



health

Department
Health
PROVINCE OF KWAZULU-NATAL

King Edward VIII Hospital

EzaseKhangela

May 2016

CHILD PROTECTION WEEK

Child Protection Week starts from the 27th May 2016 to 03 June 2016. The Social Work Department invited all staff and parent of the kids admitted in KEH wards for awareness and information sharing on Child Protection.

Among the experts who shared valuable information are Child Line SA who shared some light on rehabilitation of abused children. They also emphasized on caring for children and standing together in fighting the abuse. St John Ambulance emphasized on the first aid and home safety. This was very interesting and informative session which the attendees appreciated a lot.

The department of Social Work had a competition where the kids were requested to draw and tell a story about their understanding of child abuse. The competition was looking at the message or rather positive message thereof. There were three winners, one from outpatient and two from ward N2A; prizes were school bag and book/colouring.

The number of attendees were 90, mainly mothers and kids, both inpatient and outpatients. The Social Work Department outdid themselves in coordinating this event. The venue was at its full capacity. As a build up to the event they held talks at Paediatrics departments, both in patient and outpatient.



FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

SAVE LIVES - CLEAN HANDS



Sister Nkosi demonstrating to doctors in Paediatrics

World Health Organization (WHO) declared 5th May as World Hand Hygiene Day; and came up with the slogan: "SAVE LIVES-CLEAN YOUR HANDS". In 2016 the campaign focusses on improvement of hand hygiene practices in all surgical services in the healthcare facility.

In support of this global initiative, KEH participated in the hand hygiene drive by educating (through practical demonstration of the hand washing technique) healthcare workers, patients, clients and visitors who were present on the day.

The team visited all the Facility directorates, observing and conducting demonstrations of the hand washing technique and the use of an alcohol hand rub. Education of clients and visitors in OPD's. Hand hygiene demonstrations were also conducted in a nearby Taxi Rank. Photographs were taken and attendance records signed by all participants (702—total number).

Good staff co-operation and participation observed, especially amongst Doctors who were very enthusiastic. Show of interest and co-operation as also observed from the Public as they demonstrated back what they were taught.

The team would like to appreciate all members of staff for the continued support and demonstration of good hand washing technique not only on this day but every morning during handover meetings. A special thank you to Ms Lenise Clothier (OT) for the beautiful hand washing banner.

Article by Mrs Nkosi—IPC Coordinator

WORLD ASTHMA DAY



Left: Pharmacy Interns with eye catchy information posters.

Right: Dr V Naidoo talking about danger signs in asthma

The 3rd May 2016 was World Asthma Day; King Edward VIII Hospital took part in raising awareness regarding this day. The information sharing day took place at BHP Paediatric Centre of Excellence where Dr V Naidoo and Pharmacy Interns had a consultative session with patients. Kids suffering from asthma were in attendance together with their parents.

Pharmacy interns had colourful posters with a range of information as far as the topic is concerned. They did presentations on different topics and asked questions to evaluate the understanding from attendees. It was interesting to see kids participating in question and answer session, it also showed that they are aware of the condition and treatment they are taking.

Dr V Naidoo was hands on in terms of information sharing with patients as well as encouraging them to ask questions where they felt there were issues of clarity. The importance of adhering to medication and knowing more about asthma was emphasized as the key to ensuring that the disease is controlled. Patients were taken through different types of medication and how to use them. Types of allergies were explained and remedial actions to be taken when one experiences such.

We would like to commend team work shown on this awareness, and also acknowledge research and innovation shown by Pharmacy Interns. Information posters will be displayed in the clinic for the duration of the week.

WORLD HAEMOPHILIA DAY

World hemophilia day is an annual event which was held on the 17th April 2016. Hemophilia awareness day was established in 1989. The date of the 17th was chosen to honour Frank Schnabel the founder of World Federation of Haemophilia (WFH) who's birthday falls on the same date.

The purpose of the event was to create awareness to the people at the hospital by teaching them about hemophilia. Going to different wards giving them gift with information to read about hemophilia and Easter egg to enjoy while reading. The inpatient kids were very happy to see spider man and gifts that he shared with them. Taking pictures with spider man brought much joy in children's faces. The event was a success, the team was able to give everyone the information by going to different wards in the hospital .

Nkosinathi Dlamini (29yrs) raise an awareness by indicating that he is a haemophilia patient, and has been admitted in hospital after being involved in a fight. He stated that if one has haemophilia, should not be involved in aggressive fight. Dlamini is a haemophilia patient since 20013.

Prior to the 17th April 2006, Haemophilia clinic hosted annual general meeting at the DQ , attended medical and allied team as well as haemophilia supporters.



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FIRE SAFETY TRAINING



The training was conducted by eThekweni Municipality – Fire Department. The purpose of the training was to provide the knowledge and skills to KEH employees on how to fight fires. Knowledge acquired by participation in this training is one of the methods used to create an effective safety culture.



Ms Phumzile Cele:
Health & Safety

HEALTHY LIFESTYLE

On the 5th April 2016 King Edward VIII Hospital hosted a build up event prior to the World Health Day 2016. The day was aimed at encouraging employees in the work place to exercise and live healthy life on daily basis.

Attendees were staff members from all eThekweni District health facilities. Members thoroughly enjoyed the workout which was led by the honourable MEC and Ms Lele Mdluli. Over two hundred health employees attended the event.

Hilcrest Hospital choir took to the stage and the crowd went crazy. They were singing songs which about promoting healthy living, very edutainment. KEH Isichathamiya also wowed attendees with their beautiful voices with powerful message.

It is important to note that KEH hospital has been active in the health lifestyle gym since its launch in 2011. There is still a call though to all staff members to embark in some sort of healthy life style activities.

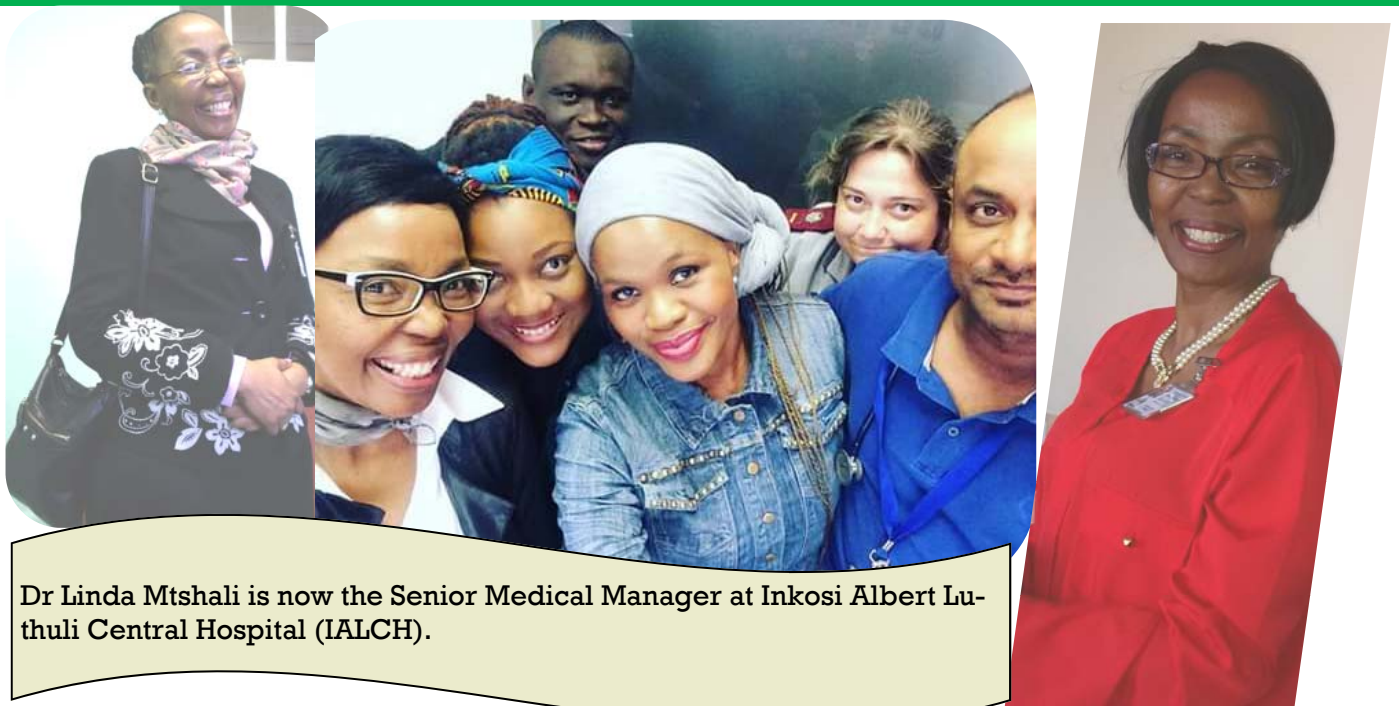
Wellness gym has since introduced more classes at DG on Mondays and Wednesdays at 17h00-18h00, while Tuesdays and Thursdays exercises take place at Jubilee Hall, 15h00-16h00.



HEALTHY LIFESTYLE



FAREWELL DR LINDA MTSHALI



Dr Linda Mtshali is now the Senior Medical Manager at Inkosi Albert Luthuli Central Hospital (IALCH).

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