



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

**KWADABEKA CHC**

**ISOLEMPILO**

**NEWS**

**STAY INFORMED**

**NOVEMBER 2017**

## **KDCHC CELEBRATES HERITAGE**

**H**eritage day is a day in where all are encouraged to celebrate their cultural traditions in the wider context of the great diversity of cultures, beliefs and traditions that make up the nation of South Africa.

KwaDabeka CHC commemorated heritage day on the 29th of September 2017 Mrs Dlamini from Mental department opened an event with a powerful prayer. Mr. Mthethwa ( Systems Manager) welcomed staff and thanked everyone present for their attendance. Mr. Khumalo ( HR manager) outlined purpose of the day. He unpacked the term diversity briefly and emphasized on equality and respecting one another.

KwaDabeka CHC traditional dance groups which comprised of Zulu dance , IsiXhosa dance, Lesotho dance, Hindu dance and poetry entertained audiences. The vote of thanks was presented by Mrs. Jali (PRO )who thanked everyone who made an event a success.



**KWADABEKA CHC STAFF IN A JOVIAL MOOD SHOWCASING TRADITIONAL FASHION WITH MRS QHWAGI ON THE RIGHT.**



**SUKUMA SAKHE LAUNCH  
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## LAUNCH OF OPERATION SUKUMA SAKHE



### KWADABEKA CHC OUTREACH TEAM PROVIDING SERVICES DURING SUKUMA SAKHE LAUNCH.

**I**n the 7th of September 2017 Operation Sukuma Sakhe in ward 20 was officially launched at KK ground . This event was blessed by the presence of honorable Councillor Mandla Mbambo who welcomed everybody and informed the community that operation Sukuma Sakhe is welcoming citizen and all different Departments.

Mr Nyambose from OSS office said” the purpose of Sukuma Sakhe is to fight HIV/Aids and empower disable people, priorities elders , fight drugs and crime , teenage pregnancy etc”

Different companies were given a chance to market their services . KwaDabeka Community Health Centre represented by outreach department did not want to waste this opportunity they provided services to the community . They were testing all the vitals, TB testing, distribution of condoms and marketed other services that are rendered in the facility.

Upcoming local artist entertained the audience . the event was then closed by the honorable Councillor Mbambo.

## PHARMACY MONTH CELEBRATION



KWADABEKA CHC PHARMACY DEPARTMENT VISITING MUZWAMANDLA PRIMARY SCHOOL DURING PHARMACY MONTH.

**K**wadabeka CHC pharmacy

celebrated pharmacy awareness month with the spirit of giving . The theme for 2017 Pharmacy month is “DON'T WAIT—VACCINATE.” KwaDabeka CHC pharmacy department embarked on a journey to visit Muzwamandla primary school and Impumelelo yobumbano orphanage to educate the learners about the importance of vaccination.

Pharmacy intern Snalo motivated youth briefly by referring to his experience. He warned kids about substance abuse.



KWADABEKA CHC PHARMACY DEPARTMENT VISITING IMPUMELELO YOBUMBANO ORPHANAGE DURING PHARMACY AWARENESS MONTH.

Miss Silindile Desemele spoke more about girls and boys taking care of themselves . A leader from Impumelelo yobumbano informed everyone what they do as an Orphanage and thanked KwaDabeka CHC Pharmacy for viting them.

On the 29th of September 2017 pharmacy department visited Paediatrics department for awareness, education was given in a way of singing and gift were handed to every child .

## QUALITY DAY AT MOLWENI CLINIC



**I**t was a great day that will not be soon forgotten by many at Molweni clinic. It was on the 18th of October 2017 when Molweni clinic hosted a Quality Day to reward staff who is excelling in the different categories. Mr Magwaza who is a Quality Assurance Rep unpacked the term quality very broadly and emphasized on ensuring quality services in the clinic. This event was attended by both staff and community members and was blessed by the presence of the local councillor Mr S Mncube and his cabinet.

Staff members had presentations on different topics like 6 key priorities areas by CNP L Ntombela, the role of a staff nurse was explained well by NP Mkhize, Quality of care the holistic approach was well presented by CNP Zongola, Sr Cawe and Sr Ngema unpacked the background of outreach services. ENA Msomi said “ they are the first line they decide if the patient is an emergency and prioritise accordingly. Mr Khumalo (HR Manager) motivated staff very well and he quoted Jeremiah 5– 9. Mr Bekenya also motivated staff and thanked staff for excelling.

Honorable Councillor Mncube thanked the clinic for a good working relations they have with the community. Mrs Mazeka, Mrs Dlamini and Mr Magwaza handed over the trophies and certificated to the nominated individuals according to specific categories.

## HAND HYGIENE IPC



Mr Lindani Ndlovu (Auditor) on the left check how hygiene is hands of the staff member after wash



Staff member practicing proper hands wash

**H**and washing is an important technique in removing or reducing the number of micro-organisms from the hands. This in turn will reduce the potential transmission of these microorganisms directly to others or to surfaces where they can be picked up by others. Washing of ones hands will also decrease the risk of transmission of infectious agents to self. Hand washing is important especially among healthcare workers. “Contaminated hands of health care workers are a primary source of infection transmission in health care setting” (Perry and Potter, 2009, p.655). Of equal importance is also hand washing among young children. In this instance it can help prevent common illnesses such as the flu and help them stay healthier.

On the 3<sup>rd</sup> May Auditors Mrs Mpanza (infection Control ONM) and Mr Lindani Ndlovu (was the guest) visited 5 unit Paeds, Acute, ICDM, Maternity and General orderly to emphasis the important of proper hand hygiene and monitor hand hygiene practice, health care workers were given an opportunity to practice proper hand washing and get tested by the laser to show result how hygiene is their hands.

Recommendations on all identified challenges were done and staff learned more and were motivated about the importance of hand washing.

## COMPLIMENTS / IZINCOMO

N.C Mpheya, G,S Mngadi Si-  
phatheke kahle eklinikhi  
sihlale kahle ubusu bonke  
siyabonga indlela esipathwe  
ngayo sibonga kakhulu lento  
abayenzayo nakwabanye  
bayenze siyabonga

From: Patricia Mancini

Ngithi angibonge kakhulu onesi  
babambisene ngokusiza  
umtwana uku melethisa, bam-  
phatha kahle konke kwenzeka  
kahle ngendlela elindelekile  
siwundeni sibonge kakhulu um-  
sebenzi wenu, yabeletha  
ngomhlaka 16/09/2017.

From: Nohlanhla Zulu

Mina Alice Ngubane ngicela  
ukubonga ku sister Mbatha  
owasiqhuhuzela ukuthi sense  
I papsmear nangendlela acha-  
za ngayowasenza sathanda  
ukuyenza ngoba wachaza  
ukuthi asikho isicubu  
esithathwayo ngaya  
esibhedlela kwatholakala  
ukuthi ngiqalwa udlavuma  
wesibelesho ngizophindela  
mhlaka 19 esibhedlela bese  
ngiyohlinzwa mhlaka 21 ngi-  
bonga kakhulukusister  
owangiqhuhuzela ngempilo  
yami isizoqhubeka ngoba  
ngangingazi.

From: Alice Ngubane

Ngiyakubingelela mphathi  
womtholampilo wakwaDabeka.

Ngiphakamisa ukukhuthala  
nokuzikhandla kwabahlengikazi  
bakwaDabeka ngalolusuku,  
siyabongasiwumphakathi  
wakwaDabeka bebesisheshisela  
ngendlela eyisimanga baqhubeke  
njalo nokusiphatha kahlekanje.  
God bless u

From: Sholiphi Khanyile

Great service from night  
shift nurse please keep it  
up!!!!

From: Zanini Cele

From: Zandile Mkhwanazi

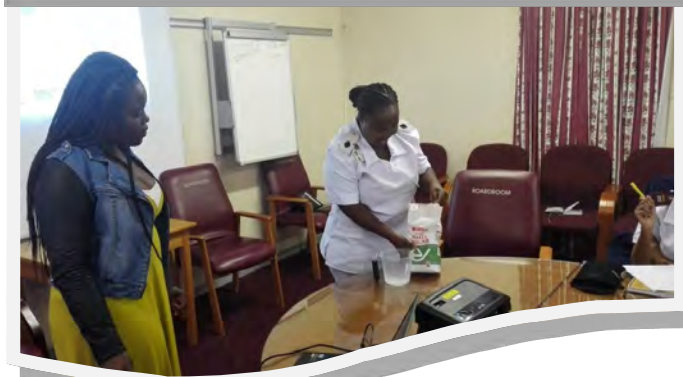
Ngifisa ukubonga okukhulu engi-  
phatheke kahle ngayo ngigulelwa in-  
gane yami ebusuku isineke impatho  
ababenayo ingijabulisile ngithi senga-  
thi bangayeke ukukwenza befundise  
nabanye kwezinye izibhedlela-Z.G  
Ndlovu no S Cele uNkulunkulu angic-  
ginele nina

# NATIONAL NUTRITION WEEK



Picture caption

**K**wadabeka Community Health Centre Nutrition department hosted an educational presentation in the month of October for National Nutrition Week. The theme for this year was “Rethink your drink – choose water .



Picture caption

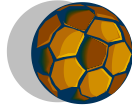
The presentation focused on decreasing the intake of high sugar drinks such as carbonated and energy drinks and increasing intake of water. Practical activities such as counting the number of teaspoons of sugar in high sugar drinks to help the audience realize their sugar intake as well as highlighting the health benefits of drinking sufficient water. Ms Hlongwane opened a platform for staff to ask questions and thanked everyone for their attendance.

## KWADABEKA CHC OUTREACH TEAM



KDCHC OUTREACH TEAM IN A NEW UNIFORM

# EZEMIDLALO



KWADABEKA CHC SOCCER TEAM DURING ETHEKWINI TOURNAMENT



KWADABEKA CHC NETBALL TEAM DURING ETHEKWINI TOURNAMENT

KWADABEKA CHC PARTICIPATED IN THE TOURNAMENT HOSTED BY ETHEKWINI DISTRICT . THE NETBALL TEAM DID WONDERS IN THE FIRST MATCH WHEN THEY PLAYED WITH CATOR MANOR LAUNDRY AND THE SCORE WAS AS FOLLOWS KDCHC 8— 5 CATOR MANOR LAUNDRY . SECOND MATCH WAS UNFORTUNATELY A LOSS WHEN KWAMASHU CHC WINS .

KWADABEKA CHC SOCCER TEAM PLAYED WITH PPSD AND DID NOT MAKE IT TO THE NEXT ROUND ANYWAY IT IS JUST FOR PROMOTING HEALTHY LIFE IN THE WORKPLACE



## KWADABEKA CHC COMMEMORATES BREASTFEEDING



MCWH STAFF TOGETHER WITH CCG'S ENTERTAINING AUDIENCE WITH EDUCATIONAL SONGS.

MS Khanyile encouraging mothers to breastfeed during breastfeeding event.

KwaDabeka Community Health Centre celebrated International Breastfeeding week on the 16 August 2017. The theme of the day was “sustaining breastfeeding together.” Ms Khanyile encouraged mothers to continue with breastfeeding .

This event was well directed by Sr Dlodla who outlined the aim of the event she said “is to create an awareness and emphasize the importance of breastfeeding for mothers and babies”. The activities on the day was mainly educating the patients about the benefit of sustaining breastfeeding . One of activities on the day was to have a well baby competition where by judges (The Dietician, Paediatric and Maternity staff ) randomly collected road to health booklets and they selected best three babies that were exclusively breastfed and growing well , they received different hampers . The event was a big success and mothers realized that **Breast milk is the best.**

PICTURE GALLERY FOR HERITAGE DAY / IXOXWA NGEZITHOMBE



KUMNANDI MASIHLANGENE

WE CALL THIS DIVERSITY

AMAPAPA TIME



## PICTURE GALLERY / IXOXWA NGEZITHOMBE



MOLWENI CLINIC OUTREACH RECEIVING REWARDS DURING QUALITY DAY



MOLWENI CLINIC MANAGEMENT, INDUNA AND CLINIC BOARD COMMITTEE MEMBER DURING QUALITY DAY



Pharmacy month awareness at Impumelelo yobumbano orphanage

# ACKNOWLEDGEMENTS

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