

EDITORS NOTE



What an honor and privilege to be writing my Editors Note in the month when I am celebrating my birthday.

We had a lot to celebrate recently. The appointment of our new Hospital Manager and Mrs. Dev Paliam our Quality Manager presenting a paper in Midwifery Congress at Port Elizabeth.

As 2006 comes to an end, its

time to replicate on our achievements, failures and success we had this year.

In the past months when I attended the memorial service of our Hospital Manager, it made me realize just how precious life is. We've heard it said time and again, but it seldom strikes a real chord until we are standing at the graveside of loved ones.

In April we were awarded a focus survey by COHSASA. On 1st December a focus survey was conducted of two service elements. LUDWM Hospital met with all criteria for full Accreditation. Final results will be expected in February 2007. Well done to all service elements, the quality culture will be ongoing.

HAPPY HOLIDAYS TO YOU ALL.

Kuyintokozo kimina ukubhala izwi lomhleli enyangeni engizalwa ngayo. Kuningi esikujabulelayo kulenyanga ukuba nomphathi sibhedlela omusha kanye nokuhamba kuka Nkz Paliam eyokhuluma ngephepha le kwinkomfa yezokubeletha.

Njengoba lo nyaka usuphela kuningi okuhle esikuzuzile kanye nokubi okwenzekile ezimpilweni okanye kubahlobo bethu.

Ezinyangeni ezedule esikhumbuzweni sowayengumphathi wesibhedlela kwangenza ngabona ukuthi impilo ibaluleke kanjani.

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NOMBUSO

HOSPITAL CEO'S COMMENT

Thank you all for the warm welcome. I also thank Dr Ngozo for keeping the ship afloat and laying a good foundation for me.

We have come to the end of the year 2006. This is the time to look back, count our achievements and celebrate for having aligned our activities to the strategic objectives of the hospital.

The preparation for accreditation is a mammoth task, which depends entirely on team effort. Our hospital has gone through all those stages and is awaiting the final results. We are all looking forward to attaining full accreditation results.

This Festive season should be the period of Peace and goodwill. We should forget about our bad experiences during the year and focus to 2007. To those who are celebrating Christmas, may you have a great one and prosperous New Year.

The forthcoming year is the year of striving for excellence.



HOSPITAL CEO
Mr C. H. Myeza

The implementations of **BATHO PELE** Principles shall never end.

"UNITY IS STRENGTH"

Ngithanda ukubonga izandla ezifudumele enangamukela ngazo. Ngibonge uDkt. Ngozo ngokugcina isibhedlela sisezingeni eliphakeme.

Sesifike esiphethweni sonyaka, lesi isikhathi sokubheka emuva sibale okuhle okusenzakalele kulo nyaka, sijabulele ukusebenza kahle sincike emigomweni yesibhedlela.

Lesi isikhathi sokuthula, kumele sidlulise okubi okusehlele kulonyaka ka 2006 siphokophelele koka 2007.

Kulabo abagubha isikhathi sikaKhisimuzi engathi ningaba nokhisimuzi omuhle kanye nonyaka onempumelelo.

Kulo nyaka ozoqala kumele siqhubeke nokuzibophezela emigomweni **kaBatho Pele**.

WELLNESS CLINIC BY TG ZUNGU

Wellness Clinic now covers 4 clusters namely Occupational Health, EAP, HIV/AIDS in the workplace as well as Gender Focal Point. Dr Thebe and Sr Zungu run the clinic. Services offered in the clinic include baseline medicals, periodicals as well as exit medicals, this means that all new employees must be seen and examined by the doctor within 14 days of employment. Old employees will be seen every year and an exit is for retirement and resignation employees must be seen by the doctor to get a clean bill of health.

Minor ailments will still be treated in the clinic as well as other previous services that were offered. The clinic will be involved in health promotion



Sr Thoko Zungu with a patient in a Wellness Clinic

programs e.g. no smoking awareness, breast health, stress management e.g. to ensure that employees remain in good health.

This is done to comply with Hazardous Biological Agents Regulation 8 (1), which states that an employee is under medical surveillance if the exposure of the employee to any hazardous biological agents is such that an identifiable disease or adverse effect to his or health may be related to the exposure. The clinic is open from 07h00 to 16h00. Doctor is available on certain days, which will be confirmed soon.

TO THE GIRLS AND BOYS THAT BURN THE MIDNITE OIL

Many a times when we go through our day-to-day living we tend to forget about people that make it possible to achieve our goals at the workplace. This is a note of appreciation to all the nurses who are part of the night-duty team.

Have you ever experience the feeling of entering a place and you instantly feel welcome? If not, ask the clients that go through Gynaecology Outpatient Department. I may never have been a patient but I've witnessed this as I go through my daily duties. Its amazing how much knowledge these nurses posses, they are like walking and talking nursing encyclopedias. These nurses never hesitate to verbalize if they are not happy about the patient's condition, and 99% of their concerns are really genuine. Most of the times they go an extra mile and perform duties that are beyond what is expected of them, thanks for all your dedication.

As the sun sets towards the west, one would expect nature to be at rest, but that is not the case with those little bundles of joy who prefer to make their grand entrance at night. Thanks to the midwives who are prepared and ready to welcome them. These are the people who labour tirelessly throughout the night to make sure that women in labour are assisted and supported.

To the ladies in Labor ward may you go from strength to strength, with the hope that one day your commitment is recognized. After all the drama of labor and delivery, the only thing that a new mother wishes for is a goodnight sleep. Thanks to the nurses in Post Natal ward, they create an environment that assists the mothers to relax and have a well-deserved rest. Under their watchful eye, any deviation is quickly identified and reported timorously.

In nursery, you make a big difference as you care for those tiny bundles of joy. You assist those mothers by sharing their joys, anxieties and pains. You work under stressful situations caring for sick babies and also offering support and encouragement to those mothers and bringing them hope.

I am inspired by the dedication of the nurses who work in Gynaecology ward as they soundlessly move from bed to bed checking on patients especially those who are on transfusion, and receiving patients that are admitted from Gynaecology Outpatient Department or Operating Theatre throughout the night. You restore dignity to your patients, and give them hope.

One can never miss the rhythmic sound of the machines as you go through Antenatal

ward, this is the work of the sisters who, together with their teams never fail to offer their skills and knowledge as they provide care to the pregnant women.

When the going gets tough, the tough gets to Operating Theatre," without the girls (and boys) in green I don't think we would be smiling this much. You, guys work 13 hrs to help rescue mothers in distress, and save those babies, thanks for that, and all other things you do for the institution.

A big thanks go to all those people who never fail to report on duty, who are always at work come rain or sunshine, we really appreciate that, we know we can always rely on you!

This is in the recognition of the job well done, nobody could have done this better than you guys,

Keep up the good work!

HEALTH PROMOTING EVENTS AT LUDWM HOSPITAL HELD IN 2006



Cultural Celebrations : Mrs Mjadu from Ante-natal Ward doing her thing



All races were dressed to kill in their cultural attires



Market Day



LOWEST PRICES FOR EVERYONE AT A MARKET DAY



NO SMOKING AWARENESS CAMPAIGN

Miss N Hadebe from SANCA



HEALTH WALK

NURSING MANAGER LEADING THE TEAM

HEALTH PROMOTING PROJECTS

LUDWM Hospital is one of six hospitals in KZN that was on a pilot project in 2004, KZN being the first province to commence the project. Health Promoting Project is a quality initiative, built from internationally accepted standards and indicators.

The aim of HPH is to develop a health promoting organizational structure and culture with the core components being staff, patients and community. The pilot project entailed assessing the extent to which hospitals comply with the standards.

Data collected from clinical and non clinical staff questionnaires, patient record audits, staff turnover, absenteeism and needle stick injury rate was collected in

2004 (baseline), re assessment was conducted in July 2006.



Sr Dev Paliyam
HPH Coordinator

Major standards of the projects are led by respective leaders. Management Policy is led by Dr SS Ngozo, Patient Assessment is led by Dr Thebe,

Patient intervention and education by Mrs. Pewa. Promoting a healthy workplace by Mr. Gumede and Continuity of Co-operation by Mrs. T Mnyango.

Action plans addressing the above are currently being implemented by the standard leaders.

The HPH task teams focuses on co-coordinating activities aligned with Health Awareness days and the five standards.

The project is steered by the Institutional Quality Improvement team. LUDWM is now a mentoring of the project which is due to expand to other provinces shortly.

ABET LEARNERS YEAR END FUNCTION



Mr C.H. Myeza
Hospital Manager



Abet Learners



Mr T. Mlambo
Speaking on behalf of Abet Learners

LUDWMH adheres to the call made by the KZN Premier when he challenged all KZN citizens to be able to read and write in 2009. These words were echoed by the CEO Mr. C.H. Myeza when he was celebrating the end of the year with ABET Learners.

In his short but well thought speech Mr. Myeza challenged ABET Learners to stay motivated and to be ready to take over Leadership positions within the institution. He further challenged them to aim for the start as LUDWM Hospital is part of the learning society.

'Each and every day you must learn something new. You also need to use the time given to you by management wisely to upgrade yourselves. If you use this given time to do other things you will not succeed in life'.

Speaking on behalf of ABET Learners Mr. T. Mlambo thanked the Hospital management and the Department for giving them the opportunity to do something to empower themselves during the time meant for service delivery.

'We as learners would like to thank our management for their ongoing support when we attend ABET classes. We are now able to withdraw cash from the ATM while long ago we used to ask our children and relatives to assist us. Nowadays nobody can misuse my money in the bank because I can count each and every cent in account', concluded Mr. Mlambo.