

BRONZE AWARD FOR LOWER UMFOLOZI DISTRICT WAR MEMORIAL HOSPITAL



MRS. PEWA, NURSE MANAGER AND MRS. PALIAM, QUALITY MANAGER RECEIVED THE AWARD FROM MISS. LIZA JOHNSON AND MRS KHATHI FROM QUALITY CONTROL, MONITORING AND EVALUATION TEAM

By: Mrs D Paliam

LUDWM Hospital received a Bronze award for receiving fifth position in the Departmental Service Excellence Awards 2007/2008. It was the first time that the institution entered. The exercise involved providing evidence on integration of Batho Pele Principles in the institution.

Service Excellence is an ongoing exercise that requires commitment and teamwork in an effort to continuously improve the lives of our customers. The focus is on putting people first in everything we do by upholding dignity and implementing Batho Pele Principles. Leadership commitment and support is fundamen-

tal to enable the exercise to achieve ultimate impact and success since Leaders play a vital role in driving the organizations goals. Batho Pele and Service Delivery improvement must remain as standing items on Management meetings and

agendas. Let us reflect on some of the service delivery improvements since entering the 2007/2008 DSEA:

- Staff suggestion box and a query logging box has been installed, which is opened and analyzed on Mondays.
- Management evaluation tool was compiled and evaluation con-

ducted.

- Batho Pele Awareness Launch was held in July 2008.
- Telephone and security etiquette monitoring is conducted monthly.
- Suggestion boxes are currently being replaced into one of improved quality
- Waiting area for visitors has a shelter provided.

Colleagues, let us generate further participation in all components and adopt a culture of continuous improvement of service delivery.

“LET US STRIVE TOGETHER TO UPLIFT OUR STANDARDS EVEN HIGHER THAN BEFORE!”

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LOWER UMFOLOZI DISTRICT WAR MEMORIA HOSPITAL

20 THE ZULULAND OBSERVER, OCTOBER 17, 2008

Hospital staff reach out

The staff of the Empangeni Maternity Hospital opened their hearts to victims of the recent fire disaster last week when they handed over several boxes of goods to the uThungulu Disaster Management Centre. Some of the goods included a mattress, clothing, blankets, food and even a baby chair



Staff members who donated goods to the fire victims gather at the hospital on Tuesday. On the far left is Social Work Manager - Gugu Mpanza and fourth from the left is Hospital Manager - Cebo Myeza

Donations for fire victims Story on page 2

ESMOE PROGRAMME

By: Dr N Mayat

Essential Steps in Managing Obstetric Emergencies (ESMOE) is a South African adaptation of a UK initiated programme which has



DR N MAYAT

VISION ESMOE

To improve the emergency management of pregnant women and their infants by using a training package for emergency obstetric care that is:

- Taught to undergraduate students, both medical and nursing.
- Taught to all interns
- Which must be signed off

been adopted by several African and Asian countries.

The programme was started under the auspices of The Royal Of Obstetricians and Gynaecologists and the person who developed this is Nynke van der Broek.

The high perinatal and maternal mortality prompted South African Gynaecologists from local universities under the chairmanship of Dr Rob Pattinson to initiate the local programme. It involves dealing with the common

obstetric emergencies and how to respond to them. The teaching is small group participatory, hands on , working with models , and clinical scenarios. It makes for interesting and informative learning.

The programme starts in October 2008 and it was decided to start with the interns and later involve all staff involved in obstetrics. It does take up time as is done in small groups (4 to 6) and there are 12 modules. The overwhelming consensus of people who have done the course is that it is very worthwhile.



- prior to registration as a Doctor.
- That serves as a basis for fire-drills for both doctors and midwives in all institutions performing deliveries
- These training exercises are documented and
- They occur as part of the CEO of the institution's key performance areas.



MEDICAL STAFF PRACTICING INTUBATION

DR MALENDE, DR EJEGI, DR ADANLAWO, DR U WESSELS. DR NGIDI AND (BACK) DR SITHOLE

“THE HIGH PERINATAL AND MATERNAL MORTALITY PROMPTED SOUTH AFRICAN GYNAECOLOGISTS FROM LOCAL UNIVERSITIES UNDER THE CHAIRMANSHIP OF DR ROB PATTINSON TO INITIATE THE LOCAL PROGRAMME”



RESPECT - RIGHTS - RESPONSIBLE

(Communications)

Maternal mortality is one of the world's most profound injustices, the challenge is not technological, but strategic, organizational and, above all, political. All sectors of society have a role in fostering social will to eradicate this menace.

Giving birth should be a time of joy. However, for more than half a million women each year, pregnancy and childbirth end in death or disability. The death of a mother

women and girls.

Under the theme: **RESPECT women's RIGHTS to be RESPONSIBLE**; the department hopes to bring into the public domain information and services offered by the Department to ensure that these rights are respected and recognized at all times.

Radio Broadcast at LUWMH – 07 August 2008

As part of the initiation of the campaign, uKhozi FM has agreed to and provided an Outside Broadcast to be



MRS PEWA (NURSE MANAGER) BEING BRIEFED BY DJ SBO ZUNGU FROM UKHOZI FM



DJ LINDA SIBIYA WITH SHOW PRODUCER MISS ZANDILE TEMBE



COMMUNITY FLOCKING TO PARTICIPATE IN THE BROADCAST

substantially increases the risk of death for her newborn child. Many of the deaths are a direct consequence of lack of knowledge of fundamental women's and girl's rights and responsibilities.

The government's intervention in asserting the sexual and reproductive rights of women and girls has been received with mixed reactions. Some proclaim that government is promoting sex among the youth, other state that the introduction of the CHOICE OF TERMINATION OF PREGNANCY ACT is a way of government promoting abortions amongst

placed at the hospital. The event at the Hospital was aimed at the following;

- To kick start a public discussion on the issues around sexual and reproductive health rights,
- To distribute information and educational materials to the general public on sexual and reproductive rights
- To promote the hospital as the only maternal hospital in the province, and
- To highlight the important role that men could play in asserting and protecting sexual and reproductive rights.



STAFF AND PUBLIC PARTICIPATING IN THE BROADCAST



FIRE DISASTER DONATIONS

“THE SOCIAL WORK DEPARTMENT HAS FUNCTIONED WITH ONE STAFF MEMBER AND AS A RESULT WAS UNABLE TO MEET ALL THE NEEDS OF OUR PATIENTS.

IN THE LAST YEAR THE DEPARTMENT HAS MANAGED TO KEEP SEVEN STAFF MEMBERS AND IS MAKING A POSITIVE DIFFERENCE IN THE LIVES OF OUR PATIENTS.”



MRS G MPANZA (SOCIAL WORK MANAGER), MISS PRETTY NKOSI, MISS BAGEZILE MSOMI, MR NTOMBEKO MTHETHWA AND MISS NOZIPHO NGXONGO FROM SOCIAL SERVICES



By: Mrs G Mpanza

Management felt that as a gesture of goodwill and caring for our community and as part of ubuntu it is important to assist the community when in need.

This prompted Management to task the social workers to collect donations from staff for the victims of the fire disaster that took place in our district recently.

We were able to collect a large number of clothing articles and foodstuffs that we believe will be of great help to the people who lost everything in the fire.

Management wish to convey a warm thank you to all the staff members who made a donated towards this good cause.

Siyabonga kubobonke abasebenzi abanikelile. Akwande lapho nithathe khona. Ningad-inwa nangomuso.

LEFT: HOSPITAL CEO MR CEBO MYEZA ADMIRING A BLANKET THAT WAS DONATED.

From a strictly mathematical viewpoint:

What Equals 100%?
 What does it mean to give MORE than 100%?
 Ever wonder about those people who say they are giving more than 100%?
 We have all been in situations where someone wants you to GIVE OVER 100%.
 How about ACHIEVING 101%?
 What equals 100% in life?

Here's a little mathematical formula that might help answer these questions:
 If: A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
 Is represented as:
 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26.
 If: H-A-R-D-W-O-R- K

$8+1+18+4+23+15+18+11 = 98\%$
 And: K-N-O-W-L-E-D-G-E
 $11+14+15+23+12+5+4+7+5 = 96\%$
 But: A-T-T-I-T-U-D-E
 $1+20+20+9+20+21+4+5 = 100\%$
 L-O-V-E-O-F-G-O-D
 $12+15+22+5+15+6+7+15+4 = 101\%$

Therefore, one can conclude with mathematical certainty that:

While Hard Work and Knowledge will get you close, and Attitude will get you there, It's the Love of God that will put you over the top!

OCCUPATIONAL HEALTH AND SAFETY AWARENESS WEEK

21—25 JULY 2008



MRS N C NGUBANE

**By: N C Ngubane
Occupational Health**

Occupational Health and Safety awareness was held in July 2008 by Occupational Health, Infection Control and Health and Safety.

The event was successful and well attended by staff for the whole week.

Staff were addressed on issues such as:

1. Transmission of hepatitis B and how to protect yourself.
2. Osteoporosis factors which increase a woman's risk of developing osteoporosis, however it affects both sexes.

The following are generally advised:

- Use HRT unless it is contra-indicated
- Calcium supplements should be taken.
- Regular weight bearing exercise is important



MRS S ZUMA (INFECTION CONTROL MANAGER)

- Stop smoking and limit alcohol intake
 - Avoid falls and straining the back.
3. Coronary artery disease has become a major cause of death in middle and old age.

Factors disposing the coronary artery disease are:

- Diet, such as fat, butter, eggs, full cream milk and cream
- Familial tendency to form high levels of blood cholesterol even the diet is not to blame. Staff are requested to come to the clinic for a cholesterol level check.
- Cigarette smoking
- Lack of exercise
- Obesity
- Stress and strains of the

modern life

- People with hypertension
 - Diabetic patients are also more prone to coronary artery disease.
4. Staff were also given pamphlets on precautionary measures to prevent drowning.

Pamphlets are available from the staff clinic.

Tips to avoid becoming sick were distributed and Health and Safety topics were:

- Dangers of smoking
- Fire fighting and disaster control
- Infection Control topic was on standard precautions and waste management.

The protective clothing, displayed on dolls were well received.



HEALTHY BABY COMPETITION

By: Susan Schoonwinkel (Dietetics)

On 28 July 2008 the hospital hosted a healthy baby competition. The aim of the competition was to encourage mothers to raise healthy children. There were three categories: 0 – 6 months, 7 – 12 months and 13 – 18 months. The prizes were donated by the District Office and also Devi Moodley and partners from a local Christian group. The prizes included baby bags, vests, baby powder, soap, wash cloths, clothes and knitted jerseys.

visor from the District Office, came to support us by being one of the judges. The judging mainly consisted of getting information from the Road to Health Charts. The information that was looked at was weight, immunization, frequency of visits to a clinic and Vitamin A supplementation. The overall condition of the babies was also considered.

The turnout was very good and we had more than 20 babies that participated in the competition. The winners of the competition went to the District event that was held at

the King Dinizulu Hall near Eshowe.

I wish to thank Sr. Mpungose from Nursery, all off the clinic staff, Devi Moodley and partners and also the nutrition component of the District Office for making this competition possible.

“ENCOURAGE

MOTHERS TO RAISE

HEALTHY

CHILDREN”



LEFT FROM TOP: MRS N C MPUNGOSE (ASSISTANT NURSE MANAGER) MR MDU BUTHELEZI (DISTRICT OFFICE) MRS DEVI MOODLEY (LOCAL CHRISTIAN GROUP)

BELOW: MEET THE JUDGES

SR G.F MAKHAYE, SR. T.N. NGOBESE, SR W.J.S. DUBAZANA, SR N.V. MHLONGO



A Gifted Blond!!!

Blond walks into a bank in Johannesburg and asks for the loans dept. She says she's going to Europe on business for three weeks and needs to borrow R10,000. The bank officer says the bank will need some kind of security for the loan, so the blond hands over the keys to a new Rolls Royce. The car is

parked on the street in front of the bank, she has the papers and everything checked out. The bank agrees to accept the car as collateral for the loan. The bank manager and its staff all enjoy a good laugh at the blond for using a R500,000 Rolls as collateral against a R10,000 loan. An employee of the bank then proceeds to drive the Rolls

into the bank's underground garage and parks it there. Two weeks later, the blond returns, repays the R10,000 and the interest, which comes to R141.66. The bank manager says, "Miss, we are very happy to have had your business, and this transaction has worked out very nicely, but we are a little puzzled. While you were away, we

checked you out and found that you are a multimillionaire. What puzzles us is, why would you bother to borrow R10,000?" The blond replies ... "Where else in Johannesburg can I park my car for two weeks for only R141.66 and expect it to be there when I return?"

Finally, a gifted blond!!!!

VITAMIN A CAMPAIGN

By: Susan Schoonwinkel
Vit A campaign

The Vitamin A campaign was held between 8 – 20 September 2008. The ARV/PMTCT clinic and the mobile participated in this campaign. The aim of the campaign was to increase the coverage of Vit. A among children aged from 12 – 59 months.

Vit. A supplementation

Vitamin A is a very important nutrient because it is necessary for the maintenance and reconstruction of certain tissues such as the conjunctiva, the cornea and certain retinal tissues in the eye, the mucous membranes of the gastrointestinal tract and the linings of the bronchioles in the lungs. It also helps children to grow and protects the body

against infections.

Protocols

There are 2 supplementation protocols namely preventive and curative supplementation protocol. The preventive supplementation is every 6 months until the age of 5. The curative supplementation protocol is for when a child is suffering from measles, clinic Vit. A deficiency, undernutrition or persistent diarrhoea.

Causes of Vit. A deficiency can be divided in three categories.

Immediate causes:

Insufficient intake of Vitamin rich foods.
 Infections: measles, diarrhoea, acute respiratory infection.

Underlying causes:

Lack of breastfeeding
 Poor complementary feeding practices
 Lack of education

Basic causes:

Lack of resources and land
 Poverty

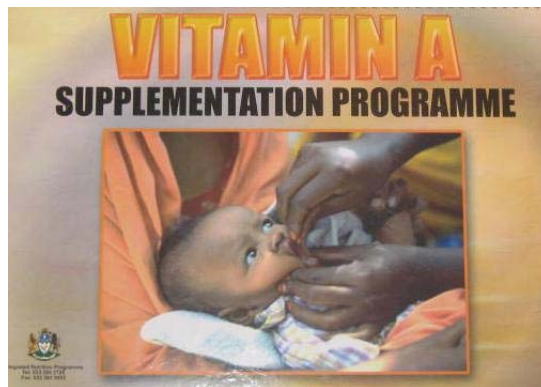
Excellent sources of Vit. A; Breastmilk, liver, sweet potato and carrots.

Good sources of Vit A; Kidney, butter/margarine, cheese, paw paw, broccoli, spinach, butternut and mango.

Hints for mothers and caregivers:

- Steam vegetables.
- Boil vegetables in a small amount of water.
- Mashed carrots / spinach are good starter foods.
- Add margarine or oil to vegetables.

“VITAMIN A IS A VERY IMPORTANT NUTRIENT BECAUSE IT IS NECESSARY FOR THE MAINTENANCE AND RECONSTRUCTION OF CERTAIN TISSUES”



Batho Pele WEEK

14th—18th July marked a Batho Pele awareness launch at LUDWM Hospital.

Batho Pele training was conducted in all Departments during the week.

Friday, 18th of July was a memorable day as an awareness launch was held.

Programme Director for the event, a motivational speaker Mr P B Khumalo, reminded staff to honor their commitment towards

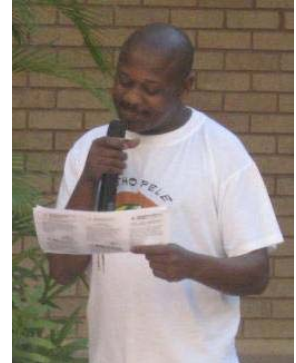
patient, the Public and fellow colleagues.



HOSPITAL CEO—MR C H MYEZA WELCOMES STAFF MEMBERS AND HIGHLIGHTS THE PURPOSE OF THE DAY

The CEO, Mr C H Myeza, encouraged staff to “walk the talk” not only on the day of celebrations, but to adopt a culture of people first.

He enforced that we should all remember “Patient is King”.



PROGRAMME MANAGER MR P B KHUMALO

“WALK THE TALK”

AND

“PATIENT IS KING”

In Service Training



MRS MADELEIN GERBER TRAINING HER STAFF ON CUSTOMER CARE –HUMAN RESOURCE DEPARTMENT



DPSA TEAM VISITED LUDWM HOSPITAL ON 14TH JULY , AS PART OF AN INITIATIVE FOR PUBLIC SERVICE WEEK, TO EVALUATE THE COMPLIANCE TO BATHO PELE PRINCIPLES.

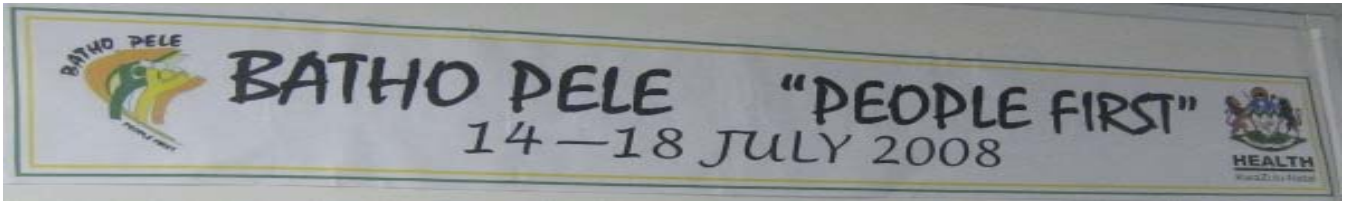
THE TEAM WAS LEAD BY MRS A N KHATHI (FIRST ON LEFT) FROM DEPARTMENT OF HEALTH

LEFT:

CUSTOMER CARE TRAINING BY QUALITY MANAGER MRS DEV PALIAM ATTENDED BY MANAGERS AND SUPERVISORS ON 16TH JULY 2008



Continue on next page



Poster Competition

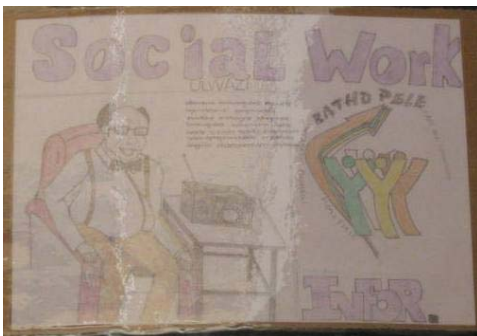
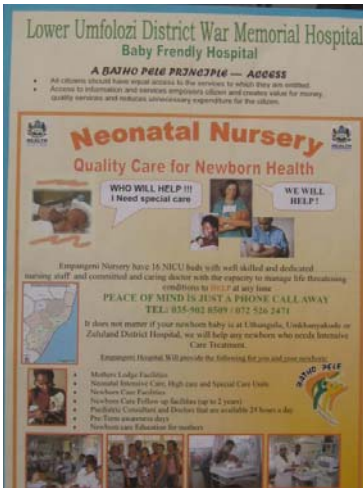
Participants had to select any BP principle from which to make a poster.

Some of the most amazing posters were entered for the competition.



THE WINNING POSTER

MRS. S ZINCUME, MRS. M GERBER, MISS N NXUMALO, MRS. N NTSHANGASE AND MR DM GUMEDE (HUMAN RESOURCE MANAGER)



(FAR LEFT) STAFF ENJOYING THE MESSAGE FROM CHRISTIAN FELLOWSHIP MEMBERS (RIGHT)



Batha Pele WEEK Continue “Let the Pictures tell the Story”

Coke Drinking Competition



Traditional



Role Play





STAFF PAGE

RECIPE

Cowboy Jim's Cowboy Beans for Hard Times

Sent in by Dr James Turner

No one can doubt that we are in tough financial times. Now here is a delicious little recipe that can help you save money and satisfy your appetite at the same time... for under 10 rand!

First... get yourself a can of baked beans. Nowadays they are between 3 and 4 rands, if you're lucky.

Second... open it.

Third... put them in a ceramic baking dish

Forth.... Mix in some brown sugar, a couple of tablespoons or some molasses if you got it

Fifth... chop half an onion

Sixth... put that in there too

Seven... put a couple o' big dollops of mustard in there. American is best, but English will do

Eight...mix it all up

Nine... some grated cheddar cheese on top adds a nice touch

Ten... stick it in the oven at 180 -200 degrees for 20 minutes or so until the cheese is turning brown

Then take it out and let it cool a minute and then enjoy.

Will feed one or two hungry cowboys and will help keep some of that hard earned money in your pocket where it belongs!

YEEE-HAAAA!

Cowboy Jim



During the month of October



Date Time and Venue Will be announced

A BIT OF GARDENING

Get yourself some hormone powder and grow your own plants at low (no) cost and with success. I usually take 4 or 5 cuttings of the same plant and stick them in the ground in a bundle. Greater chance to succeed.

Croton's
Make a few cuttings dip in hormone powder. Shake off excess and stick into ground. They will start shooting from the cutting (old branches)



Christmas roses (Hydrangea)
Do the same as Croton's. I failed last year because I did not know that they will start growing from their roots. This year?? Success!!!!



cfourie

APPRECIATION



HOSPITAL CEO MR CEBO MYEZA HANDING OVER A GIFT OF APPRECIATION TO HIS SECRETARY KHANYE MALAM-BULE ON SECRETARIES DAY

ACHIEVEMENTS

Congratulations to the following Nurses who have successfully completed their Post Basic and Bridging Courses

PN N A Tonisi
PN G J Mkhize
PN S M Ngema

DOTT
CCU
ADM

SN S A Mhlongo
SN E Perumal

and Bridging course to Professional Nurse

NA N Zakuza
NA T M Chonco

and Bridging course to EN



Definitions of news on the Web:

- information about recent and important events; "they awaited news of the outcome"
 - information reported in a newspaper or news magazine; "the news of my death was greatly exaggerated"
 - news program: a program devoted to current events, often using interviews and commentary; "we watch the 7 o'clock news every night"
 - informal information of any kind that is not previously known to someone; "it was news to me"
- newsworthiness: the quality of being sufficiently interesting to be reported in news bulletins; "the judge conceded the newsworthiness of the trial"; "he is no longer news in the fashion world"

<http://en.wikipedia.org/wiki/News>

Defines news as

News is any new information or information on current events which is presented by print, broadcast, Internet, or word of mouth to a third party or mass audience

E-mail your
to

cecilia.fourie@kznhealth.gov.za

Or hand deliver to my office
and see your name in print

Thanking you in advance

Cecilia