



ISOLEMPILO

NEWS

STAY INFORMED

October 2016



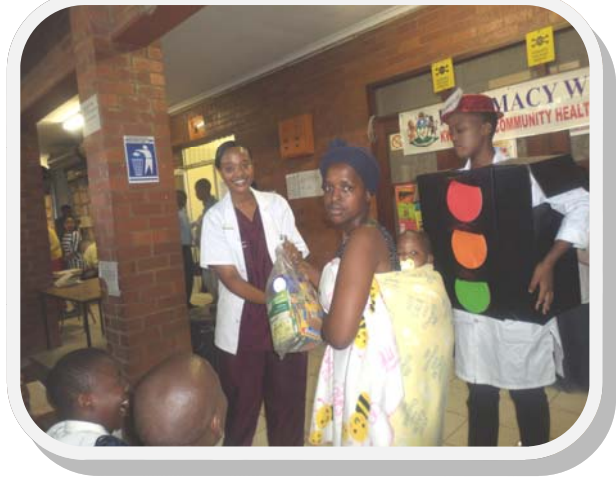
Lead stories from the top Open day Event , on the bottom left Pharmacy Week and on the right MEC Dr. Sibongiseni Dhlomo launches test and treat at KwaDabeka Community Health Centre , read more in pages 2, 3 and 4



PHARMACY WEEK



Pharmacy staff singing educational songs in paediatrics foyer during pharmacy week.



Pharmacy staff gave gifts to patients During Pharmacy Week

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ational Pharmacy week was held between 5 and 11 September. The theme was **Use Medicine Safely** and was aimed at encouraging patients to ask their pharmacist pertinent questions on the safe use of their medicine to obtain optimal medicinal benefit. "This years poster to promote the week symbolizes a traffic light and uses red, orange and green to convey the three steps a patient should take to ensure the safe use of their medication" said Ms Nolwazi Mcunu Pharmacist intern.

KDCHC Pharmacy staff conveyed this message in a song that the red light means "**stop, ask yourself,**" urges the patients to ensure they understand why they are taking the medicine. the orange light, "**ask your pharmacist**" recommends the patients to ask the pharmacist for information on the safe use and storage of the medicine. the green light, "**Go and get well**" indicated that pharmacist has given the patients advice on the safe use, storage and disposal of the medicine.

On the 05th of September 2016 KwaDabeka Community Health Centre, celebrated Pharmacy week from the 5th of September to the 11th of September 2016. Pharmacy staff visited all foyers every morning during this week to educate patients ask them questions and who ever answered correct they were receiving gifts including children toys, food parcels that was donated by Gift of the Givers.

KDCHC Pharmacy staff also visited Ilanga high school on the 1st of September 2016. 1068 children were educated about the importance of using medicine safely and encouraged to ask pertinent questions. All children were given a parcel of food donated by Gift of the Givers. Pharmacy staff did not end there but organized a staff wellness day where staff were encouraged to ask questions relating to their medication and it was aimed at building and maintaining good relations with KDCHC staff.

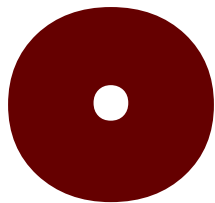
OPEN DAY EVENT



Dietetics stand, Pharmacy stand at Mental Health stand



Sr Malinga from Maternity with community member.



In the 17th of August 2016 KwaDabeka Community Healthcare Centre hosted an Open Day to market the services that are rendered. This event was aimed at giving information to the community of KwaDabeka and surrounding and also our patients that might not be aware of other services.

The order of the day was directed by Mrs Mkhungo . On the day all the departments had their tables with all relevant information to hand out to patients and community members.

Our partners Old Mutual , K-rith , Match and an NGO called Community Outreach Programme Trust also had a chance to market their organizations to the community .

This event was blessed with the presence of the senior management Dr Ramdeen (CEO) who welcomed everyone and Mrs Mbatha (Deputy Manager Nursing) outlined the purpose of the day.

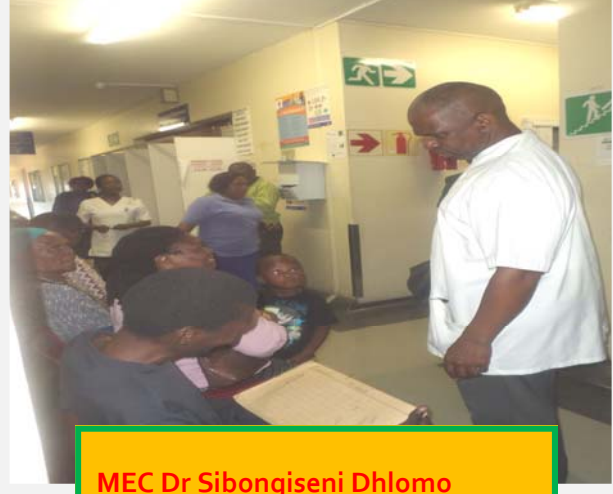
These are the following departments that had their stands Paediatrics, Maternity , Pharmacy, Dental, MMC Promo, ICDM, Dietetics , X-ray ,Human Resources, Mental Health ,Public Relations, Social Worker and Outreach Department. There was a speaker from each department to explain the kind of services they offer.

We would like to thank KwaDabeka CHC staff who participated and excelled in preparing their stands.

OFFICIAL LAUNCH OF “TEST & TREAT”



Sr Shabalala Matron Mbatha , MEC Dr Dhlomo and Dr. Hoque



MEC Dr Sibongiseni Dhlomo

MEC Dr Sibongiseni Dhlomo visited Kwadabeka Community Health Centre on the 1st of September 2016 to officially launch a new system of “**Test and Treat**” policy. This new Policy is in line with the World Health Organization's guidelines that the urgent commencement of treatment for people who are HIV positive regardless of their CD4 count is beneficial

In welcoming the new policy, KZN health MEC Dr Sibongiseni Dhlomo said : “ the National Department of Health is aware that this announcement will result in more HIV Positive people accessing Anti Retroviral Treatment (ART) services, which may lead to congestion and increased waiting times at health facilities”.

MEC added “in order to decrease the burden on both patients and health facilities, the department has initiated a process of decanting stable patients, those that do not need to see a nurse or doctor more than once a year, into support groups and into chronic medication adherence clubs Patients should be receiving their medication closer to their homes. This means that patients who do not have to see their health worker, need not to come to the clinic to collect their medication as it will be sent to their point close to their homes.”

Apart from the formal visit MEC Dr Sibongiseni Dhlomo had an opportunity to compliment KwaDabeka staff, for the good work in spite of the volume of patients that KwaDabeka services.

ANTI— SKIN BLEACHING CAMPAIGN



Ms Dlamini (Pharmacist assistance), Miss Bhede (Public Relations in-service) and Mrs. Jali (Public Relations Officer)



SAY NO TO SKIN LIGHTNING.

On the 26 of August 2016 KZN MEC Dr Sibongiseni Dhlomo officially launched an anti-skin lightening and bleaching campaign in Durban, which also featured testimonials and strong warnings from people who had borne the brunt of these products.

KwaZulu-Natal Health MEC Dr Sibongiseni Dhlomo has called upon the people of the province to reject all colonial notions of beauty which have resulted in the wide spread use of dangerous skin lightening creams causing skin cancer and even premature death, MEC Dhlomo warns.

“Several products promising miraculous skin lightening were then manufactured and marketed specially to the black community. Consequently many black women and men have mutilated their bodies and have even died because they used products containing harsh chemicals that promised peace of mind in a bottle,” He said some of the adverse effects borne by these skin lightening and bleaching products were skin cancer, making yourself susceptible to skin infections, skin thinning, uneven skin tone with increased pigmentation,

NURSES DAY CELEBRATION



Nurses during the event reading the nurses pledge



KDCHC Management during Nurses Day celebration

On the 22 of July 2016 KwaDabeka Community Health Centre celebrated the nurses day . the theme of the day was **A FORCE FOR CHANGE IMPROVING HEALTH SYSTEM'S RESILIENCE**. Sr Dlamini from Mental health Department opened the event with prayer, Sr Shezi (com-serve) officially opened the event and thanked every one who attended the event" I would like to thank every one who attended the event . Your present is highly appreciated " she said.

Dr J Ramdeen (CEO) appreciated every one "especially nursing department ,70% of the facility staff are nurses they play a crucial role in the facility she said. " She then reminded the nurses about the history of nurses and how the term nurse come up in the 1900.

Matron Qhwagi explained the image of a nurse, she firstly described a nurse " a nurse is some one who is fully trained and qualified" she said a nurse is a profession of a human being, a nurse is a well presented in full uniform. Matron Sibande introduced the guest speaker Mrs Zungu who than motivated Nurses and emphasized the importance of the role of Nurses.

Vote of thanks by matron N.E Mbatha who thanked the guest speaker, KwaDabeka Management, and the visitors from Hlengisizwe, Zibambeleni and kwadabeka satellite clinics I thank you all for your presence she added.

CCG'S ACHIEVEMENT CELEBRATION AT HALLEY STOTTS CLINIC



CCG's reciting their pledge with Mr. Nkabinde



Mrs. Mbatha and Mr. Khumalo handing over certificates .

Halley Stott Clinic celebrated CCG's Achievement on the 5th of October 2016. This event was held at the Valley Trust Hall. Mrs E.N Mbatha (Deputy Nursing Manager) and Mr. JM Khumalo (Human Resources Manager)presented their certificates and handed them over to the CCG's .

The celebration was blessed with the presence of Councillor Mkhize who spoke about the role of CCG's in the community. " CCG's assist us as Councillors because they visit households on a regular basis and they end up doing government duties as well that is not even their duties e.g. they report challenges in the household not only health related issues.

Mrs Hlogwane a former Community Care Giver encouraged CCG's to study and emphasized that education is the key. Mr Nkabinde family Health Nurse lead CCG's with reciting of their pledge .

It was not over until Mrs Gumede a quest speaker blessed everyone with a powerful motivation. Her theme was your present situation is not your final destination. She said " do not let the situation you are facing to control you, you need to excel where you are because someone out there is watching, you need to be focused at all times." Mrs Sosibo (Operational Manager Nursing)thanked everyone who made the event a success.

COMPLEMENTS / IZINCOMO

I would like to thank the Kwadabeka clinic for the kind way they respect and treat people when they come to collect their medication.

I have been treated by many people and the way they great and communicate in helping us is very good so I write this letter to say that they must keep up the good work and the chronic section that I go to is very good in helping.

From: Simphiwe Ngcobo

Thank you so much to sister Mbatha she treated me very well when I come to the clinic of Kwadabeka with her politeness and love my diabetes was low she told me to eat before I sleep because if I sleep without eating it will go down but now I always make sure I eat before I sleep. thank you so much

From: Thandeka Ngidi

I am very grateful with the attendance given to the father I was bringing, thank you so much to all the Nurses in room 11

from: Njabulo Ngobese

There is a woman who works in Kwadabeka clinic, she is not a Nurse but she really helps us when I brought my very sick brother she helped us very well she has a kind hearted.

I thank the care and perseverance that has been done by Sr ZFE Ngcobo what she did to me I ask God to extend her number of days so she could live longer, so she can continue helping others she was a Nurse by calling I see her actions she is like Florence N.

From :Thembi Ngubane

PHOTO GALLERY



Refreshment time during Nurses Day Celebration



Matron Mrs. Mbatha cutting the cake during Nurses Day



Mental Health Patients during Mental health Day



Posters presented by Clinical psychologist during



Sr N.C Jili during Open Day



Stalls KDCHC staff marketing services to community and patients during Open Day

IXOXWA NGEZITHOMBE



Pharmacy staff wellness day at the foyer



Pharmacy staff singing educational songs to patients at the foyer .



CCG's reciting their pledge at Halley Stott Clinic during CCG's



Halley Stott staff entertaining during CCG's Achievement celebration.



Dental display during open



Pharmacy staff wellness day

ACKNOWLEDGEMENTS

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NEWSLETTER EDITOR

**WE WISH YOU MERRY CHRISTMAS AND A
BLESSED NEW YEAR !!!**



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