



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

KWADABEKA CHC

ISOLEMPILO

NEWS

STAY INFORMED

MARCH 2017

OPENING YEAR PRAYER



KDCHC STAFF DURING YEAR OPENING PRAYER

KwaDabeka Community Health Centre opened the year with a powerful prayer on the 27th of January 2017.

Pastor BK Nzuza, known as Pastor KK, his brand name from Divine Touch FM, initiated the prayer as a way of thanking KwaDabeka CHC staff for offering christmas groceries and cash to Pastor KK and his family.

Pastor KK has been with KDCHC as a volunteer for 4 years now.

This Event was blessed with a very powerful motivation from Mr Thulani Mkokstad who said " a problem has an excuse" He than took us to an example of drive through motivating us that as the year starts when we order what we want to accomplish in 2017 we must pay the price meaning we must work hard to achieve our goals.

we were blessed with word of God 1 chronicles 21:13. Mrs Mkhungo our MC closed this event on a high note.



PASTOR BONGINKOSI KHUMBULANI NZUZA DURING PRAYER EVENT AT KDCHC

PREGNANCY AWARENESS WEEK



OMN IN MATERNITY HANDING GIFT TO PATIENT DURING PREGNANCE AWARENESS EVENT



MARTENITY STAFF EDUCATING PATIENTS



EDUCATIONAL PLAY BY MATERNITY STAFF AND CCG'S

KwaDabeka CHC maternity unit commemorated pregnancy awareness week from the 8th of February 2017 different staff from maternity were educating patients in different foyers about pregnancy awareness . Ms Khanyile OMN in Maternity was the first presenter on the 8th of February, she covered symptoms of pregnancy and the importance of using a condom followed by Sr Sithole and Sr Mthembu who spoke about danger signs in pregnancy . Sr Mthiyane covered true signs of labour and the importance of fetal kick counts.

On the 10th of February 2017 we had an event which was blessed with the presence of management and a member of ward 20 Sukuma Sakhe . Dr Hoque welcomed everyone, Mrs Qhwagi ANM in maternity explained the purpose of the day " we are the health calender " she spoke about a high rate of teenage pregnancy and increasing number of teenage abor-ions in Kwadabeka . " it is an awareness to outline or to educate how to take care of yourself if you are pregnant and dangers to be aware of ." said Mrs Qhwagi .

Ms Khanyile educated patients about anemia during pregnancy . Professional nurses in maternity educated patients in different topics about being safe when you are pregnant. Lifeline social worker Bongekile Mjwara had a talk around social issues during pregnancy.

There was question and answer session and patients were receiving different gift if they answered correctly.

MOLWENI CLINIC COMMEMORATION OF WORLD AIDS DAY



MOLWENI CLINIC STAFF DURING WORLD AIDS DAY PLAY



On the 8th of December 2016 Molweni Clinic commemorated world aids day. The purpose of the day was cited by Sr Zongoda who explained what is World Aids Day which is to remember those who died because of HIV/Aids, and those who are living with HIV/Aids should not be discriminated against. She also encouraged pregnant mothers and all other patients to know their status.

DK Lushozi educated patients that females should come early to the clinic to do pregnancy test should they miss their periods in order to also check for HIV status early to prevent it from passing to an unborn child.

A recovering patient Zinhle Ngcobo (not real name) who was diagnosed with TB and completed her 6 months

treatment. She said after completion of her TB treatment she than tested for HIV and she was HIV positive she started her medication and she is taking her medication correct. Ms Ngcobo motivated and encouraged the community and other patients to also test for HIV.

Mrs Dlamini thanked everyone and Match their sponsor for making the event a success.

HAND HYGIENE DRIVE



Matron Mbatha handing over trophy TOpharmacy, Ms Mbambo and Mrs. Magwaza



Demonstration of hand wash at Paeds in the picture Mrs Mpanza, Ms Tswana , Mrs Dlamini and Mrs Cebekhulu



Mrs. Ohwagi, Mrs. Mpanza and Ms. Khanyile receiving a certificate

KwaDabeka Community HealthCare Centre Infection and prevention Control conducted hand hygiene drive in style on the 2nd of December 2016. Sections prepared an IPC poster to show understanding of IPC, sections that participated were Maternity, Pharmacy, ICDM and Paeds there was a judging criteria for poster presentation that was followed it. The best poster was awarded to Maternity section and they received a certificate of appreciation and trophy. second prize was awarded to Paediatrics section. All four departments that participated received certificate of appreciation.

SHEQ team , Trainer and PRO conducted hand hygiene facility audit earlier on the day of the event. Hand hygiene facility audit. Different staff members from different sections were chosen by the audit team to demonstrate 5 moments for hand hygiene. Paediatrics department lead on hand hygiene demonstration and hand hygiene facility audit by passing with flying colours 100%.

Educational talks about IPC were conducted to patients attending an event and there were asked questions and received gifts for answering correct .This event-

ADVERSE DRUG REACTIONS ASSOCIATED WITH ARV THERAPY IN SA

KwaDabeka Community Health Centre Pharmacist Ms Sumeshni Birbal (in the picture) she completed a masters degree in health science (pharmacology) at the University of KwaZulu Natal and published research online in the African Journal of Aids research in October 2016.

Ms Birbal's study had introduction that South Africa has one of the highest prevalence's of HIV and AIDS in the world. According to (WHO -2006) statistics reveals that the annual number of deaths in South Africa from HIV/AIDS rose by a massive 93% between 1997 and 2006 but decreased by 11% between 2006 and 2010.

The aim of Ms Birbal's study was to describe the Adverse Drug Reactions (ADR) reported in South Africa with

reference to the type of ADR, ARVs implicated in the ADR, seriousness of the ADR and patient demographics associated with specific ADRs. a Retrospective quantitative study was carried out.

A total number of 2 489 cases were reported and analysed of which most ADRs were ADRs experienced by female patients as compared to male patients around the age of 30-44 years. The reported ADRs associated with ARVs described the 10 most common reported ADRs of which stavudine was implicated in 50.46% of the reports.

Article by Ms Sumeshni Birbal(Pharmacist)



**SUMESHNI BIRBAL
PHARMACIST**

Stavudine caused more Adverse drug reactions in woman about 52.7% . Efavirenz was also implicated with more ADRs in females as opposed to males in the age group 0-14 years stavudine was responsible for the greatest number of ADRs about 80.2%. patients ages 15-29 experienced ADRs mostly attributed to the use of efavirenz.

HPV CAMPAIGN



SR PILLAY AND STAFF NURSE GUMEDE DURING HPV CAMPAIGN

KwaDabeka CHC School Health Team visited

Mzwamandla Khanyile Primary School on the 17th of March 2017 to give HPV vaccine to girls that are in grade 4 and 9 years old .

Sr Mkhize, Sr Ndlela, Sr Pillay and staff nurse Gumedde embarked on a campaign that started on the 21st of February 2017 until 23 March 2017

What is HPV ? it is Human Papillomavirus a common infectious agent that has no visible symptoms it is responsible for most cases of cervical cancer.

They have reached +- 350 girls in all primary schools around kwaDabeka area.

TB BUILD UP EVENT AT MZWAMANDLA PRIMARY



staff Nurse Mdlalose and staff Nurse Mphesheya at Mzwamandla primary school during TB build Up Event.

LEARNER RECEIVING A GIFT AFTER ANSWERING A QUESTION



On the 17th of March 2017 KwaDabeka CHC ICDM unit staff Nurse Mdlalose and staff Nurse Mphesheya visited Mzwamandla Khanyile Primary School.

Staff Nurse Mphesheya educated learners about the symptoms of TB . learners that had relatives or family members that are coughing were called in a group and were tested for TB.

Staff Nurse Mdlalose demonstrated the good practice for coughing . there was question and answer session and gift donated by Match were given to the learners who answered correctly.

Stop TB

SAFETY TALKS

Occupational health and safety is a definite plan of action designed to prevent accidents and occupational diseases in the workplace. According to the Occupational Health and Safety Act 85 of 1993, it is the responsibility of the employer to provide and maintain a working environment that is safe and is without risk to the health and safety of its employees.

Therefore, in assisting the employer to comply with the provisions of the OHS Act, a comprehensive customised audit tool was developed to be used during self and peer assessments. EThekwini district Occupational Safety program under the leadership of Mrs. N. Bhengu in ensuring that all health institutions under EThekwini district strive for compliance, initiated a peer review approach where a group of four institutions were randomly selected to form a team that would assess each other, irrespective of the level of care the institution is rendering.

The assessment included the review and assessment of documents, staff interviews and observation during a walk-about. The selection of departments or components to be assessed comprised of both clinical and non-clinical.

On the 24 of January 2017 KwaDabeka CHC was privileged to have formed an integral part of a team for the 5th time in years consecutively starting from year 2013 to current year 2017. Over the years the audit has focused on the most prominent and pertinent objectives or standards required by the OHS Act as the following: **Legal appointments, Incident reporting, Training programme, policies and procedures, Personal Protective Equipment, Health and Safety Committee Meetings, Environment assessment, Symbolic safety signs, Safe systems of work, Disaster management, Fire prevention, Physical inspection etc.**

ARTICLE BY: MRS PINKY GCWABAZA (SAFETY OFFICER)



MRS NP GCWABAZA (SAFETY OFFICER)

In order for the institution to achieve compliance status a percentage of 80% and above must be attained. For the past assessments, KDC has been unsuccessful to attain the 80% pass rate due to numerous reasons i.e. structural challenges, lack of support and commitment to the programme, unavailability of funds etc. the institution's thus attained a 56% score during the 2016/2017 assessment period. However, this non-compliance is and should not be considered as a downfall or failure, rather a motivation to improve where deviations were most encountered.



CLERMONT CLINIC TB AWARENESS DAY



SR KHUZWAYO FROM CLERMONT CLINIC AT UMQHELE SECONDARY SCHOOL

On the 23th of March Clermont Clinic visited Umqhele Public Secondary School on the TB awareness day, Sr Khuzwayo welcomed everyone and educate about TB, she said Tuberculosis (TB) is a disease caused by bacteria that are spread through the air from person to person and TB can be cured. she mentioned 5 symptoms of TB: Night sweats, coughing for more than 2 weeks, fever, weight loss and loss of appetite. she said "Once you take your treatment for more than 2 weeks you will be no longer infectious.

If you are infected by TB you take treatment according to your weight, e.g if you are weighing 32-36kg you take 2 tablets, 37-54kg you take 3, 55-69 you take 4, 70 upwards you take 5 tablets per day. you can prevent TB by coving your mouth and nose when you cough or sneeze to prevent the spread of TB. keep windows open in your home. Sunlight kills TB germs and the fresh air blows them away.

There are different types of TB, there is pulmonary TB. Pulmonary TB is a contagious infections disease that attacks lungs, you have to take 6 months treatment for this and for spinal and abdominal Tuberculosis you have to take your treatment for 9 months.

Sr Khuzwayo also explained that a blood pressure is the measure of the force of blood pushing against blood vessel walls, the heart pumps blood into the arteries (blood vessels), blood pressure is caused by smoking, being overweight, too much salt in the diet, stress, older age etc..

On the other side CCG'S had a testing session for HIV and TB and student went to test in there numbers. Sr Khuzwayo encourage everyone to know there status.

Student were asked questions and those who answered correctly received different gifts



COMPLIMENTS / IZINCOMO

I want to compliment Mrs T. Mbambo, Mrs Ndlovu from diabetic. Mrs T. Mbambo is the one of the best Nurse on her depart on the front desk, she greets patients with a smile also attend patient with dignity and respect in addition she enjoys her work. She does not have time to keep a go slow on duty, she know what is the responsibility of a nurse, Sr.Ndlovu did her educational talks and teaching very well, her teaching is excellent.

From: Welekazi Beuzana

N.C Mphesheya

when I came to this clinic in the afternoon, I was sitting the chairs outside and then this nurse with the name above told me that this chairs inside are where the patients wait for the Doctor. She is so kind and humble and dedicated. She has a passion for nursing not to get money but to take care at the patients. Not to treat only but to give directions as a security also. She is a soldier.

From: Lucy Magaso

G-I Mbatha was very helpful when I went to the other sister she could not help but G-I Mbatha helped me so much we need people like her in this clinic because she cares about her patients so much and I would recommend her to anyone please do not lose her we as patient need her so much, I real appreciate her thank you

It was the 25th of December 2016. I was involved in a car accident and was resulted to Kwadabeka clinic they treated me very quickly, I was impressed by by the service I received, thank you very much keep it up. good work. (The time was about 2am)

From: Sisie Hlatshwayo

To whom it may concern I hereby wish to acknowledge the you. that Im very proud of Sister Thabisile Mbambo the way she attend patient with an ever smiling face wish her long live.

From: Cecilia

U M.T Mbambo uyakwazi ukwenza umsebenzi wakhe. ngiyabonga kuye. uma efutha i-Bp Uyash-
esha

From: Hlengiwe Dladla

I hereby thank sister Mkhungo who did her work perfectly and nicely when I came to do circumcision at Kwadabeka CHC. her care firstly and good manners, respect good way of talking. keep it up Mem. do like wise to other patients.

Name: Moses Mtolo

Ngithanda ukubonga u sister Mbatha ngokungisiza ngothando nesineke ngigulelwa ingane yami waba nesikhulu isineke kuyimanje iphila saka enkingeni yokucinanelwa isifuba eyayinakho

From: Thobile Mkhwanazi

KDCHC MIDWIFERY SKILLS WORKSHOP



MRS QHWAGI ANM IN MATERNITY PRESENTING DURING KDCHC MIDWIFERY SKILLS WORKSHOP.

KwaDabeka CHC Maternity Units hosted a very informative midwifery skills workshop on the 29th of March 2017. The theme was Aforce for Change, improving Health systems "resilience .

Dr Ramdeen CEO welcomed everyone to the skills workshop. there were different lectures one of them Mr. Shange educated midwifery a lot on Basic Antenatal Care he emphasized on key strategies in reducing maternal mortality .

Mrs. Qhwagi presented Predisposing factors Road to maternal Deaths she shared scenario an example of a mother

who was neglected who ended up dying . she than encouraged Nurses to work hard to prevent mothers to die while giving birth. Mrs L. Ngwenya presented key steps to prevent avoidable maternal neonatal & child mortality.

Mrs F Tango from Match spoke about the importance of breastfeeding. There were 6 stalls prepared for practical skills under topics Help Baby breath, Eclampsia, Cord Prolapse, should dystocia , breach delivery and post partum Haemorrhage which was managed by KDCHC Maternity Staff and DR Kelly. Ms Tswane Programme Director handed over to Mrs. Qhwagi who than thanked everyone who made this event a success.

PICTURE GALLERY FOR MIDWIFERY SKILLS WORKSHOP



SR SHOZI , DR KELLY AND SR MTHIYANE DEMONSTRATING HOW TO HELP THE BABY BREATHE



AMAPAPA TIME



MS TSWANA PROGRAMME DIRECTOR



MRS DLAMINI AND MS ELITE HANDING OUT GIFTS



TASK TEAM MEMBERS AT THE REGISTRATION DESK



MIDWIFERY SKILLS WORKSHOP TASK TEAM

PICTURE GALLERY—IXOXWA NGEZITHOMBE



DEPUTY MAYOR FAWZIA PEER AND KDCHC MANAGEMENT



DARUL IHSAN CENTRE DONATING BLANKETS AND SCHOOL BAGS TO KDCHC PATIENTS



CHRISTMAS PARTY ORGANISED BY KDCHC SOCIAL WORKER UNIT



MAT STAFF PERFORMING DURING HAND HYGIENE BELOW
Matron giving prize to Acute unit



KDCHC STAFF WITH CCG'S DURING WORLD AIDS DAY



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