

Umthombo Wolwazi



STAY INFORMED

December 2018 - Edition

Mahatma Gandhi Memorial Hospital commemorates Nurses Day



Mahatma Gandhi Memorial Hospital nurses commemorating International Nurses Day

ahatma Gandhi Memorial Hospital commemorated Nurses Day on 30 May 2018.

This day which is celebrated around the world to mark the contributions nurses make to the society. The theme of the day was "Nurses a voice to lead - Health is a human right"

Dr. LJ Sobekwa, CEO welcomed the guests and commended nurses for their good work and encouraged them to be proud of themselves.

Mrs SOS Mbatha, Acting Nursing Manager outlined the purpose of the day and acknowledged the good work done by the nurses.

She motivated them to follow on the steps of Florence Nightingale who sacrificed the wealth of her family and dedicated her life to serve society with love and compassion.

The speaker of the day, Mrs C Sosibo, Director: Nursing Services requested nurses to be proud of themselves because of the uniqueness of the profession. She explained that the nursing profession is a calling and a principle of life, as nurses are the ones who are chosen to save God's creation.

She explained that nurses are always there throughout human life from birth to death. She encouraged nurses to always strive for excellence when executing their duties.

Mrs C. Sosibo explained that South African citizens are entitled to quality health care and it is their right which is enshrined in the constitution of the country. She encouraged nurses to always serve patients with a smile irrespective of their backgrounds.

Pastor A Chita, Hospital Chaplain motivated nurses to meet the patients' needs as the Lord Jesus Christ did in the bible.

Chief Executive Officer's Desk



t has been indeed a hard but fruitful year for Mahatma Gan-

dhi Memorial Hospital. We have fought different battles seeing us through as pioneers of a slice of record management in the Province. Well done family!

We celebrated our FIRST ever nurses day as the institution which was rather entertaining and emotional.

Our nurses component is maturing and becoming more productive each day, under the leadership of our brand new Deputy Nursing Manager, Mr S. Maphumulo. Siyabonga Mashimane nethimba lakho. One milestone at as time!

We did celebrated many events, marketed ourselves in a positive

way and dealt with grace all the blow that came by, and we give all the GLORY to God for that. Continue to keep the fire burning for our men and women's forums

My those travelling during this time be blessed with travel mercies and those at home or working enjoy a blessed blissful festive season.

Congratulations to 2018 Hospital Service Excellence Awards (HOSEA) awardees.

May we come back with renewed energy for year 2019! God Bless.

Till next year!

Dr LJ Sobekwa

CEO

Mahatma Gandhi Hospital SCOOP MASEA Award



Ms P. Nxumalo, Ms B. Ntshingila, Sister Z.T Ngcongo, Mrs I. Pillay, Dr C. Persad and Mr S.V Ngcobo celebrating MASEA Award

ASEA Awards now in its fifth year which was established by KZN Department of Health MEC Dr S. Dhlomo took place in a glitzy gathering on the1 June 2018 at ICC in Durban.

The aim of the event was to reward institutions, teams and individuals who have excelled in various disciplines, having contributed to commendable. health service despite challenges.

The day concentrated on KZN facilities that have performed above the norm.

The event was graced by the MEC for KZN Health, DR S. Dhlomo and many other dignitaries

Mahatma Gandhi Memorial Hospital scooped a 3rd Position MASEA Award for Improvement in the implementation of the National Core Standards in the Province.

MGMH was acknowledged by the

MEC for good track record on the implementation of the National Core Standards which is an instrument to measure quality of care given to patients which they entitled to.

We believe that team work, dedication and innovations are the ingredients that add to the success of our hospital.

The M&E team together with the staff is committed in working hard to ensure that all departments comply and meet all the measures of the NCS.

MGMH Women's Day Event



Dignitaries attending the Women's Day Event



Women listening attentively to the speeches

ahatma Gandhi Memorial Hospital Women's Forum hosted a glittering Women's event on the 08 August 2018.

Dr L.J Sobekwa, CEO welcomed all the guests and outlined the purpose of the event aimed at empowering women to deal with issues affecting them in order to support each other.

The month of August being Women's month, the forum had planned to recognize women's achievements at the workplace without divisions of nationality, language, cultural or economic background.

Dr R Govender, guest speaker motivated women to always strive for excellence and

be on top in every spheres, be it political, economic etc.

Dr R Govender motivated women to embark on healthy lifestyle activities, exercise and do regular cervical and breast cancer checkups. She informed women that they are God's creations so it is crucial for them to bring change in other people's lives and in the workplace.

Women were motivated to have positive characters which will then have a positive impact in their communities.

Women were pampered with pedicure, manicure and massage during their special day.

Miss A. Mathonsi gave a Vote of Thanks to all made the event a great success.



Dr L.J Sobekwa delivering speech

Dr R. Govender motivating staff

Matron SOS Mbatha - Best Dressed Woman

MGMH Men's Day Event



Mahatma Gandhi Memorial Hospital Men listening attentively to speeches during the event

ahatma Gandhi Memorial Hospital Men's Forum hosted a glittering Men's event on the 29 June 2018.

Mr B. Mkhize welcomed all the guests and outlined the purpose of the event as empowering men with knowledge on how to develop themselves financially and to share personal issues affecting them in order to support each other.

Pastor E. Moodley, who was the speaker of the day gave an impressive talk on the role of the men in society. He motivated attendees to lead by example in their families and society.

He motivated men to always keep a sharp eye, be competent, have integrity and fear God to be able to protect society and families.

Mr Perumal gave a Vote of Thanks to all the attendees and sponsors who made the day successful.



Mr. B Mkhize delivering the speech



Pastor E. Moodley giving the motivation

ahatma Gandhi Memorial Hospital hosted an Open Day Event on the 28 February 2018.

The aim of the event was to educate patients about the services the hospital renders. MGMH departments showcased and gave information on the services. Mr N. Mthembu (HRD) gave information to matriculates about bursaries and job opportunities.

All client's suggestions and concerns were recorded and the management devised strategies to improve quality health care.

Clients were delighted to be given such a wonderful opportunity to acquaint themselves with valuable information about health care services.

Pharmacy



World Hand Hygiene Campaign 2018



ahatma Gandhi Memorial Hospital hosted a Hand Hygiene day on the 24 May 2018.

The aim of the campaign was to highlight the simple task of maintaining regular hand hygiene and how it can reduce infections for both staff and patients.

With the month of May being dedicated to Hand Hygiene, extended management alongside staff gathered in the management corridors.

Mrs. CA Govindasamy (IPC) and Mrs S. Rameshwarnath (M&E) demonstrated the new hand hygiene techniques to both staff and patients to prevent infections.

The theme of the campaign was, "Its in your hands your hands-prevent sepsis in healthcare (WHO)".

The Infection Control department demonstrated and explained the "Train The Trainer method" which comprised of 5 moments of hand hygiene, 12 steps of hand washing and the finger tip method of hand rub.

Informative posters were displayed and announcements were made over the P.A system to create as much awareness as possible to both staff and patients.

Entertaining education was provided through a hip hygiene song during the campaign.

Staff was given the opportunity to demonstrate the technique taught to them and were rewarded with precious gifts.

The programme ended with staff pledging to commit themselves to proper hand hygiene, and were advised to display the pledge appropriately as a reminder of their commitment to practicing proper healthcare.



Sister N. Govender displaying handwashing banner



Mrs C. Govindsamy & Mrs S. Rameshwarnath doing demonstrating



Mrs. C. Govindsamy educating the staff on Handwashing



ANM N.C Mpungose and SOS Mbatha practicing handwashing

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOP

Mahatma Gandhi Hospital extends its services



Pastor E. Moodley (Bethsaida Church) welcoming guests



Community accessing health services during the event



Ms L.S. Mathonsi checking blood sugar for the patient



Ms. N. Khumalo, Lay Councilor attending a client

ahatma Gandhi Memorial Hospital visited Debonairs. Mount Edgecombe and Bethsaida Church.

The institution embarked on this initiative as part of its Outreach Programme to extend its health care services to the community.

Health talk, screening on TB, HIV/ Aids, diabetes and hypertension were offered to the community.

HIV status and encouraged those infected to adhere to their treatment.

Health talk was given to the community on Medical Male Circumcision and its advantages for both males and females. The recruitment was done for patients willing to do the procedure at MGMH.

Attendees were advised that Male Medical Circumcision decreases the risk of urinary

tract infections, protects against cancer of the penis and limits inflammation of the glans and foreskin.

It was further explained that male circumcision benefits women by reducing the risk of cervical cancer, improves hygiene and reduces STI's.

It was explained that circumcision is not a cure but a preventative measure and encouraged circumcised males to continue using The attendees were encouraged to know their condoms to protect themselves and their partners.

> It was also explained that males should come to the hospital for MMC on Tuesdays and Thursdays but also can inquire at all health institutions as it is the best thing to do.

Information brochures on different health topics were issued to all attendees.

The community members were delighted to be given such an opportunity to access health care.

Nurses Day Commemoration Gallery



Mrs R. Govindan (OM), Mrs I. Pillay (QA), ANM R. Roopchand, OM L. Mkhize & Mr NN Zulu (OM) MGMH nurses with Mr NN Zulu (OM), Mrs I. Pillay, ANM R. Roopchand & OM L. Mkhize (Standing back row)







Dr. L J Sobekwa (CEO) delivering speech Pastor M. Reddy (Board Member), Mrs. Mbatha, Mrs. Sosibo & Mr. Maphumulo



Mrs. C. Sosibo motivating nurses





Mrs. SOS Mbatha delivering the speech MGMH nurses modeling during nurses day



Pastor A Chita, Hospital Chaplain preaching



Mahatma Gandhi Memorial Hospital choir entertaining the audience with music



Mahatma Gandhi Memorial Hospital nurses reciting Nurses Pledge

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OM I. Sumeri with ward 9 & 10 staff congratulating Mr. C.S. Ngcongo



Mr. C.S. Ngcongo and his family accepting the precious gift from his colleagues



Mr. C.S Ngcongo with his family during the event

ahatma Gandhi Memorial Hospital Management and staff bid farewell to Mr. C.S Ngcongo (Enrolled Nursing Assistant) and Dr BGPG Ndimande who were retiring.

They were praised for their dedication and commitment in serving the community in the Spirit of Batho Pele.

They were celebrated in style with family, friends and colleagues expressing their gratitude towards their valuable contribution to the health sector.

Ms NC Mthombeni and Dr C. Persad thanked Dr Ndimande for his good work and humility.

Attendees were motivated to follow the same pattern in ensuring that the department renders optimal health care to patients.



Dr BGPB Ndimande with his family during his Farewell Party



Dr C. Persad (Medical Manager) handing over a gift to Dr Ndimande



Ms. NC Mthombeni (ACEO) congratulating Dr Ndimande during the event Dr Ndimande delivering a speech during his Farewell Party

From the office of the PRO

Mr. S.V. Ngcobo - PRO

t is of great pleasure to meet in this publication to share interesting information.

Everyone is wondering whether they will be able to achieve their aspirations before the end of the year, but just always strive to always be a Winner.

We are at the end of year of 2018 which was characterized by economic crises but our responsibility to render optimal care to our patients still remains.

Mahatma Gandhi Memorial Hospital hosted a successful Nurses Day to honour the good work done by the nurses. We would to like to thank the staff for raising MGMH flag high during the MASEA Award 2018 for their commitment which had made the institution scoop a 3rd Position MASEA Award for Improvement in the implementation of National Core Standard in the province.

We would like to assure our beloved patients that we will always strive for excellence in providing health services to them.

We Wish U a Prosperous Year 2019

Until next time!!

Mr S. Ngcobo



Ms GG Nkosi - PR Intern

irstly I would like to thank Mahatma Gandhi Memorial Hospital Management and staff for their warm welcome and for contributing to my career path.

I completed my highest level of education at Mziwethu High School and enrolled in University of Zululand doing Bachelor of Arts in Information Science.

It has only been a month but the level of knowledge I have gained has brought me

an interest and passion towards the field of PR and Communications.

It has been a short time here yet but I have gained valuable information, most importantly in sharing information with the stakeholders of the institution.

I have learnt the importance of treating patients in the Spirit of Batho Pele in achieving the objectives of the department

Sempliments

Dear Madam

It gives me great pleasure in thanking Dr Bhanlal for her exceptional attitude towards me on Thursday 12 April 2018.

Her, going the extra mile to help me especially when I was losing hope when I got to the hospital gave me some sort of hope.

My impression from reading media and bad experience that friends have had at the hospital, did set fear into me, however Dr Bhanal assured me through her kindness and warm personality that Gandhi's Hospital is not as bad as people make it to be

I hope that there are more doctors like Dr Bhanlal in other departments.

Thanking you in advance

Regards

Nesan

TO: MATRON AND ALL STAFF (NURSES AND DOCTORS) WARD 10

May this card be a reminder of how much you are appreciated for your kind spirit and caring ways for others.

Thank you for all you do for Masondo Sandile from : 16 /02/2018 to 24/04/2018

From: Sandile Masondo & Family



Dear Sir/Madam

Re: Patient C.

I would like to compliment Dr Mangabu for her assistance today.

I have had complications in previous pregnancies which resulted in my babies dying and Dr Mangabu was there to comfort me.

She even took an extra mile to make sure that she tries to contact Albert Luthuli for assistance in my matter.

I am very grateful because she even waited for me as I was the last patient at the ANC so that she can let me know as to what my results from the ultrasound.

I hope she assists other patients just like how she assisted me and she was also caring.

Keep It Up Doctor!!

Yours Faithfully

ACKNOWLEDGEMENTS



Dr LJ Sobekwa EDITOR



Mr. S.V Ngcobo WRITER, DESIGNER & PHOTOGRAPHER

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