



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

IMBALENHLE COMMUNITY HEALTH CENTRE

EZAS'MBALI

NEWS

STAY INFORMED

December 2018—March 2019

QUALITY DAY 2018

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They say "Quality is never an accident, it is always the result of an intelligent effort" John Ruskin. This is what all employees should strive towards when doing their duties.



Mrs. X.N.T Mtunzi (Chief Executive Officer) doing the welcome and purpose of the day accompanied by Mrs. L.H Sibiyi (Deputy Nursing Manager) on the left and Mrs. M.N Chonco (Assistant Nursing Manager for Clinics) on the right.



Awards



Quality day continues

On 30 November 2018 Imbalenhle Community Health Centre held the Quality day event. The main purpose of this event was to award staff members who had gone an extra mile in the execution of their duties. Coupled with this event we also commemorated world aids day and Long Service Awards on the same day. The dress code for the event was red as it was in line with the commemoration of the World



Rev. Mkhize (District Chaplain) opening the event with a prayer



The event was graced by the presence of ward 22 Councilor Mr. X.E Ngongoma as one of our speakers. Our Motivational speaker was Mr. Clement Ntuli who is an HIV Aids activist and Mr. Mkhize our District Chaplain. We also had a representative from UMgungundlovu Health District, staff members from our referral Clinics, Community Care Givers, Clinic Committee Member Mr. Mhlongo, CHC staff and other stakeholders.



Left: trophies and certificates being prepared

Right: Mrs. N.P Msomi (Quality Manager) handing a gift to our Motivational speaker Mr. Clement Ntuli



World Aids Day

KNOW YOUR STATUS!



World Aids Day is an Opportunity for people World Wide to Unite in the fight against HIV/AIDS, to show support to the people living with HIV and to remember those who have died from HIV/AIDS related illnesses. As Imbalenhle CHC family we celebrated this day by doing a traditional candle lighting ceremony to support and show respect to those living with HIV/AIDS



CANDLE LIGHTING



On the left: Deputy Nursing Manager Mrs. L.H Sibiya leading the Traditional Candle Lightening ceremony together with staff members as a sign of showing respect to those living with HIV and those who have died from HIV/Aids related sicknesses.

FAIRWELL PARTY

On this day our Emotions were on separate modes as we were Sad and Happy at the same time as we bid Farewell to the Three Backbones of our Nursing Department at Imbalenhle CHC. These three Nurses have been role Models not only on to Nursing Department but to the Imbalenhle CHC staff as a whole. on 25 January 2019 Imbalenhle CHC management and staff held an event to bid farewell to these three great individuals as they left for their retirement



Sr. J.C Dlamini



Sr. R.N Dumakude



Sr. T.C Msimang

NURSES PLEDGE

To send them home in style the Nurses Pledge was done to remind all the Nurses that this is more than just a job but it is giving yourself towards changing peoples life's



Happy



Retirement

PREGNANCY WEEK

11 to 15 Mach is identified by the department of health as Pregnancy week, where all pregnant mothers especially the first timers get to learn how to take care of themselves during pregnancy and afterwards. They are informed what to eat, what to do and what not to do during pregnancy so that they can give birth to healthy and fresh babies. As Imbalenhle CHC we conducted a campaign during this period by giving talks to the people and encouraging them to go to the clinic for check ups when pregnant

IMBALENHLE CHC PREGNANCY WEEK



Left Picture: Sr. N.P Mtungwa (Operational Manager MCWH and Mr. L.M Magwaza (Dietitian) giving talks to mothers about the importance of eating Health and eating balanced meals during pregnancy. They also gave information about the correct way of breast feeding as it is very important as a mother to have knowledge of how to breast feed your child and the correct foods to give to a child after birth.

DRAMA BY MCWH STAFF **ABOUT PREGNANCY**

Event was Hosted by MCWH Staff to also give educational talks to



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Patients waiting for gifts from the Nurses and Refreshments after the event is over.



TB EVENT

On the 14th of March 2019 one of our clinics, Sgodini Clinic organized a TB, HIV /AIDS Awareness campaign at Edendale Soccer Grounds . The aim of the campaign was to detect early diseases that are affecting the community and refer as soon as possible to increase life expectancy.

The campaign was a success as a high number of the community members attended.

Following Screenings were done

HIV/AIDS TESTING



A staff member conducting an HIV Test to a patient

NON COMMUNICABLE SCREENINGS



Screening for non-communicable diseases

CERVICAL SCREENING



Cervical cancer screening

MALE MEDICAL CIRCUMCISION



MMC Process being done

STAFF WELLNESS

As part of the initiative to ensure staff wellness a wellness day was held on the 22 March 2019 where GEMS was invited to conduct a wellness campaign on our staff members. Staff members were invited and were informed of the importance of knowing their status and other chronic

Right Picture: Mr. N. Phungula from GEMS and his colleague preparing for the presentation.



Above Left Picture: ZTE Staff members checking their eyes



Above Right Picture: Mr. B.M Ndlovu (PRO) fitting eye glasses



Left Picture: ZTE supervisor Checking BP

Right Picture: Body Mass Index (BMI) Testing



ACKNOWLEDGMENTS

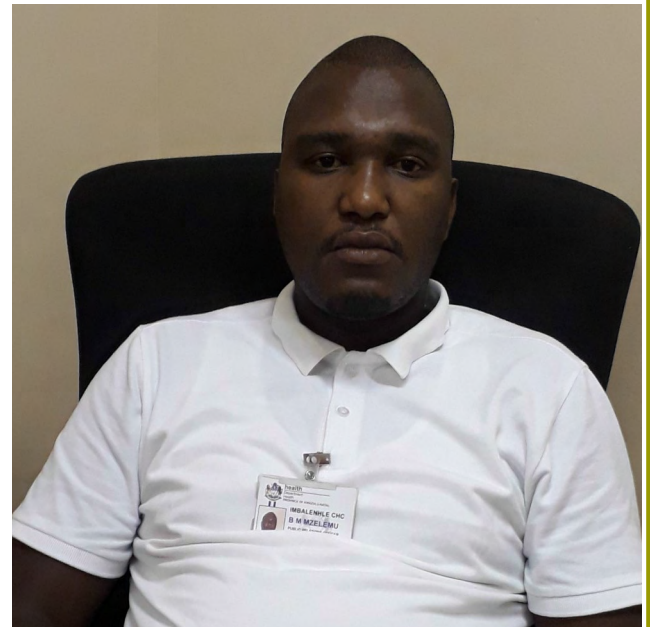


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