



health

Department:
Health
PROVINCE OF KWAZULU-NATAL



INTRODUCING OPERATIONAL MANAGERS OF CLINICS UNDER IMBALENHLE CHC



**MIDLANDS MOBILE
OPERATIONAL MANAGER**
Sr. S. A. Davis



**IMPILWENHLE CLINIC
OPERATIONAL MANAGER**
Sr. F. I. Mntungwa



**GRANGE CLINIC
OPERATIONAL MANAGER**
Sr. O. Naidoo



**ESIGODINI CLINIC
OPERATIONAL MANAGER**
Sr. P. P. N. Sithole



**SNATHING CLINIC
OPERATIONAL MANAGER**
Sr. N. M. Mathonsi



**WILLOWFONTEIN CLINIC
OPERATIONAL MANAGER**
Mr. N. Hadebe



**AZALEA CLINIC
OPERATIONAL MANAGER**
Sr. Mbashe



**ASHDOWN CLINIC
OPERATIONAL MANAGER**
Sr. S. M. Makhaye

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INTRODUCING CLINIC COMMITTEE



Mr. T. Ngubane
CLINIC COMMITTEE
CHAIRPERSON
WARD 16



Rev. F. Zondi
CLINIC COMMITTEE
DEPUTY CHAIRPERSON
WARD 14



Mrs. B. Khanyile
CLINIC COMMITTEE
MEMBER
WARD 15



Mr. B. Mhlongo
CLINIC COMMITTEE
MEMBER
WARD 22



Mr. T. Khanyile
CLINIC COMMITTEE
MEMBER
WARD 17



Mr. R. Gwala
CLINIC COMMITTEE
MEMBER
SAPS PLESSISLAER



Mr. S. Ndawonde
CLINIC COMMITTEE
MEMBER
WARD 19

STRATEGIC PLANNING WORKSHOP - IMBALENHLE CHC



Above: Imbalenhle CHC extended management during our strategic plan led by our CEO Mrs. X.N.T Mtunzi

Imbalenhle CHC extended management held its strategic plan on 7 April 2014. The strategic plan was a success as all managers participated, priorities were outlined by each component and plans were discussed and actions plans were outlined for achieving our priorities.

STRATEGIC PLANNING WORKSHOP - CLINIC COMMITTEE



Above: Clinic Committee members during the strategic plan meeting held at Imbalenhle CHC boardroom

Clinic Committees play a vital role in the overall running of the CHC as they represent the communities which they serve. Clinic Committee members are chosen at community level by the community or community leaders to represent the interests of the community. They serve as the Intermediaries between the CHC and the community. They are the eyes and ears of the community. They are also obligated to contribute annually to the operational planning of the CHC. They also have to conduct inspections at the CHC.

Thanks to our local Counsellors for identifying and appointing dedicated people to be part of Imbalenhle CHC Clinic Committee. They have shown commitment towards their duties as the clinic committee. This led to the committee meeting for their strategic planning workshop whereby action plans were discussed and analyzed that would assist in the improvement of CHC and its relationship with the clients it serves.

MMC CAMP



Student Nurse Mr. M. Mkhize preparing for the MMC Camp



Mr. T. Ndlovu— Health Promotion (Imbalenhle CHC) with one of the client

Imbalenhle CHC had four MMC camps during school holidays. The camps were successful and most of the boys that were circumcised were from Imbali township, Willowfontein, Sondelani, Esgodini and Bulwer.

The total number of clients who attended the camp was 211 and were successfully circumcised during the camps. A special thank you to Mr. N. Mshengu the Traditional coordinator for helping the MMC team with mobilization and uMngeni Hospital for providing us transport for transporting boys for circumcision, to and from Imbalenhle CHC.



THE CAMPS DATE WERE AS FOLLOWS:

- 23 June 2014 :- 29 Circumcised
- 26 June 2014 :- 43 Circumcised
- 02 July 2014 :- 114 Circumcised
- 08 July 2014 :- 24 Circumcised



Mrs. Mthlane conducting a class with the clients

Clients who attended the MMC Camp

Imbalenhle CHC MMC Team

- Dr. P. I. Okeke (Medical Manager)
- N. Binase (Nursing Manager)
- Dr. Panicker
- Dr. Rumluckun
- Sr. Majozi (RN)
- Sir. Ngubane (RN)
- S. Mthethwa (ENA)
- P. N. Mthlane (Health Promoter)
- J. T. Ndlovu (CHF)
- With the help of Student Nurses from DUT

PEOPLE WHO PARTICIPATED



Northdale Hospital MMC Team

- Sr. Khumalo (RN)
- N. Ngubane (EN)
- Sr. Goba (RN)



NEW SERVICES OFFERED BY THE CLINIC

SPEECH - LANGUAGE THERAPY



Above: **Miss Nonsikelelo M. Tshabalala** has an Honors Degree in Speech Therapy. She studied at the University of KwaZulu Natal Westville campus and she was appointed in January 2014 at Imbalenhle CHC as a Speech Therapist.

A Speech—language Therapist has been trained to assess and treat people who have a communication disability or swallowing disorders.

Our Speech Therapist responsibilities at Imbalenhle CHC are:

- ◆ Giving advice on feeding to a mother who has a baby with a cleft palate (swallowing/feeding problems).
- ◆ Work with children who are hard to understand due to speech difficulties (delayed speech/language).
- ◆ Work with children who have difficulties at school (learning disabilities).
- ◆ Work with people who stutter (stuttering).
- ◆ Train people who constantly lose their voices to use it more effectively (voice disorders).
- ◆ Helping stroke patients regain their communication skills, advising family on dealing/managing the patient.
- ◆ Rehabilitating people with severe brain injury.
- ◆ Liaising with families who have members with dementia.
- ◆ Providing communication strategies for persons with intellectual disabilities.
- ◆ Treating a patient who has swallowing problems following a stroke.
- ◆ Assisting children/adults who are learning to read.

The ability to communicate effectively is essential to achieve and maintain quality of life. Speech/Language and associated cognitive/intellectual disorders can adversely affect academic performance, workforce integration, and social interaction.

Treatments provided by the Speech-Language Therapist can help individuals with expressive and receptive language, articulation, fluency, voice, resonance and cognitive communication disorders (e.g. memory, organization, problem solving, reach their full communicative potential.

Aiso of concern individuals with untreated swallowing disorders can find themselves at risk of dehydration, malnutrition and pulmonary compromise. Speech Language Therapists are trained to provide therapies that lead to improved swallowing safety, function, and independence.

As a result referral to Speech Language Therapy services ensures early identification and management of both communication and swallowing disorders which in turn enables maximum social, academic and vocational integration.



SPEECH RULES!



LISTEN

COMPREHEND



REMEMBER

SPEAK!



OCCUPATIONAL THERAPY



Above: **Miss Makhosazana. C. Mchunu** (left) with a client. Miss Mchunu has an Honors Degree in Occupational Therapy. She studied at the University of KwaZulu Natal Westville Campus and she was Appointed In January 2014 at Imbalenhle CHC as an Occupational Therapist .



Occupational Therapy deals with rehabilitating individuals with physical or psychiatric disabilities in order for them to resume their previous level of function prior to the disability or to reach their optimum level function to the disability.

The availability of this service at Imbalenhle CHC will help to make the community aware that the disabilities, be it congenital or residual, of which they thought could not be rehabilitated or minimized can actually be addressed.

Occupational Therapy is often confused with Physiotherapy, however as OT's we are working very hard to get other health professionals and communities at large to acknowledge and understand what Occupational Therapy entails.

Our aim is to :-

- ◆ Make the community of Imbali and other areas within Imbalenhle CHC catchment area aware of Occupational Therapy services that are available at the clinic.
- ◆ To provide optimum high quality services to the community with our resources and make proper referrals if need be.



These disabilities could be as a result of any of the following conditions:-

- ◆ Stroke
- ◆ Traumatic brain
- ◆ Gunshot/stab wound
- ◆ MVA/PVA
- ◆ Cerebral palsy
- ◆ Down syndrome
- ◆ Developmental delay

Therefore the community is encouraged to bring any individuals with a condition which is affecting the person's ability to function on a day to day basis causing that person to be dependent on family members or those closer to them.

SCHOOL HEALTH

LOCATION: ZAMAZULU HIGH SCHOOL, IMBALI UNIT 2



**LEFT:
SR N. NKONYANE
SCHOOL HEALTH
TEAM LEADER**

School health plays a vital role in educating the youth on matters of health. The School Health team at Imbalenhle is led by Sr. N. Nkonyane.

On the 22nd of May Imbalenhle CHC (school health team) visited Zamazulu High School whereby nurses provided Health education to students. Health education attempts to inform and assist individuals to make informed decisions about matters affecting their personal health and the health of others.

The School Health Services team covers a wide range of topics which are disease prevention, promotion of optimal health at school going children, early detection of illnesses, treatment and rehabilitation. School Health Services aims to focus on issues affecting school going pupils such as drugs, pregnancy, violence and consist of educational talks such as HIV, STI's/STD's, drugs, teenage pregnancy and violence hence, this lead to the School health team visiting this High School as it has challenges in the afore mentioned issues.

School Health Services is looking forward to developing a relationship with schools so that we may address issues that are affecting our schools and community.

List of the services that are rendered by the School Health Team:-

- ◆ Full health assessment
- ◆ Psychological Support Services
- ◆ Mental Health Support
- ◆ Management of minor ailment
- ◆ Assist with management of abuse cases
- ◆ Sexuality concepts and prevention of STI's
- ◆ HPS (Health Promoting School)



PHARMACY STAFF BIDS FAREWELL TO MR DRUMMOND AND MRS FYNN

Mr Drummond has reaped the fruits of the seeds that he planted years ago. He clearly states that it has been a pleasant stay at the institution as he has been one of the who has witnessed the Institution grow bigger, busier and more efficient over the years.

Mr Drummond was one of the first pharmacists at Imbalenhle CHC which was opened in 1989. He was involved in the design of the structural system of the pharmacy department.

A few years he retired at Imbalenhle CHC and his enthusiasm to help patients drove him back to the institution working under Khethimpilo which is an Non profit organization for the past four years. The institution has lost another great asset. Imbalenhle CHC appreciate the services that Mr Drummond has rendered, and wish him to continue living his healthy life as he has accomplished most of his professional objectives in life. The staff and the community wishes him a long and a healthy life.



Imbalenhle CHC pharmacy staff



Mr Drummond (left) and Mrs Fynn (right) cutting the cake.

Mrs Fynn has been with Imbalenhle CHC for a short period of time , three years to be exact. However it felt like she had been around for many years. She has been dedicated towards her work and she will be sorely missed by her colleagues.

Imbalenhle CHC management and staff would like to extend their gratitude towards both Mr. Drummond and Mrs. Fynn for the excellent service shown towards our clients in the period that they were with us. We wish them all the best in their future endeavors.



WE CARE



WE BELONG



WE SERVE

STAFF MATTERS

ABAQASHIWE/APPOINTMENTS

- ◆ Mrs M.S Douwie - Prof.Nurse
- ◆ Mrs N.T Mbhele - Clinical Nurse Practitioner
- ◆ Mrs E.N Gcumisa - Social Worker
- ◆ Dr T. Jali - Medical Officer
- ◆ Ms T.G Dlamini - Infection Control
- ◆ Ms B.S Mathambo - General Orderly
- ◆ Mrs D.C Tshungulwana - Prof. Nurse
- ◆ Dr M.C Nkalakatha - Comm Serve
- ◆ Sr H.N Ndlovu - Clinical Nurse Practitioner
- ◆ Sr N.R Basi - Clinical Nurse Practitioner
- ◆ Ms J.F Leow - Prof. Nurse
- ◆ Ms T. Buthelezi - Support Service Officer
- ◆ Mrs G.R Gwala - Clinical Nurse Practitioner
- ◆ Ms Odayar Ramona - Pharmacist
- ◆ Sr H.D Hadebe - Clinical Nurse Practitioner
- ◆ Mr M.B Ngubane - Clinical Nurse Practitioner
- ◆ Ms M.K Limakatso - Clinical Nurse Practitioner

ABAHAMBILI/EXITS

- ◆ Mrs F.B Ntombela - Clinical Nurse Practitioner
- ◆ Mr L. Mkrezo - Supply serv. Officer
- ◆ Mr N. Cekwane - Infection Control
- ◆ Mrs T.G.M Shibase - Clinical Nurse Practitioner
- ◆ Mr R.E Okafor - Medical Officer
- ◆ Mr T.A Dladla - Finance Clerk
- ◆ Mrs T.J.E Mkhize - Clinical Nurse Practitioner
- ◆ Mrs Z.J Chule - Prof.Nurse
- ◆ Mrs D.C Fynn - Pharmacist

EDITORIAL CORNER



**COMPILED BY:
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P.R Trainee**

Public Relations Officer

If you have any questions, complaints, suggestions or compliments regarding Imbalenhle Community Health Centre, please contact the

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Umxhumanisi Wesikhungo Nomphakathi

Ngabe unemibuzo, unezikhalazo, unemibono noma izincomo nge Imbalenhle Community Health Centre. Sicela uthintane noMxhumanisi Wesikhungo no Mphakathi uMnu Mthandeni Mzelemu

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