



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

King Edward VIII Hospital

EzaseKhangela

NEWS

STAY INFORMED

December 2017

KEH THE WINNING TEAM

The year 2017 is a year to be remembered for years to come. This is the year when KEH staff members renewed their commitment to excellent total patient care.

It has been a very challenging year for all staff and patients of KEH. We started with many adjustments to new projects, the major one being Storm Water Project. This project came with many unforeseen challenges which saw the hospital encountering shortage/non availability of water. Since this is a big project, challenges became even bigger especially considering the age of the hospital. The project is handled by very professional team who effectively and efficiently sorted out challenges as they arose.

Through this, the hospital staff went an extra mile in ensuring that patient care is not compromised. They went beyond the call of duty in putting patient first. This was not an easy task but they executed it without any sign of being aggrieved.

The past three months have been the hardest for employees at KEH, especially those in clinical areas. After the storm that hit us badly in October, the hospital was never the same. Trails of the storm are still very present. This saw KEH staff and patients being accommodated in other facilities within eThekweni. Perhaps the age and dilapidated side of the hospital has been mostly exposed by the storm.

It took a while for something as essential as the elevator to be fixed. This led to an unbearable situation for both staff and patients in N Block. It became one of the most disadvantaged building to be in.

In all this, staff members did the utmost best to look after patients. Outside help (Emergency Rescue Team) was sought to give a hand in providing other services which nurses could not do.

As the tertiary hospital, King Edward VIII has long list of patients requiring specialized type of operations. Theatres were among the largely hit departments in the hospital. The department (KZN HEALTH) made arrangements with Ascot Park Hospital and some operations were performed there. While Orthopaedic Operations were performed at our sister hospital, Inkosi Albert Luthuli Central Hospital.

Due to major backlog of patients requiring surgical operations, arrangements were made by hospital management with St Aidans Hospital to accommodate surgical patients for various operations.

In all this, staff had to follow patients. It became challenging as Casualty Operating Theatre continued to be used for other operations. Theatre staff had to be stretched in all these areas.

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FROM FRONT PAGE...

KEH THE WINNING TEAM

In the last week of November Surgical wards had been closed to commence the roof repair. Although S4 had been closed immediately after the storm, we now had to vacate S3 and S2. Arrangements had to be made internally as there were no hospitals in eThekweni to accommodate our patients. Elevators had been fixed in N Block and the congestion in AMU had been sorted. Because of the nature of surgical patients they had to be accommodated within hospital premises. Management made arrangements with King Dinuzulu Hospital to accommodate medical patients. This meant that S2 and S3 was now going to be housed in N4 and N5.

Indeed 2017 has been a very challenging year for King Edward VIII Hospital staff and patients. This has led to renewal of vows staff took when they joined the profession. This saw staff grow closer and putting patients first become the order of the day, in a true sense of the word. The commitment and dedication to service shown during this time has been amazing. Indeed together we can do more. All solutions and brainstorming came from staff, their own decisions taken. They worked tirelessly in ensuring that all patients are safe and their needs attended to. This, they did under major challenges of staff shortages and other issues exposed by the storm.

It was not easy and at times emotions were up but the common goal was never forgotten, and it is what kept us going strong.

Words cannot express how grateful I am to work with such a team. KEH family has been such an eye opener and a good learning experience in my life. The amount of respect I have for this team is beyond comprehension.

Thank you for putting the lives of our people first. Thank you for all the sacrifice and dedication shown during this critical time in our facility.

May the good Lord our God give you the reward you deserve. Wishing you well during the festive season. May you be safe and enjoy quality time with your loved ones.



Dr. Mandlenkosi Mazizi
King Edward VIII Hospital CEO



Here's to wishing Dr Mazizi a happy 64th birthday. Well done to his PA, Mrs. Zama Msibi-Magubane for organizing a surprise birthday, indeed the CEO was surprised.



COUNT ME IN—NO TO GENDER BASED VIOLENCE

Social Work and Family Clinic teamed up to spread the word and raising awareness on gender based violence. A full educational program directed by Ms Nana Luthuli took place on 08 December 2017 at Family Clinic.

Mr. Msomi, KEH Social Worker spoke about different types of abuse including those taken as a norm in the community. He emphasized that victims must report any type of violence and abuse, even if its done by a trusted religious leaders. Mr. Msomi stated that it was important for people to understand different types of abuse so as to be able to quickly report them.



Constable Cele enlightened attendees about different patterns of abusive behavior. She emphasized that people must speak up. Constable Cele further explained the procedure and process of applying for protection order. She shared a lot of important information which attendees were very much appreciative of.

A young gentleman from the clinic shared a personal story. He indicated that as a person who grew up without parents, he will make sure he is a good father to his kids and great husband to his wife. He asked all men to take care of their families and not abuse them. He later entertained attendees with a dance activity.

Mrs. Abboo gave address on behalf of management. She also emphasized on what previous speakers had indicated regarding the importance of speaking out and reporting any form of violence.

Ms Msimango and Mrs. Ndlela shared few words while on the item of observing a moment of silence. Mrs. Goge did closing remarks and Mrs. Ngcobo thanked all stakeholders for making the day a success.

PREVENTION IS MY RESPONSIBILITY

Patients and staff came together to commemorate World Aids Day, 01 December 2017.

This day was filled with fun and testimonies of those infected. It was a day of celebrating the milestone in as far as the virus is concerned. A day of remembrance for those who have passed on and who were patients of King Edward VIII Hospital.

Ms Phindile Ntombela did a great job in directing the program. Most attendees were impressed by her charisma and musical talent as she would also lead with musical item while speakers are coming to the podium.

Ms Magugu Gwala said the opening prayer and she was also among individuals with moving testimonies.

The Hospital CEO, Dr Mazizi welcomed all present and gave a background of why it is important to commemorate World Aids Day.

Mrs. Mhlongo highlighted important aspect of the programme when sharing the purpose for the gathering. She indicated that having nurses trained on Niermart has assisted a great deal in as far as treatment initiation is concerned. She however highlighted challenges encountered when it comes to undetectable viral load, stating that patients are lost to follow up and that although other collect treatment religiously but do not take it. The emphasis was that people should never stop taking treatment and practicing safe sex.

Pastor Mkhize was the motivation speaker for the day. He based his motivation on the Bible Scripture, Psalm 8 with emphasis on verse 5: *"You have made them a little lower than angels and crowned them with glory and honour."* The message to take home from his motivation was that regardless of one's status, human kind is important to God as He crowns them with glory and honour.

Ms Jabu Buhlalu had nothing but praises for King Edward VIII Hospital, Family Clinic. While Snegugu Nhlumayo, the Social Worker emphasized on the importance of the support system. She stated that while all services are at the exposure of patients however taking care of their health/life remains their responsibility as patients.

Mrs. Madlala from Enhancing Care Foundation shared latest development from research done. She appreciated the milestone and achievements. Mabongi Buthelezi gave few points to take home and commended all patients and staff for commitment shown to the health/life and dedication to the service.

Mrs. Goge and Phindile Ntombela were tasked with lighting of the candle. Mrs. Ngcobo, Operational Manager thanked everyone who contributed towards making the day a success and memorable.

Entertainment was provided by KEH Isicathamiya and Durban Boys.



ECR TOY STORY



Each year East Coast Radio bring fun to patients admitted in hospital. They normally come in December however this year they came early, 29 November 2017.

There is always excitement when they are around as they bring so much hype to the visit and gifts they give to children.

The main sponsor of ECR Toy Story is Game and they always present to share the experience the visit bring to children.

CUP CAKES FOR CANCER

Each year in November awareness is raised regarding breast cancer.

King Edward VIII Hospital Staff participated in various activities where educational platforms were opened to patients and relatives.

This year X Ray Department donated their time and money, they baked cakes to be sold and proceeds are always taken to Cancer Association in Umbilo Road.

Multi-Disciplinary Team also joined hands in making sure that the day was a success and that more awareness was raised. The support from staff is always amazing.

There was a hamper donated by X-Ray staff members.

Razia Mahomed - Chief Radiographer had a pleasure of handing over the hamper to the winner, Dr Mina from S3.



WORLD PREM DAY

World Premature Day was celebrated on 11 November 2017. King Edward VIII Hospital joined the world in raising awareness on premature babies.

Ms Zonke Chili was the programme director for the day and Mrs. Ngwenya welcomed all attendees. Sister Mdaki shared the purpose of the day by highlighting that research has rated premature birth as the number 1 killer of babies. She indicated that it was the first time KEH came together to raise awareness on the issue.

A mother who is admitted in hospital shared experience of how it feels to have a premature baby. She said it was not a nice experience to have a prem baby as they do not bond with them. She however thanked doctors and nurses who are looking after their babies.

Tarryn Reid, the Dietician thanked mothers for complying with feeding protocols.

Dr Radhika Singh indicated that it was the first time South Africa embark on a big Premature Awareness.



She characterized premature babies as fighters because they fight to come out of their mothers' tummies before time, and that they also fight while in hospital and eventually get discharged in good health. She stated that other countries are still using shoe boxes while South Africa is using various types of machines to nurse Prem babies.

Dr Singh thanked nurses, mothers, doctors, Dieticians, Physiotherapists, Occupational and Speech Therapist, as well as all disciplines involved in nursing premature babies. A special thank you to Sister T.T Mdaki for playing a major role and encouraging Nursery Unit to celebrate this day.

Mothers were actively involved in the programme, opening prayer was said by Lungile Nxumalo. A mother of a discharged prem baby also shared her experience while she was in the hospital. She indicated that while it was not easy as her baby kept dropping the weight but she is thankful for all the information on how to take care of her baby.

Sister Mavis has lots of insight about the day as she indicated that they used to celebrate it at her previous hospital. She bought gift for the mothers, and they were very appreciative of the gesture.

Dr Khan was tasked with a vote of thanks and closing remarks.



WELLNESSDAY

KEH held wellness Day on 16 November 2017. GEMS personnel were invited to do health screening. Although the attendance was poor, however GEMS were able to provide all services.

In-house instructor together with Virgin Active provided a very interesting aerobics class. All staff were invited to participate in the 2 hour session. This was also a way of marketing aerobics class taking place in the hospital every Tuesday and Thursday from 15h00-16h00. It is concerning that membership has drastically decrease. The team is hopeful that in the new year, 2018 more members will join. Monthly fee is R150 per person, off-course where more people join, the fee will decrease.



Other services provided on the day were eye screening, head and shoulder massage, GEMS Marketing for any queries related to the scheme, Old Mutual, Sanlam, Assupol and Nedbank were present on the day.

It was a fun and relaxed day enjoyed by all who attended.

EDITOR'S CORNER

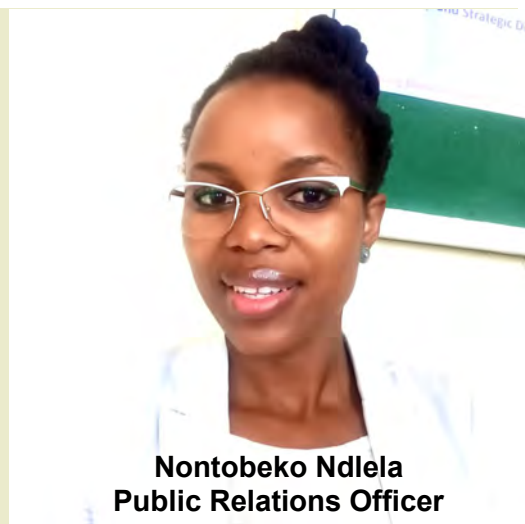
A year of challenges and growth. There was a lot of learning and strategic decisions to be taken. It takes professional maturity to be able to make life saving decisions under enormous pressure as a result of a crisis.

Most managers and staff were required to show their swimming skills, literally and otherwise. The storm that hit the hospital in October 2017, forced the entire KEH team to strategically have plans in place on what was to happen to a number of patients dependent on them. Indeed Management and Staff delivered, under very trying times. This was a true test of character and professional thinking.

Out of all the years I have been in this facility, I am always in awe with the manner of commitment and dedication shown by colleagues, especially in times of crisis. Indeed it is never about architectural appearance and designs of the building, but a willing heart to do the best for the community. Let these walls not limit you in doing the best and portraying the true meaning of Batho Pele.

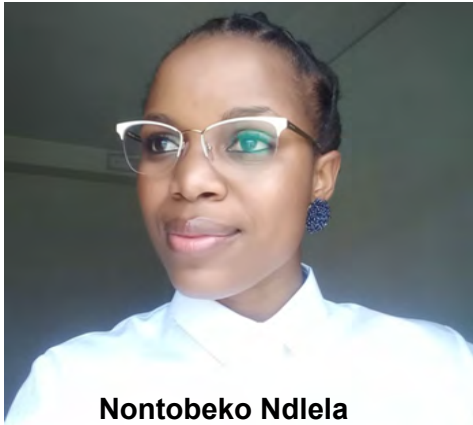
May the new year, 2018 be the best year ever for all of us. May we be proud of decisions we take and advocating for those in need of quality healthcare. We have proven that indeed unity is the best weapon for success and positive outcomes.

Wishing you a blessed Christmas season and prosperous 2018.



Nontobeko Ndlela
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