

# NEWS

March 2019

## EzaseKhangela

# Healthy pregnancy and safe motherhood



New Medical Interns

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# KEH Welcomes New Medical Interns



Fifty nine out of sixty nine medical interns commenced duties at KEH at the beginning of 2019. The ten will join the hospital during the course of the year to complete the total number of 69.

In the previous year the hospital was allocated 41 medical interns who are currently in their second year internship programme. Currently the hospital has a total of 110 interns.

Medical interns rotate through the following departments: Internal Medicine, General Surgery and A&E, O&G, Paediatrics, Anaesthetics, Orthopaedic Surgery, Family Medicine & Psychiatry. All departments are based at KEH except Family Medicine block during which interns are based at Wentworth Hospital.

The National DOH has placed a higher number of interns at KEH/WWH as the hospital was accredited by the HPCSA to accommodate that number. The department is compelled to accommodate interns as internship is a statutory requirement. However all centres have been allocated more interns this year to accommodate the growing numbers who are being trained at medical schools.



# Healthy pregnancy and safe motherhood



Antenatal Clinic staged a day full of health education on issues of mother and child. Each year during the month of February the focus is on pregnancy awareness, STI and use of condoms as well as family planning.

The team of doctors and nurses gathered relevant stakeholders who shared valuable information with pregnant ladies. Speakers ranged from Social Worker, Dietician, Family Planning Expert, to mention but a few.

A radio slot was secured at Vibe FM where nurses went to speak about issues surrounding pregnancy awareness. The team emphasized the importance of family support during pregnancy. They also raised awareness about teenage pregnancy. Two nursing professionals visiting the radio station indicated that there are a number of complications associated with teenage pregnancy. They pleaded with families to support their teenage kids when they fall pregnant.



# Benchmarking Visit By Lilitha College Of Nursing



A benchmarking request was made by Lilitha College of Nursing in Mthatha Campus in the Eastern Cape. The request was for Lilitha College of Nursing to visit King Edward Nursing College to benchmark on various programmes, namely, Orthopaedics, midwifery and neonatal Nursing Science.

## Dr

A Shete (Lilitha College of Nursing) thanked the KZNCN and King Edward VIII Campus for hosting them. Mthatha is the only campus in the Eastern Cape offering post basic Orthopaedics programme. Training was recommenced in 2003. Dr Shete explained that the purpose of their visit was to align Orthopaedics and Midwifery courses with the current trends. They also wanted to discuss existing curriculum, current study guides, procedure manual and clinical training record as well as to visit Orthopaedics wards.

King Edward VIII Nursing Campus team gave a presentation on an number of important aspects of the nursing college. Visitors learnt the importance of placing learners to community health centres and district hospitals as opposed to placing them to tertiary institutions, their learners are placed at a tertiary institution throughout the course. It was further emphasized that ADMs are frontline professionals who should be placed at clinics and learn how to make decisions with regard to the care of maternal and neonatal patients.

The benchmarking visit was a successful interchange of valuable information for both parties. King Edward VIII Nursing Campus gained a lot from Mthatha delegation and they also indicated that they benefitted from interaction.

Acknowledgements: KZN Health (Office of head of health), KZN College of Nursing Principals, King Edward VIII Hospital (CEO office, Nursing Management, Hospital PRO and Security Division), King Edward Nursing Campus Staff.

*Report compiled by*

*Ms. S.M. Mkhize submitted by Mrs. TSP Gasa (current Acting Campus Principal)*

# Radiography day 2018



*World International Roentgen Day is the celebration of the day when Dr Roentgen discovered X-Rays.*

Radiography Day is the day where the profession (radiography) was discovered. It was the beginning of the new medical era which improved the diagnosis of patients. New techniques to improve diagnosis are discovered every year, and therefore the day is celebrated annually.

Seen on the photos are Radiographers at King Edward VIII Hospital X-Ray department under the leadership of Mrs. Pinky Nzama.

*Story by Zamide Hlatshwayo: PRO Intern*





*The interior of BHP Paediatric  
Centre of Excellence*

## Acknowledgement

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