



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

GREY'S HOSPITAL CAMPUS MENTAL  
ILLNESS AWARENESS  
CAMPAIGN AT JIKA JOE INFORMAL  
SETTLEMENT  
26 JULY 2013



As the month of July being Mental Health Awareness Month, Group 1/2010 who are presently undertaking their Psychiatric Nursing Science Module, undertook a Mental Health Awareness Campaign at Jika Joe Informal Settlement on Friday 26 July 2013.

Topics of concern were: Mental Health and Mental Illness; Admission Procedures and referral systems for somebody affected with Mental Illness; The Mental Health Care Act 17 of 2002; Assisting families affected by a loved one who has Mental Illness, Community Resources Available. Students also did some sketches on Depression; Post Traumatic Stress Disorder.



Pamphlets on Depression, Bipolar Affective Disorder, Anxiety Disorders, Schizophrenia, Alcohol ;Substance abuse etc were handed out to community members attending. As it was a hot day, Students contributed a cup of cold juice, breyani and oranges to patients. Old Clothing items donated by Greys Campus Lecturers and student nurses of Group 1/2010 were also handed out. Students and Lecturers also interacted with children at the Jika Joe Tatham Grounds Creche in the form of playing games, Face Painting and donated items such as Plastic balls, crayons, Colouring books to the Creche.

