



**KWAZULU-NATAL PROVINCE**

HEALTH  
REPUBLIC OF SOUTH AFRICA

# King Edward VIII Hospital

## EzaseKhangela

## NEWS

August 2023

# BREASTFEEDING MONTH

Celebrating Breastfeeding month 2023 at King Edward VIII Hospital on the 7th of August 2023. The Antenatal Clinic (ANC), held a special event to celebrate and promote the importance of breastfeeding, Sister L. Buthelezi took the stage to deliver an inspiring speech, emphasizing the deep connection between mother and child that is formed through breastfeeding. Sister Buthelezi spoke passionately about the numerous benefits of breastfeeding, both for the mother and the baby. She highlighted how breastfeeding provides essential nutrients and antibodies to the baby, helping to boost their immune system and protect them from various illnesses. Additionally breastfeeding has been shown to greatly reduce the risk of certain diseases for the mother, such as breast and ovarian cancer.



Lastly, Ms. Ntombela from Labour ward took the opportunity to emphasize the importance of seeking

support and guidance when it comes to breastfeeding. She highlighted the availability lactation consultants and support groups encouraging mothers to reach out for assistance whenever needed. Miss Ntombela stressed that breastfeeding is a learned skill and that seeking help is not a sign of weakness but rather a proactive step towards ensuring a successful breastfeeding journey.

The celebration of breastfeeding month at KEH was a resounding success, with mothers leaving with renewed sense of the importance of breastfeeding and support available to them. The event served as a reminder that breastfeeding is not just about providing nutrition but about building a strong bond between the mother and child.

*Article by Mmeli Luthuli*



WABA | WORLD BREASTFEEDING WEEK 2022



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth



# Photo Gallery



PHOTO GALLERY

