



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

IMBALENHLE COMMUNITY HEALTH CENTRE

EZAS'MBALI

NEWS

STAY INFORMED

May to August

FIRE DRILL

On the 17th of July 2019 Imbalenhle CHC conducted a Fire Drill. The entire Imbalenhle staff participated in the Fire drill. The drill commenced at 8:48 when the emergency alarm ring. Staff members and the patients evacuated the building and heading to the closes assembly point. The time it took to evacuate the facility was three minutes.

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Imbalenhle CHC patients being evacuated

FIRE DRILL



Staff members closing the windows so that the fire cannot spread because of the air entering the windows



Sr. T.B Ndimande (Operational Manager - Chronic Department) Instructing patients to exit the building at Chronic block



Imbalenhle CHC patients waiting at the assembly points



Mr. B.M Ndlovu (Public Relations Officer) addressing the patients and staff about what is happening inside the facility.

On 24/05/2019 Imbalenhle CHC held the stroke awareness campaign for our patients and the public. The campaign was conducted by the Occupational Therapy, Physiotherapy and Speech therapy department. Our target areas were our main waiting areas within the facility.

The campaign entailed the following:

- ♦ Educating the public on what stroke is
- ♦ Creating awareness regarding signs and symptoms of a stroke, as well as the appropriate action to take
- ♦ Explaining the common after-effects experienced after stroke
- ♦ Educating the public on specific services that can assist patients post –stroke (Occupational therapist, Speech therapist, and Physio therapist)



Above: Ms. K Soni (Physiotherapist), Ms. M.C Mchunu (Occupational therapist) and Ms. T.T Tshabalala (Speech Therapist) At the waiting area getting ready for the campaign



Above: After talking to patients about stroke Ms. M.C Mchunu Distributing Stroke pamphlets to the patients



Above: Ms. T.T Tshabalala Talking to the patient about stroke and its symptoms.

BREASTFEEDING AWARENESS

Imbalenhle CHC had a 5 day long awareness campaign on breastfeeding. The 5 day campaign was based on the following Health education on exclusive breastfeeding, Health education on complementary feeding and continued breastfeeding, Health education on breastfeeding in the context of HIV, Health education on infant and young child feeding (summary of the past three days) and the breastfeeding event on the last day.

On the 7th of August 2019 the Breastfeeding event was held. The theme of the event was to **“Empower Parents, Enable Breastfeeding”**. The Invitation was forwarded all our patients most important women who had babies that are still breastfeeding and those who are our antenatal patients who are still expecting. The event was organised by our dietitian, nutritional advisors from our referral clinics, antenatal clinic and other stake holders from the CHC.

Achievements:

- Some patients were very receptive.
- Some patients already knew quite a lot about breastfeeding, meaning health education is an on-going process.
- Some patients were grateful to have learned something new.
- Patients were happy they did not go hungry.
- The number of people who attended was not disappointing.



Mr. L. Magwaza (Dietician) giving his presentation



The Nutritional Advisor from our referral clinics



Our patients who attended the event



Handing over of presents for our Patients

FAIRWELL EVENT

On 31 May 2019 Imbalenhle CHC bid farewell to Mrs. Mano Khumalo who had been with the CHC for many years working as a Lay Counselor. The character that she has portrayed during all these years working at the CHC was displayed by the staff attendance at the event including management. The event was also attended by the Provincial Nehawu leadership as she was one of the shop stewards in the facility.



Retiree's son Thula, Mano Khumalo (retiree), L.H Sibiyi (Deputy Manager Nursing) and Mrs. N.P.N Mthembu (Finance Manager)



Farewell cake



Nehawu regional leadership and Imbalenhle CHC leadership



Staff members who attended the event



Mrs. Mano Khumalo with the presents she received from the staff

ACKNOWLEDGEMENTS



Mr. B.M Ndlovu
Writer and Editor
Public Relations Officer



Ms. Nompilo Buthelezi
Public Relations Inserv
Photographer



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Department:
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CONTACT DETAILS

**Physical address: Imbalenhle
CHC
Unit 3 Imbali township, Thwala
Road
Pietermaritzburg 3201. web**

**Postal Address: Imbalenhle CHC
Private Bag X 9104, Pietermaritzburg
3201
Switchboard : 033 398 9100 Email:
Mthandeni.mzelemu@kznhealth.gov.za**