



UVOLWETHU

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Acting CEO Ms.T.J.VEZI



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Greetings the Colleagues:

I greet you all, It is a great pleasure for me to meet you on this column.



Firstly I would like to send my condolences to those families that have lost their family members like Zulu family and Zwane family.

We trust God that will be with them and comfort them.

I wish you all a Happy New Year till we meet in 2010.

PLEASE behave yourselves and come back safely! May God bless you all.

Message to the Staff

I would like to thank all the staff of Kwa Magwaza Hospital for their dedication and commitment in their work throughout the year and even during the difficult times when were experiencing financial constraints. I wish us all to continue giving the best care to our clients to achieve the desired quality care for our community of Umthonjaneni that we are serving.





P.R.O'S DESK



SABELO NGOBESE
PRO INTERN



Sanibonani

Ngithanda ukubonga uMdali owenze kwashaya isikhathi sonyaka u 2010 sisaphila, noma abanye besishiyile u Nkulunkulu wababiza ngezindlela ezahlukene.

Thina esisaphila asibonge ithuba asinike lona ku 2010 ukuba silungise lapho esingenzanga kahle khona.

KUBASEBENZI

Ngithanda ukubonga abafowethu nodadewethu ngokusebenza ngokubambisana kunyaka odlule ,ngethemba nakulonyaka esiwuqalayo sizobambisana ,sibekezelelane kukho konke ngoba ukubekezela kudala impumelelo.

Sifikusela u Sister Madlopha ukwelulama okusheshayo abuye abekanye ne Staff

Well done Matriculants

2009 Grade 12 students received their (results) fruits of their toil , I wish all you the best. If you didn't get good results it doesn't mean that it's the end of the road. Please don't commit suicide if you failed.

YOU ARE SPECIAL TO US



KWABAHANJELWE ZIHLOBO ZABO.

U Nkulunkulu akakulingi ngokungaphezu kwamandla, kodwa uba nendlela azokukhipha ngayo enkingeni obhekene nayo.



NUTRITION CAMPAIGN WEEK

12th –16th October 2009



I-PHC Unit ithanda ukudlulisa ukubonga kwayo emphakathini ngeqhaza umphakathi owaba nalo ngesikhathi se Nutrition Week. Lomnyango ubonga inhlonipho nokuzimisela komphakathi ufisa sengathi nangokuzayo kungaba njalo.



I-PHC Staff yayizinikele ekwenzeni I Nutrition Campaign ibe yimpumelelo ibambisene nomphakathi owakhele izindawo ezahlukene. I PHC ibonga isasasa emphakathini nothando lokudela izimo zezulu ezazingezinhle kodwa waphelela ngobuningi bawo. Sithanda ukubonga iqhaza lo U Thungulu District ngokusekela loluchungechunge luze lube yimpumelelo. Lomsebenzi wawuthatha amahora amaningi kangangoba abasebenzi bezempilo babebuya selishayile I Hora lesithupha ntambama, babengahambi kwi Point bengaphelile abantu.



Kwezinye izindawo kwakuphoqa ukuthi imoto ishiywe kuhanjwe ngezinyawo ngoba indawo ingeyinhlle. **Lamadela fuka** aye-hamba ngisho nala okuthiwa alubhadwa enqamula emafokozini Ako Mgojana Dloziyane Nkwenkwe, Mhlathuze, MabhunguThunzini, LangfonteinMkhindini, Thambo Nugwini, Njomelwane Dean Store Plant, Ekuthuleni kuye kufike Oviceni



Umphakathi wase Hlabathini ufike ngezinkani ukuzogoma izingane zawo.



Abasebenzi benza umsebenzi wabo ngendlela egculisayo



EMAZINYWENI (DENTAL DEPARTMENT)



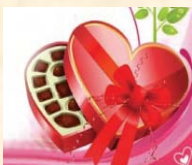
“There is no medication for toothache”
Uma selikuphethe likhiphe



- At this Department : We do Extraction, Fillings, scaling and polishing (cleaning) , preventive dentistry (fissure sealants) oral hygiene instructions (oral health education).
- We advise them : Toothpastes are all the same ,we usually advise patients to use fluoridated toothpaste and avoid using toothpaste with whitening agents and abrasives.
- Most patients come with pains and want to have their teeth extracted. We however give patients advice before we start the procedures after doing examinations ,sometimes it is possible to save a tooth so we try to make them understand that (which is not easy) and make them decide what they want to do with it.

Dr. Vadym and Mpume Mbhele.
Doing the wonderful work at this Department our clients also appreciate The service





WAITING TIME SURVEY YABA IMPUMELELO (07/10/09)



*Thank you to all Mepho Students
you played a vital role in that
WAITING TIME SURVEY.*



Ucwaningo lwalungenziwa ku-
bantu ababehamba ngezinyawo
kuphela nasezimotweni ezazin-
gena ngaphakathi.



Esangweni: From left: Mpanza No-
musa, Buthelezi Nomvula, Mbokazi
Mathar no Zuma Khethiwe

Sithanda ukubonga I Mepho students ekwenze I **WAITING TIME SURVEY** yethu ibe impumelelo nestaff sonkana singakhohlwa nezivakashishi zethu ngokubambisana ekwenzeni lomsebenzi ube yimpumelelo.



Inhloso yale Survey ukubona isikhathi abantu bethu abasichithayo kuma service points uma bezofuna usizo. Uma bethicha isikhathi eside bese sibheka ukuthi lokho kudalwa yini, uma bethatha isikhathi esincane nalokho sikubheke. Uma esezoshiya ifomu angene nayo wayebuzwa ukuthi uphatheke kanjani. Impela abaningi babencoma bebonga bengawuvali umlomo ngendlela ababesizakale ngayo.



We also like to thank **Miss Dee Mhlongo** for coordinating the Survey.



HEALTH
KwaZulu-Natal



HEALTH
KwaZulu-Natal

WORLD AIDS DAY: EVENTS WITH PICTURES.



1

2



3



4



5

6



1

Team was in the OPD ,T.T.Mgwaba speak.

2

Other were waiting clients with Ribbons.

3

Team went to the WARDS.

4

Team is in the Male ward.

5

Team was in the Antenatal Clinic.

6

Team visited Savuka Clinic.





INFECTION CONTROL NE COMPASS COMPANY



I Infection Control Unit isasebenza kahle kakhulu ne Compass Company ekuqoqweni kuka doti nokugcina isibhedlela sethu sihlanzekile.

Basivakashela njalo ngo Lwesine esontweni bezisoqoqela imfucuzi kadoti lomsebenzi wabo muhle ngoba izinto esezisetshenziwe ezingaba nobutha nezingaphinde zisidalele nezifo ezinhlobonhlobo kithi njengomphathi kukho bayaziqoqa emehlweni ethu beyozi bhuhhisa kude.

Selokhu bawuqala lomsebenzi abakwa Compass ne Sibhedlela sethu akukaze ubekhona udonsiswano wamazwi nokungatholani kwemimoya nabo basazimisele ukusebenzisana ne-sibhedlela sethu kuze kubuye Inkosi.



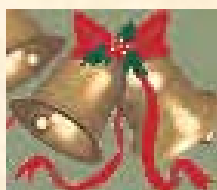
U Sipho Magwaza u Infection Control Practitioner esemsebenzini.



Inhlanzeko iwumongo wokuphila kwethu, ukuhlanzeka akubizi mali asikwenze zikhathi zonke , ngokwenza njalo asisizi omunye umuntu sizisiza thina. Kanjalo nencwadi engcwele inasivumela.



uMnumzane "Hlanaza" Cele Grounds Man enza umsebenzi wakhe wansuku zonke.



Uma sebeqede ukusiza benza sho ukuthi bayawalandela **ama steps awu 12 okugezwa kwezandla.**



ZUZI (PHYSIOTHERAPIST) & NOKUTHULA (DIETICIAN) DOING WHAT THEY KNOW

PHYSIOTHERAPIST DOING BEST AT KWA NXUSWA HIGH SCHOOL.

DIETICIAN AT NDUNDULU CLINIC EDUCATE WOMEN ABOUT THE BREAST FEEDING.

The content of that awareness was to educate the learners about back problems that arise due to poor back care

Dietician:with the support groups are facilitated by the community health workers and Dietician.



Zuzi (Physiotherapist) educate the learners about good posture and

Dietician educates mothers about the importance of breast feeding, and mothers who are pregnant.



Informed them about the bad posture : Faulty posture. Fatigue, Muscle strain, Pain, posture problems e.g. scoliosis. Affect the function of vital organs especially the abdomen.

Breast feeding mothers need to know the correct positioning of the baby on the breast.



Tips for Scholars: Sit up Straight, Buttocks in the corner of the chair, hold your head up and Back supported by chair.

Team who is serious about the life of the young ones, they know that job better than everything.



SECRETARIES MONTH (SEPTEMBER)



Are the **Secretaries of Kwa Magwaza Hospital** they are dedicated to their work and they love people, when they are handling your call you feel welcomed, their attractive voices when they respond and their coolness you wish sometimes not to stop call when you speak with them and they have a good listening skills and good ways of treating people. They are the link and the back bone of our Hospital.

They wish all :

**HEALTH CARE
GIVERS A
MARRY
CHRISTMAS
AND HAPPY
NEW YEAR**



From Left: Nontobeko Ncanana, (Middle) Nkosie Biyela and Belinda Meindetsma.



Nonto Ncanana (Secretary to CEO) at work



Nkosie Biyela "Menziwa" (Assistant Secretary to CEO) at work.



Belinda Mendeirtsma (P A to Medical Manager) at work.

"What ever we do at work we apply Batho Pele to our clients"





RIP: Mrs. Nomusa Zwane and Mrs. Gcinekile Zulu

UVOLWETHU



Zulu's Family



Uma sithandaza sithi "Mayenziwe intando yakho emhlabeni nase Zulwini" Asinawo amandla okwenqaba uma owakho usumbizile.

Zwane's Family



Umndeni ka Mama u Gcinekile Zulu



Umndeni wakwa Zwane nabalila nawo enkonzweni yesikhumbuzo.



U F.G.L.Mhlongo: obesebenza naye eclinic labasebenzi, wamchaza njengomuntu obewazi umsebenzi wakhe, obengakhunjuzwa ngawo. Isibhedlela sife olwembiza ngalamaqhawe.



U Hawu Mbatha : Uchaza uNomusa njengeqhawe elasihola ngomthandazo singena ku iDemocracy ngesikhathi esenguphathi sitheshi ku Radio Zulu



2 Samuel: Chapter 14: verse:
14

Sinjengamanzi achithwa emhlabeni angenakuqoqwa futhi,

Ngakho simelwe ukufa. U Nkulunkulu akasusi ukuphila kepha uqamba amasu okuba oxoshiwe angabi ngumxoshwa kuye.



U Mama u Nomusa enza ayedumengakho ukuthandaza nokushumayela izindaba ezi mnandi zika Nkulunkulu.



DEREGISTERED GVNT CARS IN THE AUCTION SALE BY IAN WAYLES AUCTIONERS



Naphezulu kwesimo sezulu esasingesihle kahle ,kodwa abathengi bafika ngobuningi babo bezozibonela ukuthi bangathenga kanjani ngemali yabo.Abanye bagadla zephuka bengafikanga ndawo ngemali yabo



Amakhulu ngamakhulu abantu ababezothenga Bezwa imigomo elandelwayo uma uzothenga imoto.

Lomcimbi wo kudayisa wahamba kahle akekho ovaveza ukukhonda ekugcineni. Wonke umuntu wayevulelekile ukuthi angathenga , ikakhlukazi abantu ababephamuka ngaphandle nabo bazizwa bekhululekile



Abathengi babheka okulungele imali yabo.



Registration process was continuing in the office.

“VALUE FOR MONEY ALWAYS COUNTS”

“Take it or leave





UMNYANGO WEZEMPILO NEZEMFUNDO BENZA OKUKHULU UMA BEBAMBISENE



U Happiness Dladla owathatha u No 02 KZN ku Essay Writing Competition kulonyaka ufunda e Ncaphayi High School

Ngenhla: Sbu Mtshali (SHP Practitioner), Miss Mhlongo no Principal bephethe abakuzuza ku ma Essay Writing competition .



I Ncaphayi High School ayisqaqi ukunzenzela kulemqhudelwano oxhaswe kakhulu ngumnyango weZempilo uhlangeno nomnyango wezemfundo, lomqhudelwano ufuna isikole esivelele ekubhaleni I Essay ekhuluma ngezempilo ifake isikole phakathi. I Ncaphayi ingesinye sezikole esingasaqali ukuhlabana kulomqhudelwano.

I Team: efundisa ngezempilo emphakathini.

Quality Coordinator : VO. Mhlongo ,Health team and Governing to examine
U Buqhawebethu Primary School is qualifying to be Health Promoting School.



A Panel that was waiting attentively to see that U Buqhawebethu Primary School is going through to be a Health Promoting School or not.



Umphakathi nethimba elaliqhamuka O Thungulu District libheka ukuthi ngabe U **Buqhawebethu Primary** ikulungele ukubayi **Health Promoting School**.



MOBILE CLINIC AT THAMBO (BABANANGO)



I Thambo indawo enabantu abaningi abadinga usizo lwezempilo. I –MOBILE Clinic Staff Idela konke, lulamula ukushona kwelanga.



I Mobile Clinic yethu inama points angu 21 kulama points sibala I

Nkwenkwe, Mazule/Manzini, Diche rnborg, Mhlathuze, Ovic eni, Mgabhi, Ekuthuleni, Ma bhungu, Hlabathini, Lan gfontein /Khathazo, Thunzini/K oretbergrep, Langwe, M hkindini ,Thambo, Plant, Njomel wane, Dean Store, Mfanefile, Dloziyane, Nungwini ne Thambo (Babanango).

Uma kuziwa kulezik- hungo onesi beza bephethe zonke izinto ezidingwa umphakathi kuba nezifundo abazethulayo zezempilo emphakathini, umphakathi uba nokuqonda kancono indlela umnyango weZempilo osebenzangayo.



Mrs. Zulu Uqale afundise umphakathi ngama service abanawo, anike izaluleko.



Umphakathi uutghola usizo olulethwe abasebenzi bezeMpilo.

I Thambo indawo esemaphandleni enomphakathi omningi oludingayo usizo lweZempilo zikhathi zonke . Ukuza esibhedlela kungumqansa ngoba sikude , kodwa umnyango weZempilo uyeza kulesikhungo somphakathi uzothola usizo lweZempilo. Kuba nezimo lapho kunzima ukusebenza kulendawo ngenxa yesimo sezulu uma lina ngoba lapho abahlanganela khona kunendawo ebizwa ngokuthi eSihlahleni engenampheme kodwa ngenxa yokubambisana komphakathi nabasebenzi bezempilo nothando zonke lezizimo zezulu bazishaya indiva basebenze ndawonye kungabi ndaba zalutho.



Kwa Gcongco Primary School Students get exposure in our daily services.

(INKUNZI ISEMATHOLENI)



1



Zinzi gave the student an exposure on what they do in the X-Ray Department.

2



Nomusa Mthlane & staff member showed the students what they do in their Unit.

3



S'bahle and Nhlanhlo showed the students what they do in their unit (Supply Chain)

4



Nurse: E.T.Ntuli showed them the shelf of the medication and tell them how they keep medication.

5

Sister Phindile Khoza, with the students at Paeds unit.



6

7



Sipho Majozi (Nurse) showed the students activities they do in the Ward and Mrs.Khanyile (Class teacher) took the pictures.





Sister.N.F.Mbaraga With Basic Life Support Training



Basic Life Support Training:

CPR-Means Cardio Pulmonary Resuscitation.
Its for every one to be known.

Basic steps to perform CPR to an Adult.

i) When arriving at the side of the victim.

(a) Call the victim first by saying Hallow.

(b) Assess the environment and remove the victim in an hazardous area.

(c) Seek for help by activating the emergency response system and get an (AED machine) (help). You can dial an emergency number e.g. 112in a cell phone or 10177

Open airway and check breading. Put or lay the patient or victim in a dorsal position.

(a) Open the victim's airway with head tilt chin maneuver , you have tom place the finger on the bone part of the chin and the other one in the fore head

(b) Place your ear near the victim's mouth and nose , while observing the victim's chest.



The Basic Life Support training took a month. The purpose of that training was to acknowledge the employees and others for what they must do if they experience the tragedy. That training was very helpful especially where we live .That training gave the employees the skills and knowledge for how to face the emergency.

↑

Sister N.F.Mbaraga render the information to the trainees about what they must do if they encounter the emergency.



←

Teaching skills were revealed themselves naturally but Sister . N.F.Mbaraga didn't realize that as the trainees we found that.

i) Look the chest to rise and fall.

Ii) Listen for air escaping during exhalation.

Iii) Fell for the flow of air





GOOD MEMORIES WILL BE FLOODING BACK ABOUT YOU



↑ 1



↑ 2



↑ 3



Hi: Mama and your kids we'll miss you , You were like the mirror in front of our eyes. You are like Kilimanjaro Mountain when fog wrap it but never sinks down it always the same. But is not the end. We hope what you did to us you will do to others too. Bye.....Cheers



↑ 4



↑ 5

- 1 NCAMIE NTOMBELA
- 2 S'BUSISO "SIR" THABETHE
- 3 ZAKHELE "ZAKES" NDLOVU
- 4 NONTO BIYELA
- 5 S'NENHLANHLA MBHELE





GOOD BYE SOFIA AMOD WE'LL MISS YOU.



Sofia Amod cuts the cake.



← 1 2 →



Ms. Vicky Mchunu hand over the gifts to Sofia



At Kwa Magwaza Hospital we'll miss you .we were like family ,sharing ideas ,brainstorming with you willing to full fill the vision of the Institution together. We'll not forget you r valued ideas to determine the direction. In your Department you were born leader naturally plus skills led you to be a superb leader in your Pharmacy Department.



3 ↓

↑ 4

5 ↓

- 1 Sofia cuts the cake
- 2 Sofia received gifts
- 3 Fellow workers support
- 4 Pharmacy Staff
- 5 Lunch time!!!!





SPOTLIGHT WITH SIHLE NGUBANE



Ungubani ,wakwabani?

Sihle Ngubane

Indawo ovela kuyo?

Ngingowase Bergville (Emmaus)

Ufundephi?

Ngafunda e-Mavumbuka High School ngo 2001 bese ibanga lemfundo ephakeme ngaliphothulela e-Thekwini College ngenza i- National Diploma ye Human Resource Management

Ngubani umngani wakho ovutha emakhaleni njengamanje?

u-Zinhle Zikode owase Bergville naye usebenzela e-Bruntville CHC saqala ukwaza naye ngo 1997 esikoleni kuze kube yimanje asikaze sixabane .

Impilo yasemsebenzini nase sikoleni injani?

Impilo yasesikoleni yaba mnandi kakhulu kimi ngoba yonke into engangiyidinga akukho okwakungik hathaza konke ngangikucela kumzali Futhi into engangisuke ngiyilindela ukuthi ngikuthole ukuthi kuzovelaphi nokuthi kanjani nganginazi lutho njeke.

Impilo yasemsebenzini imnandi kodwa Futhi ibuye ibe inzima ngoba usuke usukwazi ukuzimela kuyona yonke into isuke idinga wena kanti futhi nasekhaya basuke sebebheke usizo lwakho

Ama goals akho ngempilo?

Ukuthi ngakwazi ukuthola umsebenzi ngo 2005 ngoba vele wonke umuntu empilweni uyafisa ukusebenza, ngaphinde ngakhela umawami indlu manje sengikwazile nokuthi ngizithengele imoto engiyithandayo.

Ezintweni zonke ezikhona emhlabeni yikuphi okuthanda kakhulu?

-Ingane yami

Yini ekwenza uhlale uhleka ,ubonakale ungenankinga?

- Into engenza ngihlala ngibonakala ngihleka yingoba ngazitshela ukuthi noma engabe nginenkinga engakanani angisobe ngaphumela nayo ngaphandle konke kusala endlini bese ngiza emsebenzini.



Ngabe iyiphi into eyake yakuphatha kabi empilweni?

Ukushona kuka Bhuti wami engimlamayo ngo 2005

Ngengomuntu wesifazane,kufikani uma ubona isiqubulo esithi

“ Act against woman and child abuse”

- Ngifikelwa uzwelo kanye nokudabuka okukhulu njengoba nami ngingomunye wabantu besifazane kanti nokuhlukunywezwa kwezingane kungiphatha kabi ngoba ohulumeni bethu bakusasa futhi njengoba ngingumzali wengane yentombazane ngiyazwela kakhulu.

Kuma local soapie ngabe uthanda maphi?

- i- 7 de laan

Ngumuphi umlingiswa othi uma edlala ku

Generations akugeze inhliziyo. - u-Sbusiso

Umculo owuthandayo?

House and R&B

Njengoba siya kuKhisismuzi uwafiselani ama Col-leagues akho?

Ngibafisela izilokotho ezinhle ngesikhathi samahoidi sengaziphatha kahle no 2010 usifice sisaphila sonke

Ubani ofisa ukwazi kabanzi ngaye kule ngosi?

- UMpume Mbhele (Dental Assistant)



Contact Us



UVOLWETHU

THE VOICE OF KWA-MAGWAZA HOSPITAL

Kwa - Magwaza Hospital

Private Bag X 808

Melmoth

3835

For more information and comments you can contact
Mr. Sabelo Ngobese.

Phone: 035 450 8321

Fax: 035 450 2286

E-mail: prointern.stmaryshospital@kznhealth.gov.za




Kwa-Magwaza Hospital

