



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

KWAMASHU COMMUNITY HEALTH CENTRE

Tell: 031 504 9100 Fax: 031 504 9111

EZASE'SNQAWUNQAWINI

NEWS

STAY INFORMED

JAN-JUN 2016

WELCOME NEW CEO

KwaMashu CHC welcomes the new CEO Dr. B. Badripersad on the 15th March 2016. We wish her a long and fruitful stay in KwaMashu Community Health Centre. We believe her leadership will steer this establishment to great heights, and uphold the core values of the facility. Welcome to Esinqawunqawini. We look forward to rendering efficient health care services under your leadership.



Dr B. BADRIPERSAD



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HEALTHY LIFESTYLE AWARENESS DAY

Aerobics

Tuesday and Thursdays have become a fun filled time for the staff of KwaMashu CHC. Aerobic are the order of these 2 days . As part of the MEC initiative to get employees of Department of Health healthy we have heard his call and committed ourselves to this routine.



Staff participating in Aerobics

Led by Sithembile Mdluli the energetic Instructor. Her tips and motivation helps the team on how to stay healthy and keep fit. She advised that fitness and being healthy is not an overnight thing but it take dedication and love for yourself to maintain the routine and persevere in the journey.



Sithembile Mdluli leading the aerobics

During Aerobics exercises.



ORAL HEALTH AS PART OF A HEALTHY LIFESTYLE

*Oral health was also emphasized as part of a healthy lifestyle. * Second from Left: Mrs. P. Sokhulu of Dental department giving dental hampers to participants who participated in their questions and answer session. She had expressed the importance of oral hygiene to our staff and urged them to have regular checks-up regarding their oral health. "An apple a day keeps the Dr. away" she smiled*



GEMS HELPING STAFF WITH THEIR QUESTIONS AND INFORMATION

GEMS Medical AID visited the facility during the healthy lifestyle event. They screened staff for all the baseline assessments. Their team was helpful and answered many health related queries. They afforded staff the opportunity to know more about their medical aid benefits.



GEMS TEAM SERVICING STAFF

HEALTH AWARENESS DAY



H.B DUBE (OMN)
Addressing patients

KwaMashu CHC takes health education to another level. Our Outpatients team hosted the Awareness Day. Healthy talks to patients on ways to maintain a healthy life, the talks were concentrated on the following topics: STI's, use of Condoms ,family planning and prevention of teenage pregnancy. The patients were given opportunity to



PRAGNANCY

Our family planning department is tackling the high pregnancy rate in KwaMashu and surrounding areas. They aim to render efficient family planning services and assist the MEC campaign in fight against Sugar Daddy's who uses young girls and impregnate them. The team educates against this and condemns such behavior in our community. We encourage woman of child bearing ages to visit our facility and get to know more about the family planning options that are available to them.

Our youth Friendly clinic is located at the outpatients department. The clinic is run by the energetic and friendly nurses Sr. N.E Zikalala. She ensures that we stay winning the fight to treat STD

STI's Sexually transmitted diseases (STDs) are infectious diseases that spread from person to person through intimate sexual contact. STDs can affect Females and Males of all ages and who are sexually active. — The Youth clinic of KwaMashu CHC is committed to educate the community about practicing safe sex and sticking to one sexual



A CONDOM CAN SAVE YOUR LIFE

Abstinence is the only way to avoid becoming infected with an STD, HIV & Aids or getting pregnant. However, condoms are highly effective at preventing STDs. A condom can save your life. .



Mrs. N.E Zikalala addressing patients during health

MEDICAL MALE CIRCUMCISION



Medical Male Circumcision which took place on the 17-18 March 2016 during the school holidays . This proved to be a successful event. Males from across the INK area took part this initiative and got circumcised.

Circumcision has health benefits

Circumcision decrease the risk of urinary tract infections and reduce risk the of some sexually transmitted diseases in men including HIV. Still, safe sexual practices remain essential. Protection against penile cancer and a reduced risk of cervical cancer in female sex partners, circumcision also makes it easier to keep the end of the penis clean.

These males were excited about the health benefits of the circumcision and arrived in large numbers. Health education on STI, Sex and abstinence was given.



Participants of Male Medical Circumcision

BE WISE DO CIRCUMCISION

DRUGS AWARENESS DAY

Drug awareness day took place on the 27th of June at Ntuzuma B hall.

Drugs undermine health and it destroy young lives especially in black communities for example; KwaMashu, Ntuzuma, Inanda and other surrounding areas, the youth is dying because of a new introduced drug pill called Mercedes.



Pastor.
Addressing a speech about drug abuse.

The youth of Ntuzuma came in numbers to attend the Awareness Day.

Both adults and pupils were listening attentively to the message that was delivered in the day.



STAFF MEMBERS OF KCHC

WE WELCOME THE 2016 W.I.L STUDENTS



NOKWETHEMBA BUTHELEZI
MANAGEMENT ASSISTANT



NOMCEBO NKWANYANA
MANAGEMENT ASSISTANT



MBASWANA AKHONA
FINANCE MANAGEMENT



BHENGU NOKUBONGA
OFFICE ADMINISTRATION



MATHONSI NOTHANDO
PUBLIC MANAGEMENT



NGUBANE KWANELE
PUBLIC MANAGEMENT



BHENGU NDUDUZO
PUBLIC MANAGEMENT



MVUYANE NKOSI
HUMAN RESOURCE MANAG.



DUBE SIYABONGA
HUMAN RESOURCE MANAG.

WE WELCOME THE 2016 W.I.L STUDENTS



MBAMBISA BONGUMUSA
HUMAN RESOURCE MANAG.



NTONDINI BABALWA
HUMAN RESOUCSE MANAG.



NDABA NOTHANDO
HUMAN RESOURCE



MDLADLAMBA NKANYISO
PUBLIC MANAGEMENT



MATHONSI THABILE
PUBLIC MANAGEMENT



NKOSI SIPHO
HUMAN RESOURCE MANAG.



MSANE SIKHUMBUZO
HUMAN RESOURCE MANAG.



MQADI NOZIPHO
HUMAN RESOURCE



DLAMINI KHULEKANI
FINANCE MANAGEMENT

ACCOLADES

“SIYALOBA”

LETTERS COLLECTED IN COMPLAINT, COMPLIMENTS AND SUGGESTION BOXES ACROSS THE CHC.



REF: D N T 14 / 11 02 20 16

NAME: Vela

SURNAME: Mhlongo



Please describe the incident or give a compliment or make a suggestion

*Where possible also record the staff involved and department where the incident took place.

Date on which the incident took place: 11 FEB 2016

I WOULD LIKE TO RAISE A VERY SATISFYING SERVICE OF MISS SONHULU WHO GAVE US LESSONS ON THE CLASS WE ATTENDED ON HOW TO TAKE CARE OF OUR TOOTH, WHAT I PICKED UP FROM HER SHE'S GOT WARM HANDS AND VERY TENDER HEARTS TOWARDS HER PATIENTS, A FRIENDLY SERVICE THAT GIVES YOU NO DOUBT WHEN YOU CALL THE NEXT TIME YOU'LL BE TAKEN CARE OF, THE ELEMENTS OF PASSIONATE DEDICATION ARE PRESERVED IN HER SERVICE, IT WILL BE MY PLEASURE TO HAVE HER SERVICE PROLEGUE SPREAD THROUGHOUT ALL OTHER INDIVIDUALS OF THIS HEALTH CARE UNIT SO THAT THE COMMUNITY SERVICE WILL BE AT A GREAT LEVEL THAT WILL BE ENJOYED BY ALL PATIENTS ENJOYING THIS PREMISES

MY THANKS A MILLION

[Signature]
Signature of person lodging a complaint
Or recording a compliment or suggestion

Signature of patient

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REF: D N T 05 / 18 01 20 16

NAME: Bianca

SURNAME: Cibane



Please describe the incident or give a compliment or make a suggestion

*Where possible also record the staff involved and department where the incident took place.

Date on which the incident took place:

The service of the staff is very awesome specially at the dental clinic, The securities are very helpful and kind, as well as the dental doctors especially an Indian doctor. everything was fine. They must keep it that way, Their service we usually don't get it. No 1455 impressed 😊

My suggestion guys I think we should have a tap or some water to drink closer, coz since I came here & today I didn't see any water, I was drinking at the toilet

[Signature]
Signature of person lodging a complaint
Or recording a compliment or suggestion

Signature of patient

ACKNOWLEDGEMENTS



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PUBLIC RELATIONS OFFICER



SIYABONGA NJOKO
PUBLIC RELATIONS IN-SERV
(Editorial Team)



LUNGELU NLOVU
PUBLIC RELATIONS IN-SERV
(Editorial Team)

We hope you enjoyed our edition of ezase Sngawunqawini. We welcome your comment and suggestion please forward them to the below address :



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