



THE VOICE

NEWS

GROWING KWAZULU-NATAL TOGETHER

April –July 2022

MESSAGE FROM THE OFFICE OF THE MEDICAL MANAGER

2022 has been a year of change, and change often brings with it gains and losses. Navigating change requires clear vision of the end goal and commitment to seeing it through.

Our incorporation back into King Edward where we originated from has been the biggest change. This was a result of the complex regaining its status as a tertiary facility once more. This has come with access to resources previously out of our reach, whether human, infrastructural or financial. Major adjustments were made and still underway in order to see this vision through. Bigger picture remains improvement of services in order to benefit our patients.

Talking of services to benefit our patients, these have unfortunately suffered in the short term as a result of multiple unfortunate incidents taking their toll one after the other. Covid with its devastating losses and regulatory limitations gave us our biggest set back. The following looting incident indirectly hit by disrupting our suppliers and invariably our finances. A cleaning strike by employees of our previous contractor added salt to the wound and just when we emerged from those, we lost several strategic personnel critical to ensuring a smooth running service. This has resulted in major backlogs in our theatre slates and overall less than ideal service being delivered.

Despite all that some major gains have been made, we now once more have a fully fledged plastics department that is providing much needed reconstructive work to our patients. We welcome the team and look forward to the future.

Our merger has meant more comprehensive and efficient utilization of allied services within the complex.

Our infrastructure has also gained from a bigger team of experienced personnel. Mr. Eugene Allerston put smiles on all our faces when he sorted the HOT water problem, as a result our patients and staff are having a warmer winter.

More recovery plans are underway as we recruit strategic personnel back into the fold so services, especially theatre services can resume. We appeal for patience to all affected, and pledge our commitment to doing our best to resolving the challenge.

To those that left us tragically or voluntarily, thank you for all the years of service. We wish you well in your future endeavors and may the fallen souls rest in peace. To those remaining and new members, let's get on with the work. If we dig deep now, we are sure to see better days soon.

A blessed day and year ahead to all.

International Nurses Day



In honour of Nurses Day, the Tiny Steps Care Team with the support of NML Islamic Centre treated the nurses of St Aidan's Hospital with the goodies and inspirational talks by author, Tilly Govender, motivational speaker, Ria Love, Lorraine Nelson and the founder of Tiny Steps, Naadia Sheik Hameed.

Ms Govender reminded the nurses of the importance of self-love and said " Everyone has the option to choose their life story. Be the person you want to be and be the best that you can be. She told the staff of St Aidan's that if anything is to be, it should be up to them. 'You do not want to stand out of your own but rather fit in with the rest of your team" she encouraged. Commending the nurses on the hard work they do in the lives of people.

Sheik Hameed told the nurses about what inspired her to start the Tiny Steps Care Team during the hard times of Covid. "You nurses were the reason I started this organization. Seeing the work the doctors and nurses , and all the medical workers did during the time of Covid really touched me. The hospitals were overwhelmed with patients and people were dying everywhere.

After all the formalities , Lorraine Nelson closed the day off with words of encouragement to her fellow nurses, quoting the theme for the day "Nurses A Voice to Lead" and as a nurse you do not have to be a manager to lead, said Nelson. Mrs. SD Pillay –Deputy Nursing Manager gave a vote of thanks to the guest speakers, Tiny steps and all the participants for making the day a success.

On May the 20th St Aidan's nurses felt honored as Dr. Bongwiwe Pepu-Medical Manger surprised them with a huge cake made special in appreciation of all the nursing staff members. "I have worked in almost all of the facilities in Durban and surroundings but in all my experience I am yet to meet such hard working and dedicated nurses as the ones I found in St Aidan's." said Dr B Pepu.



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Prostate Brachytherapy



Prostate cancer is a leading cause of death and morbidity amongst our middle aged and elderly male patients in KZN . It is the most common cancer amongst this age group and affects the black African males more than other race group. Due to lack of awareness many patients present themselves late for diagnosis and treatment and therefore miss the opportunity for curative treatment due to the advanced stage of disease. These are then only offered palliative and symptomatic treatment to improve the quality of life.

The Urology department is involved in a drive to capacitate our patients and population by raising awareness of this condition by regular health education given to everyone attending our clinics and handing out educational pamphlets in

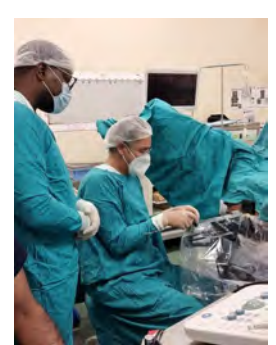
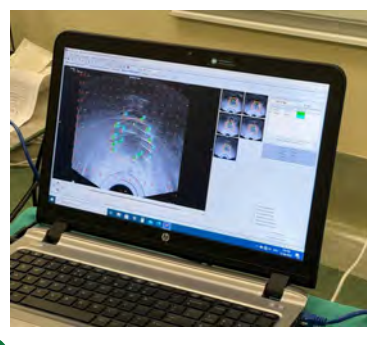
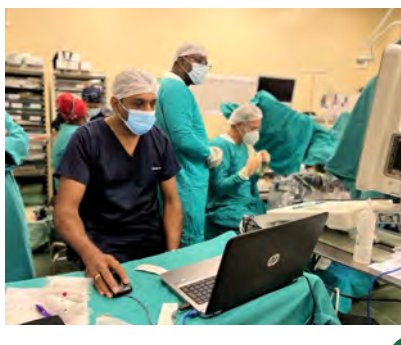
both IsiZulu and English to our patients to take home and share with family and friends.

Once diagnosed, treatment options are discussed with the patient depending on the stage of disease and these include Major Surgery, Radiotherapy and Hormonal treatment. Major surgery involves long hospital stay and blood loss as well as radiotherapy and hormonal therapy which involves multiple visits to the hospital.

A relatively new modality of treatment which is once off and not requiring more than a day in hospital as well as no major operation is Prostate Brachytherapy. Radioactive seeds are inserted into the prostate under ultra-sound guidance to destroy the cancer cells. Though this is the preferred treatment by majority of our patients, it is not readily available in the state sector due to the very high cost of the radioactive seeds.

Dr David Batuule– Urology HCU has negotiated an arrangement with Dr. Roy Callaghan of the Oncology department at IALCH to reserve any unused or available seeds at IALCH for our needy patients at St Aidan's . On 22 June 2022 such seeds were used to successfully treat 5 of St Aidan's prostate cancer patients much to the patients and staff delight , all patients were discharged the following day in a stable condition.

The team plans to make this an ongoing addition in treatment of morbidities and the next treatment session is planned for September 2022.



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Staff Wellness Event

World wellness day is celebrated worldwide every year on the 7th of April, and St Aidan celebrated this day on the 08/4/2022. under the Theme “BE AT YOUR BEST HEALTH”.

Health is the Primary cause of many things in life, such as work, stress, thought etc. occupational health and safety believe that a healthy employee is a productive employee, free from illness and is emotionally calm as well.

Sr. Thabile Phiri from the staff wellness clinic arranged for the following services to be rendered for free:

- Pap smear for female staff, Visual test, Health coach (Weight management), HIV counselling and testing, BP and BMI screening, GEPF, financial wellness by old mutual.

X 26 pap-smear was done, we are still awaiting results, which will be available in six weeks time

X 20 HIV test was done, x5 tested positive and was referred accordingly to commence antiviral therapy, ongoing counselling will be done at our clinic.

A big thank you goes to **Ms. Vigie Thambiran** from patient admin, who played a huge role with decorations as well as **Mr Themba Khumalo** who was assisting with receiving most of the service providers.



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Environmental Sustainability



This project conducted by Durban University of Technology students registered for the Bachelor of Engineering Technology in Chemical Engineering programme. The goal of environmental sustainability is to conserve natural resources and to develop alternate sources of power while reducing pollution and harm to the environment.

For environmental sustainability, the state of the future – as measured in 50, 100 and 1,000 years is the guiding principle.

The six students from DUT embarked on a “one garden one home” project, where they approached the neighboring buildings to be allocated an open space to plant a garden. One vegetable garden was planted at St Aidan’s hospital.

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World Hand Hygiene Day

Whilst KZN is recovering from the recent floods, many health risks occurred due to the disruption of water and electricity supply. These being a difficult time since the beginning of the 5th wave nevertheless staff still managed to engage in commemorating World Hand hygiene on 5 May 2022 at St Aidan's Hospital.

Hand hygiene remains the focal point in preventing the spread of infections. Employees continued to promote the importance of Hand Hygiene to patients and health care workers. Health care workers actively participated under the theme “**Unity For Safety: Clean your Hands**”

The SHEQ team visited all departments to observe whether they were using the standardized tool.

The following departments participated: Patient Administration, Urology ward, Urology Clinic, Haemodialysis Ward, Peritoneal Dialyses, Maintenance, Theatre, Plastic Ward and Pharmacy. According to the score sheets the top three departments were: Urology Ward 1st place, Haemodialysis Ward 2nd place and High Care Ward 3rd place.



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NEW RECRUITMENTS

Surname and initials	Designation	Date of transfer or appointment
Khumalo B	Professional nurse	01/01/2022
Shange. MN	Professional nurse	01/0/02022
Ngcobo Y. J	Prof Nurse (HD)	01/01/ 2022
Ndlangamandla K.R	Community Service Professional Nurse	01/01/2022
Mandiri R	Professional Nurse	01/01/2022
Naidoo TA	Professional Nurse	01/01/2022
Green-Thompson MT	Professional Nurse	01/02/2022
Madlala VT	Professional Nurse	01/02/2022
Mfeka A	Enrolled Nursing Assistant	01/02/2022

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Compliments

Date completed 16-05-22 Ref no (office use)

Do you want to: Complain Give a compliment Make a suggestion

Details of the person lodging a complaint or recording a compliment or suggestion

Surname	NAFESSA HARATH
First Name	
Contact details	Cell number: 084 856 2166
	Postal address:
	Physical address:
	E-mail address:
If you were admitted, the ward number	HIGH CARE
Hospital or clinic file number	

If you are lodging a complaint on behalf of someone else, please complete the following:

Relation to the patient, e.g. mother, etc.

Patient's Surname

Patient's First Name

Contact details of the patient

Cell number

Postal address

Physical address

E-mail address

If patient was admitted, the ward number

Patient's hospital or clinic file number

Please describe the complaint or give a compliment or make a suggestion.
* Where possible also record the staff involved and department where the incident took place.

Date on which the incident took place:

HAD A LEVELY STAY, NURSES WERE VERY CARING.

Signature of person lodging a complaint or recording a compliment or suggestion: Muyth

Signature of patient: Muyth

Date completed 14/06/2022 Ref no (office use)

Do you want to: Complain Give a compliment Make a suggestion

Details of the person lodging a complaint or recording a compliment or suggestion

Surname	GROENDER
First Name	RESHANA
Contact details	Cell number: 064 909 3050
	Postal address: 21 Maple Lane Northdale
	Physical address: Pletmaritzburg 3201
	E-mail address: reshana.groender@gmail.com
If you were admitted, the ward number	Highcare
Hospital or clinic file number	

If you are lodging a complaint on behalf of someone else, please complete the following:

Relation to the patient, e.g. mother, etc.

Patient's Surname

Patient's First Name

Contact details of the patient

Cell number

Postal address

Physical address

E-mail address

If patient was admitted, the ward number

Patient's hospital or clinic file number

Please describe the complaint or give a compliment or make a suggestion.
* Where possible also record the staff involved and department where the incident took place.

Date on which the incident took place:

Excellent nursing care rendered by staff especially Sr Dlamini's shift and Sr Khumalo and shift. Keep up the good work.

Signature of person lodging a complaint or recording a compliment or suggestion: Groender

Signature of patient: Groender

Date completed 19 June 2022 Ref no (office use)

Do you want to: Complain Give a compliment Make a suggestion

Details of the person lodging a complaint or recording a compliment or suggestion

Surname	INTSHALI NOKUTHULI
First Name	NOKUTHULI
Contact details	Cell number: 072 572 5733
	Postal address: P.O. Box 20001 Empangeni 3870
	Physical address: Gophishis Reserve Ward 11
	E-mail address: mtshalinokuthali00@gmail.com
If you were admitted, the ward number	
Hospital or clinic file number	

If you are lodging a complaint on behalf of someone else, please complete the following:

Relation to the patient, e.g. mother, etc.

Patient's Surname

Patient's First Name

Contact details of the patient

Cell number

Postal address

Physical address

E-mail address

If patient was admitted, the ward number

Patient's hospital or clinic file number

Please describe the complaint or give a compliment or make a suggestion.
* Where possible also record the staff involved and department where the incident took place.

Date on which the incident took place:

I like to give the compliment about the way they treat the patients in the St Adams hospital since I arrive in this hospital I feel like I am at home they treat the patients on the right way especially the nurses.

The food is good and taste nice the only thing I can complain about is the morning tea that is becoming cold. Cleanliness is on the high standard I appreciate to be admitted on this hospital.

Signature of person lodging a complaint or recording a compliment or suggestion: Intshali

Signature of patient: Intshali

Date completed 01/07/22 Ref no (office use)

Do you want to: Complain Give a compliment Make a suggestion

Details of the person lodging a complaint or recording a compliment or suggestion

Surname	ROUDEBE
First Name	TRABUSILE
Contact details	Cell number: 071 752 7190
	Postal address: 606 Road 12 Chesterville
	Physical address: CHESTERVILLE
	E-mail address:
If you were admitted, the ward number	2022 26 72
Hospital or clinic file number	

If you are lodging a complaint on behalf of someone else, please complete the following:

Relation to the patient, e.g. mother, etc.

Patient's Surname

Patient's First Name

Contact details of the patient

Cell number

Postal address

Physical address

E-mail address

If patient was admitted, the ward number

Patient's hospital or clinic file number

Please describe the complaint or give a compliment or make a suggestion.
* Where possible also record the staff involved and department where the incident took place.

Date on which the incident took place:

The staff in St Adams hospital the service was excellent, nurses all cooperative and always willing to help patients hard work, enthusiasm was great, I really felt at home.

It was great my first time admitted with my child short stay when discharged was a bit sad, I wanted to stay a little bit longer.

Signature of person lodging a complaint or recording a compliment or suggestion: Trabusile Roudébe

Signature of patient: Bandile Roudébe



Work And Play



Our football stars in Action



ACKNOWLEDGEMENTS

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High care	0605520149
Urology ward	0605520332
Operating Theatre	0605520464

