INANDA COMMUNITY HEALTH CENTRE



ZIYAMPOMPA ENANDA COMMUNITY HEALTH CENTRE NEWSLETTER, P/BAG X04 PHOENIX 4080



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EDITOR'S NOTES

Management Team and Staff at Inanda sekuphinde kwenzeka lokho. I would like to thank everyone who contributed on our first issue, guys you played an important role. To CHC manager,Brian Shezi, Dlaba, Sgananda phum'Enkandla, your support is extremely appreciated. Sometimes we may not see eye to eye but I'm confident that what ever decision you made is benefiting obasi bethu, our community.

Nursing Manager, Mazet-Zet and our beautiful nurses thank you for proving me with the best ideas that would help us in improving our service. Unqumama womtholampilo ngempela, we are very

much pleased to have you. Medical Manager and Medical Section in some cases it's hard to receive co-operation under Medical section but with you guys its not the same, your support is noted.

I'm very much privileged ukuloba lengosi during the month of August. August is taken as women's month we need to take care and value them. We all know that women are labeled as weaker vessels so we have look after our weaker, not because they are weak but they are labeled as weaker. Ngikhuluma ngembokodo izimbali zezwe.



Umnumzane Jabulani Msweli (Usomlomo)

Kuyintokozo ukubona abantu besebenza ngentokozo as if nothing happened. Let us keep the ball rolling. Together we will make it. We all here for our patients, so let us serve them with dignity and respect.

Lime njalo Mosomlomo.

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Special points of interest:

- GROW FROM LIFE'S CHAL-LENGES BY CLIMBING THE SPIRITUAL LADDER OF SUC-CESS EACH DAY
- ENDURANCE MEANS TO BE ALIVE, TO BE DRIVEN BY HEALTHY AND PRODUCTIVE
- NEVER LET OTHER PEOPLE **DECIDE YOUR LIMITATIONS** OR CAPABILITIES. THERE WILL BE THOSE THAT WILL SAY YOU ARE NOT SMART ENOUGH, OLD ENOUGH OR YOUNG ENOUGH. DON'T LISTEN YOU CAN SET YOUR HEART AND MIND TO AC-COMPLISH ANYTHING.

CHC CHAIRPERSON'S MESSAGE

It is for me a great privilege services by 1% per day and negotiated with management to practice an open door policy, with an and great honour to be a by 2008 will improve by aim of solving problems "speedily" to avoid problem to accumulate to a member of Inanda Commu- 365% per year. We were suc- strike. We still need to be involved in negotiations between Health nity Health Centre. Our cessful in achieving mobile Dept ,and our institution, regaerding the revision of staff establishment clinic is the most "preferred" clini, creation of short stay and allocation of financial resources. We still hope that a chance will be and it is most "visited" at ward, improvement in access given to us to inspect and peruse documents of managers reportsi.e finan-Inanda area. We have man- of service for the community cial statement and budgets. We hope that if we work together in aged together with all as we are now opening 24hr peace,trust and respect and give Patients dignity and fair treatment God stakeholders to improve our day and we have successfully- will bless us all. Thank you for behaving well during time of umzabalazo wemali.

T.B BLITZ AT INANDA

As we all know that on the 24th of March Department of Health and its facilities were celebrating World T.B. Day. At Inanda Community Health Centre we did the same ,but ours was on the 4th of May.

As a CHC we strongly believe in taking our services to our community. So, that day we went door to door to establish challenges facing our community relating to T.B control. On the same day we actively searched and identified T.B suspects and de-

faulters. Approximately 500 households were reached and approximately 100 T.B suspects were identified and referred This has helped us in reviewing our T.B pro-



gramme. If you want to know what teamwork is? Come to our facility then you would know what teamwork is. Zazibuya kuyilona naloya enza umsebenzi emphakathini. All CHC Managers were there to support the crew. Angisaphathi iziphathimandla zesiyingi saseThekwini,ngaphansi komnyango wesifo sofuba,zaziphume zonke kungathi kuyiwa emhlangeni.

COMMUNITY OUTREACH

Inanda Community Health Centre is a facility that listen its community needs and act on them. In December 2006, management of the facility and

community leaders resolved to adopt 15 families headed by children, pensioners and ill breadwinners. Our support included

THANK YOU ZIPHATHIMANDLA
ZOMTHOLAMPILO NANI
ZIPHATHIMANDLA ZOMPHAKATHI.
SINGABENU.

the provision of food parcls, home visitations by the CHF, PRO and the Social Worker. These families have expressed appreciation or the support. We are hoping to extend this support to other

deserving families.



T.B DAY

On the 4th of May we had lovely day at Inanda Community Health Centre. Because we had T.B Blitz on the 2nd of May then on the 4th was a big day where we invited our community to the hall and we educated the community about T.B.

We learnt that community involvement and participation is the key to the success of the event. The community were from all of our catchment areas. The local Councellor, Mr Ncwane was there to support us as usual and he welcomed everyone present. Mrs Mxoli the Deputy Chairperson of the Clinic advisory committee welcomed everyone present and she expressed appreciation to the management of ICHC for organizing the event for them. Miss Wanda from Head Office explained about T.B to the community and she stressed that people should clean their houses and eat healthy food. The event was successful and we

thank our district for their support.



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LEAD BY EXAMPLE

At Inanda Community Health Centre we are known as the best CHC in the district not only at Ethekwini Health District only but in the Province. If you need to confirm this ask Mrs P Padayachee the Corporate Governance, Inter-governental Relations and intersectoral Collaboration.

The reason for us to be credited as the best CHC is because we are the first CHC to have a computerized patient registration and file retrieval system in the Province. On the 29 of May we had a wonderful day because we were launching the system. We are leading by example because Safefile decided to donate the system to us, can you imagine how many institutions we have in the district? But they chosen us

to be the first institution to have this system. Its shows that there is partnership with private sector, clinic advisory committee and our community. As I'm writing this I'm proud to announce

Thabani Zulu Managing Director for Safefile.

that in our institution misplaced or lost patient files is history, no complains about long quees thanks to Safefile omsamariya abacwebileyo. Angisayiphathi eyomphakathi phela kulesisik-

hathi uhleka wodwa.

Mr Ngomane advisory Committee chairperson thanked Safefile for donating the system just to help the community of Inanda. Our Admin Section is flowing a mood of happiness because the only thing that is expected from them is to scan in an out.

Saphumula ukubhala ngezandla sesivele sithi chofo kwenzeke esikudingayo.

SIDLA NGOLUDALA

Mhlazane zingamashumi amabilinambili kwephezulu bezibuya lapha emtholampilo wethu. Njengoba sonke sazi ukuthi inyanga lena esikuyo inyanga yokuthi sizithokozise ngezinto zethu zesintu nathi lapho emtholam-

asizimekanga phansi.

Isimo sezulu asikwazanga ukusiphazamisa noma lina linjalo kdwa abasbenzi bathi bazozi-

Kwakhala nyonini ,uyambona nawe umadlanduna nesithembu sakhe simkakile

jabulisa ngezinto zesintu. Ongazi engathi uma umuntu esefundile uyakhohlwa ilapho aphuma khona kodwa hhayi kubasebenzi baseNanda. Abomdabu basendiya bedlubhe ezabo sidla olosi,izinkobe,izitambu,ojeqe

kanye nezangaphakathi.

Wawagcina nini amakhosikazi kamadlanduna? Ubungathi bazothikwakhala nyonini.



EZIKANOBHUTSHUZWAYO

On the 22nd and 23rd of August Ethekwini Health District conducted sport tournament and as an institution we participated on the tournament. The first game that we played with E.M.R.S we won it with 2 – 1 and we proceeded to play with Mahatma Gandhi we defeated Gandhi with 2-1 again even though it was very much hard but we managed. We played a

final game in our stream with KwaDabeka CHC and we won with 1.0.

Njengabanqobi we played our quarter final with Hillcrest Hospital and sakuphinda lokho sawina ngo 1 nil. Saqubekela phambili sadlala ama semi finals with



HEROES OF Inanda CHC.

Addington Hospital sabathela isibhaxu phela i-Addington sayizwela sayipha obuhle 3 nil.

Happiness was written on the faces of our players. After hard work we came together and celebrated our win by having Braai.

Sesingabanqobi, Ethekwini.

MANAGER'S MESSAGE

I am extremely pleased to announce that our previous financial year has been a great success through your hard work, and dedication. I congratulate our management teams at different levels for the teamwork they have promoted." United people, so unique in diversity. A rich culture, so colourful in complexity. An infectious spirit, so warm and full of hope" author unkown. This quote shall always govern our interactions and efforts to improve the health status of our community at Inanda. At our strategic planning for 2007/8 we committed ourselves to achieve the following objectives in the next three years:

- To improve the quality of care in order to increase the utilization of Primary Health Care Services within Inanda and the surrounding areas.
- To strengthen good governance in order to advance the involvement of the community and other critical stakeholders in the planning, provision, monitoring and evaluation of operational management systems of Inanda Community Health Centre.
- To recruit, develop & retain health human resources within the centre and ensure proper utilization thereof.
- To maximize value for money.
- To improve the CHC infrastructure to accommodate service demands.

To promote healthy life styles to prevent communicable and non communicable diseases within Inanda.

Substantial increase of our head count over the last three years has been noted. This suggests that we need to improve our service even more to decrease the PHC load at our referral hospitals. With our service, we must influence our community to prefer PHC service so that our community does not bypass our CHC to seek hospital care inappropriately. The following are the few interventions that we have implemented in the previous financial year to improve our PHC service:

- ANC service is now provided daily without set daily limits.
- We have renovated our labour ward to accommodate six delivery beds and six pre and post delivery beds.
- We now have a short stay ward with 9 beds.
- Our ARV Rollout unit admitted the first patient in February 2007.
- In partnership with Safe-file we implemented a computerized patient registration and file retrieval system to improve the waiting times.
- A separate TB Clinic with three consulting rooms was established.

The community outreach programme was implemented.

It is with sadness that we lost one of our staff, Sr. Prudence Mkhithi through illness. May her soul rest in peace. We have also lost some of our staff through promotions to other institutions. To promote the culture that is customer orientated, we have planned an excellent service awards ceremony for our staff in December, 14, 2007. I congratulate our quality team for managing our quality improvements well.

In conclusion whenever we encounter challenges let us not be discouraged but always remember "The road to greatness is a hard one. The challenges encountered along the way are what make us great!"

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NURSE MANAGER'S MESSAGE

I am proud to announce that we have achieved our dream of extending services to our community. This is an important milestone in our history as Inanda Community Health Centre.

It is in our pleasure that in our history we are now providing mobile services in our community. As a CHC we provide these services at Bham-

bayi, Ezimangweni, Nhlungw

ane,Inanda B and C extension once a week. It has come to our attention that our community that we



Mrs Z.R Gcabashe Nurse Manager

serve is faced with the problem of T.B so we decided to extend T.B DOT services at above mentioned sites in-

cluding Inanda B Hospice.

As Health Facility we are very much concerned about problems faced by schools in our area, as a Manager of the component I sat down with my staff and we decided to deploy our school health nurse to assist our colleagues.

IMPROVEMENT OF MATERNAL SERVICES

Our institution had two bedded labor ward. We were experiencing problems with the availability of delivery beds. Management decided to renovate our 12 bedded lying in ward, to address these needs. The space is effectively

utilized. Labor ward is modernized, it accommodates six delivery beds and six pre-and post natal beds in our new labor ward we accom-

"impilo kamama nomntwana iza kuqala lapho E-Nanda CHC" Maternal and Child Health is our priority at Inanda CHC"

modate partners.. The advantages of having subdividing units are: Adequate privacy, Airconditioned, spacious for mobilization during early stage of labor and partner can be accommodated if he wishes to witness the birth

of his baby. ANC service is now provided daily without set daily limits. We are proud to announce that monthly we are able to have 120 births. Our CHC

now is like Umhlanga Hospital.



IMPROVEMENT OF HAST SERVICES

The Management team of this CHC is improving its services just to accommodate community needs. The Management acquired a Wendy house to accommodate T.B consulting room, for DOT onsite and VCT fast queue for T.B patients, STI statistics dropped dramatically after it was integrated into GOPD.

This was reviewed, now it is now integrated into family planning clinic fig-

ures have improved. We have improved access to VCT services by employing seven lay counselors.

The clinic has been working hard in providing a wellness clinic for HIV Positive patients since 2006,until we got accreditation as a rolling out site for ARV's

We started initiating patients on ARV's from 20 February 2007. To date we have initiated over 400 patients and

more than 50 patients have been transferred to other centre's, giving us 470 patients on ARV's.

There is a waiting list of patients waiting to rollout on ARV's. In this institution we are trying by all our level best to maintain a caring and efficient service despite increasing patient number. Together we stand.

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We always strive for the best at Inanda Community Health Centre



NEW APPOINTMENTS

M.M Motsepe Chief Professional Nurse

N.C Mkhize Staff Nurse

C. J Radebe Chief Professional Nurse

P.V.V Mntungwana Chief Professional Nurse

B.G Madwe Trainer

L.E Pakkies Chief Professional Nurse

S.N Shangase Senior Professional Nurse

S.G Khumalo Senior Professional Nurse

N.T Ntuli Professional Nurse

A.N Lembede Clinical Orderly

Q.A Masuku Clinical Orderly

T.G Magwaza Senior Professional Nurse

S.D Sibisi Clinical Orderly

J.G Mkhize Chief Profeesional Nurse

G.J.S Mkize Senior Professional Nurse

D.R Cele Professional Nurse

N Inderjeeth Principal Medical Officer

