



HEALTH
KwaZulu-Natal

THE VOICE OF KWA-MAGWAZA HOSPITAL

INSIDE THIS ISSUE:

CEO's Desk	01
P.R.O's Desk	02
MEC visit	03
Mortuary Dept	04
H1N1 Awareness Day in Jail	05
Malnutrition Im-bizo	06
Women's Day	07
TB DOT Supporters	08
Spotlight with S P Jiyane	09
Yanguye Clinic	10
X-Ray Dept	11
Wonderful Gift	12
Farewell	13
Unyawo Oluhle	14
Farewell to Mr.Dubazane	15
Boys to Men	16
Sports	17
Contacts	18

Acting CEO



ACTING CEO: T. J. VEZI



I greet you all my colleagues

It's a great pleasure to meet you in spring. The chilly season is partially moving away. I would like to take this opportunity to highlight on what we have had in the last few weeks :

Malnutrition

I like to thank the community support and commitment of hospital staff during the malnutrition project. Without your inputs it could not be successful.

The women's Day Celebration:

I like to thank the Guest Speakers that we had during that day. I would like to appreciate the speeches they gave and their utterances were inspiring to the women. We are proud of our women.

Women are the engines of homes, motivators where there is a depression and reducers of distress. They love their families with unconditional love, have an omen with their families. They don't hold grudges and urge God to forgive those who are dictators of their lives to progress.

Thank you God bless you.

I wish those who want to be good women in the future God to full fill their dreams and prosper in life. **Thank you**



P.R.O'S DESK



**SABELO NGOBESE
PRO INTERN**

I greet you my colleagues.

What happened in three months back : We have had a various activities like farewell parties, Women's Day event and tremendous Malnutrition Project . I never seen the incredible co-operation ,passion ,desires from the staff and support from community and colleagues from Uthungulu District and Inkandla Hospital.

Complement from our client **Ntokozo Mthethwa :**

Siyabonga ukuthola incwadi evela kuwe utusa umsebenzi wethu.Sengathi bonke abantu bengaba njengawe bengathuli uma bebona into enhle.Now we are stronger that yesterday. Nakuwe **Bongumenzi Zulu** siyabonga.

CONGRATULATIONS BOKS

Keep it up Springboks we are proud of you by beating the All Blacks in Tri Nations Cup Tournament.



Money + love vs Personality

People have different attitudes regarding use of money. Others believe that if you have a lot of money then you definitely have happiness. Others prefer not to have money in the Bank but rather invest it such as policies, bonds and pensions etc.

Some people love money more than themselves and they don't even take care of themselves as long they earn a lot of money they feel good. For example, they don't even buy clothes, they don't care what type of food they eat, and they don't even care whether their families are suffering.

The lucky ones, they have friends who advise them when they get astray and greedy .

Some people makes a lot of money daily but they don't respect other people who are pilgrims. They don't know that life is turning.

Even though you have money or not, please respect yourself, respect those around you and be humble yourself. **This is the best investment above all and I earthly.**

If we have love to one another we will succeed.

Money makes the world go around
But, money can't buy love.

Till next time





WELCOME MEC FEEL AT HOME AT KWA MAGWAZA HOSPITAL



THE MEC:
DR.SIBONGISENI DLOMO ACCOMPANIED BY THE MANAGEMENT OF THE HOSPITAL AND HOSPITAL BOARD MEMBERS .



MEC: Dr. Sibongiseni Dlomo walked around the premises despite the chilly weather. He arrived unexpectedly. He was impressed with the Hospital.



MEC:with the management and Board Members



"Oh that is what I really need ,Niya rokha Bantwana bam keep it up"



MEC:has sympathy and empathy with patients and community





Mphumzeni Khanyile Welcomes you to Mortuary Department



“My name is **Mphumzeni Khanyile**. I have more than 5 years in this Department My duty in this Department is to fulfill the Death Certificates. I’m not scared to see a dead person like before when I just started. **(I’m a born again person)** I’m not a short tempered person, but sympathetic and friendly at all times”. **“Others wish to photocopy my personality but its difficult”**.”



Mphumzeni Khanyile: doing the Office work.



TO render the service to clients it is our priority in implement **Batho Pele** Principles to satisfy our clients. When I’m at work I forget my personal problems and always focused . Some times others came with distress and frustration even depression because they lost their loved ones. My responsibility is to comforts them and tell me that **“ukhona oMdala wezin-suku ongaguquki”**they must trust him in all situations of life.



Mthembeni Khanyile and Bricks Zulu serving the clients no matter how many they are.

There are times where the Infection Control Practitioners used to visit that working place I'm so impressed to see that because they are interested in the cleanliness of the Department. **Did you know that God loves us and where ever we are?** I have no doubt that God is present and he is watching over us day and night even in our absence God is there.



Bheki Nxumalo (Infection Control Practitioner) and Mphumzeni check the environment of the Mortuary Department.





Swine Flue H1N1 Awareness Day in Jail



On 19 August 2009 we took a journey Correctional Service education about **Swine Flue H1N1**. It is on the verge to harm all global citizens. Symptoms of it are same like the normal flu just worse. **Sister Thandeka Mgwaba** urged them if they see the symptoms of normal flu continues after 7 days they must report it to the officials and will make some means to rescue the life of our fellow brother or sister.



Correctional Service Officers were listening attentively.

The **Correctional Service staff** accompanied us during the presentation of Swine Flu H1 N1 in Jail. The awareness was so successful and they benefited a lot from that. In Jail there is no one with H1 N1 .Most people in t Jail they experienced normal flu and they always visit Kwa Magwaza Hospital to get medication and updates.



More questions raised related to the pandemic. Some of them decided not to eat any pig products because they heard that the cause H1N1 Swine Flu comes from pigs. It is not true the pig .But Sister Mgwaba clarified upon the questions raised whether wild pig can be eater. Sister had good answers according to all the questions that had been raised.



Oral Education was not enough but others preferred to get the hand out . Health care ambassador sometimes they will update themselves in their places where they stay about the lessons, those hands out state clearly the symptoms of that flu but are partially same like the normal flu, the normal flu doesn't take week but the Swine Flu H1 N1 can take a week or more that. People be must aware of that ,and must be seriously about that pandemic.



Settled of Malnutrition Imbizo at Entembeni High School



Principal Mr. Zulu hosted Malnutrition Imbizo in the School Hall.



On behalf of I-Nkosi Zulu: the Imbizo was official opened by M Zulu



Audience attended the Malnutrition Imbizo packed the E-Ntembeni High School Hall.



Mrs.E.T.Sithole put final nail on the coffin to emphasize that community must not hesitate to visit the nearest clinic for health purposes.



Makhosi Xulu: was a witness and a victimized by malnutrition in the past thanked the hospital the role it played to serve her child.



Khofi Xulu: Confirmed that No traditional healer can heal malnutrition in patients. Dietician and Doctors can assist.



Community received izithombo to plants at their gardens.



Dr Peter Lee: did a presentation during the day.



Dr.Judy Harvey: Played a vital role in this event arranging ,buying goods given a talk .She is leaving us end of September. She is going to England.



WOMEN'DAY CELEBRATION



We like to say thank you very much to the following stores (Spar, Copy 'n Fax and TP Motors) who always willing to stretch hands on what ever we do ,we wish God to Bless you what ever they think and touch.
Belinda made decoration and flowers.



Roy Naidoo
owner
From
Copy 'n
Fax



Sanett Pelster and Louise Palmer. From Spar Store



Angelo Mei
From TP Motors

Mrs.N.Dludla: "Lets love our Bodies that we are living in them" Ubuhle bomuntu wesifazane buqala ekhanda.
Ngezansi: Izinto zokuziphophotha zomuntu wesifazane angazisebenzisa ukuze ehlale ebukeya.



Guest speakers: (From left) Mrs.Jele (Uthungulu District), Fikile Mchunu (Social; Welfare) , Sister N Maboza and Matron TR Mbatha.

Mrs.R.Jele: from Uthungulu District Answered a million dollar questions." What does a man want from a woman? And Why most marriages get broken?



"Ubuhle buyinkohliso kepha owesifazane owe saba U Nkulunkulu uya-kudunyiswa ,buphe ezithelweni zezandla zakhe izenzo zakhe zim-dumise emasangweni"
IZAGA 31 verse 31

Is made for women: That Fashion Designed for women who love themselves abazaziyo izinto ezinhle .

HLE from Pharmacy recited a beautiful poem by **MAYA ANGELOU** which is a praise poem of how **PHENOMENAL WOMEN** are.





TB DOT SUPPORTERS TRAINED BY TB FREE



TB FREE Team: trained 20 people (TB DOT Supporters) at Mfanefile Area, Ndundulu, KwaGcongo and Thubalethu plus traditional practitioners. The role of that people in the community is to motivate the patients at homes that do they follow the instructions are informed by the Doctor/ Health care giver .



TB FREE TEAM gave them indications of how to find a person who infected by TB:
Symptoms of TB:
Cough more than 2 weeks
Night sweats, Fatigue. Weight loss. Chest pain. Coughing up blood.

Traditional Practitioners refer patients first to the Hospital before they take care



TB DOT Supporters trained at Ndundulu Area



TB DOT Supporters trained at Kwa Gcongo Area

Do you want to beat TB?

Then complete your treatment ! A DOT supporter can assist you to complete your treatment.

Do you know that TB treatment is free and effective?

For more information ,go to your nearest clinic NOW.

TB can be cured?

Yes—If you complete your treatment



Celebrations began the ancestors were accompanied them because were inspired by the knowledge.



Yizwa Mngoma: Base bedlalela uThisha ngezifundo ezazehla kamnandi





SPOTLIGHT WITH S P JIYANE



PRO: How are you?

SP Jiyane:

I am fine thank you.

PRO: Please tell me your name and Surname.

SP Jiyane:

My Name is Sylvia Phumlile "Domby" Jiyane.



PRO: If you were man what you like to change in your personal life globally ?

SP Jiyane:

I just love the way I am. Globally I would not allow children to do an abortion at an early age.

PRO: What things do you like in man?

SP Jiyane:

You must have a good sense of humour ,intelligent ,open and caring.

PRO: Are you engage?

SP Jiyane

Not at all.

PRO: Where do you come from?

SP Jiyane:

I'm coming from Kwa-Nongoma Injampela.

"TO STIMULATE THE YOUNG ONES WHO ARE WILLING TO TAKE THE NURSING "

THEY MUST FOLLOW THEIR DREAMS BECAUSE NURSING MAKES TO KNOW YOUR SELF.IT NEEDS PERSEVIARANCE AND COMMITMENT BUT ALSO BE AWARE THAT **YOU CAN'T PLEASE EVERYBODY** ALL THE TIME. PEOPLE NEED DIFFERENT THINGS.

PRO: Why did you choose the nursing career?

SP Jiyane.

I choose the nursing career because I wanted to care

For people who were suffering because of high prevalence

Of pandemic diseases and also to help community and those who are helpless.

PRO: Do you have parents?

SP Jiyane:

No unfortunate they passed away .

PRO: Challenge in this career?

SP Jiyane:

People are very sick and helpless and some of them abandoned by their relatives and some people expect wonders from us , don't help themselves ,we are working long hours and we are paid less

PRO: Which soapies do you like most?

SP Jiyane:

I like Generation and Isidingo.

PRO: Which character do you like and why?

SP Jiyane:

I like Karabo because she is always sure of her self and she is cool.



PRO: Who do you like to be our spotlight person in our next newsletter?

SP Jiyane:

Sihle Ngubane



YANGUYE CLINIC STAFF AT WORK



Yanguye Clinic is the Sub Clinic under St Marys Kwa Magwaza Hospital . It is about 20 km from the Hospital to that clinic.

It is allocated in densely populated rural area .Daily it serve about +/- 150 people per day: They manage Chronic conditions PMCTC and comprehensive services etc.



YANGUYE CLINIC STAFF:
1.Sister, 2 Staff Nurses,1 ENA,2 Lay Counselors and 1 Clerk

At their station always abundant of a huge number of patients coming from different areas surrounding this clinic ,areas like Mgojana, Candolo ,Mahhehhe ,Nqekwana,Inqaba,Ntabayenkosi,Ntomboyi, Lumbi , Undevu,Nungwini, Mshayelweni and Planty. There are some places (cross Borders) called Nomponjwana,Bucanana,Umfolozi, Nqunqu, Untombokazi and Umawanda.



Yanguye Clinic
Daily Clients:



What they do weekly:

Monday:First visits ,ANC +Minor ailments & chronics.

Tuesday:Immunizations minor ailments & chronics.

Wednesday:Immunizations minor ailments & chronics.

Thursdays:ANC-repeats +minor ailments + chronics.

Friday: Everybody.





Radiology (X-Ray) Department



Mr. B. Mung'omba and Mrs H. Ncube Trying out their skills on a Demo ultrasound machine.



X-ray is an integral part of any health care system. It is actually estimated that about 30% to 50% of critical medical decisions are based on x-ray examinations. Because of its contribution towards patients' clinical management, X-ray is a 24-hour service in most hospitals..

Here at Kwa Magwaza hospital we are using mainly conventional radiography. About 600 – 700 patients are x-rayed every month. Chest x-ray is the most common examination done. X-ray is used to help doctors identify a problem (to make a diagnosis). A doctor may request an x-ray for a person who is involved in a motor vehicle accident, injury resulting from sport, those with chest pains, having problems in swallowing food and many more. The list of clinical problems that may need x-rays are many and all cannot be listed here.

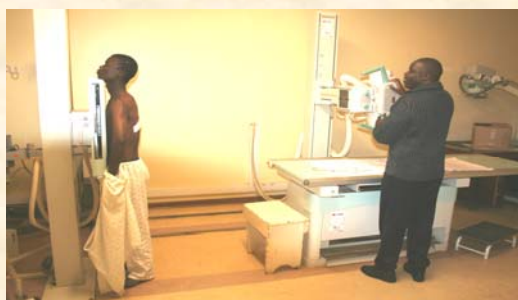
Other than the x-ray, KwaMagwaza hospital also offers ultrasound services. Most patients using this service are women. Just like x-rays, ultrasound is used to check inside the patient. For instance it is used to assess the pregnancy and determine the wellbeing of a baby in the womb. Unfortunately, the current ultrasound machine is so old such that some of its operational functions are no longer in use.

It is against this background and supported by the realization of the enormous contribution that ultrasound makes towards patient care that the Hospital Management decided to dig dipper and approve the purchase of a new ultrasound machine. The x-ray staff and on behalf of the many patients who would benefit from this noble gesture wishes to thank the Hospital Management.

The X-ray staff also wish to take this opportunity to congratulate Zinzi (senior radiographer) for her new born baby girl.



Patients waiting to be x-rayed



Bernard "Big Ben" Mung'omba taking a chest x-ray the patient.



WONDERFUL GIFT



Izingane ziyisipho esivela ku uMdali , yena uzazi singakazi boni ngamehle enyama ziselihlule no mama wengane usuke engakazi ukuthi lokhu akuthwele ku-zophila noma qha.

Buyi Mpungose kuyan-comeka lokhu okwenzileyo ukuthi zibonwe izwe lonke lezingelosi.

Omama abanjengawe se-beyashoda abakwazi ukuma kwazi izwe lonke ukuthi bangomama.

You are the woman that the world ready to proud of you.



Mother of Triplets: MABUYI MPUNGOSE



Triplets Names (from left): Sibingakonke, (middle) , Sibongokuhle and Sibongithemba



These triplets are the bonus to Mbuyi Mpungose because God blessed her with two kids previously now have 05 living kids. Buyi was so happy about receiving these triplets and doesn't blame God and he knows the purpose of that.

She wish to be a good mother to her triplets and tell them the realities of life. She is a mother who knows God these triplets will benefit a lot from her.

We pray for her not to give up in times of tribulations and temptation, we hope God will stimulate the passion and love that is in you not getting astray when you encounter the problems.

Ngesizulu bathi "Ubudoda abukhulelwa" babuye bethi "Ayikho indlovu esindwa umboko wayo" akubhekisiwe kumadoda kuphela.

"Tshala elangeni linamafu linomoya ungesabi imvula ingekaMdali nesikhathi ngesakhe, wena bheka yena nguye ozokhulisa anakekele.



Farewell Sylvester Dube



Ms.Sylvester accompanied by "spouse" Hopewell Msi-mango and PHC Staff

Challenges
Ms.Sylvester Dube raised matters the recent youth must have to learn at work. Team spirit learn to achieve their vision with missions and learn to work under pressure.



Mrs.T.R.Mbatha (Matron)
Highlights thick and thin memories they gone through them at work..

Words of wisdom
Youth must believe to God and don't loose hope when things goes gradually and astray God will fulfill their dreams.
Don't be pessimistic and Don't give up.



Tolerance at work
Mrs.T.R.Mbatha describes Ms Sylvester Dube as person who was respect the work , her brilliant ideas had value in terms of finding resolution.



symbol of Celebration



Usingaye usika i-khekhe.

↑
"I thank God I going home to join my family ngiphila my body not in the coffin".



Unyawo oluhle



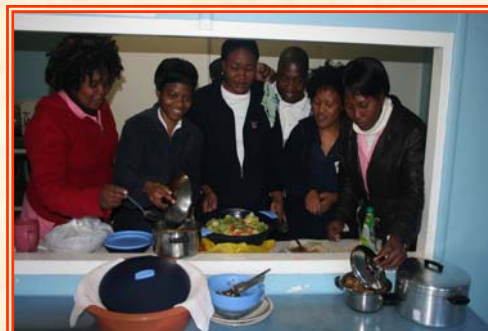
PAEDS UNIT WAS DECIDED TO FAREWELL DUDLU CLEANERS ABOUT THE IMPACT THAT THEY HAD IN THE PAEDS WARD.

Osingabo: From left Mrs. Mnyandu and Mrs. Shabangu

Paeds catering staff in the Kitchen.



PAEDS unit
Thanked the humanity the two women have had when they were working together in the same ward



Amazulu uma ehlangeni Inhlamu into yawo.

U Mama uma Dlamini: wakhuluma waqebula ngabasebenzi ababili abahambayo (Mrs. Shabangu no Mrs. Mnyandu). U Mama u maDlamini uyehluleka ukuzibamba noma ukuncoma into uma iyinhle.

WABACHAZA: Ngokuthi bangomama abanozwela kwesinye isikhathi uma kukhala ingane bebe fikelwa imihele befise ukusiza



I-BUDGET CONSTRAINTS: Sishaya indiva futhi ayizweli uma senza okusuka ekujuleni kwezinhliziyo zethu, noma senza imizuzu esiyohlala siyikhumbula noma sesihlukene. Uma sesenza kuba sengathi kwehle imana ehlane kumangale oseceleni.

“UMA SIBAMBENE IZINTO ESIZENZAYO ZOPHUMELELA”





Farewell Baba Dubazane



The man who loves his family from the bottom of his heart and his family will love him with unconditional love even he is unemployed.

Mr. Dubazane was accompanied by his wife during the farewell party.



Words of wisdom from Mr. Dubazane.
“ Ukubekezelelana ,ukuhloniphana nokwethembana kuzala impumelelo emsebenzini”

Below:
Oh! What a marvelous retirement father come alive to his family not in the coffin.



Mr. Thokozani Madela prepared the Braai for the whole guests of the day aside of him assistants Mr. Biyela, Mr. Mhlongo



Mr. Dubazane received an awesome gift from his Colleagues. The Principal Security Officer hand over it to Mr. Dubazane.



Let's Dance





Happy Birth Day Boys



“BOYS TO MEN”

Ngoko So-Sayensi bathi abantu abazalwe ngale Nyanga u (August) **bayancishana babophainja nogodo ,abanamusa uma benemali bangabantu abanonya** .Kanti oso Sayensi bayibambe lapho ingalele khona ngoba lezinsizwa zehlukile kulokhu osekubalwe ngenhla.**Zinothando,uzwelo,isin eke, isizotha ,inhlonipho,umoya ,owodwa omuhle futhi ziyamazi omunye umuntu.**



Happy Birth Day Boys (Nkosikhona Biyela and Sibusiso “Sir” Thabethe) unwele olode nikhule nize nikhokhobe.

Zaziphahlwe osisi bazo abadala (Nonto Ncanana, Dee Mhlongo,Sizakele Nzuzza) bezibongela ,bezifisela no nwele olude empilweni nokuqhubeka ekwenzeni kwazo okuhle. Bazinika umphako wendlela ukuthi baqhubeke nokuhlonipha abantu abadala. Okuhle ngalabafana ukuthi bayawuhlonipha umsebenzi wayawuthanda benjalo nje. Besebenzisa I **BATHO PELE** emsebenzini.



NGOKOMSEBENZI: La bafana bayawushaya umsebenzi kukhathala wena ufakazi walokhu ngosisi babo ababasingathile u Dee Mhlongo no Nonto Ncanana nabo abawuvali umlomo uma labafana sebenza abaqashelwa khona kungathi basebenza nezipoki kanti cha.



After Party

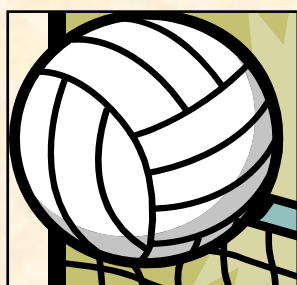




SPORTS



We'll be there to support World Cup bid in South Africa and support Bafana Bafana and it will be a great pleasure to see world soccer tycoons battle in this local stadium .



MOSES MABIDA STADIUM IN DURBAN



Kwa-Magwaza Net ball Team support the World Cup bid that will be hosted by South Africa.

Kwa Magwaza Soccer Team Supports world Cup Bid and Bafana Bafana.



U cabangani uma ubona lengane yenza nje!!!!

Interception of the ball, control and distribution skills means Ib-hola siyalincenga



Contact Us



UVOLWETHU

THE VOICE OF KWA-MAGWAZA HOSPITAL

Kwa - Magwaza Hospital

Private Bag X 808

Melmoth

3835

For more information and comments you can contact
Mr. Sabelo Ngobese @ :

Phone: 035 450 8321

Fax: 035 450 2286

E-mail: prointern.stmaryshospital@kznhealth.gov.za




Kwa-Magwaza Hospital