



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# KwaMagwaza District Hospital

## Mthinemide

## NEWS

STAY INFORMED

March 2020

### CEO'S WELCOME REMARKS "I BELIEVE TOMORROW LOOKS BETTER THAN YESTERDAY"



Every year comes with a new clean page for a brand new start. The question is what do we write on that page to keep our vision and mission achievable. The danger of writing in a white board is that when you write something, and then erase it and re-write something the board will

show that there is a change. Some say history has no blank pages and what we do today will be used as judgement of our performance as a hospital.

We all have a responsibility to save lives in our little corners. The mistake we often do is thinking that only nurses and doctors are responsible for the patient. The department of health refers to none clinical staff as support systems. This means doctor won't be able to perform their duties without the assistance of the none clinical staff.

The new year gives us an opportunity to correct all the wrongs we did last year and excel where we did well. The environment we all work in has no

stopping point because once we stop there is a possibility that someone might lose his or her life. I therefore, as the acting CEO, encourage you all to keep soldiering on in the struggle of saving lives as we count down for the full implementation of NHI in 2026.

I have learnt a lot at KwaMagwaza hospital and I have made friends. I'm aware that there are times where we have had disagreements on many issues but that is normal. All the arguments were not personal but they were in the struggle of saving lives and service delivery. I hope I was able to assist the hospital in some of the challenges it faced before my deployment to the institution.

I would like to take this opportunity and thank all the executive management that have worked directly with me and support they have shown me in the past 6 months. I would like to thank all the staff members who work tirelessly to better the people's lives.

Top left photo: Ms T.R Vezi Hospital Acting Chief Executive Officer



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## DO NOT miss OUR Call and YOUR Medication: HAST UNITY



**The** hospital PRO visited HAST Unity during his walk about in the hospital checking customer satisfaction and service delivery as part of his daily duties. The PRO came across one of the staff members Ms P.G Mdletshe (ENA) who is tasked to make sure that all the patients on ARV and TB treatment do not miss their appointment dates because a chronic patient without medication is like a wounded lion.

Making phone calls every day has become a daily duty for the ENA in our HAST Clinic. The main reason for calls is making sure that all the patients are reminded about the dates for collection. For patients who do not collect their medication on their appointment dates, follow ups are done every day or alternatively the medication is delivered at home via our TB Tracer team who visit the community every day.

Sister Nzuzi is very passionate about the 90 90 90 strategy. Close and daily monitoring is the way to fight the spread of HIV and AIDS. Sister Nzuzi gave a short health education to the hospital PRO about the importance of adhering to your ARV treatment. The lower you keep the HIV level (viral load) in your body, the more your CD4 (soldier) cells will increase. The higher your CD4 (soldier) count, the less likely you are to become ill from other serious infections. However, if you do get sick from another illnesses, you need to go to your clinic to get treatment. Taking ARVs alone will not treat other infections like STIs and TB.

During the visit at HAST Clinic it became very clear to the hospital PRO that adhering to your medication is the pillar to living longer.

## Isibhedlela kubantu: OPERATION "MBO"



**K**waMagwaza Hospital had performance indicators in which they did not perform well in the previous quarter. The resolution was taken in the information meeting that a community outreach should be organised by the Hospital PRO, focusing on the indicator identified by the meeting. The indicator was cancer screening, HIV testing and treatment, Antenatal Care before 20 weeks, immunization, and some services to be brought to them.

On the 13 February 2020 KwaMagwaza hospital took all their mobile hospital services to the community of Ndundulu and surrounding areas within Mthonjaneni Local Municipality. The outreach was done in partnership with Operation Sukuma Sakhe, War Room of Ward 08.

When we talk about health care, we are often referring to hospitals or clinics. Rarely do we give enough attention to what is happening in the communities and among the

individuals who depend on the resources in their neighbourhoods. This is where preventative care and post-acute support is at its best and can be the deciding factor in one's recovery or disease management. Patients are treated in hospitals, but heal in communities. For individuals who experience difficulty accessing care or for whom cost is a major barrier to receiving services, these community supports are even more important. This is especially true because the community of Mthonjaneni Local Municipality, Ward 08 came out in numbers to access the health services offered. The medical doctor serviced more than 100 patients during this outreach campaign. This is a clear indication that our services are in demand and that the cost of transport becomes a barrier in the access of health services.

## QoQoQo : Mobile Hospital Services at your door step



**O**N the 31 January 2020 King Cetshwayo Health District took all the mobile hospital services to the deep rural area where they have transport challenges to access the nearest hospital. iNkandla Local Municipality, Ward 08 was the area to be serviced on the day. The district came with all the program managers, supervisors, TB Tracer Team, and the seven (07) hospitals and one (01) CHC came with their teams led by the hospital CEOs.

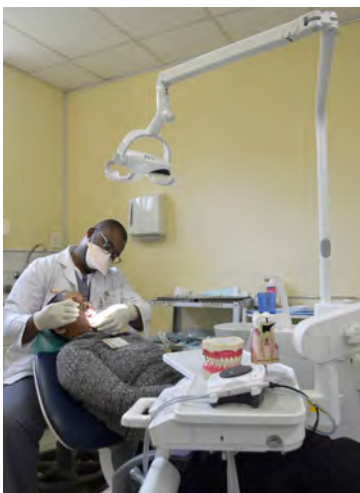
This ground breaking Community-Based Approach to Healthcare, which dubbed **#IsibhedlelaKubantu** was launched by the Honourable MEC for KwaZulu-Natal Health Ms Nomagugu Simelane-Zulu. The MEC also

referred to this initiative as “QoQoQo” (Knock Knock). KwaMagwaza District Hospital Mobile Team was also part of this great initiative led by the District Director Ms N.E Hlophe. The teams were able to visit a minimum of two (02) families and many health and poverty issues were picked up during the visit. Most of the health issues were dealt with on site by health professionals.

This initiative was a success because most of the issues received necessary attention and some were sent to the nearest health facility (eKhombe hospital).



## Game Changer: New Dental Chair



**K**waMagwaza Hospital welcomed their new dental chair since the old one fail to allow basic dental services a to be provided. The new dental chair is the game changer at the hospital because patients will be able to clean and fill their teeth without paying exorbitant fees at the private dentist. The patients will be able to

save their teeth by doing a filling instead of an extraction. The current government is working hard to make sure that all the basic health services should be available to the majority of South Africans especial the poorest of the poor.

The new dental chair comes with the latest technology and our young Dental Staff is excited to explore the chairs new features. The dental chair comes at a time when our government is in the process of implementing the National Health Insurance (NHI). . All basic health services should be available to all South Africans without

attaching a huge price tag to it.

Dental Services are available from **Monday to Friday** from **7:30 to 16:00**. Other services like cleanings and filling of teeth are only available through booking. Our friendly dentists encourage the community of Mthonjaneni Local Municipality to visit our clinic for regular check-ups. This will assist the patient in making sure that they have healthy teeth and gums.



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