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THE VOICE OF KWA-MAGWAZA HOSPITAL

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Acting CEO (Ms T J VEZI)

.Achievements

Department of Works has at last engaged on a storm water project to prevent water floods entering the buildings as well as paving the stores parking area to prevent mud during the rainy days.



Challenges we have an encountered and how we overcame them during the previous financial year.

Shortage of Doctors and budget constraints.

Having faced the above challenges but we have managed to unfreeze all critical posts ,and we are in process of filling them up.

08 Welcoming the new staff. Page (11)

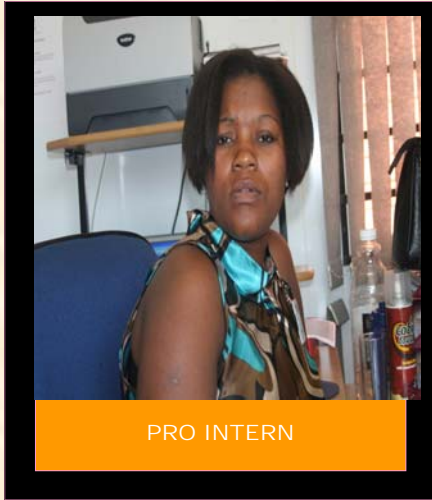
09 This is on going process in order to ensure that every new member is being welcomed and orientated, to ensure that they are familiar with all sections of the institution.

10 Plans for 2009/2010

- * To identify the area and establish the gateway clinic in order to alleviate OPD congestion.
- * When we have enough Doctors , one Doctor will visit our clinics once a month which will reduce the number of patients coming to the hospital.

13 Working spirit within the staff.

- * A plan is in place to invite a motivational speaker to come and in -service all staff in order to improve their moral and motivate them to work



PRO INTERN

PRO'S DESK



Mrs R.B. Ngobese(Khanyi)
PRO Intern

PRO INTERN'S Article: as this my last feature in this news letter it is a great honor for me to say goodbye to all the staff of Kwa-Magwaza it has been a great pleasure to work with you may God bless you all.

On behalf of the interns and trainees, I would like to dedicate this message *"Don't let politics or alcohol to swallow your dreams"*. You must not forget that we are living in tough times, but believe in yourself because you are as good as your are, Most companies are looking for fresh , young and talented personnel, so please grab the opportunity as it come .Do your best!!

PRO INTERN (From the
1st of April 2009)



SABELO NGOBESE

SANIBONANI

I greet you all my fellow brothers and sisters and it's a great pleasure to meet you again. It doesn't matter what obstacles I have encountered along the way and how I overcame them, but the most important thing is that **"Ngifikile lapho ebengiya khona"**. Delays on the way were my learning curves.

Ukuze ufike lapho uya khona umbala wemoto obuyigibele awusho lutho. Umgwaqo obuhamba kuwo awusho lutho nendlela obugqoke ngayo ayisho lutho.

Goals create something out of nothing.

If you have goals in your life you must dwell on them no matter what kind of situations you face. Behind goals there is power that stimulates you, even when you feel exhausted along the way.

What ever you do don't leave God behind, the holy script says Ngaphandle kwami ningenze lutho, He is Alpha and Omega of our lives. " till next time"





**Open day
STI/CONDOM WEEK(9-15 February 2009) as
Health Calendar states**



Male condom



Female condom

Why condoms are popular?

Condoms are the only contraceptives that give you the best protection from HIV/AIDS infection, STIs, pregnancy and other infections.

- Condoms are cheap, or free at clinics.
- You don't need a prescription from Doctor.
- They are easy to use.
- They can be great fun
- They have no side effects or health risk.
- You can relax totally – lots of feelings and no unwanted pregnancies.

Don't hesitate to use condoms, Don't risk with your life. You have only one life to live so take care.



Female condom.

The female condom is fairly new and not easily available. Some clinics have them and you can buy them from the chemist. It is larger than the male condom. It can give a great sense of freedom and control. You can decide alone that you want to use one and even put it in before sex so that it doesn't delay your actions.

Female condoms come in a pocket with instructions of how to use them.

Many people complain about condoms where else they have not tried them.

What is STI:

STI stands for Sexually Transmitted Infections (also known as STDs). There are different types of infections that you can get from having unprotected. Some times you can get STI without having sex e.g. oral sex. You can also get crabs (pubic lice) from sharing cloth or towel with infected person.

The more you stay with untreated STIs, the more dangerous it is. It is very important to get treatment as soon as you have hint that you may be infected. If untreated, STIs can make you infertile even if you have no symptoms. Many can be cured, but some, like HIV and Herpes, cannot. Also, if you have STI, you are more likely to get infected with HIV. If you are pregnant when you have a STI, you can infect your baby. So get real, STIs are big deal.

Most STIs can be cured if you experience the symptoms of it, don't delay to visit your nearest clinic, you will be given pills or injection. Remember to finish your treatment.



STI/Condom awareness day



I-STI/Condom week awareness yadlala indawo enkulu ekuqwashiseni umphakathi ngezifo ezithathelwanayo ngekwenza ucanzi olungaphephile. Ngabel wenzeka kanjani ucanzi oluphephile? Ucanzi oluphephile luba nezivikelo ezingama-khondomu kanti lama khondomu ayatholakala ngezinhlobo ezimbili (eyabesilisa neyabesifazane).



Kwakungusuku oluyinqophamlendo ngesikhathi abophiko lwase ARV namakhansela bephume ngobuningi babo ukuzokhuluma nokuqwashisa abantu ngezifo ezithathelwanayo. Babekhuluma bukhoma neziguli/umphakathi ubuza nemibuzo enhlobonhlobo kodwa yayigxile esihlokweni.

U LAY Counselor (T.L.Ngcobo) e Female ward ukhombisa iziguli ngokusetshenziswa kwekhondomu labesifazane ukuthi lisebenza kanjani.



U LAY Counselor u NBT Khumalo waye matasa ephendula imibuzo yabagulayo.



Abangenhla yi STI/Condom awareness team bekhombisa ukusebenza kwekhondomu yabesifazane:Kusuka kwesokunxele u Sr M.B.Majola, Mrs. NBT Khumalo, Ms S.P Mngadi. Mr. B.S.Nxumalo, Sr SM Sibiya, Ms T.L Ngcobo .



U Ms S.P.Mngadi no Mrs. NM Masingo babekhombisa ngejazi



Domestic violence, women and children abuse awareness.

Social workers of this Institution had a great impact to make the day successful, their role was to give information on how to deal with domestic violence, and protect our loved ones (women and children) at home, and educate women about the right channels to follow when they experience violence.



Above Picture: Nokuvela Hadebe giving health education to patients in OPD.

PHANSI NGOKUHLUKUMEZA ABESIFAZANE NABANTWANA PHANSI!!!!!!



Phumlile Mlambo educating patients at the wards



Phumlile clarified types of violence that the community is not aware of.



Rape awareness at Kwa-Gcongco

Most local people (Kwa- Gcongco) came in numbers to attend the rape awareness, that event was featured the SAPS representative constable Ntuli and Mr. M. Shezi from Home affairs. Number of questions related to the topic were asked, Mr. Mdu Shezi from Home Affairs came with good news about Identity and the problems related to issuing of ID's. Mr. Shezi further explained about the issuing of ID's delays and requested that all required documents should be available when applying for an ID.



Audience concentrating while they were informed about the Patients rights.



People were listening attentively to the District PRO Mr L Buthelezi who informed them about channels to follow when they encounter the rape problems.



The Social worker, Miss P.E Mlambo addressed the community on Sexual assault. Her presentation covered the definition of rape and other related terms, the effects of rape ,steps to take after rape and social services available for rape cases. There was great participation from members of the community who were present .They asked a lot of questions around the issue of rape, and that helped to unpack more information regarding rape.



INKUNZI ISEMATHOLENI



Bursary Road Show

KwaMagwaza Hospital conduct bursary roadshows every year for all the matriculants of Umthonjaneni Municipality . The main purpose of the roadshow is to market the bursaries available within the Department of Health, to encourage them to choose the relevant subjects.



Ms Chithwayo (Dietician) explains to learners about the career in dietetics.

Ms Sihle Ngubane informed the learners on how to fill in the bursary form and the relevant documents needed when applying for the bursary .



Despite the chilly weather the Bursary Road Show team was there to encourage the learners, assist them and give hope.

* " KNOWLEDGE IS POWER LETS DELVE INTO OUR BOOKS" PLAN YOUR WORK AND WORK WITH A PLAN



TSHALA ELANGENI, LOMISILE KUNAMAFU UNGESABI . GOD WILL LET IT RAIN.



IN THE KITCHEN

The Kitchen staff of Kwa-Magwaza Hospital were excited to implement their new recipe in the kitchen that will be the substitute in daily menu of the institution.



This is the kitchen staff that was eager to take the cooking process with the new recipe that has an attractive flavors its was look so delicious.

Food was prepared by Food Services Manager and one of chef's in the kitchen as it is appearing on the picture one of our dishes which was savory rice was ready to

Amadoda ayazibambela ebhodweni awathumeli muntu futhi yiwona angathi enza kangcono kulo mkhakha

When food was ready they had to dish out the sample food to be serve to the testing committee for approval and suggestions.



Sample of food was presented to the Senior System Officer (MR H. Msimang) and he confirm that the results were excellent.



Izithako ezasetshenziswa kuphekwa lokhu kudla zazikunqanda ungale komgwaqo uzizwe ulambile mona wawusuthi. Nebala abantu batheleka ngobuningi sebezothenga. Abafika muva babezamula kwi counter ngenxa yendlala ingekho indlela ababengasizakala ngayo ngoba kwasekuphele khona..



At the Physio Department

CP class Christmas party.

It was marked as the special occasion at Kw a-Magwaza Hospital as 08 of the children with cerebral palsy were the center of attention on this day.



The Physiotherapy/Occupational Department renders services to the community of Kwa-Magwaza and the surrounding catchments area, especially for children with the cerebral palsy on every 3rd Wednesday of the month.



Parents are caregivers gathered on this day to celebrate and honour the life of the surviving the little angels. Each Angel with a special gift s/he brings to the world, no doubt our lives are worth living because of our smiles (and crisis) that keeps us as human and appreciate the gift from God.

Kwik-Spar Melmoth came alive, extend the spirit of giving and donated gift packs to put extra smile (cries) as seen on the pictures



Physiotherapist was there to give there to serenade the beauty of life



Certificates were awarded ,from the best smile, most improved child, naughtiest, prince and princess of the class.





SPOTLIGHT WITH MS J.L .NGOBESE

In our newsletter this month we feature Sr Ngobese ezase Maternity ward ezizokushaya zikubeke le uma ungena ne damu la esibhedlela! Yi Baby Friendly Hospital le akudlalwa!!!

PRO: Tell us about yourself?

My name is Jabulile Ngobese

PRO: Where do you come from?

I was born in Mahlabathini at Idlebe Area. I attended school at Ivungu and trained as a nurse at Masara Hospital in Bushbuck ridge

PRO: How can you describe yourself?

I am a very quite lady who is short tempered (Alufakwa la kimi)

The good thing is that I love children very much.

What motivated you to pursue a career in nursing?

My eldest sister was a nurse ,so she is the one who motivated me

PRO: Where do you get your inspiration?

I get my inspiration from the Bible where it teaches us about love.

PRO: What do you do on your spare time?

On my spare time ,I watch TV sopies and I like Gospel music ,sewing.

On Sundays I go to church, and also spend time with my grand daughter.

PRO: Any message for inspiring the young people.

To be a successful you must make sure you are as equipped and protected as possible, arm yourself attend training courses and learn as much as you can.

PRO: Who is your Role Model?

My Role Model is my tutor Mrs. Malepene who was my tutor the time I was started my nursing career

PRO:What is your future plans?

I am about to retire now and I 'm planning to buy something which will make money even if its not a lot of money e.g. truck businesses. I know it's a big dream ,but if we are not dreaming then why we are living.



PRO: Who would you like us to feature on our next news letter?

Mr. Milton Mjadu who works in Security Department

* IN OUR INSTITUTION WE PROMOTE BREAST FEEDING.



FAIRWELL TO NOMVULA SITHOLE TB DATA CAPTURER

KOBONGWA NAMAQHAWE APIWE NEZIBONGO ,NENTOKAZI KA JOBE IBALWA NALAWO MAQHAWE. EGALELE KWEZWAKALA ISIKHASHANA ESINCANE ESEBENZA KULESISIBHEDLELA NOKHO IMISEBENZI YAYO IYOHLALA YETSHISWA NGOBA NENGOMA EMNANDI IYAPHINDWA.

LENTOKAZI ISEBENZE E PHC INGU TB DATA CAPTURER NGAPHANSI KWESO ELIBUKHALI LIKA MRS E.T.SITHOLE NO MRS B T NTOMBELA

U Ms SZ ZACA EVALELISA UZAKWABO NGO-MUCU WE NGOMA, NOWAYEMATASA NGOKUNYE KWAMPHOQA UKUBA APHENDUKE EZWE LENTOKAZI.



KUNGATHI UMRS-BT NTOMBELA WAYEYIBONA LE TB,LENGOMA IDLA LUBI UMA KUPHUNYWE UKHANKASO WOKULWA NE TB.



UMRS BT NTOMBELA WENZA ADUME NGAKHO ECULA ETHI " TB WHERE YOU ARE ?BRIGHT UNDER TREES WHERE YOU?



IN GOOD TIMES AND BAD TIMES REAL FRIENDS ALWAYS SHARE THOSE MOMMENTS

U-MS DUBE ENIKEZA INTOKAZI ENCANE UMPHAKO WENDLELA ONGAMAZWI WAPHINDA WAYIGIDLABEZA NGEN-DATHANE YEZIBUSISO.



MRS E T SITHOLE ETHATHA ISITHOMBE NO NOMVULA - KWESOKUDLA; LENA IMIZUZU EYOHLALE IKHUMBULEKA.

KWASE KUKUHLE KUDELILE ETAFULENI.

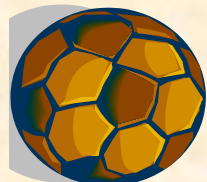




SPORTS

SIYABANGENA SIYABAXAVATHA!!!

Amaqembu amabili aKwa-Magwaza Hospital aphinda enza adume ngakho ngesikhathi evakashele e Stanger. Iqembu lika nobhutshuzwayo lakwazi ukudlala imidlalo emithathu. Kuyona yomithathu imidlalo u "Nyandoro" no "Mapakisha" babeliphela endlebeni bezenzela nje emagolini. Uma ufuna ukubona woza e Melmoth Stadium Mhlaka 25 April 2009 Uzozwa!!!!!!!



SOCCER TEAM OF KWA-MAGWAZA HOSPITAL

NETBALL TEAM OF KWA-MAGWAZA HOSPITAL



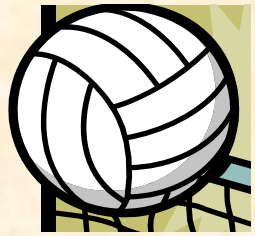
SCORES FOR THE SOCCER TEAM

St Mary's	2	=	CBH	0
St Mary's	1	=	STANGER	1
St Mary's	0	=	NGWELEZANE	0

SCORES FOR THE NETBALL TEAM

St Mary's	17	=	CBH	6
St Mary's	14	=	STANGER	21

Le injini yeqembu ingane esencane kakhulu esabuza ukuthi mama ngizophekani yenza izimanga enkundleni. Uyamazi u "Teko"?



LELI YIFOLOSI ELIKOLA NOMA ELIFULATHELE IPALI, NE SIQONQWANE ESALA UKHASHA EMUVA .



Victory and confidence were reflected on her face she walked with an essence of being a victory woman emva kokwenza umonakalo.



New staff

**“A HOME AWAY FROM HOME “
NAMUKELEKILE**



P Nzuzi (Enrolled Nurse)



B B Zulu (Professional Nurse)



N S Mabika (Professional Nurse)



P Khoza (Professional Nurse)



Dr Harvie (CMO)



P N Ngcobo (CSO)



Dr S Mkhwanazi (CSO)



N M Chithwayo (Dietician)



S Amod (Pharmacist)



M Gabela (Professional Nurse)



K Khwela (Catering Manager KKS)



N Zungu (Enrolled Nurse)





Contact Us



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