



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# IMBALENHLE COMMUNITY HEALTH CENTRE

## EZAS'MBALI

## NEWS

STAY INFORMED

December 2018

# OPEN DAY 2018

ALL DEPARTMENTS WERE PROMOTING THEIR SERVICES



Imbalenhle CHC held an Open Day Event on the 19th of October 2018. Invitations were distributed to Areas that fall within our catchment areas and also to other stakeholders.

A substantial number of people attended the event. All department within the

# OPEN DAY CONTINUES



There was a competition for the best stand on display on the day. The judges were following a certain criteria which was outlined by the our Quality Manager. The winners were to be announced on our quality day event.

After the event the people that had attended the event were given food and refreshments. Thanks to the participation of staff, the community and the events committee the event was a success.



**Mrs. N.P Msomi (Quality Manager) preparing food for our clients**



**Ms. T.G Dlamini (Infection Prevention and Control Manager) preparing fruits for our clients**

# BREAST FEEDING DAY!

**Breastfeeding** is an optimal feeding practice for all infants and young children. Exclusive breastfeeding for the first 6 months promotes growth and development of babies and is the ideal food and nourishment during this time. At 6 months mothers and caregivers are encouraged to start giving complementary foods with continued breastfeeding to meet energy requirements and nutritional needs of the child. Breastfeeding practices have been undermined by aggressive promotion and marketing of infant formula feeds; social and cultural perceptions; and the distribution of formula milk in the past to prevent Mother to Child Transmission (MTCT) of HIV. Infant formula feeding increases the risk of death from diarrhea, pneumonia and malnutrition.

On 08 August 2018 Imbalenhle CHC in partnership with the UMgungundlovu District Dietetics team held an awareness campaign at Willowfountain Hall. The main purpose of the campaign was to inform and educate women and mothers about the importance of breastfeeding.



From the left: Mrs. NPN Mthembu (Finance Manager), Mrs. XNT Mtunzi (COE), Mr. Hadebe (Operational Manager Willowfountain Clinic), Mr. L. Magwaza (Dietician) and Mrs. M.N Chonco (Assistant Nursing Manager Clinics)



Above Picture is the Imbalenhle CHC Dietitian Mr. L Magwaza Addressing our the community



**Drama showing the importance of Breast Feeding and the correct way to breast feed our babies, played by Nutrition advisers from Clinics.**

# PORTFOLIO COMMITTEE VISIT

Imbalenhle CHC had the honor of being visited by the National Health Portfolio Committee on 16 August 2018. The CHC was amongst the few Institutions that were chosen for the visit by the Health committee. The Committee was led by Mr. A.F Mahlalela. Part of the committee's visit was to check the current state of the CHC and to monitor the systems which are utilized within the facility.



**Mrs. X.N.T Mtunzi CEO welcoming the members of the Portfolio Committee led by Mr. A.F Mahlalela In the picture**



**Mrs. X.N.T Mtunzi showing the members around the facility**



**The portfolio committee were checking paperwork to ensure that the Generator is tested weekly**

## NATIONAL VISIT

On 07/09/2018 Imbalenhle CHC was fortunate enough to be one the few facilities to have been visited by the Honorable Dr. Chana Pilane - Majake MP Deputy Minister for Public Service and Administration. She was accompanied by our KZN MEC of Health Dr. S. Dlomo, the UMGungundlovu District Management team led by Mrs. Zuma-Mkhonza the District Director and other government officials.

The MEC together with the our CEO Mrs. X.N.T Mtunzi welcomed the minister upon arrival together with her team . The CEO led the team around the Institution. The patients were very happy to interact with the Deputy Minister and the MEC as they got a chance to raise some issues.

During the visit the Minister showed great interest in the functionality of the new HPRS system which is being utilized at Patient administration.

The Deputy Minister was given explanation of how the HPRS system works



The Minister and the MEC addressing the Patients during the visit



## ACKNOWLEDGEMENTS



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