



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# Lower Umfolozi War Memorial Regional Hospital

# BAMBINO

## STAY INFORMED

# NEWS

Quarter 2, Issue 1 2017/18

### Greetings From Systems Manager



Greetings to you all,

It is a great opportunity to present myself back to Lower Umfolozi War Memorial Regional Hospital soon to be Queen Nandi Regional Hospital,

under KZN health since I left for Gauteng Health in 2014. The warm welcome of coming back to my province, makes me feel warm and honoured indeed. I was well received by the Executive Management of the institution under the leadership of Mrs. CNN Mkhwanazi-CEO, the extended management, the entire staff of the hospital even other colleagues in the department of health and sister departments.

In light of the above and the expectations in contributing to service delivery, it has to be considered that the Systems directorate is one of the largest, actually the second largest directorate in the establishment of the hospital with various outsourced services, hence it is important to acknowledge the importance of everyone to ensure the delivery of **Total Integrated Quality Service (TIQS)** with the enhanced staff members.

It is thus my philosophy to keep abreast with ever coming challenges in the workplace in order to ensure the delivery of effective, efficient and timeous support to the health care of the needy. The service won't be effective when working alone as one directorate, it is of utmost importance to be part of the integration with other directorates so to have the common vision of the health sector more especially "**Optimal health for all the persons of KZN**".

The Systems directorate commits to work with all other directorates; i.e. Nursing, Medical, Finance and Human Resources to ensure total service delivery at its best and contribute positively to hospital efficiency indicators. I will therefore urge teamwork to sustain number of positive results that the facility has achieved and work together to new developments and initiative. I thank you all.

Written by: Mr. ME Mhlongo



LU Oncology Services Functioning...

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Ingqongqo, mom of Quads...

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Generosity shown on Mandela Day...

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# Oncology Services At LUWMRH Clears The Backlog



There has been an ongoing crisis in the Oncology services in KwaZulu-Natal over the last few years, with adverse outcomes being reported for the cancer patients in the province. Much media and public outcry over the critical nature of the collapsed services has necessitated an urgent intervention by the KZN Department of Health to address this matter. To this end, LUWMRH and Ngwelezane Hospitals were approached by the DOH to establish oncology clinics at each site; in a new partnership agreement with Joint Medical Holdings (JMH), a private healthcare provider which owns the Richards Bay Medical Institute (RBMI). RBMI is a world class oncology centre based in Richards Bay, offering complete oncology services including radiation therapy.

A meeting was held on 29 June 2017 at LUWMRH with the management of JMH, LUWMRH and Ngwelezane hospitals. At this meeting, interim plans were put into place to establish oncology clinics at both hospitals, with private oncologists Professor Jordaan and Dr Abrahams running clinics at both hospitals, alternating on Mondays and Wednesdays. Initially each consultant would run a clinic separately at each facility. Chemotherapy would be provided by IALCH, and would be administered by JMH staff at each facility. Patients would be referred to the private oncologists, who would consult, and devise management plans for each referred patient. Patients would have planning CT scans and radiation at RBMI, when indicated. RBMI would provide their own transport for patients who needed to go to the facility in Richards Bay.

It was agreed at the meeting that the oncology clinics would start immediately at both hospitals.

LUWMRH has had an oncology clinic in place, run by our own Gynaecology consultant, Dr. ME Dlamini for many years. Oncology patients requiring surgery were operated on at our facility, but were referred to IALCH for chemotherapy and radiation. With the collapse of the services in Durban, there was a resultant extensive backlog of oncology patients waiting for treatment.

LUWMRH rose to the challenge that was suddenly thrust upon it, and the extended oncology clinic commenced immediately. The clinic is in Gynae Outpatient Department (GOPD, with chemotherapy mixing and administration in the clinic on site as well. The clinic initially experienced a few teething problems, which have since been successfully addressed. Indeed, the statistics, and the wide, beaming smiles on the faces of patients who thought they would never receive oncology treatment, is testimony to the success of the clinic.

The primary objective of this extended oncology service was to address the backlog of oncology patients in KZN Northern Region 4, and it is pleasing to note, this has been accomplished already in a few short months. This could only be achieved through the dedication and sheer effort of all involved.

*During an interview one of our clients, Ms. Linda Burgster was very pleased and excited as she lauded the level of service and treatment she has received from LUWMRH and the team involved saying "I have been afforded another chance at life".*



*Written by: Dr Menitha Samjowan*





## The Queen's Hospital Nurtures The Queen & Four Miracles

On the 31st August 2017 we received four (4) Prem patients and their mom as transfers-in from Vryheid Hospital. They were delivered successfully and miraculously without any complications by a Professional Nurse, SN Buthelezi.

Mom, Jabulile Sangweni (30), from eDumbe was astounded to have delivered four babies at one go while she was expecting only one baby. She had only started her Antenatal Care at eDumbe Mobile Clinic very late when, judging by the size of her belly, she believed she was eight months into her pregnancy.

She was blessed with three girls and a boy. At birth the quadruplets were weighing a total weight of 4290g; Halala, being a male weighed 1370g, Halalisani, Luyanda and Lubanzi who are females weighing 880g, 940g and 1100g. Upon arrival they were fed from the Hospital's Human Milk Bank which caters for, among others, babies with a very low birth weight. "Jabulile has really been our pillar to our great success by being able to produce an adequate volume of milk to

feed all of her babies. They are currently weighing 1720g, 1450g, 1700g & 1655g respectively.

"I honestly didn't know I was carrying four babies. I was hiding the pregnancy from my mom because I was afraid that I have fallen pregnant with my second child out of wedlock, hence I did not attend the clinic. I was sick and always sleeping and my mother only suspected that I was pregnant a few weeks before the delivery of the babies. I was surprised when the nurses told me I was carrying twins, Quad one was delivered, Quads 2 and 3 followed and Quad 4 was announced then I began to accept my fate, this was my portion. I do not know what I am going to do going forward because I am not employed and the father has a temporal job, but I have accepted and excited now, alludes Jabu."

The four miracles are growing well under the

care of a team of our Neonatal Unit clinicians with the smallest quad still discharged from the High Care Unit and they will be discharged when they are all above 1.8Kg. They are already registered as South African Citizens.

Quad 2 is completing a course of antibiotics and we are repeating the test for infection tomorrow, before arrange transfer back to base. By Friday babies will probably be ready to go back.

It been an great experience to nurture these miracles, says Duze.



Story by: Khethiwe Dlamini



## Breastfeeding Awareness 2017 Was A Huge Success

Breastfeeding could save the lives of 820 000 children under the age of 5 years each year. All babies should be exclusively breastfed starting within one hour after birth for up to 6 months, and continue breastfeeding, after adding complementary foods, for two years and beyond.

There are numerous benefits of breastfeeding which cannot be compared with any other infant feeding methods such as providing all the nutrients babies need for growth in the first six months of life and it contains antibodies that help strengthen the immune system of the baby and contribute to the prevention of common illnesses such as diarrhoea, pneumonia and respiratory infections. In addition, it decreases the risk of developing necrotizing enterocolitis in premature infants as well as lowers the risk of developing chronic diseases of lifestyle such as obesity, coronary heart disease and type 2 diabetes. Despite these benefits, many babies are not breastfed or breastfed exclusively for 6

months.

Breastfeeding Awareness is celebrated each year at LUWMRH. To fundraise for the planned events, a Cake Sale was held by the Dietetics Department on the 28<sup>th</sup> July. Donations from staff members were also collected. Kerry, the community service dietitian discussed breastfeeding benefits and positioning and attachment of a breastfed baby on the 21<sup>st</sup> of August in KMC. Approximately 15 mothers and nurses were present.

On the 30<sup>th</sup> of August, the main breastfeeding event was held. Approximately 40 staff members and mothers were in attendance. Mr Mkhabela (King Cetshwayo Nutrition) discussed the purpose of the day. The local Nutrition Advisors sang a breastfeeding song to encourage mothers to breastfeed. Thembile (dietitian) emphasized safe breastfeeding in the context of HIV. Guest speakers included Sr Sikhakhane working in Nursery who successfully exclusively breastfed her baby and expresses breast milk at work for continued breast-

feeding.

In addition, a donor mother spoke about the benefits of donating breastmilk and explained that she had surplus breastmilk after her baby was born. She also encouraged other mothers to donate breastmilk. A "Made by Mom" video was projected to show the audience the process of the human milk bank which includes recruiting, screening and pasteurizing and Mrs Nyawo (Human Milk Bank) explained which babies benefited from donor milk. Donor mothers were awarded with gifts to show the hospital's appreciation and a Q&A session was held after the event.



Story by: Nicole Govender





## Selfie Time! Women Are Networking Before The Formal Programme.

**Lower Umfolozi War Memorial Regional Hospital (LUWMRH)** commemorated women's day on the 18<sup>th</sup> of August 2017 empowering one another as women under the theme "celebrate womanhood". This theme has been a build up from previous forum meetings which are held in the institution quarterly.

In creating a conducive working environment the committee has been encouraging women to support one another. Sisterhood' became a platform upon which 'imbokodo' at LUWMRH showed their support to one another, building relationships with each other.

This day was marked by such beauty, all ladies dressed in black with a colorful head wrap; the black dress code was symbolizing our struggle as women

in the current age. The head wrap 'never passed out fashion' not only was it just a fabric around the head, but it conveyed modesty and prosperity through its intricate way that they wore it.

The guest speaker Ms Mlambo spoke and emphasized that as we celebrate womanhood, we must learn to celebrate those that have positively contributed something into our lives. In her statement 'we have different energies, never judge from a distance', she encouraged all to accept each other as women in spite of our differences.

The Beauty Consultant Ms Mandisa shared intensely on the need to invest in yourself. The good feeling from inside must flourish on the outside. She highly praised the women of LUWMRH for their effort in en-



suring this; 'a lot has already been done here'.

*Thanks to Ms. Dana Moodley for linking us up with such a great and wonderful woman, MandyK and helping out with the décor with the Finance and Admin Team.*

*Story by: Lilian Mbatha*



## MEN'S FORUM CELEBRATES MANHOOD

Lower Umfolozi War Memorial Regional Hospital Celebrated the Men's Day on the 19 July 2017 in Auditorium at about 10H00. The LUWMRH Men's Forum Committee resolved that their Chairperson should be the Guest Speaker for the day following failed attempts to Provincial and Regional Men's Chairperson and

### **TOPIC OF THE DAY: "A RESPONSIBLE MAN IS EASILY ENTRUSTED WITH IMPORTANT LEADERSHIP POSITIONS"**

The speaker first explained the difference between a leader and a person in position. A Men should always remember that he is a leader and should behave in a manner that portrays leadership in every aspect/ area of his life, be it in his home, family, community and working environment.

The importance of men to know and understand their position in all aspect /areas of their lives was boldly highlighted. Men were cau-

tioned not to be obsessed with positions but to always be responsible orientated.

Men were encouraged to men- up and refuse to be compared with abusers, murderers, rapist, drunkards, thief's and all things that do not portrays a men as trust worthy and protective. A men who is a leader, a men who is responsible and a men who knows and understand his position is defender of woman and children.

### **FAREWELL**

Gift were handed to Mr. RD Hlabisa who has since retired and Mr. MR Xulu who is serving a notice of his retirement.

### **REFRESHMENT'S**

Onke Amadoda Aqotho adlisa okwamadoda (Inhloko, Usu, Ulimi, idombolo and braai) in the open place.

**Story by: Mr. Mfundo Zungu**





## *Let's Support Our Very Own, Mrs. Africa Contestant 2018*

### **My Journey As Mrs Africa Finalist**

My name is Nelisiwe Mhlongo, born and bred at Ndwedwe KZN, North of Durban. I'm a Nurse by professional, currently working at Lower Umfolozi War Memorial Regional Hospital as a Professional Nurse.

I am married and have a 3 year old adorable son and reside at Empangeni Central. My journey as Mrs. Africa Finalist 2017 started in May 2017 and the finals will be held from the 28th of October till the 05th of November 2017 in Buffelspoort Resort Pretoria.

The main purpose of Africa Pageants Foundation is giving back to the community, the charities that the Foundation is directly involved with are.... Dignity Dreams which manufacturers re-usable sanitary pads that can last up to 4 years for young less privileged girls just to ensure that no girl misses school just because they can't afford sanitary pads.

Desk bags which manufacturers school bags for boys which can also be used as a lap-desk to assist in schools with no furniture. Nzuri Project raises funds to perform life changing surgery for women who suffer from Endemic Goitre and Fistula Conditions, mainly in the Eastern DC and other parts of Africa.

As a Finalist apart from contributing to the above mentioned charities I also have to do charity work as a way of giving dignity back to the local community. This opportunity has made me realize how much passion I have for community development and upliftment.

To vote for me for the Public choice award kindly sms **MRS08 to 47018** as many times as possible and stand a chance to win double tickets to the Gala Crowning Event on the 04th of November.

Should you need further details about the pageant or you wish to contribute please do not hesitate to contact Neli on 072 1000 259.

Let us support our very own. Let us keep those votes going.

**Story by Sr. NP Mhlongo**





# The Pics Say It All!

## 67 Minutes Commemoration of Mandela Day



RAIL & TOWN CENTRE BOXER STORES



MKHWANAZI TWINS GIVING GENEROUSLY  
ON MANDELA DAY—2017

These twins were born in 1998 in Empangeni and were proudly raised by their single dad after the sudden death of their mom are very focused on their school work and charity. They brought along chips, sweets and clothing for the first baby that was born on Mandela Day at Lower Umfolozi War Memorial Regional Hospital.





# *Ixoxwa Ngezithombe!*

## Queen Nandi Celebrates Women's Day 2017



Women in Medicine, From left is Dr. S Mchunu, Dr. A Dube Pule, Dr. I Gasarasi, Dr. S Singh and Dr. M Samjowan



From bottom: Mrs. PP Mthethwa, Ms. LS Mchunu & and Mrs. NL Mbatha



From front: Ms. NA Mjadu, Mrs. TP Khanyile and Ms. KF Shandu



What an awesome day! Women were just enjoying themselves with a doek or a fascinator to showcase the theme of the day.



Mandisa Khumalo of MandyK addressing the outer glory of a woman and Thembeke Mlambo addressing the inner glory of a woman



# *Ixoxwa Ngezithombe! The Pics Say It All!*

Queen Nandi Welcomes Spring & Prepares For 2017 Year End Ball!!



Before



After

Plants donated by Ms. Dana Moodley, our Assistant Director: Radiology, and manpower by Nunu Craft's Mrs. Elma.



It looks like some people cannot wait for the Masquerade Madness which is this year's theme for the Staff Year End Function!!! Please be reminded that tickets are available at the Desk of the Events Committee, Ms. Dana Moodley in Radiology, Sr. Joanne Felix at Staff Clinic, Dr. Ingrid Gasarasi at Philani Clinic, Mrs. Khethiwe Dlamini at Public Relations Office, Ms. Portia Mpulo at Gynae Ward, Mrs. Vuyo Mtantato at Finance Manager's Office, Mr. E Venketsamy at Human Resource Manager's Office, Mrs. Lindi Roos at Pharmacy and Sr. Mpumi Mthembu at Post-Natal Ward. **Ungashiywa!!!**

For more information please contact your Supervisor and for the Events Coordinating Team at Extension 7039.





## ACKNOWLEDGEMENTS & APPRECIATION



Mrs. KS Dlamini

Public Relations Officer

DESIGN & PHOTOGRAPHY

“On the sands of time, you have  
left your footprints with glory.  
Everyone will know your name  
and shall recall your story”.

Author : Unknown



Mrs. CNN Mkhwanazi

Chief Executive Officer

EDITOR & SUPPORTER



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