



### FOREWORD FROM THE CEO

I would like to take this opportunity to thank all staff for the hard work and dedication throughout 2014.

Many positive activities took place in the past year, among others a visit to Imbalenhle CHC from the Deputy Minister of Health, the MEC for Health and the Head of Department for Health. This visit really motivated us as Imbalenhle CHC staff and management because we received a positive feedback and encouragement to work harder, in order to improve in areas that needed more attention.



C.E.O Mrs. X. N. Mtunzi

A great achievement for Imbalenhle CHC management was the appointment of the Assistant Nursing Manager for satellite clinics who will be responsible for direct supervision of these clinics ensuring achievement of set DOH targets. This will assist in the addressing of challenges faced by the clinics under Imbalenhle CHC, and ensuring that they achieve the goal of providing excellent services for the communities they serve using all the available resources.

I wish and pray that in 2015 we continue to work hard as a team in order to ensure excellent and efficient service delivery to the community we serve.

*“We are what we repeatedly do; excellence then is not an act, but a habit” Aristotle.*

Thank you

Mrs. XNT Mtunzi

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### NEWLY APPOINTED MANAGERS



Left: Mrs. L.H Sibiya— Deputy  
Manager Nursing

Right: Mrs. N.M Chonco—  
Assistant Nursing Manager  
(Satellite Clinics, FH and SH  
Teams)



Left: Mr. M.S Mkhize— Human  
Resources Manager

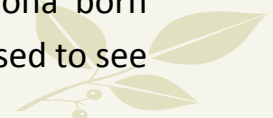
Right: Mrs. N.P.N Mthembu—  
Finance Manager



### CHRISTMAS BABY



Maternity ward had the honour to assist in the successful delivery of a baby boy that was born on the 25th of December 2014 at 12H30 pm. Sr. T. Dlamini who was responsible for the delivery confirmed the child to be in a healthy condition and the mother of the child who is Mpho Mokeona born on 19 August 1996 was pleased to see her new born.





## MR.KHWELA'S FAREWELL/YEAR END PARTY



Above: Mr. Khwela receiving a gift  
from Mrs. Mtunzi Imbalenhle CHC  
CEO

On the 6th of November 2014 Imbalenhle CHC Management and staff held its year end party and also bid farewell to Mr. Khwela and who was our Finance and Systems Manager.

Imbalenhle CHC management would like to thank the Events Committee for organizing a successful party and also wishes Mr khwela all the best in his new position.

## PHOTO GALLERY





## NATIONAL OFFICE VISIT



**Left: Dr. Joe Phaahla—  
National Deputy Minister,  
Dr. P. Okeke—Imbalenhle  
CHC Medical Manager, Dr S.  
Zungu—Head of Department  
KZN Health, Dr. S. Dhlomo—  
MEC KZN Health, and Mrs.  
X.N.T Mtunzi—Imbalenhle  
CHC—CEO**



**Left: The National Office team,  
Head office team and District  
team interviewing Mrs. R  
Odayar (Pharmacist)**

Imbalenhle CHC had the privilege of being visited by the National deputy Minister Dr. Joe Phaahla, MEC of Health Dr. Sibongiseni Dhlomo and Head of Department Dr. S. Zungu. The main aim of the visit was to assess Imbalenhle CHC on NHI readiness. The day started of with a briefing session by the CHC CEO Mrs. X.N.T Mtunzi. After the briefing session the team went on a walkabout at Maternity, CDC Pharmacy and main Pharmacy whereby Component Managers gave feedback on daily operations, achievements, challenges and shortcomings they face in their respective components. There was extensive sharing of information & advice given by the team.



## WELLNESS DAY

Staff wellness program is very important in assisting staff members' wellbeing physically, mentally and financially thus ensuring that they are ready and prepared to do their work properly.

On 02 October, 2014 Imbalenhle CHC held its Staff Wellness event. The event was organized by the Health and Wellness Committee and was a great success. Our guest speaker was Ms. N. Dladla (A Nurse Practitioner in Private practice) delivered a great motivational talk to staff, stressing the importance of being kind, supportive and respectful to each other as colleagues.

Other distinguished guests included Old Mutual who gave us a good presentation on how we should handle our finances, and Virgin Active who demonstrated different training methods and techniques and also gave us a good workout.

From our Institution we had Mr. Gumede (Chief Human Resource Officer) with Human Resource Matters, Sr. C.D Ntshungulwane with a presentation on drug abuse in the workplace and Mrs. Raja (Dietician) with a presentation on healthy eating. We also had nurses who were doing vital signs for staff on the day.

Activities included a "BEST DRESSED COMPETITION" which was judged based on neatness, cleanliness, correct hair style and wearing of name tags, and won by Mr. M. Mhlongo



Above: Ms. N. Dladla conducting her motivational talk



Above: Mr. M. Mhlongo (General Orderly), ENA S.P Maduma and Mrs. X.N.T Mtunzi (Chief Executive Officer)



**IMBALENHLE STAFF BIDS FAREWELL TO Ms. N. BINASE (NURSING MANAGER)**

September 29 was a sad day for Imbalenhle CHC Staff and the Imbali community at large as we bid farewell to the person that has been a rock for the CHC for many years. Matron Binase had been with Imbalenhle CHC from 2008 until 2014. During her time at Imbalenhle she once acted as the CEO for 3 years which clearly indicated her commitment, drive, dedication and love for the Nursing profession and helping people.

Her efforts and innovations she brought to Imbalenhle CHC were visible to all as the CHC has flourished during her time at imbalenhle CHC. The Imbalenhle Management and Staff wishes her all the best in her future endeavors



Ms. Binase talking more about the importance of culture at the 2013 Heritage Day event

*The good memories we shared with Ms. Binase*



Ms. Binase (middle) receiving a gift from Mrs. XNT. Mtunzi (left) and Dr. Okeke (right) at her farewell



Mrs. N. Mkhize (Supervisor for CCG's) handing over a gift of appreciation to Ms. Binase



Ms. Binase with other staff members during the 2014 Heritage day



### HERITAGE DAY

Heritage day is one of the annual events in the Department of Health’s calendar. Health institutions are given the opportunity to celebrate the day by wearing their traditional attire’s and having their own share off a cultural experience .

The theme for this year was “TELL YOUR STORY” and on the 25<sup>th</sup> of September 2014 Imbalenhle CHC held its Heritage Day event. The event was organized by the events committee, whereby members of the committee spent long hours working hard in order for the event to be a complete success.

Sr. N. Nkonyane was the programme director for the day, she pointed out the importance of knowing where we come from and never forgetting our family backgrounds, because each and everyone of us has a story to tell regardless of what we are now. Our guest speaker Makhosi Buthelezi spoke more about how we should conduct ourselves at our work place, homes, etc. and basically telling us to embrace “UBUNTU”and respect life.

Cwepheshe and his crew (a local music group) entertained the audience with Traditional Music and traditional dance and were joined by Dr. Panicker who also displayed his dancing skills. Zeh Rhymes a local poets’ performance stood out from the rest, keeping the audience thoroughly entertained. As we all know heritage day is all about tradition so there was no better way to end the event then a full course traditional meal.

Thank you to all staff who contributed to the success of the event.



Above: Sr. N. Nkonyane programme Director



Above: Zeh Rhymes the Poet



Mr. D. M Gumede (Chief HR Officer) with Miss N. Ndawonde (supply officer)



Above: Dr. Panicker joining Chwepheshe’s performance



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## EDENDALE CELEBRATING 60 YEARS SPORT/FUN DAY

**E**ndendale Hospital celebrated 60 years in service on the 25<sup>th</sup> of August 2014. Seven health institutions which are Imbalenhle, Appelsbosch, Townhill, Umngeni, East Boom, Richmond and Grey's were invited to participate in this historical event whereby different sport codes were played in order to promote a healthy lifestyle amongst employees. Families and friends also came along to enjoy the fun where by kids also had a jumping castle to play on. The sport codes that were played were: Soccer, Netball, Tug of war, Umlabalaba, potato racing, Relay, 500m/100m run and the Fun walk.

**I**mbalenhle CHC put themselves on the map by winning the soccer tournament, beating Grey's Hospital on penalties (5-4) and since then we have constantly been challenged by different institutions.

Not forgetting our CEO Mrs. X. N. T Mtunzi who obtained a gold medal in the potato racing and the Netball team obtaining bronze medals.

**SIYAYITHELA INDUKU!!!!**

### PHOTO GALLERY



Imbalenhle CHC Soccer team



Mrs. X. N. T Mtunzi participating in the egg race



Imbalenhle CHC Netball team



Trophy and medals ceremony







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**MEC DR. S. Dhlomo OPENS THE NEW BLOCK AT GRANGE CLINIC**



Left: Mr. M. Zungu (Acting Senior General Manager: District Health Services and NHI Project Manager), Dr S. Dhlomo (MEC for Health), Cllr S. Gabela (Msunduzi Municipality), Mrs. M. Zuma-Mkhonza (Umgungundlovu District Manager) & Dr. M. Mhlongo (General Manager: District Health Services)



Grange Clinic is located in Ward 24 Msunduzi Municipality. It is situated in the CBD at West – Grange Fairmead area. The Clinic is supported by Imbalenhle Community Health Centre which is 5km away and also 7km away from Pietermaritzburg city. The clinic serves the catchment population of approximately 7900.

Above: Cllr P.G Ngidi (Ward 24), Dr S. Dhlomo (MEC for Health), Mrs. Naidoo (Operational Manager Grange Clinic), Mrs. M. Zuma-Mkhonza (Umgungundlovu District Manager) & Mrs. XNT Mtunzi (Chief Executive Officer Imbalenhle CHC)

In November 2013 as an NHI initiative the National Department of Health funded the construction of a building that consisted of 6 consulting rooms (fully equipped with medical equipment and office furniture), spacious reception area, top of the class restrooms and ablution facilities for both patients and staff.

**The new building at the Clinic**



This aim of the project was to ensure that the community accesses the Health Specialists services in their local clinics.



From Left to Right: Mrs May Zuma-Mkhonza (District Manager), Cllr S. Gabela (Msunduzi Municipality), Mr Sandile Xulu (Chairperson (Clinic Committee Grange), Dr S. Dhlomo (MEC for Health) and Cllr P.G Ngidi (Ward 24)



Dr. T. Kerry (GP Contracting Programme– NHI Initiative), Dr. Ellis (GP contracted worker at Grange Clinic), Cllr S. Gabela (Msunduzi Municipality) & Dr S. Dhlomo (MEC for Health)



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## SERVICES OFFERED

## IZINHLELO EZITHOLAKALAYO:

IZIKHATHI ZOKUVULA/HOURS OF SERVICE  
SIVULA EBUSUKU NASEMINI/OPEN 24 HRS

Minor ailments	Abagulayo	Mon-Fri 07:00am to 16:00pm uMsombuluko-kuLwesihlanu
Emergencies	Izimo eziphuthumayo	24hrs a day
Child Health Services	Izinhlelo zokubhekelela abantwana	Mon-Fri 07:00am to 16:00pm uMsombuluko-kuLwesihlanu
Family Planning	Abazohlela umndeni	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
Labour Ward	Igumbi lababelethayo	24hrs a day
Ante-Natal Care	Abakhulelwe abazoxukuza	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
Post Natal Care	Abasanda kubeletha	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
Chronic Diseases Care	Abazolanda amaphilisi	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
H.C.T	Ukuhlelela igciwane Lengculazi	Mon-Sun 7:00am to 16:00pm Umsombuluko-Isonto
P.M.T.C.T	Uhlelo lokuvikela Igcwane likaMama Lingadluleli Kumntwana	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
CDC (HIV/AIDS, STI & TB)	Ukwelashwakezifo ezithathelanayo	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
Mental Health	kwabagula Ngengqondo	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
Youth Services	Izinhlelo zabasha	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
Social Work Services	Abezehlalakahle	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
Dietetic Services	Izinhlelo zokululeka ngokudla okunempilo	Mon-Fri 7:00am to 16:00pm Umsombuluko-
Laboratory Services	ucwaningo lwezifo	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
Rehabilitation Services -Physiotherapist -Occupational Therapist -Speech Therapist	Izinhlelo zokululamisa	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
Radiological Services	Izithombe/Emafutheni	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
Dental Services	Emazinyweni	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
Pharmaceutical Services	Emithini	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
Ophthalmic Nursing Services	Abamehlo	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
Outreach Services/ School health	Usizo oluyiswa emphakathini/nasezikoleni	Mon-Fri 7:00am to 16:00pm Umsombuluko-kuLwesihlanu
<b>SPECIAL CLINICS</b>		
Psychological Services	Udokotela wengqondo	Tues-Wed 7:00am to 16:00pm Ulwesibili Kanye noLwesithathu

### Clinics under Imbalenhle CHC

1. Snathing Clinic
2. Willowfontein Clinic
3. Azalea Clinic
4. Esigodini Clinic
5. Grange Clinic
6. Impilwenhle Clinic
7. Ashdown Clinic
8. Midlands Mobile 1

Tel: 033-398 9100

Fax: 033-398 2600

-Physical Address:

Unit 3-Thwala Road-  
Imbali 3201

-Private bag X 9104

PMB 3200

**NB! Emergencies and Delivery Services available 24hrs Izimo eziphuthumayo nababelethayo, babonywa zikhatho zonke**



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*Fighting disease, Fighting poverty, Giving hope*



IMBALENHLE COMMUNITY HEALTH CENTRE

**EDITORIAL CORNER**



COMPILED BY:  
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**Umxhumanisi Wesikhungo Nompakathi**

Ngabe unemibuzo, unezikhalazo, unemibono noma izincomo nge Imbalenhle Community Health Centre. Sicela uthintane noMxhumanisi Wesikhungo no Mphakathi uMnu Mthandeni Mzelemu

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