



HEALTH

KwaZulu-Natal

UVOLWETHU

Volume 1, Issue 8

June News letter

THE VOICE OF KWA-MAGWAZA HOSPITAL



CEO's Desk

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Ms T.J. Vezi: Acting Chief Executive Officer.

I greet you all my colleagues : Highlights on disease we have in our institution and we are in the process of treating them.



Swine Flu:

No cases of swine flu we has been reported in and around.

the communities.

We are in the process to encourage the employees to be immunized with the influenza immunization. It was organized by the clinical Nurse practitioner who runs the (from Occupational Health and Safety Clinic) Mrs.F.G.L.Mhlongo .

All patients were informed regarding the swine flu epidemic and they should go to nearest clinic for clarification.



MALARIA CASES:

MALARIA

No cases we received according to malaria. We prepared enough for Malaria if we do encounter it.

We still encourage /motivate nearest communities to report when they experience the symptoms.



TB CASES:

TB:

We have no doubt that we try our best conquer all TB cases in our institution.

We also trace all TB defaulted the TB treatment and bring them back for counseling about the advantages of taking their treatment regularly and completing the period scheduled by the Dr / Health care givers.





P.R.O'S DESK



Mr. B. S .Ngobese
P.R.O Intern

I greet you once more.

In this column I would like comment on my ex-office mates and Mother Day.

To my ex office mates:

Human potential does not end. It doesn't matter if person is still alive or not, but the knowledge you got from him /her will always reflect back your mind and good memories will remain . I would like to appreciate the various skills that they left to me. That ladies were so creative ,energetic. Words from their mouths were strong to me ,they were so encouraging, stimulating ,and supportive.

To the current institutional staff:

Cooperation , working spirit and support encourage me to love my work.

Now I'm stronger that yesterday.

GOOD LUCK BAFANA BAFANA



+



Good luck for Bafana Bafana: in the Confederation Cup Tournament you are versus the world soccer giants, this is the beginning of your learning curve and the preview of how you will handling the World Cup next year . **Till next time!!!!!!!!!!**



Double Celebration:

Happy mother's Day: I took that day (10 May 2009)as the great day because it was my Birth Day and we were celebrating Mother's Day on other side: The role mothers played in our lives doesn't compared than other things. The love ,caring and support they gave us as mothers they deserve the best, they cared us from nine months and afterwards. To those who didn't feel the love and caring of their mothers, I urge them not hate /detest their mothers because others were planning their lives but their dreams were against the wind. They were born with love. They must forgive them and not have revenge. "Don't dwell much to the pass because could intimidate your future".

"Real mothers" don't give-up, if they encounter problems with their children, have a dream with their kids willing to support in the absence of money and materialistic things, always sharing equal matters, no matter how it is big or small.

"Real mother play your role, till the end no matter what they say, God will Award you. Thank you.....



The important role of women in the human's life.





TB AWARENESS DAY



I-TB Team: exube onompilo abasebenzi be PHC Basho izwi elilodwa elithi I-TB iyelapheka noma ihamba nezinye izifo.



From left: Mrs. T Phakathi, Mrs. Ntombela (TB Practitioner) and Ms. Angiline Xulu.



Mr. Khulekani Ngema: Waba isikhulumi sosuku ezofakaza ngokuthi I TB iyelapheka uma wenza njengoba utshelwe ngabeze mpilo ,ungadoji abakutshela khona .



I-TB Team: yagasele ngezinkani ema-wodini ishumayela ivangeli lokuthi ungayibona ngaziphi izimpawu I TB. Iyelapheka.



Umama (Angeline Xulu) wayegcizelela ngokuthi akufanele abantu abelapha ngamakhambi endabuko mabangamsebenzi umuntu engakaze adlule kudokotela. Kumuntu ophethwe I TB kufanele enze konke atshelwe abezempilo ukuthi akwenze. Ngemva kwalokho sebengamqala ngokwesizulu.



U-Mrs. E. Sthole: umphathiswa womnyango wakwa PHC washayela esokugcina isipikili ngenkulumo ekhomoza umphakathi ukuthi ungesabi ukwazi ngempilo yawo.





Malaria and Swine Flu Awareness Day



Sister T.T.Mgwaba played an important role to inform the community about Swine flu .The community came in numbers to attend . Most people gained a lot . Sister T.T.Mgwaba gave them:

Signs and Symptoms of swine flu.

- * Symptoms of swine flu in people are similar to human flu.
- * E.g. fever, cough, sore throat, body aches, headaches, chills and fatigue,diarrohoea and vomiting.



Malaria was a very a tremendous topic during that day of Malaria and Swine flu awareness day . People were acknowledge about that fever. Sister T.T.Mgwaba Clearly emphasized on :

symptoms of malaria:

- * Headache.
- * Sweat.
- * Chills (cold shaking feeling)
- * Nausea,vomoting,diarrohoea and body pains.

Prevention of Swine flu:

- * -Cover you nose and mouth with a tissue when cough and sneeze.
- * Wash you hands often with soap and water.
- * Avoid touching eyes nose, mouth to prevent spreading.
- * Try to avoid contact with sick people.

Remember: Swine flu viruses are not spread by food. You cannot get it by eating pork or its products.



People who were participating raised questions related to the topics of the day.





Child Protection Awareness Day



Words of thanks : From the Hospital staff and on behalf of our Paeds unit and Hospital neighbours with wonderful gifts that we received from that neighbour stores (Spar) , (Pep Store) and (Metro whole sales). Without you our day was not be a successful one.
Thank you.



Deonette: Metro wholesale Manager



Joseph Diudla: (Pep Store Manager)



Sanet Peltser:Spar Manager



Kids in the PEADS Ward with their toys on hands



Kids with their toys on hands.



T.T.Mgwaba handing over the toys to the owners.



Young lady was the Queen of the stage during that day.



Thuthukani showed his great experience caught from Jika Majika.



Kid from Peads Unit: Didn't care about pains were so nervous and willing to exercise their bodies.



The Social Workers (Phumlile & Nokuvela) had a great impact to make that day to be successful one, with valued advices, exposure about life and facts of live to children.



Above:Phumlile Mlambo.



Above:Nokuvela Hadebe.



SIVAKALWE ABAKWA (ABEZIMPESHENI) SASSA



Isibhedlela sethu sibonga siyanconcoza ngeqhaza abakwa-SASSA ababe nalo ngokuthi bethande ukusebenzisana nesibhedlela, o-Dokotela neziguli ngenqubo etsha nokukhanyisela abantu yokugcwaliswa kwama forms akwa SASSA.



U-Ms Mbali Mkwanzazi owayeqhamuka emahhovisini akwa-SASSA waba nesikhathi esanele nokukhuluma nabantu abanesifiso sokugcwaliselwa u-SASSA form. Abanengi baphuma begezeke izinhliziyu ngalolu suku.



O-Dokotela babamba iqhaza elikhulu kulomkhankazo owaba yimpumelelo. Kumanje umphakathi usunokuqonda mayelana nama forms akwa SASSA.



U-Mbali Mkhwanazi: wazinika isikhathi ephendula imibuzo ehluhahlukene yabantu.

Sikhona nje izinkinga zabantu azifani zonke zidinga isikhathi esanele ukuze zilunge ngendla egculisayo.



Akekho owabuyela emuva engasizakele ngoba uDokotela wezinkinga (**Mbali Mkhwanazi**) zika - SASSA wafika zaxazululeka izinkinga omphakathi.



Wayengasabulali ubuthongo u-**Mnumzane Mahaye** ngempesheni yakhe emva kwalokusuku enikezwe incazelo ngenkinga ayenayo walala ubuthongo.



U-Nkosini Kunene: On-gowaseThuba lethu oway-enenkinga esidonse isikhathi eside ngalolusuku wacacelwa ukuthi inkinga yakhe iyaphela .

MALNUTRITION PROJECT TEAM



Mission:
Is to build a healthy nation , promote a good healthy and quench spreading of malnutrition in surrounding areas.



On the Right hand side:
PHC Staff and Paeds nurses



On the Left hand side:
Social workers ,Paeds nurses and Dietician.

Paeds staff: experienced a number of cases ,children having malnutrition ,others nearly die because our community members strongly believe in traditional healers herbs, are better than the hospital medication.

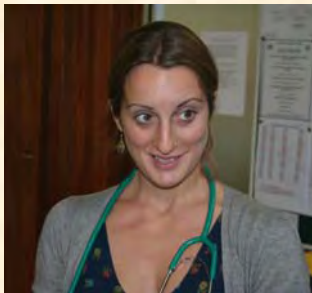
The aim:This is a community based Project where the health workers are working hand in hand with the leaders of the community to identify problems within the community that lead to Malnutrition, this is where problems such as food insufficiency and poor diet management lead to malnutrition.



Dr: Peter Lee



Physiotherapist: Zuziwe Ndebele



Dr:Judy Harvie

This project includes the Paeds,PHC,OPD staff ,Doctors ,Dietician ,Social Workers ,physiotherapist and Community Health workers. The team tries to face the challenges that are experienced by the surrounding communities e.g,Family matters that must have a solution at the end to help the child who become a victim of these matters are not resolved.

As they are in a process to call **IMBIZO** that includes traditional healers and communities in the aim of urging them to work together and have a major priority of : Taking a child to the hospital and then afterwards, it will be a personal choice/decision to further seek a traditional healer as the second option. In that **IMBIZO** awareness around malnutrition will be made especially the causes and the signs so that our communities can know when to take a child to clinic and hospital as well as having knowledge of what happens when a child has malnutrition.

**We wish you all the best:
Put God first.**



FAREWELL TO S'PHE DUBE (HR Intern) & Mr. N.C.Ntuli (HR Manager)



A -lady with a Midas a touch what ever she did. She was adapted her abilities very easily in Human Resource Dept: .She tackled hard duties according to the guidance she was given and good mentors.



What have ever we seen with our eyes is a true reflection of a reality that we can't ignore it, and we can't erase from our minds immediately because its like a leaven when we see it . Some times make good memories flooding back. According to Sphe Dube with her dedication on work, respect, and made her Unit valuable and recognized.



Impela isikhathi siyaphoxa ngoba kuthi lapho kusem-nandi sona siqede ukuhlan-gana kwethu okuhle. Wonke umuntu owaye la wayefisa sengathi kungabe kusehlu-kwana. Nalapha abasebenzi bonke babesho ngazwi linye “ ndlelanhle” uhambe kahle ntokazi. Uma u Jehovah evala umnyango uvula omunye wazi imicabango yethu singakayica-bangi, his our provider, and our tower when we face terri-ble storm in our lives.



Goodbye: Kwi -gcokama lika Mphemba uNdelela ka-Sompisini Godide indima yakho uyidlalile nalapho uya khona ama skills , amathalente onawo omsebenzi bazobhema bakholwe. Unyawo oluhle Mphemba.....



When we at work we like the family (not a “ family bond”) we share thoughts ,jokes, plan, brain storm, and design, if one family member departure bond of unity shake a little bit and it strengthens gradually later.



HEALTH
KwaZulu-Natal



Farewell to Mr. S'manga Adonis Hla.
bisa you dignify the noble Nursing career in our institution where ever you go we hope that you will not change your working spirit and mutual understanding.



In good times and bad times good friends are always there to support and caring.



Most Patients need that smile in times of sorrows and frustrations, that smile of healing and hope.



Catering staff of the day on the preparation for the occasion.



I-Staff abesebenza naso samvalelisa ngosuka sambe wengubo kwazise kuyabanda e-Gauteng lapho eya khona.



Naphambili uzokwenza odume ngakho, **People First.**



Ntokozo Gumede:Umngani wazama ukukhuluma noma kwakungavumi



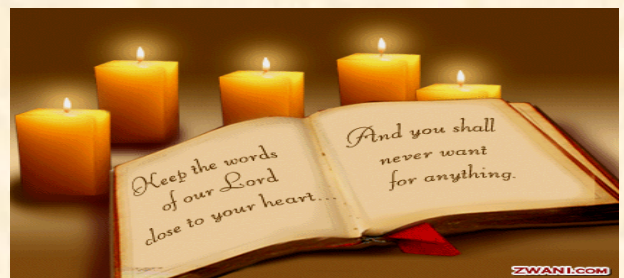
Indathane yezipho ziqhamuka kuzakwabo besho ngazwi linye bethi ndlelanhle.



Umuntu ophilile odla ukudla okunempilo okuphilisa inqondlo kondle nomzimba.La bo Sister bayazizi ezempilo.

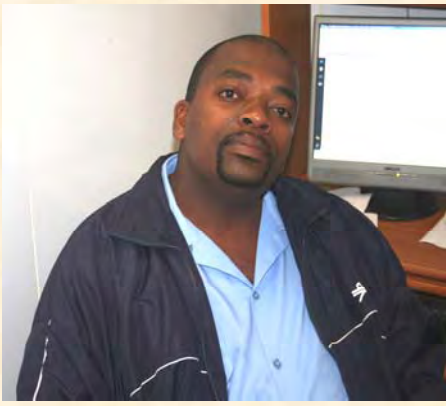


Ngenhla: Ngo-Sister T.F.Zulu no Phindile





SPOTLIGHT WITH MILTON MJADU



Welcome Mr. Milton Mjadu to Uvolwethu Spotlight Corner.

PRO:What are your future plans?

* To become the Head of Security in one of the Provinces in South Africa.

PRO:If SA President gives you a chance to speak to him ,what you can say to him.?

Firstly, I would say he must create job opportunities to unemployed and children who can't afford to go to University and Technikons must get help from the government. And he must reduce crime rate to 0%so that we can enjoy freedom.

PRO: If you won a lotto today what the first thing you can think?

There are many things in my mind but first I can built my own mansion and try to help those who can't help themselves.

PRO: Who you would like us to feature on our next news letter?

* Sister S.P.Jiyane



PRO: Who motivated you to pursue a career in Security?

* Firstly ,it was not my aim to become a security but I used the easiest way to get an employment but now I'm enjoying it because I have learnt a lot in this field .

Where do you get your inspiration?

* From former employer Mr.Ndlovu he always say what you do you must do it effectively.

PRO : What do you do in your spare time?

* Playing music , go to soccer field to do some exercises.

PRO: Who is your mentor.

* My father used to encourage me in what ever lam doing.

PRO: Where do you come from?

* I'm coming from Gingindlovu, Ngqutshini Reserve and I'm staying there with my family.

PRO:How do you describe you self?

* I am an extrovert person who always smile but you must not annoyed me because you will see the true colours of my self. All in all what you see is what you get.





Highlights and Events of the ex-minister of Health: Ms Peggy Nkonyeni with pictures.



← 1



← 3



← 5

Truly you are deserving the best among the best:

- 1 Mr.Vundla (in white) MEC P Nkonyeni & Inkosi Khoza
- 2 Old mother received a wheel chair.
- 3 Awarding a pair of eye glasses to the community.
- 4 Wheel chairs waiting to be owned by disable persons.
- 5 Inkosi Mpungose and MEC Peggy Nkonyeni.
- 6&7 In the memorial service in Catharine Booth Un-veiling of stone for people who died in tragedy.

2 →



4 →



6 →



7 →



Mkhanyakude Municipality hosted the event of welcoming the minister of Health: Dr: Sibongiseni Dlomo. with pictures.



Brand New MEC (from the box) of Health: Dr S Dlomo walked like Samson to kill the lion.



Nurses in the moment of symbolize the pioneer /legend of that career Florence Nighting Girl.



MEC believes in prayer he urged the God to guide him.



MEC: lit the candle for people who lost their lives and those who are struggling with pandemic diseases. Department of Health is Assisting them to regain hope and strengthen those who feels exhausted to complete the race of life.



MEC: Stand with his mentor (**Mama Zala**) that mama had a great impact for molding and inspiring that man .He is a Doctor because of woman.



The spirit of togetherness was so high during that day even **Inkosi Hlabisa** and **Pastor Poo** behind felt bond with God.



Ngwelezane was there to entertain the audience at Hlabisa Sports Field.



Traditional Zulu Dance had a big role entertaining the audience.



HUMAN RESOURCE DEPARTMENT IS LIKE TO INFORM THE EMPLOYEES WHAT THEY DO IN THIS DEPARTMENT.

The Human Resource Department staff they work in different sections.

These sections are : **Provisioning and Service Conditions.**

PROVISIONING:

- ⇒ Provisioning deals with appointments/Employment.
- ⇒ Quarterly reports.
- ⇒ Sessional appointments – Medical Doctors.
- ⇒ SMS Package, Transfers
- ⇒ Translation in Ranks.
- ⇒ Unfreezing of posts ,salaries and pay rolls.
- ⇒ Performance Management. (EPMS)
- ⇒ Record keeping.

MISSION:

TO PROVIDE AN EFFECTIVE AND EFFICIENT HUMAN RESOURCE SERVICES TO ALL EMPLOYEES AT THE INSTITUTION INCLUDING CLINIC AND COMMUNITY.

JOB GOALS:

PROPER FUNCTIONING OF H R PRACTISES TO ENSURE HIGH QUALITY OF SERVICE.



They assist different races and 11 official languages we have in South Africa as a client you will get your requirements and satisfaction.

Back: Mrs. Lungile Mthembu Ms. Mpume Shoba and Ms.Londiwe Mbonambi.

Front: Ms. Surprise Xulu and Mr. Njabulo Biyela



SERVICE CONDITION:

- ⇒ Service condition.
- ⇒ Debt recovery.
- ⇒ Exits.
- ⇒ Housing Guarantee scheme.
- ⇒ Home owner allowance.
- ⇒ Leave.
- ⇒ Long Service Awards.
- ⇒ GEPF (Pension).
- ⇒ Recall and Reversal of salary.





NEW STAFF



Dr. V.W. Nxumalo: PMO



Ms. Mpume Shoba: HR Trainee



Ms: Londiwe Mbonambi: HR Trainee.



Mr.Nkosie Biyela: Secretary to CEO Trainee



Ms. Lungi Mthembu: HR Intern



EZEMIDLALO

Amazwibela ezemidlalo ayebanjelwe e Rugby Sports Ground e Melmoth. I-fayileli yebhola lezinyawo ayiphethanga ngenxa yemvula eyayinamandla.



I -St Mary's Hospital Soccer Team: Esavulela ngesibhaxu kulezizinsuku kwasani okuphambi kwayo.



“Qhude manikiniki mnike isongo lakhe”: kwakusho umlomo ongaphikiswa (u-Nompempe).



I-Mbongolwane Hospital Soccer Team: edlala ibhola elinenkosi phakathi.



Othisha: abakwazanga ukufundisa kwaphoxa ukuna kweZulu. Babezobhekana noDokotela (I Kwa-Magwaza Hospital Soccer Team) ku fayineli engagayelwa phako kulezizinsuku.



Thank you to Kwa-Magwaza Hospital staff for that kind of generosity you have shown to make that tournament successful.

IMIPHUMELA YEMIDLALO:

Emantombazaneni

St Mary's vs Mbongolwane Hosp
28 - 18

Kwi -Soccer: Semi Finals

St Mary's vs Mbongolwane
03 - 00

Teachers Team vs Nkandla Hosp
03 - 02

Final (yahlehliswa).

St Mary's vs. Teachers Team



I-Mbongwalwane Hospital Netball Team: Yatheleka ngezinkani izokhombisa ukuthi nayo iyalazi ibhola.



Izingane (Kwa Magwaza Hospital) zase zenza ezidume ngakho.



I-Nkandla Soccer Team: bakwazi ukufaka amagoli amabili I Teachers Team kade igenqeza ngo 03- 00 **“Liyadlalwa ibhola eNkandla”**



Contact Us



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