activities to re-build relationships, create harmony and love in a home where one finds warmth, caring, security, and togetherness.

- ❖ Create a social support system of family and friends.
- ❖ Build healthy relationships, based on respect, communication and trust.
- ❖ Know your rights and recourse in terms of the law.
- ❖ Finances: decrease debt, create savings and a budget.

Abused women:

- ❖ Believe that you don't deserve to be treated this way
- ❖ Break the silence against abuse.
- ❖ Create a Safety Plan.
- ❖ Protect yourself
- ❖ Seek help. Various organisations can assist, e.g. FAMSA, etc.
- ❖ Social networks provide valuable support.

Believe in yourself. Have courage. Take the first step...

Lekha Chirkoot
Social Work Department

Four Stages of Life.

- You believe in Santa Claus.
 - You don't believe in Santa Claus
 - You are Santa Claus
 - You look like Santa Claus.
-

We can never know the totality or the potential of others, but who we are with them sometimes determines who they are with us.



**CSSD Staff wearing the New Enrolled Nursing
Auxiliary Caps.**

The Nursing Auxillaries at Grey's have had a 'face-lift'. In case you haven't noticed, most of them are now wearing material caps with Grey stripes, instead of the paper ones. The Clinical Department obtained a sample cap and took it to Mrs Brown for her stamp of approval. Now our Nursing Auxillaries are proudly wearing their new caps and many a comment has been made about how smart they look.

**Be nice to your kids.
They'll choose your nursing home.**

HUMAN RESOURCES:

1. **Pay progressions:** Pay progressions have been completed for employees. There has been a 1% increase for those employees that have been on their notch for 12 months, allowing them to go on to the next notch.
2. **Human Resources would like to welcome:**
 - a. The Assistant Manager: Human Resource Development and Planning: Ms PNF Mbatha
 - b. Two interns Ms V Sewram and Ms S Cele.

Congratulations to all those who have recently been promoted to CPN and SPN. We would like to welcome all those who have recently been employed here at Grey's.

Netball Tournament 2006.

The Grey's Netball Team participated in the Umgungundlovu District Tournament on Saturday 12th August, which was held at Protea Sports Complex, in Northdale. Ten institutions competed against each other. They were Northdale, Townhill, Fort Napier, Umgeni, Appelsbosch, EMRS, CPS, Bramhill, Edendale and Grey's. The girls played very well and looked

stunning in their new netball kit, which was kindly sponsored by the Hospital Board. A big thank you to them. Also a big thank you to Miss N Gasa, the Grey's PRO and Mr. S Khoza, Sports co-ordinator. Without them the tournament would not have been such a success.

Unfortunately we came third, having lost in the semi-finals. But despite this defeat we really enjoyed what was a very successful event.

Almost every month, we also have inter-institutional matches, where we either host or play away. Your support will be much appreciated. All new members are welcome.

KEEP YOUR HEADS UP GIRLS. YOU ARE THE BEST!

Sr N G Myeza. Ward C1

Farewell Marge. (Medical Records.)

It is once again that we have to bid farewell to a dear colleague, Mrs Gray (Marge, as we all know her) of Patient Administration, (Medical Records Department.)

The History of Marge:

She started her long service to Grey's in the Equipment Office at the Old Grey's Hospital, in August 1977... Yes! Some of us were not born yet. She moved to the Admitting Department in 1980 and thereafter she ventured, like the

other staff to the New Grey's Hospital on the HILL! She so fondly remembers the 'Great Trek' of June 1984. Marge worked in Main Registry Department from 1986-1989, before moving to Revenue Department in 1989. In 1993 she was promoted to Supervisor of Admitting Department and thereafter in 1998 to Supervisor in the Medical Records Department. It was not only her talent for drawing up policies that made her famous but also 'her craft side' that we saw when she taught so many of us how to sew and make beautiful things during the 150th celebrations.

Marge has shared her joys and sorrows with her family at Grey's Hospital.

Marge we wish you a happy retirement and we know that you now have all the time to do your 'hobbies'. Thank you for sharing, caring and being part of our happy family.

You will be sadly missed by all your 'PALS' in Patient Administration.

It's not what goes wrong but how you deal with it.

Infection Control Seminar.

After a few hiccoughs with the laptop, the Infection Control Seminar went off with out any more problems and all who attended will have learnt a great deal from the speakers. Thanks go to Sister Slabbert

and her team for all the hard work put into organizing a very enjoyable and informative day.



Sr J Slabbert, Sen Sr L Scott, Sen Sr F Viljoen, Sr R Sikhakhane and Sen Sr L Jordaan perform at the symposium.

Great truths about life that adults have learnt.

1. Raising teenagers is like nailing jelly to a tree.
2. Wrinkles don't hurt.
3. Families are like fudge... mostly sweet with a few nuts.
4. Today's mighty oak is just yesterday's nut that held it's ground.
5. Laughing is good exercise. It's like jogging on the inside.
6. Middle age is when you choose your cereal for the fibre not the taste.

Accreditation News.

Congratulations to all the staff for their hard work during the Accreditation Process. The aggregate of the baseline survey done in January 2005 was 68%. The aggregate of the external survey conducted in February 2006 was 94%, an overall improvement of 26%.

We have been granted a focus survey, to be carried out within 6 months, and once the identified deficiencies have been addressed a two-year accreditation can be awarded.

The main reasons identified for the need for the focus survey are the illegible signatures and designations, the discharge summaries and the consents.

It will take another team effort for us to correct the problems identified, within the six months time frame, so I urge you all to pull together to ensure the desired results.

Mrs K T Mckenzie.

Welcome to our new Assistant Nursing Managers.

Mrs Thokozani Cecilia Sihiya has been appointed as Assistant Nursing Manager of Operating Theatre and CSSD. She is a qualified General Nurse and Midwife, has a B. Cur in Nursing Education and Administration and has studied Community Health and Operating Theatre Technique. She came to Grey's from Wentworth Hospital.

Mrs Thombo Norah Hunter is the Assistant Nursing Manager for ICU, CCU, Renal Unit and Paeds ICU. She is also a General Nurse and Midwife, has a B. Cur in

Nursing Administration and Education, has studied Community Health and Critical Care Nursing. We would like to welcome them both to Grey's.

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Grey's Hospital Choir.

The members of the Hospital Choir would like to inform you that over the years we have won the Hospital Choir Competition and once again will be taking part in this years competition. It will be held on 20th September in the Grey's Recreation Hall, we will be singing 'Ukushona kwelanga' and we will be competing against other choirs from hospitals throughout KwaZulu Natal. Anyone who would like to join us can come to the practices in The Midwifery Lecture Theatre from 13h00 – 14h00 daily.

We don't only sing for the competition but also at various hospital functions like Graduation, AIDS Day, Open Day and other celebrations held at Grey's or at Natalia.

If you would like to know more contact Mrs Ignatia Mkhize on extension 3157.

T.I.M.Mkhize. Choir Conductor.

Competition.

Our front cover has photographs of the two rabbits given to PICU by Dr Hall last Easter, but apparently they are still nameless. Sen Sr Mathonsi has given us permission to ask the staff to name these bunnies. We are not too

sure but we think they are both boys. If you would like to choose two names for these rabbits, please write your suggestions on a piece of paper and send it to Sr A Guise-Brown, Clinical Department, Grey's Campus, before Friday 7th October and you might win a large Chocolate Cake sponsored by **Chatters Coffee Shop.**

Grey's Hospital receives a donation from the Pietermaritzburg Rotary Club.



Mrs Margie van Zyl handing over the donation for the Paediatric Ward E1 to Sr NR Dlamini

Tuesday 15th August was a happy day for Grey's Hospital's Paediatric Ward E1 and Casualty Department.

Mrs Margie Van Zyl, chairperson of the Community Services Committee, Pietermaritzburg Rotary Club and Dr TF Rockey, Vice Chairperson of The Grey's Hospital Board presented a

donation from Rotary Club comprising two TV's and two DVD players to Grey's Management. These generous donations from the Pietermaritzburg Rotary Club will promote and ensure service delivery, as the equipment will be utilized for the purpose of patient education in the Casualty Department as well as providing entertainment and education to the children in the Paediatric Ward. Grey's Hospital Manager, Dr K Naidu would like to thank the Pietermaritzburg Rotary Club in partnership with the Hospital Board for this kind and thoughtful donation.

Ms N Gasa. PRO

Christmas Crafts.

The year is nearly over and with Christmas approaching soon, the members of the Greype-Vine Committee thought it might be nice if all staff members who can knit, sew, crochet or make Christmas type crafts would start making items that can be displayed for others to see. Then early in December these items will be displayed, in a central area of the hospital, and other staff members will be invited to view the handiwork.

So if you are talented in any way and you would like to make something 'Christmassy' for us to show off to the rest of the staff, please don't delay, start now so it will be ready in time.

All interested persons can contact either Alison Guise-Brown (pager 515), Krithika Deepnarain ext 3308 or Nomfundo Cele in Ward H1, for further information.

Good Luck!



**Telephone 033-8973274 or
phone us on extension 3274
and we will have your order
ready for you to collect.**

Business hours:

Monday – Friday

07h00 – 17h00

Saturday and Sunday

08h00 – 16h00

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lunch-time specials**