



EzaseKhangela

NEWS

JULY 2023

Visit by Health Portfolio Committee



Provincial Health Portfolio Committee led by Honourable NR Majola visited King Edward VII Hospital on 25 July 2023. The committee exists in order to deliver on constitutional mandate assigned to the legislature. It performs an oversight over health department and its use of financial and other resources. The Committee is also responsible for law making and

involving the public in legislative processes.

The team visited outpatients department and the main focus was to check the effectiveness of eHealth system since its introduction. They indicated that eHealth is meant to assist in reduction of waiting time for patients.

Health Portfolio Committee noticed with appreciation the amount of work which has been done by the hospital to redirect

patients to the relevant level of care and ensuring that only patients requiring tertiary level of care access the services accordingly.

Staff and infrastructure challenges were noted and the committee indicated that they will prioritize the hospital issues in their next provincial meeting.

Provincial, Governance and District representation were acknowledged by the committee and they showed appreciation that seniors of the department are supporting the hospital accordingly.

Celebrating Mandela Day



Spreading Warmth and Love: Mrs Lindarboom Beverly's Blanket Drive on Nelson Mandela, at King Edward VIII Hospital Nursery

Nelson Mandela Day, celebrated annually on July 18th, serves as a reminder of the power of humanity and the importance of making a positive impact in our communities. On this day, Mrs. Lindarboom Beverly, along with a dedicated group of individuals, orchestrated a heartwarming gesture of kindness at King Edward VIII Hospital. Their noble initiative involved donating blankets to the neonatal ward, ensuring that the hospital's youngest patients would be wrapped in warmth and love.

A heartfelt act of generosity, Mrs Lindarboom Beverly, a

compassionate and community-oriented individual, spearheaded an endeavor to commemorate Nelson Mandela day at King Edward VIII Hospital. Recognizing the vulnerability of newborn in the Nursery ward, they aimed to provide comfort and solace through the donation of blankets.

The 67 minutes of dedication, Mrs Lindarboom Beverly and partner dedicated their time and effort to ensure that every neonate

in the hospital received a soft, cozy blanket.

It serves as a call to action for individuals around the world to devote a portion of their day to uplifting others.

Blankets donated by Mrs Lindarboom Beverly and partner brought immense joy and comfort in the Nursery ward.

Article by Mmeli Luthuli



Nursing College Fruitful Gesture



The S.O.P.D clinic and ROOM 50 received a healthy boost from the nursing college staff.

In honor of Nelson Mandela Day, who encouraged individuals to dedicate 67 minutes of their time to helping others. King Edward VIII Hospital Nursing College spent their time with patients in ROOM 50 and the S.O.P.D clinic.

Following the spirit of Nelson Mandela's selflessness and compassion, the visit aimed to bring a glimmer of hope and comfort to those undergoing treatment at these clinics. The visit did not only provide a momentary respite from illness, but also served as a reminder of the

power of human connection and empathy.

Moreover, visitors from the nursing college took the opportunity to offer a strengthening prayer to the patients, drawing inspiration from the bible verse, Psalm 23:1-3 "The lord is my shepherd, I shall not want.2, He makes me to lie down in green pastures; he lead me besides the still waters, He restore my soul: He lead me in the paths of righteousness for his names sake." Pastor Busi Ngema shared a word of God and also

prayed healing on patients. Pastor Busi also has a slot on Highway Radio every Friday afternoon.

College staff were excited as it was a great pleasure to spend 67 minutes with patients taking care of both biological (distributing fruits) as well as spiritual needs for them.

Article by Mmeli Luthuli



TONSIL DRIVE APPRECIATION



King Edward VIII ENT department is the only tertiary referral centre in Durban and provides a service to the whole of Ethekewini, Ilembe and Ugu districts. This has resulted in a large (>350 patient) waiting list for patients requiring tonsillectomy. Many of these patients (120) are children who have large tonsils obstructing their airway. These patients have to wait over 6 months for their operation.

For these reasons, the ENT department, headed by Dr. R Bipath held a very successful tonsillectomy drive on the weekend of 10 June 2023. The team was able to operate on all scheduled patients many of

whom had large tonsils causing obstruction and ear problems (Hearing loss). Some of them had obstructed airway and breathing that would have lead to heart and lung problems. The operation was performed using coblation technology, which significantly decreases the time it takes to perform the operation. These patients are now able to live pain free, hear and go back to

school. The team is planning to have the drive quarterly. Dr Bipath and the ENT team would like to thank everyone who volunteered their time to make this possible, from anaesthetists, scrub sisters and other theatre staff, to the paediatric department and management.

Article by Dr Rishan Bipath



World Blood Donor Day

Give blood, give plasma, share life, share often. 14 JUNE 2023

World Blood Donor day is on 14 June each year. The slogan for 2023 World Blood Donor Day campaign is "Give blood, give plasma, share life, share often." It focuses on patients requiring life-long transfusion support and underlines the role every single person can play, by giving the valuable gift of blood or plasma. It also highlights the importance of giving blood or plasma regularly to create a safe and sustainable supply of blood and blood products that can be always available, all over the world, so that all patients in need can receive timely treatment.

King Edward VIII Hospital participated by having 43 staff members attending blood drive which took place in the hospital premises. It was commendable to different categories of staff coming to donate blood on this day. Every single donation is a precious lifesaving gift and repeat donation is the key to building a safe and sustainable blood supply. Every donor received a gift on this day.



Minimum Requirements to be a Blood Donor

- ◆ You are between the ages of 16 and 75 years old, for first time donors.
- ◆ You weigh a minimum of 50 kgs (and platelets a minimum of 55 kgs)
- ◆ You are in good health.
- ◆ You lead a low risk lifestyle.
- ◆ You consider your blood safe for transfusion.
- ◆ You have had a balanced meal within four hours of donating blood.
- ◆ You have not donated blood in the last 56 days (and platelets in the last 14 days.)
- ◆ Your pulse is between 60-100 regular beats per minute.
- ◆ Your blood pressure is below 180 systolic (first number) and below 100 diastolic (second number) (180/100mmHg) and above 100 systolic (first number) and above 60 diastolic (second number) (100/60mmHg).
- ◆ Your haemoglobin level is 12.g for females and 13.g for males/dL or above.



“ Ngithanda ukudlulisa isincomo ngempatho engiyithole ewodini engafikela kulona, **iwodi- O1**. Bonke abasebenzi bakhona bayakwazi ukunakekela abazithweleyo. Ngithande ukudlulisa ukubonga kakhulukazi kuMhlengikazi Miss Vezi, Chonco, Mbutho, Gumede and Tina indlela abangiphathe ngayo bengizizwa ngisekhaya uNkulunkulu angibusisele bona. Abakwenze kumina bakwenze nakwabanye abasazofika. Ngibonga angiphezi izandla zedlula ikhanda.

N.P. MHLANA....

“ Mr. Khumalo has been very helpful, and all the night and day shift. Keep up the good work. GOD LOVES YOU .

OLD LADY AUNDREY

“ Ngidlulisa ukubonga kubobonke abasebenzi base N5A bangiphathe kahle selokhu ngangena kule wodi. Ngibonge kakhulu ku Mr Khumalo ube usizo olukhulu kakhulu, uyena muntu obengihlelela zonke izinto kuze kube kufike usuku lwami lokuphuma kwami. Mr , Khumalo uyawzi umsebenzi wakhe usiphatha kahle sisiziguli. Siyabonga nakini KING EDWARD ngokuba nabasebenzi abawaziyo umsebenzi wabo

P. NGCOBO....



“ I would like to thank all the staff that was working tirelessly from AMU. The doctors work so hard, they even sacrifice their lunch time just help us quickly, and lastly the place was clean. SHOUTOUT to doctors from AMU.

MRS GOVENDER



“ **SHOUTOUT** to all the other department within KING EDWARD VIII HOSPITAL , you're doing the great job !!! There has been some compliments from you're departments too .

N.P SHANDU
M.A LUTHULI

KEH Compliments
EZASEKHANGELA

HEY THERE !!! SOMEBODY THINKS YOUR'RE AWESOME !!!

ISN'T THAT COOL ? YEAH IT IS



KEEEP UP THE GOOD WORK



Words of Appreciation

I am writing this letter filled with immense gratitude and a heart overflowing with joy to express my deepest appreciation for the incredible surgery performed by DR Sigodi at King Edward Hospital. Your exceptional skills, unwavering dedication, and compassionate care have transformed my life in ways I never thought possible. I cannot begin to express the profound impact your expertise has had on me.

Before the surgery, I lived with a condition that made me feel isolated and self-conscious. Every day seemed like a constant struggle, with a shadow of unease following me wherever I went. But thanks to your brilliance, I have been given a second chance at life, and I am forever indebted to you.

The entire process, from the initial consultations to the actual operation and post-operative care, was marked by your professionalism and expertise. Your ability to explain complex medical concepts in a way that was accessible and reassuring gave me the confidence and peace of mind I needed to undergo the surgery. Your patience in addressing all my concerns and answering my endless questions eased my fears and made me feel valued as a patient.

When the day of the surgery arrived, I placed my trust in your skilled hands. Your precision and attention to detail were evident as you carefully performed the procedure. I could sense the passion and dedication you brought to your work, and it gave me reassurance during a time of vulnerability. Your commitment to excellence is truly commendable, and it shines through in the remarkable outcome I have experienced.

Since the surgery, my life has been transformed in ways I never imagined. I now have the freedom to engage in activities that were once out of reach. The physical and emotional burdens that weighed me down have been lifted, and I can finally embrace life with renewed vigor and confidence. Your surgical expertise has granted me the incredible gift of feeling "normal" again, and for that, I will be eternally grateful.

Not only have you made a remarkable difference in my life, but you have also touched the lives of countless others who have had the privilege of being under your care. Your dedication to your patients and your commitment to excellence in your field are truly inspiring. Your compassion, kindness, and genuine concern for the well-being of others are a testament to the exceptional human being you are.

Dr. Sigodi, words cannot adequately express the depth of my gratitude for the remarkable surgery you performed and the positive impact it has had on my life. You are a true guardian of health and a beacon of hope for those in need. Thank you, from the bottom of my heart, for your unwavering dedication, exceptional skill, and for giving me the chance to feel normal again.

With heartfelt appreciation, THANK YOU DR SIGODI FROM THE BOTTOM OF MY HEART

Dear Dr. Rankin,

I am writing to express my deepest gratitude to you and your team at King Edward Hospital for the exceptional care you provided to me following my car accident. Your expertise, dedication, and compassion saved my life and helped me on the road to recovery.

I will never forget the day of the accident. The initial shock and pain was overwhelming, but your calm and reassuring presence gave me hope and a sense of comfort during a very difficult time. Your prompt and skillful medical attention was critical in stabilizing my condition and ensuring that I received the best possible care.

I was particularly grateful for the surgeries that were performed to restore the function in my hand. I remember feeling devastated when I heard that my hand might need to be amputated, but your team's expertise and dedication made it possible for me to regain full use of my hand. I am now able to type, write, and do many other things that I thought I would never be able to do again. It is truly a miracle, and I am forever grateful to you and your team for making it possible.

I also want to express my gratitude for the kindness and care that you and your team showed me during my recovery. The hospital can be a scary and overwhelming place, but your team's compassion and dedication made me feel safe and well-cared for. Your team members were always there to answer my questions, provide me with comfort, and offer words of encouragement when I needed it the most.

Your work as a medical professional is truly inspiring, and I hope you know that your dedication and commitment to your patients is making a real difference in the world. Your work has motivated me to appreciate life more and to never take my health for granted.

Thank you all for everything you have done for me. You have restored the function in my hand, giving me the ability to live life to the fullest, and for that, I will be forever grateful. Thank you for being a beacon of hope and inspiration to me.

Please join us for
aerobics class every Monday
 (16h00-17h00, **Tuesdays and**
Thursdays (15h00-16h00) at
 Jubilee Hall



Soccer 7 Netball Team
 Please contact Mr. Themba Sibisi: 031 360
 3605



Choir Rehearsal
 every Wednesday 13h00-14h00
 at Compound Classroom 3



ACKNOWLEDGEMENTS

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09



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